

The 34th Annual Renfrew Center
Foundation Conference for Professionals

FEMINIST PERSPECTIVES AND BEYOND:

THE NEW NORMAL

HARNESSING WISDOM AND INNOVATION

Friday, November 8 – Friday, December 27, 2024

FEATURED KEYNOTE



Chukwuemeka Nwuba,
MBChB BSc.



Sabrina Strings,
PhD

KEYNOTES



Virginia Sole-Smith



Christy Harrison,
MPH, RD, CEDS

HELD VIRTUALLY
Offering 56 CEs/CMEs

ABOUT THE CONFERENCE

For 34 years The Renfrew Center Foundation's Annual Conference has been a unique event providing professionals at all levels of eating disorder expertise the opportunity to connect, learn and grapple with issues relevant to our clients, our communities and ourselves.

WHY ATTEND

TIMELY TOPICS

The Conference focuses on evidence-based strategies and clinically relevant research, with a special focus on issues impacting the current cultural climate.

PROVIDING PERSPECTIVE

Listen to a powerful Featured Keynote from Dr. Chukwuemeka "Chuks" Nwuba, MBChB BSc. and Dr. Sabrina Strings, PhD, as well as view live Keynote presentations by Virginia Sole-Smith and Christy Harrison, MPH, RD, CEDS.

ACCESSIBILITY ACROSS THE WORLD

Whether you are located within driving distance from our original Conference site in Philadelphia, PA or are a plane ride away, you can attend this virtual event without the hassle of travel. We are pleased to host professionals from all over the globe, as well as those local to the tri-state area.

LEARN AT YOUR OWN PACE

Attendees have the option to participate in live events or recorded workshops, based on their schedules. With the online Conference available for seven weeks, learn at your own pace and convenience.

CONNECT, ENGAGE & NETWORK

Avail yourself of opportunities to converse with colleagues from around the world. Attendees are invited to participate in live, interactive networking events that are so essential to the Renfrew Conference.

ACCREDITATION

Up to 56 CEs/CMEs are available for psychologists, social workers, counselors, dietitians, nurses, and physicians, including psychiatrists. Now you can attend ALL workshops that interest you, with the option to skip any that may not be applicable to your practice.

Join us in connection and collaboration as we exchange clinical knowledge, embrace new technologies and inspire transformation. Among the topics to be addressed:

- Advocacy
- AI/Technology
- Body Image & Body Dysmorphia
- Changing Clinical Practice
- Collective Trauma
- Current Research
- Emerging Theories & Therapies
- Ethics
- Special Populations (Neurodiversity, Athletes, etc.)
- Suicidality
- Social & Environmental Justice
- Weight Stigma & Medicalization of Weight

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: LIVE KEYNOTES



FEATURED KEYNOTE PRESENTATION



FRIDAY, NOVEMBER 8, 2024 • 1:00 PM – 3:00 PM (ET)

*Conference Welcome begins at 12:45 pm, led by Judi Goldstein, MSS, LSW,
Conference Chair and Vice President of The Renfrew Center Foundation*

Origins and Legacies: Impacts of Race and Gender on Eating Disorders

Presenters: Chukwuemeka Nwuba, MCBhB BSc. & Sabrina Strings, PhD

✓ CE Hours/Credits: 2

★ Level: All

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North Americans commonly believe that the Western aversion to fatness is rooted in medical concerns, especially given the purported “obesity epidemic.” However, studies have shown that the aversion to fat bodies in the West precedes medical warnings about any presumed relationship between size and health. Further, research has long established that the group most likely to be denigrated for being fat is Black women. In this presentation, Dr. Sabrina Strings will show that contrary to popular belief, fatphobia is not rooted in health concerns.

Dr. Chukwuemeka “Chuks” Nwuba is a physician in London, UK that is directly facing the current challenges that have manifested from the racial origins of fatphobia and have been perpetuated by systemic racism, sexism, and classism. He will highlight the serious public health consequences of making assumptions as to who can experience an eating disorder and will underscore the value of learning from and honoring patient lived experience, as well as the dangers of viewing health through a Eurocentric lens.

This Keynote address will include a moderated discussion that further delves into the intersection of race, gender, class and eating disorders. Our esteemed panelists will shed light on the origins, legacies and current realities that shape these complex issues and warrant further awareness, advocacy and action.

