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## CME COURSE

### Diagnosis and Treatment of Common Minor Hand Emergencies: What Every Primary Care Physician Would Like to Know

This course will enable the learner to confidently diagnose and treat minor hand emergencies, adequately stabilize and triage more complex emergencies, and recognize the very serious, though sometimes misdiagnosed, urgent emergencies that require immediate recognition and referral.

#### **THIS COURSE IS FREE TO ALL HEALTHCARE PROFESSIONALS**

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Premium members get access to the courses, the entire *Southern Medical Journal* and more. [View all membership plans and benefit packages.](#)

## Target Audience

Healthcare providers of all specialties may benefit from the information presented.

## Goals and Objectives

We use our hands at work and play. Our hands bring us enjoyment but are frequently injured. Timely recognition and treatment of common hand and upper extremity injuries and emergencies help return our patients to full productivity. This course will enable the learner to confidently diagnose and treat minor hand emergencies, adequately stabilize and triage more complex emergencies, and recognize the very serious, though sometimes misdiagnosed, urgent emergencies that require immediate recognition and referral. At the conclusion of this activity, the learner should be able to:

- Recognize and diagnose treatment patterns;
- Treat, stabilize, and triage more common emergencies;
- Understand major limb threatening emergencies that may initially seem trivial.

## Course Information

CME Release Date: June 10, 2022

Valid for credit through: June 9, 2023

Course type: Video Course

Estimated time of completion: 45 minutes

## Credits Available

Southern Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Southern Medical Association designates this Internet Activity Enduring Material for a maximum of **.75 AMA PRA Category 1 Credits™**.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AAPA:** AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

**AANPCP:** The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

## Healthcare Professionals

For information on applicability and acceptance of continuing education credit for this activity, please consult your professional licensing board. All healthcare professionals who are not MDs or DOs will receive a certificate of participation.

## Instructions for Participation and Credit

This activity is designed to be completed within the time designated; learners should claim only those credits that reflect the time actually spent in the activity. To successfully earn credit, participants must complete the activity online during the valid credit period noted, following these steps:

- Read the goals and objectives, accreditation information, and auth or disclosures.
- Login in below to study the educational content and references.
- Complete the attestation, post-test (if applicable), and evaluation.

Upon successful completion of these components, your certificate will be processed and emailed from [customerservice@sma.org](mailto:customerservice@sma.org) within approximately 1 hour. Credits will be archived for 6 years; at any point within this time period you may login to your account to print a duplicate copy of your certificate.

## Disclosures of Conflicts of Interest

Southern Medical Association (SMA) requires instructors, planners, managers, and all other individuals who are in a position to control the content of this activity to disclose conflicts of interest (COI) with ineligible entities within the last 24 months of the development of this activity. All identified COIs are thoroughly vetted and mitigated prior to the release of the activity. SMA is committed to providing its learners with high quality activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

The following individuals **have no relevant financial relationships to disclose**.

## Faculty

**David Netscher, MD**

Dr. David Netscher practices plastic surgery and hand surgery. He is board certified in plastic surgery and hand surgery, and is clinical professor at Baylor College of Medicine in the Division of Plastic Surgery and Department of Orthopedic Surgery. Dr. Netscher is a current Director of both American Board of Plastic Surgery and American Board of Surgery and sits on the Conjoint Board of Hand Surgery. He is actively involved in teaching and on national plastic and hand surgery societies.

**Manas Nigam, MD**

Manas Nigam, MD, is a fellow in Hand Surgery at the Department of Orthopedic Surgery at Baylor College of Medicine. He completed his training in Plastic and Reconstructive Surgery at Georgetown University. His academic interests include nerve repair/reconstruction and systems / quality improvement.

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