

How do I register?



By Phone:
Call **(800) 791-0262** and provide the
information requested on the registration form.



By Mail:
Complete the registration form and mail it to
Motivations, Inc.



On the Web:
Visit www.motivationsceu.com to register

Motivations, Inc.

Or fax: (815) 371.1499, Questions? (800) 791.0262

Updated: 6-25-25

Rate	Description	6 Hrs
Group	Group Discount – Register your facility today online.	\$120
Individual	Single Registration	\$120

Circle One: **VISA MASTERCARD AMEX**

Account Number

Exp. Date

Signature

Billing Address Zip code

Course # Course Title

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to remove a self-study course from our listing of options. Should you have already registered for an inactive self-study course, you will receive a full refund. Participants may receive full refunds when requesting cancellation before the shipment of course materials.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



Motivations CEU
Accredited Courses for Rehabilitation Professionals

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National Credentials

Motivations Inc. works with the following CEU approval sources.
See individual brochures with approval information by course.



TEXAS
PHYSICAL THERAPY
ASSOCIATION



American
Occupational Therapy
Association
Approved Provider



#9315 Movement Sequences and Strategies for Autism, DCD, and OHI

**Instructor: Tim Erson, MS, PT,
Program Author/Course Presenter**

Audience:
**Physical Therapists and Occupational Therapists and
Assistants**

Self- Study
Research-based and practical for the
classroom, clinic or home setting.

Motivations, Inc.

SUMMARY: Movement difficulties associated with autism, DCD (developmental coordination disorder) and OHI (other health impairment) are well-documented and known to affect social interaction, gross motor participation and classroom performance. This 6-hour self-study course introduces more than 45 developmentally safe, simple, and engaging five-step sequence and strategy options that OTs, PTs, and teachers can use for an individual or for an entire classroom to improve motor learning, coordination and opportunities for inclusion. The online format also allows you to start and stop as needed and includes, many demonstrations with all PowerPoint slides embedded on a split screen. A PowerPoint.pdf is also available as a download and includes hundreds of pictures to further introduce the strategies and sequences presented. Teachers, therapists, parents and children will enjoy the many movement challenges and craft ideas shared. Course instruction methods include lecture, demonstration, videos, case studies and question/answers.

PRESENTER: Tim Erson, MS, PT, Program Author/Course Presenter. Tim has been a PT for more than 30 years including 20 in pediatrics. A graduate of Columbia University in NY, and he also holds an NDT Certificate in Pediatrics. A classroom fitness program he developed for preschoolers with special needs received an award from the Texas Education Agency's Early Childhood Institute in the category of *Effective Teaching Strategies*. Tim has worked extensively at inner city, rural, and center-based programs in NJ, TX, NY and PA. He served as the pediatric representative to the APTA's Committee on Health Promotion and as Chair for the Adolescents and Adults with Developmental Disabilities Special Interest Group. Twice he was selected as a physical therapist for the U.S. Paralympic Team. The author of four books, Tim has presented more than 100 evidence-based trainings to teachers and therapists in 29 states since 2005. His classroom-based movement concepts are a popular tool in preschool as well as many K-12 settings to improve learning, health, mobility, coordination, behavior and more. *Financial*— Received a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

Objectives: Upon completion of this course the participant will be able to:

1. Identify five ways that movement works to facilitate learning and opportunities for greater success at school.
2. Utilize three keys to intrinsically motivate students with autism, DCD, and OHI for more focused participation at school.
3. Discover more than 45 five-step movement strategy and sequence options to improve six developmentally based quality of movement standards for students with autism, DCD, and OHI.
4. Identify craft ideas that allow you to make safe, simple, and inexpensive exercise equipment with students who have special needs. Includes many household and school craft supplies.
5. Understand and summarize how goal-oriented functional movement activities can be used to support IEP goals and objectives in five domains, including academics, ADLs, communication, mobility, and social.
6. List five simple tests to measure progress and document changes related to physical activity for students with special needs.
7. Promote opportunities for activity related inclusion with peers and in the community for students with autism, DCD, and OHI.

FORMAT: This is a 6-hour course equivalent to 0.6 CEUs. Motivations Inc is an approved provider by The Texas Chapter of the **APTA** and many additional state and chapter approvals.



AOTA: Motivations Inc. is an AOTA Approved Provider of professional development. Approved Provider ID# 13009. This Live activity is offered at 0.6 CEUs **Intermediate-Level**, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures.

AGENDA:

Section/Title and Description/Time

Part 1	Movement and Learning	52:46
Part 2	The Classroom Fitness Program: Overview / Benefits	12:42
Part 3	Motivating Students with Special Needs In Physical Activity	19:55
Part 4	Exercise ABCs in Autism: Strategies to Improve Activity, Behavior and Communication	19:09
Part 5	Flexibility	30:51
Part 6	Strengthening CURES	38:13
Part 7	Endurance and Gross Motor Skill Development CURES	18:54
Part 8 A	More CURES that are more fun with a friend Part A	49:06
Part 8 B	More CURES that are more fun Part B <i>continued from Part A</i>	42:11
Part 9	Getting Started	12:35 combined
Part 10	Training Caregivers	
Part 11	Classroom Fitness Strategies and the IEP	
Part 12	CURES to Measure Changes in Fitness and Function	17:23
Bonus Material	*Strategies for Inclusion in the Community *Making Exercise Equipment *More Martial Arts Belt Activities *More Bottle Bat Activities	48:30 combined
TOTAL TIME	hrs/min/sec	6:2:15

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.