

SYMPOSIUM PROGRAM

- 44 Contact/CE hours plus additional participant benefit of 9.0 enduring materials hours

National NURSE PRACTITIONER Symposium

*Excellence in Continuing Education
and Professional Development*



**MOUNTAINS OF OPPORTUNITY: EDUCATE,
COMMUNICATE, MOTIVATE**

July 18-21, 2019

(pre-symposium day July 17)

(Rocky Mountain Retreat July 16-17)

**KEYSTONE CONFERENCE CENTER
KEYSTONE, COLORADO**

This educational activity has been a Joint
Collaboration between Dannemiller and National
Nurse Practitioner Symposium

*“Very informative symposium
as always. Great speakers and
great topics. Beautiful location! I’m
planning to attend next year again!”*

– 2018 NNPS attendee

*“This was my first National Nurse Practitioner
Symposium and I was very impressed at the quality
speakers and subject matter that was presented.
It was all very well organized. Can’t wait to
return next year!”*

– 2018 NNPS attendee

800-996-3233 • www.npsymposium.com • info@npsymposium.com

Dear Colleagues:

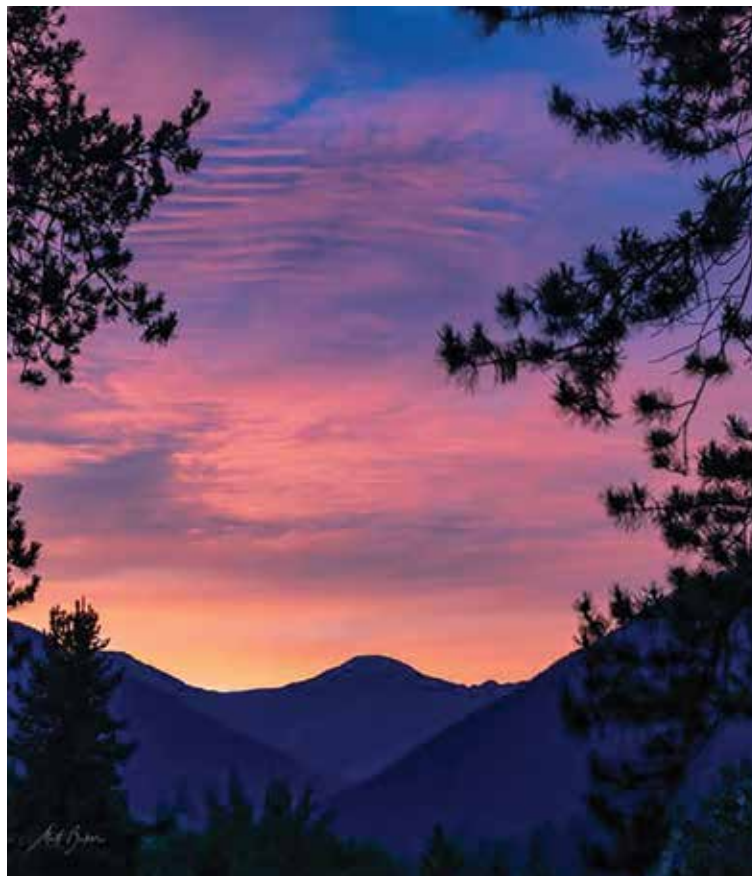
Thank you for considering the 2019 National Nurse Practitioner Symposium (NNPS) to enrich your professional education. We understand there are many opportunities available to you and take great pride in offering what we believe to be the most comprehensive, high-quality, economical, and accredited program available to Advanced Practice Clinicians anywhere in the country. The NNPS is a unique opportunity to interact with peers from across the country, while enhancing your professional growth, all within the magnificent setting of the Rocky Mountains of Colorado.

The NNPS offers a vast range of content suitable for Nurse Practitioners, Nurse Midwives and Physician Assistants in acute and primary care roles. We are pleased to be able to offer over 40 contact/CE hours through ACCME, ANCC and AANP, with acceptance of pertinent content by ACNM, AAPA and NAPNAP. NNPS content consists of topics in adult, dermatology, geriatric, women's health, pediatrics and acute care, as well as workshops and sessions to enhance professional development. Due to its inaugural year popularity, we will be repeating the Rocky Mountain Retreat, a self-care retreat to reflect, regroup and re-charge. Led by Certified Nurse Practitioner and Wellness Coach, Eileen O'Grady, the Rocky Mountain Retreat quickly became a crowd favorite. We are also pleased to offer you the opportunity to participate in satellite symposia, which consist of programs planned and conducted by the corporate community in conjunction with NNPS.

It is with great pleasure that we are able to present Ruth Kleinpell, PhD, RN, FAAN, FAANP, FCCM, as the 2019 Keynote speaker, discussing career opportunities for Advanced Practice Clinicians practice and assisting participants in evaluating options for the next steps in their professional endeavors. The ever-popular Ethics Forum will take a look at social determinants of health. The Legislative Update will elaborate on nurse practitioner advocacy.

Poster presentations offer an opportunity to learn about research projects and innovative programs. The exhibit hall will be available during dedicated hours to provide you with the opportunity to network with representatives from the healthcare industry, professional organizations, government agencies, colleges, and schools. Learn about new products, services, clinical findings, research findings, and opportunities for Advanced Practice Clinicians. Plan to attend the Awards Ceremony to recognize and honor your peers and their profession.

We strive to offer you an enjoyable and rewarding continuing education and professional development experience. We hope you will join us in Keystone.



The Program Committee, National Nurse Practitioner Symposium

Linda Alvers, RN, MSN
Dannemiller

Mary Anne Egelston, BSN, MSN, WHCNP,
NCMP
Kaiser Permanente

Loretta C. Ford, RN, EdD, PNP, FAAN, FAANP
(Honorary Committee Member)
Private Consultant

Jennifer Hodge
Dannemiller

Ellen Lemberg, RN, MSN, WHNP
(Emeritus Committee Member)
Private Consultant

Kathy Magdic, DNP, ACNP-BC, FAANP
University of Pittsburgh School of Nursing

Shirley Becton McKenzie, PPCNP-BC, AE-C
U.S. Army

Nancy Munro, RN, MN, CCRN, ACNP-BC,
FAANP

Shirley M. Pfister, RN, MS, ANP/GNP
Denver VA Medical Center

Conrad Rios, FNP-BC, PA, MS
California State University Department of
Nursing

Nancy Rudner, DrPH, MPH, MSN, FNP
George Washington University School of
Nursing

Jefferson Spicher DNP, FNP-C
University of Colorado Colorado Springs
Helen and Arthur E. Johnson Beth-El College
of Nursing & Health Sciences

Laura A. Thomas, DNP, WHNP-BC
Kaiser Permanente

Peggy Vernon, RN, MA, C-PNP, DCNP, FAANP
Crescent Skin Care

Deborah Vincent, PhD, FAANP
Nurse Consultant Associates

Mary Wagner, RN, MSN, ANP
(Emeritus Committee Member)
Private Consultant

Cheryl A. Walker, MSN, MSBA, APRN
Humanitas, Inc.

DAILY SYMPOSIUM SCHEDULE

TUESDAY, JULY 16 & ONGOING

Play for Free — Play for Free at Keystone is valid for reservations of 2 nights or more booked through Keystone Resort Property Management (KRPM). All activities are subject to availability, weather, restrictions and change. Play for FREE Activities include:

- Free 9 holes of golf after 4 pm on day of arrival
(no advance reservations; call on arrival day to check availability)
- Free cookies at check-in
- Free yoga or fitness class
- Free guided hike
- Free 1 hour tennis court rental
- Free scenic lift ticket for kids 12 and under

TUESDAY, JULY 16 • ROCKY MOUNTAIN RETREAT

8:00 am – 8:30 am	Rocky Mountain Retreat Registration
8:30 am	Shuttle Departure from Keystone Conference Center to Keystone Ranch
9:00 am – 4:30 pm	Rocky Mountain Retreat <i>(optional)</i>
4:30 pm	Shuttle Departure from Keystone Ranch to Keystone Conference Center

WEDNESDAY, JULY 17 • PRE-SYMPOSIUM DAY & ROCKY MOUNTAIN RETREAT

8:00 am – 7:00 pm	Symposium Registration
8:30 am – 12:15 pm	Rocky Mountain Retreat <i>(required if attended Tuesday's Rocky Mountain Retreat)</i>
10:30 am – 12:00 pm	Pre-Symposium CE Session <i>(optional)</i>
12:00 pm – 1:30 pm	Lunch on Your Own
1:30 pm – 3:30 pm	Pre-Symposium CE Sessions <i>(optional)</i>
3:45 pm – 4:45 pm	Pre-Symposium CE Sessions <i>(optional)</i>
5:00 pm – 6:00 pm	Pre-Symposium CE Sessions <i>(optional)</i>
6:15 pm – 7:45 pm	Pre-Symposium CE Dinner Session <i>(optional)</i>

THURSDAY, JULY 18 • DAY 1

7:00 am – 7:00 pm	Symposium Registration
7:30 am – 8:00 am	Continental Breakfast <i>(complimentary)</i>
8:00 am – 9:30 am	Educational Sessions
9:00 am – 6:00 pm	NNPS Store
9:30 am – 10:00 am	Beverage Break <i>(complimentary)</i>
10:00 am – 11:15 am	Keynote Address & Awards Ceremony
11:30 am – 1:00 pm	Luncheon Sessions <i>(optional – non-certified)</i>
12:00 pm – 6:30 pm	Book Displays & Sales
1:30 pm – 3:00 pm	Educational Sessions
3:00 pm – 3:30 pm	Beverage Break <i>(complimentary)</i>
3:30 pm – 5:00 pm	Educational Sessions
5:00 pm – 6:30 pm	Opening of Exhibits/Reception <i>(complimentary buffet)</i>

FRIDAY, JULY 19 • DAY 2

7:00 am – 7:00 pm	Symposium Registration
7:00 am – 7:00 pm	Posters on Display
7:15 am – 7:45 am	"Walk & Talk" Around the Lake <i>(optional – non-certified)</i>
7:30 am – 8:00 am	Continental Breakfast <i>(complimentary)</i>
8:00 am – 9:30 am	Educational Sessions
9:00 am – 6:00 pm	NNPS Store
9:00 am – 4:00 pm	Book Displays & Sales
9:00 am – 1:00 pm	Exhibits Open
9:30 am – 10:00 am	Beverage Break <i>(complimentary)</i>
10:00 am – 11:30 am	Educational Sessions
11:30 am – 1:00 pm	Bag Lunch Served in Exhibit Hall <i>(complimentary)</i>
12:15 pm – 1:45 pm	Ethics Forum <i>(optional)</i>
2:00 pm – 3:00 pm	Educational Session
3:00 pm – 3:15 pm	Beverage & Snack Break <i>(complimentary)</i>
3:15 pm – 6:15 pm	Workshops <i>(optional)</i>
3:15 pm – 4:45 pm	Educational Session
4:45 pm – 5:15 pm	Authors Present Posters <i>(complimentary beverages)</i>
5:30 pm – 6:15 pm	Educational Sessions
6:30 pm – 8:00 pm	Dinner Session <i>(optional)</i>

SATURDAY, JULY 20 • DAY 3

7:00 am – 5:00 pm	Symposium Registration
7:00 am – 5:00 pm	Posters on Display
7:30 am – 8:45 am	Breakfast Session <i>(optional – non-certified)</i>
7:30 am – 10:30 am	Workshops <i>(optional)</i>
9:00 am – 6:00 pm	NNPS Store
9:00 am – 12:00 pm	Exhibits Open / Book Displays & Sales
9:00 am – 10:30 am	Educational Sessions
10:30 am – 12:00 pm	Brunch Served in Exhibit Hall <i>(complimentary)</i>
12:00 pm – 1:00 pm	Educational Sessions
1:00 pm – 1:30 pm	Authors Present Posters <i>(complimentary beverages)</i>
1:30 pm – 3:00 pm	Educational Sessions
3:00 pm – 3:30 pm	Authors Present Posters <i>(complimentary beverages)</i>
3:30 pm – 5:00 pm	Educational Sessions
6:00 pm+	Twilight's Highlights <i>(free time to explore the area)</i>

SUNDAY, JULY 21 • DAY 4

7:00 am – 12:00 pm	Symposium Registration
7:00 am – 10:00 am	Posters on Display
7:00 am – 7:30 am	Home "Stretch" <i>(optional – non-certified)</i>
7:30 am – 8:00 am	Authors Present Posters <i>(complimentary continental breakfast)</i>
8:00 am – 9:30 am	Educational Sessions
9:00 am – 1:00 pm	NNPS Store
9:30 am – 9:45 am	Beverage Break <i>(complimentary)</i>
9:45 am – 2:30 pm	Educational Seminar
9:45 am – 10:45 am	Educational Sessions

CONTACT/CE HOUR CREDIT INFORMATION

A maximum of **44.0** contact/CE hours can be earned by attending the standard AND optional sessions. Final contact hours to be awarded are determined based on final schedule and sessions attended. These hours will be reflected on your individualized certificate, which is available online after completion of evaluations for all sessions attended. One contact/CE hour is equivalent to 60 minutes of educational instruction.

Educational sessions designated with Rx contain pharmacology content. A maximum of **19.50** contact/CE hours can be earned in sessions with pharmacology content by attending the applicable standard AND optional sessions.



Standard Session Contact/CE Hours:

- Thursday: 5.5 hours for Educational Sessions A*, KN (Keynote), B, C *ANCC provided by Nurse Practitioner Healthcare Foundation for A1
- Friday: 6.25 hours for Educational Sessions D, E, F, G, H and .5 hour for Poster Session for a total of 6.75 hours
- Saturday: 5.5 hours for Educational Sessions L, M, N, O and .5 hour for each Poster Session for a total of 6.5 hours
- Sunday: 2.5 hours for Educational Sessions P, Q, 4.0 hours for Educational Seminar R and .5 hour for Poster Session for a maximum total of 6.0 hours

Optional Contact/CE Hours:

- Tuesday / Wednesday: 9.5 hours for Rocky Mountain Retreat Pre 1 (attendance required both days)
- Wednesday: 1.5 hours for Pre-Symposium Session Pre 2, 2.0 hours for Pre-Symposium Session Pre 3* or Pre 4, 1.0 hour for Pre-Symposium Session Pre 5 or Pre 6, 1.0 hour for Pre-Symposium Session Pre 7 or Pre 8 and 1.5 hours for Pre-Symposium Dinner Session Pre 9 *ANCC provided by Nurse Practitioner Healthcare Foundation for Pre 3
- Friday: 1.5 hours for EF (Ethics Forum), 2.5 hours for Workshops, and 1.5 hours for Dinner Session J
- Saturday: 2.5 hours for Workshops

ADDITIONAL PARTICIPANT BENEFIT – Optional Enduring Materials Contact/CE Hours:

Up to **9.0** contact/CE hours will be offered online post-symposium, complimentary to all registrants. Enduring Materials contact/CE hours are in addition to the **44.0** contact/CE hours offered by attending the standard AND optional sessions in person. Registrants will be notified after the symposium, when online access to Enduring Materials is available. A separate CE Certificate of Completion will be issued for the Enduring Materials portion of contact/CE hours.

CONTINUING EDUCATION CERTIFICATES

Participants must complete an electronic overall symposium evaluation (one time only) and individual session evaluations (for each session attended) in order to receive your certificate. Evaluations will be available online following the conclusion of each session and until August 15, 2019. You may print your certificate on-site using the Symposium-provided print station, or at a later point in time in the convenience of your home or workplace. *ANCC, AANP or AMA PRA Category 1 Credit(s)™* certificates will be issued depending upon your profession requirements. Once a certificate has been issued, it can be reprinted for a period of up to 5 years.

