

RDH • UnderOneRoof®

www.rdhunderoneroof.com

1,500+ dental hygienists • **125+** exhibitors • **19** CE credits

Everything's
Bigger *in*
Texas
Including your
career

**2019 PRELIMINARY
EVENT GUIDE**

July 31 - August 2, 2019 • Gaylord Texan Resort & Convention Center, Grapevine, TX

Owned & Produced by:

PennWell®

Presented by:

RDH

WHY ATTEND?

Now in its 18th year, **RDH Under One Roof** is a conference and exhibition exclusively for dental hygienists. RDH Under One Roof is **THE event for the dental hygiene profession.**

Take it from these hygienists, this is an event you don't want to miss!

"If you haven't been, you're missing out on the best event of the year for hygienists!"

"You get a lot for your money...CEs, lunches that were provided, lots of samples, great networking, and the staff was helpful."

"Very best conference I've ever attended--and I've been doing hygiene for 42 years! Never boring, always so informative. I come home overflowing with new information, new ideas, and new products. UOR never disappoints!"

1,500+
Dental
Hygienists

125+
Exhibitors

19
CE Credits

2019 Conference Highlights

- **Diversified clinical general session topics, including substance abuse, new products, teledentistry, oral cancer, periodontal disease, and so much more!**

- **New for 2019!** New for 2019! One-hour mini general sessions covering risk assessments in treatment planning, technology checkups, and tongue analysis for the dental hygienist, presented by RDH UOR

- **Hands-on workshops offering advanced or new techniques; some topics of interest are lasers, sharpening and professional development.**

• ALL ATTENDEE SESSIONS

- **Day 1:** Mega Session/General Session: *Making Sense Makes CENTS*, presented by Katrina M. Sanders, MEd, BSDH, RDH, RF

Commercially supported by: 

- **Day 2:** Keynote/General Session: *5 Steps to Make the Impossible Possible*, presented by Ben Nemtin

Commercially supported by: **PHILIPS**

- **Day 2:** Mega Session/General Session: *Rekindling Your Career Passion Moving Beyond Feeling Trapped*, presented by Anne Guignon, MPH, RDH, CSP

Commercially supported by: 

- **Day 3:** Wrap-up/General Session: *Whole Mouth Health: What Is It and Why Do My Patients Care?*, presented by Ann Eshenaur Spolarich, PhD, RDH, FSCDH; Annette Wolfe, BSDH, RDH; Phyllis Martina, MBA, RDH

Commercially supported by: 

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Early-Bird Gift



Actual item may vary from item pictured.

Register as a **full conference attendee** now or anytime before **May 31, 2019**, and receive a free **RDH Under One Roof stainless steel insulated tumbler!**

Registration and payment in full must be received by May 31, 2019, to qualify for the promotion.

If you are already registered (and paid), you will receive the early bird gift (no additional action necessary).

GENERAL EVENT
INFORMATION

CONFERENCE

EXHIBITION

TRAVEL &
REGISTRATION

3 Ways to Reserve:



ONLINE:

RDHUnderOneRoof.com/register



EMAIL:

rdh@american-tradeshows.com



MAIL:

PennWell/RDH UOR 2019
P.O. BOX 973059 | Dallas, TX 75397-3059

EVENT SCHEDULE

PRE CONFERENCE, TUESDAY, JULY 30, 2019

2:00 p.m. – 6:00 p.m.	Registration Open
5:00 p.m. – 6:00 p.m.	Kickoff Party* sponsored by Straumann
6:00 p.m. – 8:00 p.m.	Private Party*

DAY 1, WEDNESDAY, JULY 31, 2019

6:30 a.m. – 6:00 p.m.	Registration Open
8:00 a.m. – 2:30 p.m.	General Sessions / Workshops*
10:00 a.m. – 4:00 p.m.	Exhibits Build
10:00 a.m. – 6:00 p.m.	CE Kiosk Open
1:00 p.m. – 3:00 p.m.	Lunch and Learn*
3:00 p.m. – 5:00 p.m.	Mega Session
5:00 p.m. – 7:30 p.m.	Exhibits Open
6:00 p.m. – 7:30 p.m.	Welcome Reception on the Exhibit Hall Floor sponsored by Brasseler

DAY 2, THURSDAY, AUGUST 1, 2019

7:00 a.m. – 6:00 p.m.	Registration Open / CE Kiosk Open
8:00 a.m. – 10:00 a.m.	Keynote / General Session
10:00 a.m. – 2:30 p.m.	Exhibits Open
10:30 p.m. – 2:30 p.m.	General Sessions / Workshops*
12:30 p.m. – 2:30 p.m.	Lunch on Exhibit Hall Floor
2:30 p.m. – 5:00 p.m.	Exhibits Close
3:00 p.m. – 5:00 p.m.	Mega Session / General Session
5:00 p.m. – 7:30 p.m.	Exhibits Open
6:00 p.m. – 7:30 p.m.	Networking Reception
7:30 p.m. – 9:30 p.m.	Young Reception: The Night is Young* sponsored by Young

DAY 3, FRIDAY, AUGUST 2, 2019

7:30 a.m. – 1:00 p.m.	Registration Open
7:30 a.m. – 3:00 p.m.	CE Kiosk Open
8:00 a.m. – 1:00 p.m.	General Sessions / Workshops*
10:00 a.m. – 2:30 p.m.	Exhibits Open
12:30 p.m. – 2:30 p.m.	Lunch on Exhibit Hall Floor
3:00 p.m. – 5:00 p.m.	Wrap-Up / General Session

*Pre registration is required for attendance; seating is limited.

PLEASE NOTE THE FOLLOWING:

- Schedule is tentative and subject to change.
- Workshops are ticketed and fee-based. Pre registration is required for attendance.
- No additional registration is needed to attend general sessions. They are included in your full conference registration fee.

SOCIAL NETWORKING



Let's Connect!

#RDHMAG



rdhmag



RDHMagazine



RDHMAG



RDH Magazine

CONNECT

with other dental
hygienists.

**STAY
UP-TO-DATE**
with event
happenings.

SHARE

your RDH UOR
journey.

WIN PRIZES.



GENERAL EVENT
INFORMATION

CONFERENCE

EXHIBITION

TRAVEL &
REGISTRATION



GENERAL INFORMATION, FAQs, AND EVENT CONTACTS

On-site Registration Hours

Tuesday, July 31	2:00 p.m. – 6:00 p.m.
Wednesday, August 1	6:30 a.m. – 6:00 p.m.
Thursday, August 2	7:00 a.m. – 6:00 p.m.
Friday, August 3	7:30 a.m. – 1:00 p.m.

Exhibit Hall Hours

Wednesday, August 1	5:00 p.m. – 7:30 p.m.
Thursday, August 2	10:00 a.m. – 2:30 p.m. & 5:00 p.m. – 7:30 p.m.
Friday, August 3	10:00 a.m. – 2:30 p.m.

Registration

What is included in a full conference registration?

- All general sessions, including the mega, keynote, and wrap-up sessions
- Up to 19 CE credits if you attend only general sessions all three days
- Access to the exhibit hall floor to visit and network with 125-plus exhibitors
- Lunch on the exhibit hall floor Thursday and Friday
- Meeting kickoff party on Tuesday evening* and receptions on the exhibit hall floor Wednesday and Thursday evenings

See page 51 for additional details.

Please note: Workshops are not included in a full conference registration. Additional registration is required to attend workshops.

*Pre registration required for kickoff party.

General Event

How do I get my dentist to help pay my tuition?

- See page 50 for tips on how to justify your trip to your dentist.

What meals are included?

- Full conference attendees receive lunch on Thursday and Friday and drinks and snacks at each of the networking receptions on the exhibit hall floor.

Travel Tips

How do I book my hotel room?

See page 49 for details.

How do I find a roommate?

- Join our Facebook page (facebook.com/rdhmagazine) to become acquainted with fellow attendees.

What do I wear? How should I pack?

- Typical attire for attendees ranges from business casual to casual. It will be hot outside, but the session rooms will be set for 72 degrees. ***This can feel chilly to some, so bring a sweater or light jacket to wear during the day.***

What activities does Grapevine offer?

- A lot! See page 48 for a list of activities.

Exhibit Hall

Will I have time to visit the exhibit hall?

- Yes, and there is so much to see! Visit the exhibit hall during lunch, in between sessions, and during the evening receptions.
- See pages 40–45 for a full diagram of the exhibit hall and a list of exhibiting companies.

Conference

What is a general session?

- General sessions are large group courses open to all registered conference attendees. Seating is first come, first served, so come early to get a good seat. No additional registration is needed to attend any of the general sessions.

What is a workshop?

- Workshops are small group courses with hands-on elements. Workshops are ticketed and require additional registration for a nominal fee.

What if I am late to a course?

- In an effort to keep the conference program on schedule, courses start promptly. Be early!
- If you are late to a general session, try to enter the room as quietly as possible and find a seat.
- If you are late to a workshop, you may lose your seat! Workshops are always in high demand and often sell out prior to the event. On-site wait-lists are used to fill empty seats. If you are late, your seat will likely be filled.
- If you miss a workshop, you can choose to attend another workshop that is not already sold out. Check in with registration on-site to work out your specific situation. **Please note: Refunds will NOT be issued on missed workshops.**

Will there be course handouts?

- General sessions will have handouts provided online approximately 30 days before the event. All pre-registered attendees will be sent an email notice that the handouts are ready to be printed and downloaded.
- Workshop materials are all provided by the presenter and handed out during the session.



GENERAL INFORMATION, FAQs, AND EVENT CONTACTS

CE Credits

How many credits can I expect to earn while attending UOR?

- You can earn up to 19 CE credits by attending general sessions in every time slot on all three days. This includes attendance at the mega, keynote, and wrap-up sessions.
- Organize your time to fit your needs. The number of CE credits available is indicated on each course. You can maximize your time to earn as many credits as possible—or earn what you need.

How do I collect my CE credits?

- There is a CE kiosk on-site where you can collect your CE certifications of completion and verification. To do this, follow these instructions: At the end of every session you will be given a CE code. Write down the code and visit the CE kiosk when convenient. At the kiosk, log in, take the course evaluation, and print your CE verification. The CE kiosk will be open all three days of the event. CE redemptions may also be done later from home. Customer service support is available via phone and email, if needed.

CE Claim Credit / CE Kiosk Information

Collect your continuing education credits while on-site at the event.

1. Write down the course code, which is provided at the end of each session you attend.
2. Visit the on-site CE kiosk and complete the course evaluation.
3. Print the CE verification.

Wednesday, July 31

10:00 a.m. – 6:00 p.m.

Thursday, August 1

7:00 a.m. – 6:00 p.m.

Friday, August 2

7:30 a.m. – 3:00 p.m.

Visit dentalacademyofcontinuingeducation.com to access the full library of self-study CE offered by the Dental Academy of Continuing Education!

Powered by



Still have questions? Contact us!

Registration Department

(985) 801-0678
rdh@american-tradeshow.com

Conference Information

Laura Winfield
Conference Manager
(918) 831-9869
lauraw@pennwell.com

Event Information & Logistics

Lauren Infanti
Event Operations Manager
(918) 832-9313
laureni@pennwell.com

Event Marketing

Samantha Forrest
Marketing Manager
(918) 831-9854
samanthaf@pennwell.com

Exhibitor Services

Michael Donnell
Exhibitor Services Manager
(918) 831-9707
michaeld@pennwell.com

Community, Content and Sales Coordinator

Aileen Gunter
(918) 832-9271
aileeng@pennwell.com

Exhibition & Sponsorship Sales

Chris Page
National Sales Manager
(518) 373-0622
christopherp@pennwell.com

Amanda Anderson
Midwest Key Accounts
(918) 831-9402
amandar@pennwell.com

Machele Galloway
West, South
(918) 200-3341
macheleg@pennwell.com

Jay Martorelli
East
(862) 259-4130
jmartorelli@pennwell.com

Leslie Brown
Marketing Services/Key
Accounts
(918) 831-9851
leslieb@pennwell.com



2019 SPONSORS



RDH Under One Roof thanks the following sponsors for their support.



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Sapphire Sponsors



Additional Sponsors



GENERAL EVENT
INFORMATION

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TRAVEL &
REGISTRATION

GIVEAWAY

Here's your chance to win one of six \$500 prizes!

All attendees are eligible to enter the “**Cash Prize Giveaway**” on the exhibit floor to win some extra spending money during your stay in Grapevine. Just visit the sponsors' booths during RDH Under One Roof 2019 to be entered for your chance to win cash!

