



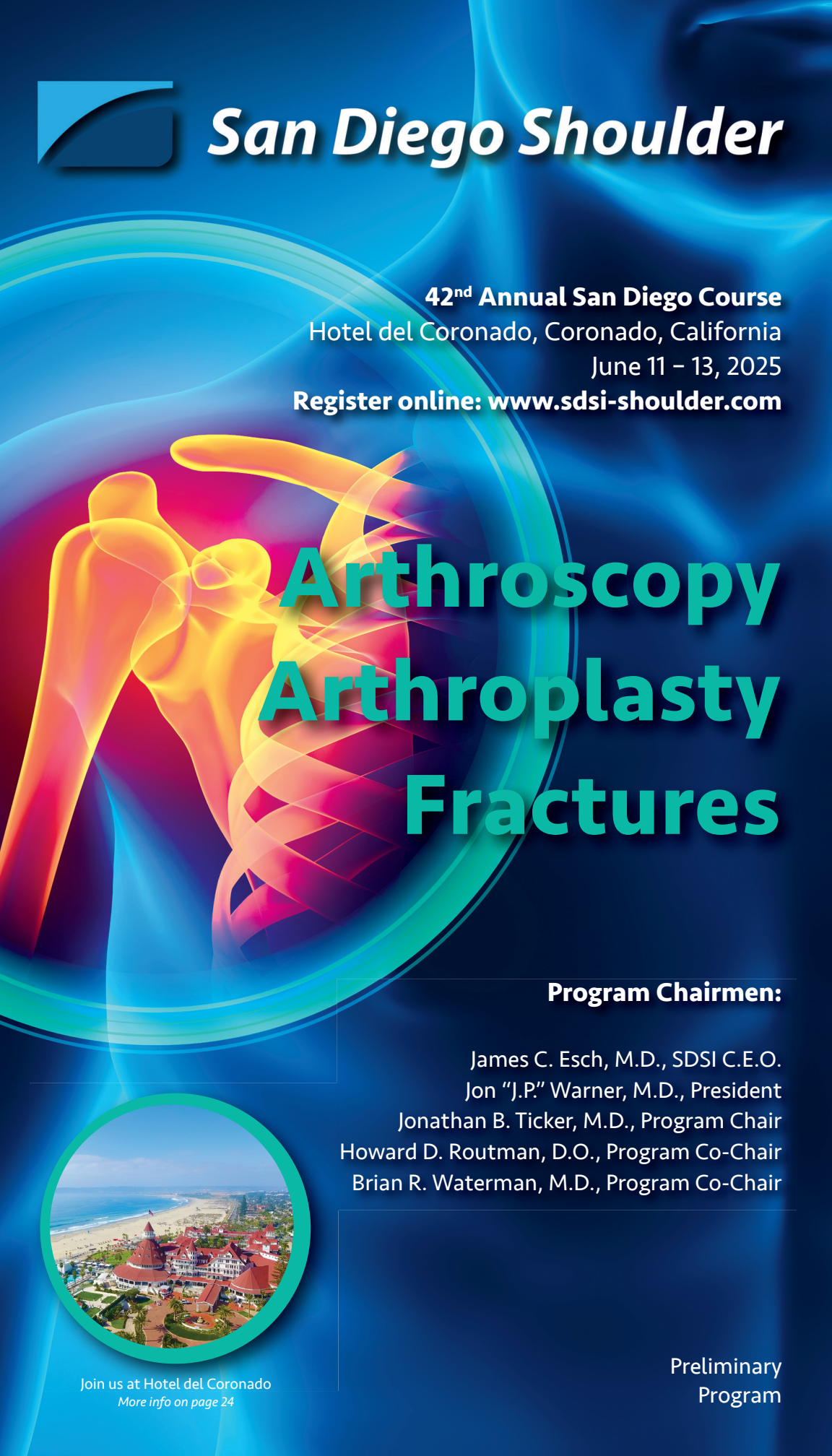
San Diego Shoulder

42nd Annual San Diego Course

Hotel del Coronado, Coronado, California

June 11 – 13, 2025

Register online: www.sdsi-shoulder.com



Arthroscopy Arthroplasty Fractures

Program Chairmen:

James C. Esch, M.D., SDSI C.E.O.

Jon "J.P." Warner, M.D., President

Jonathan B. Ticker, M.D., Program Chair

Howard D. Routman, D.O., Program Co-Chair

Brian R. Waterman, M.D., Program Co-Chair



Join us at Hotel del Coronado
More info on page 24

Preliminary
Program

ABOUT OUR COURSE



James C. Esch, M.D. founded the San Diego Shoulder Course in 1983. Having a passion to educate, mentor, and positively cultivate the standard of shoulder care, he continually pursued opportunities to advance shoulder educational offerings. Beginning with a small group of like-minded individuals meeting to discuss evidenced-based and best-practice modalities related to shoulder arthroscopy, the course expanded throughout the years to incorporate arthroplasty, fracture management, instability, sports medicine, and complex shoulder care. The course has continued to grow and is now recognized world-wide for quality and comprehensive education, being proclaimed as the best shoulder course in the world. As C.E.O., Dr. Esch continues to oversee the annual course to ensure fulfillment of our mission: to improve the competence, performance, and patient outcomes of shoulder care.

A letter from our Course Chair and Co-Chairs:



On behalf of San Diego Shoulder Institute's (SDSI) Board of Directors, we invite you to register for our 42nd Annual Shoulder Course: **Arthroscopy, Arthroplasty, and Fractures**. Now from Wednesday to Friday, course dates are June 11-13, 2025, at the beautiful and newly-renovated Hotel del Coronado. We are confident that our robust expanded program offering new and "cutting-edge" educational opportunities, combined with this exciting venue, will offer a total experience that is second to none and will perpetuate SDSI's reputation as the best shoulder course in the world.

We believe we have assembled a dynamic and diverse program that is our best offering to date. Whether you are early in your career or are an advanced practitioner, our comprehensive three-day curriculum offers educational opportunities of interest to all. Key topics and offerings include:

- **Interactive Topical Lecture Sessions:**
 - Anatomic Shoulder Arthroplasty
 - Reverse Shoulder Arthroplasty
 - Avoiding Complications
 - Arthroscopic Instability and Its Complexities
 - Open Instability Repair Alternatives
 - The Gamut of Rotator Cuff Repair
 - Tendon Transfers
 - Fracture and Trauma Management
- **Keynote Lectures**
 - Unmet Needs in Shoulder Arthroplasty: Where Are We Going?
Pascal Boileau, M.D.
 - The Lost Art of the Physical Exam for the Unstable Shoulder
Felix "Buddy" Savoie, M.D.
 - The Mayo Database for Shoulder Arthroplasty: What have we learned?
John Sperling, M.D.
 - Natural History of Rotator Cuff Disease: Refining Surgical Indications for Degenerative Cuff Tears
Jay Keener, M.D.
- **Engaging faculty debates, case controversies, and panel discussions**
- **Specific techniques for the spectrum of arthroplasty detailed and explained**
- **"My Favorite Tip and Technique" Faculty Competition for both Rotator Cuff Repair and Instability Surgery**
- **Individualized instructional course breakout sessions:**
 - The ABC's of TSA in the ASC
 - Large Rotator Cuff Tears: Releases, Repairs, Patches, Biceps Augmentation, SCR, Balloons, and Reverses: A Case-Based Symposium
 - Management of Complex Instability: What to Do for the Toughest Cases?
 - Revision Shoulder Arthroplasty: Tips, Tricks and Disasterplasty
 - When and How to do Tendon Transfers: Re-Live Demonstrations by the Experts!
 - American Shoulder and Elbow Surgeons (ASES) Fellows Academic Session and Paper Presentations

Our talented and experienced faculty represent the leading experts in shoulder care, with national and international expertise. No other shoulder course offers the depth, breadth, and track record of shoulder education as does San Diego Shoulder, the longest continually running shoulder course. You won't want to miss this invaluable learning experience! We are confident you will identify innovation and lessons learned that can be immediately implemented into your practice to improve performance and patient outcomes. We look forward to seeing you in June. **Register today!**

In the spirit of exceptional learning,

Jonathan B. Ticker, M.D.
Course Chair

Howard D. Routman, D.O.
Course Co-Chair

Brian R. Waterman, M.D.
Course Co-Chair

COURSE HIGHLIGHTS

The purpose of this course is to provide strategies to equip physicians to provide the highest level of analytical, diagnostic, treatment, and rehabilitative practice modalities specific to shoulder arthroscopy, arthroplasty, fracture management, sports medicine, and complex shoulder etiologies. Bringing together expert faculty, course content focuses on known best practices, latest technological advances, and evidence-based research related to shoulder care.