NURSE PRACTITIONER CONTINUING EDUCATION

Accreditation Statements



In support of improving patient care, this activity has been planned and implemented by Dannemiller and National Nurse Practitioner Symposium. Dannemiller is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

AANP Credit



This activity has been planned and implemented in accordance with the accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of Dannemiller and National Nurse Practitioner Symposium. Provider number: 090419. This program is accredited for **44.0** contact hour(s) which includes **19.50** hours of pharmacology.

ANCC Credit



Accreditation Statement (*Session Pre 3 and A1 only*):

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Credit Designation (*Session Pre 3 only*): **2.0** contact hours may be earned for successful completion of this activity. Credit Designation (*Session A1 only*): **1.5** contact hours may be earned for successful completion of this activity. Dannemiller designates this educational activity for **40.5** contact hours.

ACCME Credit

Dannemiller designates this live activity for a maximum of **44.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACNM CE Credit

AMA PRA Category 1 Credits™ are accepted by the Continuing Competency Assessment Program of the American College of Nurse-Midwives for programs relevant to nurse midwifery. Nurse Midwives should only claim credit commensurate with the extent of their participation in the activity. Final contact hours to be awarded are determined based on final schedule and sessions attended.



AAPA CE Credit

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by ACCME.



NAPNAP Credit

This program has been approved by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP contact/CE hours. A listing of NAPNAP approved sessions with Pediatric relevant content will be provided at the symposium information desk on-site.



NURSE PRACTITIONER WELLNESS: A ROCKY MOUNTAIN SELF-CARE RETREAT TO REFLECT, REGROUP AND RE-CHARGE July 16–17, 2019 • Keystone Ranch & Keystone Conference Center

Optional, Limited Enrollment, Pre-registration required and a fee of \$275

WHO: Nurse Practitioners by nature are very giving people, but are you giving so much that you have little left when it comes time to take care of yourself? Are you looking for ways to confront a lifestyle or job that is not serving you? Do you need to learn when and how to say no, step out of the state of being overwhelmed and not feel guilty about it?

If you answered yes to any of these questions, then this retreat is for you!

WHAT: This day and a half retreat that will teach you to:

- gather motivation and set goals to make permanent lifestyle changes
- build on your core strengths
- interrupt the patterns that add stress to your life
- set boundaries and create your own personal policies
- master habit formation
- learn the art of self-care
- and so much more!

WHY: You and your patients are best served when you also take the time to do what's right for you. This retreat will help you reflect, regroup, take charge of this critical component and create the kind of life and work you deserve! We are all in the business of health: promoting it, helping others find it, teaching it and showing it. This retreat will help you master the art of self-care without feeling selfish, because you can't give away what you don't have.

This retreat will keep you in compliance with the ANA Code of Ethics, Provision 5, which states: The nurse owes the same duties to self as to others, including: • responsibility to promote health and safety • preserve wholeness of character and integrity • maintain competence, and; • continue personal and professional growth.

The purpose of the retreat is to singularly focus on the personal and professional growth in caring for the self, which will allow each attendee to build a plan that reflects their most important values. Each person will leave with a sense of duty to make their own health, wellness and wholeness, not only possible, but a priority.

WHERE: Tuesday's program will take place at Keystone Ranch, an original 1930's Ranch homestead of rustic elegance, overlooking Keystone Ranch Golf Course, with spectacular views of Swan Mountain and the Ten Mile Range. Wednesday's program will take place at the Keystone Conference Center, a state-of-the-art facility nestled in a mountain valley in central Colorado's high country, with the magnificent Rocky Mountains serving as the surrounding backdrop.

It is approximately 3.6 miles from the Keystone Conference Center to Keystone Ranch. A complimentary symposium shuttle will transport you between Keystone Conference Center and Keystone Ranch (see agenda), however you are welcome to drive yourself if you would like to take a scenic ride at your leisure, before or after Tuesday's program.

RETREAT LEADER: Eileen O'Grady PhD, RN, NP

Dr. Eileen O'Grady is certified Nurse Practitioner and Wellness Coach who uses an evidence-based approach to practice extreme self-care to reverse or entirely prevent disease. She is an expert on intentional change in humans—with an emphasis on the importance of identifying and getting unstuck from lifestyles that do not support wellness.

She operates the School of Wellness near Washington, D.C. and has been featured on NPR's Talk of The Nation as an expert on battling obesity and empowering patients to make permanent lifestyle changes. Her newest book, *Advanced Practice Nursing: An Integrative Approach*, 6th edition, was published in January 2018.

RETREAT FACULTY: Eva Schmidt, APRN, FNP-BC, NBC-HWC

Eva Schmidt is a certified Family Nurse Practitioner and nationally certified Health and Wellness Coach. She incorporates evidence-based coaching skills in her 12 years as a primary care provider. She has helped many patients successfully reduce chronic disease risk or to reverse their symptoms. As the former co-owner of a large family practice, she became passionate about including health coaching to reduce risk and greatly mitigate the burden of chronic disease.

In addition to working The School of Wellness, she is acting as Clinical Director and Provider in an employer-sponsored wellness center in Eugene, Oregon, where she provides health coaching imbedded with primary care services. She is certified through the International Consortium for Health and Wellness Coaching.

ACCREDITATION: 9.5 contact/CE hours will be awarded to those that attend the entire retreat (partial credit is not available) and complete the required evaluations. Certificates will be offered by ACCME, ANCC and AANP, with acceptance of pertinent content by ACNM, AAPA and NAPNAP.

www.npsymposium.com

AGENDA: Tuesday, July 16

8:00 am – 8:30 am	Registration (located at Keystone Conference Center)
8:30 am	Shuttle Departure from Conference Center to Keystone Ranch
9:00 am – 10:30 am	How We Got Here
10:30 am – 10:45 am	Beverage Break (complimentary)
10:45 am – 12:00 pm	Extreme Self-Care
12:00 pm – 1:00 pm	Lunch (complimentary)
1:00 pm – 2:30 pm	How Adults Change
2:30 pm – 2:45 pm	Beverage Break (complimentary)
2:45 pm – 4:00 pm	Growing Wise
4:00 pm – 4:30 pm	Our Best Selves
4:30 pm	Shuttle from Keystone Ranch to Keystone Conference Center
Overnight	You will have a small overnight assignment

AGENDA: Wednesday, July 17

8:00 am – 8:30 am	Continental Breakfast (complimentary – located at Keystone Conference Center)
8:30 am – 10:30 am	Immunity to Change
10:30 am – 10:45 am	Beverage Break (complimentary)
10:45 am – 11:30 am	Owning Our Strengths
11:30 am – 12:15 pm	Making it Happen
12:15 pm	Adjourn





SYMPOSIUM DESCRIPTION

This multi-day Symposium provides a forum for discussing common matters related to the care of all age groups in a variety of healthcare settings. This year's Symposium will address current trends and issues confronting providers across the country.

THE OBJECTIVES OF THE SYMPOSIUM ARE TO:

- Measure self-reported knowledge gained on selected clinical topics in primary and acute care
- Identify current approaches to client care management which affect your patient population
- Reflect upon ideas and experiences gained from other professionals involved in the delivery of patient care, healthcare policy, entrepreneurial ventures, research activities, and the future of healthcare
- Evaluate possible changes to your current practice methods and barriers to achieving those changes



TUESDAY, JULY 16, 2019 • 9:00 am – 4:30 pm and WEDNESDAY JULY 17, 2019 • 8:00 am – 12:15 pm

Optional 9.5 Contact/CE Hours

Optional, Limited Enrollment, Pre-registration required and a fee of \$275

KEY

AC =

Acute Care

AG =

Adult/Geriatric

DM =

Dermatology

PED =

Pediatric

PD =

Professional Development

WH =

Women's Health

Tracks are identified by the speaker, for indication purposes only.

Pre 1

Rocky Mountain Retreat: Self Care for the Busy Nurse Practitioner 0% Rx

PD

Nurse Practitioners by nature are very giving people, but are you giving so much that you have little left when it comes time to take care of yourself? Learn how to master the art of self-care without feeling selfish, because you can't give away what you don't have. Are you looking for ways to confront a lifestyle or job that is not serving you? Do you need to learn when and how to say no, step out of the state of being overwhelmed and not feel guilty about it? Reflect, regroup, take charge of this critical component, and create the kind of life and work

you deserve! Focus on the personal and professional growth in caring for the self. Each attendee will build a plan that reflects their most important values, and leave with a sense of duty to make their own health, wellness and wholeness a priority.

Eileen O'Grady, PhD, RN, ANP-BC; Nurse Practitioner and Wellness Coach, Eileen O'Grady Wellness Coaching, LLC; McLean VA and Founder, The School of Wellness; McLean VA

Eva Schmidt, APRN, FNP-BC, NBC-HWC; Clinical Director and Family Nurse Practitioner and Health Coach, Marathon Health; Eugene OR and Certified Nurse Practitioner and Health and Wellness Coach, School of Wellness; McLean VA

WEDNESDAY, JULY 17, 2019 • PRE-SYMPOSIUM DAY

Optional Contact/CE Hours

Pre 2 1.5 • Pre 3 Or Pre 4 2.0 • Pre 5 Or Pre 6 1.0 • Pre 7 Or Pre 8 1.0 • Dinner Session Pre 9 1.5

Pre 2

10:30 am – 12:00 pm 1.5 Contact/CE Hours Derm Look-a-Likes 50% Rx

AG DM PED

Rashes and lesions are often confusing to diagnose and treat. Understand how to differentiate descriptions of conditions, such as tinea, atopic dermatitis, psoriasis, viral lesions, and bacterial lesions. Identification of appropriate lab evaluations and when to biopsy will be discussed, as well as treatments based on patient age and area of involvement.

Peggy Vernon, RN, MA, C-PNP, DCNP, FAANP; Owner/Dermatology Nurse Practitioner, Creekside Skin Care; Greenwood Village CO

Pre 3

1:30 pm – 3:30 2.0 Contact/CE Hours Pain Management and Opioids: Balancing Risks and Benefits 100% Rx

AG

This session addresses safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. Includes discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction and is fully compliant with the September 2018 FDA blueprint for opioid REMS education. This session meets many states' requirements for controlled substances CE. This session is presented by the Nurse Practitioner Healthcare Foundation (NPHF) and is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS Program Companies.

Wendy Wright, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP; Owner, Partners in Healthcare Education, LLC; Bedford NH and Owner and Family Nurse Practitioner, Wright & Associates Family Healthcare, PLLC; Amherst and Concord NH

Pre 4 1:30 pm – 3:30 2.0 Contact/CE Hours NP Value in a Changing Reimbursement World 0% Rx

PD

The Medicare Access and Chip Reauthorization Act (MACRA) calls for a foundational shift in Medicare reimbursement from a fee for service (quantity) based model toward one which incentives and rewards high quality, high value care. NPs are uniquely qualified to succeed in these models, without any sacrifice to the personalized care they deliver. However, they generally lack the knowledge and resources necessary to structure their practices to take advantage of these opportunities. Additionally, the most significant changes in the 20 years of evaluation and management are coming. Are you prepared? NPs may be at risk and need to understand the ramifications of health care fraud, be able to identify scenarios which could lead to jail, fines and loss of participation in government health care programs.

Lynn Rapsilber, DNP, APRN, ANP-BC, FAANP; Owner, NP Business Consultants, LLC; Torrington CT and Co-Founder, National Nurse Practitioner Entrepreneur Network, LLC; Elkins Park PA



Pre 5

3:45 pm – 4:45 pm 1.0 Contact/CE Hour
Immunizations Update Across the Lifespan 100% Rx

AG PED

Immunizations have been in existence since 1796. Currently in the United States there are vaccines for seventeen preventable diseases that are recommended for the general population. Review some of the history behind each vaccine, what disease the vaccine prevents and how many lives each vaccine has saved. Learn what to do when a patient declines a vaccine that is recommended for school admission.

Maria Kenneally, DNP, FNP-BC; Family Nurse Practitioner, Gilbert Center for Family Medicine; Gilbert AZ

Pre 6

3:45 pm – 4:45 pm 1.0 Contact/CE Hour
Understanding Results of Diagnostic Cardiovascular Testing
25% Rx

AC AG

Cardiovascular disease is the leading cause of death in the United States. There are multiple CV diagnostic tests available for screening and diagnosis. Which is the appropriate test for your patient? What do the results mean? When do you refer to a specialist? Should you be concerned over a report? We will look at several common CV diagnostic tests, how to interpret the results, and when to refer to a specialist.

Teresa B. Durden, MSN, RN, APRN-BC, ACNP; Acute Care Nurse Practitioner, Palmetto Heart - Palmetto Health USC Medical Group; Lexington SC

Pre 7

5:00 pm – 6:00 pm 1.0 Contact/CE Hour
It's Over the Counter So It Must Be Safe: The Other Overdose
Crisis 100% Rx

AC AG PED

Are these medicines lurking in your cabinet? Don't ignore the dangers of over-the-counter medications such as: acetaminophen (Tylenol), Benadryl, cough syrup (Dextromethorphan (DXM), ibuprofen, Imodium, and "natural" supplements. The idea of overdosing usually brings illicit drugs to mind, but that's not always the case. The danger of overdosing on over the counter (OTC) medicines is all too real — and it comes with the same deadly side effects as illicit drugs.

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN, CEN, CCRN; Nurse Practitioner, Toxicology Consultants of Arizona; Scottsdale AZ and Associate Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ

Pre 8 5:00 pm – 6:00 pm 1.0 Contact/CE Hour
Emerging and Re-emerging Infectious Diseases 25% Rx

AC AG PED

The National Institute of Allergy and Infectious Diseases report that "despite remarkable advances in medical research and treatments during the 20th century, infectious diseases remain among the leading causes of death worldwide." In 2007, the World Health Organization reported that the incidence of emerging infectious diseases was rising at an alarming rate; one in which had not been previously seen. Since 1970, approximately 40 infectious diseases have emerged. Nurse practitioners must be familiar with relevant emerging and re-emerging infectious diseases to be able to consider them in their differential diagnoses when appropriate. Hear how to compare and contrast the incidence, transmission, etiologic agent, signs and symptoms, diagnostic testing, treatment and prevention of current emerging and re-emerging infectious diseases.

Cathrin Carithers, DNP, RN, FNP; Assistant Dean and Clinical Associate Professor, College of Nursing, University of Nebraska Medical Center; Kearney NE

DINNER EDUCATIONAL SESSION**Pre 9**

6:15 pm - 7:45 pm

1.5 Contact/CE Hours

Optional, Limited Enrollment,

Pre-registration required and a fee of \$30

Pre 9

Food as Medicine: The Dash Prescription 0% Rx

AG

The Dietary Approaches to Stop Hypertension (DASH Diet) is an evidenced-based lifestyle approach to healthy eating designed to help prevent or reverse high blood pressure. The No. 1 rated diet by U.S. News & World Report, the DASH Diet focuses on using wholesome food as medicine, is easy to follow, and is nutritionally complete and sustainable. Research shows it not only achieves the goal to lower blood pressure, but other aspects of health improved as well, such as aiding in weight loss, controlling blood sugar in diabetes, and reducing cancer risk. Learn how to help your patients take charge of their blood pressure and develop personalized management strategies to support the use of the DASH Diet for those with food intolerances and cultural diversity.

This session is supported by Dairy MAX.

Cindy Kleckner, RDN, LD, FAND; Registered Dietitian Nutritionist, Cynthia L. Kleckner, LLC; McKinney TX and Associate Professor, Institute of Hospitality & Culinary Education, Collin College; McKinney TX



KEY**AC** =

Acute Care

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Adult/Geriatric

DM =

Dermatology

PED =

Pediatric

PD =

Professional Development

WH =

Women's Health

Tracks are identified by the speaker, for indication purposes only.