All Keynote presentations are included in your Conference registration. Please note that these are only available LIVE during the scheduled date/time and will not be viewable on demand.

SATURDAY, NOVEMBER 9, 2024 • 10:00 AM – 11:30 AM (ET)

Fat Talk: Parenting in the Age of Diet Culture

Presenter: Virginia Sole-Smith



✓ CE Hours/Credits: **1.5**

★ Level: **All**

LEARN MORE

For generations, children have learned from their parents, peers and even the medical community that thinness is a survival strategy in a world that equates body size and value. While many parents worry if their children care too much about being thin, often times a bigger and more pervasive concern for parents is protecting their children from the consequences of not being in an idealized thin body.

In this Keynote presentation, journalist Virginia Sole-Smith flips the script and questions whether our bodies are what needs fixing. She will expose the daily onslaught of fatphobia and body shaming that kids face from school, sports, doctors, diet culture, and parents themselves—and offers strategies for how clinicians can support families in changing the conversation around weight, health and self-worth.

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SATURDAY, NOVEMBER 9, 2024 • 2:00 PM – 3:30 PM (ET)

*Remarks from Samuel E. Menaged, JD, Founder and CEO of The Renfrew Centers
and The Renfrew Center Foundation*

The Wellness Trap: Breaking Free from Diet Culture & Disinformation

Presenter: Christy Harrison, MPH, RD, CEDS



✓ CE Hours/Credits: **1.5**

★ Level: **All**

LEARN MORE

Changing social norms have resulted in increasing recognition of the negative impact of diet culture. However, rather than reckoning with the harm that has been done, diet culture has evolved into the deceptively more palatable wellness culture. Interest in holistic wellness has skyrocketed in recent years, especially since the pandemic. Unfortunately, many common wellness recommendations are ineffective and even potentially harmful.

In this Keynote presentation, Christy Harrison, MPH, RD, CEDS explores several major issues in wellness, including the lack of sound evidence for many diet claims in the integrative-health space, the absence of meaningful regulations for herbal and dietary supplements, and the social-media algorithms spreading wellness mis- and disinformation. She also offers strategies for avoiding these traps so that you can promote true well-being for your clients—and pursue it in your own life.

LIVE STREAMED WORKSHOPS

All of the below workshops are included in your Conference registration. Please note that these are only available LIVE during the scheduled date/time and will not be viewable on demand.

FRIDAY, NOVEMBER 15, 2024 • 9:00 AM – 12:00 PM (ET)

The Barbara M. Greenspan Memorial Lecture

Pivots, Pirouettes and Potholes: Reflections from a Soul Journey

Presenters: Amy Banks, MD & Beth McGilley, PhD, FAED

✓ CE Hours/Credits: **3**

★ Level: **All**

LEARN MORE

As clinicians and healers, we are drawn to “help” care for another’s deepest wounds. But what of our own? In small, trusted groups, a clinician might dare to reveal her own vulnerabilities and struggles but is taught that sharing her own journey might somehow be detrimental to a client’s healing process. This ridiculous constriction has been a longstanding belief in mental health training going all the way back to Freud. But is it true, is it real? All human beings suffer deeply, and many can find joy even within the suffering.

In this discussion, facilitated by Dr. Beth McGilley, Dr. Amy Banks will lead participants on an exploration of her life journey discussing pivotal moments that have shaped her as a clinician, partner, mother and friend. Along the way she will share soul insights on what it means to live a life filled with lessons and appreciation.

FRIDAY, NOVEMBER 22, 2024 • 9:00 AM – 12:00 PM (ET)

Understanding Disordered Eating Through an Internal Family Systems (IFS) Lens

Presenter: Kimberly Daniels, PsyD

✓ CE Hours/Credits: **3**

★ Level: **Intermediate**

LEARN MORE

Recent research has shown that the prevalence of eating disorders is on the rise. Unfortunately, not everyone benefits from current treatment modalities. Internal Family Systems, or IFS, is a treatment modality that is gaining in popularity and is showing success in the areas of trauma and depression, which co-occur in the eating disordered population. Internal Family Systems is a non-pathologizing model of psychotherapy that guides individuals in approaching their eating patterns with curiosity, calmness, and compassion. Disordered eating behaviors and negative feelings toward the body are viewed as “parts,” each with a role within an individual’s internal system. By connecting with and understanding these parts, individuals can truly heal their underlying pain and help their parts shift to a more harmonious role. The model also provides the therapist with the tools to tap into their own compassionate inner resources in order to hold a calm, healing space for their clients.