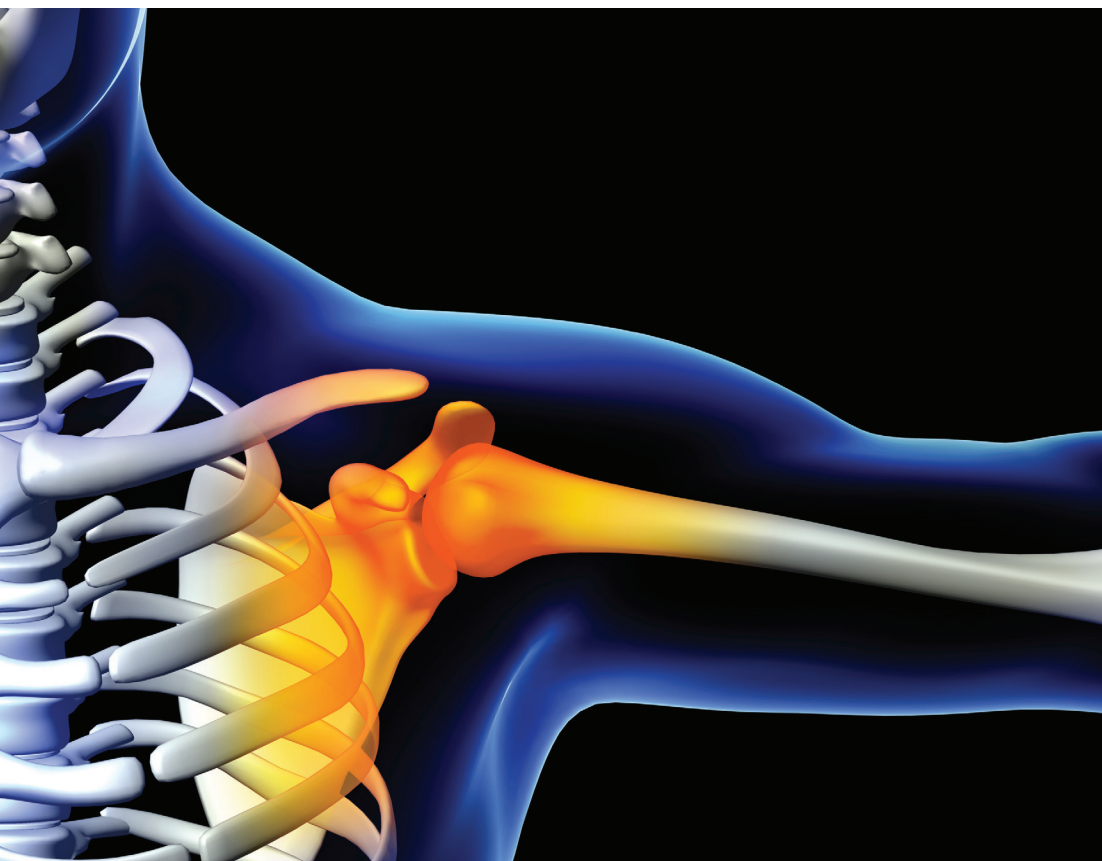
Physicians and the interprofessional team will benefit directly from the following formats of educational interaction:

Augment your learning experience by the following educational formats:

- We have brought together the “best of the best” in the shoulder industry. You won’t want to miss our comprehensive and dynamic lecture format.
 - Our robust lecture content includes key topics facing the shoulder practitioner today:
 - ✓ Anatomic Shoulder Arthroplasty
 - ✓ Reverse Shoulder Arthroplasty
 - ✓ Avoiding Complications
 - ✓ Arthroscopic Instability and Its Complexities
 - ✓ Open Instability Repair Alternatives
 - ✓ The Gamut of Rotator Cuff Repair
 - ✓ Tendon Transfers
 - ✓ Fracture and Trauma Management
- Evaluate specific “how to” approaches and technical pearls
- Discover how the experts handle complex problems and prevent complications
- Integrate evidence-based approaches into optimum clinical decision-making strategies

BREAK-OUT SESSIONS:

These customized sessions are specifically designed to allow participants to achieve individualized learning goals. Held in small-group settings, our expert faculty lead discussions and present specific information regarding high-end practice, tips and pearls to improve practice and avoid complications, and strategies to handle difficult cases. The sessions are dynamic and interactive.



BREAK-OUT SESSIONS CONTINUED:

- **American Shoulder and Elbow Surgeons (ASES) Fellow Paper Presentations:** Hear the prestigious group of select ASES Fellows present papers encapsulating the latest technological advances in shoulder care. A select group of shoulder experts will critique the presentations and offer clinical advice to improve care and patient outcomes.
- **When and How to Do a Tendon Transfer: Re-Live Demonstrations by the Experts!:** Management of massive irreparable posterior-superior rotator cuff tears is extremely challenging, especially in patients who are not considered candidates for reverse total shoulder replacement. Our experts will show re-live demonstrations on two of the options to reconstruct a massive irreparable posterior-superior rotator cuff tear: arthroscopic assisted lower trapezius and latissimus transfers. You will learn specific tips and technical pearls to assist you in performing these challenging surgical techniques to restore patient function and relieve pain.
- **Large Rotator Cuff Tears: Releases, Repairs, Patches, Biceps Augmentation, SCR, Balloons, and Reverses:** A Case-Based Symposium: Rotator cuff pathology varies widely in type and complexity. To maximize successful outcomes in the surgical treatment of rotator cuff tears, the shoulder surgeon must be equipped with the latest tools and techniques to manage the breadth of rotator cuff pathoanatomy. In this session, our expert panel keeps things lively with a case-based approach to managing tears ranging from partial to massive. We will also highlight the indications and techniques for surgical repair, biologic augmentation, joint preservation, and the indications for prosthetic reconstruction.
- **Management of Complex Instability: What to Do for the Toughest Cases?** Surgically managing complex shoulder instability problems is a significant challenge for even the most experienced surgeons, and which procedure to utilize is a highly controversial topic. Options for treating difficult bone and soft tissue lesions as well as instability procedure failures are discussed. Traditional open and new arthroscopic techniques will be addressed by a world renowned panel who bring vast experience and a varied perspective to managing these conditions during what promises to be an exciting and spirited debate.
- **Revision Shoulder Arthroplasty: Tips, Tricks and Disasterplasty:** As the indications for and popularity of shoulder arthroplasty continue to expand, the necessity for revision arthroplasty is more frequently encountered. This expert panel shares tips and tricks to manage these complex surgical challenges and addresses the latest techniques and innovations to aid shoulder surgeons in managing these difficult cases.
- **The ABC's (and 5 P's) of TSA in the ASC**
Outpatient shoulder arthroplasty in free-standing Ambulatory Surgery Centers (ASC's) is rapidly evolving to become a standard of practice. Many of the early challenges have been overcome by early adopters, many of whom are presenting in this dynamic and comprehensive session. Attendees of this special breakout will learn how to develop an outpatient shoulder arthroplasty program in a safe, efficient, and effective manner. If you are already performing TSA's in ASC's, methods to enhance your institutions program will be presented. The content of this session has been designed to help surgeons better appreciate the subtleties of patient selection, pain management, product options, and payment pathways.

Breakfast/Luncheon Workshop Series: Presented by expert physicians in the field! No Charge!

Held Wednesday, Thursday, and Friday attendees will review current technological advances and surgical techniques in shoulder arthroplasty, arthroscopy, and special topics. Presented by leading designers, researchers, and experts in the field. **Space is limited.**



San Diego Shoulder Institute would like to extend a warm welcome to the Fellows of the American Shoulder and Elbow Surgeons who are participating in our course. Fellow paper presentations are open to our audience.

SAN DIEGO SHOULDER FACULTY:



James C. Esch, M.D.
Oceanside, CA
Course Chairman
SDSI, C.E.O.