EDUCATIONAL SESSIONS A1 – A6**8:00 am – 9:30 am****1.5 Contact/CE Hours****A1****Pathways in Management: Osteoarthritis and Chronic Low Back Pain 25% Rx****AG**

Understand the pathophysiology of chronic pain, evidence-based pharmacologic and non-pharmacologic treatment options for osteoarthritis and chronic low back pain. Emerging treatment modalities to consider in managing these conditions will be discussed, as well as appropriate education tools and resources to support patients with Osteoarthritis and Chronic Low Back Pain.

This session is presented by the Nurse Practitioner Healthcare Foundation (NPHF) and is supported by an independent educational grant from Pfizer/Lilly.

Wendy Wright, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP; Owner, Partners in Healthcare Education, LLC; Bedford NH and Owner and Family Nurse Practitioner, Wright & Associates Family Healthcare, PLLC; Amherst and Concord NH

A2**Identification and Management of Treatment Resistant Hypertension (TRH) 50% Rx****AC AG**

Treatment resistant hypertension (TRH) is a common clinical problem faced by both primary care clinicians and specialists. While the exact prevalence of resistant hypertension is unknown, clinical trials suggest that it is not rare, involving perhaps 20% to 30% of study participants. With the aging population and increase in obesity, the incidence of resistant hypertension is increasing. With an increased risk for cardiovascular disease with resulting increased mortality and morbidity, it is imperative that clinicians are educated regarding the identification and management of this patient population. Hear the differences between pseudo, white coat, reverse and TRH. The latest hypertension guidelines and the complex management of these patients will be discussed.

Kristine Scordo, PhD, RN, ACNP-BC, FAANP; Director and Professor, Acute Care Nurse Practitioner Program, College of Nursing & Health, Wright State University – Miami Valley; Dayton OH and Acute Care Nurse Practitioner, Schuster and Associates Cardiology; Dayton OH

A3**Staying Current with Sexual Health in the Primary Care Clinic 50% Rx****AG WH**

Specialized care for specific groups including men, who have sex with men (MSM), and survivors of sexual assault can vary greatly from



typical sexual health concerns seen in the primary care clinic. Gain a better understanding of how to provide comprehensive and inclusive sexual healthcare. How to appropriately select testing and treat STIs in the MSM population will be discussed. Learn about Pre-Exposure Prophylaxis (PrEP), which patients are appropriate for PrEP, and access evidence-based guidelines to implement a PrEP program into the primary care setting. A discussion of how to utilize appropriate language and terminology when working with survivors of sexual assault will be included, as well how to empower survivors to make decisions in treatment while still utilizing best clinical practices.

Afton Williamson, DNP, FNP-BC, RN; Nurse Practitioner, Health and Counseling Center, University of Denver; Denver CO

Callie Johnson, RN, MSN, ANP-BC; Medical Practice Manager, Health and Counseling Center, University of Denver; Denver CO

A4**Managing Resistant Vaginitis 50% Rx****WH**

Hear management strategies for the three main causes of vaginitis, including chronic and recurrent vaginal infections. The accurate use of point of care tests to differentiate between the different causes of vaginitis will be discussed. Learn how to educate patients about self-care and hygiene practices that can exacerbate or cause vaginitis, and guide them through contraceptive choices that may improve chronic vaginitis.

Alison Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratele STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA and Assistant Director and Clinical Instructor, FNP Program, William F. Connell School of Nursing, Boston College; Chestnut Hill MA

A5**Congenital Disorders of the Newborn: Advanced Assessment Skills for Early Identification of Genomic Conditions 0% Rx**

AC PED

According to the CDC, congenital anomalies are the number one cause of mortality in infants under one year of age, accounting for 20% of all infant deaths. Birth defects affect one in 33 babies born in the U.S. each year. Of most critical relevance, the explosion of knowledge and technology in the field of genomics has dramatically changed the lens with which APRNs diagnose and manage medical conditions. Review advanced physical assessment skills and screenings available to identify common congenital anomalies with genomic implications.

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP; Associate Professor, College of Nursing and Health Sciences, Texas A&M University - Corpus Christi; Corpus Christi TX and Advanced Practice Registered Nurse, Pediatric Hospitalist Group, Pediatric Consultants PA, Clear Lake Regional Medical Center; Webster TX

A6**Catheter Ablation in Atrial Fibrillation 25% Rx**

AC

Atrial fibrillation (AF) is the most frequently occurring arrhythmia in clinical practice, affecting 2.2 million adults. Radiofrequency ablation is now becoming the most common technique for maintaining sinus rhythm and reducing symptoms in selected patients with AF. Hear a summary of the current indications and techniques for catheter ablation, potential complications, and the role of the NP during and after the procedure. Management of anticoagulation and antiarrhythmic agents during and after the procedure and appropriate discharge planning will also be discussed.

Joanne Thanavaro, DNP, AGACNP-BC, AGPCNP-BC, FAANP; Associate Dean of Graduate Education and Director of Advanced Practice, School of Nursing, Saint Louis University; St. Louis MO

AWARDS CEREMONY

&

KEYNOTE ADDRESS**10:00 am – 11:15 am****1.0 Contact/CE Hour****KN****Advancing Your Nurse Practitioner Career: What Is Your Next Step? 0% Rx**

PD

Opportunities for Nurse Practitioners are increasing exponentially. However, identifying the next step in one's career trajectory can be difficult. Review career opportunities for NP practice and evaluate options for next steps in professional endeavors. Strategies that can be used to evaluate one's NP career trajectory will be highlighted, along with options for professional NP practice and scholarship.

*Ruth Kleinpell, PhD, RN, FAAN, FAANP, FCCM serves as the Assistant Dean of Clinical Scholarship and the Independence Foundation Professor for Nursing Education at Vanderbilt University School of Nursing. She is also a Professor in the College of Nursing at Rush University, and practices at the Urgent Care Lincoln Park Clinic which is part of Rush University Medical Center. Dr. Kleinpell has written countless journal articles, book chapters and books, including *Measuring Outcomes in Advanced Practice Nursing* and *Outcome Assessment in Advanced Practice Nursing*, which is in its 4th edition. She served as President for the Society of Critical Care Medicine in 2017, and was the third nurse to be elected in the 46 year history of the organization. Dr. Kleinpell has also been elected twice to the role of President with the World Federation of Critical Care Nurses.*



SATELLITE SYMPOSIA LUNCHEON SESSIONS SS2 – SS4

11:30 am – 1:00 pm Non-Certified

*Optional, Limited Enrollment, Pre-registration required,
No Additional Fee. Please check website for updates on session topics.
Verification of clinician's practice and eligibility information
may be provided to sponsor for auditing purposes.*

SS2

Advancing Knowledge: The Essential Role of GLP-1 Resistance in T2D

This presentation focuses on the impact of GLP-1 resistance in the pathophysiology of type 2 diabetes (T2D). The role of endogenous GLP-1 in glucose homeostasis will be explored as well as the link between beta-cell dysfunction, major metabolic defects, and GLP-1 resistance in T2D. Recent consensus recommendations for patient assessment will also be examined, as expert opinion is shifting towards early risk evaluation and considering T2D complications.

Debbie Hinnen, APN, BC-ADM, CDE, FAAN, FAADE; Diabetes Educator, Memorial Hospital Diabetes Center, University of Colorado Health; Colorado Springs CO

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by Novo Nordisk.

SS3

HRT: Are You Ready for the Conversation?

Mandy Donovan Cotton, DNP, APRN, FNP-C; Family Nurse Practitioner, Institute for Hormonal Balance; Irving TX

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by BioTE Medical.

SS4

Omega-3s for a Healthy Heart, Brain, Eyes and Pregnancy: An Update on the Science?

Elana Natker, MS, RD; Director of Consumer and Healthcare Practitioner Communications, Global Organization for EPA and DHA Omega-3s (GOED); Salt Lake City UT

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by the Global Organization for EPA and DHA Omega-3s (GOED).

EDUCATIONAL SESSIONS B1 – B6

1:30 pm – 3:00 pm
1.5 Contact/CE Hours

B1

Living Large: An Update on Obesity 25% Rx

AG

More than one-third of U.S. adults (78.6 million) have obesity. Nurse practitioners are leaders in counseling and education, and play an integral role in helping patients to lose weight and improve their habits. Gain a better understanding of the multi-factorial disease of obesity,

along with tools for treatment, and how intensive behavioral therapy can be used in the primary care setting. .

Maria Walls, APRN, MSN, ANP-C, CDE; Adult Nurse Practitioner, Internal Medicine, BJC Medical Group; O'Fallon, MO

B2

To Benzo or Not to Benzo – That Is the Question 100% Rx

AG

For many nurse practitioners, particularly those in primary care, decisions about the possible use of benzodiazepines are ones that can create conflict, indecision, and even guilt. Benzodiazepines have long been known to be beneficial in the treatment of anxiety, as sedative/hypnotics, and as secondary or adjunctive medication treatment of a variety of mental health conditions. Nonetheless, possible side effects, addictive concerns, and even prohibition by certain healthcare agencies, has limited their use. Many practitioners may have been trained with a strong bias for or against the prescription of benzodiazepines that remains with them even today.

Christopher Doran, MD; Associate Clinical Professor, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO and Contracted Psychiatrist, Veteran's Evaluation Services; Denver CO

B3

Addiction in Primary Care: Treatment Strategies to Help Your Patients Break the Cycle 50% Rx

AG

Managing patients with addiction in primary care is challenging, and providers often feel helpless when dealing with patients who struggle with addiction. Hear an overview of current treatments for smoking cessation, alcohol abuse, opioid abuse, and other street drugs. Strategies that providers can pursue to treat their patients and get on the forefront of increasing access to care for this vulnerable patient population will be presented.

Karley Trautman, DNP, ANP-BC, AGACNP-BC; Nurse Practitioner, Colorado Primary Healthcare; Littleton CO and Nurse Practitioner, PRN, Blood Cancer and Bone Marrow Transplant, University of Colorado Hospital; Aurora CO

B4

Evolving Guidelines for Pap and HPV Testing 25% Rx

WH

Pap testing, an essential part of the well woman exam for years, has prevented many deaths from cervical cancer. However, with the discovery that HPV is the cause of this cancer and the subsequent availability of HPV testing, the role of the Pap test changed and the use of HPV testing became employed in certain circumstances. With further refinement of the tests available, the HPV test moved into a more pivotal role, and can now even be done as the first or primary screening test for cervical cancer. Review the history of these changes with an emphasis on why we are where we are now, including what the clinician needs to know to incorporate the newest guidelines into their practice and how to explain to their patients.

Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Consultant, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

B5**Acne Medications: Mechanisms of Action 100% Rx**

AG DM PED

With all the acne medications available to providers it is confusing to choose the proper medication for patients. The mechanism of action for acne medications will be described to enable the practitioner to individualize patient treatment based on skin types, activities, acne grade, and length of treatment, as well as cost-effective treatment options.

Peggy Vernon, RN, MA, C-PNP, DCNP, FAANP; Owner/Dermatology Nurse Practitioner, Creekside Skin Care; Greenwood Village CO

B6**Cardiac Resynchronization Therapy 0% Rx**

AC

Gain a better understanding of the basics of cardiac resynchronization therapy, specifically geared to appropriate use for patients with heart failure with reduced ejection fraction. Determine when CRT is indicated for patients. Benefits and risks of CRT therapy in heart failure patients will be discussed.

Kristy Gama, MSN, APRN, NP-BC; Advanced Practice Nurse Practitioner, Structural and Interventional Division of Cardiology, University of Colorado Hospital; Aurora CO

EDUCATIONAL SESSIONS C1 – C6**3:30 pm – 5:00 pm****1.5 Contact/CE Hours****C1****Clean, Gluten, Keto, Oh My! Evidenced-based Nutrition Counseling to Guide Your Patients to Better Health 0% Rx**

AG

Nutrition plays a key role in many chronic illnesses, yet patients and clinicians alike may be confused about the different and conflicting nutrition advice available. Patients will often ask their provider for advice regarding the best diet to eat to manage a chronic illness. They may ask about the safety and benefit of current diet fads and trends such as gluten-free, keto, or clean diets. Hear how to develop evidence-based strategies to guide patients through the confusing maze of nutritional fads and trends.

Alexis Blount, RN, MSN, MPH, FNP, CDE; Diabetes Educator/Tobacco Treatment Nurse, Health Management and Education, UC Davis Health; Sacramento CA

C2**Drug Adverse Effects: Focus on Some of the Most Serious Problems 100% Rx**

AG

As prescribers, NPs need to be well-versed on drug adverse effects. Through a case-based discussion, learn how to recognize and develop a plan for avoiding and/or treating select less-known but “can’t miss” drug adverse effects. The mechanism of select less-known drug adverse effects will be described, along with how to develop plans for avoiding and drug adverse effects.

Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; President, Fitzgerald Health Education Associates, Inc; North Andover

MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA

C3**Risky Business: An Update on Risks of Tattoo and Body Art 25% Rx**

AG DM PED

Body modification procedures are on the rise, but most are not FDA approved or even tested for safety and efficacy. Systemic and cutaneous reactions are no longer rare, but are more common place. Through case presentations, review common dermatological presentations associated with these procedures, strategies to identify the offending agents, and algorithms for treatment and management options. The masking of common dermatological disorders in the presence of tattooing and body art will also be discussed.

Diane Hanna, APRN, DNP, FNP-C; Dermatology Nurse Practitioner, Director of Clinical Research; Shawnee KS and Guest Clinical Faculty, School of Nursing, University of Kansas; Lawrence KS

C4**Sexually Transmitted Infections Update 25% Rx**

WH

Understand the state of STI epidemiology in 2019, including prevention, management and education. The reasons for the increase in syphilis across the country, including congenital syphilis will be discussed. Hear how to prescribe the most effective antimicrobial therapy to eradicate a gonorrheal infection, as well as how to educate patients about HPV infection.

Alison Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratele STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA and Assistant Director and Clinical Instructor, FNP Program, William F. Connell School of Nursing, Boston College; Chestnut Hill MA

C5**Pediatric Infectious Disease Diagnostic Pearls 25% Rx**

PED

Learn about the epidemiology and clinical manifestations of several pediatric infectious diseases, including EBV, Clostridium difficile, Group A streptococcus, sexually transmitted infections, enteroviruses and parechoviruses. The concept of diagnostic stewardship will be discussed, along with issues to consider when ordering a laboratory test.

Samuel Dominguez, MD, PhD; Medical Director, Clinical Microbiology Laboratory and Associate Medical Director, Infection Control and Prevention, Children’s Hospital Colorado; Aurora CO

C6**Acute Coronary Syndrome: Diagnosis and Management of ST Elevation Myocardial Infarction 25% Rx**

AC

Acute coronary syndrome refers to a range of potentially life-threatening conditions that affect the coronary artery blood supply to the heart, and is a common presentation in patients with coronary heart disease. Guidelines are clear in specifying that patients with acute ST

Elevation myocardial infarction (STEMI) should receive urgent coronary reperfusion with either primary percutaneous coronary intervention (PCI) or thrombolysis. Hear the current evidence-based guidance in the management of ACS and the critical role of the nurse practitioner in treatment.

Joanne Thanavaro, DNP, AGACNP-BC, AGPCNP-BC, FAANP; Associate Dean of Graduate Education and Director of Advanced Practice, School of Nursing, Saint Louis University; St. Louis MO

WELCOME RECEPTION

(Exhibit Hall)

5:30 pm – 6:60 pm

Buffet and cash bar. Complimentary admission for all Symposium registrants. Tickets for guests of Symposium registrants, adults (21 and over), available for purchase (\$20) with registration or on-site.

