



BREATHE & THRIVE



2025 Symposium

Clearwater Beach ★ January 31 - February 2, 2025

Meet our 34 distinguished speakers. See our detailed schedule and topics inside.





BREATHE & THRIVE

CONNECT, LEARN, AND THRIVE IN CLEARWATER BEACH

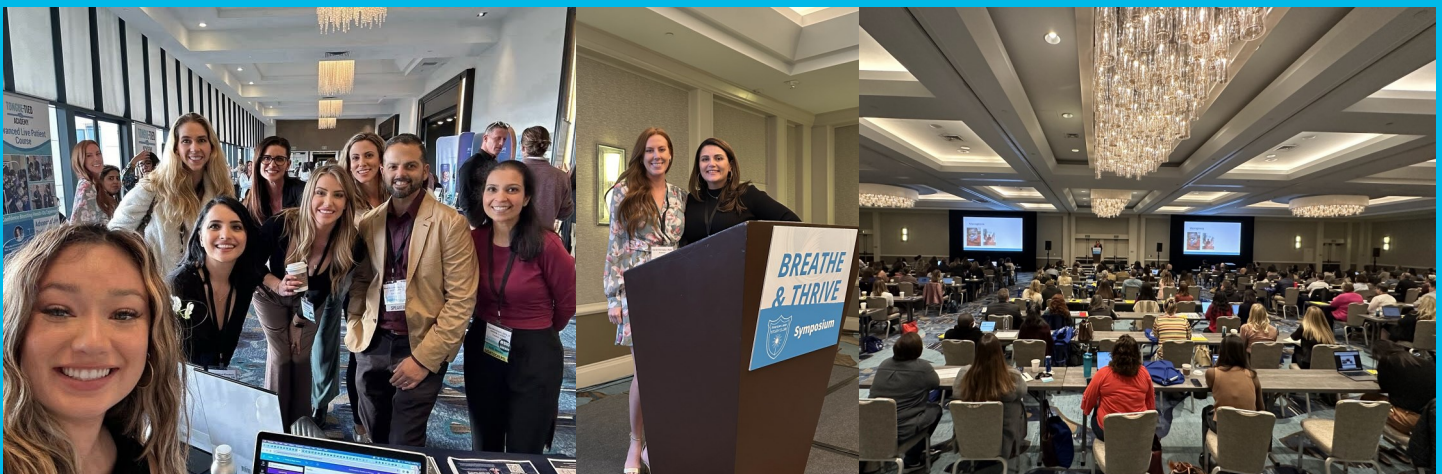
Join us from January 31 to February 2 in Clearwater Beach, FL, for the 2025 Breathe and Thrive Symposium. This event offers an exceptional opportunity to expand your knowledge in airways, Tethered Oral Tissues (TOTS), laser surgery, frenectomy and frenuloplasty techniques, and multidisciplinary team building. With a rich program featuring multidisciplinary lectures and hands-on laser sessions, you'll learn from leading experts and network with fellow clinicians focused on airway and tongue-tie care.

HANDS-ON LASER LABS

Take part in our hands-on laser labs, where you can try soft tissue CO₂ surgical lasers firsthand and simulate a variety of procedures on tissue samples—at no additional cost for symposium attendees. Engage in frenectomy simulations on pig-jaw cadavers, practice incisional, excisional, ablative, and coagulative applications, and master incision and coagulation depth control. You'll also explore non-ablative oral tissue laser remodeling and learn about presets and considerations for different tissue types. Non-doctors are welcome to attend the wet labs as observers.

LOCATION AND VENUE

Experience the symposium at the Wyndham Grand Clearwater Beach, a picturesque beachfront venue offering warm hospitality and an inviting atmosphere on the Gulf shore. This AAA 4 Diamond hotel provides luxurious accommodations and stunning ocean views, ensuring a perfect blend of education and relaxation in one of Florida's most beautiful coastal destinations.



