

[FRONTIERS]

IN UPPER EXTREMITY SURGERY

NOVEMBER 3-4, 2017 - EMBASSY SUITES & FIVE LABS, TAMPA, FL



COURSE DIRECTORS

MICHAEL J. GARCIA, MD
HAND & WRIST SURGEON
FLORIDA ORTHOPAEDIC INSTITUTE
TAMPA, FL

JASON NYDICK, DO
HAND & UPPER EXTREMITY SURGEON
FLORIDA ORTHOPAEDIC INSTITUTE
TAMPA, FL

PROVIDED BY



fore
FOUNDATION for ORTHOPAEDIC
RESEARCH and EDUCATION



COURSE DIRECTORS



Michael J. Garcia, MD

Hand & Wrist Surgeon
Florida Orthopaedic Institute
Tampa, FL



Jason Nydick, DO

Hand & Upper Extremity Surgeon
Florida Orthopaedic Institute
Tampa, FL

INVITED FACULTY

H. Brent Bamberger, DO

Program Director
Orthopedic Surgery Program at Kettering
Health Network
Dayton, OH

Alfred Hess, MD

Hand & Wrist Surgeon
Director, Hand Fellowship
Florida Orthopaedic Institute
Tampa, FL

Francisco Rubio, MD

Hand Surgeon
Miami Hand &
Upper Extremity Institute
Miami, FL

Michael S. Bednar, MD

Professor
Department of Orthopaedic Surgery
& Rehabilitation
Loyola University Chicago
Maywood, IL

Asif M. Ilyas, MD

Program Director of Hand Surgery
Fellowship
The Rothman Institute
Bryn Mawr, PA

Blane Sessions, MD

Shoulder to Hand Orthopaedics
The Philadelphia Hand Center
Glen Mills, PA

Philip Blazar, MD

Associate Professor of
Orthopedic Surgery
Harvard Medical School
Boston, MA

Kemi Olukemi, MD

Lakeland Regional Hand Surgeon
Lakeland, FL

Barry P. Simmons, MD

Chief, Hand and Upper Extremity Service
Brigham and Women's Hospital
Boston, MA

Brandon Earp, MD

Chief of Orthopedic Surgery
Brigham and Women's
Faulkner Hospital
Boston, MA

Nader Paksima, DO, MPH

Chief of Orthopedic Surgery
Jamaica Hospital Medical Center
Orthopedic Surgery
New York, NY

Jeffrey Stone, MD

Hand & Wrist Surgeon
Florida Orthopaedic Institute
Tampa, FL

Ioannis Pappou, MD, PhD

Hand & Wrist Surgeon
Florida Orthopaedic Institute
Tampa, FL

Ian Valerio, MD

Ohio State Plastic Surgery
Columbus, OH

Mark Rekant, MD

Hand Surgeon
Cherry Hill, NJ

REGISTRATION OPTIONS

1 | Online: ForeOnline.org 2 | Phone: 813-877-8096

	On or Before 10/3/2017	After 10/3/2017
Physicians	\$500.00	\$600.00
Fellows & Other Healthcare Professionals	\$250.00	\$350.00
Industry Professionals/Vendor Personnel	\$400.00	\$500.00

Registration fee includes course materials, workshops, breaks, breakfasts, lunches, and an evening welcome reception for the participant only. A confirmation email will be sent one week prior to the activity (no registration is confirmed without full payment).

COURSE LOCATIONS & HOTEL ACCOMODATIONS

The Friday evening reception & Saturday lectures will take place at the conference hotel



**EMBASSY
SUITES**
by HILTON®

Embassy Suites by Hilton Tampa Downtown
513 South Florida Avenue • Tampa, FL 33602
Phone: 813-769-8300

A small block of rooms has been reserved for November 3-5 at a special group rate starting at \$169+hotel fees/taxes. To receive the group rate, please make your reservation by October 3, 2017 and mention “Frontiers in Upper Extremity Surgery” when making the reservation by phone.

Complimentary transportation will be provided to and from the Embassy Suites hotel on Friday.

Friday Cadaveric Lab will take place a FIVE Labs



five
FLORIDA INNOVATION
and EDUCATION LABS

FIVE Labs
4115 W. Spruce St. • Tampa, FL 33607
Phone: 813-877-8096 • FIVELabs.org

FIVE Labs is a new and innovative facility designed to educate the next generation of healthcare professionals and to foster creativity for the development of technologies for healthcare’s biggest challenges.

COURSE DESCRIPTION

Through a mix of didactic presentations and interactive debates, the expert faculty for this live CME activity will update you on treatment options and outcomes for a variety of common and complex hand and upper extremity conditions. The first day of the meeting will be devoted to a hands-on cadaver lab where you will practice hand and wrist procedures that involve plating, internal bracing, and arthrodesis. Come to the meeting with the questions you need answered to advance your practice – you'll have plenty of opportunities to engage with the faculty.

COURSE OBJECTIVES

On completion of this course, learners will be able to:

- **Evaluate** surgical and nonsurgical principles of managing common hand and upper extremity problems
- **Address** common problems and complications associated with distal radius fractures
- **Implement** enhanced management of fractures, Dupuytren, and arthritis problems
- **Employ** current trends and techniques in microsurgical and soft tissue reconstruction in the upper extremity
- **Apply** current concepts for common disorders of hand and upper extremity
- **Develop** strategies for the treatment of the shoulder, including rotator cuff tears, shoulder instability, and wrist fractures

TARGET AUDIENCE

Orthopaedic and plastic surgery hand surgeons, general orthopaedic surgeons, fellows, residents, physician assistants, physical therapists, surgical assistants, nurse practitioners, nurses, and other healthcare professionals whose scope of practice includes hand and upper extremity surgery.

