

COS 104th Annual Meeting Program

Thursday, September 29, 2016

- 7:00 AM – 3:00 PM Registration
Location: Orpheum Room Foyer
- 7:00 AM – 8:00 AM Breakfast with Exhibitors
Location: Waldorf Astoria Ballroom
- 8:00 AM – 8:10 AM Welcome and Opening Remarks
Ricardo J. Rodriguez MD
Location: Orpheum Room

Symposium 1 - Hand

Moderator: Claude S. Williams IV MD

- 8:10 AM – 8:25 AM Carpal Joint Salvage: Management of SNAC and SLAC
Leslie Sisco-Wise MD
Location: [Orpheum Room](#)
- 8:25 AM – 8:40 AM Finger Joints: Repair, Replace and Fusion
Donald C. Faust MD
Location: [Orpheum Room](#)
- 8:40 AM – 8:55 AM Thumb Arthritis: What Works, What Doesn't
Claude S. Williams IV MD
Location: [Orpheum Room](#)
- 8:55 AM – 9:10 AM Management of Post Traumatic Arthritis of the Elbow
Brandon Donnelly MD
Location: [Orpheum Room](#)
- 9:10 AM – 9:20 AM Questions and Answers
Location: [Orpheum Room](#)

Symposium 2: Shoulder / Elbow

Moderator: Michael O'Brien MD

- 9:20 AM – 9:35 AM Indications and Outcomes for Reverse Shoulder Arthroplasty
Nick Hatzis MD
Location: [Orpheum Room](#)
- 9:35 AM – 9:50 AM Shoulder Instability with Bone Loss
R. Shane Barton MD
Location: [Orpheum Room](#)
- 9:50 AM – 10:05 AM Treatment Options for Massive Rotator Cuff Tears
Matthew Williams MD
Location: [Orpheum Room](#)

10:05 AM – 10:20 AM Biologic Augmentation of Rotator Cuff Repair
Michael O'Brien MD
Location: [Orpheum Room](#)

10:20 AM – 10:30 AM Questions and Answers
Location: [Orpheum Room](#)

10:30 AM – 11:00 AM Coffee Break with Exhibitors
Location: Waldorf Astoria Ballroom

Symposium 3: The Business of Orthopaedics

Moderator: Christopher Rich MD

11:00 AM – 11:15 AM Strategic Planning for Physicians
Michael Stahl MD
Location: [Orpheum Room](#)

11:15 AM – 11:30 AM Captive Insurance Product / Self Insurance for Health Benefits
Trey Williamson MBA
Location: [Orpheum Room](#)

11:30 AM – 11:45 AM Bundled Payments Programs for Total Joints
C. Lowry Barnes MD
Location: [Orpheum Room](#)

11:45 AM – 12:00 PM Product Development
Treg D. Brown MD
Location: [Orpheum Room](#)

12:00 PM – 12:10 PM Questions and Answers
Location: [Orpheum Room](#)

12:10 PM – 1:10 PM Lunch with Exhibitors
Location: [Waldorf Astoria Ballroom](#)

Symposium 4: Spine

Moderator: John A. Davis MD

1:10 PM – 1:25 PM Cervical Myelopathy
John A. Davis MD
Location: [Orpheum Room](#)

1:25 PM – 1:40 PM Cauda Equina
Ken Burkus MD
Location: [Orpheum Room](#)

1:40 PM – 1:55 PM Epidural Abscess
Felipe Ramirez MD
Location: [Orpheum Room](#)

1:55 PM – 2:10 PM Lumbar Stenosis
Henry Eiserloh III MD
Location: [Orpheum Room](#)

2:10 PM – 2:20 PM Questions and Answers
Location: [Orpheum Room](#)

2:20 PM – 3:00 PM Coffee Break with Exhibitors
Location: Waldorf Astoria Ballroom

Symposium 5: Pediatrics

Moderator: William Accousti MD

3:00 PM – 3:12 PM Pediatric ACL's: Myths vs. Facts
Tony Gonzales MD
Location: [Orpheum Room](#)

3:12 PM – 3:24 PM Current Trends in Scoliosis Treatment
Brad A. Culotta MD
Location: [Orpheum Room](#)

3:24 PM – 3:36 PM I Would Flex Nail That
Sean Waldron MD
Location: [Orpheum Room](#)

3:36 PM – 3:48 PM Current Concepts in Pediatric Musculoskeletal Oncology
Stephen Heinrich MD
Location: [Orpheum Room](#)

3:48 PM – 4:00 PM Finally A Technique for Juvenile Bunions
William Accousti MD
Location: [Orpheum Room](#)

4:00 PM – 4:10 PM Questions and Answers
Location: [Orpheum Room](#)

Symposium 6: Knee Articular Cartilage Preservation

Moderator: Deryk Jones MD

4:10 PM – 4:25 PM Articular Cartilage Management Algorithm
Deryk Jones MD
Location: [Orpheum Room](#)

4:25 PM – 5:00 PM Case Presentation
Deryk Jones MD; Wendell Heard MD; Adam Whatley MD; Carey Winder MD
Location: [Orpheum Room](#)

