



AGENDA

Thursday, May 5th

7:00-7:45 am Breakfast/Exhibits

7:45-7:50 Welcome (Robin West, MD)

Session I: Medical Management Moderator: Jessica Wertz, DO

7:50-8:10 Orthobiologics: The Basics (James Bradley, MD)

8:10-8:30 Ultrasound in the Office and Training Room (Peter MacArthur, MD)

8:30-8:50 Training Room Dermatology (Dennis Cullen, MD)

8:50-9:10 Common Eye Injuries (Keith Smithson, OD)

9:10-9:30 Use of "Supplements": Benefits, Safety, and Legality (Kathleen Weber, MD)

9:30-9:40 Questions

9:40-10:00 Break and Exhibits

Session II: Shoulder Moderator: Robert Najjarlan, MD

10:00-10:20 Clavicle Fractures and ACJ Injuries in the Contact and Overhead Athlete (Anand Murthi, MD)

10:20-10:40 Shoulder Instability in the Contact Athlete: Play-Offs are Coming...I need to Play!
(Mark Schickendantz, MD)

10:40-11:20 The Throwing Shoulder (James Bradley, MD)

11:20-11:40 Muscle Injuries around the Shoulder: Rotator cuff, proximal biceps, pec major: Play/Fix Later or Fix It Now? (Sameer Nagda, MD)

11:40-12:10 Case Presentations/Questions (Robert Najarian, MD)





12:10-1:10 Lunch/Exhibits
Lunchtime Keynote Speaker –
What it Takes to be a Team Physician? 10 Things that I Have Learned (James Bradley, MD)

Session III: Elbow Moderator: Dr. Edward Chang

1:10-1:30 Elbow pain in the Adult Overhead/Contact Athlete (Mark Schickendantz, MD)

1:30-1:50 Elbow pain in the Youth Overhead Athlete (Robert Najarian, MD)

1:50-2:10 UCL Injuries in the Throwing and Contact Athlete (Christopher Ahmad, MD)

2:10-2:30 Common Wrist/Hand Injuries (David Moss, MD)

2:30-3:00 Shoulder/Elbow Injury Prevention of the Throwing Athlete (Seth Blee, PT, DPT, CFMT)

3:00-3:30 Case Presentations/Questions (Edward Chang, MD)

3:30-3:40 Breaks/Exhibits

Session IV: Knee Moderator: Armando Vidal, MD

3:40-3:50 ACL: Morel-Lavallee Lesions Around the Knee (James Bradley, MD)

3:50-4:00 MCL Injuries: Can You Speed Up the Recovery? (Ryan Miyamoto, MD)

4:00-4:10 Meniscal Injuries: Trim it Out and Let Me Play: What are the Implications? (Christopher Annunziata, MD)

4:10-4:25 Patellofemoral Instability: Do I Need Surgery? (Beth Shuben Stein, MD)

4:25-4:40 Articular Cartilage Injuries of the Knee: In-Season and Post-Season Management (Armando Vidal, MD)

4:40-4:55 ACL Injuries: How Soon Can I Play Again? The Balance of Biology and Biomechanics (Robin West, MD)

4:55-5:25 Case Presentations/Questions (Armando Vidal, MD)

5:30-7:30 Cocktail Hour/Batting Cages





Friday, May 6th, 2016

Session V: Concussion Moderator: Dr. Kathleen Weber

7:00-7:45 Breakfast/Exhibits

7:45-8:15 Concussion Evaluation and Management (Melissa Womble, PhD)

8:15-8:30 Medical Management of Concussions (Jessica Wertz, DO)

8:30-9:00 Ocular Rehabilitation/"Sports Optometry" (Keith Smithson, MD)

9:00-9:30 Vestibular Issues and Rehabilitation Following Concussion (Anne Mucha, PhD)

9:30-10:00 Concussions and CTE-Past, Present and Future (Joseph Maroon, MD)

10:00-10:20 Enhance Your Brain Performance (Majid Fotuhi, MD)

10:20-10:40 Case Presentations/Questions

10:40-11:00 Break/Exhibits

Session VI: Foot and ankle Moderator: Dr. Steven Neufeld

11:00-11:20 Ankle sprains: Low to High (Steven Neufeld, MD)

11:20-11:40 Midfoot injuries: How Soon Can I Play? (Lew Schon, MD)

11:40-12:00 Stress fractures of the foot and ankle: What is the Risk of Playing? (Daniel Cuttica, DO)

12:00-12:20 Plantar fasciitis, Achilles tendonitis, and other nagging soft tissue injuries: Get me through the season! (Lew Schon, MD)

12:20-12:40 Case Presentations and Panel Discussion (Steven Neufeld, MD)

12:40-1:30 Lunch/Exhibits

Lunchtime Keynote Speaker –

Secrets of Longevity and Epigenetics: How to live Healthier and Longer (Joseph Maroon, MD)





Session VII: Hip Moderator: Dr. Ryan Miyamoto

1:30-1:50 Hip Pain in the Contact and Overhead Athlete (Eric Kropf, MD)

1:50-2:10 Hip Dislocations: What are the Risks of Playing? (Andrew Wolff, MD)

2:10-2:30 Sports Hernia (Sharon Bachman, MD)

2:30-2:50 Hamstring Injuries: Distal, Mid to Proximal (James Bradley, MD)

2:50-3:20 Rehabilitation of Hip/Groin Pain (Angela Gordon, MD)

3:20-3:50 Case Presentations/Questions (Ryan Miyamoto, MD)