Jon "J.P." Warner, M.D.
Boston, MA
SDSI, President



Jonathan B. Ticker, M.D.
Merrick, NY
Program Chair
SDSI, Board of Directors

Leslie Lebitski – Chief Operating Officer

Jenny Blumenthal – Executive Assistant

SDSI BOARD OF DIRECTORS:



Gregory Alberton, M.D.
San Diego, CA



Matthew Provencher, M.D.
Vail, CO
Lecture Faculty



Mark Getelman, M.D.
Van Nuys, CA
Lecture Faculty

COURSE PLANNING COMMITTEE AND LECTURE FACULTY:



Howard D. Routman, D.O.
Palm Beach Gardens, FL
Program Co-Chair



Brian R. Waterman, M.D.
Winston-Salem, NC
Program Co-Chair

COURSE LECTURE FACULTY:



Joseph A. Abboud, M.D.
Philadelphia, PA



Shariff K. Bishai, D.O.
Troy, MI



Jeffrey S. Abrams, M.D.
Princeton, NJ



Julie Bishop, M.D.
Columbus, OH



Michael Amini, M.D.
Phoenix, AZ



Pascal Boileau, M.D.
Nice, France



Oke Anakwenze, M.D.
Durham, NC



Don Buford, M.D.
Dallas, TX



James Bailey, M.D.
Santa Barbara, CA



Ian Byram, M.D.
Franklin, TN



Jonathan Barlow, M.D.
Rochester, MN



Peter Chalmers, M.D.
Salt Lake City, UT

COURSE LECTURE FACULTY CONTINUED:



William Ciccone, M.D.
Wheat Ridge, CO



Evan Lederman, M.D.
Phoenix, AZ



Tal David, M.D.
San Diego, CA



Julia Lee, M.D.
Fresno, CA



Kevin Farmer, M.D.
Gainesville, FL



Ian Lo, M.D.
Calgary, Canada



Larry D. Field, M.D.
Jackson, MS



Mark Mighell, M.D.
Tampa, FL



Michael T. Freehill, M.D.
Stanford, CA



Anthony Miniaci, M.D.
Deerfield Beach, FL



Grant Garrigues, M.D.
Chicago, IL



Anand Murthi, M.D.
Baltimore, MD



Lawrence Gulotta, M.D.
New York, NY



Surena Namdari, M.D.
Philadelphia, PA



Robert Hartzler, M.D.
San Antonio, TX



Ronald Navarro, M.D.
Harbor City, CA



Armodios Hatzidakis, M.D.
Denver, CO



Gregory Nicholson, M.D.
Chicago, IL



Heinz R. Hoenecke Jr., M.D.
San Diego, CA



Reza Omid, M.D.
Los Angeles, CA



Andrew Hurvitz, M.D.
San Diego, CA



Stephen A. Parada, M.D.
Augusta, GA



Jay Keener, M.D.
St. Louis, MO



Bradford Parsons, M.D.
New York, NY



Christopher Klifto, M.D.
Durham, NC



Jeanne Patzkowski, M.D.
San Antonio, TX



Sumant "Butch" Krishnan, M.D.
Dallas, TX



Eric Ricchetti, M.D.
Cleveland, OH

COURSE LECTURE FACULTY CONTINUED:



Anthony A. Romeo, M.D.
Chicago, IL



Patrick St. Pierre, M.D.
Rancho Mirage, CA



Richard K.N. Ryu, M.D.
Santa Barbara, CA



Robert Tashjian, M.D.
Jordan, UT



Joaquin Sanchez-Sotelo, M.D.
Rochester, MN



Chuck Thigpen, PhD
Greenville, SC



Felix "Buddy" Savoie, M.D.
New Orleans, LA



Thomas "Quin" Throckmorton, M.D.
Germantown, TN



Andrew Sheean, M.D.
San Antonio, TX



Eric R. Wagner, M.D.
Atlanta, GA



Jennifer Smith, M.D.
San Diego, CA



Melissa Wright, M.D.
St. Louis, MO



John W. Sperling, M.D.
Rochester, MN



REGISTRATION REQUIREMENTS AND FEES, 2025

Register online at: www.sdsi-shoulder.com
or contact the SDSI office at 951-695-6800 to process your course registration.

REGISTRATION: Choose One

(Includes select break-out sessions, meals and refreshments provided to course registrants)

by December 31, 2024	\$1000
by March 31, 2025	\$1200
April – June, 2025	\$1350

Resident/Fellow (Letter from Chief of Service Required):

by December 31, 2024	\$400
by March 31, 2025	\$500
April – June, 2025	\$600

Allied Health

by December 31, 2024	\$400
by March 31, 2025	\$500
April – June, 2025	\$600

Wednesday Break-Out Sessions (Included/Choose One):

3:30 – 5:00 p.m.

- Management of Complex Instability: What to Do for the Toughest Cases?
- Revision Shoulder Arthroplasty: Tips, Tricks and Disasterplasty

Thursday Break-Out Sessions (Included/Choose One):

3:30 – 5:00 p.m.

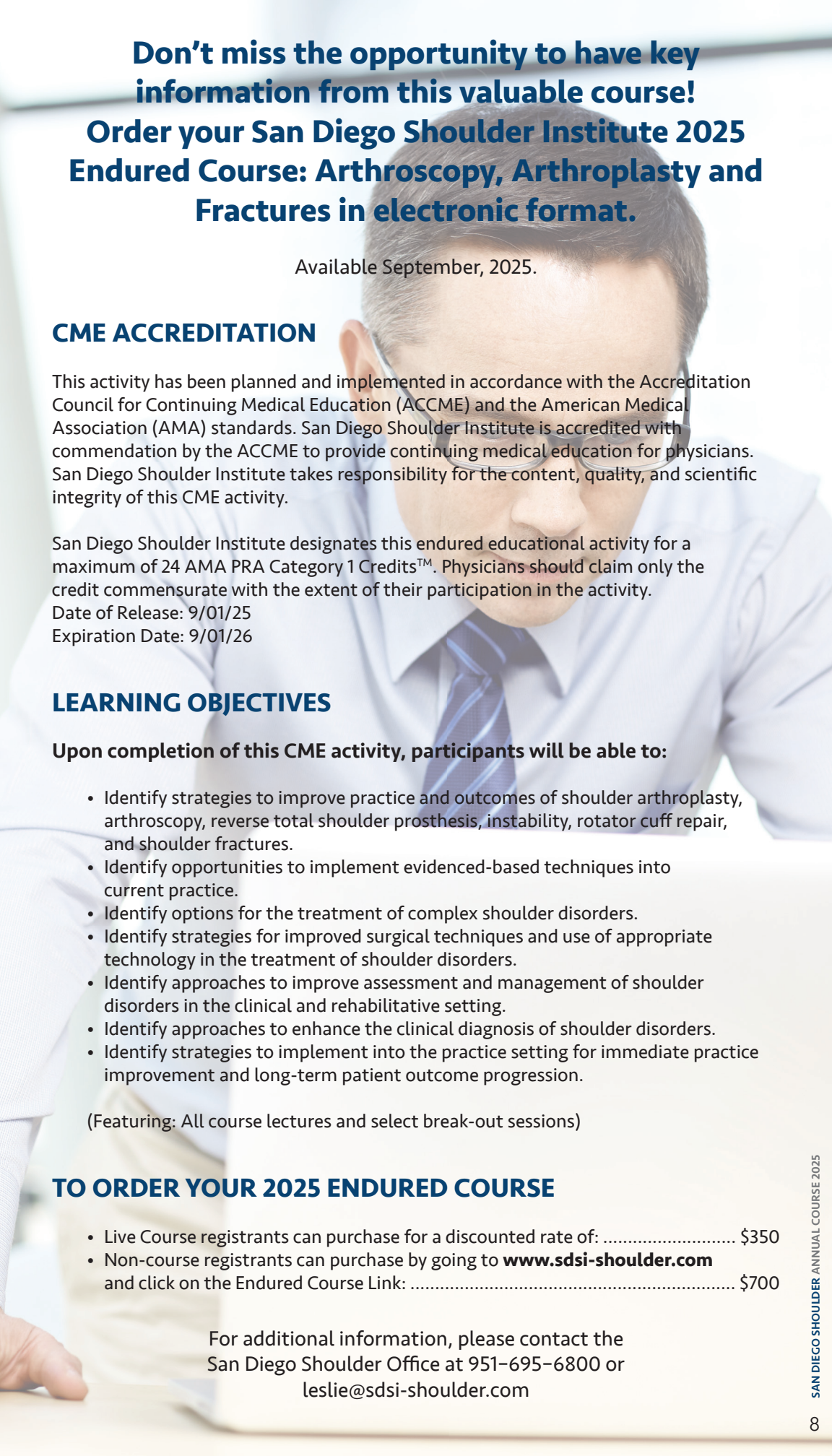
- Large Rotator Cuff Tears: Releases, Repairs, Patches, Biceps Augmentation, SCR, Balloons, and Reverses: A Case-Based Symposium
- When and How to do Tendon Transfers: Re-Live Demonstrations by the Experts!
- The ABC’s of TSA in the ASC

Friday Break-Out Session (Included/Overlap with Lectures)

2:00 – 7:00 p.m

- American Shoulder and Elbow Surgeons (ASES) Fellows’ Day





Don't miss the opportunity to have key information from this valuable course!