5:00 PM Meeting Adjourns

5:00 PM – 6:30 PM President's Welcome Reception with Exhibits
Location: Waldorf Astoria Ballroom

Friday, September 30, 2016

7:30 AM – 4:00 PM Registration
Location: Orpheum Room Foyer

7:30 AM – 8:15 AM Breakfast with Exhibitors
Location: Waldorf Astoria Ballroom

Papers with Discussion

Moderator: Felix H. Savoie MD

- 8:15 AM – 8:20 AM Any Cortical Bridging Predicts Healing of Supracondylar Femur Fractures
Patrick K. Strotman
Location: [Orpheum Room](#)
- 8:20 AM – 8:25 AM Validation of Different Combination of Three Reversing Half-Hitches Alternating
Posts (RHAPs) Effects on Arthroscopic Knot Integrity
Alexander C. Chong
Location: [Orpheum Room](#)
- 8:25 AM – 8:30 AM Regional Decolonization Minimizes Surgical Site Infection in Orthopaedic Trauma
Daniel Schmitt
Location: [Orpheum Room](#)
- 8:30 AM – 8:35 AM Favorable results of impact grafting with a reinforcement mesh for the treatment of
Paprosky 3B acetabular defects
Bradford S. Waddell MD
Location: [Orpheum Room](#)
- 8:35 AM – 8:40 AM Total Shoulder Resurfacing
Brett Cascio MD
Location: [Orpheum Room](#)
- 8:40 AM – 8:45 AM Return to Play and Functional Outcomes in Nonoperative vs. Operative Treatment
of OCD Lesions of the Elbow
Robert N. Mead MD
Location: [Orpheum Room](#)
- 8:45 AM – 8:50 AM Nonoperative Management of Pediatric Grade 1 Open Fractures
Victor Marwin MD
Location: [Orpheum Room](#)
- 8:50 AM – 8:55 AM Does Edaravone Improve Neurological Recovery in Acute Spinal Cord Injury? - A
pilot study
Rajeshwar N. Srivastava MD
Location: [Orpheum Room](#)
- 8:55 AM – 9:00 AM The Effect of Intraoperative Administration of Liposomal Bupivacaine +0.5%
Bupivacaine HCl on Post-Surgical Outcomes in Unilateral Total Knee Arthroplasty
Patients
Sara Catherine S. Pearson
Location: [Orpheum Room](#)
- 9:00 AM – 9:05 AM The Effects of Topical Tranexamic Acid on Anti-Coagulated Total Arthroplasty
Patients
Alexander H. Habashy
Location: [Orpheum Room](#)
- 9:05 AM – 9:15 AM Questions and Answers
Location: [Orpheum Room](#)

Symposium 7: Foot and Ankle - I Sprained my Ankle and It Continues to Hurt

Moderator: Roger H. Ogden MD

- 9:15 AM – 9:35 AM Lateral Ankle Pain - Lateral Sprain (Low and High), Chronic Instability, Peroneal Tendons
W. Hodges Davis MD
Location: [Orpheum Room](#)
- 9:35 AM – 9:55 AM Medial Ankle Pain - Posterior Tibial Tendon Dysfunction, Medial Sprain
James A. Lalonde MD
Location: [Orpheum Room](#)
- 9:55 AM – 10:15 AM Posterior Ankle Pain - Achillies Tendonitis, Posterior Impingement
Ramon F. Rodriguez MD
Location: [Orpheum Room](#)
- 10:15 AM – 10:25 AM Questions and Answers
Location: [Orpheum Room](#)
- 10:25 AM – 11:00 AM Coffee Break with Exhibitors
Location: [Waldorf Astoria Ballroom](#)
- 11:00 AM – 11:20 AM Dr. & Mrs. J. Elmer Nix Presentation and Lecture - Reflections on Ethics, Hemophilia, and Katrina
John Ollie Edmunds, Jr. MD
Location: [Orpheum Room](#)
- 11:20 AM – 11:40 AM Presidential Guest Speaker - My Life as a Team Physician and Success in Your Orthopaedic Career
James Andrews MD
Location: [Orpheum Room](#)
- 11:40 AM – 12:00 PM Live Patient Presentation
Location: [Orpheum Room](#)
- 12:00 PM – 1:00 PM Lunch with Exhibitors
Location: Waldorf Astoria Ballroom

Symposium 8: Hip Arthroscopy

Moderator: David T. Jones MD

- 1:00 PM – 1:15 PM Femoral Acetabular Impingement
Misty Suri MD
Location: [Orpheum Room](#)
- 1:15 PM – 1:30 PM Hip Arthroscopy for the Pediatric Athlete
Brett Cascio MD
Location: [Orpheum Room](#)
- 1:30 PM – 1:45 PM Arthroscopic Abductor Tendon Repair
Ricardo J. Rodriguez MD
Location: [Orpheum Room](#)

1:45 PM – 2:00 PM	Post Operative Physical Therapy Patrick K. Cook PT, OCS, FAAOMPT Location: Orpheum Room
2:00 PM – 2:10 PM	Questions and Answers Location: Orpheum Room
2:10 PM – 2:30 PM	Presidential Guest Speaker: Labral Reconstruction - When, Why and How Marc J. Philippon MD Location: Orpheum Room
2:20 PM – 2:40 PM	Katrina Talk Michael Odinet MD Location: Orpheum Room
2:40 PM – 3:00 PM	Concussion Management and NFL Gregory Stewart MD Location: Orpheum Room

