



Cleveland Clinic

Endocrinology and Metabolism Institute

**New
this Year
Expanded
Seating!**

23rd Annual

Diabetes Day

New Frontiers in Diabetes

Friday, May 11, 2018

InterContinental Hotel and Bank of America Conference Center
Cleveland, OH

Register Today! **ccfcme.org/diabetesday**



23rd Annual

Diabetes Day

New Frontiers in Diabetes



Join Us at the 23rd Annual Diabetes Day

Diabetes Day: New Frontiers in Diabetes is a CME-certified educational symposium presented by the Cleveland Clinic Department of Endocrinology, Diabetes and Metabolism to provide up-to-date reviews of advances in management strategies for patients with diabetes. Key topic areas include the pathobiology of diabetes complications, new oral agents, diabetes control, and current guideline recommendations.

Attendees Will Learn How To:

- Describe the pharmacologic actions, side effect profiles, clinical trial data, and potential role of recently approved drugs for treating diabetes and those in the pipeline
- Summarize the effects of specific drug classes on glucose levels
- Define the clinical factors differentiating between treating to target and treating to outcome
- Describe the impact of individualizing hemoglobin A1C goals and evaluate the risk of hypoglycemia in diabetes management strategies
- Compare the effectiveness of exercise plans and weight control plans in diabetes therapy
- Summarize data on the effectiveness of various diets and their potential role in diabetes strategies

Who Should Attend?

This activity is designed for primary care physicians, endocrinologists, diabetes educators, nurses, nurse practitioners, physician assistants, dietitians, and other health care professionals who care for patients with diabetes.

About Cleveland Clinic Endocrinology and Metabolism Institute

Ranked third in the nation by U.S. News & World Report, the Endocrinology and Metabolism Institute (EMI) is committed to providing the highest quality health care for patients with diabetes, endocrine and metabolic disorders, and obesity. Our staff is dedicated to exploring ways to improve the care of these patients and to teaching the best methods for treating them.

Our institute caregivers work together to provide the finest care in the country. Over 30 staff physicians, 18 fellows, and more than 80 nurses, medical assistants, diabetes educators, secretaries, patient service representatives, coders, administrators and managers work in EMI's departments and centers to ensure streamlined diagnosis and treatment of our patients. The institute includes the oldest subspecialty at Cleveland Clinic, and continues a steady rise to be among the best treatment providers of diabetes and endocrine conditions in the nation.

Activity Director



Robert S. Zimmerman, MD, FACE
Director, Diabetes Center
Vice Chairman
Department of Endocrinology, Diabetes
and Metabolism
Endocrinology and Metabolism Institute
Cleveland Clinic
Cleveland, OH

Cleveland Clinic Faculty

Ula Abed Alwahab, MD
Department of Endocrinology, Diabetes and
Metabolism
Endocrinology and Metabolism Institute

Kevin Borst, DO
Department of Endocrinology, Diabetes and
Metabolism
Endocrinology and Metabolism Institute

Barto Burguera, MD, PhD
Medical Director, Medical Weight Management
Program
Professor of Medicine
Cleveland Clinic Lerner College of Medicine
Endocrinology and Metabolism Institute

Cleveland Clinic Faculty (cont.)

Carolyn Fisher, PhD
Center for Behavioral Health
Neurological Institute

Nicholas Galloway, BSN, RN
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Anny Ha, MS, RD, LD, CEDRD
Department of Endocrinology, Diabetes and Metabolism
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Marwan Hamaty, MD, MBA
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Betül A. Hatipoğlu, MD
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Diana Isaacs, PharmD, BCPS, BC-ADM, CDE
Department of Pharmacy
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Sangeeta Kashyap, MD
Department of Endocrinology, Diabetes and Metabolism
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Laurence Kennedy, MD
Department Chair
Department of Endocrinology, Diabetes and Metabolism
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Leila Khan, MD
Department of Endocrinology, Diabetes and Metabolism
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Melissa Li-Ng, MD
Department of Endocrinology, Diabetes and Metabolism
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Adi Mehta, MD
Department of Endocrinology, Diabetes and Metabolism
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Leann Olansky, MD
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Anita Misra-Hebert, MD, MPH, FACP
Department of Internal Medicine
Center for Value-Based Care Research
Medicine Institute

Kevin M. Pantalone, DO, ECNU, FACE
Director of Clinical Research
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Divya Yogi-Morren, MD
Department of Endocrinology, Diabetes and Metabolism
Endocrinology and Metabolism Institute

Agenda

- 7:00 am

Registration, Continental Breakfast, and Exhibits
- 7:55 am

Welcome and Introductions
Robert Zimmerman, MD
- Future and New Products
- 8:00 am

Inhaled Glucagon (Locemia)
Divya Yogi-Morren, MD
- 8:20 am

Rapid Acting Insulin
Leann Olansky, MD
- 8:40 am

New GLP-1 Agonists, Risks/ Benefits
Marwan Hamaty, MD
- 9:00 am

Combination Insulin / GLP-1 Agonists
Leila Khan, MD
- 9:20 am

Inhaled Insulin
Betül Hatipoğlu, MD
- 9:40 am

Refreshment Break and Exhibits
- 10:00 am

DEBATE: Treat to Target vs. Treat to Outcome
Laurence Kennedy, MD vs. Kevin Pantalone, DO
- 10:40 am