FRIDAY, JULY 19, 2019 • DAY 2

SESSIONS D, E, F, G, H • Contact/CE Hours Available 6.75 for Sessions and Posters

Optional Contact/CE Hours: Ethics Forum (EF) 1.5 • Workshops (WS1–WS3) 2.5 • Dinner Session (J1) 1.5

KEY

AC =
Acute Care

AG =
Adult/Geriatric

DM =
Dermatology
Tracks are identified by the speaker, for indication purposes only.

PED =
Pediatric

PD =
Professional Development

WH =
Women's Health

WT1 7:15 am – 7:45 am Non-Certified

“Walk & Talk” Around the Lake

Join fellow participants for a morning walk around Keystone Lake (approximately 1.2 mile). Your group leader will structure conversation to allow you to interact with peers that you may not normally have the opportunity to meet, to discuss professional issues and trends. Comfortable walking shoes and a light jacket are recommended.

EDUCATIONAL SESSIONS D1 – D7

8:00 am – 9:30 am

1.5 Contact/CE Hours

D1

Best of the \$4 Drugs: Optimizing Your Choice of the Least Costly Generics 100% Rx

AG

As the \$4 drug list continues to grow, so does our patients' need to access these low-cost therapeutic options. But which of these medications is the optimal choice when treating common conditions? Learn how to choose the best of the \$4 drugs for the treatment of commonly encountered clinical conditions.

Margaret Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; President, Fitzgerald Health Education Associates, Inc; North Andover MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA

D2

Primary Care Management of Bipolar Disorder: Big Benefits and Potential Blunders 75% Rx

AG

Successful treatment of bipolar disorder can be enormously rewarding in providing stability and productivity in a patient's life, as well as at times being lifesaving. Erroneous prescription of antidepressants can in some cases produce bipolar symptoms, foster treatment resistance, and create profound complications for both the clinician and the patient. Focus on the cues and clues to help with a suspected bipolar depression when depressive symptoms are the complaint of patients. Even when the diagnosis is made by a mental health provider, ongoing medication management often falls to the primary care provider. Learn about the potentially appropriate choice of medications and dosages

of various antidepressants and mood stabilizers, along with the required different lab protocols for initial safe prescribing and follow-up monitoring.

Christopher Doran, MD; Associate Clinical Professor, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO and Contracted Psychiatrist, Veteran's Evaluation Services; Denver CO

D3

Antibiotic Updates in Internal Medicine 100% Rx

AC AG

Antibiotic overuse remains a prevalent issue in healthcare, resulting in increases in antibiotic resistance, healthcare costs, adverse drug reactions, and risk of harm related to infections such as *Clostridium difficile*. Providers play a key role in antibiotic stewardship, which focuses on optimizing use of antibiotics in both the inpatient and outpatient setting. Using a case-based approach, current IDSA guidelines for infections commonly encountered in both inpatient and outpatient settings will be discussed, focusing on appropriate antibiotic choice and accepted duration of therapy. Hear about recent published research around biomarkers in infection, and the potential role they play in antibiotic stewardship.

Kasey Bowden, MSN, FNP, AG-ACNP; Associate Division Head and Assistant Professor, Division of Hospital Medicine, University of Colorado Anschutz Medical Campus; Aurora, CO

Carmella Nogar, PA-C, MPAS; Instructional Faculty, Family and Community Medicine, University of New Mexico; Albuquerque NM

D4

Care of Women with Gestational Diabetes: A Collaborative Model of Care 75% Rx

WH

As overweight and obesity trend upwards, more women are diagnosed with gestational diabetes. The need for medical therapy beyond medical nutritional therapy is increasing, and thus the need for medical management of hyperglycemia. As insulin is the preferred first-line therapy, it will become necessary for midwives and women's health nurse practitioners to identify these women and become comfortable in the management of medical therapy.

Kimberly Sakovich; MS, RN-C, WHNP-C, C-EFM; Women's Health Nurse Practitioner, MacArthur Medical Center, LLC; Irving, TX

D5**Emerging Trends in Adolescent Substance Abuse 50% Rx**

PED

Numerous public health programs have been instituted to potentially impact mortality and morbidity associated with prescription drugs and heroin overdoses. Recent acceptance of marijuana as a legal substance in a number of states has sent a mixed message to adolescents, who currently regard marijuana as less dangerous than nicotine. Understand the current trends in substance use in middle school and high school students. The short and long term physiologic effects of marijuana, vaping, nicotine will be discussed, along with an introduction to some of the newer adolescent substance abuse trends.

Judith Kaufmann, DrPH, FNP-BC; Associate Professor, School of Nursing and Health Sciences, Robert Morris University; Moon Township PA and Adjunct Faculty, School of Nursing, University of Pittsburgh; Pittsburgh PA

D6**Challenges in Infective Endocarditis 25% Rx**

AC AG

Infective endocarditis (IE) is defined by a focus on infection within the heart and is a feared disease by clinicians as the challenges posed by infective endocarditis are significant. IE frequently occurs in patients without heart disease. With the increase in intravenous drug users (IVDU), there is an increased incidence of infective endocarditis. *Staphylococcus aureus*, which has become the predominant causative organism in the developed world, leads to an aggressive form of the disease, often in vulnerable or elderly patient populations. With the rising increase in this disease, it is imperative that clinicians are able to recognize and treat these individuals. Hear about the types of and common causes of endocarditis, along with medical and surgical treatment measures, and the latest relevant guidelines.

Kristine Scordo, PhD, RN, ACNP-BC, FAANP; Director and Professor, Acute Care Nurse Practitioner Program, College of Nursing & Health, Wright State University – Miami Valley; Dayton OH and Acute Care Nurse Practitioner, Schuster and Associates Cardiology; Dayton OH

D7**Improving Models of Care within Interprofessional Rural Primary and Behavioral Health Care Teams Focused on Improving Patient Outcomes 0% Rx**

PD

Rural patients may not receive behavioral health services in a timely manner related to multiple barriers. Communication may be lacking within the system in many areas, including referrals, access to care, and fragmentation of care. Hear about the challenges and implementation of TeamSTEPPS® training, as part of a rural health system's medical home initiative to improve health care outcomes, while expanding Interprofessional Clinical Practice in the provision of primary, preventative, and mental health care services. Early identification and management techniques of the barriers and challenges will be discussed.

Susan Kimble, DNP, RN, ANP-BC, FAANP; MSN and DNP Programs Director, Nurse Educator and Clinical Associate Professor, School of Nursing and Health Studies, University of Missouri Kansas City; Kansas City MO and Clinician, Northland Family Care; Liberty MO

**EDUCATIONAL SESSIONS E1 – E7**

10:00 am – 11:30 am

1.5 Contact/CE Hours

E1**Cancer Survivorship Across the Lifespan: Guidelines for Primary Care 0% Rx**

AG PED

Increase your knowledge and skills in caring for adult and pediatric cancer survivors in the primary care setting. The goals of survivorship care shift from cancer treatment to surveillance of cancer recurrence, screening for secondary cancers, and management of late- or long-term effects of cancer treatment. Review cancer-related statistics, including cancer diagnoses and survivorship for individuals across the lifespan, including the standards of survivorship care. Case studies will be used to apply relevant primary, secondary, and tertiary prevention strategies for cancer survivors.

Kathleen Hall, PhD, APRN, GNP-BC, PGPCNP-BC; Assistant Professor, Health Sciences, Colorado Mesa University; Grand Junction CO

Paula Marchionda, MD, MPH, BSN; Medical Director, Marchionda Imaginative Medicine Institute; Grand Junction CO

Bridget Marshall, DNP, MS, APRN, CPNP-PC, PMHS; Assistant Professor, Health Sciences, Colorado Mesa University; Grand Junction CO

E2**Biologic Therapies that the PCP Needs to Know and Understand 50% Rx**

AG DM

Science is driving more treatments using biologic therapies which are initiated across specialties. There has been a marked increase in new therapies in both immunology and dermatology. Unfortunately, due to insurance mandates, primary care is often excluded in starting and managing biologic therapies. It is common, within dermatology practice, when adverse events or concerns are associated with these therapies; that complex medical management is not provided. Patients are most often funneled through primary care or the emergency department. Review the risks and benefits of targeted therapy, complications most commonly associated with therapies, along with the risks of starting, maintaining or withdrawing therapy. Ideas on how to have interdisciplinary best practices and collaboration in order to enhance patient safety and outcomes will also be presented.

Diane Hanna, APRN, DNP, FNP-C; Dermatology Nurse Practitioner, Director of Clinical Research; Shawnee KS and Guest Clinical Faculty, School of Nursing, University of Kansas; Lawrence KS

E3**A Multidisciplinary Approach to Limb Optimization 0% Rx**

AC AG PED

Understand the value of a multidisciplinary team approach focused on patient care and optimization for patients faced with limb threatening conditions due to trauma, tumor, infection, or vascular disease. Complex orthopedic injuries, infections and tumors will be discussed, along with new amputation surgical procedures, methods and therapies. Hear when to refer to an ILP specialist and methods in which primary care and other specialists can be a key member of the multi-disciplinary team to prevent limb loss.

Cynthia Kelly, MD; Medical Director, Avascular Necrosis Clinic, Colorado Limb Consultants, The Institute for Limb Preservation, healthONE, Presbyterian/St. Luke's Hospital; Denver CO

E4**Endometrial Biopsy: Indications and Effective Techniques 25% Rx**

WH

Identify indications for endometrial biopsy, as well as how to incorporate techniques into practice that minimize patient discomfort and result in adequate tissue samples during endometrial biopsy. How to appropriately interpret results and initiate treatment will also be discussed.

Kristina M. Tocce, MD, MPH; Vice President and Medical Director, Planned Parenthood of the Rocky Mountains; CO, NM, NV, WY and Volunteer Clinical Faculty Member, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

E5**Human Trafficking: Identification and Intervention in the Clinical Setting 0% Rx**

AG PED WH

Recognize the APRN role in prevention, treatment, advocacy, and aftercare for victims of human trafficking, who present in clinics, schools, hospitals, and emergency rooms. An estimated 87% of rescued trafficking victims had encounter(s) with a healthcare provider during captivity in which they were not recognized as victims, missing opportunity for rescue and improved health outcomes. APRNs are front-line responders and should be equipped to identify and treat victims, who can present in any clinical setting.

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP; Associate Professor, College of Nursing and Health Sciences, Texas A&M University – Corpus Christi; Corpus Christi TX and Advanced Practice Registered Nurse, Pediatric Hospitalist Group, Pediatric Consultants PA, Clear Lake Regional Medical Center; Webster TX

E6**Management of Highly Resistant Gram-Negative Infections: The Role of Novel Antibiotics 100% Rx**

AC

Focus on highly resistant gram-negative infections, including the epidemiology and treatment options. The epidemiology and mechanism of gram-negative resistance will be discussed. Treatment overview will include an emphasis on new drugs that have been FDA approved in recent years.

Jeffrey Strich MD, MS; Lieutenant Commander, United States Public Health Service Commissioned Corps and Clinical Fellow, Critical Care Medicine Department, National Institutes of Health; Bethesda MD

E7**Engaging Positively with All Kinds of Patients 0% Rx**

PD

We all encounter a wide range of patients, including some that challenge us. Some coping strategies can cause huge stress surges and rob us of our own wellbeing -- if we let them. If you are at a loss as to how to handle challenging patients and yourself, learn how to positively interact with difficult people without carrying the burden and as a result reduce stress. Learn pragmatic ways to triage and navigate common types of challenging patients, using an evidence base and the cycle of change.

Eileen O'Grady, PhD, RN, ANP-BC; Nurse Practitioner and Wellness Coach, Eileen O'Grady Wellness Coaching, LLC; McLean VA and Founder, The School of Wellness; McLean VA

BAG LUNCHES (EXHIBIT HALL)**11:30 am – 1:00 pm**

**ETHICS FORUM (EF)****12:15 pm – 1:45 pm****1.5 Contact/CE Hours***Optional, Pre-registration required, No additional fee***EF****Ethics Forum: Social Determinants of Health and the Nurse Practitioner's Role 0% Rx****PD**

What are social determinants of health (SDH) and how do they affect NP practice? How far should NPs go to address the social, economic, educational, and environmental factors affecting the populations we care for? What are our ethical obligations to address the social factors that affect health? How will our professional values guide us? Through case studies, panel members and the audience will engage in a lively discussion to explore the legal, ethical, and health ramifications involved. Panelists are a practicing NP who has written on the NP role in addressing SDH, a lawyer who works on health and living wage policies, and an ethicist who previously worked as an emergency physician.

Jean Abbott, MD, MH; Faculty, Center for Bioethics & Humanities, University of Colorado Anschutz Medical Campus; Aurora CO

Deborah Chapa, PhD, ACNP-BC; Nurse Practitioner, Palliative Care, Lee Health System; Fort Myers FL

Allison Neswood, JD; Health Care Attorney, Colorado Center on Law and Policy; Denver CO

Nancy Rudner, DrPH, MPH, MSN, FNP; Health Coach and Consultant, Health Action; Maitland FL and Graduate Faculty, School of Nursing, George Washington University; Washington DC

**EDUCATIONAL SESSION F1****2:00 pm – 3:00 pm****1.0 Contact/CE Hour****F1****Nurse Practitioner Burnout: Preventable or Inevitable? 0% Rx****PD**

Burnout among healthcare professionals is increasing at an alarming rate and can have detrimental consequences to health and well-being, as well as adverse practice outcomes. While the literature reflects data on physicians and bedside nurse rates of burnout, nurse practitioners (NPs) are also at risk. Review information on burnout syndrome, and current national initiatives aimed at addressing burnout and promoting resilience. Results of a recent survey of over 1000 advanced practice registered nurses (APRNs) to identify burnout characteristics will be discussed. Prevention measures including both organizational and individual interventions will be shared, including implications for NP practice. Audience participation will be included to showcase measures being used to build resilience and promote a healthy work environment for nurse practitioners.

April Kapu, DNP, APRN, ACNP-BC; Associate Chief Nursing Officer and Director for Advanced Practice, Center for Nursing Excellence, Vanderbilt University Medical Center; Nashville TN, Assistant in Critical Care, Department of Anesthesiology, School of Medicine and Associate Professor, School of Nursing, Vanderbilt University; Nashville TN

Ruth Kleinpell, PhD, RN, FAAN, FAANP, FCCM; Assistant Dean for Clinical Scholarship and Professor, School of Nursing, Vanderbilt University Medical Center; Nashville TN, Professor, College of Nursing, Rush University; Chicago IL and Nurse Practitioner, Urgent Care Lincoln Park Clinic, Rush University Medical Center; Chicago IL

WORKSHOP SESSIONS WS1 – WS3**3:15 pm – 6:15 pm (break 4:45 pm – 5:15 pm)****2.5 Contact/CE Hours**

Optional, Limited Enrollment, Pre-registration required and a fee of \$95. Enrollment is limited in order to maintain quality of instruction.

WS1**Orthopedic Exam 0% Rx (Repeated on Saturday, WS5)****AC AG PED**

Orthopedic examination continues to be a weak area for many primary care providers. However, musculoskeletal complaints, especially back pain, shoulder, and knee pain are some of the most common reasons for primary care visits. Develop your comfort level and a better understanding of the techniques of examination and their meaning. Participants will work in small groups with preceptors, while at a master station the techniques for a specific examination will be discussed and demonstrated. Practice common office based orthopedic exams specific to ambulatory care diagnosis, including cervical and lumbar spine examinations. Hands-on workshop so please wear comfortable clothing.

