

ALCOHOL USE DISORDER

Psychiatric Quarterly Updates

CO-DEVELOPED WITH THE DEPARTMENT OF PSYCHIATRY, CUMMING SCHOOL OF MEDICINE

› **Friday, March 8, 2019**

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

REGISTER ONLINE
cumming.ucalgary.ca/cme

PAPERLESS CONFERENCE
Access to handouts will be available prior to conference

ON-SITE REGISTRATION
Based on availability, is not guaranteed and a surcharge may be applied

Check the website for any program updates
cumming.ucalgary.ca/cme/courses

ACCOMMODATION

Registrants must make their own accommodation arrangements. Hotel(s) close to the University/course venue include:

Hotel Alma
169 University Gate NW | Calgary, AB T2N 1N4
Phone 403.220.2588 | Toll Free 1.877.498.3203
Email stay@hotelalma.ca
hotelalma.ca

To obtain a University rate, please indicate the promotion code UOFC and show your CME&PD course confirmation/receipt upon arrival.

Best Western Plus Village Park Inn
1804 Crowchild Trail NW | Calgary, AB T2M 3Y7
Phone 403.289.0241 | Toll Free 1.888.774.7716
Email info@villageparkinn.com
www.villageparkinn.com

COURSE OVERVIEW

This series of updates aims to provide healthcare professionals with an evidence-based overview of multiple areas within the psychiatric domain. Each half-day session aims to cover important topics such as diagnosis review and update, treatment/therapeutic use and application, and local perspectives and resources as it pertains to that sessions' focus. This course will be structured as a self-assessment program eligible for Section 3.75 MOC hours.

COURSE OBJECTIVES

At the end of this course, learners will be equipped to:

- diagnose alcohol use disorder (AUD) in patients across the lifespan
- identify medical and psychiatric co-morbidities of AUD
- describe specific concerns about AUD in the adolescent and senior populations
- describe pharmacological and non-pharmacological treatment of AUD
- discuss the advantages and disadvantages of abstinence versus harm reduction in the treatment of AUD
- identify local resources for the treatment of AUD

WHO SHOULD ATTEND

Specialist Physicians, Family Physicians, Physician Assistants, Nurse Practitioners, Registered Nurses, Psychiatric Nurses, Licensed Practical Nurses, Pharmacists, Psychologists, Social Workers, Mental Health Professionals

CREDITS

Mainpro+ Group Learning – 3.75 credits
MOC Section 3 Self-Assessment – 3.75 hours

COURSE PROGRAM – PRELIMINARY

Friday, March 8

1245-1300 Course Knowledge Pre-test

Participants complete the multiple choice pre-test. They will self-mark it during the course and will complete the same test at the end of the course.

1300- 1350

KEYNOTE

Diagnosis and Pharmacological Treatment of Alcohol Use Disorder

– Henry Kranzler

- recognize different screening methods to identify individuals who drink heavily and those with alcohol use disorder
- recite the medications that are approved in the United States and Canada for treating alcohol use disorder
- recite at least one medication that shows promising efficacy in treating alcohol use disorder but is not approved for that indication in either the United States or Canada

1350-1420

SHORT SNAPPER

Medical and Psychiatric Co-morbidities of Alcohol Use Disorder

– Monty Ghosh, Robert Tanguay

- list the common medical complications from alcohol use disorder (AUD) and treatment options for these consequences
- identify alcohol use in pregnancy and potential medical concerns arising from this
- summarize postoperative complications and surgical risk from AUD
- treat patients with concurrent depression and AUD
- summarize the Choosing Wisely Guidelines

1420-1430

Break

1430-1450

SHORT SNAPPER

Alcohol Use Disorder in Adolescents

– Sam Chang

- learning objectives TBA

1450-1510

SHORT SNAPPER

Alcohol Use Disorder in Seniors

– Remi Olauson

- summarize the differences seen in alcohol use disorder in older adults
- recognize the difficulties in diagnosing alcohol use disorder in older adults
- describe the management and local resources to support patients with substance abuse in later life

1510-1530

SHORT SNAPPER

Non-pharmacological Treatment of Alcohol Use Disorder

– Kasia Galperyn

- list some motivational interventions for alcohol use disorder
- explain the cognitive behavioural therapy model for alcohol use disorder
- describe some Relapse Prevention approaches for alcohol use disorder

1530-1550

SHORT SNAPPER

Abstinence Versus Harm Reduction

– Cristina Zaganelli

- describe the abstinence-based model and the historical perspective
- summarize harm reduction strategies in alcohol use disorder
- discuss advantages and challenges in each approach

1550-1600

SHORT SNAPPER

Local Resources for the Treatment of Alcohol Use Disorder

– Cristina Zaganelli

- provide an overview of local resources for treatment of alcohol use disorder
- describe how to access programs and discuss the practicalities of the referral process
- identify self-referred and informal services available to patients

1600-1645

Course Knowledge Post-test

Participants complete the course post-test. The correct answers and references supporting the answers are provided for future reference.

