

REGISTRATION

\$450 fee. Deadline for registration is 3 weeks prior to course. Registrations will be accepted after deadline on a space available basis. Cancellation accepted up to 2 weeks before course minus an administration fee of \$75. **NO REFUNDS WITHIN 2 WEEKS OF COURSE.**

Please make check payable and return to:

Education Resources, Inc.

266 Main St., Suite 12 • Medfield, MA 02052
(508) 359-6533 or 800-487-6530 (outside MA)
FAX (508) 359-2959 • www.educationresourcesinc.com

Limited enrollment

Myofascial Release/Ritchie

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (H) _____ PHONE (W) _____

CELL PHONE _____

Needed in the event of an emergency scheduling change

EMAIL _____

Please clearly print your email address for course confirmation

EMPLOYER _____

DISCIPLINE _____ SPECIALTY _____

HOW DID YOU LEARN OF THIS COURSE _____

☐ **ERI Rewards.** I am registering for my 4th course since January 2008 and applying \$100 credit to the tuition.

Please indicate course location:

☐ Oct/TX ☐ Nov/FL ☐ Dec/NJ

Education Resources, Inc. reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

☐ I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above.

Amount to be charged _____

Signature _____

I hereby authorize you to charge my: ☐ VISA ☐ MC ☐ DISCOVER

Exp. Date _____ CVV2 code _____
(last 3 digits on back of card)

FACULTY

Gail Ritchie, OTR/L, C/NDT is an independent, pediatric occupational therapy provider offering a range of therapies based on the culmination of skills and expertise attained over the last 30 years. Therapies include a variety of techniques and strategies specific to the individual needs of the child and family.

Nationally and internationally renowned clinical educator and certified NDTA instructor since 1996, Gail participated in the development of the book entitled *Neuro-Development Approach: Theoretical Foundations and Principles of Clinical Practice* and the study guide for *Neuro-Developmental Treatment Approach: Theoretical Foundations and Principles of Clinical Practice*. She is currently on the Theory and Curriculum Committees for the NDTA.

Disclosure: Financial: Gail Ritchie receives an honorarium from Education Resources, Inc. Non-Financial: Gail Ritchie has a volunteer membership with the NDTA.

COURSE LOCATIONS

Please visit our website for suggested accommodations

October 6-7, 2018 - Texas

Methodist Hospital
San Antonio, TX

November 16-17, 2018 - Florida

Johns Hopkins All Children's Hospital
Education and Conference Center
St. Petersburg, FL

December 7-8, 2018 - New Jersey

P.G. Chambers School
Cedar Knolls, NJ

TESTIMONIALS

"Abundant hands-on allowing for confidence in techniques." - G Janzef

"Gail has an excellent understanding of MFR. She has an ease about her way of teaching. Her NDT background really helps therapists understand how to use this technique in practice with our patients." - C Murphy

"Excellent Speaker! Great Course Content!" - A Boothe

Myofascial Release and Its Application to Neuro-Developmental Treatment



Gail Ritchie

October 6-7, 2018 - San Antonio, TX

November 16-17, 2018 - St. Petersburg, FL

December 7-8, 2018 - Cedar Knolls, NJ

sponsored by



Education Resources, Inc.

Relevant Continuing Education for Therapists by Therapists

www.educationresourcesinc.com

(508) 359-6533 or (800) 487-6530 (outside MA)

COURSE DESCRIPTION

In this symposium we will review the fascial system as it relates to individuals with atypical posture and movement. The primary focus of this workshop will be on the hands on treatment, using MFR addressing the musculoskeletal system that is needed prior to facilitation of movement. This course will improve clinical decision making skills through forming and testing hypotheses regarding critical impairments when treating individuals diagnosed with multiple system impairments such as **cerebral palsy, stroke, congenital hypotonicity**, and other **neuromotor impairments**.

A combination of didactic, and laboratory learning experiences will emphasize the integration of MFR and the NDT framework as the foundation for intervention when treating either pediatric or adult individuals with central nervous system dysfunction.

COURSE OBJECTIVES

At the end of this course participants will be able to:

- Describe the function of the fascial system.
- Identify critical fascial restrictions interfering with motor function related to functional outcomes.
- Select MFR techniques for neurological impairment(s) and problem solve when to use which technique(s) and why.
- Demonstrate MFR techniques to elongate muscle groups during movement.
- Apply treatment NDT techniques and strategies to increase mobility and enhance stability via facilitation of movement.
- Integrate handling strategies learned in lab into daily practice.

NEW ONLINE COURSES

We've infused the excitement and clinical relevance of our live course into new online courses.

Take online courses at your convenience

Therapies in The School Series
Pediatric Toe Walking Series
Advanced Vestibular Series
Acute Care Series
Post Concussion Series

Courses include free downloadable handouts and access for an entire year.

Register directly online

www.educationresourcesinc.com

SCHEDULE DAY ONE

8:00-8:30 Registration/Continental Breakfast

8:30-10:30 Introductions
Theory: Fascial restrictions seen in pediatric and adult populations

10:30-10:45 Break

10:45-12:00 Level of Touch/Lead Follow (**Labs**)

12:00-1:00 Lunch (on your own)

1:00-2:30 Myofascial Release
Single hand release over spine
Two-hand release
(**Lab**)

2:30-2:45 Break

2:45-5:00 Myofascial Releases (**Lab**) (cont'd)

SCHEDULE DAY TWO

7:30-8:00 Continental Breakfast

8:00-10:15 Anterior Trunk Releases

10:15-10:30 Break

10:30-12:00 Hip Releases

12:00-1:00 Lunch (on your own)

1:00-2:30 Patient Demo

2:30-2:45 Break

2:45-4:00 Combining Myofascial Release and NDT to increase mobility and enhance stability

COURSE REQUIREMENTS

Participants need to wear comfortable clothing that will allow MFR techniques to be practiced on the skin and for analyzing structural alignment. Suggested under clothing: sports bra, bathing suit, and shorts.

CREDITS

This course meets the criteria for 13.5 contact hours (1.35 CEU's). Approved by the **NJ** and **MD** Boards of Physical Therapy Examiners and the **PA** State Board of Physical Therapy. **TX** Physical Therapy Association accredited provider. This course meets the approval for type 2 CEUs by the **TX** Board of OT Examiners.

Application has been made to the **FL** Physical Therapy Association for 16 continuing education hours. Approved provider by the **FL** Board of Occupational Therapy for 16 continuing education hours.

NY - Approved Provider by the **NY** State Board of Physical Therapy for 16.2 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043 for 13.5 contact hours (1.35 CEU's) - Intermediate level. Occupational Therapy Process: Assessment, Intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider 13.5 PDU's

This course applies toward NDTA re-certification

Please contact Education Resources, Inc. with any special needs requests: 508-359-6533 or info@educationresourcesinc.com

AUDIENCE

This workshop focuses on myofascial releases as they apply to soft tissue elongation and NDT facilitation. This material is useful for Physical and Occupational Therapists and Assistants working with either the adult or pediatric populations.

ERI REWARDS

Save Money...

Each time you take 3 courses with us
the 4th one can be eligible for \$100 off!

Program applies to courses you have taken since January 2008.

Only available to previous full paying registrants.

*One day and online courses not eligible.
May not be combined with any other credit.
Subject to availability.*