Christopher R. Hemmer, DNP, ANP; Vice President and Adult Nurse Practitioner, Orthopedic Spine Surgery, Piper Spine Care; St. Peters MO, Assistant Professor, School of Nursing, Saint Louis University; St. Louis MO

WS2

Office/Dermatological Procedures 0% Rx

AC AG PED

Learn about several common office and dermatological procedures performed in the primary care setting. Procedures discussed will include: incision and drainage of an abscess, resection of ingrown toenail, release of subungual hematoma, drainage of paronychia, fishhook and splinter removal, and punch or shave biopsy of skin lesions, and other procedures as time allows. Techniques for administering local anesthesia, regional blocks and liquid nitrogen will also be simulated. The opportunity to perform each procedure on realistic props will be offered in the hands-on portion of the workshop.

Vincent Markovchick, MD, FAAEM, FACEP; Staff Physician, Emergency Medical Services, Denver Health Medical Center; Denver CO and Professor Emeritus, Emergency Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Maria Moreira, MD; Medical Director of Continuing Education and Simulation, Emergency Medical Services, Denver Health Medical Center; Denver CO

WS3

New Imaging, New Criteria, Radiology Changes 0% Rx

AG PED

Focus on the use and interpretation of advanced imaging of chest, abdomen and neurology cases. There have been many recent changes to radiology and it is important for nurse practitioners to keep up with jargon, recommendations and incorporate into the daily care of patients. Using case studies, new imaging techniques and criteria will be reviewed, including imaging across the life span, unusual findings on plain radiographs, PET scans, CT scans, MRI, and Sonogram. Foster your development of advanced skills in cutting edge imaging and interpretation.

Rustain L. Morgan, MD, MS; Associate Program Director, Diagnostic Radiology Residency, Associate Program Director, Interventional Radiology Residency, Assistant Director, Basic to Advanced Radiology Lab, and Assistant Professor, Radiology Associate Program, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

EDUCATIONAL SESSION G1

3:15 pm – 4:45 pm

1.5 Contact/CE Hours

G1

Legislative Update: Nurse Practitioner Advocacy—from Random to Intentional 0% Rx

PD

Legislation and regulation affect you, your ability to practice, and your patients. How do you learn about and then navigate the political systems that determine what bills and regulations pass? How do you combine individual passion and action with collective power to have meaningful impact? Is it even doable? Hear from two nurse practitioners fresh from the policy trenches of their home states who are eager to share their experiences and real world advice.

Gale Adcock, MSN, RN, FNP-BC, FAANP, FAAN; Chief Health Officer, SAS Health Care Center; Cary NC and Gubernatorial Appointee, North Carolina State Health Coordinating Council; Raleigh NC

Danielle Howa Pendergrass, DNP, APRN, WHNP-BC; President-Owner/ Women's Health Nurse Practitioner, Eastern Utah Women's Health; Price UT and Consultant, Center to Champion Nursing in America; Washington DC

**AUTHORS PRESENT POSTERS**

4:45 pm – 5:15 pm

.5 Contact/CE Hour

INTENSIVES H1 – H5

5:30 pm – 6:15 pm

.75 contact/CE Hours

H1

Implementation of Routine Depression Screening in Ambulatory Clinic with Patients with Complex Chronic Illness 0% Rx

AG

Patients with chronic illness have significantly higher rates of depression, which negatively affects outcomes. Clinicians who care for patients with chronic illness often have increased contact with patients in comparison to primary care. Treatment of depression improves quality of life and outcomes for patients with chronic illness. Nurse practitioners, given their emphasis on holistic patient care, are optimally skilled to implement routine depression screening and follow-up. Identify optimal strategies for inter-professional collaborative management and follow-up for patients identified as having depression in addition to chronic illness.

Laura Peters, MS, FNP-C; Nurse Practitioner, Advanced Heart Failure and Cardiac Transplant, University of Colorado Hospital; Aurora CO



H2**Ouch! Bites, Stings and Venoms! 50% Rx**

AC AG PED

Do you know how to respond to these potentially life or limb threatening poisons? Explore poisons resulting from snake, scorpion and spider bites. Each of these shy creatures resist stinging or striking unless they feel threatened or provoked. These envenomations can be very common and with them comes potentially serious consequences from local tissue injury, hematologic derangements, and neurologic, respiratory and systemic effects. Learn about the care of the acute snake, spider or scorpion envenomation, and test your knowledge base to critically evaluate the management of this type of injury using case scenarios.

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN, CEN, CCRN; Nurse Practitioner, Toxicology Consultants of Arizona; Scottsdale AZ and Associate Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ

H3**Midwifery Management of Pelvic Organ Prolapse Across the Lifespan 25% Rx**

WH

Pessaries are easily managed by the midwife and nurse practitioner. Understanding the uses including past and present medical conditions will help the clinician become comfortable in assessing, diagnosing, and managing common urological problems, including arresting preterm labor. The importance being able to appropriately assess, diagnose, fit, and manage the pessary for optimal patient satisfaction and outcomes will be discussed.

Kimberly Sakovich; MS, RN-C, WHNP-C, C-EFM; Women's Health Nurse Practitioner, MacArthur Medical Center, LLC; Irving, TX

H4**Prenatal and Neonatal Maternal Regulation: Impact on Early Infant Sleep and Social-Emotional Development 0% Rx**

PED

Sleep is the foundation for all sensory systems, including touch, motion, position, smell and taste, hearing, emotion, and memory -- especially long-term memory and learning. However, sleep concerns affect up to 50% of children at some time. Early identification of sleep concerns and parental support to address these concerns, may prevent later negative difficulties, including social-emotional difficulties, behavioral problems, learning difficulties, and later academic challenges. Assisting parents establish healthy sleep/wake patterns is critical to the overall health, development and well-being of both the child and family.

Barbara Deloian, PhD, CPNP, IBCLC, FAANP; President/CEO, Special Kids, Special Care Inc; Parker CO

H5**Clinical Application of Rapid Diagnostics: From the Microbiology Lab to the Bedside 0% Rx**

AC

Focus on the interpretation of rapid diagnostics, as they are reported from the clinical microbiology lab. A review of the role of rapid diagnostics in the clinical setting will be discussed, including result interpretation and how to implement rapid diagnostics into clinical practice at the bedside.

Jeffrey Strich MD, MS; Lieutenant Commander, United States Public Health Service Commissioned Corps and Clinical Fellow, Critical Care Medicine Department, National Institutes of Health; Bethesda MD

DINNER EDUCATIONAL SESSION J1**6:30 pm – 8:00 pm****1.5 Contact/CE Hours***Optional, Limited Enrollment,**Pre-registration required and a fee of \$30***J1****COPD: Utilizing the 2019 GOLD Guidelines to Effectively Manage COPD in the Ambulatory Setting 50% Rx**

AC AG

COPD is the third leading cause of death and the number one reason for hospitalization in the world. NPs have the opportunity to improve their expertise in the management of COPD with the evidenced based tools necessary to manage complex pulmonary patients. Evidenced based treatment of COPD occurs only 50% of the time, and NPs are the key group to improve guideline based care of this patient population.

Jennifer Rodgers, DNP, APRN, ACNP-BC; Director, Office of Advanced Practice, University of Colorado Hospital; Aurora CO



SATURDAY, JULY 20, 2019 • DAY 3

SESSIONS L, M, N, O • Contact/CE Hours Available: 6.5 for Sessions and Posters

Optional Contact/CE Hours: Workshops (WS4 – WS7) 2.5

BREAKFAST SESSION SS8, Non-Certified

KEY	AC =	AG =	DM =	PED =	PD =	WH =
	Acute Care	Adult/Geriatric	Dermatology	Pediatric	Professional Development	Women's Health
<i>Tracks are identified by the speaker, for indication purposes only.</i>						

SATELLITE SYMPOSIA BREAKFAST SESSION SS8

7:30 am – 8:45 am Non-Certified

*Optional, Limited Enrollment, Pre-registration required,
No Additional Fee. Please check website for updates on session topics.
Verification of clinician's practice and eligibility information
may be provided to sponsor for auditing purposes.*

SS8

Women's Health – Contraception

Speaker TBA.

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by Merck.

WORKSHOP SESSIONS WS4–WS7

**7:30 am – 10:30 am (break 8:30 am – 9:00 am)
2.5 Contact/CE Hours**

*Optional, Limited Enrollment, Pre-registration required and a fee of
\$95. Enrollment is limited in order to maintain quality of instruction.*

WS4

Suturing Skills: Beginning to Advanced 0% Rx

AC AG PED

Gain an overview of the management of traumatic lacerations, followed by a hands-on workshop. Practice basic or advanced suture techniques on pig's skin, with guidance from a preceptor. Beginners with no experience will learn single-layer closure. Intermediate and advanced students will learn landmarks for peripheral nerve block, multi-layer and flap closure techniques.

Vincent Markovchick, MD, FAAEM, FACEP; Staff Physician, Emergency Medical Services, Denver Health Medical Center; Denver CO and Professor Emeritus, Emergency Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Maria Moreira, MD; Medical Director of Continuing Education and Simulation, Emergency Medical Services, Denver Health Medical Center; Denver CO

WS5

Orthopedic Exam 0% Rx (Repeat of Friday, WS1)

AC AG PED

Orthopedic examination continues to be a weak area for many primary care providers. However, musculoskeletal complaints, especially back pain, shoulder, and knee pain are some of the most common reasons for primary care visits. Develop your comfort level and a better understanding of the techniques of the examination and their meaning. Participants will work in small groups with preceptors, while at a master

station the techniques for a specific examination will be discussed and demonstrated. Practice common office based orthopedic exams specific to ambulatory care diagnosis, including cervical and lumbar spine examinations. Hands-on workshop, so please wear comfortable clothing.

Christopher R. Hemmer, DNP, ANP; Vice President and Adult Nurse Practitioner, Orthopedic Spine Surgery, Piper Spine Care; St. Peters MO, Assistant Professor, School of Nursing, Saint Louis University; St. Louis MO

WS6

COPD and Asthma: What Is the Difference and Does It Matter? 50% Rx

AG PED

Review how to differentiate asthma vs COPD, or whether a patient has a combination of both conditions. First, a lecture will provide clinical history, lung physiologic testing, and radiographic findings that help to differentiate the processes. An overview of how management differs, with examples of patient cases will be used to highlight these points. The second half is devoted to a hands-on workshop to educate attendees about the different inhalers, devices, and potential patient issues and side effects. Attendees will have different inhaler delivery systems available for demonstration to help increase comfort with these devices and how to educate patients in use.

Steven E. Lommatzsch, MD; Physician Clinic Manager and Assistant Professor of Medicine, Division of Pulmonary and Critical Care Medicine; National Jewish Health; Denver CO and Assistant Professor, Pulmonary/Critical Care, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Deborah Fending, RN, BSN, AE-C; Staff Development Nurse, Nursing Education; National Jewish Health; Denver CO

WS7

Intrauterine Procedures Workshop: IUD Insertion/Removal and Endometrial Biopsy 50% Rx

WH

Demonstrate correct insertion/removal techniques for various IUDs currently available. Endometrial biopsy techniques that result in adequate tissue samples, including methods to handle challenging clinical situations will be discussed. Gain hands-on experience with plastic pelvic models to prepare you to perform these new skills in your own practice

Kristina M. Tocce, MD, MPH; Vice President and Medical Director, Planned Parenthood of the Rocky Mountains; CO, NM, NV, WY and Volunteer Clinical Faculty Member, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Jennifer S. Hyer, MD; Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO and Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

EDUCATIONAL SESSIONS L1 – L3

9:00 am - 10:30 am

1.5 Contact/CE Hours

L1

The Gut, DNA, Diet & Disease: What Clinicians SHOULD Know
0% Rx

AG

Explore the remarkable interaction of gut incretins (hormones), the microbiome, immunologic responses, and bidirectional gut-brain neuropeptide influences on ALL body systems and their contribution to the development of chronic disease and psychological disorders. Armed with an understanding of the gut's vital impact, learn reality-based strategies to help mitigate disease risk and promote health and well-being that will be relevant for both personal and patient benefit.

Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP; Founder and Nurse Practitioner, Metabolic Medicine Associates; King George VA

L2

Post-Operative Pain Management in the Setting of Opioid Shortage and Crisis 50% Rx

AC

Given the current opioid crisis and shortage, managing postoperative pain with opioids alone is no longer an option. Learn how to manage postoperative pain with strategies that include non-opioid pain medications, regional and neuraxial techniques, and communication approaches in order to provide opioid sparing, effective postoperative pain management. The clinician must bring expertise to the bedside in managing postoperative pain in an opioid sparing manner, and be able to manage pain at time of and after discharge in a manner that does not put the patient at risk for having multiple opioid medications at home.

Mechele Fillman, MSN, NPc; Lead NP for Acute Pain Service, Anesthesia, Christus St. Vincent; Santa Fe NM

Robert Montgomery, DNP, RN-BC, ACNS-BC; Associate Professor, Anesthesiology Acute Pain Service, University of Colorado Hospital; Aurora CO

L3

Health Coaching to Minimize Chronic Disease Risk 0% Rx

AG PD

Half of all Americans suffer from at least one chronic disease. Despite current advances in screenings and the introduction of new classes of medications, the numbers continue to climb. This gives rise to the importance of introducing different approaches to the management of chronic disease risk. NP's are perfectly poised to implement health coaching in their practice, as a promising approach to minimizing risks associated with chronic disease. Studies support that health coaching, as a specific lifestyle intervention, improves self-efficacy among patients, leading to greater patient satisfaction and engagement, resulting in improved patient outcomes and reduced healthcare spending.

Eva Schmidt, APRN, FNP-BC, NBC-HWC; Clinical Director and Family Nurse Practitioner and Health Coach, Marathon Health; Eugene OR and Certified Nurse Practitioner and Health and Wellness Coach, School of Wellness; McLean VA

EDUCATIONAL SESSIONS M1 – M6

12:00 pm – 1:00 pm

1.0 Contact/CE Hour

M1

Legal Intoxication: What Prescriptions Are Being Abused Now?!
100% Rx

AC AG

Given the current opioid epidemic, it is important to be aware of prescription medications being used illicitly. Delve in to the prescription medications not thought to be abuse-able, but are currently being abused. Providers need to know how medications are used to increase the ability to abuse other medications, or how that medication itself may be abused, then they will then be able to evaluate new medications for the same potential. Diltiazem, paroxetine, and others are considered medications for disease management, not medications of abuse; yet, both of these medications, and many others, are substances of abuse by some patients. Information is difficult to locate, has not been well researched, but is extremely important for providers to know.

Nancy Balch, PharmD, BCCCP; Emergency Medicine Pharmacist, In-patient Pharmacy, Massachusetts General Hospital; Boston MA

M2

Men's Health: An Overview of Fertility, Testosterone, Erectile Dysfunction, and Prostate Cancer Screening 25% Rx

AG

Men's Health is not always given an emphasis in provider training, however their special health concerns are addressed both in primary and specialty care. An understanding of the American Urological Association guidelines for hypogonadism, erectile dysfunction, and prostate cancer screening is an important framework to appropriately treat these concerns. Male fertility factors will be discussed along with the American Urological Association guidelines regarding hypogonadism, erectile dysfunction, and prostate cancer screening. Gain a better understanding of men's health concerns as part of systemic disease states.

Kelley Taylor, RN, MSN, AGACNP-BC; Nurse Practitioner, Division of Urology Department of Surgery, University of Utah; Salt Lake City UT

M3

Going Behind the Provocative Headlines when Food and Facts Collide 0% Rx

AG PED

A plethora of myths, half-truths and sensationalizing informs the health, food and nutrition environment of today. Consumers who are unable to discern truth from myth often make food choices and diets that at best, provide no benefit, and at worst create health harm. Activists, self-styled health and nutrition experts, and the "War on Science" drive today's food conversations, making it difficult to separate truth from falsehood. Understanding how consumers make health and food decisions enables health professionals to better develop communications strategies to help educate their patients make better food choices.

