



The Westin Resort & Spa, Playa Conchal The Westin Golf Resort & Spa, Playa Conchal is set on 2,400 acres and offers everything you need to revitalize and thrive. Nestled between lush forests and the sparkling azure waters of the Pacific Ocean, this hotel offers a lagoon-style pool, gardens, tennis courts, a championship golf course, the Westin Kids Club®, fine dining, WestinWORKOUT® facilities, THE SPA and much more. Deux Junior Suites are approxmaetly 581 square feet and feature a living area, Westin Heavenly Bed®, sleek bathroom with Heavenly Bath® amenities, private terrace or balcony, plasma TV, daily stocked minibar, coffee-maker, iron/board and more.

If you choose to stay elsewhere you will be charged approximately \$85 per person for 8am-5pm entry into the resort, even if you are only attending the seminar. This is a firm resort policy. This fee is subject to change and limited day passes may be issued without notice at the discretion of the resort management.

HOTEL RATES:

All-inclusive Concept Includes: 7 nights accommodations (based on arrival Sat, 3/10/18 and departure Sat, 3/17/18), select domestic and imported alcoholic beverages, all meals and snacks, mini-bar drinks (refilled once per day), 24-hour room service, exercise facilities, daytime tennis courts, table games, non-motorized water sports, nightly entertainment, Westin Kid's Club, Government taxes/service charge and bellman/waitstaff gratuities at the resort. (Airport transfers not included.)

Deluxe Junior Suite:

Single Occupancy - \$2,765 total
Double Occupancy - \$3,681 total
Triple Occupancy - \$5,244 total

Max occupancy per room is 3 adults or 2 adults plus 2 children, under age 12.

Child rates:

0-2 years old: free when sharing with adult
Age 3-12, \$925 when sharing with adult.
Guests 13 years of age and older will be charged as an adult.

Higher category, suites and/or date deviations may be available upon request. Call 1-800-222-6927.

Playa Conchal is located in Cabo Velas, in Costa Rica's Guanacaste Province. The resort is conveniently accessible from the Daniel Oduber Quirós International Airport (LIR), about 45 minutes by car from the resort. Tamarindo Airport (TNO) is the local domestic airport and is less than 30 minutes away. International guests can also book flights into Costa Rica's Juan Santamaría International Airport (SJO), where connecting flights are available to nearby airports through domestic airlines such as Sansa and Nature Air. Juan Santamaría International Airport (SJO) is situated about 45 minutes by connecting flight or four hours by car from the resort.

Ground transportation is available to and from both Daniel Oduber Quirós International Airport (LIR) and Juan Santamaría International Airport (SJO), with private transfers and shuttle service offered by different companies. Valet and self parking (complimentary) available at the hotel.

DEPOSIT REQUIRED: \$1,000 per person deposit is required at time of booking to hold your room. Balance due no later than December 10, 2017 and credit card will be charged automatically.

CANCELLATIONS: Cancellations accepted without penalty until December 10, 2017. Cancellations or no-show after December 10 will result in loss of the full stay amount. **No exceptions for any reason. Travel insurance is highly recommended.**

COURSE DIRECTOR: Mark T. Murphy, MD, MSN Education, Austin, Texas, and Medical Director, Northwest Anesthesia Seminars, Pasco, Washington

TARGET AUDIENCE: This course is designed for physicians, certified registered nurse anesthetists, physician assistants, nurse practitioners, registered nurses and other medical care providers who must maintain state-of-the-art knowledge of the specialty or are impacted by it.

PROGRAM PURPOSE: The practitioner of anesthesiology must possess the scientific background for clinical practice; maintain state-of-the-art knowledge of not only the specialty, but also of all additional related disciplines which may impact it; maintain an up-to-the-minute armamentarium of knowledge and skills for the selection and use of complex equipment, pharmacological agents, and procedures necessary for the provision of quality patient care; manage self and colleagues to function toward common goals in the clinical setting, the clinical and educational institutions, and the community in which the practice resides; serve as an expert in matters involving health care delivery; serve as an informed manager of clinical and educational services provided, including the acquisition and distribution of resources necessary in meeting professional goals; and provide assistance with and support of other service providers, departments, institutions, and organizations dependent upon the professional expertise of the practitioner. Presentations are designed to facilitate the physician, nurse specialist, and other providers maintaining skills of the same kind to review and update knowledge and abilities in one or more of these areas vital to the practicing professional.

OBJECTIVES: At the conclusion of this activity, the participant will be able to:

Apply the pertinent physical and behavioral sciences—to include but not be limited to advanced anatomy and physiology, pathophysiology, chemistry, physics, psychology, and social sciences—as they impact and are affected by the planning, delivery, and monitoring of anesthesia and related services inherent in the anesthesiology professions.

Explain the selection, dosing considerations with methods of administration, safe use, and contraindications and precautions of presented pharmacological agents through the understanding of their physicochemical properties, pharmacokinetics and pharmacodynamics, updated uses, and more recently developed additional, related, and similar drugs.