Digital Poster Walk Around Session

3:10 PM – 5:10 PM	Monitor 1 - Adult Reconstruction Moderator: Robert Easton MD; Moderator: Fernando Sanchez MD
3:10 PM – 5:10 PM	Monitor 2 - Spine / Tumor Moderator: Robert M. Peroutka MD
3:10 PM – 5:10 PM	Monitor 3 - Sports Moderator: James A. Slough MD
3:10 PM – 5:10 PM	Monitor 4 - Hand / Foot & Ankle / Pediatrics Moderator: Larry Halperin; Moderator: Ramon F. Rodriguez MD
3:10 PM – 5:10 PM	Monitor 5 - Trauma / Miscellaneous Moderator: Kevin Riche MD

Click on the Digital Poster tab at the top of the screen to access the posters. Posters are located in the Waldorf Astoria Ballroom

Saturday, October 1, 2016

7:45 AM – 12:00 PM	Registration Location: Orpheum Room Foyer
7:45 AM – 8:15 AM	Continental Breakfast Location: Orpheum Room Foyer

Papers with Discussion

Moderator: Robert Zura MD

8:15 AM – 8:20 AM	Comparison of General Versus Isolated Regional Anesthesia in Total Shoulder Arthroplasty: A Retrospective Propensity-Matched Cohort Analysis Mandeep Virk MD Location: Orpheum Room
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- 8:20 AM – 8:25 AM LatissimusDorsi Transfer for Rotator Cuff Insufficiency
Robert Ablove MD
Location: [Orpheum Room](#)
- 8:25 AM – 8:30 AM Predictors for Complications and 30-day Readmission Following Total Ankle Arthroplasty
Matthew Best
Location: [Orpheum Room](#)
- 8:30 AM – 8:35 AM Biceps Tenodesis
Brett Cascio MD
Location: [Orpheum Room](#)
- 8:35 AM – 8:40 AM Body Exhaust Suit Iatrogenic Contamination in Total Joint Arthroplasties
John Krumme MD
Location: [Orpheum Room](#)
- 8:40 AM – 8:45 AM Single Antibiotic Prophylaxis for Gustilo-Anderson Type II/IIIA Open Fractures
Edgar T. Araiza
Location: [Orpheum Room](#)
- 8:45 AM – 8:50 AM Epidemiology and Risk Factors for Failed Meniscal Repair in a Military Population
Alaina M. Brelin
Location: [Orpheum Room](#)
- 8:50 AM – 8:55 AM Does Gabapentin Affect Pain Control and Functional Outcome after Total Knee Arthroplasty? A Prospective, Randomized, Double-blind Placebo Controlled Trial
Craig Winkler MD
Location: [Orpheum Room](#)
- 8:55 AM – 9:00 AM Pediatric Patients with Spondylolysis Have High Rates of Vitamin D Deficiency
William C. Warner, Jr. MD
Location: [Orpheum Room](#)
- 9:00 AM – 9:05 AM Return to Driving Following Hip Arthroscopy
Alaina M. Brelin
Location: [Orpheum Room](#)
- 9:05 AM – 9:15 AM Questions and Answers
Location: [Orpheum Room](#)

Symposium 9: Joint Reconstruction

Moderator: Chad W. Millet MD

- 9:15 AM – 9:30 AM The Use of a Medial Pivot Knee on Total Knee Replacement
Fernando Sanchez MD
Location: [Orpheum Room](#)
- 9:30 AM – 9:45 AM Rapid Recovery Total Knee Arthroplasty
Vinod Dasa MD
Location: [Orpheum Room](#)

- 9:45 AM – 10:00 AM Clinical and Economic Evaluation of Robotically Assisted Unicompartmental Knee Arthroplasty
George Chimento MD
Location: [Orpheum Room](#)
- 10:00 AM – 10:10 AM Questions and Answers
Location: [Orpheum Room](#)
- 10:10 AM – 10:30 AM Coffee Break
Location: Orpheum Room Foyer
- 10:30 AM – 10:40 AM COS Annual Membership and Business Meeting
Location: Orpheum Room

Symposium 10: Trauma

Moderator: Peter Krause MD

- 10:40 AM – 10:55 AM Osteoporosis Management for the Orthopaedist
James Mautner
Location: [Orpheum Room](#)
- 10:55 AM – 11:10 AM Fracture Fixation in the Elderly Patient
Peter Krause MD
Location: [Orpheum Room](#)
- 11:10 AM – 11:25 AM Hip Fracture Management
Paul Gladden MD
Location: [Orpheum Room](#)
- 11:25 AM – 11:40 AM Periprosthetic Fractures
Robert Zura MD
Location: [Orpheum Room](#)
- 11:40 AM – 12:00 PM Presidential Address / Passing of the Presidential Gavel
Location: Orpheum Room
- 12:00 PM Meeting Adjourns