Order your San Diego Shoulder Institute 2025 Endured Course: Arthroscopy, Arthroplasty and Fractures in electronic format.

Available September, 2025.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited with commendation by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this endured educational activity for a maximum of 24 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Date of Release: 9/01/25

Expiration Date: 9/01/26

LEARNING OBJECTIVES

Upon completion of this CME activity, participants will be able to:

- Identify strategies to improve practice and outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, instability, rotator cuff repair, and shoulder fractures.
- Identify opportunities to implement evidenced-based techniques into current practice.
- Identify options for the treatment of complex shoulder disorders.
- Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.
- Identify approaches to improve assessment and management of shoulder disorders in the clinical and rehabilitative setting.
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.
- Identify strategies to implement into the practice setting for immediate practice improvement and long-term patient outcome progression.

(Featuring: All course lectures and select break-out sessions)

TO ORDER YOUR 2025 ENDURED COURSE

- Live Course registrants can purchase for a discounted rate of: \$350
- Non-course registrants can purchase by going to **www.sdsi-shoulder.com** and click on the Endured Course Link: \$700

For additional information, please contact the
San Diego Shoulder Office at 951-695-6800 or
leslie@sdsi-shoulder.com

MEETING AT A GLANCE June 11 – 13, 2025

LECTURES: Pages 10 – 20

BREAK-OUT SESSIONS: Pages 13 and 17

	Wednesday, June 11	Thursday, June 12	Friday, June 13
REGISTRATION	6:30 a.m. – 5:00 p.m.	6:30 a.m. – 5:00 p.m.	6:30 a.m. – 4:00 p.m.
LECTURES Lecture Hall	7:30 a.m. – 12:00 p.m. 1:00 – 3:00 p.m.	7:30 a.m. – 12:00 p.m. 1:00 – 3:00 p.m.	7:30 a.m. – 12:00 p.m. 1:00 – 3:30 p.m.
EXHIBITS Exhibit Hall	6:30 a.m. – 7:00 p.m.	6:30 a.m. – 4:00 p.m.	6:30 a.m. – 10:00 a.m.
INDUSTRY LUNCH WORKSHOPS	12:00 – 1:00 p.m.	12:00 – 1:00 p.m.	12:00 – 1:00 p.m.
BREAK-OUT SESSIONS	3:30 – 5:00 p.m. Management of Complex Instability: What to Do for the Toughest Cases? Revision Shoulder Arthroplasty: Tips, Tricks and Disasterplasty	3:30 – 5:00 p.m. Large Rotator Cuff Tears: Releases, Repairs, Patches, Biceps Augmentation, SCR, Balloons, and Reverses:A Case-Based Symposium The ABC's (and 5 P's) of TSA in the ASC When and How to do Tendon Transfers: Re-Live Demonstrations by the Experts!	2:00 – 7:00 p.m. American Shoulder and Elbow Surgeons (ASES) Fellows Academic Session and Paper Presentations
FOOD & BEVERAGE Exhibit Hall	6:30 – 7:25 a.m. 9:30 – 10:00 a.m. 3:00 – 3:30 p.m. 5:00 – 7:00 p.m. Chairmen's Reception and Industry Workshop	6:30 – 7:25 a.m. 9:30 – 10:00 a.m. 3:00 – 3:30 p.m. 5:00 - 7:00 p.m. Faculty Dinner (Invitation Only)	6:30 – 7:25 a.m. 9:30 – 10:00 a.m.

6:30 – 7:25 a.m. **Visit Exhibits - Breakfast**

7:30 **Welcome and Introductions**

Anatomic TSA: Concepts

6 Minute Presentation with 2 Minute Moderator Follow-up Questions for Speakers

Moderators: Sumant “Butch” Krishnan, M.D. and Melissa Wright, M.D.

Roamer: Christopher Klifto, M.D.

- 7:32 **Pyrocarbon Hemiarthroplasty: Its Kind of a Big Deal**
Armodios Hatzidakis, M.D.
- 7:40 **Augmented Glenoids: Why Should I be Using Them?**
Grant Garrigues, M.D.
- 7:48 **Inset / Inlay / Round / Platform Glenoids: Cool Plastic**
Anand Murthi, M.D.
- 7:56 **The Limits of Anatomic Arthroplasty**
Jay Keener, M.D.
- 8:04 **Stemless, Short Stem or Full Length Stems for Anatomic Arthroplasty: I'll Tell You When to Use Which**
Oke Anakwenze, M.D.

Anatomic TSA: Techniques

5 Minute Videos

- 8:12 **Deltpectoral Exposure: Step by Step**
Melissa Wright, M.D.
- 8:17 **Subscapularis Sparing Arthroplasty: Worth the Effort**
Mark Mighell, M.D.
- 8:22 **LTO and Repair: Solid as a Rock**
Eric Wagner, M.D.
- 8:27 **Tenotomy and Repair: Old School Cool**
Ronald Navarro, M.D.
- 8:32 **Peel and Repair: Slick With a Twist**
Joseph A. Abboud, M.D.
- 8:37 **It's the Ovoid Head! How and Why This Works Better**
Anthony Miniaci, M.D.
- 8:42 **Stemless: How to Nail this Operation and Get the Sizing Right**
Bradford Parsons, M.D.
- 8:47 **Anatomic TSA: Techniques Q&A**
- 8:55 **Case Presentations: Anatomic TSA**
Panel: Farmer, Hoenecke, Miniaci, Ricchetti
Moderator: Jay Keener, M.D.
- 9:14 **Keynote Lecture #1: Introduction**
Howard D. Routman, D.O.
- 9:15 **Keynote Lecture #1: The Mayo Database for Shoulder Arthroplasty: What Have We Learned?**
John Sperling, M.D.

9:30 – 10:00 **Visit Exhibits - Refreshments**

Reverse Shoulder Arthroplasty: Concepts
6 Minute Presentation with 2 Minute Moderator Follow-up Questions for Speakers

Moderator: Robert Tashjian, M.D. and Jonathan Barlow, M.D.
Roamer: Michael Amini, M.D.

- 10:00 **Current Trends: What Do the International Registries Tell Us?**
Stephen A. Parada, M.D.
- 10:08 **Golden Rules for rTSA in 2025: The Limits of Off the Shelf Implants**
Patrick St. Pierre, M.D.
- 10:16 **AI Assesment of the Shoulder: Is it The Future of Preop Planning?**
Thomas “Quin” Throckmorton, M.D.
- 10:24 **Inlay, Onlay: Is There a Difference?**
Biomechanical Consequences of Surgical Decisions
Peter Chalmers, M.D.

Reverse Shoulder Arthroplasty: Execution
5 Minute Videos

- 10:33 **PSI and a Plan**
Evan Lederman, M.D.
- 10:38 **Navigation**
Ian Byram, M.D.
- 10:43 **DIY 3D Printing: Open Your Eyes**
Robert Hartzler, M.D.
- 10:48 **Robots, man....**
John Sperling, M.D.
- 10:53 **Reverse Shoulder Arthroplasty: Execution Q&A**

Reverse Shoulder Arthroplasty: Techniques
5 Minute Videos

- 11:00 **Full Wedge Augment: Re-Live**
Kevin Farmer, M.D.
- 11:05 **Half Wedge Augment: Re-Live**
Julie Bishop, M.D.
- 11:10 **BYO Augment on the Go: Re-Live**
Anand Murthi, M.D.
- 11:15 **BIO-RSA: Re-Live**
Pascal Boileau, M.D.
- 11:20 **Reverse Shoulder Arthroplasty: Techniques Q&A**
- 11:30 **Case Presentation: Reverse Shoulder Arthroplasty**
Moderator: Eric Ricchetti, M.D.
Panel: Hartzler, Lederman, St. Pierre, Throckmorton

12:00 - 1:00 **Industry Non-CME Lunch Session**



1:00 Complications of Arthroplasty: Concepts

6 Minute Presentation with 2 Minute Moderator Follow-up Questions for Speakers

Moderator: Peter Chalmers, M.D. and Heinz Hoenecke, M.D.