Outline comprehensive management plans for the group of patients discussed, whether related in age, physical status, cultural background, invasive procedure, anesthetic or analgesic requirements, clinical setting, adverse reactions, and/or goals of care.

Apply the principles of safety and asepsis in the performance of anesthetic procedures and administrations, equipment use, and other applications encountered during the provision of anesthesia and analgesia whether in the surgical unit, the labor and delivery suite, the pain management clinic, or other more remote location of anesthetizing services.

Incorporate the appropriate recommendations and/or requirements of pertinent external organizations, institutions, and professional groups—recognized as serving as the authority for and/or holding the responsibility to compile and approve such tenets—in the provision of anesthesia and related services, whether medical, legal, philosophical, ethical, or health care management standards.

Apply the new techniques in the clinical setting of the participant.

ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providorship of The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health and Northwest Anesthesia Seminars. The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health is accredited by the ACCME to provide continuing medical education for physicians.

The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health designates this live activity for a maximum of 20 *AMA PRA Category I Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Anesthesiology: CME credit will be sent directly to The American Board of Anesthesiology to fulfill the Part 2 requirement for the Maintenance of Certification in Anesthesiology Program (MOCA®).

Canadian Physicians: This activity is eligible for Section 1 credits in the Royal College's Maintenance of Certification (MOC) Program. Participants must log into MAINPORT to claim this activity.

Certified Registered Nurse Anesthetists: This program has been prior approved by the AANA for 20 Class A CEC; AANA Code #1035177; Expiration Date 3/16/2018.

Nurse Practitioners: The American Academy of Nurse Practitioners Certification Program (AANPCP) and the American Nurses Credentialing Center (ANCC) accept CME from organizations accredited by the ACCME.

Osteopathic Physicians: This program is eligible for Category 2 credit with the American Osteopathic Association (AOA).

Physician Assistants: The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category I Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 20 hours of Category I credit for completing this program.

Registered Nurses: NWAS is an approved provider for the following state nursing boards: California Board of Registered Nursing (Provider Number 4833), District of Columbia Board of Nursing (Provider Number 50-7480), Florida Board of Nursing (Provider Number 50-7480), Georgia Board of Nursing (Provider Number 50-7480), and the South Carolina Board of Nursing (Provider Number 50-7480). This program offers 20 contact hours.

†Pharmacology hours subject to change.



Playa Conchal Here, the water of the sparkling Pacific is always at a comfortable temperature for swimming, snorkeling or surfing. North Guanacaste plays host to an abundance of stunning natural landscapes including semi-active volcanoes, savannahs and tropical dry forests. While at Playa Conchal, many of Costa Rica's wildlife refuges and national parks are within a few hours' reach. Playa Conchal's temperature averages 28°C /85°F year round. For more information on Guanacaste please visit the Costa Rica Tourism Board page, <http://www.visitcostarica.com/ict/paginas/guanacaste.asp>

In addition to swimming and snorkeling, visitors to Playa Conchal can enjoy deep sea fishing excursions and hiking trips to the nearby national parks or nature reserves. There are even a few areas along the beach where overnight camping is permitted, and what better way to end the day, than beneath a starry sky?

Indulge your adventurous side with a visit to the underground caves at Barra Honda National Park. Kayak tours through mangroves and estuaries allow for ideal nature watching. Take a float tour on the Corobicí River to view monkeys in the tree tops and iguanas on the riverbanks.

We have a block of rooms for seminar participants. Once this block is sold, rooms are based upon availability only and may be at a higher rate. To make reservations, please visit our website: www.nwas.com or call (800) 222-6927.

Call Universal Travel for your airfare needs. Be sure to mention Northwest Anesthesia Seminars when booking. Booking fee applies. Contact Kellee Kilmer: Phone: (858) 456-7887 or E-mail: kellee@universaltravel1.com

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www.nwas.com info@nwas.com
(800) 222-6927 (509) 547-7065

SCHEDULE

Sunday, March 11

0800	Registration – Mandatory Sign In*	
0825	Welcome	NWAS Staff
0830	Nuclear, Biological, and Chemical Bioterrorism: An Update for the Anesthesia Provider — Are You Ready?	L.Guzzi
0930	Blast Injuries and Acute Lung Injury: An Anesthesia and Critical Care Review	L.Guzzi
1030	Break	
1045	Staying Alive: Are You Prepared for a Hospital Shooting?	M.Malkin / M.Vadi
1145	Anesthesia for Trauma: The Basics	L.Clark
1245	Adjourn	0.7 Pharmacology

Monday, March 12

0815	Registration – Mandatory Sign In*	
0830	Intraoperative Cardiac Arrhythmias Recognition and Management	L.Guzzi
0930	Update on the Guidelines for Management of the Difficult Airway	L.Clark
1030	Break	
1045	NPO 8 Hours or Not?	L.Clark
1145	Mamas Causing Drama: Adventures in OB Anesthesia	M.Vadi
1245	Adjourn	1 Pharmacology