**Information, terms, and conditions in this communication are subject to change without prior notice.
Refunds after June 30, 2024, will incur a 20% processing fee. No refunds after January 17, 2025. Registration ends on January 24, 2025.*

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2025 Symposium Schedule - Day 1

Thursday, January 30, 2025 - 5:00 pm - 7:00 pm - Early Check-In/Registration Available

Friday, January 31, 2025

7:00 am - 8:00 am - Check-In/Registration

8:00 am - 8:05 am - Opening Ceremony

	8:05 am - 9:25 am - Keynote Address Bobby Ghaferi, MD <i>Do No Harm and Tell No Lies: Using Evidence-Based Medicine to Optimize Patient Safety and Promote Mainstream Medical Community Acceptance.</i>
	9:30 am - 10:40 am - Keynote Address Piya Trehan Gandhi, DDS <i>Looking at the Bigger Picture: Using the Function First Model to Treat Pediatric Airway Disorders</i>
	10:45 am - 11:45 pm - Keynote Address Andrew Cohen, DMD <i>My Sleep Disorder: Taking My 10-Year Journey to Your Patients.</i>
	11:45 am - 12:00 pm 2025 Kumar Patel Prize in Laser Surgery Award Ceremony

12:00 pm - 1:00 pm - Lunch

Breakout Session I	Breakout Session II	Hands-On Laser Labs
 1:00 pm - 1:45 pm Peter Vitruk, PhD, MInstP, CPhys <i>Non-Ablative and Ablative CO₂ Laser Applications and Introduction to the Hands-On Laser Wet Labs.</i>	 1:00 pm - 1:45 pm Robyn Merkel-Walsh, MA, CCC-SLP, COM® <i>The Impact of TOTs on the 4 MYO Domains.</i>	X
 1:45 pm - 2:30 pm Leyli Norouz-Knutsen (speaker); Soroush Zaghi, MD (principal author); Chad Knutsen (co-author); Lesley Kupiec, RDH, MS (co-author). <i>New Perspectives on Posterior Tongue-Tie: Anatomical Clarity, Diagnostic Precision, and Standardized Terminology.</i>	 1:45 pm - 2:30 pm Melissa Mugno, OMT; Sarah Hornsby, RDH. <i>Passion, Drive, and Partnership: Navigating Business Development in Airway Health and Entrepreneurship.</i>	Hands-On Lab 1:45 pm - 2:30 pm 12 seats
 2:30 pm - 3:15 pm Jenna Katz Schwibner, DMD, FAGD <i>Creating Urgency for Airway-Centric Dental Care.</i>	 2:30 pm - 3:15 pm Alayna Pagnani-Gendron, DC, CACCP <i>Chiropractic Collaborative Approach to Tethered Oral Tissues and Airway Dysfunction.</i>	Hands-On Lab 2:30 pm - 3:15 pm 12 seats

3:15 pm - 3:20 pm - Coffee Break

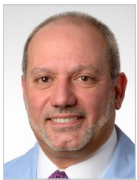
Breakout Session I	Breakout Session II	Hands-On Laser Labs
 3:20 pm - 4:05 pm Hal Stewart, DDS, FACD, Dip ASBA <i>The Use of Lasers in Epigenetic Growth Appliance Therapy.</i>	 3:20 pm - 4:05 pm Jodi Walker, MA, CCC-SLP, COM® <i>Functional Effects of Tethered Oral Tissues Across the Life Span: When and Why to Release.</i>	Hands-On Lab 3:20 pm - 4:05 pm 12 seats
 4:05 pm - 4:50 pm Eric Armanan, DDS <i>Foundations for Successful Functional Frenuloplasty in the Child and Adolescent Population.</i>	 4:05 pm - 4:50 pm Toni-Ann Antoniato, MS, CCC-SLP, CLC; Janine Stiene, MA, CCC-SLP, TSSLD <i>Mid-Tongue Restriction - Myofunctional Assessment and Recommendations.</i>	Hands-On Lab 4:05 pm - 4:50 pm 12 seats
 4:50 pm - 5:35 pm Kelvin A. W. Hill, PhD, DDS (speaker); Mona Abdelrehim, BDS, MSc, PhD, MSc (DPH), FRCD(C) (co-author); Barbara Brown, RDH, COM® (co-author). <i>A Simple Cut, Profound Relief: The Broad Benefits of Adult Frenulum Release: A Case Study.</i>	 4:50 pm - 5:35 pm Patricia Berg, IBCLC, CST-D <i>The Benefits of Craniosacral Therapy for the Person with Ankyloglossia.</i>	Hands-On Lab 4:50 pm - 5:35 pm 12 seats