A total of six \$500 cash prizes will be given away during the Wrap-Up Session on Friday, August 2, 2019, from 3:00 p.m. to 5:00 p.m. Complete rules and regulations can be found at www.RDHUnderOneRoof.com.

Cash Giveaway Sponsors:



As of February 14, 2019



NETWORKING OPPORTUNITIES



PRE CONFERENCE - TUESDAY, JULY 30

5:00 p.m. - 6:00 p.m.

*Kickoff Party: Rev-It-UP

Sponsored by: **straumann**

DAY 1 - WEDNESDAY, JULY 31

1:00 p.m. - 3:00 p.m.

*Lunch and Learn: Titanium REVolution
and What Role the Registered Dental
Hygienist Plays in Tooth Replacement

Sponsored by: **straumann**

5:00 p.m. - 7:30 p.m.

Exhibits Open

6:00 p.m. - 7:30 p.m.

Welcome Reception

Sponsored by: **BRASELER
USA**

DAY 2 - THURSDAY, AUGUST 1

10:00 a.m. - 2:30 p.m.

Exhibits Open

12:30 p.m. - 2:30 p.m.

Lunch on Exhibit Hall Floor

1:00 p.m. - 3:00 p.m.

American Academy of Dental Hygiene
Annual Business Meeting

Sponsored by: **AAH**
American Academy of Dental Hygiene
Approved provider through December 31, 2019

2:30 p.m. - 5:00 p.m.

Exhibits Close

5:00 p.m. - 7:30 p.m.

Exhibits Open

6:00 p.m. - 7:30 p.m.

Networking Reception

7:30 p.m. - 9:30 p.m.

*Young Reception: The Night is Young

Sponsored by: **YOUNG**

DAY 3 - FRIDAY, AUGUST 2

10:00 a.m. - 2:30 p.m.

Exhibits Open

12:30 p.m. - 2:30 p.m.

Lunch on Exhibit Hall Floor

*Registration required | Note: Schedule subject to change



GENERAL EVENT
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TRAVEL &
REGISTRATION

CONFERENCE AND EVENT SCHEDULE

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

TUESDAY, JULY 30, 2019 | PRE CONFERENCE

2:00 p.m. – 6:00 p.m.	Registration Open
5:00 p.m. – 6:00 p.m.	Straumann Kickoff Party Rev-It-Up – Sponsored by: 

WEDNESDAY, JULY 31, 2019 | DAY 1

6:30 a.m. – 6:00 p.m.	Registration Open
8:00 a.m. – 10:00 a.m. GENERAL SESSIONS	<i>Examining Therapeutic Potential of Cannabis in Dentistry, Nicole Greco, BSDH, MA</i>
	<i>The Sky Isn't Falling! The Profile of HPV Oral Lesions, Sherri Lukes, RDH, MS, FAADH</i>
	<i>Mission Possible: the Endgame of Perio, Tanya Dunlap, PhD</i>
	<i>Disrupt, Debride, and Detoxify: Implant Patient Care, Susan Wingrove, RDH, BS</i>
	<i>The Cost of Pneumonia Worldwide in Lives and Money: Is Oral Hygiene the Answer? Cindy Kleiman, RDH, BS</i>
8:00 a.m. – 10:00 a.m. WORKSHOPS	<i>High Tech, Light Touch: Hands-on With Sharpen-free Instruments, L. Whitney Howerton, MDH, RDH</i>
8:00 a.m. – 11:00 a.m. WORKSHOPS	<i>The Joy and Karma of a Long Dental Hygiene Career, Tami Wanless, RDH, MEd</i>
10:00 a.m. – 6:00 p.m.	CE Kiosk Open
10:30 a.m. – 12:30 p.m. GENERAL SESSIONS	<i>Teledentistry in Action: How Technology Increases Access to Care [Panel]</i>
	<i>New Products to Elevate Your Career and Create Smiles! Tricia Osuna, RDH, BSDH, FAADH</i>
	<i>How to Train Your Dentist, Timothy Johnston, DDS</i>
	<i>Ride the Wave (length) into a More Productive Practice, Joy Raskie, RDH</i>
	<i>Nutrition and Oral Health: What Every Dental Professional Should Know, Dr. Joy, RDH</i>
10:30 a.m. – 12:30 p.m. WORKSHOPS	<i>You, Oral Health, Chronic Disease and the New Guidelines, Amy Kinnamon, RDH, MS</i>
	<i>Biohack Your Life & Career to "10x" Your World, Tonya Lanthier, RDH</i>

NETWORKING
LUNCHEONS

GENERAL SESSIONS

WORKSHOPS

ALL ATTENDEE
SESSION

WEDNESDAY, JULY 31, 2019 | DAY 1 (CONT.)

1:00 p.m. – 3:00 p.m. NETWORKING LUNCHEONS	Lunch and Learn: Titanium REvolution and what role the registered dental hygienist plays in tooth replacement, Tracy Anderson Butler, RDH, MFT Hosted by 
1:30 P.M. – 2:30 P.M. GENERAL SESSIONS	<i>Save Someone's Life with an Extraoral Examination, Irene Iancu, BSc, RDH, CTD</i>
	<i>Patients, Pills & Pathologies. Why Medical History Clues, Amber Riley, RDH, MS</i>
	<i>The Role of Risk Assessments in Treatment Planning, Dorothy Garlough, RDH, MPA</i>
	<i>The Technology Checkup: What You Don't Know Can Hurt You and Your Patient! Ann-Marie DePalma, CDA, RDH, MEd, FADIA, FAADH</i>
3:00 p.m. – 5:00 p.m. ALL ATTENDEE SESSION	<i>Tongue Analysis for the Dental Hygienist, Alyse Schockey, RDH, CHHP, OMT</i>
	Mega Session – Making Sense Makes CENTS, Katrina M. Sanders, RDH, BSDH, MEd, RF
5:00 p.m. – 7:30 p.m.	Exhibits Open
6:00 p.m. – 7:30 p.m.	Welcome Reception on the Exhibit Hall Floor

THURSDAY, AUGUST 1, 2019 | DAY 2

7:00 a.m. – 6:00 p.m.	Registration Open CE Kiosk Open
8:00 a.m.–10:00 a.m. All Attendee Session	Keynote- 5 Steps to Make the Impossible Possible, Ben Nemtin

“

The energy felt during the conference was inspiring. I felt empowered to do more in practice and in general. The overall sense of community was the best.

”

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CONFERENCE AND EVENT SCHEDULE

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

THURSDAY, AUGUST 1, 2019 | DAY 2 (CONT.)

10:30 a.m. – 2:30 p.m. GENERAL SESSIONS	<i>Smile As You Sprinkle Your Patient Treatment with New Products! Tricia Osuna, RDH, BSDH, FAADH</i>
	<i>Chocolate, Blueberries, and Wine: Fighting Inflammation with Clinical and Nutritional Prevention Strategies, Kelli Swanson Jaecks, MA, RDH</i>
	<i>Baby Boomers and the Aging Mouth, Cindy Saylor, M.ED., RT(R)(CT)(ARRT); Katy Warren, RDH, MEd.</i>
	<i>Subgingival Endoscopic Visualization as a Diagnostic & Treatment Tool for Peri-Implantitis, Nicole Fortune, RDH, MBA</i>
	<i>Ask Yourself... "Are Your Patients Too Sensitive"? Dr William Paveletz, DMD</i>
10:30 a.m. – 12:30 p.m. WORKSHOPS	<i>***"Feel the Wave", Joy Raskie, RDH</i>
	<i>Make Every Minute Matter - Time Saving Sharpening Solutions, Tami Wanless, RDH, MEd</i>
	<i>Navigating the Temping Landscape, Anne Guignon, RDH, MPH</i>
10:00 a.m. – 2:30 p.m.	<i>Exhibits Open</i>
12:30 p.m. – 2:30 p.m.	<i>Lunch on the Exhibit Hall Floor</i>
1:00 p.m. – 3:00 p.m.	<i>American Academy of Dental Hygiene Annual Business Meeting</i>
3:00 p.m. – 5:00 p.m. All Attendee Session	<i>Mega Session - Rekindling Your Career Passion- Moving Beyond Feeling Trapped, Anne Guignon, RDH, MPH</i>
5:00 p.m. – 7:30 p.m.	<i>Exhibits Reopen</i>
6:00 p.m. – 7:30 p.m.	<i>Networking Reception on the Exhibit Hall Floor</i>
7:30 p.m. – 9:30 p.m.	<i>Young Reception: The Night is Young! – sponsored by Young Dental</i>

“ I decided to attend to network with other hygienists, and gain CE credits; the courses offered interested me! ”

NETWORKING
LUNCHEONS

GENERAL SESSIONS

WORKSHOPS

ALL ATTENDEE
SESSION

FRIDAY, AUGUST 2, 2019 | DAY 3

7:30 a.m. – 1:00 p.m.	Registration Open
7:30 a.m. – 3:00 p.m.	CE Kiosk Open
8:00 a.m. – 10:00 a.m. GENERAL SESSIONS	<i>“The Chamber of Secrets”: What’s In Your Patient’s Medicine Cabinet? Patient Self-Medication and Considerations for the Dental Hygienist, Thomas Viola, RPh., CCP</i>
	<i>Vaping- A Viable Alternative or Danger in the Air? Jamie Collins, RDH</i>
	<i>Head and Neck Oral Cancer Screening Best Practices- It’s More Than What Catches the Eye, Susan Cotten, RDH, BS, OMT</i>
	<i>Periodontal Disease Does Not Discriminate Based on Age: A look at Periodontal Disease from Childhood to Early Adulthood, Lancette VanGuilder, RDH, BS</i>
8:00 a.m. – 11:00 a.m. WORKSHOPS	<i>You on Paper: Your Resume is Your First Impression, Mike Cindrich, MS</i>
10:00 a.m. – 2:30 p.m.	Exhibits Open
10:30 a.m. – 12:30 p.m. GENERAL SESSIONS	<i>Domestic Violence: Bruises Deeper than Black and Blue & The Role of Dental & Health Care Providers, Debbie Zafiropoulos, RDH, Randy Houska, DDS</i>
	<i>The Dental Hygienist as a Non-Physician Care Provider: Exploring the Role of Dental Hygienists in Medical Screening, Casey Hein, BSDH, MBA</i>
	<i>Effective Sequencing with Ultrasonic Instrumentation- What’s On Your Tray? Marianne Dryer, RDH, MEd</i>
11:00 a.m. – 1:00 p.m. GENERAL SESSIONS	<i>Water In, Water Out: Total Water Compliance in Your Practice; Leann Keefer, RDH, BS, MSM</i>
	<i>#Top Trending Topics in Dentistry, Kristy Menage Bernie, RDH, MS, RYT</i>
12:30 p.m. – 2:30 p.m.	Lunch on Exhibit Hall Floor
3:00 p.m. – 5:00 p.m. ALL ATTENDEE SESSION	<i>Whole Mouth Health: What Is It and Why Do My Patients Care? Ann Eshenaur Spolarish, RDH, PhD, FSCDH; Anette Wolfe, RDH, BSDH; Phyllis Martina, RDH, MBA</i>

GENERAL EVENT
INFORMATION

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TRAVEL &
REGISTRATION



SPEAKER LIST

PennWell and the staff of RDH Under One Roof would like to thank the session presenters for their dedication and participation in the conference. Additional speaker information can be found on www.rdhunderoneroof.com.