FRIDAY, DECEMBER 6, 2024 • 11:00 AM – 2:00 PM (ET)

“Caste-ing” Weight Stigma on Black, Indigenous and People of Color

Presenters: Paula Edwards-Gayfield LCMHCS, LPC, CEDS-C, NCC, BC-TMH;
Carolyn Coker-Ross, MD, MPH, CEDS & Norman Kim, PhD

✓ CE Hours/Credits: **3**

★ Level: **All**

LEARN MORE

With an increasingly diverse population, it is imperative in psychotherapy to adopt a culturally sensitive approach that considers the impact of weight stigma, particularly on people of color. Black, Indigenous, and People of Color (BIPOC) continue to be under diagnosed by eating disorder professionals and seek specialized care less often. By deconstructing dominant cultural norms, social hierarchy (CASTE) and biases perpetuating weight stigma and informing therapy practices, we aim to provide actionable strategies to dismantle these detrimental dynamics. Through a social justice lens, participants will delve into privilege, bias, and the crucial intersections of identity, shedding light on how these factors exacerbate disparities in healthcare access and outcomes.

ON DEMAND WORKSHOPS

All of the below workshops are included in your Conference registration. You may view the recordings at any time, Friday, November 8, 2024 - Friday, December 27, 2024.

Nutritional Resilience: Radically Personalized Trauma Support

Presenter:

Meg Bowman, MS, MA, CNS, LDN, CHES

✓ CE Hours/Credits: 2

★ Level: **Beginner**

[LEARN MORE](#)

The Puzzle of Gender, Neurodivergence, and Eating Disorders

Presenter:

Luca Valentine (aka L. Caltabiano), LMSW, CMFT

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

Using Ketamine-Assisted Psychotherapy in the Treatment of Eating Disorders

Presenter:

Heidi J. Dalzell, PsyD

✓ CE Hours/Credits: 2

★ Level: **Intermediate**

[LEARN MORE](#)

Under Pressure: Eating Disorder Recovery in the Era of Ozempic

Presenters:

Samantha DeCaro, PsyD &

Leah Graves, RDN, LDN, CEDRD-S, FAED

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

Collaborating on the Path to Recovery: A Multidisciplinary Approach to Eating Disorder Group Facilitation

Presenters:

Carolyn Karoll, LCSW-C, CEDS-C &

Adina Silverman, MS, RD, LDN

✓ CE Hours/Credits: 2

★ Level: **Beginner**

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Treatment at the Intersection: Eating Disorders and the LGBTQ+ Community

Presenter:

Roni Levy, LMHC

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

Eating Disorder Patients in a General Psychiatric Setting: A Guide for the “Untrained” Clinician

Presenters:

Mirela Loftus, MD, PhD &
Kara Becker, LMFT, CEDS

✓ CE Hours/Credits: 2

★ Level: **Beginner**

[LEARN MORE](#)

Creating Digital Eating Disorder Resources to Support Recovery

Presenter:

Dawn Lundin, MS, RD

✓ CE Hours/Credits: 2

★ Level: **Intermediate**

[LEARN MORE](#)

Addressing Suicide Using Relational Skills and Evidence-based Interventions

Presenter:

Doreen Marshall, PhD

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

Ethical and Compassionate Supervision: Supporting Trainees in the Treatment of Eating Disorders

Presenters:

Laura Minch McLain, PsyD, BC-TMH

✓ CE Hours/Credits: 3

★ Level: **Intermediate**

[LEARN MORE](#)

Intimate Partner Violence and Eating Disorders: What Every Clinician Should Know

Presenter:

Lauren Napolitano, PsyD

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

Recent Eating Disorder Research Insights

Presenter:

Shelby Ortiz, PhD

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

ON DEMAND WORKSHOPS

All of the below workshops are included in your Conference registration. You may view the recordings at any time, Friday, November 8, 2024 - Friday, December 27, 2024.