5:35 pm - 7:30 pm - Cocktail Reception

Day 2

Saturday, February 1, 2025

		8:00 am - 12:00 pm - Keynote Special Session <i>We've Come Too Far to Go Backwards. Pediatric Sleep Disordered Breathing Collaboration for Optimal Treatment Outcomes</i> Milton Geivelis, DDS, MS <i>Introduction to Our Team and Program</i> Darius A. Loghmanee, MD; Pediatric Sleep Specialist <i>Interdisciplinary Collaborative Care in Pediatric Sleep Disordered Breathing</i> Jodi Walker, MA, CCC-SLP, COM® <i>Orofacial Myofunctional Therapy</i> Milton Geivelis, DDS, MSc <i>Team Collaboration and Surgical Treatment of Tethered Oral Tissues</i> Kevin L. Boyd, DDS, MS; Pediatric Dentist <i>Orthodontic Treatment at The Earliest Possible Time</i> Valerie Cote, MD <i>Comprehensive Management of the Pediatric Aerodigestive Tract - Partnering with Your Local Pediatric ENT</i> <i>Panel Discussion Moderated by Milton Geivelis, DDS, MS</i>
		
		

12:00 pm - 1:00 pm - Lunch

Breakout Session I	Breakout Session II	Hands-On Laser Labs
 1:00 pm - 1:45 pm Robert Levine, DDS <i>10,600-nm CO₂ Laser to Support All of Your Restorative Needs.</i>	 1:00 pm - 1:45 pm Elizabeth R. Dy, DMD <i>Building an Airway-Centric Practice – How to Reduce or Eliminate Your Restorative Load.</i>	Hands-On Lab 1:00 pm - 1:45 pm <i>12 seats</i>
 1:45 pm - 2:30 pm Jennifer A. White, DDS <i>Maximizing the Use of Laser in a General Dentist Office.</i>	  1:45 pm - 2:30 pm Justin Roche, MB ChB, FRCPCB, FRCPI, IBCLC; and Kate Roche, BSc Physiotherapy, MISCP, IBCLC <i>The Tongue Tie Spectrum.</i>	Hands-On Lab 1:45 pm - 2:30 pm <i>12 seats</i>
 2:30 pm - 3:15 pm Martin A. Kaplan, DMD <i>It Is Not Just the Frenum: How to Think Outside of the Frenum Box to Get your Best Results.</i>	 2:30 pm - 3:15 pm Cara Riek, DNP, RN, FNP-BC, IBCLC, FAANP <i>Improving Outcomes with Release: A Discussion of Reattachment and Root Cause of Unexpected Outcomes.</i>	Hands-On Lab 2:30 pm - 3:15 pm <i>12 seats</i>

3:15 pm - 3:20 pm - Coffee Break

Breakout Session I	Breakout Session II	Hands-On Laser Labs
 3:20 pm - 4:05 pm Gerardo Martinez, DMD (speaker); Nancy Hastings, RN, IBCLC (co-author); Ashley Johnson, BSDH, RDH, OMFT (co-author) <i>Ties & Time: A Compilation of Cases from 0-70 Years Old.</i>	 3:20 pm - 4:05 pm Suraj Vatish, DDS, M Imp Dent RCS(Ed) <i>Serrapeptase – Friend or Foe?</i>	Hands-On Lab 3:20 pm - 4:05 pm <i>12 seats</i>
 4:05 pm - 4:50 pm Raymond J. Tseng, DDS, PhD <i>Evidence-based advances in ankyloglossia management: New data and insights from an integrative tongue tie center. - Part 1</i>	 4:05 pm - 4:50 pm Maribel Santos-Cordero, DMD <i>Form Follows Function in Children's Orofacial Growth.</i>	Hands-On Lab 4:05 pm - 4:50 pm <i>12 seats</i>
 4:50 pm - 5:35 pm Raymond J. Tseng, DDS, PhD <i>Evidence-based advances in ankyloglossia management: New data and insights from an integrative tongue tie center. - Part 2</i>	 4:50 pm - 5:35 pm Rachel Best, MS, CCC-SLP, COM® (speaker); Jamie Smith, OTR/L, BCP, CLSP (co-author) <i>Optimal Timing of Release: What Does the Data Tell Us?</i>	Hands-On Lab 4:50 pm - 5:35 pm <i>12 seats</i>