Tracy Anderson-Butler,
CRDH, MFT
Pages 18, 25



Mike Cindrich,
MS
Page 36



Jamie Collins,
RDH
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Susan Cotten,
BS, RDH, OMT
Page 35



Ann-Marie DePalma,
MEd, CDA, FADIA, FAADH
Page 27



Marianne Dryer,
MEd, RDH
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Tanya Dunlap,
PhD
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Ann Eshenaur Spolarich,
PhD, RDH, FSCDH
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Nicole Fortune,
MBA, RDH
Page 31



Dorothy Garlough,
MPA, RDH
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Nicole Greco,
MA, BSDH
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Anne Guignon,
MPH, RDH, CSP
Pages 30, 33



Casey Hein,
MBA, BSDH, RDH
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Randy Houska,
DDS
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Whitney Howerton,
MDH, RDH
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Irene Iancu,
BSc, RDH, CTDIP
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Timothy Johnston,
DDS
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Dr. Joy Void-Holmes,
BSDH, MHSc, RDH, AADH
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Leann Keefer,
RDH, BS, MSM
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Amy L. Kinnamon,
MS, RDH
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Dr. Brittany Kinol,
DMD
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Cindy Kleiman,
BS, RDH
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Tonya Lanthier,
RDH
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Sherri Lukes,
MS, RDH, FAADH
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Elaine Mamola,
AP, RDH
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Phyllis Martina,
MBA, RDH
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Kristy Menage Bernie,
MS, RDH, RYT
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Ben Nemtin,
Keynote Speaker
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Tricia Osuna,
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Dr. William Pareletz,
DMD
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SPEAKER LIST



Joy Raskie,
RDH
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Amber Riley,
MS, RDH, FAAFS
Pages 26



Carol Roszel,
RDH, BSDH
Page 23



Katrina M. Sanders,
MEd, BSDH, RDH, RF
Page 28



Cindy Saylor,
MEd, RT(R), (CT), (ARRT)
Page 29



Alyse Shockey,
RDH, CHHP, OMT
Page 27



Staci Stout,
BS, RDH
Page 23



Michelle Strange,
MSDH, RDH
Page 23



Kelli Swanson Jaecks,
MA, BSDH, RDH
Page 31



Lancette VanGuilder,
BS, RDH
Page 36



Thomas Viola,
RPH, CCP
Page 35



Tami Wanless,
MEd, RDH
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Katy Warren,
MEd, RDH
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Susan Wingrove,
BS, RDH
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Annette Wolfe,
RDH, BSDH
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Debbie Zafiropoulos,
RDH
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ADVISORY COMMITTEE



Thank you to the RDH Under One Roof 2019 advisory committee! As a member of the committee, these dedicated dental hygiene professionals share their insights and experiences, and devote their time to help ensure the quality of the conference program.

GENERAL EVENT
INFORMATION

CONFERENCE

EXHIBITION

TRAVEL &
REGISTRATION

Tamela Ososky, RDH

Linda Meeuwenberg, RDH,
MA, FADIA

Angie Mott, RDH

Sherri Lukes, MS, RDH, FAADH

Rachel Smith, RDH

Mercedes Mendoza, RDH

Patti DiGangi, BS, RDH

Alicia Murria, RDH

Claire Jeong, RDH

Lorri Brennan, RDH

Amber Auger, RDH

Kris Potts, RDH, FAADH

Ashlee Crump, RDH

Lauren Gueits, BS, RDH

B. Michelle Strange,
MSDH, RDH

Lisandra Maisonet, BS, RDH,
EFDA, PHDHIP, CDA

Jamie Collins, RDH

Tammy Staiger, BS, RDH

Provider Accreditations and Disclosures



PennWell Corporation is an ADA CERP recognized provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at v. PennWell's recognition of term extends from 11/1/2015 - 12/31/2019.



PennWell Corporation is designated as an approved AGD PACE program provider by the Academy of General Dentistry. The formal continuing education programs of the program provider are accepted by the AGD for fellowship, mastership, and membership maintenance credit. Approval does not imply acceptance by state or provincial boards of dentistry, or AGD endorsement. The current term of approval extends from 11/1/2015 - 10/31/2019. Provider #: 320452



PennWell Corporation is an American Academy of Dental Hygiene (AADH) approved provider through December 31, 2019.

PROVIDER DISCLOSURE: PennWell Corporation's Dental Division does not have a leadership or financial/commercial interest in any products or services discussed or shared in any of the educational activities presented at RDH Under One Roof 2019.

PROVIDER/CE PLANNING MEMBERS DISCLOSURE: Craig Dickson, Publisher, has no relevant financial interest which may create a conflict of interest related to RDH Under One Roof. Laura Winfield, Conference Manager, has no relevant financial interest which may create a conflict of interest related to RDH Under One Roof.

CAUTION! Completing a single continuing education activity DOES NOT provide enough information to give the participant the feeling that s/he is an expert on the topic presented. It is a combination of many educational activities and clinical experience that allows the participant to develop skills and expertise.

PROVIDER CONTACT INFORMATION: Laura Winfield, Conference Manager, lauraw@pennwell.com or direct at 918-831-9869.

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

Courses with commercial support provided by an unrestricted educational grant include the logo of the commercial supporter. Expanded information regarding speakers, session details, and other conference and event information can be found on the RDH Under One Roof website, rdhunderoneroof.com.

General Sessions are large group sessions. They are included in a full conference registration. Seating is first come first serve, so arrive early to get a good seat!

Mega Sessions, Keynote, and Wrap-up are all-attendee general sessions and are also included in a full conference registration.

Workshops are small hands-on sessions set classroom. Workshops require additional registration to attend. Workshops sell out quickly! Do not miss the opportunity to attend—register early.

Networking Activities are fun non-CE activities designed to promote fellowship and mentorship with your peers. Be sure to check if an activity requires registration to attend. Lunch on Thursday and Friday, and several receptions are included in a full conference registration.

TUESDAY, JULY 30, 2019 | PRE CONFERENCE

5:00 p.m. – 6:00 p.m.
**NETWORKING
ACTIVITY**

Kickoff Party: *Rev-It-Up*



Moderator: Tracy Anderson-Butler, CRDH, MFT

All delegates are invited! This event is all about celebrating YOU and the vital role hygienists play in dentistry. Join our sponsor Straumann, for an evening of fun and merry-making as we kick off RDH Under One Roof. Enjoy a specially-designed cocktail and yummy hors d'oeuvres as we Rev-It-Up with fun games, gift giveaways, and pumping music. See you there!

Sponsored by:



8:00 a.m. – 10:00 a.m.
GENERAL SESSION

Oral Pathology • 2 CE

The Sky Isn't Falling! The Profile of HPV Oral Lesions


Sherri Lukes, MS, RDH, FAADH
OBJECTIVES:

1. List the HPV subtypes associated with various HPV oral lesions
2. Describe the clinical appearance of various HPV oral lesions
3. Discuss treatment options for HPV oral lesions
4. List oral lesions included in a differential diagnosis for HPV oral lesions
5. Discuss HPV's role in oropharyngeal cancer

The mere mention of HPV can strike fear in the hearts of dental clients. Oral lesions associated with human papilloma virus infection are of great significance to the dental community and their diagnosis prompts many questions and concerns from patients. Responsible for a variety of lesions in the oral cavity, it behooves the dental community to be knowledgeable about those of both low- and high-risk HPV subtypes. This interactive course will present the various oral manifestations of HPV, including squamous papilloma, focal epithelial hyperplasia (Heck's disease), condyloma acuminatum and HPV oropharyngeal cancer. Many images presented are from the presenter's personal collection of lesion images accumulated over a 38-year dental career. Clinical appearance and treatment options will be included for each lesion, with a discussion concerning lesions to include in the differential diagnoses. Engaging patients in dialogue about HPV lesions, especially concerning the link with oropharyngeal cancer, will also be discussed.

Sponsored by:


8:00a.m. – 10:00 a. m.
GENERAL SESSION

Periodontics • 2 CE

Mission Possible: The Endgame for Perio


Tanya Dunlap, PhD
OBJECTIVES:

1. The benefits and limitations of antimicrobial and mechanical therapies for biofilm control
2. How and why antimicrobials with oxidative/reduction reactions effectively manage biofilms
3. How to incorporate localized antibiofilm therapies into existing treatment plans
4. How to help preserve the health of your implant, cosmetic, and restorative cases

Most periodontal patients struggle between office visits, and it's no wonder why. Toothbrush, rinse and floss don't reach past 3mm. Break the cycle of gingival inflammation and disease with the power of oxygen delivered deep into periodontal pockets via a prescription tray. If you are frustrated by tissue that chronically bleeds, by patients who fearfully refuse treatment, or by ineffective homecare, then this is your course. Scaling combined with prescription trays leads to better reductions in pocket depths and bleeding than scaling alone. Your patients need this help and they can only get it from you.

Sponsored by:



*I enjoyed the networking, the presenters, and the abundance of info. **IT WAS ABOUT US!***

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

WEDNESDAY, JULY 31, 2019 | DAY 1 (CONT.)

8:00a.m. – 10:00 a. m.
GENERAL SESSION

Marijuana • 2 CE

Examining Therapeutic Potential of Cannabis in Dentistry



Nicole Greco, MA, BSDH

OBJECTIVES:

1. Describe and define the medical and dental benefits of the major cannabinoids and terpenes
2. Develop an understanding of the applications of CBD, THC in addition to CBG, CBN and terpenes
3. Analyze the potential of providing therapeutic pain relief through the use of hemp-based and cannabis-based medicine
4. Understand the regulatory, dispensing and commercial aspects of cannabis-based medicine/dentistry

Dental professionals must re-examine how to treat pain and anxiety in this era of opioid crisis. This course is a comprehensive review of current research and applications to dentistry. THC, CBD, CBG, CBN and all the essential oils of the cannabis plant known as terpenes will be covered along with forms of administration, dosing and types of cannabis medicine with patient-specific considerations. Therapeutic potential of cannabis will be examined including, pain management, psychological aspects of pain management application, topical uses for anti-microbial and anti-fungal, along with potential chairside use to replace nitrous oxide, opioids and NSAIDS. Cannabis use in the TMD patient as well as other various orofacial pain entities will be discussed. Case studies will be utilized to demonstrate efficacy and applications for cannabis in the general practice.

8:00 a.m. – 10:00 a.m.
GENERAL SESSION

Implants • 2 CE

Disrupt, Debride, and Detoxify: Implant Patient Care



Susan Wingrove, BS, RDH

OBJECTIVES:

1. Understand the latest research for implant maintenance and home care
2. To put into practice the latest protocols for safe, effective implant maintenance on all forms of dental implant-borne restorations, patients including full fixed arch hybrids
3. Recommend the latest in prevenative neutral pH home-care products and oral health apps for overall health for our implant-borne restoration patients

Today, patients have complex dentitions of natural teeth, restorations, and Implants. Biofilm disruption, proper tools for debridement, and detoxification to eliminate inflammation are key! This course will provide you with the latest tools, protocols, and products for safe, effective implant maintenance. Learn the most effective neutral pH preventive oral home-care products and home-care protocol to recommend. Elevate your implant patient care to the next level with the latest to disrupt, debride, and detoxify for longer lasting oral health!

Sponsored by:



8:00 a.m. – 10:00 a.m.
GENERAL SESSION

Oral-Systemic Health • 2 CE

The Cost of Pneumonia Worldwide in Lives and Money: Is Oral Hygiene the Answer?


Cindy Kleiman, BS, RDH
OBJECTIVES:

1. Review the morbidity, mortality, and costs of pneumonia worldwide and the connection to oral health
2. Define key components of a research-based, comprehensive institutional oral care protocol and the evidence for reducing pneumonia
3. Promote the value and synergy of working as an interdisciplinary team to improve patient outcomes

Pneumonia can steal a life quickly! Patients dependent on others for oral care are at increased risk of pneumonia from aspiration of pathogenic oral bacteria. Can pneumonia be prevented with the power of a toothbrush? This course explores research by a dental hygienist and nurse practitioner to establish interdisciplinary oral care protocols to prevent pneumonia in high-risk populations. Patients on life support may develop Ventilator-associated Pneumonia (VAP), while others may develop a hospital-acquired pneumonia. Resulting mortality rates of roughly 20% in the US cost hospitals \$40,000 per case, which is not reimbursable. Can RDHs save both lives and hospital costs? Oral assessment guides and protocols will be detailed, along with evidence of significant reduction with interdisciplinary care. Incorporation of dental hygienists as members of multidisciplinary hospital teams will be examined. Potential for expansion of the protocol into other underserved populations will be explored.

8:00 a.m. – 10:00 a.m.
WORKSHOP

Dental Hygiene Products • 2 CE • \$20

High Tech, Light Touch: Hands-on with Sharpen-free Instrumentation


L. Whitney Howerton, MDH, RDH
OBJECTIVES:

1. Gain confidence in the basics of general hand instrumentation and ergonomic principles needed to deliver quality patient care
2. Recognize the benefits of a modified instrumentation technique while actively experiencing sharpen-free instrumentation
3. Appreciate the metallurgic properties of various hand instruments, including American Eagle Instruments' unique instrument patterns
4. Implement proper instrument maintenance and sterilization recommended by the CDC and OSHA

Sponsored by:



Instrumentation can play an integral role in patient comfort, quality of care, and career longevity. High Tech, Light Touch engages course participants by training them in an innovative technology not traditionally taught while completing a dental hygiene program. New techniques may easily be integrated immediately into a practice setting, improving ergonomics and patient satisfaction.

The speakers were great. I always come away feeling more energized about my career.

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

WEDNESDAY, JULY 31, 2019 | DAY 1 (CONT.)

