



Agenda

All lectures are in the Kokopelli Ballroom of the Grand Summit Hotel.

Breakfast served Thursday–Sunday from 7–8 AM in the foyer of the Kokopelli Ballroom.

WEDNESDAY, MARCH 9 • MOUNTAIN MEDICINE

TIME	TOPIC	SPEAKER
4:00	Cold Injuries in the Active Patient	William O. Roberts, MD
4:40	The Athlete at Altitude	Robert Sallis, MD, FACSM, FAAFP
5:20	Common Ski and Snowboard Injuries	Amy Powell, MD
6:00	ADJOURN	
6:30	Welcome Reception at the Cabin at the Grand Summit Hotel	

THURSDAY, MARCH 10 • EXERCISE AND CARDIAC ISSUES

TIME	TOPIC	SPEAKER
7:30	Sudden Cardiac Death; Incidence and Etiology	Kim Harmon, MD
8:10	Risk of Cardiotoxicity With Extreme Endurance Training	Carl J. Lavie, MD
8:50	Pre-participation EKG Screening – Pro VS Con	Kim Harmon, MD William O. Roberts, MD
9:30	BREAK FOR SKIING	
4:00	Exercise as a Therapeutic Agent; Efficacy/Dose/Toxicity	Carl J. Lavie, MD
4:40	Exercise and Brain Health; What's the Connection?	Robert Sallis, MD, FACSM, FAAFP
5:20	Benefits of Cardiac Rehab and Exercise Training	Carl J. Lavie, MD
6:00	ADJOURN	

FRIDAY, MARCH 11 • SPORTS INJURIES 101

TIME	TOPIC	SPEAKER
7:30	Sports Injuries You Don't Want to Miss	Fred H. Brennan, Jr., DO
8:10	Fracture Management for the Primary Care Doc	Amy Powell, MD
8:50	Exertional Leg Pain; Causes and Cures	Fred H. Brennan, Jr., DO
9:30	BREAK FOR SKIING	
4:00	Emerging Treatments for Tendon Injury	Kim Harmon, MD
4:40	Pediatric Musculoskeletal Injuries	Robert Sallis, MD, FACSM, FAAFP
5:20	Common Injuries in Youth Ice Hockey	William O. Roberts, MD
6:00	ADJOURN	

SATURDAY, MARCH 12 • SPORTS AND EXERCISE MEDICINE

TIME	TOPIC	SPEAKER
7:30	Medications With Implications in Active People	Amy Powell, MD
8:10	The Obesity Paradox	Carl J. Lavie, MD
8:50	Hydration and Nutrition for Athletes	William O. Roberts, MD
9:30	BREAK FOR SKIING	
4:00	Current Concepts in Blister Care	Fred H. Brennan, Jr., DO
4:40	Regenerative Medicine; What Works?	Kim Harmon, MD
5:20	Mass Casualty Management at Sporting Events	Fred H. Brennan, Jr., DO
6:00	ADJOURN	

SUNDAY, MARCH 13 • UPDATES ON SPORTS AND MUSCULOSKELETAL MEDICINE

TIME	TOPIC	SPEAKER
7:30	Update on Concussion Management	Kim Harmon, MD
8:10	Unique Concerns in the Female Athlete	Amy Powell, MD
8:50	Facial Injuries in the Athlete	Robert Sallis, MD, FACSM, FAAFP
9:30	FINAL ADJOURN	

About Your Speakers

Robert Sallis, MD, FACSM, FAAFP

Conference Chairman
Co-Director, Sports Medicine Fellowship
Kaiser Permanente Medical Center, Fontana, CA
Clinical Professor of Family Medicine
UC Riverside School of Medicine
Team Physician, Pomona College

Carl J. Lavie, M.D., FACC, FACP, FCCP

Professor of Medicine
Medical Director, Cardiac Rehabilitation and Prevention
Director, Stress Testing Laboratory
John Ochsner Heart and Vascular Institute
Ochsner Clinical School - The University of Queensland School of Medicine
New Orleans, Louisiana

Fred H. Brennan, Jr., DO, FAOASM, FAAFP, FACSM

Head Team Physician,
University of New Hampshire
Director, Sports Concussion Center at Seacoast Orthopedics and Sports Medicine
Deputy Commander, 157th Medical Group, New Hampshire Air National Guard

Amy Powell, MD

Associate Professor
Team Physician
University of Utah

Kim Harmon, MD

Director of Primary Care
Sports Medicine Fellowship
Professor of Family Medicine
Department of Orthopaedics and Sports Medicine
Past-President of the American Medical Society for Sports Medicine

William O. Roberts, MD, MS, FACSM

Professor, Department of Family Medicine and Community Health,
University of Minnesota, Minneapolis, MN
Program Director, St Johns Hospital Family Medicine Residency Program,
Past-President; American College of Sports Medicine
Medical Director; Twin Cities in Motion and Medtronic Twin Cities Marathon
Editor in Chief; *Current Sports Medicine Reports*