1645

Adjournment

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

PLANNING COMMITTEE

Thomas Raedler MD FRCPC Course Chair
Associate Professor, Department of Psychiatry, University of Calgary; Medical Director of Pharmacology Research, The Mathison Centre for Mental Health Research & Education, University of Calgary

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FACULTY

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Addiction Centre, Foothills Medical Centre, Alberta Health Services

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Assistant Clinical Professor, Internal Medicine & Addiction Medicine, Department of General Internal Medicine, University of Alberta

Henry Kranzler MD
Director, Center for Studies of Addiction, University of Pennsylvania Perelman School of Medicine; Professor of Psychiatry, University of Pennsylvania Perelman School of Medicine

Remi Olaosun MBBS MRCPsych(UK) FRCPC
Clinical Lecturer, Department of Psychiatry, University of Calgary; Staff Psychiatrist in Geriatric Mental Health

Robert Tanguay BSc (Hons) MD FRCPC CISAM CCSAM
Clinical Lecturer, University of Calgary; Provincial Medical Lead, ODT Virtual Training Program, Alberta Health Services; Medical Director, Transitional Outpatient Pain Program for Spine; Addiction, Pain and Psychiatric Consultant, Opioid Deprescribing Program, Alberta Health Services; President Elect, Pain Society of Alberta; Alberta and NWT Regional Director, CSAM

Cristina Zaganelli MN NP
Addiction Centre, Foothills Medical Centre, Alberta Health Services; CUPS Health Centre

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using a slide prior to the speaker's presentation.

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

CFPC

MAINPRO+ GROUP LEARNING

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 3.75 Mainpro+ credits.

RCPSC ELIGIBLE CREDITS

Accredited Royal College MOC Section 1 and Section 3 credits are eligible for certified Mainpro+ credits, up to a maximum of 50 credits per five-year cycle; any additional credits are eligible as non-certified Mainpro+ credits. MOC Section 3 accredited activities can be claimed at 3 credits per hour up to the cycle maximum.

CFPC members can claim Royal College MOC Section 3 credits in the assessment category.

AACP

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP) AND CFPC

Members of the American Academy of Family Physicians are eligible to receive up to 3.75 prescribed credits for attendance at this meeting/event due to a reciprocal agreement with The College of Family Physicians of Canada.

RCPSC

MOC SECTION 3 SELF-ASSESSMENT PROGRAM

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 3.75 hours (credits are automatically calculated).

AMA-PRA CATEGORY 1 CREDIT

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. More information on the process to convert Royal College MOC credit to AMA credit at <https://www.ama-assn.org/education/earn-credit-participation-international-activities>.

Read more on the Royal College agreement with the American Medical Association at <http://www.royalcollege.ca/rcsite/cpd/providers/international-accreditation-agreements-e>.

ADDITIONAL PROGRAM INFORMATION

DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

SCENT FREE

To ensure the comfort of everyone attending this event, please do not wear scented products.

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

A registration refund will be made upon written request if made at least two weeks before the start of the program; however \$50 will be retained for administrative costs. No refunds will be available for cancellations made within two weeks of the start of the program and thereafter.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development,
Cumming School of Medicine,
University of Calgary, TRW Building,
3280 Hospital Drive NW,
Calgary, AB T2N 4Z6

ABOUT COURSE CONTENT

Diane Simpson, Education Consultant
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ABOUT GENERAL PROGRAM INFORMATION

Dana Young, Education Coordinator
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ABOUT REGISTRATION

Phone 403.220.7032
Email cmereg@ucalgary.ca

REGISTRATION FORM**Alcohol Use Disorder
March 8, 2019**

PROFESSION	PHYSICIAN			OTHER HEALTH PROFESSIONAL - PLEASE SPECIFY		STUDENT/RESIDENT (FULL-TIME STUDENTS ONLY)
	☐ FAMILY PHYSICIAN					☐
	☐ SPECIALIST - PLEASE SPECIFY					

YEARS OF PRACTICE - PLEASE SPECIFY		COMMUNITY SIZE IN WHICH YOU PRACTICE	☐ GREATER THAN 1,000,000 INHABITANTS ☐ 15,001-999,999 INHABITANTS ☐ 0-15,000 INHABITANTS
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FIRST NAME																				
LAST NAME																				
ADDRESS																				
CITY											PROVINCE			POSTAL CODE						
AREA CODE			PHONE			EXT			AREA CODE			FAX								
EMAIL																				

REGISTRATION FEE

PLUS 5% GST - UCalgary GST Registration #108102864RT0001
 ADD 5% TO FEE(S) BELOW TO CALCULATE TOTAL COURSE FEE

REGULAR RATE

☐	\$	100.00	Physician
☐	\$	50.00	Other Health Professional
☐	\$	Free	Student / Resident (FULL-TIME STUDENTS ONLY)

ON-SITE RATE (Based on availability and not guaranteed)

☐	\$	100.00	Physician
☐	\$	50.00	Other Health Professional
☐	\$	Free	Student / Resident (FULL-TIME STUDENTS ONLY)

PAYMENT BY

CHEQ	AMEX	VISA	MASTERCARD		M	M	Y	Y
☐	☐	☐	☐	EXPIRY DATE	☐	☐	☐	☐
CARD NUMBER								
SIGNATURE								

REGISTER**ONLINE**

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BY CONFIDENTIAL FAX

Fax 403.270.2330

For your protection, the University of Calgary does not accept and will not process credit card information provided via email or text messages

BY MAIL

Cheque Payable - UNIVERSITY OF CALGARY

CHEQUE MUST INCLUDE 5% GST

Cumming School of Medicine, Office of Continuing Medical Education and Professional Development, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

REGISTRATION SERVICES

Phone 403.220.7032

Email cmereg@ucalgary.ca

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT
 Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call 403.220.4251 if you have questions about the collection or use of this information.