Roamer: Bradford Parsons, M.D.

1:00 Results and Complications Differ Based on Diagnosis and Demographics: Predicting Results

Ian Byram, M.D.

1:08 Painful Reverse Workup: The Basics and Unusual Sources

Reza Omid, M.D.

1:16 Reverse Instability: Algorithm for Treatment and When to Bail

Sumant "Butch" Krishnan, M.D.

1:24 Acromial Fracture Update: The Monster Under the Bed - How and Why do they Occur?

Robert Tashjian, M.D.

1:32 Infections: C. Acnes is Everywhere!

Eric Ricchetti, M.D.

1:40 One Stage vs Two Stage for Infection: Debating Myself

Surena Namdari, M.D.

1:48 Complications of Arthroplasty: Techniques

5 Minute Videos

1:48 How to Fix an Acromial / Scapular Spine Fracture

Joaquin Sanchez-Sotelo, M.D.

1:53 How I Wash Out an Infection Properly For a 1 Stage Revision

Christopher Klift, M.D.

1:58 The Salt Lake Special: How To Do the Bob T

Robert Tashjian, M.D.

2:03 Complications of Arthroplasty: Complication Techniques Q&A

2:10 Case Presentations: Complication Identification and Management

Moderator: Surena Namdari, M.D.

Panel: Byram, Freehill, Garrigues, Gulotta, Sperling, Wright

2:44 Keynote Lecture #2: Introduction

Jon "J.P." Warner, M.D.

2:45 Keynote Lecture #2: Unmet Needs in Shoulder Arthroplasty: Where Are We Going?

Pascal Boileau, M.D.

3:00 – 3:30 Visit Exhibits - Refreshments



SPECIAL WEDNESDAY AFTERNOON BREAKOUT SESSIONS

3:30 – 5:00 p.m.

- **Management of Complex Instability: What to Do for the Toughest Cases?**

Moderator: Brian R. Waterman, M.D.

Faculty: Shariff K. Bishai, D.O., Pascal Boileau, M.D., Jeanne Patzkowski, M.D.,
Matthew Provencher, M.D., Chuck Thigpen, PhD

- **Revision Shoulder Arthroplasty: Tips, Tricks and Disasterplasty**

Moderator: Joaquin Sanchez-Sotelo, M.D. and Julie Bishop, M.D.

Roamer: Ian Byram, M.D.

**Metal Glenoid Options for When Off The Shelf Implants
are Not an Option: What's Out There?**

Jay Keener, M.D.

Convertible Revisions From Anatomic? Does This Even Work?

Lawrence Gulotta, M.D.

Post Traumatic Arthropathy: Sneaky Hard Surgery

Jonathan Barlow, M.D.

Revision Arthroplasty: Techniques

6 Minute Videos

Technique: Custom Glenoid Megaprosthesis

John Sperling, M.D.

Technique: Bone Graft for Massive Glenoid Deficiency

Gregory Nicholson, M.D.

Technique: APC for Humeral Deficiency

Joaquin Sanchez-Sotelo, M.D.

Technique: Megaprosthesis / HRP for Humeral Deficiency

Stephen A. Parada, M.D.

Revision Arthroplasty: Techniques Discussion

DISASTERPLASTY Case Panel

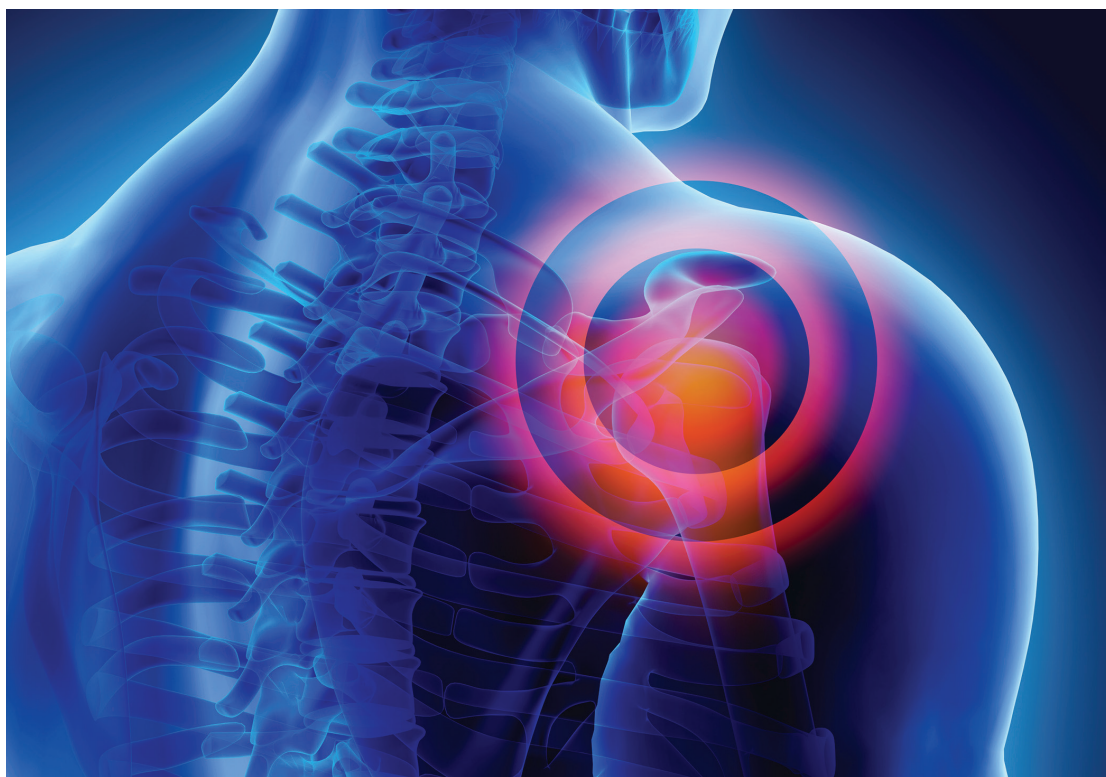
Moderator: Ian Byram, M.D.

Panel: Barlow, Bishop, Gulotta, Keener, Nicholson, Parada

- **Chairman's Reception and Technological Demonstrations**

Join us for a casual style reception while browsing our exhibit hall to see active demonstrations by our Exhibitors on the most recent and advanced technology available in the shoulder world today. Special regional appetizers and cocktails served.

5:00 – 7:00 p.m. **Exhibit Hall Open Session: Pre-Registration is not required**



THURSDAY June 12, 2025

6:30 a.m. – 5:00 p.m. **Registration**
Shoulder Arthroscopy Day

6:30 – 7:25 a.m. **Visit Exhibits - Breakfast**

7:30 **Rotator Cuff Part 1: The Rotator Cuff Tears**

6 Minute Presentation with 2 Minute Moderator Follow-up Questions for Speakers

Moderators: Andrew Sheean, M.D. and Shariff K. Bishai, D.O.
Roamer: Oke Anakwenze, M.D.

7:31 **Rotator Cuff Repair: The History & Evolution**

Mark Getelman, M.D.

7:39 **Transtendon PASTA Repair: A Lost Art**

Jeffrey Abrams, M.D.

7:47 **Partial Thickness Tears: When I Augment and How I Decide**

Anand Murthi, M.D.

7:55 **Double Row Rotator Cuff Repair: When You Must Use & How I Make It Cost Effective**

Jonathan B. Ticker, M.D.

8:03 **Biologics Improve Rotator Cuff Healing: Fertilizer, Fortification, or Fiction?**

Donald Buford, M.D.

8:11 **Technique: How I Recognize and Repair Delaminating Rotator Cuff Tears**

Melissa Wright, M.D.

8:19 **Data-Driven Tips to Optimize Rotator Cuff Healing**

Robert Tashjian, M.D.