**8:00 a.m. – 11:00 a.m.
WORKSHOP**

The Business of Dental Hygiene • 3 CE • \$30
The Joy and Karma of a Long Dental Hygiene Career



Tami Wanless, MEd, RDH

This course will focus on the interrelationship between cumulative trauma disorders and instrumentation techniques. A variety of hands-on activities utilizing a wide array of dental instruments on typodonts will give participants the opportunity to discover the joy of implementing new approaches to help reach peak performance with minimal stress and strain.

Emphasis will focus on adapting your technique for optimal health. This workshop will provide practical principles for enhancing dexterity, preserving strength and increasing confidence when confronting ergonomic challenges. Exercises and best practices will be introduced to help extend the life of your career. Discover the joy and karma of implementing new advances.

Sponsored by:



**10:30 a.m. – 12:30 p.m.
GENERAL SESSION**

Dental Hygiene Products • 2 CE
Enhance your career Texas Style with New Products!



Tricia Osuna, BSDH, RDH, FAADH

OBJECTIVES:

1. Recognize improvements on products used by dental professionals
2. Compare new materials and products for various aspects of dentistry
3. Evaluate options in appropriate delivery of treatments
4. Communicate effectively to patients and assist in the business of the dental practice
5. Recognize and evaluate changes to implement in the practice

This creative concept in education offers attendees an opportunity to hear directly from manufacturers as they present their newest products with education. Company representatives speak for 10 minutes presenting education—not pricing or competitive information—on their products. The pace is fast and the information extremely valuable while respecting your time. This is a creative and thought-provoking learning experience! Please note that this is not a repeated course.

**This session is commercially supported.*



10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Teledentistry • 2 CE

Teledentistry in Action: How Technology Increases Access to Care

Panelist: Dr. Brittany Kinol, DMD; Staci Stout, BS, RDH; Carol Roszel, BSDH, RDH; Elaine Mamola, AP, RDH

Moderator: Michelle Strange, MSDH, RDH

OBJECTIVES:

1. Understand opportunities to implement teledentistry
2. Gain insights into practice models that are innovative and sustainable
3. Evaluate practice models that can utilize direct access and technology

Teledentistry is already making a significant impact in a range of dental care settings. The introduction in 2018 of CDT codes for teledentistry services and the increasing number of state practice acts enabling direct access are rapidly changing the landscape for dental hygiene. The time is right for a conversation that educates dental hygienists to learn more about this important new tool and inspires them to explore new opportunities. The concept for this panel is to bring together several dental hygienists and possibly a collaborating dentist to discuss from experience how teledentistry enables hygienists to reach new patient groups, re-invigorate their career and foster innovation in both public health and private practice settings. We have identified panel members with in-depth experience with state practice acts, alternative practice models and the implementation and application of teledentistry. They will each explain how legislation and practice acts in their state encouraged them to explore innovative ways to provide dental hygiene services. A lively discussion of teledentistry's role in expanded access care delivery models and an engaging question and answer segment will allow attendees to review their current practice and explore ideas with dental professionals already using innovative teledentistry-enabled approaches.

Sponsored by:


10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Lasers • 2 CE

****Ride the Wave(length) into a More Productive Practice***

Joy Raskie, RDH
OBJECTIVES:

1. Roll into how a laser really works
2. Navigate through the sea of a variety of different dental lasers
3. Splash over the different procedures a dental hygienist can perform
4. Dive into the benefits of utilizing a laser for both your patients and your practice
5. Surf into increasing your production with a laser
6. Float into the safety of dental lasers

Are you curious about how a laser works and how it can be utilized in the hygiene department? Take a fresh new approach to your everyday periodontal program and learn how adding a laser can not only recharge you but also revitalize your patients and your practice.

Note! This general session is a prerequisite for the workshop titled "Feel the Wave" on Thursday, August 1st, 10:30 a.m. – 12:30 p.m.

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I've heard great things about it and I received the RDH magazine and decided to take a trip with my classmates!

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

WEDNESDAY, JULY 31, 2019 | DAY 1 (CONT.)

10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Professional Development • 2 CE
How to Train Your Dentist



Timothy Johnston, DDS

OBJECTIVES:

1. Recognize the challenges in becoming a thought leader in your practice
2. Analyze the critical role you can play in practice improvement
3. Overcome the challenges in working with stubborn people
4. Become synchronized in how patients are treated
5. Create a system for daily success, now and in the future

Most dentists just let things happen. Face it, this leadership style is the least confrontational, and dentists simply don't want to create conflict. How many dentists even run the show in their own home? The women in their lives are often the leaders. Perhaps they are waiting for you, the hygienist, to step up to the plate and be a leader, solve problems, create action plans, and be a catalyst for change! The potential problem is being viewed as a pushy "pre-madonna" who thinks she owns the place ... right? This course will show you specific strategies to help lead your team, gain your dentist's trust, and form an alliance with all the team members in your office, all without seeming pushy. Getting synchronized with each other in everything from treatment planning to patient education and being a unified team might just be up to YOU ... with the right skills!

10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Professional Development • 2 CE
Nutrition and Oral Health: What Every Dental Professional Should Know



Dr. Joy Void-Holmes, BSDH, MHSc, RDH, AADH

OBJECTIVES:

1. Discuss the roles of nutrients, including fats and sugars and the impact on tissue development
2. Identify nutritional considerations and the systemic impact on the human life span
3. Discuss the nutritional aspects of caries, gingivitis, periodontitis and other oral conditions

Good nutrition is integral to overall health. The mouth is the window to the body, what we eat affects general health, but also directly impacts oral health. The first signs of a nutritional deficiency often appear in the oral cavity. Patients who consume too many calories, fermentable carbohydrates, non-nutritious snacks, and sugary sweetened drinks are at risk for developing tooth decay, periodontal disease, and various systemic diseases. To that end, it is essential that dental professionals possess basic knowledge about nutrition, the physiological processes that occur in the body after food is consumed, and the effects of nutrition on the body and oral cavity. This information will position the dental professional to provide a thorough nutritional assessment to their patients.

Sponsored by:



10:30 a.m. – 12:30 p.m.
WORKSHOP

Disease Management • 2 CE • \$20
You, Oral Health, Chronic Disease and the New Guidelines



Amy L. Kinnamon, MS, RDH

OBJECTIVES:

1. Discuss the role of comprehensive evaluation and its parameters within the staging and grading of periodontal disease
2. Define the association between periodontal disease and systemic illness
3. Relate clear communication of the oral-systemic link to increase treatment acceptance
4. Identify systemic illness with an association to periodontal disease and describe the mode of action
5. Construct a protocol that encompasses the guidelines for staging and grading periodontal disease

Oral bacteria have been implicated in correlation with a host of systemic diseases including heart disease and diabetes as well as many other chronic illnesses. By committing to an interdisciplinary approach to care we can be key stakeholders in facilitating our patients' journey to whole body health. Attendees will explore the history of the oral-systemic link as well as periodontal disease and the mechanism of action for the association to chronic systemic illness. This course includes a review of the literature concerning the oral-systemic link and how to communicate those findings to our patients to facilitate whole body health. Using each member of the dental team to educate the patient will also be discussed in this course.

Sponsored by:



10:30 a.m. – 12:30 p.m.
WORKSHOP

*Other • 2 CE • \$20

Biohack Your Life & Career to “10x” Your World



Tonya Lanthier, RDH

We all want to be the best version of ourselves, both in our personal and professional lives to better support our patients. Learn how to “10x” your productivity to reach your highest potential by tapping into the latest science-backed insights and tactics in this interactive session. Takeaways for participants include better understanding their personality and work style through DISC assessments, learning how to define their own Core Values, and Neuronal Programming for professional and personal success.

Sponsored by:



11:00 a.m. – 1:00 p.m.
LUNCH AND LEARN

Lunch and Learn: Titanium REvolution and What Role the Registered Dental Hygienist Plays in Tooth Replacement



Moderator: Tracy Anderson Butler, MFT, RDH

OBJECTIVES:

1. Identify basics of implant types and components
2. Communicate benefits of implants versus crown and bridge
3. Understand benefits of surface technology from placement to final restoration
4. Understand how mechanics of implant design impact crestal bone maintenance
5. Increased case acceptance through effective communication
6. Enhance the knowledge of implants among the entire dental team and the role of registered dental hygienist

In today's economy patients are looking for long-term, predictable results when making decisions on treatment options. Dental patients have become more than simply patients, they are also consumers. Tooth loss and replacement pose both physical and emotional effects on patients. According to the American College of Prosthodontists, over 178 million Americans are missing at least one tooth. Understanding indications for treatment and effectively communicating benefits is essential for dental consumers to make an informed decision. The registered dental hygienist spends multiple hours annually with patients faced with the choice of tooth replacement. Early detection is key to managing expectations and critical in delivering predictable outcomes. Dental hygienists are poised to be ambassadors in implant dentistry. Collaboration among the entire dental team strengthens the knowledge of case selection, case presentation and ultimately case acceptance.

This session identifies the true impact of the interdisciplinary relationship between the dental hygienist, dental assistant, administrative team, restorative dentist and specialist

Sponsored by:



I enjoyed the networking parties, being treated with respect, and seeing the recognition for our profession!

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

WEDNESDAY, JULY 31, 2019 | DAY 1 (CONT.)

**1:30 p.m. – 2:30 p.m.
GENERAL SESSION**

Oral-Systemic Health • 1 CE

Save Someone's Life with an Extraoral Examination



Irene Iancu, BSc, RDH, CTDp

1. Identify signs and symptoms of cardiovascular diseases, pre-cardiovascular diseases, diabetes and insulin resistance
2. Conduct an extraoral examination and provide documentation of potential warning signs
3. Assess blood work including HDL/LDL, glucose levels and associated metrics
4. Provide specific periodontal considerations for clients with cardiovascular conditions and diabetic precursors

An extraoral examination can save a patient's life. As clinicians, the goal is early detection and identification of pathological lesions. The focus for dental hygienists has been oral pathology which, as allied healthcare professionals, there are components of your extraoral examination that have been uncharted territory.

This lecture is designed to empower the dental hygienist to make notice to specific dermatological tell-tale signs of systemic disease. Utilizing case studies and condition imagery to identify early signs of cardiovascular conditions, diabetes, and pre-diabetes. This lecture will ignite a fire within every single person in the room to be more vigilant regarding the extraoral examination as they are with the intraoral examination.

**1:30 p.m. – 2:30 p.m.
GENERAL SESSION**

Disease Management • 1 CE

Patients, Pills & Pathologies. Why Medical History Clues are Critical to General Dental Treatment



Amber Riley, MS, RDH, FAAFS

1. Participants will receive an up-to-date, concise review of the more common prescription and illicit drugs that are widespread in our patient populations
2. Accepted and specific dental management recommendations will be made
3. Drug and alcohol abuse will be examined
4. Drug interactions that are significant to dentistry will be reviewed

The number of Medically compromised patients with age-related diseases such as cancers, or lifestyle associated factors such as obesity, drug use and abuse, as well as the myriad of common and often underestimated abnormal physical conditions that we cross paths with on a day-to-day basis demand a sharpened focus during our treatment planning, delivery of care and periodontal maintenance in general dentistry. These patients require clinicians that have a competent insight into legal and illicit pharmacotherapies and are capable of deducing findings from patient medical histories and willing to collaborate with patients' medical providers to provide optimal dental care.

“

I liked all of the classes, I wish there was a way to attend all of them!

”

1:30 p.m. – 2:30 p.m.
GENERAL SESSION

Disease Management • 1 CE

The Role of Risk Assessments in Treatment Planning



Dorothy Garlough, MPA, RDH

1. Recognize the broadening scope of hygienists as preventive care providers
2. Establish protocol for risk assessments in your practice
3. Communicate findings to patients in an engaging manner
4. Identify how risk assessments impact treatment planning

The delivery of care not only involves the diagnosis of disease but also the identification of risk factors that may lead to disease. Hygienists' role as preventative health care providers involves utilizing protocol that looks at multiple factors which may preclude the loss of health. Linking these factors effectively influences treatment planning, and providing solid recommendations and education for patients is the gold standard of dentistry today.

1:30 p.m. – 2:30 p.m.
GENERAL SESSION

The Business of Dental Hygiene • 1 CE

The Technology Checkup: What You Don't Know Can Hurt You and Your Patients!



