

University Hospitals of Derby and Burton NHS Foundation Trust

Florence Nightingale Community Hospital
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Advanced Study Day on Chronic Pain Management

EventID: 2964
Date: 21st March 2022
Duration: 1 Day
Location: London Road, Derby DE1 2QY.
Venue: Florence Nightingale Community Hospital
Trainer: Dr Aftab Laher (Consultant Clinical Psychologist) & Rachael Farley (Spinal Specialist Physiotherapist)



Overview

This advanced study day is for those who already have some experience of working with people presenting with chronic or persistent pain. Preferably, delegates should have already attended our previous introductory study day on chronic pain management.

Course Aims

Areas to be covered will include:

- Advances in the understanding of pain neurophysiology and how we can explain pain to patients.
- Developments in the cognitive-behavioural and motivational approaches to chronic pain.
- What should we be assessing and how?
- Developing an evidence-based chronic pain management service
- How we can work constructively address roadblocks in treatment through working collaboratively with our patients and through challenging our own style of working.

Who will Benefit

Suitable for clinicians working in physical rehabilitation/pain management settings including Occupational Therapists, Physiotherapist, Nurses, Counsellors, Psychologists, Dieticians and Doctors.

Attendance Information

- Attendance Certificate: Yes
- CPD Hours: 7

Fees

- £130