5:35 pm - 6:05 pm - All Sessions Panel Discussion

Day 3

Sunday, February 2, 2025



9:00 am - 12:00 pm - Keynote Address

Richard Baxter, DMD

Advancing Tongue-Tie Treatment: Protocols, Case Studies, and Clinical Insights

This in-depth lecture will guide attendees through the latest innovations in tongue-tie treatment, from cutting-edge research findings to new clinical protocols. Participants will learn about the latest best practices for managing complex cases and how to integrate new techniques into their practices. Case studies will demonstrate the real-world application of these protocols, with a particular focus on improving patient outcomes in infants, children, and adults. Attendees will also receive updates from our recent continuing education courses, ensuring they stay ahead of the curve in this evolving field. The session will conclude with a Q&A period to foster deeper discussions on implementation and challenges.

11:55 pm - 12:00 pm

Symposium Closing Ceremony

12:00 pm - Adjourn

For Speaker Biographies and Presentation Abstracts Visit breatheandthrive.org

Hands-On Laser Wet Labs

HANDS-ON LASER PARTICIPATION WORKSHOPS**

This is a great opportunity for clinicians to experience soft-tissue surgical lasers firsthand by simulating various soft tissue procedures on pig jaw tissue samples. There is no additional cost for Symposium attendees to participate in the wet lab. Non-doctors may attend the wet lab as observers only. CE credit will be provided.

There will be eleven 45-minute lab sessions available throughout the Symposium. Please see the schedule for available time slots. It is recommended that wet lab attendees take the preliminary quiz found at alsc.club/labquiz.

**Please note: This is the confirmed list of speakers, but it may be adjusted by adding or substituting speakers.*

***Workshop attendees are required to be registered for the Symposium. Limit of one wet lab per attendee. Non-doctors may attend as observers only, not as participants.*





Breathe & Thrive 2025 ALSC Symposium January 31 - February 2, 2025

VENUE

Wyndham Grand Clearwater Beach
100 Coronado Dr.
Clearwater Beach, FL 33767
(See Photos on the Left)

NOT AN ALSC MEMBER? JOIN TODAY! Visit alsc.club/join and save \$100!

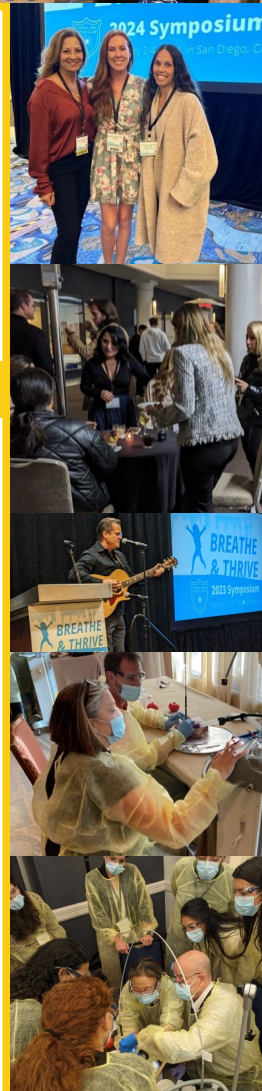
REGISTRATION RATES

Registration Date	Doctor Member/Non-Member	Non-Doctor Member/Non-Member
Ends October 31, 2024	\$1,895 / \$1,995	\$895 / \$995
Ends December 31, 2024	\$2,195 / \$2,295	\$995 / \$1,095
Starting January 1, 2025	\$2,495 / \$2,595	\$1,195 / \$1,295

[Register Now!](https://alsc.club/join)

LEARN MORE at BreatheAndThrive.org

Need Any Assistance? Call (888) 206-2710 or Email ALSC@AmericanLaserStudyClub.org



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