Ann-Marie DePalma, MEd, RDH, CDA, FADIA, FAADH

OBJECTIVES:

1. Discuss electronic dental records and how they enhance the patient experience
2. Review basic HIPAA requirements as they pertain to electronic dental records
3. Examine dental practice management software and key data the hygienist should understand
4. Explain basic practice management principles as they relate to dental hygiene practice

Practices are utilizing practice management software to enhance the patient experience and improve overall care. Most dental teams however are only surviving in the software and not thriving in its use. As dentistry moves toward the medical model of care, technology and software will become a more integral part of the hygienist's practice and patient care. As a hygienist, do you understand your software and technology or are you just surviving with it? This program will review what the hygienist needs to know about practice management software and what data is important to the hygiene practice.

The program is NOT a training program for any specific practice management software.

1:30 p.m. – 2:30 p.m.
GENERAL SESSION

Oral-Systemic Health • 1 CE

Tongue Analysis for the Dental Hygienist



Alyse Shockey, RDH, CHHP, OMT

1. Recognize the broadening scope of hygienists as preventive care providers
2. Understand how tongue piercing, splitting or forking impacts oral-systemic health
3. Recognize correct tongue function and placement for optimal facial growth

Tongue analysis can swiftly advance your clinical skills in recognizing imbalances within the body. A quick look at the tongue can tell much about the overall health of a person. This screening process can easily be included in the oral cancer exam in just a few minutes without any equipment. Learn to recognize the role of the tongue in jaw development, tooth alignment, speech, food movement, swallowing and sleep apnea. You will come away from this course with accurate assessment tools to help you, your patients, and your family members.

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

WEDNESDAY, JULY 31, 2019 | DAY 1 (CONT.)

3:00 p.m. – 5:00 p.m.
**MEGA SESSION/
GENERAL SESSION**

Communication & Patient Compliance • 2 CE
Making Sense Makes CENTS



Katrina M. Sanders MED, BSDH, RDH, RF

OBJECTIVES:

1. Analyze effective protocols for implementing diagnostic, preventive, and periodontal therapy
2. Identify opportunities for improving preventive and periodontal diagnostics, implementation, and case acceptance
3. Discuss dialogue and verbiage that will improve patient values and outcomes as they relate to preventive and periodontal procedures

Sponsored by:



As dental hygienists we are consistently concerned about the health of our patients while our doctors are concerned about the health of their practice. With production goals in place, dental hygienists set out to ensure a thriving hygiene department without feeling like a sales team. This 2CE hour course for dental hygienists facilitates the transition from sales to service, ensuring patients say YES to a valuable hygiene department that boosts production within a thriving practice. After all, a healthy hygiene department that makes sense will make CENTS.

6:00 p.m. – 7:30 p.m.
**NETWORKING
ACTIVITY**

Welcome Reception on the Exhibit Hall Floor

Come one, come all—the exhibit hall is open! Welcome the exhibitors participating in RDH Under One Roof 2019. Relax and savor hors d'oeuvres and drinks as you network with the exhibitors and enjoy some fellowship with your dental hygiene colleagues.

THURSDAY, AUGUST 1, 2019 | DAY 2

8:00 a.m. – 10:00 a.m.
**KEYNOTE/GENERAL
SESSION**

Professional Development • 2 CE
5 Steps to Make the Impossible Possible



Ben Nemtin

OBJECTIVES:

1. Why prioritizing personal goals is vital to your well being, the well being of those around you, and your career
2. How to unbury your dreams and keep them unburied
3. Identifying the most important dream in your life and taking actionable steps toward it
4. Identifying the #1 thing that holds people back from accomplishing their dreams
5. How to accomplish seemingly impossible goals
6. Identifying the #1 regret people have at the end of their life and ensuring you do not have the same regret

Ben Nemtin is on a mission to achieve the unthinkable. From playing basketball with President Obama to streaking a soccer field, from raising over \$400,000 for charity to placing a record-breaking \$250,000 bet on roulette—Ben's bucket list quest has inspired millions to strive for greatness. Ben weaves the compelling story of how The Buried Life grew from 100 impossible dreams scribbled on a piece of paper into a global movement of millions and skillfully connects his story to the fabric of our daily lives. Ben's message of radical possibility combined with his '5 Steps to Make the Impossible Possible' leaves audiences not only inspired but also equipped to tackle the seemingly insurmountable. Ben's system of achieving any impossible goal demystifies daunting tasks and turns 'dreams' into 'projects' by creating a digestible pathway to success. Mediocre is crowded- raise your bar and surprise yourself.

Sponsored by:



10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Dental Hygiene Products • 2 CE

The Bigger the Knowledge, the Healthier the Smiles-New Products Panel!



Tricia Osuna, BSDH, RDH, FAADH

OBJECTIVES:

1. Recognize improvements on products used by dental professionals
2. Compare new materials and products for various aspects of dentistry
3. Evaluate options in appropriate delivery of treatments
4. Communicate effectively to patients and assist in the business of the dental practice
5. Recognize and evaluate changes to implement in the practice

This creative concept in education offers attendees an opportunity to hear directly from manufacturers as they present their newest products with education. Company representatives speak for 10 minutes presenting education—not pricing or competitive information—on their products. The pace is fast and the information extremely valuable while respecting your time. This is a creative and thought-provoking learning experience! Please note that this is not a repeated course.

* This course is commercially supported.

* This is NOT a repeat of Wednesday's panel

10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Geriatrics • 2 CE

Baby Boomers and the Aging Mouth



Katy Warren MEd, RDH and Cindy Saylor, MEd, RT(R) (CT) (ARRT)

1. Identify changes in the cardiovascular, nervous, respiratory, musculoskeletal, sensory, digestive, and integumentary systems as the body ages
2. Discuss the relationship of the oral cavity to systemic diseases
3. Implement effective strategies to improve the dental procedure experience and outcome for the aging patient

In 2030, the last of the boomers will be over the age of 65, contributing to approximately 1/3 of the US population being over 65. Baby boomers are living longer due to better health care and medications; more focus on health related issues; and better education and incomes. This interactive presentation will focus on what happens to the body as it ages and how dental visits can be adjusted to meet the needs of the aging patient.



CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

THURSDAY, AUGUST 1, 2019 | DAY 2 (CONT.)

10:30 a.m. – 12:30 p.m.
WORKSHOP

Professional Development • 2 CE • \$20
Navigating the Temping Landscape



Anne Guignon, MPH, RDH, CSP

OBJECTIVES:

1. Compare seven different ways to get booked
2. Learn foolproof ways to keep a temporary assignment drama-free
3. Discover what to bring on the first day
4. Create your unique temping survival kit
5. Develop your unique practice style
6. Understand how to get paid fairly and correctly
7. Recognize the benefits and downsides of doing temp work

An increasing number of dental hygienists now work in temporary positions rather than permanent employment settings. Temping has always been an option for new graduates. An increasing number of hygienists now earn income as a temp when family obligations shift. They relocate to a new community when long-term employer retires or a new boss changes the practice dynamics. Working as a temporary presents the hygienist with a whole different set of options and challenges. Every practice is different, and every day is different. Some hygienists love the freedom of temping and others dread the unknown. Temping can provide great learning experiences and can be a wonderful networking platform. It is a great way to hone your healthcare provider philosophy and exercise your professional flexibility. Attendees will be armed with strategies that minimize the bumps in the road and maximize the unique benefits of not being tied to the same routine every day. Leave with your own practical, strategic roadmap for temping success!

10:30 a.m. – 12:30 p.m.
WORKSHOP

Lasers • 2 CE • \$20
****“Feel the Wave”***



Joy Raskie, RDH

OBJECTIVES:

1. Learn how you can use lasers safely and comfortably on your patients; allowing them to float confidently to a healthier mouth
2. Experience the top of the wave by learning the correct technique and form for various laser hygiene procedures

Learn how lasers are making waves in the hygiene department. Join us to learn the different strokes of using a laser clinically in your daily practice.

Note! This course has a prerequisite: Attendance of the Wednesday, July 31st, general session Ride the Wave into a More Productive Practice is required.

Sponsored by:



I loved the ability to meet with other hygienists from different states and get their perspectives on different topics and issues.



11:00 a.m. – 1:00 p.m.
GENERAL SESSION

Oral-Systemic Health • 2 CE

Chocolate, Blueberries and Wine: Fighting Inflammation with Clinical and Nutritional Prevention Strategies


Kelli Swanson Jaecks, MA, BSDH, RDH
OBJECTIVES:

1. Recognize the mechanism and role of inflammation in the body
2. Understand periodontal disease as a chronic inflammatory disease, affecting
3. Multiple systemic conditions
4. Discover lifestyle changes that will reduce inflammation in your body
5. Address clinical and nutritional prevention strategies regarding inflammation

Inflammation: it's everywhere. After years of trickling research around oral and systemic connections, we now have an avalanche of data about the main connector and culprit: Inflammation. Inflammation can be pegged as responsible for everything from aging skin to autoimmune diseases. The more we learn about inflammatory processes and actions, the louder the message becomes: reducing inflammation must be an integral part of treating disease and maintaining health. What if we could make simple lifestyle changes in our diets and exercise that would reduce inflammation and its damaging effects on our brains and bodies? What clinical interventions can be employed to fight and prevent inflammation? Can nutrition as a lifestyle intervention reduce systemic inflammation? This informative and fact-filled course will provide tangible take-home lessons for immediate implementation in your daily life and practice.

11:00 a.m. – 1:00 p.m.
GENERAL SESSION

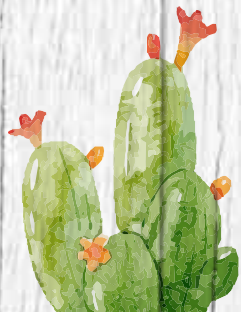
Implants • 2 CE

Sub-gingival Endoscopic Visualization as a Diagnostic and Treatment Tool for Peri-implantitis


Nicole Fortune, MBA, RDH
OBJECTIVES:

1. Understand how perioscopy is a standard of care for treatment of moderate to advanced periodontal and peri-implant diseases
2. Understand under what conditions periodontal endoscopy is ideally utilized and when regenerative surgery is indicated
3. Discuss the use of treatment aids, such as lasers, to enhance clinical results

This course will demonstrate the role of periodontal endoscopy in non-surgical treatment of periodontal disease and peri-implant diseases. The advanced diagnostics of magnified sub-gingival visualization allow the clinician to identify periodontal and peri-implant etiologies and potential complications with healing. The use of sub-gingival visualization allows the clinician to thoroughly decontaminate the tooth and implant surface. This creates an ideal environment for gingival attachment and, in some cases, bone regeneration. The utilization of periodontal endoscopy in conjunction with other treatment aids such as lasers and biofilm management is a non-invasive, tissue-sparing technique that restores health. Combined with individualized patient care to reduce host inflammation, enhanced visualization is a powerful tool that will prove to be the new standard of care in non-surgical treatment of periodontal and peri-implant disease.



CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

THURSDAY, AUGUST 1, 2019 | DAY 2 (CONT.)

**11:00 a.m. – 1:00 p.m.
WORKSHOP**

Sharpening • 2 CE • \$20

Make Every Minute Matter – Time Saving Sharpening Solutions



Tami Wanless, MEd, RDH

The only thing dull in this course will be the instruments we provide to practice your sharpening skills. It's time to make the successful transition into consistent precise instrument sharpening leading to healthier patient outcomes. This lively hands-on course will explore the reasons you may avoid sharpening and inspire you to implement a simple "clock technique" that will improve your accuracy and instrumentation performance right away.

Come ready to learn how to sharpen effectively and efficiently, evaluate new sharpening options and power devices while finding solutions to your sharpening obstacles. Individualized instruction and observation will enhance your command of the skills required to accomplish this critical task quickly and easily.

The 2-hour course covers sharpening skills for universal scalers, curettes and Gracey curettes. The 3-hour course covers sharpening skills necessary for advanced instrumentation such as periodontal files, titanium implant scalers and specialty scalers. Make every minute matter with sharp instruments.

Sponsored by:



**12:30 p.m. – 2:30 p.m.
NETWORKING
ACTIVITY**

Lunch on the Exhibit Hall Floor

**12:30 p.m. – 2:30 p.m.
GENERAL SESSION**

Professional Development • 2 CE

Ask Yourself... "Are Your Patients Too Sensitive"?



