



UNIVERSITY OF
CALGARY

CUMMING SCHOOL OF MEDICINE
Office of Continuing Medical Education and Professional Development

COMMON FRACTURES AND DISLOCATIONS COURSE

Emergency Medicine for Rural Hospitals Pre-Course

› Friday, January 17, 2020

Banff Park Lodge, 222 Lynx Street, Banff, AB

REGISTER ONLINE
<http://ow.ly/8MyZ50wB2Ma>

PAPERLESS CONFERENCE
Access to handouts will be available prior to
conference

LIMITED TO 26 PARTICIPANTS

Check the website for any program updates
cumming.ucalgary.ca/cme/courses

ACCOMMODATION

Registrants must make their own accommodation
arrangements. Hotel(s) close to the course venue
include:

Banff Park Lodge | 222 Lynx Street, Banff, AB
Phone 403.762.4433 | Toll Free 1.800.661.9266
www.banffparklodge.com

A limited number of rooms have been held until
December 4, 2019 at the rate of \$133.00 per night
plus taxes (standard room). Please indicate you are
with the University of Calgary Emergency Medicine
for Rural Hospitals course to obtain this rate. For
online reservations: www.banffparklodge.com
(Group ID# 28193 Password# 450). No online
bookings can be made after December 4, 2019.

COURSE OVERVIEW

This course is designed to learn hands-on skills to deal with common fractures and dislocations seen in the rural emergency departments. The course will include short case-based presentations on specific fractures, a discussion of diagnosis and treatment, demonstration of the applicable cast and/or splint and hands-on practice. The morning will focus on fractures and dislocation of the upper limbs and the afternoon will focus on the lower limbs. Participants will practice on each other, including applying splints and casts. (Appropriate attire is recommended.)

COURSE OBJECTIVES

At the end of this course, learners will be equipped to:

- determine what injuries should be treated in the rural emergency department
- order appropriate x-rays according to injury presentation
- perform proper techniques for reducing, splinting and casting
- evaluate when to transport and refer the at-risk patient

WHO SHOULD ATTEND

Physicians, Nurse Practitioners, Registered Nurses and Other Health Professionals (remote practice sites)

CREDITS

Mainpro+ Group Learning – 6.0 credits
MOC Section 1 – 6.0 hours

cumming.ucalgary.ca/cme

COURSE PROGRAM – PRELIMINARY

Friday, January 17

0700-0845	Light Breakfast
0845-0900	Welcome and Introductions – James Andruchow, Michaela Kopka
0900-0955	PRESENTATION Upper Extremity Fractures – Michaela Kopka • closed reduction of distal radius fractures, boxer's and humeral shaft
0955-1055	PRACTICE Adult Short Arm Cast – Team Teaching
1055-1105	Nutrition Break
1105-1200	PRACTICE Gutter Splint, Sugar Tong – Team Teaching
1200-1230	PRESENTATION AND DEMONSTRATION Common Dislocations – James Andruchow
1230-1300	Lunch
1300-1330	PRESENTATION Procedural Sedation – James Andruchow
1330-1430	PRESENTATION Lower Extremity Fractures – Michaela Kopka • closed reduction of ankle fractures, proximal fifth MT fractures, Lisfranc injuries and tibial plateau fractures
1430-1445	Nutrition Break
1445-1600	PRACTICE AND DEMONSTRATION Closed Reduction and Splinting – Team Teaching • ankle dislocation, tibial shaft splinting for transport
1600-1630	Summary and Evaluation
1630	Adjournment

PLANNING COMMITTEE

James Andruchow MD MSc FRCPC ABEM Course Chair
Clinical Assistant Professor, University of Calgary;
Emergency Physician, Department of Emergency Medicine;
Clinician Scientist, Alberta Health Services

Dawne Smith-Lewis RT Orthopaed
Registered Orthopaedic Technologist, Canadian Society
of Orthopaedic Technologists (CSOT), Foothills Medical
Centre Emergency Department

David Topps MB ChB MRCGP FCFP
Professor, Family Medicine and Director, Rural CPD,
Cumming School of Medicine, University of Calgary

Hilary Delver BVSc MSc CME Representative
Education Consultant, Continuing Medical Education and
Professional Development

FACULTY

James Andruchow MD MSc FRCPC ABEM Course Chair
Clinical Assistant Professor, University of Calgary;
Emergency Physician, Department of Emergency Medicine;
Clinician Scientist, Alberta Health Services

Nathan Enns RT Orthopaed
Registered Orthopaedic Technologist, Canadian Society
of Orthopaedic Technologists (CSOT), Alberta Health
Services

Michaela Kopka MD FRSC(C)
Orthopaedic Surgeon, Banff Sports Medicine

Dawne Smith-Lewis RT Orthopaed
Registered Orthopaedic Technologist, Canadian Society
of Orthopaedic Technologists (CSOT), Foothills Medical
Centre Emergency Department

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers
participating in this event have been asked to disclose
to the audience any involvement with industry or
other organizations that may potentially influence the
presentation of the educational material. Disclosure will
be done verbally and using a slide prior to the speaker's
presentation.

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

CFPC

MAINPRO+ GROUP LEARNING

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 6.0 Mainpro+ credits.

AAFP

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP) AND CFPC

Members of the American Academy of Family Physicians are eligible to receive 6.0 prescribed credits for participation in this activity due to reciprocal agreement with The College of Family Physicians of Canada.

RCPSC

MOC SECTION 1

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 6.0 hours (credits are automatically calculated).

AMA-PRA CATEGORY 1 CREDIT

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. More information on the process to convert Royal College MOC credit to AMA credit at <https://www.ama-assn.org/education/earn-credit-participation-international-activities>.

Read more on the Royal College agreement with the American Medical Association at <http://www.royalcollege.ca/rcsite/cpd/providers/international-accreditation-agreements-e>.

ADDITIONAL PROGRAM INFORMATION

DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate. Participants will practice on each other, including applying splints and casts. (Appropriate attire is recommended.)

MEALS

In general, each course offers a light breakfast, nutrition break(s) and lunch. We are sensitive to dietary requirements (for example, gluten free, peanut allergies) and do our best to offer a variety of options; however we are unable to guarantee that all dietary needs can be accommodated.

SCENT FREE

To ensure the comfort of everyone attending this event, please do not wear scented products.

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

A registration refund will be made upon written request if made at least two weeks before the start of the program; however \$50 will be retained for administrative costs. No refunds will be available for cancellations made within two weeks of the start of the program and thereafter.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

ABOUT COURSE CONTENT

Hilary Delver, Education Consultant
Phone 403.220.4249 | Email hadelver@ucalgary.ca

ABOUT GENERAL PROGRAM INFORMATION

Rosario Villalobos, Education Coordinator
Phone 403.210.6275 | Email maria.villalobosgonz@ucalgary.ca

ABOUT REGISTRATION

Phone 403.220.7032 | Email cmereg@ucalgary.ca

SPONSORSHIP

This course has received an educational grant or in-kind support from Rural Health Professions Action Plan (RhPAP).

REGISTRATION FORM

COMMON FRACTURES AND DISLOCATIONS COURSE | PAGE 4 OF 4
V.4