



Boston Children's Hospital

Until every child is well™



ADOLESCENT MEDICINE 2018



May 14-16, 2018

Hilton Boston Back Bay
40 Dalton Street, Boston, MA 02115



► **REGISTER NOW** | bostonchildrens.org/adolmed2018

About the course

The **Adolescent Medicine 2018** course is designed to present the latest research, clinical innovations and community initiatives in adolescent medicine to physicians, nurse practitioners, and other health professionals involved in the medical care of adolescents and young adults.

The dynamic learning format of the program aims to provide attendees with tangible knowledge about the diagnosis and management of a wide variety of adolescent medical, emotional and social problems that are then transferable to their office practice. Over the course of three days, registrants will attend lectures, Q&A sessions, panel presentations, and workshops. Additionally, attendees will have the opportunity to interact directly with faculty members following presentations, during breaks, at continental breakfasts, and workshops.

Topics include:

- › opioid and prescription drug misuse
- › internet addiction and problematic interactive media use
- › celiac and gluten-sensitivity in teens
- › menstrual problems
- › adolescent marijuana use and more

Target audience

- › pediatricians
- › primary care physicians
- › nurse practitioners
- › physician assistants
- › nurses

Registration fees

Physician	\$625
Nurse	\$445
Trainee	\$445
Syllabus Hard Copy*	\$40

*An electronic version of the syllabus will be available for free download.

Course directors

- › **S. Jean Emans**, MD
- › **Rebecca Flynn O'Brien**, MD
- › **Elizabeth R. Woods**, MD, MPH
- › **Maurice W. Melchiono**, RN, MS, C-FNP-BC, NE-BC

Learning objectives

Upon completion of this course, participants will be able to:

- › Integrate findings from research and clinical innovations with the delivery of adolescent patient-centered care.
- › Apply the principles of quality improvement, addressing systems and practice issues, into clinical activities.
- › Model communication skills with adolescents and their families.
- › Identify the newest recommendations for topics such as adolescent vaccinations and TB testing, PREP, nPEP, lipid screening and treatment of ARFID.
- › Develop strategies to diagnose, treat or manage adolescent conditions, including; cardiovascular risks, obesity, chronic disease, gynecologic issues and substance abuse.

Accreditation

In support of improving patient care, Boston Children's Hospital is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Boston Children's Hospital designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits*™. Physicians should claim only credit commensurate with the extent of their participation in this activity.

AAPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

Nurses

Boston Children's Hospital designates this activity for 18.75 contact hours for nurses. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Risk management

Challenging Legal Issues in Adolescent Health, Opioid and Prescription Drug Misuse-How to Address in the Primary Care Office? meets the requirements for 1.5 Risk Management Credit as proscribed by the Massachusetts Board of Registration in Medicine and defined in 243 CMR 2.06(5)(d) I. This includes 1 credit of Opioid Education and Pain Management Training. The Massachusetts Board of Registration in Medicine has reviewed and approved the course to fulfill the state opioid training requirement.

MOC Part 2

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 7 MOC points on day 1, 7 MOC points on day 2 and 4.5 MOC points on day 3 in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.



Registration and refund policies

To register by credit card, please visit bostonchildrens.org/adolmed2018.

To register by check, please contact the CME Department at: cmepartment@childrens.harvard.edu to discuss payment. Please make checks payable to Boston Children's Hospital.

Telephone or fax registration is not accepted. Registration with cash payment is not permitted. Upon receipt of your paid registration, an email confirmation from the Boston Children's office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.

Fifty-percent (50%) refunds will be issued for all cancellations received prior to the start of the course. Refund requests must be received by postal mail, email or telephone. "No shows" are subject to the full course fee, and no refunds will be issued once the conference has started.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Disclosure policy

Boston Children's Hospital adheres to all ACCME Essential Areas, Standards, and Policies. It is Boston Children's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that Boston Children's may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Inquiries

cmepartment@childrens.harvard.edu
or at 617-919-3108.

Hotel information

Hilton Boston Back Bay
40 Dalton St, Boston, MA 02115

A limited number of rooms have been reserved at the Hilton Boston Back Bay. **Please book rooms on or before Friday, April 27th, 2018** to secure the conference rate. To book the room, use the booking link or phone numbers below and reference the group code **ADOMED**.