Tuesday, March 13

0815	Registration – Mandatory Sign In*	
0830	Enhanced Recovery After Surgery: General Guidelines	L.Guzzi
0930	Enhanced Recovery After Surgery: Anesthesia Implications	L.Guzzi
1030	Break	
1045	Kids With Colds: Implication for Anesthesia	M.Vadi
1145	Anesthetic Considerations During Robot-Assisted Surgery	M.Malkin
1245	Adjourn	0.9 Pharmacology

Wednesday, March 14 – Day Open

Thursday, March 15

0815	Registration – Mandatory Sign In*	
0830	Surgical Fires: Prevention and Management	M.Vadi
0930	Noncardiac Surgery in the Adult Congenital Heart Patient	M.Vadi
1030	Break	
1045	Infectious Disease and Risk for the Anesthesia Provider: Hepatitis, HIV, MRSA, the New Threats	L.Guzzi
1145	TAP Blocks and Exparel: The New Kids on the Block	L.Clark
1245	Adjourn	1.4 Pharmacology

Friday, March 16

0815	Registration – Mandatory Sign In*	
0830	Sugammadex: Let's Just Relax Everybody	L.Clark
0930	Update on the Guidelines for PACU	L.Clark
1030	Break	
1045	Anesthesia and Obesity: A Growing Problem	L.Guzzi
1145	Neuraxial Blockade and Anticoagulant Therapy	M.Malkin
1245	Adjourn	2.4 Pharmacology

20 CME I / 20 CEC / 6.4 Pharmacology Hours†

***Please plan to eat breakfast before the meeting.**

Children and non-registered guests are not allowed to attend the lectures.

**To register for this program and reserve your hotel room,
please visit our website: www.nwas.com
or call (800) 222-6927.**



Northwest Anesthesia Seminars
Continuing Education for the Anesthesia Professional

Anesthesia Topics

Playa Conchal, Costa Rica

March 11–16, 2018



Baylor Scott & White
HEALTH
A. WEBB ROBERTS CENTER FOR
CONTINUING MEDICAL EDUCATION

FACULTY

Laura D. Clark, MD
Professor of Anesthesiology
Residency Program Director
Director of Acute Pain and Regional Anesthesia
Department of Anesthesiology and Perioperative Medicine
University of Louisville School of Medicine
Louisville, Kentucky

Louis Guzzi, MD
Attending in Anesthesia and CCM
Clinical Professor of Anesthesia and CCM
Florida State University School of Medicine
FHMG Medical Group
Orlando, Florida

Mathew R. Malkin, MD
Assistant Professor of Anesthesiology
Director of Non-Operating Room Anesthesia
Loma Linda University School of Medicine
Loma Linda, California

Marissa G. Vadi, MD, MPH
Assistant Professor of Anesthesiology
Director of Anesthesia Simulation
Loma Linda University School of Medicine
Loma Linda, California

Course Registration

18MCR

TUITION: In USD	MD/DO	CRNA/PA	RN/Others
Early <i>(Paid by 12/11/17)</i>	\$950	\$900	\$800
Regular <i>(Paid after 12/11/17)</i>	\$1000	\$950	\$850
Daily	\$205	\$194	\$174

PAYMENT METHODS:

Payment methods accepted for tuition include Visa, Mastercard, American Express, Discover, check, or money order in US funds, payable to NWAS.

SCHEDULE AND FACULTY CHANGES:

Factors beyond our control sometimes necessitate changes in the schedule and faculty. If time permits, we will inform all registrants of any changes prior to the program. Changes on site due to local conditions will be announced in class.

COURSE CANCELLATION BY PROVIDER:

We reserve the right to cancel a course for any reason. In such case, a minimum of 30 days notice will be given to those registered and 100% of tuition paid will be refunded. NWAS and NWWT will not be responsible for any non-refundable airfare, hotel, or other liabilities you may incur. **We highly recommend purchase of travel insurance. Travel at your own risk.**

COURSE CANCELLATION FEE:

\$100 January 10, 2018 to February 9, 2018. No refund after February 9, 2018; however, 50% of tuition paid may be applied toward tuition for another NWAS program within the next 12 months. **Cancellation must be made in writing.**

FAP (FREQUENT ATTENDEE POINTS):

FAP lets you accumulate points based on dollars spent with NWAS including net hotel and tuition booked through NWAS (but not air). Once you have enough points to cover a full tuition they can be redeemed for tuition (no cash value). A great program to reward you for supporting NWAS.

ERRONEOUS PRICING NOTICE:

Northwest Anesthesia Seminars, Northwest Seminars, and Northwest World Wide Travel reserves the right not to honor any published prices or coupons that it determines were erroneous due to printing, electronic, or clerical error.