Dr. William Paveletz, DMD

OBJECTIVES:

1. Gain an understanding of new research findings that can contribute to the evidence for application of varnish with therapeutic fluoride treatment
2. Understand recent research findings exploring how dental practitioners are using scientific evidence in their patient treatment decisions and patient counseling
3. Learn about the methods of applying Xylitol containing natural and artificial based fluoride treatments and correctly placing Nano Hybrid Sealants
4. Understand the correct CDT coding procedure for hygiene procedures and review the "current 2019 changes" to desensitizing and "home use" fluoridation
5. Discuss how specific product chemistries are impacting preventive and restorative materials while achieving a "new level of biocompatibility"
6. During our time we will have a "hands-on forum" to provide our dental teams with new findings on applying today's desensitizers, fluoride treatments, and sealants to combat patient's current symptoms

Tooth sensitivity is a common problem that affects millions of people. Sensitivity problems emanate from sugary foods and beverages to poor dental hygiene. As attendees to this course, you will be educated in alternative clinical applications and multiple therapeutic treatments that your patients can use to arrest their ever-growing sensitivity needs.

Sponsored by:



NETWORKING

GENERAL SESSIONS

WORKSHOPS

THURSDAY, AUGUST 1, 2019 | DAY 2 (CONT.)

GENERAL EVENT
INFORMATION

CONFERENCE

EXHIBITION

TRAVEL &
REGISTRATION

1:00 p.m. – 3:00 p.m.
**NETWORKING
ACTIVITY**

All Attendees Welcome *American Academy of Dental Hygiene Annual Business Meeting*

Sponsored by:



Please join us as our guest! The mission of the American Academy of Dental Hygiene (AADH) is to foster the continuing pursuit of education and research in the art and science of dental hygiene, provide formal recognition of excellence in the practice of dental hygiene and recognize distinguished community service in the effort to foster improved oral health. Our vision is to foster fellowship, mentorship, and leadership. AADH serves the dental hygiene profession as a course approval entity.

1:30 p.m. – 2:30 p.m.
WORKSHOP

Writing Workshop: RDH magazine and DentistryIQ

Sponsored by:



Presented by the RDH/DentistryIQ editors

Did you know RDH and DentistryIQ consider contributions from readers like you? This workshop will cover how to submit an article, how to choose a topic, an overview of research methods, best writing practices, and more! Learn from RDH editors and authors, plus meet your peers who are interested in writing too.

3:00 p.m. – 5:00 p.m.
**MEGA SESSION/
GENERAL SESSION**

Other | 2 CE *Rekindling Your Career Passion: Moving Beyond Feeling Trapped*



Anne Guignon, MPH, RDH, CSP

TOPICS COVERED:

1. The perfection gene
2. Best career decision
3. Worst professional mistake
4. Funniest patient ever
5. Mean or rude patient.....now what?
6. Knowing it's time to leave
7. Your dream job, but no benefits?
8. Deflecting toxicity
9. Planning for the "what if"
10. Defusing boredom
11. Scheduling for success
12. Creating outstanding employment agreements
13. Unethical behavior or illegal activity...now what?

Sponsored by:



Hygienists all over are trying to connect the dots and make sense of their professional pathways. Many know they have chosen the right profession, while others wonder about their career choice. This custom program is designed to answer questions, shed light on different approaches, and help clarify the next step in creating a happier, more satisfying career. Each panelist brings a wealth of diverse experiences to this "no secrets kept" session. Attendees will walk away with actionable plans that can be implemented immediately.

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

THURSDAY, AUGUST 1, 2019 | DAY 2 (CONT.)

6:00 p.m. – 7:30 p.m.
**NETWORKING
ACTIVITY**

Networking Reception on the Exhibit Hall Floor

Make plans to attend the **RDH Under One Food networking reception** on the exhibit hall floor. This is the perfect opportunity to learn from exhibitors and to connect with industry professionals. Light appetizers and refreshments will be served.

7:30 p.m. – 9:30 p.m.
**NETWORKING
ACTIVITY**

REGISTRATION REQUIRED ***Young Reception: The Night is Young!***

Sponsored by:
YOUNG

Rest up for the party of the year with Young Dental! Join the fun with music, dancing, drinks, and fantastic prizes! This popular annual reception will kick off immediately after the exhibit hall closes on Thursday.

FRIDAY, AUGUST 2, 2019 | DAY 3

8:00 a.m. – 10:00 a.m.
GENERAL SESSION

Vaping • 2 CE ***Vaping – A Viable Alternative or Danger in the Air?***



Jamie Collins, RDH

OBJECTIVES:

1. Attendees will review the effects on the body of vaping
2. Review of common ingredients in vaping devices
3. Introduce conditions and risk that can be associated with vaping devices
4. Discuss recent studies related to Vaping dangers
5. Discuss recommendation options that may be utilized to discuss dangers with patients and alternatives

The popularity of vaping among all ages is on the rise, often with unregulated products. The market is catering to the younger generation, marketing appealing and concealing devices and flavors. Education and screening patients is a key element in any dental practice. Attendees will learn the dangers and impacts on the oral and systemic health conditions, leaving with the knowledge to discuss vaping with patients.



8:00 a.m. – 10:00 a.m.
GENERAL SESSION

Pharmacology • 2 CE

“The Chamber of Secrets”: What’s in Your Patient’s Medicine Cabinet? Patient Self-Medication and Considerations for the Dental Hygienist


Thomas Viola, RPh, CCP
OBJECTIVES:

1. Identify the most common prescription drugs, non-prescription drugs herbal products and nutritional supplements used to self-medicate and their dental hygiene considerations
2. Identify the most common and illicit substances of abuse and their impact on dental hygiene treatment
3. Discuss techniques useful in identifying patient self-medication and obtaining a complete and accurate medication history
4. Discuss strategies necessary for successfully managing self-medicating patients

Armed with limited, and often biased, information and faced with rising prescription drug costs, our patients continue to self-medicate with a variety of prescription and non-prescription drug products. Many patients add or substitute prescription and non-prescription drug products in their medication regimen, unaware of potentially serious adverse outcomes and often without mention during a review of their medical history. This program will provide participants with an overview of the dental hygiene considerations of the most popular prescription and non-prescription drugs and supplements that our patients use to self-medicate. Using case scenarios, special emphasis will be given to techniques useful in successfully identifying self-medication and obtaining a complete patient medication history.

8:00 a.m. – 10:00 a.m.
GENERAL SESSION

Oral Cancer • 2 CE

Head and Neck Oral Cancer Screening Best Practices: It's More Than What Catches the Eye


Susan Cotten, BS, RDH, OMT
OBJECTIVES:

1. Identify potential signs and symptoms of HPV caused oropharyngeal cancer
2. Apply best-practice clinical techniques for the head and neck oral cancer screening
3. Formulate a head and neck oral cancer office system

According to the Oral Cancer Foundation, one person dies every hour of every day from oral and oropharyngeal cancers in the U.S. For years, the leading cause was tobacco use in all forms and heavy alcohol use. That has changed with the emergence of the human papilloma virus (HPV-16). Dental professionals are uniquely positioned to screen for abnormalities and save the lives of countless patients. Expanded screening techniques and protocol are essential as oral cancer is continually on the rise due to HPV, and 7-10% of oral cancer diagnoses have no known etiology. This interactive discussion will review the best practices of the head and neck oral cancer screening, office protocol, and current research on HPV.

I like the variety of sessions and seeing new products. I liked how friendly the vendors are and helpful with giving samples and info. The nightly networking receptions were great. I also liked the hands-on workshops.

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

FRIDAY, AUGUST 2, 2019 | DAY 3 (CONT.)

**8:00 a.m. – 10:00 a.m.
GENERAL SESSION**

Periodontal Disease • 2 CE

Periodontal Disease Does Not Discriminate Based on Age: A Look at Periodontal Disease from Childhood to Early Adulthood



Lancette VanGuilder, BS, RDH

1. Explore demographics of the youth population in the US
2. Discuss oral health challenges of today's youth
3. Review the oral-systemic link
4. Discuss comprehensive periodontal assessment and periodontal screening
5. Investigate the need for office protocols for periodontal assessment and treatment for patients of all ages
6. Review a case study

Many sources shed light on the fact that the majority of the population will experience periodontal disease at some point in their lifetime. We also know that the risk is significantly higher as people age. But when does periodontal disease start? Are we doing enough to prevent it, and most importantly, are we doing enough to catch it at its earliest stages?

**8:00 a.m. – 11:00 a.m.
WORKSHOP**

Professional Development • REGISTRATION REQUIRED

You on Paper: Your Resume is Your First Impression



Mike Cindrich, MS

OBJECTIVES:

1. Define a ten-step method for constructing a professional resume
2. Identify the appropriate format for resume/CV and create a document outline and cover letter that can be easily revised to fit each position for which you may wish to apply
3. Analyze job descriptions and choose words and phrases that speak to the potential employer
4. Compare and contrast applying for a position through different avenues such as social media, recruiter, direct to employer, and sites that use application/screening software and employ strategy to get noticed
5. Discuss the power of networking or reaching out to potential employers

Why is your resume so important? The sole purpose of your resume is to get an interview. With today's application software and increasing numbers of jobseekers it is getting harder to rise to the top of the desirable candidate list. Regardless of whether you are looking for a clinical position or transitioning this makes your resume the integral piece of the puzzle to getting in front of the right people at the right time. A few years ago, I wrote an article about making a great first impression with your resume. Much has changed since then and it is even more critical to deliver a resume that is impeccably written, relevant to the position and shows you as the right candidate for the job. Many organizations use recruiters and application software so you may find yourself at the mercy of a computer, or being screened by a recruiter, or both. The more efficiently an organization can weed out those that appear unqualified the better. You may be the best candidate for the job and your resume has to reflect that to get you noticed. Your resume is your first impression. Don't settle for a standard one size fits all document because a potential employer won't. Make sure your resume is an accurate reflection of you and the skill you bring to the table.

Bring your resume/CV to this hands-on, deep dive into perfecting your resume.

Sponsored by:



FRIDAY, AUGUST 2, 2019 | DAY 3 (CONT.)

10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Public Health/ Community Involvement • 2 CE

***The Dental Hygienist as a Non-Physician Primary Care Provider:
Exploring the Role of Dental Hygienists in Medical Screening*****Casey Hein, MBA, BSDH, RDH****OBJECTIVES:**

1. Identify current methods by which dental hygienists can screen their patients for undetected, or poorly managed non-communicable diseases and infectious diseases
2. Discuss the domains (e.g., ensuring cardiovascular health) of which dental hygienists could offer life style modification counselling to at risk patients
3. Recognize the challenges in implementing primary care services in dental hygiene practice

As the US population continues to expand, there will be a greater number of people who live with chronic diseases. With the shortage of primary healthcare providers (e.g., physicians and nurses), detection and management of these diseases poses a challenge for our current healthcare delivery system. The concept of Non-Physician Primary Care Providers provides an alternative approach to meeting the needs of these at-risk populations. The American Academy of Family Practitioners (AAFP) defines Non-Physician Primary Care Providers as "providers of health care other than physicians who render some primary care services. Such providers may include nurse practitioners, physician assistants and some other health care providers." Oral healthcare providers (OHCPs), more specifically dental hygienists, are uniquely positioned to provide many of the services the AAFP includes in its definition of primary care, including such things as "health promotion, disease prevention, health maintenance, counseling, patient education, diagnosis, and treatment of acute and chronic illnesses in a variety of health care settings." Although OHCPs cannot diagnose medical conditions, hygienists can use questionnaires, visual examination, manual measurements and salivary diagnostics to screen patients for cardiovascular disease, diabetes, poor glycemic control, HPV, HIV, hypertension, dermatological lesions, various cancers, and biometric health, among other things. Indeed, we are entering a new era in healthcare when medical-dental integration has already begun to evolve. The expectation is that OHCPs will become more involved in the early diagnosis, risk assessment and management of various medical conditions. Failure to embrace this change would forfeit one of the greatest opportunities dental hygienists have ever had to define themselves within the healing arts.

Sponsored by:

10:30 a.m. – 12:30 p.m.
GENERAL SESSION

Clinical Dental Hygiene • 2 CE

***Effective Sequencing with Ultrasonic Instrumentation - What's
On Your Tray?*****Marianne Dryer, RDH, MEd****OBJECTIVES:**

1. Apply the Evidence-Based Decision Making (EBDM) process to periodontal instrumentation choices
2. Demonstrate a methodical, sequenced approach with appropriate ultrasonic tips to aid in efficiency and efficacy
3. Examine the need for proper furcation navigation incorporating techniques to access anatomically challenging areas utilizing a variety of ultrasonic inserts/tips
4. Recognize the need for inserts/tips to be maintained and replaced on a scheduled basis

This course will discuss and apply the current evidence surrounding ultrasonic instrumentation. Emphasis will be on the need for a methodical, sequenced approach with various inserts/tips to achieve thorough debridement and biofilm disruption. Proper ultrasonic technique including adaptation, angulation and adaptation will be covered along with advanced instrumentation in the periodontal patient with focus on furcation involvement and areas of challenging anatomical access. A review of furcation anatomy, accurate assessment of furcation involvement and recognizing the need for ultrasonic inserts that properly adapt will be emphasized. The importance of ultrasonic insert maintenance and the ramifications of using inserts that are worn down will be quantified in terms of the relationship to clinical outcomes and efficiency.