Tech at the Table: Considerations for Leveraging Digital Tools and AI in Clinical Practice

Presenters:

Jorge Palacios, MD, PhD &
Jenna Tregarthen, PGDip

✓ CE Hours/Credits: 2

★ Level: **All**

[LEARN MORE](#)

How to Engage in Eating Disorders Advocacy for Policy Change

Presenters:

Amanda Raffoul, PhD &
Ariel Beccia, PhD

✓ CE Hours/Credits: 2

★ Level: **All**

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Good and Bad, Clean and Dirty: Substance Use and Eating Disorders

Presenter:

Mary Ann Roy, PsyD, CCS

✓ CE Hours/Credits: 2

★ Level: **Intermediate**

[LEARN MORE](#)

Eating Disorders, Disordered Eating and Body Dissatisfaction in the Perinatal Period

Presenters:

Keeley Seymour, LCSW, CEDS, PMH-C &
Jen Donovan, LCSW

✓ CE Hours/Credits: 2

★ Level: **Beginner**

[LEARN MORE](#)

More Than a Number: Measurement-Based Care in Eating Disorder Practice

Presenters:

Caitlin Shepherd, PhD &
Rebecca Brumm, LPC, CEDS-C

✓ CE Hours/Credits: **2**

★ Level: **Intermediate**

[LEARN MORE](#)

Leaning into Uncertainty: Treating Co-Occurring EDs and OCD with the Renfrew Unified Treatment Model*

Presenters:

Melanie Smith, PhD, LMHC, CEDS-C &
Angela Kaloudis, LMHC, PMH-C

✓ CE Hours/Credits: **3**

★ Level: **All**

[LEARN MORE](#)

The Role of Spiritual Care in Treatment and Healing

Presenter:

Rabbanit Alissa Thomas-Newborn, BCC

✓ CE Hours/Credits: **2**

★ Level: **All**

[LEARN MORE](#)

The Lonely Athlete: Orthorexia as a Replacement for Real Connection

Presenter:

Lacey Vogel, LMHC

✓ CE Hours/Credits: **2**

★ Level: **Intermediate**

[LEARN MORE](#)

NETWORKING AND MOVEMENT EVENTS

All of the Networking and Movement Events listed below are included in your Conference registration. Please note that these are only available LIVE during the scheduled date/time and will not be viewable on demand.

THURSDAY, NOVEMBER 7, 2024 • 7:00 PM – 8:00 PM (ET)

Cocktails & Connection: Welcome to the Conference

Facilitators: The Renfrew Center's Professional Relations Department

[LEARN MORE](#)

SATURDAY, NOVEMBER 9, 2024 • 8:30 AM – 9:30 AM (ET)

Yoga: Harnessing Calm and Elevating Peace

Facilitator: Letitia Haywood, LCSW, LCAC

[LEARN MORE](#)

THURSDAY, NOVEMBER 14, 2024 • 12:00 PM – 1:00 PM (ET)

Harnessing Wisdom Through Lived Experience: Courageously Exploring Our Diversity

Facilitators: Paula Gayfield, MA, LCMHCS, LPC, NCC, CEDS-C, BC-TMH & Adrienne Kerrigan, M.Ed, PCC

[LEARN MORE](#)

THURSDAY, NOVEMBER 21, 2024 • 12:00 PM – 1:00 PM (ET)

Networking for Professionals Treating College Students

Facilitators: Lori Ciotti, LICSW, CEDS-C & Heather Maio, PsyD, CEDS-C

[LEARN MORE](#)



SATURDAY, DECEMBER 5, 2024 • 12:00 PM – 1:00 PM (ET)

Meet and Greet: Navigating the Early Career Stage

Facilitator: Lacey Vogel, LMHC

[LEARN MORE](#)



THURSDAY, DECEMBER 12, 2024 • 12:00 PM – 1:00 PM (ET)

Dietitian Connection and Conversations Networking

Facilitators: Becky Mehr, MS, RDN, CEDS-C, LDN & Sam Wint, MPH, RDN, LDN

[LEARN MORE](#)



FRIDAY, DECEMBER 13, 2024 • 12:00 PM – 1:00 PM (ET)

Wisdom at Midlife and Beyond: Emerging Truths About Recovery

Facilitators: Karen Samuels, PhD, CEDS & Margo Maine, PhD, FAED, CEDS

[LEARN MORE](#)

RENFREW CONFERENCE CALENDAR

On demand workshops are available from Friday, November 8, 2024 - Friday, December 27, 2024.