This session is supported by The Glutamate Association.

Mary Lee Chin, MS, RDN; Food and Nutrition Communications Consultant, Nutrition Edge Communications; Denver CO

M4**Breast Cancer Screening Updates 0% Rx**

WH

Breast cancer is the most common form of cancer to affect women, and the incidence is growing, with about 1.7 million new cases worldwide every year. In the United States alone, the National Cancer Institute (NCI) projects that 12.4 percent of women (about 1 in 8) will develop breast cancer in their lifetime. Generally, the earlier breast cancer is diagnosed and treated, the higher the chances for long-term survival. Understand how early screening is critical and can be strongly influenced by primary care providers.

Lori Ranallo, RN, MSN, CBCN, APRN-BC; Nurse Practitioner, Medical Oncology, University of Kansas Hospital; Westwood KS

M5**Developmental Trauma Disorder 50% Rx**

PED

The diagnostic system for trauma response or PTSD is primarily based on the more static nature of adult psychopathology. Consideration of a trauma model specific to children is necessary to embrace the dynamic quality of growth and development during these formative years. Review the proposed diagnosis of Developmental Trauma Disorder. A developmental approach to trauma response in children for improved recognition and differential diagnosis will be discussed, along with how to elucidate the data from long term studies of adult survivors. Learn up-to-date treatment approaches, including somatic approaches, and pharmaceutical management. Clinical illustrations will be presented in the form of case study, and audience participation is highly appreciated.

Sonya Montgomery, FNP-BC, PMHCS-BC; Pediatric Psychiatric Nurse Practitioner, Focus Behavioral Health; Asheville NC

M6**Headache Management in the Emergency Department 50% Rx**

AC

Headache is one of the most common complaints seen in the Emergency Department (ED), classified as the fourth leading cause of visits to the ED in 2009-2010, accounting for 3.1% of all ED visits, and amounting to more than 5 million visits annually. Learn about the different headache types, diagnostic criteria, characteristics, and treatment options available for treating this debilitating complaint.

Nycole Oliver, DNP, APRN, RN, FNP-C, ACNPC-AG, CEN; Nurse Practitioner, Sparks Plaza Family Practice, Sparks Health System; Fort Smith AR and Advanced Practice Registered Nurse, Emergency Department, Sparks Health System; Van Buren AR

**AUTHORS PRESENT POSTERS**

1:00 pm – 1:30 pm

.5 Contact/CE Hour

EDUCATIONAL SESSIONS N1 – N7

1:30 pm – 3:00 pm

1.5 Contact/CE Hours

N1**Osteoporosis Management 2019 50% Rx**

AG

Understand the diagnosis of osteoporosis, along with the recommended evaluation for other causes of bone disease. The effectiveness of lifestyle measures for treating osteoporosis will be discussed, along with the current pharmacological approaches to management of osteoporosis, as well as potential complications of osteoporosis therapy.

Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

N2**Cutaneous Manifestations of Internal Disease 75% Rx**

AG DM PED

Participate in an engaging educational journey exploring clinical variations of benign and cancerous lesions. Evaluation tools will be shared to assist health care providers in determining the best pharmacologic and or surgical treatment plan for properly identified cutaneous findings. Understand how to develop an individualized treatment plan utilizing evidence based interventions available for treating dermatological conditions in your current practice.

Heather Roebuck DNP, FNP-BC, FAANP; Owner/Dermatology Nurse Practitioner, RoebuckDerm; West Bloomfield, MI and Guest Lecturer and Clinical Preceptor, Family Nurse Practitioner Program, School of Health Sciences, Oakland University; Rochester MI

N3**How to Care for Transgender People in Primary Care 25% Rx**

AG PED

The number of transgender people blending into mainstream America has increased over the past decade. Yet it is still very difficult for a transgender person to find non-discriminatory healthcare. Many providers cite the lack of information as the reason for not providing this much needed healthcare. Gain a better understanding of how to care for transgender patients, including how to: create a safe practice environment, manage hormone therapy, refer a patient for surgery, and help with legal name/gender changes.

Deborah Tuffield, DNP, APRN, FNP-C; Lead NP and Family NP, UCCS Health Circle Primary Care; Colorado Springs, CO and Assistant Professor, Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences, University of Colorado Colorado Springs; Colorado Springs CO

N4**Breast Cancer Survivorship for the Primary Care Provider 25% Rx****WH**

There are currently approximately 3.1 million breast cancer survivors living in the United States. Nurse practitioners, despite their area of practice, need to be introduced to oncology principles, late effects of oncology treatment, and to create a collaborative relationship with the patient and other providers. In order to address the needs of this unique population, we need to create a dialogue for practice that will maximize the patients experience as they survive and live with their cancer diagnosis.

Lori Ranallo, RN, MSN, CBCN, APRN-BC; Nurse Practitioner, Medical Oncology, University of Kansas Hospital; Westwood KS

N5**What Would You Do? Pediatric Case Studies 0% Rx****PED**

Pediatric case studies will be presented to encourage attendees to critically think about how to evaluate and/or treat an assortment of patient presentations. Review and discuss actual clinical cases to include current and pertinent clinical recommendations and guidelines in this highly interactive session. Learn when and how to best use a combination of history taking, physical exam, laboratory, and imaging information, through comparing and contrasting clinical approaches to the question: What would you do?

James Harrington, MD; Pediatrician, Greenwood Pediatrics; Littleton CO

N6**Ventilator Induced Lung Injury and New ARDS Guidelines 50% Rx****AC**

Hear the causes of Ventilator Induced Lung Injury, along with a discussion of the new Acute Respiratory Distress Syndrome (ARDS) Guideline. The mechanical (ventilator) and pharmacologic strategies used to prevent Ventilator Induced Lung Injury will be described. Learn about recommended fluid management shown to decrease time to extubation in Ventilator Induced Lung Injury.

Sherstin T. Lommatzsch, MD; Director of Education, Denver Adult Cystic Fibrosis Center, National Jewish Health; Denver CO and Assistant Professor, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

N7**What is "Patient-centered Outcomes Research"? 0% Rx****PD**

Gain an overview of the importance of practical patient-centered outcomes research as a paradigm shift to traditional research. The importance of Nurse Practitioner engagement as researchers and thought leaders will be discussed, while providing practical tips on funding opportunities and demystifying the world of the clinical researcher.

Theresa Mallick-Searle, MS, RN-BC, ANP-BC; Nurse Practitioner, Pain Management, Stanford Health Care; Stanford CA and Independent Contractor, Medical Expert Witness on Pain Management and Treatment; Redwood City CA

AUTHORS PRESENT POSTERS**3:00 pm – 3:30 pm****.5 Contact/CE Hour****EDUCATIONAL SESSIONS O1 – O6****3:30 pm – 5:00 pm****1.5 Contact/CE Hours****O1****Diabetes 2019—Case Studies and a New Paradigm in Treating T2DM 100% Rx****AG**

Utilizing real patient case studies and providing endocrinology expertise, clarify the current priorities of diabetes management, including useful tips on how to individualize and effectively prescribe current diabetes medications. The importance of developing individualized, effective and safe diabetes management strategies for patients with different underlying hyperglycemic and morbidity issues will be discussed. Learn how to identify appropriate glycemic target goals of patients, along with appropriate combined use of the newer oral and injectable anti-hyperglycemic agents and older drug options, including the available MACE data for current diabetes medications.

Christine Kessler, MN, CNS, ANP, BC-ADM, CDT, FAANP; Founder and Nurse Practitioner, Metabolic Medicine Associates; King George VA

O2**Parkinson's Disease & Movement Disorders 25% Rx****AG**

Parkinson's Disease, tremors and gait dysfunction are frequently seen, and are frequently overlapping syndromes. Understand the clinical and biological features Parkinson's Disease, then the more general clinical approaches both to the evaluation and management of tremors and of gait decline. Treatment of Parkinson's Disease including algorithms for treatment and use of deep brain stimulation will be discussed.

Bruce Morgenstern, MD; Neurologist, Blue Sky Neurology; Lone Tree CO

O3**Antibiotic Considerations in the Elderly 100% Rx****AC****AG**

Literature has indicated that overall antibiotic prescribing is greater in the elderly population, and it is not uncommon for the elderly to receive overly broad antibiotics or treatment for a prolonged duration. Focus on the physiologic changes of aging, diagnostic challenges, antibiotic dosing, drug interactions, and resistance. Adverse events are common in the elderly due to inappropriate prescribing and failure to account for common co-morbid conditions, polypharmacy, and physiologic changes associated with aging. These adverse events lead to increased ED visits and unwarranted hospitalizations.

E. Monee' Reed, DNP, RN, ACNP-BC; Associate Chair, Advanced Practice Nursing and Assistant Professor, AG-ACNP and DNP Programs, College of Nursing and Health Innovation, University of Texas at Arlington; Arlington TX and Acute Care Nurse Practitioner, Pulmonary Critical Care/Intensivist-Inpatient; Dallas Pulmonary & Critical Care PA; Methodist Hospital System; Dallas TX

04

Reproductive Endocrinology and Infertility Update 50% Rx

WH

Gain a better understanding of the most common gynecologic endocrinopathy – Polycystic Ovary Syndrome. The current theory on the pathophysiology of PCOS will be discussed, since this provides a foundation for all therapeutic options. Examine the diagnostic criteria for the condition, followed by management options for both the gynecologic manifestations (irregular menses, hirsutism, and infertility) and the metabolic effects of PCOS. Current guidelines for the basic evaluation of an infertile female will be reviewed, including both lifestyle recommendations and pharmacologic management options.

Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Consultant, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

05

Case Based Review of Issues in Adolescent Contraception 100% Rx

PED WH

Advance your knowledge and comfort in providing gynecologic care to female adolescents. Through a case based session, the importance of effective contraceptive counseling and components of the contraceptive counseling visit will be provided. Hear about medical indications for hormonal therapy, contraceptive options to manage specific issues, and contraindications to hormonal therapy. Issues related to confidentiality and basic legal factors will also be highlighted.

Kimberly Hammond Beckstrom, APRN, DNP, FNP-C; Nurse Practitioner, Employee & Community Health and Family Medicine Instructor - Dept. of Surgery, Department of Medicine, Mayo Clinic; Rochester MN

06

Extracorporeal Membrane Oxygenation 0% Rx

AC

Gain a better understanding of this technique which employs pumping blood through an oxygenator membrane to provide support for patients with cardiac and/or respiratory failure. Increased interest in the use of ECMO arose during the 2009 influenza A (H1N1) pandemic, assisted by advances in ECMO technology.

Kenneth Lyn-Kew, MD; Director ECMO Program, National Jewish Health and Saint Joseph's Hospital; Denver CO and Associate Professor of Medicine, National Jewish Health; Denver CO

TWILIGHT'S HIGHLIGHTS

Saturday, July 20 • 6:00 pm+

*Keystone and local merchants will have a plethora of offerings. This is your time to relax and enjoy the area on your own terms. Check the website for exclusive offerings: * Activities * Entertainment * Merchant deals * Restaurant specials * Tours * ... and much more!*



KEY

AC =
Acute CareAG =
Adult/GeriatricDM =
Dermatology
*Tracks are identified by the speaker, for indication purposes only.*PED =
PediatricPD =
Professional DevelopmentWH =
Women's Health

HS

7:00 am – 7:30 am Non-Certified
Home “Stretch”

Start your final morning off with professionals leading the way in exercise designed to stretch your muscles and invigorate your mind. Reward yourself with this treat prior to your final day at the Symposium and heading home.

AUTHORS PRESENT POSTERS

7:30 am – 8:00 am

.5 Contact/CE Hour

EDUCATIONAL SESSIONS P1 – P5

8:00 am – 9:30 am

1.5 Contact/CE Hours

P1

Diabetes Mellitus: Treatments and Technology 2019 100% Rx

AG

Review the pathophysiology of Type 1 and Type 2 Diabetes to understand why different treatment approaches are necessary. The recommended approaches to medical management of patients with Type 2 Diabetes will be described, along with the principles and practice of physiological insulin administration in patients with Type 1 Diabetes. Available continuous glucose sensor, insulin pump and closed loop technologies available for treating Type 1 and Type 2 Diabetes will be highlighted.

Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

P2

Dementias and Alzheimer's Disease: Clinical Approach to Patients with Cognitive Decline 25% Rx

AG

Gain a practical approach to the evaluation and treatment of patients with cognitive decline. Beginning with a definition and discussion of dementia in general, the specific features of the history and examination necessary to screen for and confirm a diagnosis will be reviewed. Learn about the differential diagnosis and appropriate testing, including common causes of dementia seen in practice (spoiler alert: not all cognitive decline is Alzheimer's Disease). The underlying mechanisms responsible for Alzheimer's will be discussed, reviewing how current medications work and understanding potential new therapies.

Bruce Morgenstern, MD; Neurologist, Blue Sky Neurology; Lone Tree CO

P3

Pediatric and Adolescent Gynecologic Emergencies 50% Rx

AC PED WH

Pediatric and adolescent gynecologic emergencies are more common than generally thought and may present to nurse practitioners in family medicine, pediatrics, or women's health. The etiologies for these acute vulvovaginal and pelvic presentations can differ significantly from those seen in adults, and the possibility of child sexual abuse must always be considered. Hear suggestions for obtaining the history and performing the physical exam in children and adolescents in emergency situations. The possible etiologies for various findings will be explored, along with the roles of laboratory tests and imaging in coming to a diagnosis, and management options for the conditions. A discussion of the epidemiology and long-term consequences of child sexual abuse, along with guidelines for forensic evaluation and key management issues, will also be included.

Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Consultant, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

P4

The Atopic March 0% Rx

PED

Risk factors for developing atopy will be discussed, along with the cycle of the atopic march. Understand the clinical features, diagnosis, and management of atopic dermatitis, food allergies, allergic rhinitis, and asthma. The asthma predictive index will also be reviewed.

Andrea L. Jones, MD; Allergist/Immunologist, Colorado Allergy & Asthma Centers; Greenwood Village CO

P5

Fluid Resuscitation in Acute and Critical Care: What to Use? 25% Rx

AC

The volume status of patients in the acute and critical care setting is an essential data point when assessing these tenuous patients and determining their fluid requirements. The nurse practitioner who practices in the acute care setting must be able to assess body water and sodium balance. This assessment must also include the ability to assess the fluid status of the patient. Multiple calculations related to these assessment skills will be discussed and applied to clinical practice. Acid-base balance can be affected by fluid resuscitation and has been a recent focus of research in the critical care literature. Calculations involving acid-base status will be discussed including the anion gap and strong ion difference. Understanding these concepts will assist the NP in acute and critical care to improve outcomes for their patients.

Nancy Munro, RN, MN, CCRN, ACNP-BC, FAANP; Senior Acute Care Nurse Practitioner, Critical Care Medicine Department and Pulmonary Consult Service, National Institutes of Health; Bethesda MD and Faculty Associate, Graduate School of Nursing, Georgetown University; Washington DC

EDUCATIONAL SESSIONS Q1 – Q5

9:45 am – 10:45 am

1.0 Contact/CE Hour

Q1

Rosacea: An Inflammatory Perspective 50% Rx

AG DM

Rosacea is certainly more than a red face! Review the most up to date research available focusing on pathophysiology, comorbid conditions and pharmacologic treatment plans associated with various clinical presentations. The unique TRIAD Approach to treatment will be described to ensure you are offering your patients the most holistic options available.

