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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course # Course Title

Webinar Date

Name Discipline

Facility

Home Mailing Address

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Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

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WEBINAR

#7405 ICU Rehabilitation Care - Examination and Treatment Tools for Optimum Results

Instructor:

Kristin Lefebvre, PT, PhD, CCS

Audience:

Physical Therapists, Occupational
Therapists, and Assistants, Athletic Trainers,
and related Healthcare professionals

Delivery Options:

Live Webinar or Self-Study Options

Motivations, Inc.

SUMMARY: Data in the literature strongly supports the importance of early and frequent mobilization of the patient in the ICU environment. However, treating in the ICU can be quite intimidating, especially to the novice and even sometimes the experienced physical therapist. Medically complex patients challenge therapists to use high level clinical decision making skills to ensure optimal patient treatment while maintaining patient safety. This course will provide therapists with an overview of examination and treatment tools that can be used to optimize patient outcomes while maintaining safety and efficiency in a highly complex medical environment. Course instruction methods include lecture, demonstration, videos, case studies and question/answers. (Intermediate Level)

PRESENTER: **Kristin Lefebvre, PT, PhD, CCS** is a physical therapist with ABPTS board certification in cardiovascular and pulmonary physical therapy. Currently, she is an associate professor in Widener University's Institute for Physical Therapy Education in Chester, PA with primary teaching responsibilities in the cardiopulmonary and acute care course content. Dr. Lefebvre completed her PhD in Health Policy in May 2008 at the University of the Sciences in Philadelphia where her doctoral thesis examined racial differences in level of amputation among minorities with vascular disease. Her research interests include evaluation of health disparities in primary care practice with particular interest in the cardiovascular and pulmonary patient and the provision of preventative care among patients with cardiovascular diseases. *Financial*— Received a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Name at least 3 sources of literature and data that support early mobilization in the ICU.
2. Identify the role and importance of interdisciplinary communication in the ICU.
3. List at least 2 lab values significant to the ICU environment that relate to medical rehabilitation.
4. Correctly evaluate whether or not it is safe to mobilize a patient in the ICU environment by using clinical decision guidelines.
5. Recognize 2 objective measures that can be used in the ICU environment to monitor patient progress and outcomes.
6. Identify at least 5 monitoring (basic & advanced), airways, and/or lines found in the ICU environment.
7. Discriminate at least 3 lab values important to consider prior to mobilizing patients with intra aortic balloon pumps, ECMO, Ventricular assist devices and/or other advance equipment.
8. Based on course content, describe each of the parameters (pulse rate, pulse duration, duty cycle, intensity, treatment duration) used to perform functional electrical stimulation with patients in the ICU.

FORMAT: This is a 3-contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.



OT CEU's Motivations Inc. is an AOTA Approved Provider of professional development. Approved Provider #11301. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Introductory Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- 15 min: Overview of barriers of mobilizing patient in the ICU
- 30 min: Overview of literature supporting early mobilization in the ICU
- 15 min: Overview of a quality initiative program that was successful in improving outcomes in the ICU
- 15 min: Overview of evidence based safety guidelines and clinical decision making when working with the critically ill including a review of inter-disciplinary team roles and communication for coordinating care and safety
- 15 min: Overview of equipment for mobilizing patients in the ICU
- 15 min: Overview of valid and reliable tools that can be used when examining outcomes of mobilizing patients in the ICU
- 15 min: Questions and Answers

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.

For course dates, times and registration, please visit: www.motivationsceu.com