- To book the hotel online, visit: bostonbackbay.hilton.com. Select "More Options" under the arrival and departure dates and then select "Add Special Rate Codes". Into the Group Code box, enter: **ADOMED**
- Call 1-800-HILTONS and reference our group code **ADOMED**



Schedule, DAY 1: Monday, May 14, 2018

7:30–8 a.m. Registration and Continental Breakfast

Morning Program

8–8:30 a.m. **WELCOME | Screening Tools for Preventive Care Visits**
Rebecca F. O'Brien, MD

8:30–9 a.m. **Update on Immunizations and TB Testing**
Courtney Gidengil, MD, MPH

9–9:30 a.m. **Tick Borne Disease**
Catherine Lachenauer, MD

9:30–10:15 a.m. **Contraception 101**
Sarah Pitts, MD

10:15–10:30 a.m. **BREAK**

10:30–11 a.m. **Type II Diabetes**
M. Joan Mansfield, MD

11–11:30 a.m. **Non-Alcoholic Fatty Liver Disease**
Christine Lee, MD

11:30 a.m.–noon **Bariatric Surgery**
Brian Carmine, MD

Noon–1 p.m. **LUNCH ON YOUR OWN**

HOT TOPICS

1–1:15 p.m. **Lipid Screening**
Sarah De Ferranti, MD, MPH

1:15–1:30 p.m. **Celiac and Gluten-Sensitivity in Teens**
Dasha Weir, MD

1:30–1:45 p.m. **Adolescent Marijuana Use in 2018: Screening and Brief Intervention**
Lydia A. Shrier, MD, MPH

1:45–2 p.m. **QUESTIONS AND ANSWERS**

2–2:50 p.m. **Update on ARFID**
Moderator: Sara F. Forman, MD
Panel: Elana Bern, MD, Nancy Sullivan, PhD & Lisa Mancini, MS, RD, LDN

2:50–3:05 p.m. **BREAK**

Afternoon Program

3:05–4 p.m. **Interactive Workshops Session 1 (choose one)**

1M. Eating Disorders—The Multidisciplinary Approach
Sara F. Forman, MD, Melissa Freizinger, PhD, Judith Siegel, MSW, LICSW & Katrina Smith, RD, LDN

2M. nPEP/PrEP Cases—When to Prescribe?
Susan Fitzgerald, RN, MSN, C-PNP, Carly Guss, MD, MPH & Honora Einhorn, MSW, LCSW, MA

3M. Unraveling Teen Complaints: Case Presentations in Adolescent Medicine
Areej Hassan, MD, MPH

4:05–5 p.m. **Interactive Workshops Session 2 (choose one)**

4M. Chronic Fatigue Syndrome: Systemic Exertion Intolerance Disease
Elizabeth R. Woods, MD, MPH

5M. Pelvic Pain in the Adolescent Girl—When to Worry?
Lalita Haines, MD

6M. Opioid and Prescription Drug Misuse—How to Address in the Primary Care Office? (Risk Management)
Scott Hadland, MD, MPH & Emily Allen, MD

DAY 2: Tuesday, May 15, 2018

7:30–8 a.m. Continental Breakfast

Morning Program

8–8:45 a.m. **Menstrual Problems**
Amy DiVasta, MD, MMSc

8:45–9:15 a.m. **ADHD**
Alison Schonwald, MD

9:15–10 a.m. **Concussion: When to Return to Play?**
William Meehan, MD

10–10:30 a.m. **BREAK**

10:30–11:15 a.m. **Am I Addicted to the Internet? Assessing and Responding to Problematic Interactive Media Use (PIMU)**
Michael O. Rich, MD, MPH

11:15 a.m.–noon **Challenging Legal Issues in Adolescent Health (Risk Management)**
Moderator: S. Jean Emans, MD
Panel: Sara F. Forman, MD & Ellen Rothstein, JD

Noon–1 p.m. **LUNCH ON YOUR OWN**

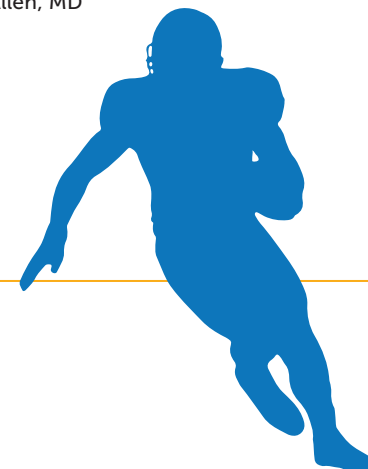
Afternoon Program

1–1:30 p.m. **Alcohol and the Teen Brain: Current Science and Clinical Strategies for Prevention**
Sion Kim Harris, PhD