8:27 **Case Presentations: Repairable Rotator Cuff Tears**

Moderator: Shariff K. Bishai, D.O.
Panel: Abrams, Buford, Getelman, Murthi, Tashjian, Ticker, Wright

8:50 **Rotator Cuff Part 2: Subscapularis and Biceps**

6 Minute Presentation with 2 Minute Moderator Follow-up Questions for Speakers

Moderators: Kevin Farmer, M.D., Andrew Hurvitz, M.D.
Roamer: William Ciccone, M.D.

8:51 **Biceps Tenodesis: Does Fixation Type or Location Even Matter?**

Oke Anakwenze, M.D.

8:59 **Don't Miss Them! How I Identify and Repair Partial Subscapularis Tears**

Robert Hartzler, M.D.

9:07 **Anterosuperior Tears: My Sequence and Tips for Arthroscopic Repair**

Ian Lo, M.D.

9:15 **When to Perform Tendon Transfer for Subscapularis Insufficiency and How I Do It**

Eric Wagner, M.D.

9:22 **Audience Q & A**

9:30 – 10:00 **Visit Exhibits - Refreshments**

10:00 **Rotator Cuff Part 3: Massive and Failed Rotator Cuff Tears**

6 Minute Presentation with 2 Minute Moderator Follow-up Questions for Speakers

Moderators: Asheesh Bedi, M.D., Jennifer Smith, M.D.
Roamer: Ronald Navarro, M.D.

10:01 **Re-Live: All My Tricks to Achieve a Complete Repair**

Anthony Romeo, M.D.

10:09 **When and How I Use the Biceps to Augment Massive Tears**

Larry Field, M.D.

THURSDAY June 12, 2025 continued

10:17 **SCR: When I Do It and My Pearls to Make It Easier**
Jonathan Barlow, M.D.

10:25 **Biologic TuberoPlasty Works for Massive Tears and This is How I Do It**
Tal David, M.D.

10:33 **To Balloon or Not to Balloon:
The Latest Evidence on When to Use and How I Do It**
Joseph A. Abboud, M.D.

10:41 **Is Lower Trapezius Transfer the New Standard? My Technique in 2025**
Joaquin Sanchez-Sotelo, M.D.

10:49 **When is RSA the Best Option for a Massive Tear? How I Decide**
Patrick St. Pierre, M.D.

10:57 **Case Presentations: Failed Rotator Cuff Tears**
Moderator: Asheesh Bedi, M.D.
Panel: Abboud, Field, Keener, Romeo, Sanchez-Sotelo

11:19 **Keynote Lecture #3: Introduction**
Brian R. Waterman, M.D.

11:20 **Keynote Lecture #3: Natural History of Rotator Cuff Disease:
Refining Surgical Indications for Degenerative Cuff Tears**
Jay Keener, M.D.

11:35 **BEST ROTATOR CUFF TECHNIQUE: MY WAY OR THE HIGHWAY...
"WINNER TAKE ALL" COMPETITION**
3 Minute Presentations with 1 Minute Moderator Follow-up Questions for Speakers
Moderator: Richard K.N. Ryu, M.D., Jeffrey Abrams, M.D.
Roamer: Ian Lo, M.D.

11:36 **Arthroscopic Anchorless Transosseous Repair: Back to The Basics**
Sumant "Butch" Krishnan, M.D.

11:40 **Dermal Augmentation: Add a Layer**
William Ciccone, M.D.

11:44 **Biceps Augmentation: Smash It and Forget It**
Kevin Farmer, M.D.

11:48 **Synthetic Scaffold: Onlay, or Occasionally Inlay**
Shariff K. Bishai, D.O.

11:52 **Interpositional Graft: Go To the Enthesis**
Mark Getelman, M.D.

11:56 **AUDIENCE VOTES NOW and TROPHY PRESENTATION!**
Moderator: Richard K.N. Ryu, M.D.

12:00 – 1:00 **Industry Non-CME Lunch Sessions**

1:00 **Complex Rotator Cuff Tears**
6 Minute Presentation
Moderators: Ian Lo, M.D. and Julie Bishop, M.D.
Roamer: Robert Hartzler, M.D.

THURSDAY June 12, 2025 continued

- 1:02 **Why Rotator Cuff Tear Patterns Matter and How I Assess**
Christopher Klifto, M.D.
- 1:08 **Pseudoparalysis, Pseudoparesis, Pseudo-Confused on What This All Means**
Robert Tashjian, M.D.
- 1:14 **Why Rotator Cuff Tears Fail?**
Bradford Parsons, M.D.
- 1:20 **My Pearls for a Tension-Free Repair of the Massive Rotator Cuff Tear**
Michael T. Freehill, M.D.
- 1:26 **Audience Q&A**

- 1:33 **Shoulder Instability**
6 Minute Presentation

Moderators: James Bailey, M.D. and Bradford Parsons, M.D.
Roamer: Kevin Farmer, M.D.

- 1:34 **DEBATE: First Time Shoulder Dislocation: Fix It Now!**
Julie Bishop, M.D.
- 1:40 **DEBATE: First Time Shoulder Dislocation: A Patient-Centered Approach**
Andrew Hurvitz, M.D.
- 1:46 **On Track, Off Track, Near Track: How to Measure and When It Matters**
Andrew Sheean, M.D.
- 1:52 **Add the Remplissage: Here's Why and How to Make it Simple**
Richard K.N. Ryu, M.D.
- 1:58 **Case Presentations: Shoulder Instability** **Moderator:** Bradford Parsons, M.D.
Panel: Bishop, Field, Hurvitz, Sheean

- 2:25 **Open Shoulder Session: Can't See, Can't Do...This is How I Do It!**
(Back to the Future!)
5 Minute Videos

Moderators: Mark Mighell, M.D. and Ronald Navarro, M.D.
Roamer: Evan Lederman, M.D.

- 2:26 **Re-Live: Open Bankart & Capsular Shift**
Anand Murthi, M.D.
- 2:31 **Re-Live: Open HAGL Repair**
Laurence Gulotta, M.D.
- 2:36 **Re-Live: Glenohumeral Ligament Reconstruction, Open or Arthroscopic**
Felix "Buddy" Savoie, M.D.
- 2:41 **Re-Live: Anterior Glenoid Bone Block**
Peter Chalmers, M.D.
- 2:46 **Re-Live: Posterior Glenoid Bone Block**
Stephen A. Parada, M.D.
- 2:51 **Re-Live: When All Else Fails... Arthrodesis**
Jonathan Barlow, M.D.
- 2:56 **Audience Q&A**

3:00 – 3:30 **Visit Exhibits - Refreshments**



SPECIAL THURSDAY AFTERNOON BREAKOUT SESSIONS

3:30 – 5:00 p.m.

- **Large Rotator Cuff Tears: Releases, Repairs, Patches, Biceps Augmentation, SCR, Balloons, and Reverses: A Case-Based Symposium**

Moderator: Asheesh Bedi, M.D.

Faculty: Abboud, Farmer, Getelman, Hartzler, Thigpen

- **When and How to do Tendon Transfers: Re-Live Demonstrations by the Experts!**

Moderator: Eric Wagner, M.D.

Faculty: Amini, Sanchez-Sotelo, Tashjian

- **The ABC's (and 5 P's) of TSA in the ASC**

Moderator: Thomas "Quin" Throckmorton, M.D.

Pathways (program development) – Christopher Klift, M.D.

Pain Control – Ronald Navarro, M.D.

Patient Selection (and Predictors) – Grant Garrigues, M.D.

Products (Outcomes and Satisfaction) – Peter Chalmers, M.D.

Pay for (Insurance Contracting and Cost Control) – Oke Anakwenze, M.D.

Compare and Contrast – Thomas "Quin" Throckmorton, M.D.

Outpatient TSA in Private/Privademic Practice – Surena Namdari, M.D.

Outpatient TSA in an Academic Medical Center – Jay Keener, M.D.

Q&A – Thomas "Quin" Throckmorton, M.D.

5:00 – 7:00 p.m. **Faculty Dinner (Invitation Only)**



7:30 Instability Part 1: Anterior Instability from Common to Complex
6 Minute Presentations with 2 Minute Moderator Follow-up Questions for Speakers

Moderators: Matthew Provencher, M.D. and William Ciccone, M.D.
Roamer: Joseph A. Abboud, M.D.