Heather Roebuck DNP, FNP-BC, FAANP; Owner/Dermatology Nurse Practitioner, RoebuckDerm; West Bloomfield, MI and Guest Lecturer and Clinical Preceptor, Family Nurse Practitioner Program, School of Health Sciences, Oakland University; Rochester MI

Q2

Leukocytes, Nitrites, and Blood in the Urine, Oh my! Clinical Case Presentations 50% Rx

AG

Over 50% of women in the United States have had a urinary tract infection in their lifetime. Due to over diagnosis and over treatment, antibiotic resistance rates have skyrocketed. Through case presentation, an update on the diagnosis and suggested treatments of a UTI will be discussed, including a new vaccine.

Barbara Malone, DNP, C-FNP, FNKF; Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Q3

The Fourth Trimester 25% Rx

WH

It is time to recognize the postpartum period as a unique period that can impact the health of mother and baby. The antiquated practice of following up with the obstetrics provider once at six weeks after delivery presents many missed opportunities to positively relate to mom, baby, and the family. Review the current recommendations for evaluation and treatment during the postpartum period including a first visit at three weeks.

Jennifer S. Hyer, MD; Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO and Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Q4

Pediatric Sinusitis 0% Rx

PED

The paranasal sinus development and anatomy will be described. Learn about the risk factors, clinical features, diagnosis, and treatment of acute bacterial rhinosinusitis in children. Chronic rhinosinusitis and the appropriate evaluation for pediatric patients will also be discussed.

Andrea L. Jones, MD; Allergist/Immunologist, Colorado Allergy & Asthma Centers; Greenwood Village CO

Q5

Adrenal Insufficiency in Hospitalized Patients 2019 50% Rx

AC

Gain a better understanding of the normal adrenal response to systemic illnesses, and review the management of acute adrenal insufficiency and crisis. Recommended approaches to stress glucocorticoid coverage will be explained, along with the current recommendations for management of relative adrenal insufficiency in hospitalized patients.

Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

EDUCATIONAL SEMINAR R1

9:45 am - 2:30 pm

4.0 Contact/CE Hours

Must attend entire seminar to receive credit. Partial credit is not available.

The Bridge: A Comprehensive Headache Education Program 0% Rx

AG PED

Attend a seminar featuring didactic presentations and a choice of one of two workgroups:

Workgroup R1a – Use or Procedures: Nerve Blocks, Nerve Stimulators and OnabotulinumtoxinA

OR

Workgroup R1b – Behavioral and Non-Pharmacological Strategies in Complex Headache Patients

Current pathophysiologic models will be addressed. Hear acute and preventive treatment strategies for adult and pediatric populations along with appropriate patient selection, administration (timing and route), and potential medication misuse and/or overuse concerns. Learn how to address comorbid medical complaints in appropriate medication selection and monitoring. The American Headache Society® (AHS) Nurse Practitioner / Physician Assistant (NP/PA) Special Interest Group developed this educational offering for Primary Care Nurse Practitioners and Physician Assistants. This comprehensive overview of migraine is delivered by Nurse Practitioner and Physician Assistant members of AHS.

To view the full agenda for this seminar, access www.npsymposium.com, click on “Program Details” link, “The Bridge: A Comprehensive Headache Education Program” sublink.

Carol A. Barch, MN, FNP-BC; Lead Advanced Practice Provider, Headache and Facial Pain Program, Department of Neurology, Stanford Hospital and Clinics; Palo Alto CA

Lynda J. Krasenbaum, MSN, ANP-BC; Associate Director, New York Headache Center; New York NY

Theresa Mallick-Searle, MS, RN-BC, ANP-BC; Nurse Practitioner, Pain Management, Stanford Health Care; Redwood City CA and Independent Contractor, Medical Expert Witness on Pain Management and Treatment; Stanford CA

Maureen Moriarty, DNP, ANP-BC, FAHS; Graduate Chair, Director and Assistant Professor, DNP and RN/BSN Programs, Malek School of Health Professions, Marymount University; Arlington VA and Adult Nurse Practitioner, Department of Neurology, Georgetown University Hospital; Washington DC

POSTER SESSIONS

.5 Contact/CE Hour (per Session)

FRIDAY, JULY 19: Authors Present Posters 4:45 pm – 5:15 pm

SATURDAY, JULY 20: Authors Present Posters 1:00 pm – 1:30 pm & 3:00 pm – 3:30 pm

SUNDAY, JULY 21: Authors Present Posters 7:30 am – 8:00 am



Straightforward Nonetheless Problematic: Exploring Drivers of Antibiotic Over-Prescribing

Janet Benedict, RN BSN; Lecturer, Department of Health Sciences, Colorado Mesa University; Grand Junction CO

The Effects of Shared Decision Making and Patient Education on Medication Adherence

Jessica Chung, DNP, NP-C; Assistant Professor, ARNP Program, Ron and Kathy Assaf College of Nursing, Nova Southeastern University; Wesley Chapel FL

Supporting Parents of Substance Exposed Newborns

Barbara Deloian, PhD, CPNP, IBCLC, FAANP; President/CEO, Special Kids, Special Care Inc; Parker CO

Paulina Erices, MS, IBCLC, RLC; Maternal Child Health Specialist, Jefferson County Public Health; Lakewood CO

Analysis of Parental Attitudes of Adolescent Vaccinations in the Retail Health Care Setting

Patrick Denning, MPH, MSN, FNP-C, RN; Family Nurse Practitioner/Clinic Manager, The Little Clinic; Memphis, TN

Answering the Call: The Development and Evaluation of an FNP Student Mentorship Program

Krista Estes, DNP, FNP-C; FNP Specialty Director and Associate Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Christopher Flom; BSN, RN, CCRN; Clinical RN III, Cardiac ICU, University of Colorado Hospital; Aurora CO

Glenda Robertson, MA, RN; Manager of Instructional Design and Curricular Evaluation, Office of Academic Programs, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Community Based Peer-to-Peer Mentorship Development Pilot Program for Persons with Pre-Diabetes or Type 2 Diabetes

Dawn Fetzko, DNP, MNA, APRN-BC, ANP, GNP; Nurse Practitioner Small Business Owner, Colorado Primary Care Clinic; Aurora CO

Nurse Practitioner Care Model: A Six-Step Effective Feedback Loop Maximizing Evaluation for Continuous Quality Improvement across Population Management

Dawn Fetzko, DNP, MNA, APRN-BC, ANP, GNP; Nurse Practitioner Small Business Owner, Colorado Primary Care Clinic; Aurora CO

Ivana Marosevic, FNP; Family Nurse Practitioner, Colorado Primary Care Clinic; Aurora CO

Effective Pain Management in the Operative or Trauma Patient on Buprenorphine

Mechele Fillman, MSN, NPc; Lead NP for Acute Pain Service, Anesthesia, Christus St. Vincent; Santa Fe NM

Robert Montgomery, DNP, RN-BC, ACNS-BC; Associate Professor, Anesthesiology Acute Pain Service, University of Colorado Hospital; Aurora CO

Skin Assessment Needs: Culture and Ethnicity Issues

Robin Gosdin Farrell, DNP, FNP; Associate Clinical Professor, School of Nursing, Auburn University; Auburn AL

Skylar Moore, DNP, FNP; Assistant Clinical Professor, School of Nursing, Auburn University; Auburn AL

Failure to Rescue: Improving Healthcare Provider Recognition and Response in Caring for Victims of Human Trafficking

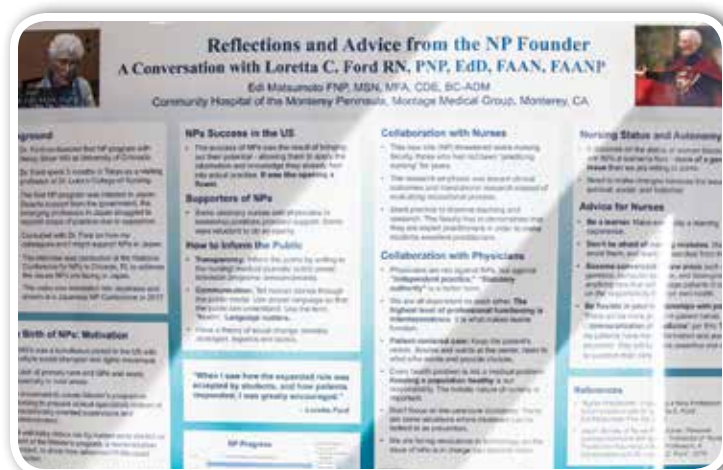
Kimberly Hammond Beckstrom, APRN, DNP, FNP-C; Nurse Practitioner, Employee & Community Health and Family Medicine Instructor - Dept of Surgery, Department of Medicine, Mayo Clinic; Rochester MN

Do You Ask Your Heart Failure Patients about Anxiety?

Ann Hayden, DNP, APRN, FNP-C; Clinical Assistant Professor, School of Nursing, University of Minnesota; Minneapolis MN

Guillain-Barre Syndrome Associated with DKA

Annie Iskra, MSN, ACNP-BC, GNP; Adult Nurse Practitioner, Department of Emergency Medicine, University Hospitals, Cleveland Medical Center; Cleveland OH



POSTER SESSIONS

.5 Contact/CE Hour (per Session)

FRIDAY, JULY 19: Authors Present Posters 4:45 pm – 5:15 pm

SATURDAY, JULY 20: Authors Present Posters 1:00 pm – 1:30 pm & 3:00 pm – 3:30 pm

SUNDAY, JULY 21: Authors Present Posters 7:30 am – 8:00 am

How Can Nurse Practitioners Impact Pain Management and Opioid Dependence Treatment during an Epidemic of Widespread Opioid Misuse?

April Kapu, DNP, APRN, ACNP-BC; Associate Chief Nursing Officer and Director for Advanced Practice, Center for Nursing Excellence, Vanderbilt University Medical Center; Nashville TN, Assistant in Critical Care, Department of Anesthesiology, School of Medicine and Associate Professor, School of Nursing, Vanderbilt University; Nashville TN

Heather Jackson, RN, MSN, FNP-BC, ADS; Assistant Director Outpatient Surgery, Surgical Patient Care Clinic and Faculty, Advance Practice Provider Team Lead, Interventional Pain Center, Department of Anesthesiology, Vanderbilt University Medical; Nashville TN

Bridging the Oncology Practice Gap: Discovery of an Enhanced Orientation Process

Monica Key, DNP, BSB-M, ANP-C, APRN, AOCNP; Nurse Practitioner, Norton Cancer Institute, Norton Healthcare; Louisville KY

Improving Depression Screening in the Adult Rural Primary Care Setting

Kelly Laham, DNP, ANP-BC, CNE; Faculty, School of Nursing, University of North Carolina; Wilmington, NC

Teen Marijuana Check-up in Clinical Practice

Kathleen Lange, ARNP; Pediatric Nurse Practitioner, School Based Clinics, Seattle Public Schools/Kaiser Permanente; Seattle WA

Quality Improvement of Chronic Care Management in Primary Care

Megan McClintock, DNP, APN, FNP-C; Orthopedic Discharge Navigator, Lutheran Medical Center; Wheat Ridge CO

CDC Guidelines in the Opioid Epidemic: Treating Chronic Pain in the Underserved at a Coloradan Primary Care Clinic - Case Presentation Using MAT

Rosario Medina, PhD, FNP-BC, AACNP, CNS; Assistant Dean, Graduate Programs, Director, DNP Practice Program, and Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Tanya R. Sorrell, PhD, PMHNP-BC; Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO and Psychiatric NP, Sheridan Health Services; Denver CO

Short Duration Antimicrobial Therapy for Skin and Soft Tissue Infections

Brandi Missel, MSN, RN, CPNP; Nurse Practitioner, Emergency Department, Children's Mercy Hospital; Overland Park KS

Alicia Daggett, MD, Physician, Emergency Department, Children's Mercy Hospital; Overland Park KS

A Lung Cancer Screening Program

Ana Nelson, DNP, RN, FNP-BC; Nurse Practitioner, Cancer Prevention Center, MD Anderson Cancer Center, University of Texas; Houston TX

Reducing Early Readmission One Patient at a Time with Population Health Management

Richard Pembroke, ACNP, EDD, CDE, BC-ADM; Assistant Professor, College of Nursing and Health Care Professions, Grand Canyon University; Phoenix AZ

Theresa Herman, MD; Chief Quality Officer, Ascension Health; Nashville TN
Cheryl Lentz, DM, MSIR; Adjunct Faculty, School of Business, Grand Canyon University; Phoenix AZ

HPV and Oropharyngeal Cancers: HPV Is Not "Just" a Sexual Transmitted Disease Anymore

Diane Spoljoric, PhD RNC FNP; Associate Professor, School of Nursing, College of Health and Human Sciences, Purdue University Northwest; Westville IN

It's All in Your Head: Conversion Disorder Treatment & Patient Education

Ann Summar, MSN, APRN, CNP, RN, FNP-BC, CRRN; Certified Nurse Practitioner, Rehabilitation Services, St. Cloud Hospital; St. Cloud MN

Navigating the Opioid Crisis: From Inpatient to Outpatient

Scott Taylor, DNP, CRNP, NRP; Clinical Practice & Development Coordinator, Clinical Practice & Professional Development, University of Maryland Medical Center; Baltimore MD

A Multidisciplinary Approach in the Treatment of Obesity and Bariatric Surgical Patients

Karen Elaine Thrift, MSN, APRN, FNP-BC, CDE; Advanced Practice Registered Nurse, Roller Weight Loss and Advanced Surgery; Fort Smith AR



MARK YOUR CALENDARS

National Nurse Practitioner Symposium

July 9-12, 2020 (pre-symposium day July 8)

Keystone Conference Center

Keystone, Colorado

GENERAL INFORMATION

The following catered events are available to registered participants for each of the day(s) registered. All catered events are complimentary to registered participants unless nominal fee is indicated:

CATERED FUNCTIONS

The following catered events are available to registered participants for each of the day(s) registered. All catered events are complimentary to registered participants unless nominal fee is indicated:

TUESDAY

- Morning and Afternoon Beverage Breaks if registered for optional Session Pre 1
- Lunch if registered for optional Session Pre 1

WEDNESDAY

- Continental Breakfast if registered for optional Session Pre 1
- Morning Break if registered for optional Session Pre 1
- Dinner if registered for optional Session Pre 9 - \$30

THURSDAY

- Continental Breakfast
- Morning and Afternoon Beverage Breaks
- Lunch if registered for optional Session SS2, SS3 or SS4
- Welcome Reception Buffet in Exhibit Hall

FRIDAY

- Continental Breakfast
- Morning and Afternoon Beverage Breaks
- Bag Lunch in Exhibit Hall
- Afternoon Snack Break
- Dinner if registered for optional Session J1 - \$30

SATURDAY

- Breakfast if registered for optional Session SS8
- Brunch in Exhibit Hall
- Afternoon Beverage Breaks

SUNDAY

- Continental Breakfast
- Morning Beverage Break
- Lunch if registered for Seminar R1

ADA

Dannemiller and the National Nurse Practitioner Symposium fully comply with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of assistance, please contact info@npsymposium.com by June 18, 2019.



COLORADO TIPS

High Altitude: Keystone is at an elevation of 9,300 feet and the climate is dry. Even healthy individuals can experience symptoms of altitude sickness. It is suggested that you increase the amount of water you drink both before traveling to Keystone and while at Keystone. You should also limit your activity level on the first day, while your body adjusts to the higher elevation and lower oxygen levels. Be aware that the effects of alcohol are increased at higher elevations.

Weather: In July, Keystone temperatures are usually in the 80s in the daytime, dropping to the 40s in the evening, with late afternoon thunder storms. Bring a hat, sunglasses and plenty of sun-screen.

What to Wear: Dress is casual. Layer your clothing to accommodate temperature changes. Warm clothing is essential for evenings. Comfortable walking shoes are recommended.