CONFERENCE DETAILS

****Prerequisite requirements - Please refer to the full conference listing for details or visit www.rdhunderoneroof.com.**

FRIDAY, AUGUST 2, 2019 | DAY 3 (CONT.)

**11:00 a.m. – 1:00 p.m.
GENERAL SESSION**



Public Health/ Community Involvement • 2 CE

Domestic Violence: Bruises Deeper Than Black n Blue and The Role of Dental and Health Care Providers

Debbie Zafiropoulos, RDH, and Randy Houska, DDS

OBJECTIVES:

- 1. Learn the signs of domestic violence, gas lighting, cat fishing & sex trafficking**
- 2. Empower yourself and others against setting up your own hurt and how to get out safely**
- 3. Assess signs within your operatory by recognizing the oral and physical manifestations of chronic stress related habits and physical abuse**
- 4. Deliver support systems readily available to you or your patients in getting qualified help to get away safely from this horrific situation, and much, much more**

As health care providers, we are at the forefront of patient care. We have the time and opportunity to interview our patients and evaluate change in behaviors, new class of medications, new oral abnormalities, including an increase in caries, erosion, abfractions, or bone fractures or breaks. This program will empower the dental team member to identify and calmly and effectively communicate to the individuals the effects of domestic violence and how we can support them within our operatory and scope of practice. This program is built around the sensitivity of the topic and the importance for us to create a safe environment for our patients without judgment, but with conviction to identify the small oral changes or the dramatic effects of a physical assault on patients as it revolves around oral health, form, function, and supporting the patient to get the help and support they need to regain confidence and a sense of normalcy. Real life situations shared from a victim striving to be a survivor.

**11:00 a.m. – 1:00 p.m.
GENERAL SESSION**



Infection Control • 2 CE

Water In, Water Out: Total Water Compliance in Your Practice

Leann Keefer, RDH, BS, MSM

OBJECTIVES:

- 1. Describe the causes of biofilm contamination of DUWLs, listing the microorganisms found in DUWL output water and how they relate to potential transmission.**
- 2. Recognize the exposure risks of aerosols and splatter; describe the three ASTM F2100-11 mask levels of performance**
- 3. Discuss various treatments and monitoring to achieve dental unit waterline quality that will meet CDC/ADA recommendations**
- 4. Apply best options to reduce the risk of cross-contamination due to backflow of low-volume saliva ejectors.**
- 5. Discuss the purpose and general requirement of EPA's Dental Rule (40 CFR Part 441).**
- 6. Understand the regulatory aspects and guidelines in regards to compliance, documentation, and safe treatment options for DUWL, effluent water evacuation lines, and amalgam separators**

Providing clean, safe dental water is critical to implementing and maintaining effective infection control protocols. Understanding and implementing a proactive not reactive approach to water compliance is critical.

This course offers a comprehensive look at beginning to end water treatment options and helps you to avoid legacy errors. Challenges of basic equipment design and tubing contribute to the development of biofilm in dental unit waterlines. Discussion will include compliance with current guidelines related to microbiological water standards and protocol recommendations for best treatment of DUWL protocols to ensure patient and clinician safety.

Don't just do it because the guidelines tell you to, do it because total waterline treatment and maintenance is the right thing to do for the health and safety of patients, staff, and the practice.

Sponsored by:



NETWORKING

GENERAL SESSIONS

WORKSHOPS

FRIDAY, AUGUST 2, 2019 | DAY 3 (CONT.)

GENERAL EVENT
INFORMATION

CONFERENCE

EXHIBITION

TRAVEL &
REGISTRATION

11:00 a.m. – 1:00 p.m.
GENERAL SESSION

Dental Hygiene Products • 2 CE
#Top Trending Topics in Dentistry



Kristy Bernie, MS, RDH, RYT

OBJECTIVES:

1. Understand and appreciate of the impact of social media on patients dental 'IQ' and use of products/protocols
2. Develop strategies to educate patients about trending topics and associated research or lack thereof
3. Implement an action plan to monitor trending topics and be prepared to provide evidence-based responses

Today more than ever consumers are being "educated" through social media, home shopping networks and the press regarding not only the latest and greatest oral health technologies and products, but also "news" debunking long-standing oral hygiene practices. From oil pulling to magic solutions that cure tooth decay, to apps that connect with power toothbrushes, to whitening in minutes, it seems that there is something for every oral condition that is faster, easier, and painless. This high-energy session will explore the top trending topics that impact dental hygiene practice (is there sufficient research to support daily use of dental floss?!) and identify new technologies to enhance oral health. Attendees will identify seminar topics LIVE, then research these by launching searches on evidence-based websites, including PubMed and Cochrane.

Sponsored by:



12:30 p.m. – 2:30 p.m.
NETWORKING
ACTIVITY

Lunch on the Exhibit Hall Floor

3:00 p.m. – 5:00 p.m.
WRAP UP/GENERAL
SESSION

Clinical Dental Hygiene • 2 CE
Whole Mouth Health: What Is It and Why Do My Patients Care?



Ann Eshenaur Spolarich PhD, RDH, FSCDH; Annette Wolfe, BSDH, RDH; Phyllis Martina, MBA, RDH

OBJECTIVES:

1. Identify trends in dental disease and dental care
2. List the 4 P's of patient care and how to incorporate into daily patient care
3. Identify treatments and behaviors to enable patients to achieve whole mouth health
4. Identify tools that can be used to engage patients to participate in their oral health status

If you are not familiar with the term Whole Mouth Health, you must attend this session. The desires of our patients are changing, from the goal of managing illness and disease toward achieving a state of whole mouth health. In this program, we will discuss the trends in dentistry towards the goals of whole mouth health, becoming a partner with your patient in their oral health using the 4Ps of patient care, treatments, and best practices for achieving whole mouth health. As you know, whole mouth health is essential to achieving whole body health.

Sponsored by:



EXHIBITION

Explore the industry's most innovative products and services available, displayed by more than **125 exhibitors**. One of the best aspects of RDH Under One Roof is that the exhibitors are 100% there to talk to you, the dental hygienist. RDH Under One Roof is an event that is truly all about dental hygienists.

"I loved the variety of exhibitors and the opportunity to see all the new dental products on the market."

*- 2018 Attendee Hygienist**

"We have such an amazing profession and this meeting really makes us see that. Hygienists are becoming mouth maids and not advocates for a happier, healthier patient. The more we can get as many hygienists as possible to this event, we will continue to be strong and elevate our profession."

*- 2017 Attendee Hygienist***



95% of attendees said the overall quality of exhibitors is good or excellent*

Go to RDHUnderOneRoof.com to search for a company, product, or service you're interested in visiting, and plan your trip through the exhibit hall.

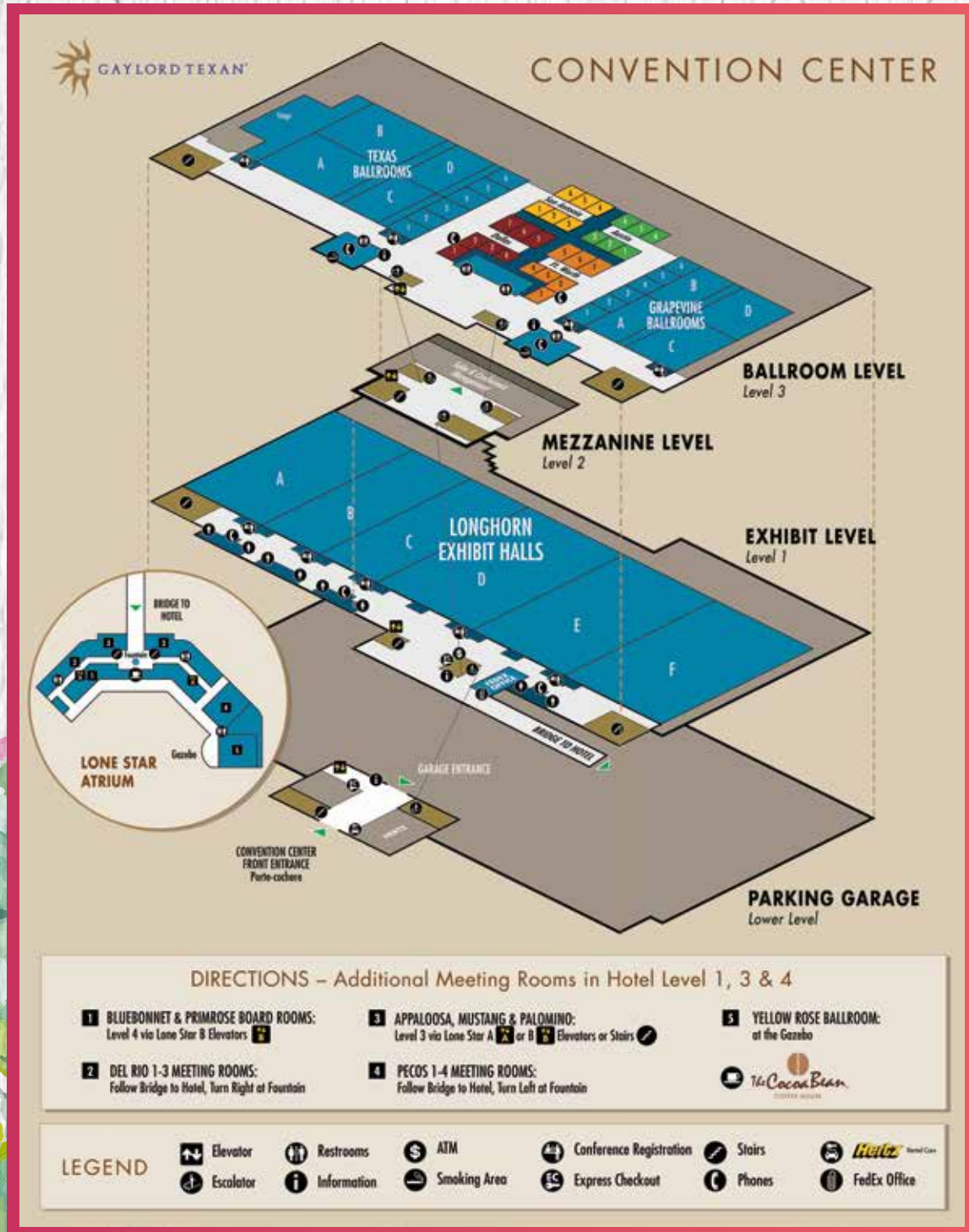
*Source: 2018 attendee survey results

**Source: 2017 attendee survey results

EXHIBIT FLOOR PLAN



As of January 26, 2019



GENERAL EVENT
INFORMATION

CONFERENCE

EXHIBITION

TRAVEL &
REGISTRATION

EXHIBITION LIST

EXHIBITING AS

BOOTH NUMBER

3M	303
ACADEMY OF OROFACIAL MYOFUNCTIONAL THERAPY	910
ACTEON NORTH AMERICA	314
AIR TECHNIQUES INC	714
INVISALIGN ITERO	802
AMERICAN ACADEMY OF DENTAL HYGIENE	1032
AMERICAN DENTAL PARTNERS	522
ARMOR DENTAL	811
ASPEN DENTAL	419
BRASSELER USA	104
BURST	607
CARGILL / ZEROSE ERYTHRITOL	307
CENTRIX INC	911
CETYLITE INDUSTRIES	809
ARM & HAMMER	926
CLIKTECH, LLC.	423
CLOSYS ROWPAR PHARMACEUTICALS	615
COLGATE	401
COLTENE	311
CORDEZE	416
CROSSTEX INTERNATIONAL	415
CROWN SEATING	711
CURAPROX USA	414
DENMAT	210
DENTAL DYNAMICS STAFFING LLC	111
DENTAL ECONOMICS	1035
DENTAL HYGIENE NATION	109
DENTALPOST	105
DENTISTRY IQ	1035
DENTSPLY SIRONA	601
DESIGNS FOR VISION, INC.	807
DIRECTA/PARKELL	915
DMG	622
DNTLWORKS EQUIPMENT CORPORATION	709
DOTERRA ESSENTIAL OILS	820
DOVE DENTAL	318