- 7:31 **Anterior Shoulder Stabilization: The Origin Story & Evolution**
Felix “Buddy” Savoie, M.D.
- 7:39 **The Art and Science of the Contemporary Bankart Repair**
Jeanne Patzkowski, M.D.
- 7:47 **When Is the Isolated Bankart Repair NOT Enough?**
Anthony Romeo, M.D.
- 7:55 **Re-Live: My Roadmap to Success with Bony Bankart Repair**
Grant Garrigues, M.D.
- 8:03 **My Indications and Technique for Hill-Sachs Grafting**
Stephen A. Parada, M.D.
- 8:11 **Moderator Questions for Speakers**
Matthew Provencher, M.D.
- 8:15 **Don’t Be Afraid:**
My Advice and Key Tips for Transitioning to Arthroscopic Latarjet
Pascal Boileau, M.D.
- 8:23 **Latarjet Dilemmas: Managing Failure and Post-operative Complications**
Mark Mighell, M.D.
- 8:31 **Arthroscopic Free Bone Blocks are the Future: Just Do It! Here’s How**
Shariff K. Bishai, D.O.
- 8:39 **Alternative Fixation Strategies with Arthroscopic Bone Augmentation**
Tal David, M.D.
- 8:47 **Keynote Lecture #4: Introduction**
Jon “J.P.” Warner, M.D.
- 8:48 **Keynote Lecture #4:**
The Lost Art of the Physical Exam for the Unstable Shoulder
Felix “Buddy” Savoie, M.D.
- 9:03 **Case Presentations: Anterior Instability Problems from Common to Complex**
Moderator: Matthew Provencher, M.D.
Panel: Bishai, Boileau, Mighell, Romeo, Savoie

10:00 Instability Part 2: Posterior and Unusual Instability Patterns
6 Minute Presentations with 2 Minute Moderator Follow-up Questions for Speakers

Moderators: Grant Garrigues, M.D. and James Bailey, M.D.
Roamer: Stephen A. Parada, M.D.

- 10:01 **Surgical Pearls and Avoiding Pitfalls When Treating Posterior Instability**
Ian Lo, M.D.
- 10:09 **Posterior Glenoid Bone Loss: How Much is Too Much and What to Do**
Matthew Provencher, M.D.
- 10:17 **HAGL and RHAGL: How Not to Miss and My Repair Techniques**
Kevin Farmer, M.D.

FRIDAY June 13, 2025 continued

- 10:25 **Technique: Arthroscopic McLaughlin Procedure & Other Solutions for the Reverse Hill Sachs Lesion**
Anthony Miniaci, M.D.
- 10:33 **MDI: Who Needs Surgery and What I Do to Stabilize**
Brian R. Waterman, M.D.
- 10:41 **Case Presentations: Posterior and Unusual Instability Patterns**
Moderator: Grant Garrigues, M.D.
Panel: Farmer, Miniaci, Provencher, Waterman

- 11:00 **RAPID-FIRE INSTABILITY DEBATES: “WINNER TAKE ALL” COMPETITION**
3 Minute Presentations with 1 Minute Moderator Follow-up Questions for Speakers
Moderators: Jonathan B. Ticker, M.D. and Brian R. Waterman, M.D.
Roamer: Michael T. Freehill, M.D.

- 11:00 **My Bankart Repair: Knotless**
Andrew Sheean, M.D.
- 11:04 **My Bankart Repair: Knotted**
Larry Field, M.D.
- 11:08 **My Bone Block Augmentation: Coracoid**
William Ciccone, M.D.
- 11:12 **My Bone Block Augmentation: Distal Tibial Allograft**
Mark Getelman, M.D.
- 11:16 **AUDIENCE VOTES NOW and TROPHY PRESENTATION!**

- 11:20 **The Overhead Athlete in 2025: Diagnosis and Management**
6 Minute Presentations with 2 Minute Moderator Follow-up Questions for Speakers
Moderators: Michael T. Freehill, M.D. and Heinz Hoenecke, M.D.
Roamer: Peter Chalmers, M.D.

- 11:21 **Evaluation of the Symptomatic Throwing Shoulder from a Physical Therapist’s Perspective**
Chuck Thigpen, PhD
- 11:29 **Evaluation of the Disabled Throwing Shoulder**
Evan Lederman, M.D.
- 11:37 **How to Identify SLAP Tears in Overhead Athletes and When/How I Repair**
Anthony Romeo, M.D.
- 11:45 **UPDATE: Latest Evidence on Biceps Tenodesis for SLAP Tears in Athletes**
Matthew Provencher, M.D.
- 11:53 **Wrap-Up / Transition**
Michael T. Freehill, M.D., Heinz Hoenecke, M.D.

12:00 – 1:00 pm **Industry Non-CME Lunch Sessions**

- 1:00 **Proximal Humerus Fractures**
6 Minute Presentations with 2 Minute Moderator Follow-up Questions for Speakers
Moderators: Surena Namdari, M.D. and Jay Keener, M.D.
Roamer: Eric Wagner, M.D.

CASE: 63-Year-Old Female Physician Falls and Sustains a 3-Part Surgical Neck Fracture

- 1:01 **Pro: ORIF with Plates and Screws +/- Fibular Graft is the Obvious Answer**
Joseph A. Abboud, M.D.
- 1:09 **Pro: Nail This Fracture: Faster and Less Invasive**
Armodios Hatzidakis, M.D.

FRIDAY June 13, 2025 continued

- 1:17 **Pro: Why Fight? Just Do A Primary RSA**
Asheesh Bedi, M.D.
- 1:25 **How I Manage Failed Proximal Humerus Fixation**
Eric Ricchetti, M.D.
- 1:33 **Displaced Greater Tuberosity Fractures: When and How I Fix Arthroscopically**
Sumant "Butch" Krishnan, M.D.
- 1:41 **Case Presentations: Proximal Humerus Fractures**
Moderator: Surena Namdari, M.D.
Panel: Abboud, Bedi, Hatzidakis, Krishnan, Ricchetti

- 2:03 **AC Separations and Clavicle Fractures**
6 Minute Presentations with 2 Minute Moderator Follow-up Questions for Speakers
Moderators: Peter Chalmers, M.D. and Stephen A. Parada, M.D.
Roamer: Jonathan Barlow, M.D.

- 2:04 **Chronic High-Grade AC Separations: My Technique and Why I Do It This Way**
James Bailey, M.D.
- 2:12 **AC Joint Catastrophes: How to Prevent and Salvage**
Heinz Hoenecke, M.D.
- 2:20 **UPDATE: Which Mid-Third Clavicle Fractures Should Be Fixed and How I Do It**
Christopher Klifto, M.D.
- 2:28 **Lateral Clavicle Fractures: Which Ones Should be Stabilized and How**
Michael Amini, M.D.
- 2:36 **Re-Live: Sternoclavicular Joint Reconstruction**
Joaquin Sanchez-Sotelo, M.D.
- 2:44 **Case Presentations: AC Separations and Clavicle Fractures**
Moderator: Peter Chalmers, M.D.
Panel: Amini, Bailey, Hoenecke, Klifto, Sanchez-Sotelo

- 2:58 **Worst Case Scenario: How I Managed and What I Learned**
5 Minute Presentation
Moderators: Michael Amini, M.D., Robert Tashjian, M.D.
Roamer: Armodios Hatzidakis, M.D.

- 3:00 **#1 Acromial Fracture Fixation**
Howard D. Routman, D.O.
- 3:05 **#2 Intra-Articular Glenoid Fracture**
Jonathan Barlow, M.D.
- 3:10 **#3 Scapular Fracture**
Peter Chalmers, M.D.
- 3:15 **#4 Locked Dislocation with Neurologic Involvement**
Surena Namdari, M.D.
- 3:20 **DISCUSSION and AUDIENCE VOTES NOW ON MOST INSTRUCTIVE CASE**
Michael Amini, M.D.
- 3:27 **Closing Remarks**
James C. Esch, M.D., Jon "J.P." Warner, M.D., Jonathan B. Ticker, M.D.,
Brian R. Waterman, M.D., Howard D. Routman, D.O.

- 2:00 – 7:00 p.m. **ASES Fellows Day**
Moderators: Andrew Sheean, M.D. and Eric Wagner, M.D.
Faculty: Julia Lee, M.D.