1:30–2 p.m. **Irritable Bowel Syndrome—What's the Best Treatment?**
Laurie Fishman, MD

2–2:45 p.m. **Sexually Transmitted Infections**
Lydia A. Shrier, MD, MPH

2:45–3 p.m. **BREAK**



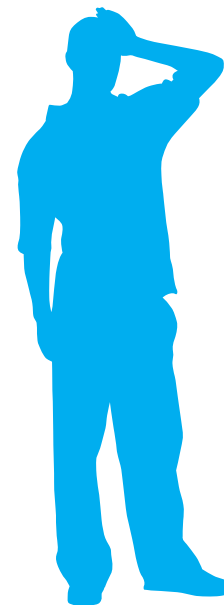
- 3–3:55 p.m. **Interactive Workshops Session 1 (choose one)**
- 1T. Primary Care Approach to Shoulder and Upper Extremity Injuries**
Pierre D'Hemecourt, MD
 - 2T. Obesity**
Amy Fleischman, MD, MMSc
 - 3T. Reproductive Health in the Teen with Special Healthcare Needs**
Susan Gray, MD & Gabriela Vargas, MD
- 4–5 p.m. **Interactive Workshops Session 2 (choose one)**
- 4T. Psychopharmacology for the Depressed Teen**
Michael Tsappis, MD & Joshua Borus, MD, MPH
 - 5T. Vaginitis**
Rebecca F. O'Brien & MD, Sarah Golub, MD
 - 6T. LGBT Youth: Improving Care in Your Practice**
Maurice W. Melchiono, RN, MS, C-FNP-BC, NE-BC, Carly Guss, MD, MPH & John Adams, MD



DAY 3: Wednesday, May 16, 2018

Morning Program

- 8–8:45 a.m. **Meet the Professor Breakfast**
- Eating Disorder Treatment**
Andrea Pettinato, MD
 - LGBT Care**
Maurice W. Melchiono, RN, MS, C-FNP-BC, NE-BC
 - Accutane in Primary Care**
Joshua Borus, MD, MPH
 - Health Effects of Media Use**
Michael O. Rich MD, MPH
 - Sleep Issues**
Dennis Rosen, MD
 - EHR, Portal and Confidentiality**
Susan Gray, MD
 - Contraception**
Sarah Pitts, MD
 - Mother/Daughter Communication**
Estherann Grace, MD
 - Back Pain**
John Emans, MD
 - Positive Pregnancy Test**
Joanne Cox, MD
- 9–9:30 a.m. **Scoliosis**
John Emans, MD
- 9:30–10 a.m. **Sleep Disorders**
Dennis Rosen, MD
- 10–10:45 a.m. **Dermatologic Issues in Adolescents: Acne and More**
Elaine Kaye, MD
- 10:45–11 a.m. **BREAK**
- 11–11:30 a.m. **Chest Pain in the Adolescent—When is it Cardiac?**
Susan F. Saleeb, MD
- 11:30 a.m.-12:15 p.m. **Headaches**
David Urion, MD
- 12:15–12:45 p.m. **Urological Problems in Adolescent Males**
Carlos Estrada, MD
- 12:45–1 p.m. **QUESTIONS AND ANSWERS**
- 1 p.m. **CLOSE**

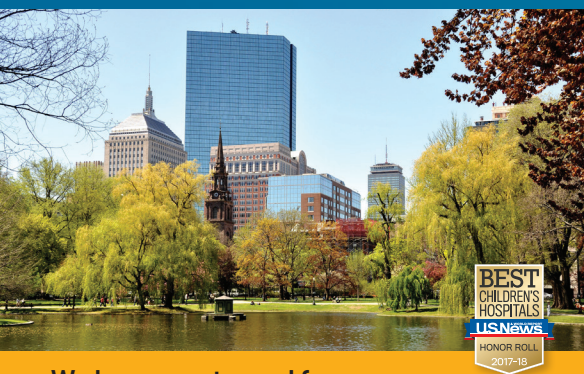




Department of Continuing Medical Education
300 Longwood Avenue, LM 7, Boston, MA 02115

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We have a seat saved for you:
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