



Dermatology

Day for Primary Care Providers

Target Audience

Family Physicians, Family Physicians with Special Interest in Dermatology, Physician Assistants, Primary Health Care Providers, Family Medicine Residents, Nurse Practitioners, Registered Nurses, Other Health Care Professionals.

For Information

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Register Online

bit.ly/dermatology2026



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Overall Learning Objectives

By attending this activity, participants will be able to:

- Recognize common and uncommon dermatologic conditions encountered in primary care, including acne, eczema, psoriasis, vitiligo, and urticaria.
- Apply evidence-based approaches to topical and systemic dermatologic treatments, including appropriate selection, safe prescribing, and monitoring.
- Differentiate between benign, inflammatory, and malignant skin lesions to guide management and timely referral.
- Evaluate when patients with complex or refractory dermatologic diseases require specialist referral or advanced therapy.
- Implement practical dermatologic management strategies suitable for the primary care setting, including patient education, follow-up, and chronic disease support.
- Integrate new evidence, guidelines, and treatment updates presented during the conference into everyday clinical practice.



Planning Committee

Mohannad Abu-Hilal, MD, MRCP UK, FRCPC

Associate Professor and Director, Division of Dermatology
McMaster University, Hamilton, ON

Inge Schabort, MBChB, MSc, MHPE, CCFP, FCFP

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Samantha Visva, MD, CFPC

Assistant Clinical Professor (Adjunct), Department of Family Medicine
McMaster University, Hamilton, ON



Agenda

*Agenda is subject to change.

Time	Title	Speaker
08:00–08:10	Opening Remarks – Chair	Dr. Mohannad Abu-Hilal
08:10–08:15	Moderator	
08:15–08:35	Updates on Topical Acne Treatment and Oral Isotretinoin	Dr. Tiffany Chen
08:35–08:55	Managing Seborrheic Dermatitis: New and Conventional Topical Therapies That Still Work	Dr. Mohannad Abu-Hilal
08:55–09:15	Approach to Chronic Hand Eczema and New Topical Agents	Dr. Dan Wong
09:15–09:35	Vitiligo: Novel Topical Therapies Worth Referring For	TBD
09:35–09:55	<i>Panel Discussion</i>	All speakers
09:55–10:05	Break and Visit Exhibit Hall	
10:05–10:10	Moderator	
10:10–10:30	What Is Prurigo Nodularis: How to Manage and Where to Refer	Dr. Ajith Cy
10:30–10:50	Updates on Treatment for Atopic Dermatitis and Psoriasis, and the Newly Approved Topical Treatments in Canada	Dr. Mohannad Abu-Hilal
10:50–11:10	Topical Corticosteroids in Dermatology: A Practical Guide for Family Physicians	TBD
11:10–11:30	Atopic Dermatitis Across Ages: From Emollients to Advanced Therapies	TBD
11:30–11:50	<i>Panel Discussion</i>	All speakers
11:50–12:30	Lunch Break and Visit Exhibit Hall	
12:30–12:35	Moderator	
12:35–12:55	Other Rashes: Lichen Planus, Pityriasis Rosea, Pityriasis Versicolor, and Others	Dr. Rashie Brar
12:55–13:15	Urticaria: Presentation, Diagnosis, and Management	Dr. Ghada AlHayaza
13:15–13:35	Derm in a Dash: Rapid Cases Every PCP Should Know	Dr. Ahmad Alhajji
13:35–13:55	<i>Panel Discussion</i>	All speakers
13:55–14:05	Break and Visit Exhibit Hall	
14:05–14:10	Moderator	
14:10–14:30	Bullous Pemphigoid and Pemphigus Vulgaris	Dr. Smitha Kacheri Pathayappura
14:30–14:50	Various Benign and Malignant Skin Lesions: Pearls and Tips for Clinical Diagnosis	Dr. Rahul Shukla
14:50–15:10	Update on Management of Hidradenitis Suppurativa for Primary Care	Dr. Lauren Lam
15:10–15:30	<i>Panel Discussion</i>	All speakers
15:30–15:35	Closing Remarks	Dr. Mohannad Abu-Hilal



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Health Sciences
Continuing Professional
Development

A Virtual #MacCPD Conference



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For Registration Information

Continuing Professional
Development (CPD), FHS,
McMaster University

AskCPD@mcmaster.ca
905-525-9140 ext. 22671



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Early bird ends January 9, 2026

Registrant Type	Early Bird Fee	Regular Fee
Physicians	\$80.00 + HST	\$100.00 + HST
Other Health Care Providers	\$60.00 + HST	\$70.00 + HST
Residents / Students	\$40.00 + HST	\$50.00 + HST

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A written acknowledgement of your registration will be sent prior to the program. Receipts are emailed at the time of registration, and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within seven days of registration, please contact the CPD office.

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