ACCREDITATION

FORE is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of **12 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISABILITIES

Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607 or call 813-877-8096 a minimum of 10 working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities, and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age, or veteran status as provided by the law and in accordance with FORE's respect for personal dignity.

REFUND POLICY

Cancellation notification must be in writing (email CME@FOREonline.org) and received by the close of business on October 2, 2017. A cancellation fee of \$50 will be assessed. Cancellations received after October 2, 2017, will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the Program is cancelled.

AGENDA (SUBJECT TO CHANGE)

FRIDAY, NOVEMBER 3, 2017

CADAVERIC LAB – LOCATED AT FIVE LABS

- 10:00 AM Registration** **Moderator: Jason Nydick, DO**
- 11:00 AM Wrist Fractures: Wrist Dorsal Spanning Plate - *Jeffrey Stone, MD*
- 12:00 PM Thumb UCL Repair with and without Internal Brace - *Michael Garcia, MD*
- 1:00 PM Lunch**
- 2:00 PM Thumb CMC Arthritis Treatment with Implant - *Francisco Rubio, MD*
- 3:00 PM Thumb CMC Arthritis Treatment with Suture Button Suspension - *Alfred Hess, MD*
- 4:00 PM MCP or PIP Joint Arthrodesis - *Michael Garcia, MD*
- 5:00 PM Adjourn for the Day**
- 5:30 PM Happy Hour at Embassy Suites Downtown Hotel**

SATURDAY, NOVEMBER 4, 2017

COURSE LECTURES – LOCATED AT EMBASSY SUITES DOWNTOWN

- 7:00 AM Registration & Breakfast**
- 7:55 AM Welcome Remarks - *Michael Garcia, MD***

Session One: Debates **Moderator: Michael Garcia, MD**

- 8:00 AM Distal Radius Fractures - Volar Plating for All - *Francisco Rubio, MD*
- 8:15 AM Distal Radius Fractures - Dorsal Plating Better for Some - *Philip Blazar, MD*
- 8:30 AM Scaphoid Wrist Fractures - Volar Approach - *Nader Paksima, DO*
- 8:45 AM Scaphoid Wrist Fractures - Dorsal Approach - *Brandon Earp, MD*
- 9:00 AM Scaphoid Proximal Pole Nonunion - Vascularized Bone Graft - *Blane Sessions, MD*
- 9:15 AM Scaphoid Proximal Pole Nonunion - Non-Vascularized Bone Graft - *Nader Paksima, DO*
- 9:30 AM Panel Discussion & Questions - *Faculty*
- 9:50 AM Break**

SATURDAY, NOVEMBER 4, 2017 (CONTINUED)

Session Two: Complications

Moderator: Jason Nydick, DO

- 10:00 AM Complications with Distal Radius Fractures - *Francisco Rubio, MD*
- 10:20 AM Complications of Flexor Tendon Repair - *Brandon Earp, MD*
- 10:40 AM Complications of Distal Biceps Repair - *Brent Bamberger, DO*
- 11:00 AM Nerve Repair: How to Avoid Complications - *Mark Rekant, MD*
- 11:20 AM Rheumatoid Hand Surgery: A Lost Art - *Barry P. Simmons, MD*
- 11:40 AM Panel Discussion & Questions - *Faculty*

12:00 PM Lunch and Guest Speaker

- 12:10 PM Extremity Soft Tissue Coverage and Targeted Muscle Renervation -
Ian Valerio, MD

Session Three: Debates

Moderator: Michael Garcia, MD

- 1:15 PM SLAC Wrist with Case Example- Proximal Row Carpectomy -
Brent Bamberger, DO
- 1:30 PM SLAC Wrist with Case Example- Intercarpal Fusion - *Blane Sessions, MD*
- 1:45 PM CMC OA with Case Example - LRTI - *Michael Bednar, MD*
- 2:00 PM CMC OA with Case Example - HAD with Suture Button - *Alfred V. Hess, MD*
- 2:15 PM Chronic Retraction RCT/No OA - Superior Capsular Reconstruction -
Michael Garcia, MD
- 2:30 PM Chronic Retraction RCT/No OA - Reverse Shoulder Arthroplasty -
Yanni Pappou, MD
- 2:45 PM Dupuytren Contracture - Xiaflex - *Philip Blazar, MD*
- 3:00 PM Dupuytren Contracture - Surgery - *Barry P. Simmons, MD*
- 3:15 PM Panel Discussion & Questions - *Faculty*
- 3:35 PM Course Adjourns**

[FRONTIERS] IN UPPER EXTREMITY SURGERY

NOVEMBER 3-4, 2017 - EMBASSY SUITES & FIVE LABS, TAMPA, FL



PROVIDED BY



fore
FOUNDATION FOR ORTHOPAEDIC
RESEARCH AND EDUCATION



fore
FOUNDATION FOR ORTHOPAEDIC
RESEARCH AND EDUCATION

Foundation for Orthopaedic Research and Education
4115 W. Spruce Street • Tampa, FL 33607

NON-PROFIT ORG
U.S. POSTAGE
PAID
TAMPA, FL
PERMIT NO. 3265

Get social with us!



/foreonline



@FOREonline

#UpperExSurgery