2025 COURSE OBJECTIVES

Lecture Objectives:

Upon completion of this CME activity, participants will be able to:

- Identify strategies to improve practice and outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, instability, rotator cuff repair, shoulder fractures, and sports medicine.
- Identify opportunities to implement evidenced-based techniques into current practice.
- Identify options for the treatment of complex shoulder disorders.
- Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.
- Identify approaches to improve assessment and management of shoulder disorders in the clinical and rehabilitative setting.
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.
- Identify strategies to implement into the practice setting for immediate practice improvement and long-term patient outcome progression.

TUITION

The physician registration fee of \$1,350 covers course lectures, break-out sessions, and select meals and refreshments. **Refer to registration page for Early Registration discounts and other than physician registration amounts.**

REFUND

Refunds will be subject to a non-refundable \$100 processing fee. Requests for refunds must be received in writing at the San Diego Shoulder Institute office.

No refunds will be issued after March 31, 2025.

2025 CME ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited with commendation by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this live educational activity for a maximum of 24 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME CREDITS FOR THIS COURSE ARE CALCULATED AS FOLLOWS

Lectures: 18.5 AMA PRA Category 1 Credits™



Special Break-Out Sessions:

1.5 AMA PRA Category 1 Credit™ per session

- The ABC's of TSA in the ASC
- Large Rotator Cuff Tears: Releases, Repairs, Patches, Biceps Augmentation, SCR, Balloons, and Reverses: A Case-Based Symposium
- Management of Complex Instability: What to Do for the Toughest Cases?
- Revision Shoulder Arthroplasty: Tips, Tricks and Disasterplasty
- When and How to do Tendon Transfers: Re-Live Demonstrations by the Experts!

5 AMA PRA Category 1 Credit™

- American Shoulder and Elbow Surgeons Fellow Paper Presentations

San Diego Shoulder Institute is an approved International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS) Teaching Center. Please notify our registration staff if you are interested in completing an ISAKOS evaluation form or obtaining ISAKOS certification for this course.

San Diego Shoulder Institute is an approved Sociedad Latinoamericana de Artroscopia, Rodilla y Deporte (SLARD) teaching course. SLARD, as a Continental Society, has as its main objective to represent all National Societies before International Societies, being the natural link between them

PATRONAGE

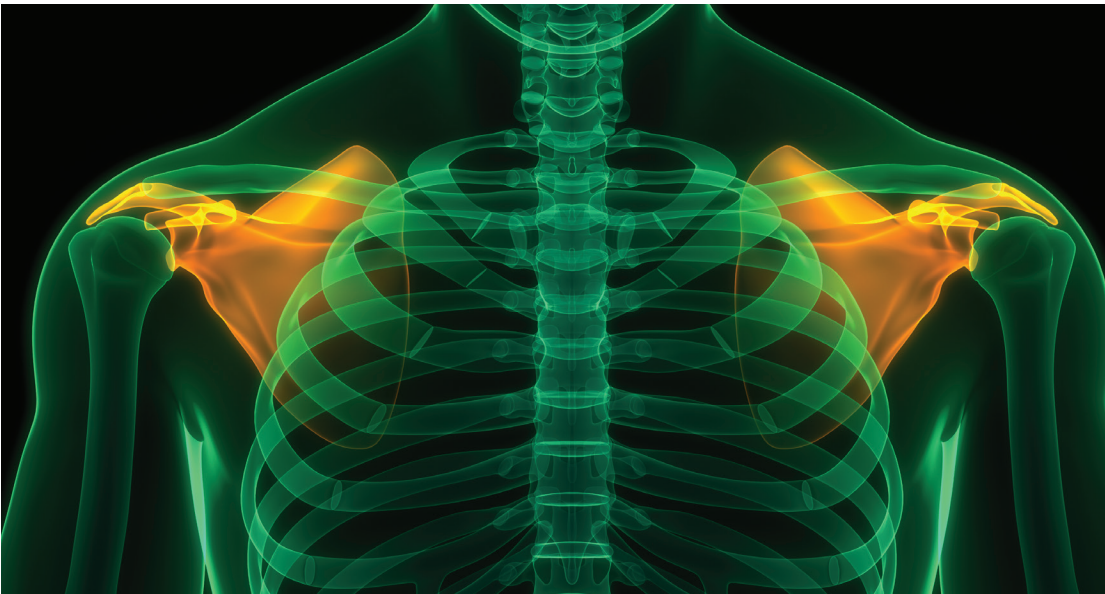


FACULTY DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

Many faculty members have financial relationships with ineligible companies. An ineligible company is defined as: those companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. To ensure that these relationships do not influence our accredited educational activity, SDSI requires all faculty members to disclose all relevant financial relationships with any ineligible company(ies) within the past 24 months. Disclosure includes documentation of the name of the ineligible company, and the nature of the relationship. SDSI subsequently identifies relevant financial relationships and mitigates such relationships prior to the individual assuming their role. All conflicts of interest potentially impacting educational content have been resolved prior to this course. Disclosure of identified financial relationships is disclosed to all learners prior to engaging in this activity.

ACCOMMODATIONS FOR INDIVIDUALS WITH DISABILITIES

San Diego Shoulder Institute complies with the Americans with Disabilities Act. Should you need any special assistance, please contact a member of our staff at (951) 695-6800 or leslie@sdsi-shoulder.com. Every reasonable effort will be made to accommodate your needs.



For additional information contact San Diego Shoulder Institute
Office: (951) 695-6800 • email: leslie@sdsi-shoulder.com
Register online at www.sdsi-shoulder.com

HOTEL RESERVATIONS

1500 Orange Ave. Coronado, California 92118
619.435.6611



HOTEL DEL CORONADO

EST. 1888

Rooms can be reserved at the Hotel del Coronado online at www.sdsi-shoulder.com, by visiting <https://book.passkey.com/go/SanDiegoShoulderInstitute2025> or at the phone number above. Use group code **SDSI** when making your reservations. A block of rooms has been reserved for June 12 – 17, 2025. The special room rate of \$340 per night for a single/double room will be available until May 13, 2025. Rooms available at the group rate are subject to availability.

"The Del is more than a resort, it's a state of mind. From watersports adventures to soothing spa days, The Del will reconnect with the simple luxury of sun, sea and time together. Majestically set on the edge of the Pacific Ocean, The Del offers panoramic views that inspire big ideas and destination experiences. From renting a beach cruiser and cycling through historic Coronado Island, learning how to surf, or simply just soaking up some sun while listening to good music, there is an unlimited amount of fun to be had. Another unique feature of The Del is a brand new state of the art Fitness Center and fitness class schedule. Led by a team of professional fitness instructors experience everything from our beach side yoga and spin classes, robust boot camps, and the famous mermaid fit there is something for everyone's fitness level."

OTHER HIGHLIGHTS OF THE HOTEL INCLUDE:

- ❖ A living legend for more than 130 years, The Del celebrates its rich history as the proud host to celebrities, royalty, U.S. Presidents, and beach-loving guests for generations. Built in 1888 by Elisha Babcock, Jr., and Hampton L. Story and designated a National Historic Landmark in 1977, this historic beach resort is a San Diego icon.
- ❖ Since the early 1900s, movie stars and moviemakers have been frequenting Hotel del Coronado, a sought-after set for filmmakers as well as a popular SoCal vacation getaway for celebrities. One of the most popular early films that used The Del as its backdrop was "The Pearl of Paradise", starring Margarita Fischer.
- ❖ Filmed at Hotel del Coronado in 1958, "Some Like It Hot" showcased the talents of Marilyn Monroe, Tony Curtis and Jack Lemmon while also highlighting the hotel's assets – a spectacular sun-drenched silhouette of Victorian architecture, the perfect backdrop for the film's 1929 setting. Named the #1 comedy of all time by the American Film Institute, the movie has an honored place in film and Del history.

DIRECTIONS TO THE HOTEL

From San Diego International Airport:

Head east on N Harbor Dr toward McCain Rd
Use the left 3 lanes to turn left onto W Grape St
Use the right 2 lanes to take the ramp onto Interstate 5 South

Driving South on Interstate 5:

Take exit 14A for CA-75 toward Coronado
Continue on Bridge over San Diego Bay
Turn Left on Orange Ave
Drive through town until you see Hotel Del Hotel Entrance, on your right.
1500 Orange Ave, Coronado, CA 92118





San Diego Shoulder

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