Thursday, November 7, 2024

7:00 pm – 8:00 pm (ET)

Live Networking Event

Cocktails & Connection:
Welcome to the
Conference

Friday, November 8, 2024

12:45 pm – 1:00 pm (ET)

Conference Welcome

1:00 pm – 3:00 pm (ET)

Live Featured Keynote

Origins and Legacies:
Impacts of Race and
Gender on Eating
Disorders

Saturday, November 9, 2024

8:30 am – 9:30 am (ET)

Live Movement Group

Yoga: Harnessing Calm and
Elevating Peace

10:00 am – 11:30 am (ET)

Live Keynote Presentation

Fat Talk: Parenting in the
Age of Diet Culture

2:00 pm – 3:00 pm (ET)

Live Keynote Presentation

The Wellness Trap:
Breaking Free from Diet
Culture and Disinformation

Friday, November 22, 2024

9:00 am – 12:00 pm (ET)

Live Workshop

Understanding Disordered
Eating Through an Internal
Family Systems (IFS) Lens

Thursday, December 5, 2024

9:00 am – 12:00 pm (ET)

Live Workshop

Understanding Disordered
Eating Through an Internal
Family Systems (IFS) Lens

Friday, December 6, 2024

11:00 am – 2:00 pm (ET)

Live Workshop

“Caste-ing” Weight Stigma
on Black, Indigenous and
People of Color

Thursday, November 14, 2024

12:00 pm – 1:00 pm (ET)

Networking Event

Harnessing Wisdom
Through Lived Experience:
Courageously Exploring
Our Diversity

Friday, November 15, 2024

9:00 am – 12:00 pm (ET)

**Live Workshop - The
Barbara M. Greenspan
Memorial Lecture**

Pivots, Pirouettes and
Potholes: Reflections from
a Soul Journey

Thursday, November 21, 2024

12:00 pm – 1:00 pm (ET)

Networking Event

Networking for
Professionals Treating
College Students

Thursday, December 12, 2024

12:00 pm – 1:00 pm (ET)

Networking Event

Dietitian Connection and
Conversations Networking

Friday, December 13, 2024

12:00 pm – 1:00 pm (ET)

Networking Event

Wisdom at Midlife and
Beyond: Emerging Truths
About Recovery

: REGISTRATION INFORMATION

WHAT'S INCLUDED

Your registration will give you access to:

3 Live Keynote Presentations

20 On Demand Workshops

3 Live Streamed Workshops

7 Special Networking Events & Activities

From Friday, November 8, 2024 through Friday, December 27, 2024

Offering up to 56 CEs/CMEs/Contact Hours to psychologists, social workers, counselors, dietitians, nurses, and physicians, including psychiatrists. All courses are appropriate for social workers. Attend all presentations and sessions or pick and choose what interests you.

REGISTRATION OPTIONS

EARLY*

\$225

REGULAR

\$295

STUDENT**

\$220

CE CREDITS

56

PAYMENT DETAILS

If you are paying by check, please make checks payable to The Renfrew Center Foundation.

Full refunds will be made for cancellations received by **Friday, October 4, 2024**.

Cancellations after **Friday, October 4, 2024** will be refunded 50% of the registration fee.

There will be no refunds issued after **Friday, November 4, 2024**.

All requests for refunds must be submitted in writing to conference@renfrewcenter.com.

**FOR MORE INFORMATION OR TO REQUEST ANY SPECIAL NEEDS,
PLEASE CONTACT CONFERENCE@RENFREWCENTER.COM OR CALL 1-877-367-3383.**

*Registration must be submitted by **Friday, September 27, 2024 at 11:59 pm (ET)**

to receive the early discounted rate.

**Photocopy of Student ID must be presented.

***Group rates available for four or more attendees from the same organization. Discounts will be available AFTER Early Registration ends. The best rate available is offered between June 17, 2024 through September 27, 2024 for the Early Registration Rate of \$225.

****No phone registrations will be accepted.

CLICK HERE TO REGISTER

Registrations will be processed
within 48 hours.

: SCHOLARSHIPS

The Renfrew Center Foundation is pleased to offer scholarships for the 2024 Renfrew Center Foundation Conference which include a **complimentary full Conference registration**.

ELIGIBILITY

Scholarship applicant:

- Is a credentialed researcher, clinician or advocate who has **five years or less experience** working within the field of eating disorders.
- Can demonstrate commitment to education, prevention, research, advocacy and/or treatment of eating disorders.