EXHIBITION LIST



EXHIBITING AS

BOOTH NUMBER

ECLIPSE LOUPES AND PRODUCTS	827
ELEVATE ORAL CARE	822
ENOVA ILLUMINATION INC.	821
ENZYME INDUSTRIES	720
ESSENTIAL DENTAL SYSTEMS	315
FORWARD SCIENCE	418
GC AMERICA INC	1001
GLAXOSMITHKLINE	826
GLO SCIENCE PROFESSIONAL	320
HAGER WORLDWIDE INC	517
HALYARD	727
HAWAIIAN MOON	922
HENRY SCHEIN, INC.	806
HU-FRIEDY MFG CO	506
HYGIENE GANGSTER	421
ISOLITE SYSTEMS	106
IVOCAR VIVADENT, INC.	319
KERR TOTALCARE	903
LM-DENTAL	523
MARKETING SOLUTIONS	1035
MEDICOM	611
MICROCOPY	618
MICROFLEX/ANSELL	407
MIDWEST DENTAL	816
MOUTHWATCH, LLC	623
NORDENT MANUFACTURING	819
NOMAD	903
NU-BIRD INC.	317
ORABRITE	716
ORACARE	322
ORAPHARMA	815
ORASCOPTIC	903
ORASOOTHE	518
ORAVU	316
OSAP	117
PAC-DENT INC	627

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EXHIBITING AS	BOOTH NUMBER
PDT, INC. / PARADISE DENTAL TECHNOLOGIES	810
PARNELL PHARMACEUTICALS	808
PARO INC	823
PASCAL INTERNATIONAL	323
PATTERSON DENTAL	305
PENNWELL CORPORATION	1035
PERIO PROTECT	620
PHILIPS SONICARE & ZOOM WHITENING	801
PIEZOSURGERY INCORPORATED	703
PREMIER DENTAL PRODUCTS	514
PREVENTECH	715
PRISYNA	719
CRANBERRY USA	621
CRANBERRY USA	520
CREST ORAL-B	505
PROOFS	1035
PROPHY PERFECT	519
PROXYSOFT WORLDWIDE	914
PULPDENT CORPORATION	215
PURA DENTAL PRODUCTS	321
ACT / SANOFI	906
Q-OPTICS & QUALITY ASPIRATORS INC.	402
QUIP	209
RDH MAGAZINE	1035
APEX 360	1035
ROSE MICRO SOLUTIONS	1003
SCICAN INC	223
SDI (NORTH AMERICA), INC.	707
SELENBIO DENTAL	721
SEPTODONT	217
SHOFU DENTAL CORPORATION	723
SIMPLY HYGIENE	726
SMILES AT SEA	814
SOMNOMED	706
STRAUMANN	411

EXHIBITION LIST



EXHIBITING AS

BOOTH NUMBER

SUNSTAR AMERICAS	718
SUPERMAX / AURELIA GLOVES	417
SURGITEL	214
TEAM PLACEMENT SERVICES INC	103
TEPE ORAL HEALTH CARE, INC.	614
ORAL CANCER FOUNDATION	309
UBRUSH! ENTERPRISES B.V.	408
ULTRADENT PRODUCTS, INC.	422
ULTRALIGHT OPTICS	710
VALUMAX INTERNATIONAL	722
VOCO AMERICA INC	410
DENTAL INNOVATIONS, LLC	208
WATER PIK INC	515
SPRY/XLEAR	115
YOUNG	203
ZIRC COMPANY	406

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For exhibition and sponsorship opportunities, please contact:

Chris Page
National Sales Manager
(518) 373-0622
christopherp@pennwell.com

Amanda Anderson
Midwest Key Accounts
(918) 831-9402
amandar@pennwell.com

Machele Galloway
West, South
(918) 200-3341
macheleg@pennwell.com

Jay Martorelli
East
(862) 259-4130
jmartorelli@pennwell.com

Leslie Brown
Marketing Services/Key Accounts
(918) 831-9851
leslieb@pennwell.com



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AMBASSADOR PROGRAM

Sign up to be a

RDH • UnderOneRoof®
— **AMBASSADOR** —

Do you know dental hygienists that would benefit from attending
RDH Under One Roof?

Do you tell everyone you know about the event?

Then it's time you are rewarded for being an RDH Under One Roof Ambassador!

Details coming soon on rdhunderoneroof.com!



HYGIENE TOOLS FOR THE INFORMED DENTAL HYGIENIST



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E-NEWSLETTERS

RDH eVillage.

RDH eVillage is a weekly opt-in e-newsletter that is prepared for dental hygiene professionals who are looking for hard-hitting current information. Each issue contains clinical tips, new products, industry news, answers to clinical questions, practical up-to-date articles, surveys, continuing education, and more.

RDH Graduate

RDH Graduate is an e-newsletter for hygiene students and new hygienists. Dental hygiene's newest practitioners face the challenge of keeping up with the quickly evolving dental profession. *RDH Graduate* provides timely information for dental hygiene students and recent graduates to help them stay abreast of changes in treatment protocols, technology, and career choices.



Dental Assisting Digest (DAD) is the monthly newsletter designed specifically for dental assistants, whose contributions to dental practices keep things running smoothly. This newsletter shares the latest clinical tips and techniques, and provides information designed to empower assistants at every stage of their careers!

Subscribe today at
dentistryiq.com/subscribe.html

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PLANNING YOUR TRIP TO GRAPEVINE

250 Stores. 200 Restaurants.
ALL JUST MINUTES FROM GRAPEVINE

Grapevine is home to more than **250 DIVERSE SHOPS** and boutiques and **OVER 200** dining locations. The historic and vibrant town of Grapevine, centrally located between Dallas and Fort Worth, is sure to delight you.

Grapevine, Texas offers more than 200 eclectic mix of world-class cuisine dining spots that makes for the ultimate dining experience. From the Lone Star staples of steakhouses, barbeque, and cowboy cooking, they also offer Italian, French, Mexican, Southwestern and Pacific Rim, which appeals to every palate.

With a delightfully diverse blend of more than 250 retailers, whether you prefer mega-malls with well-known stores, discount outlets, charming boutiques, and/or small artisan studios. The Grapevine shopping scene has something for everyone. And best of all, it's nestled between Dallas and Fort Worth, giving you the opportunity to explore more shopping venues.

Grapevine is the perfect destination for your whole family. Between the thrilling LEGOLAND Discovery Center, and the Sea Life Grapevine Aquarium, kids love coming to Grapevine. With awesome shopping and delicious dining, Mom and Dad will be happy too.

You'll feel like you're back in time when you visit the preserved historic Main Street and take a ride on the Grapevine Vintage Railroad to the Fort Worth Stockyards that travels along the historic Cotton Belt Route.

Fort Worth is where the West begins, and nothing embodies Western heritage like the Fort Worth Stockyards National Historic District. From the original wooden corrals to the brick walkways, every inch of the Stockyard tells the true history of Texas's famous livestock industry. The Stockyards provides many attractions like daily cattle drives, western shopping, rodeos, dance halls, and historic steak houses. You are sure to find what you are looking for and learn a little bit about the rich history of Texas.



HOTEL INFORMATION & RESERVATIONS



HOTEL INFORMATION - *Book Early!*

To make your hotel reservation, contact Preferred Convention Services (PCS), the official housing company of RDH Under One Roof 2019.

Discounted rates are only available through Preferred Convention Services (PCS), and cannot be guaranteed after July 12, 2019, or until the conference room blocks are filled.

OFFICIAL EVENT HOTEL:

Gaylord Texan Resort & Conference Center

\$240 Single | \$240 Double | \$260 Triple | \$280 Quad

Room Tax: 13%

(Resort fee of \$18 per room, per night is included in the rates above)

CONFERENCE LOCATION: On property

The Gaylord Texan Resort and Convention Center is located on the shores of the beautiful Lake Grapevine centrally located between Dallas/Fort Worth. Being just miles from the shopping and entertainment that Grapevine is known for, the Gaylord Texan Resort provides you with the best of everything. Whether you're visiting for work, play, or both, the Gaylord Texan Resort & Convention Center provides a memorable stay.



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Airports

- Dallas Fort Worth Airport - (DFW):
7 miles
- Dallas Love Field Airport - (DLF):
20 miles

Hotel Services

- 100% non-smoking hotel
- Restaurants: Riverwalk Cantina, Texas Station, Old Hickory Steakhouse, Silver Bar, Zeppole Coastal Italian
- Room service
- Fitness center, indoor pool, whirlpool
- Business center, concierge services, spa services
- Parking per night: \$42 valet parking;
\$22 self-parking (prices may change)

Deposit Information

The credit card used to guarantee this reservation will not be charged in advance.

Cancellation Information

The reservation must be cancelled more than 7 days prior to the confirmed arrival date. In addition, a \$45 processing fee will be assessed by PCS for all reservations cancelled on or after **JULY 15, 2019**.

3 Ways to Reserve:



ONLINE:

RDHUnderOneRoof.com/register



EMAIL:

rdh@american-tradeshow.com



MAIL:

PennWell/RDH UOR 2019
P.O. BOX 973059 | Dallas, TX 75397-3059

TIPS TO GET YOUR DENTIST TO PAY

Your attendance is worth the investment!

Three steps to gain your dentist's buy-in:

1. DO YOUR RESEARCH

Identify conference sessions that satisfy your professional goals. Use our Interactive Floor Plan to locate exhibitors that address specific needs within your office. Prepare a list of benefits that you can achieve by attending **RDH Under One Roof**.

2. SHOW HOW EVERYONE BENEFITS

Share your event goals with your office and demonstrate how your participation in **RDH Under One Roof** will help your team achieve their goals. Offer to give a presentation upon returning from **RDH Under One Roof** to share any new ideas or products that you learned about during the event.

3. WRITE A PROPOSAL

Write out your ideas and submit them to your dentist with your intended schedule of conference track subjects and the list of companies with which you hope to network. Include the cost of airfare and lodging and make sure your manager knows that a Full Conference Registration includes two days of lunch!

Visit RDHUnderOneRoof.com/tips.html to download and customize the **Letter to Your Supervisor** to get started.



REGISTRATION INFORMATION



Registering for **RDH Under One Roof** is easy! Consult the table below to decide which registration option is right for you- The First-Timer Full Conference and Alumni Full Conference options offer the best value.

WHICH REGISTRATION TYPE IS RIGHT FOR YOU?	Visitor (Exhibition Only) 1-Day Pass	One Day Conference	Two Day Conference (Weds-Thurs or Thurs-Fri only)	Student Full Conference (Must have valid Student ID)	Military Full Conference (Must have valid ID)	First-Timer Full Conference BEST VALUE!	Alumni Full Conference BEST VALUE!
Price	\$45	\$140	\$280	\$225	\$275	\$350	\$350
Exhibit Hall Access	X	X	X	X	X	X	X
Earn Up To 19 CE Credits	-	EARN UP TO 8 CE CREDITS	EARN UP TO 16 CE CREDITS	X	X	X	X
Access to All General Sessions	-	X	X	X	X	X	X
Welcome Reception on Wednesday	-	-	-	X	X	X	X
Networking Reception on Thursday	-	-	X	X	X	X	X
Lunch on Thursday	-	-	X	X	X	X	X
Lunch on Friday	-	-	X	X	X	X	X

ADD A WORKSHOP TO YOUR REGISTRATION

Workshops are unique small group courses with interactive, hands-on elements. Workshops are ticketed and require additional registration. Workshops sell out quickly, register early to get your seat!

Early Bird Gift

Actual item may vary from item pictured.

Register as a **full conference attendee** now or anytime before **May 31, 2019**, and receive a free **RDH Under One Roof stainless steel insulated tumbler!** Registration and payment in full must be received by May 31, 2019, to qualify for the promotion. If you are already registered (and paid), you will receive the early-bird gift (no additional action necessary).

Actual item may vary from item pictured.

3 Ways to Reserve:



ONLINE:

RDHUnderOneRoof.com/register



EMAIL:

rdh@american-tradeshow.com



MAIL:

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P.O. BOX 973059 | Dallas, TX 75397-3059

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NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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July 31 - Aug. 2, 2019

Gaylord Texan Resort & Convention Center
Grapevine, TX

Early-Bird Gift



Actual item may vary from item pictured.

Everything's
Bigger
in
Texas
Including your
career

Register as a **full conference attendee** now or anytime before **May 31, 2019**, and receive a free **RDH Under One Roof stainless steel insulated tumbler!** Registration and payment in full must be received by May 31, 2019, to qualify for the promotion. If you are already registered (and paid), you will receive the early bird gift.
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