GUEST POLICIES

All educational sessions, exhibits and special events will be limited to Symposium registrants with badges. The exception is the Thursday Welcome Reception, where a limited number of tickets for guests of Symposium registrants, adults (21 and over) will be available for purchase at a cost of \$20 per ticket.

TWILIGHT'S HIGHLIGHTS FEATURE—Back by Popular Demand!

Saturday, July 20 • 6:00 pm – 8:30 pm

As part of Twilight's Highlights, Don Watson and the Vail Valley Band will provide musical entertainment at the pavilion overlooking Keystone Lake. The Vail Valley Band delights audiences with an uncanny ability to segue from song to song and from one style or genre of music seamlessly into another. The band takes great pride in honoring guest requests.

You are encouraged to attend with your family, friends and/or symposium constituents. The entertainment is complimentary. If you would like to treat it as a picnic, the Adventure Center will be offering a limited menu for purchase, Xtreme Pizza will have take-out available, or you are welcome to pack in your own picnic. The pavilion has very limited table seating. You are welcome to bring a blanket and/or lawn chairs for seating surrounding the pavilion.



NNPS STORE

Take home a piece of the National Nurse Practitioner Symposium, with our logoed items, jewelry designs and metal arts. The NNPS Store will be conveniently located in the Shavano Foyer at the Keystone Conference Center.

Hours of operation:

Thursday, July 18:	9:00 am – 6:00 pm
Friday, July 19:	9:00 am – 6:00 pm
Saturday, July 20:	9:00 am – 6:00 pm
Sunday, July 21:	9:00 am – 1:00 pm

TRAVEL INFORMATION

AIRLINE RESERVATIONS

There are 3 airport possibilities:

- Denver International Airport (DEN) located approximately 93 miles from Keystone Conference Center. It is the airport of choice of many of the attendees.
- Eagle County Regional Airport (EGE) located approximately 72 miles from Keystone Conference Center. It offers a more limited flight selection.
- Colorado Springs Airport (COS) located approximately 148 miles from Keystone Conference Center.

United Airlines is offering special meeting fares for all attendees of the National Nurse Practitioner Symposium. Earn a 2%–10% discount on United, United Express or certain United code share flights. The percentage of discount depends on the class of service booked. Special meeting fares are being offered for flights to/from Denver International Airport (DEN), Colorado Springs Airport (COS) and Eagle/Vail Airport (EGE).

To achieve maximum savings, book travel at www.united.com. Enter ZFUY793898 in the "Offer Code Box".

You may also book through Frosch Travel (303-874-7175 or Debbie.outcalt@frosch.com), your preferred travel agent or call United Meetings Reservations directly at 800-426-1122. Be sure to give your Z code, which is ZFUY and meeting code of 793898. For all tickets issued through United Meetings Reservations (800-426-1122), a booking service fee will be collected.



GROUND TRANSPORTATION

Keystone is 93 miles from Denver International Airport. Travel time by car is approximately 2 hours through the scenic Rocky Mountains. To reach Keystone, take I-70 west to Exit 205 (Dillon/Silverthorne). Turn left and go 6 miles east on US Highway 6, following the signs to Keystone. (GPS coordinates entry should be Keystone Conference Center, 0633 Conference Center Drive, Keystone, CO 80435)

Shuttle Service:

Colorado Mountain Express/Epic Mountain Express is offering group rates for attendees of the National Nurse Practitioner Symposium. Denver to Keystone is \$56 one-way per person on scheduled shared ride service. Private charter services are also available using 5-passenger and 10-passenger vehicles. Advance reservations are recommended. Call Colorado Mountain Express/Epic Mountain Express at 800-525-6363 and mention Group ID "Nurse19" when making reservations.



COLORADO MOUNTAIN EXPRESS.

Rental Car:

Avis Rent-A-Car is offering special rates for all attendees of the National Nurse Practitioner Symposium. These special rates are being offered at Denver International Airport (DEN), Colorado Springs Airport (COS) and Eagle/Vail Airport (EGE) locations. For reservations contact your preferred travel agent, call Avis directly at 800-331-1600 or access www.avis.com. Use AWD # J992313 to receive these special rates.



SYMPOSIUM LODGING

Keystone offers a variety of accommodations to suit your needs. Hotel guest rooms, studios and one bedroom condominiums work well for single and double occupancy housing. Larger condominiums provide additional space to allow attendees to bring their families or share accommodations with friends. National Nurse Practitioner Symposium participants are entitled to special group rates for lodging units in the following areas:



Keystone Lodge & Spa: A Four Diamond (AAA) property, offering three restaurants, a deli, business center, concierge, and spa with fitness center. The Lodge is accessible by complimentary resort shuttle or underground walk way to the Conference Center.

Hyatt Place: Located in the center of the resort offering spectacular views of Dercum Mountain, the surrounding peaks and the protected wetlands. Hyatt Place is a short complimentary shuttle ride to the Conference Center.

Conference Village: The Conference Village encompasses the Conference Center area and Keystone Lake. A limited number of lakeside condominiums surround the picturesque Keystone Lake and are a short walking distance to the Conference Center.

River Run: River Run is a lively, pedestrian village located at the base of Dercum Mountain. Many of Keystone's signature events take place in the main plaza, the site of boutiques and shops, restaurants and lounges. River Run is a short complimentary shuttle ride to the Conference Center.

Reservations: Reference Group Code **CC3I19** when making reservations

- Phone: 800-258-0437
- Online: www.npsymposium.com (click on "Travel" link, "Lodging" sublink)
- Mail: Keystone Reservations, PO Box 38 K-25, Keystone, CO 80435

Deposit Policy: All individual reservations require a \$50.00 deposit, with balance due 14 days prior to arrival and will be automatically charged to the credit card on file.

Cancellation Policy: Outside 1 day of arrival will result in forfeiture of the deposit. Inside 1 day will result in forfeiture of entire stay.

Cutoff Date: Room rates are valid through and including June 21, 2019. After June 21, 2019 rooms and rates are subject to availability. Early reservations are recommended as rooms, or certain types of rooms, may sell out prior to June 21, 2019.

Check In/Check Out: Check in time is 4:00pm / Check out time is 10:00am

Incidentals/Damage Pre-authorization: At check-in, your credit/debit card will be pre-authorized for 30% of the total room charge to secure payment for incidentals, and possible damage to the accommodations. Unused funds will be released upon check-out and available according to your credit/debit card issuer's processing timeframe.

Roommate Referral Service: If you are interested in sharing a condo connect with others that would like to share a condo by accessing www.npsymposium.com, then click on the "Travel" link and "Roommate Referral Service" sublink.

Other: All lodging requests and questions should be directed to 800-258-0437.

LODGING RESERVATION FORM

NATIONAL NURSE PRACTITIONER SYMPOSIUM (CC3I19)

July 18-21, 2019 (pre-symposium day July 17; Rocky Mountain Retreat July 16-17) • Keystone, Colorado

First Name _____ Last Name _____
 Company _____ Address _____
 City _____ State _____ Zip _____
 Phone _____ E-mail _____
 Check-In Date _____ Check-Out Date _____ Adults Per Unit _____

Keystone Hotel Rooms

Hyatt Place ☐ \$144 Keystone Lodge ☐ \$158 Keystone Lodge (Loft Style) ☐ \$169

Keystone Condominiums

Gateway Mountain Lodge Studio ☐ \$127 One Bedroom Condo (Conference Village or River Run) ☐ \$177
 Conference Village Studio ☐ \$158 Two Bedroom Condo (Conference Village or River Run) ☐ \$270
 Three Bedroom Condo (Conference Village or River Run) ☐ \$326
 Four Bedroom Condo (Conference Village or River Run) ☐ \$384

Special Requests

☐ Lower Floor ☐ Handicapped ☐ Smoking
☐ Conference Village ☐ River Run ☐ Other _____

Credit Card Number _____ Expiration Date _____ Security Code _____

Credit Card Holder Name (printed) _____ Signature _____

**Above rates exclude taxes/fees*

***\$50.00 deposit required at time of reservation, with balance due 14 days prior to arrival.*

****Cancellations outside 1 day of arrival will result in forfeiture of the deposit. Cancellations inside 1 day will result in forfeiture of entire stay.*

RETURN TO: Keystone Reservations, PO Box 38 K-25, Keystone, CO 80435 • Fax: 970-496-4343 • summitgroups@vailresorts.com

www.npsymposium.com

National Nurse Practitioner Symposium | 29



SYMPOSIUM REGISTRATION FORM

**SAVE \$25
REGISTER
ONLINE**

Pre-Symposium Sessions *(Free with any paid registration)*

Date	Session	Time	Code/Choice
Tuesday, July 16	Rocky Mountain Retreat <i>(\$275 fee)</i>	9:00 am – 4:30 pm	☐ Pre 1 <i>(\$275 fee)</i>
Wednesday July 17	Rocky Mountain Retreat <i>(continued)</i>	8:30 am – 12:15 pm	<i>(Included and required with Pre 1)</i>
	Educational Session	10:30 am – 12:00 pm	☐ Pre 2
	Educational Sessions	1:30 pm – 3:30 pm	☐ Pre 3 ☐ Pre 4
	Educational Sessions	3:45 pm – 4:45 pm	☐ Pre 5 ☐ Pre 6
	Educational Sessions	5:00 pm – 6:00 pm	☐ Pre 7 ☐ Pre 8
	Dinner Session <i>(\$30 fee)</i>	6:15 pm – 7:45 pm	☐ Pre 9 <i>(\$30 fee)</i>

Symposium Sessions

Thursday July 18	Educational Sessions	8:00 am – 9:30 am	☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5 ☐ A6
	Keynote Address & Awards Ceremony	10:00 am – 11:15 am	☐ KN
	Luncheon Sessions <i>(Non-certified)</i>	11:30 am – 1:00 pm	☐ SS2* ☐ SS3* ☐ SS4* <i>(Non-certified)</i>
	Educational Sessions	1:30 pm – 3:00 pm	☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6
	Educational Session	3:30 pm – 5:00 pm	☐ C1 ☐ C2 ☐ C3 ☐ C4 ☐ C5 ☐ C6
Friday July 19	“Walk & Talk” Around the Lake <i>(Non-certified)</i>	7:15 am – 7:45 am	☐ WT1 <i>(Non-certified)</i>
	Educational Sessions	8:00 am – 9:30 am	☐ D1 ☐ D2 ☐ D3 ☐ D4 ☐ D5 ☐ D6 ☐ D7
	Educational Sessions	10:00 am – 11:30 am	☐ E1 ☐ E2 ☐ E3 ☐ E4 ☐ E5 ☐ E6 ☐ E7
	Ethics Forum	12:15 pm – 1:45 pm	☐ EF
	Educational Session	2:00 pm – 3:00 pm	☐ F1
	Workshops <i>(\$95 fee)</i>	3:15 pm – 6:15 pm	<i>Indicate 1st & 2nd choices if applicable. (\$95 fee per Workshop)</i> ___ ☐ WS1 ___ ☐ WS2 ___ ☐ WS3
	Educational Session	3:15 pm – 4:45 pm	☐ G1
	Educational Sessions	5:30 pm – 6:15 pm	☐ H1 ☐ H2 ☐ H3 ☐ H4 ☐ H5
	Dinner Session <i>(\$30 fee)</i>	6:30 pm – 8:00 pm	☐ J1 <i>(\$30 fee)</i>
Saturday July 20	Breakfast Session <i>(Non-certified)</i>	7:30 am – 8:45 am	☐ SS8* <i>(Non-certified)</i>
	Workshops <i>(\$95 fee)</i>	7:30 am – 10:30 am	<i>Indicate 1st & 2nd choices if applicable. (\$95 fee per Workshop)</i> ___ ☐ WS4 (beginner) ___ ☐ WS4 (intermediate) ___ ☐ WS4 (advanced) ___ ☐ WS5 ___ ☐ WS6 ___ ☐ WS7
	Educational Sessions	9:00 am – 10:30 am	☐ L1 ☐ L2 ☐ L3
	Educational Sessions	12:00 pm – 1:00 pm	☐ M1 ☐ M2 ☐ M3 ☐ M4 ☐ M5 ☐ M6
	Educational Sessions	1:30 pm – 3:00 pm	☐ N1 ☐ N2 ☐ N3 ☐ N4 ☐ N5 ☐ N6 ☐ N7
	Educational Sessions	3:30 pm – 5:00 pm	☐ O1 ☐ O2 ☐ O3 ☐ O4 ☐ O5 ☐ O6
Sunday July 21	Home “Stretch” <i>(Non-certified)</i>	7:00 am – 7:30 am	☐ HS <i>(Non-certified)</i>
	Educational Sessions	8:00 am – 9:30 am	☐ P1 ☐ P2 ☐ P3 ☐ P4 ☐ P5
	Educational Sessions	9:45 am – 10:45 am	☐ Q1 ☐ Q2 ☐ Q3 ☐ Q4 ☐ Q5
	Educational Seminar	9:45 am – 2:30 pm	☐ R1a ☐ R1b

* Verification of clinician's practice and eligibility information may be provided to sponsor for auditing purposes.

SYMPOSIUM REGISTRATION FORM

**SAVE \$25
REGISTER
ONLINE**

Certain information will appear on your name badge. *Please print clearly.*

First Name: _____ Last Name: _____ Specialty: _____

E-mail: _____ Employer: _____

Preferred Postal Mailing Address: _____

City: _____ State/Province: _____ Zip/Postal Code: _____

Contact Phone or Cell: _____ Advanced Practice License # _____

From which School did you receive your Advanced Practice education? _____ Year graduated? _____

Please indicate if you have dietary restrictions*, a need for auxiliary aids or special assistance services (**notification required by June 18, 2019**) _____

*Dietary restrictions will be accommodated as best possible for functions held at the Keystone Conference Center, however exceptions may apply. Please call 800-996-3233 in advance or inquire at the Symposium Help Desk onsite with questions or concerns.

Registration Fees						
FEES	SAVE \$25 BY REGISTERING ONLINE	Paid by Feb 15, 2019	Paid by April 15, 2019	Paid by June 15, 2019	Paid after June 15, 2019	Nursing MS Student*
Symposium (Thurs–Sun)		\$565	\$640	\$690	\$740	\$455
Weekend (Fri – Sun)		\$515	\$590	\$640	\$690	\$400
Two-Day (Thurs–Fri, Thurs & Sat, Fri–Sat, or Sat–Sun – circle applicable days)		\$500	\$500	\$500	\$550	N/A
One-Day (Thurs, Fri, Sat, or Sun – circle applicable day)		\$300	\$300	\$300	\$350	N/A
Optional Items						
Dinner Session (Wed and/or Fri) \$30/dinner						
Handouts Thumb Drive Service (All available handouts plus update service providing subsequent updates via e-mail) \$10						
Hardcopy Syllabus (Must pre-order by June 15, 2019, not sold on-site) \$70						
Reception Pass for Guest (Thurs) \$20 (Registration includes admission to the Reception for symposium registrant. Purchase pass ONLY FOR GUEST(s) if needed.)						
Rocky Mountain Retreat (Tues–Wed) \$275						
Workshop (Fri and/or Sat) \$95/workshop						
TOTAL FEES						

*Spring or Summer 2019. Verification must be provided upon request.

CREDIT CARD PAYMENTS (American Express, Discover, Mastercard, Visa accepted)

Card # _____

Expires _____ Security code _____

Cardholder's Name (please print) _____

Signature _____

Billing Address (if different than registration address) _____

CHECK PAYMENTS PAYABLE TO "National Nurse Practitioner Symposium"

Cancellations on or before June 15, 2019 are fully refundable less a \$50 cancellation fee.

Cancellations after June 15, 2019 are non-refundable, however substitutions are allowed.

RETURN TO:

National Nurse Practitioner Symposium

4255 S Buckley Rd #118

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