OR

- Is a **first-time attendee** to The Renfrew Center Foundation Conference.
- Is a credentialed researcher, clinician or advocate who has experience working within the field of eating disorders.
- Can demonstrate commitment to education, prevention, research, advocacy and/or treatment of eating disorders.

APPLICATION PROCESS

Submit the following items:

- [Online application form](#)
- An updated resume/CV.

AWARD NOTIFICATION

Applications must be submitted by Friday, July 12, 2024. All applicants will be notified by Friday, August 16, 2024. Applicants not selected for the scholarship can receive the Conference early rate if registered by Friday, September 27, 2024.

For questions, please contact conference@renfrewcenter.com or call 1-877-367-3383.

★ ★
CLICK HERE TO APPLY
★ ★

: ACCREDITATION

Accreditation Council for Continuing Medical Education (ACCME)

An application has been submitted for consideration. Please contact conference@renfrewcenter.com or 1-877-367-3383 for more information.

American Psychological Association (APA)

The Renfrew Center Foundation is approved by the American Psychological Association to sponsor continuing education for psychologists. The Renfrew Center Foundation maintains responsibility for the program and its content.

Commission on Dietetic Registration (CDR)

Continuing Education Credits for registered dietitians are offered pending approval by the Commission on Dietetic Registration for up to 56 Credits.

National Association of Social Workers (NASW)

This program is pending approval by the National Association of Social Workers for 56 continuing education contact hours.

National Board for Certified Counselors (NBCC)

The Renfrew Center Foundation has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5852. Programs that do not qualify for NBCC credit are clearly identified. The Renfrew Center Foundation is solely responsible for all aspects of the programs.

New York State Education Department

The Renfrew Center Foundation is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0176.

The Renfrew Center Foundation is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0170.

The Renfrew Center Foundation is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0172.

The Ohio Nurses Association

This continuing education activity has been submitted to the Ohio Nurses Association to award contact hours. The Ohio Nurses Association is an Ohio Board of Nursing approver of continuing education. (OBN-001-91)

*Participants must attend the training, in full, and complete an evaluation and post-tests to earn CE credit for each workshop.

*CE credits will be sent via email after the Conference no later than January 31, 2025.

: ABOUT US

The Renfrew Center

The Renfrew Center, Family-Owned and Operated since its opening in 1985 as the Nation's First Residential Eating Disorder Treatment Facility, has helped more than 100,000 cisgender adolescent girls and adult women, transgender, and non-binary individuals with eating disorders move towards recovery. Renfrew provides those suffering from anorexia nervosa, bulimia nervosa, binge eating disorder, and related mental health problems with the tools they need to succeed in recovery and in life. Renfrew provides a comprehensive range of services, now with 19 locations throughout the country, located in California, Florida, Georgia, Illinois, Maryland, Massachusetts, New Jersey, New York, North Carolina, Pennsylvania, and Tennessee. Programs and services vary by site and include: Residential, Day Treatment, Intensive Outpatient, Outpatient Programs, and Virtual Therapy through Renfrew@Home.

Each treatment level is built upon The Renfrew Center Unified Treatment Model for Eating Disorders®, an evidence-based, emotion-focused therapy that addresses eating disorders and co-morbid symptoms. Within this model, individual and group therapy are enhanced with a diverse array of services to meet patients' needs. Renfrew accepts most major insurances and is a preferred provider for all levels of treatment.

The Renfrew Center Foundation

The Renfrew Center Foundation, established in 1990, is a 501(c)(3), non-profit, charitable organization dedicated to advancing eating disorders education, prevention, research, advocacy, and treatment. Through its programs, the Foundation aims to increase awareness of eating disorders as a public health issue and research the pathology and recovery patterns of people with eating disorders. The Foundation also seeks to educate professionals in the assessment, treatment and prevention of behavioral and emotional disorders by sponsoring an Annual Conference, as well as numerous seminars throughout the country. To date, the Foundation has trained more than 50,000 professionals.

The Renfrew Center Foundation is committed to helping individuals on the road to recovery by providing financial assistance to those who might otherwise not be able to continue treatment. The Foundation is supported financially by private donations, as well as by funding from The Renfrew Center. Professionals can become more involved with The Foundation's efforts through individual donations and planned giving opportunities. Together, with your help, we can build a future where patients and their families have the hope for a healthy life, free from eating disorders.

For more information, please call **1-800-RENFREW (736-3739)**
or visit **www.renfrewcenter.com**.