Use of GLP-1 Agonists or SGLT-2 Inhibitors in Type 1 Diabetes
Robert Zimmerman, MD
- 11:10 am

Hypoglycemia: Risks and Prevention
Anita Misra-Hebert, MD
- 11:40 am

HbA1C Goal Individualization
Melissa Li-Ng, MD
- 12:00 pm

Lunch Break

- 1:15 pm

DEBATE: Exercise vs. Weight Control in Prevention and Management of Diabetes
Adi Mehta, MD vs. Barto Burguera, MD, PhD
- 1:55 pm

Insulin Pumps: Which Pump to Choose
Nicholas Galloway, RN
- 2:45 pm

Refreshment Break and Exhibits
- Breakout Session 1
- 3:00 pm

CGM Shared Medical Appointments
Diana Isaacs, PharmD
- 3:35 pm

Is HDL Protective in Diabetes?
Sangeeta Kashyap, MD
- Breakout Session 2
- 3:00 pm

Diabetes and Pregnancy: New Guidelines and Therapeutic Interventions
Kevin Borst, DO
- 3:35 pm

Role of PSMF in PCOS
Ula Abed Alwahab, MD
- 4:15 pm

Eating Disorders in Patients with Diabetes: Psychological and Nutritional Interventions
*Carolyn Fisher, PhD
Anny Ha, RD*
- 5:15 pm

Adjourn

A five-minute question and answer period is included in each speaker's allotted time.

General Information

Location

InterContinental Hotel and Bank of America Conference Center

9801 Carnegie Avenue
Cleveland, OH 44106
Phone: 216.707.4100 or 877.707.8999

Due to course popularity, we have expanded into the full amphitheatre.

Hotel Accommodations

InterContinental Hotel and Bank of America Conference Center

9801 Carnegie Avenue
Cleveland, OH 44106
Phone: 216.707.4100 or 877.707.8999

A limited block of rooms has been reserved at the InterContinental Hotel until April 10, 2018 at 5:00 pm. To make your reservations, contact the Hotel Reservations Department at 216.707.4100 or 877.707.8999. Please identify yourself as being with **Cleveland Clinic Diabetes Day** for a special rate of \$189 single/double plus tax. The hotel and conference center are located on the campus of Cleveland Clinic

Nearby Attractions

Visit the wide selection of restaurants and activities that Cleveland has to offer:

- **Horseshoe Casino Cleveland** is a full service casino located in the historic Higbee Building downtown Cleveland and includes over 2,100 slot machines, 65 table games, and a poker room: horseshoecleveland.com.
- **Historic Warehouse District** downtown, features restaurants, clubs, and coffee shops: warehousedistrict.org.
- **Flats East Bank** includes a variety of upscale restaurants including Ken Stewart's, Lago, and The Willeyville: flatseast.com.
- **East Fourth Street District** is home to the House of Blues, the comedy club and restaurant Pickwick & Frolic, Lola (home of Iron Chef Michael Symon), and more: east4thstreet.com.
- **Playhouse Square Theater District** is the second largest performing arts center in the country: playhousesquare.org.
- **North Coast Harbor** is home to the Rock and Roll Hall of Fame & Museum and Great Lakes Science Center, and nearby is the Cleveland Aquarium: rockhall.com, greatscience.com, and greaterclevelandaquarium.com.

Parking

Parking is available in the East 100th Street Visitor's Parking Garage at prevailing rates. Parking is available at the hotel for an additional charge.



Information

For further information about this activity, contact the Cleveland Clinic Center for Continuing Education.

Local: 216.444.9990

Website: ccfcme.org/diabetesday

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

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REGISTER ONLINE AT **ccfcme.org/diabetesday**

Fee Includes: continental breakfast, refreshment breaks, syllabus, and faculty PowerPoint presentations in PDF format, available online

	On or Before April 6, 2018	After April 6, 2018
Physician	\$275	\$375
Resident*/Fellow*	\$200	\$300
Non-Physician	\$200	\$300
*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.		

Visit **www.ccfcme.org/diabetesday** for complete registration information.

Registration and Cancellation

Preregistrations are accepted until 2:00 pm ET, May 10, 2018. Register on site after this date. In case of cancellation, email notification is required to process your refund. A full refund will be issued if cancelled by April 10, 2018. After April 10, a \$75 cancellation fee will be deducted from your refund. No refunds will be issued after May 10, 2018.

For questions about registration or cancellation, email us at cmeregistration@ccf.org or call 216.448.8710.

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone an activity at our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs, or any similar fee penalties incurred as a result of any trip cancellations or changes.

Save the Date

Intensive Review of Endocrinology and Metabolism

September 21-23, 2018

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Cleveland, Ohio**

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The Cleveland Clinic Foundation
9500 Euclid Avenue, TR204
Cleveland, OH 44195

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