

Clinical Diabetes Management for Primary Care Clinicians

Dates

Thursday and Friday
March 1-2, 2018

Thursday and Friday
June 14-15, 2018

Thursday and Friday
October 25-26, 2018

Location

Naegele Auditorium
Park Nicollet Clinic & Specialty Center
3800 Park Nicollet Boulevard
St. Louis Park, Minn.

[\(View map and directions\)](#)

Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians are increasingly responsible for diabetes management and education. This requires extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach patients how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols are vital to a clinician's ability to effectively treat patients.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for medical professionals includes practice-based case studies and breakout sessions on specialized topics. This program will give providers increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

Tuition

Physicians \$575; other professionals \$475; residents \$300. Includes continental breakfast, lunch and refreshments. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus for \$40 when registering. See registration form.

[Printable registration form](#)

Online registration: [March 1-2, 2018](#) [June 14-15, 2018](#) [October 25-26, 2018](#)

Contact us with questions or to register.

Phone: 952-993-3531

Toll-free: 1-888-786-3119

Fax: 952-993-3033

E-mail: cme@parknicollet.com

Program objectives

Following this course, participants will be able to:

- Discuss the underlying defects and natural history of diabetes and associated complications
- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing therapies
- Initiate insulin therapy based on patient assessment and adjust insulin doses based on pattern management or using diabetes technologies
- Develop strategies to improve adherence to diabetes self-management activities such as eating for better health and glucose monitoring
- Outline a systematic approach for managing diabetes-related complications and modifications for the elderly
- Identify ways to improve medication affordability
- Discuss evidence-based strategies for overweight patients
- Implement at least two practice changes into patient care

Who should attend?

This program is intended for primary care physicians, nurse practitioners, physician assistants and pharmacists.

Accreditation

HealthPartners Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Medical Education, HealthPartners Institute, designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the **American Academy of Family Physicians**.
Determination of credit is pending.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13.0 hours. The program number assigned to this course is: #2-086-264-033.

It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

Agenda (subject to change without notice)

Day 1 (Thursday)

- 7:30 a.m. Registration and light breakfast
- 8:00 **Welcome and announcements**
- 8:15 **Diabetes Management Today**
- 9:15 **Medical Nutrition Therapy for Diabetes and
Commonly Asked Nutrition Questions**
- 10:15 Refreshment break
- 10:45 **Navigating the Maze of Noninsulin Therapies**
- 11:30 **Combining and Advancing Noninsulin Therapies**
- Noon Lunch
- 1 p.m. **Moving the Needle on Insulin Therapy**
- Rationale for use, types and administration
 - Choosing a regimen, dosing and titration
- 2:00 **Glucose Pattern Management**
- Case study practice
- 3:00 Refreshment break
- 3:15 **Strategies to Make Diabetes Management More Affordable**
- 3:45 **How Diabetes Affects Sexual Health**
- 4:15 **Cardiometabolic Risk: Targeting Hypertension**
- 5:00 Adjourn

Day 2 (Friday)

- 7:45 a.m. Light breakfast
- 8:00 **Managing Common Concerns for the Elderly Patient**
- 8:30 **Improving Your Diabetes Outcomes**
- 9:30 Refreshment break
- 9:45 **Kidney Disease and Diabetes**
- 10:30 **Ask the Endocrinologist**
- Medication adjustments for procedures
 - Management of steroid-induced hyperglycemia
 - Management of gestational diabetes
 - Treatment of diabetic neuropathy
- 11:30 **Assessment of the Diabetic Foot**
- Noon Lunch
- 12:45 p.m. **What a Primary Care Physician Needs to Know about
Insulin Pumps and Continuous Glucose Monitoring**
- 1:15 **Weight Loss Options for the Overweight Patient**
- 2:15 **Cardiometabolic Risk: Targeting Lipids**
- 3:00 Adjourn

Faculty and planning committee

Anders Carlson, MD

Kristin Christiansen, MD

Catlea Gorman, DPM

Janet Lima, MPH, RN, CDE*

Thomas Martens, MD*

Christine Morley, MD*

Teresa Quinn, MD

Diane Reader, RD, LD, CDE*

Laura Ross, PA-C

Lisa Sheldon, PharmD, BCACP

Gregg Simonson, PhD*

David Tridgell, MD

Jennifer Vesely, MD

James Wheeler, DO

Anthony Woolley, MD

Angela Youngdahl*

*Planning committee

Cancellation and refund policy

The registration fee, less a \$50 administrative charge, is refundable if cancellation is received 5 business days in advance of the conference date.

All continuing medical education activities are subject to cancellation. In the event this conference is cancelled, the Office of Continuing Medical Education, HealthPartners Institute, is not responsible for airfare, hotel or other costs incurred by participants.

Course location and facility

This conference will be held in the Naegele Auditorium on the 7th floor of Park Nicollet Clinic & Specialty Center at 3800 Park Nicollet Blvd., St. Louis Park, Minnesota, conveniently located at the northeast intersection of Highway 100 and Excelsior Blvd. Follow the signs off Excelsior Blvd. to park in the free parking ramp.

A map will be sent with your confirmation letter.

Please note that our conference facilities are not equipped for infants and children. We ask that you make arrangements for childcare.

Hotel arrangements

Contact any of these conveniently located hotels:

- [Marriott Residence Inn](#)*
3400 Edinborough Way
Edina, MN 55435
952-893-9300
- [Homewood Suites](#)*
5305 Wayzata Blvd.
St. Louis Park, MN 55416
952-544-0495
- [Holiday Inn Express](#)*
6051 Golden Hills Drive
Golden Valley, MN 55416
763-545-8300

*Note: These hotels offer special IDC/Park Nicollet rate and include shuttle. Attendees are responsible for all travel, hotel arrangements and expenses.

Clinical Diabetes Management

for Primary Care Clinicians

732275

Registration Form

Online registration is preferred. If registering by mail or fax, please copy and use a separate form for each registration.

Select your preferred date (Thursday and Friday):

☐ March 1–2, 2018 ☐ June 14–15, 2018 ☐ October 25–26, 2018

Name: _____

(including credentials, as you want them to appear on your name badge)

Organization: _____

Business address: _____

City: _____ State: _____ ZIP: _____

Business phone: _____ Fax: _____

Email: _____

If you have any special needs or dietary requests, call 952-993-3531 or 1-888-786-3119.

Tuition and syllabus

Physicians \$575; other professionals \$475; residents \$300. Tuition includes continental breakfast, lunch and refreshments. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus (check the box). ☐ *Include a printed syllabus for an additional \$40.*

Payment

☐ Check (*enclosed, payable to International Diabetes Center*)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Credit card number: _____ Expiration date: _____

Cardholder name (please print): _____

Cardholder signature: _____

Registration

If you are registered, check in and pick up your name badge and program materials the morning of the program. New registrations will be allowed on-site, as space permits, and must include payment.

Cancellation, refund policy

New policy: The registration fee, less a \$50 administrative charge, is refundable if cancellation is received 5 business days in advance of the conference date. All continuing medical education activities are subject to cancellation. In the event this conference is cancelled, the Office of Continuing Medical Education, HealthPartners Institute, is not responsible for airfare, hotel or other costs incurred by participants.

Location

Naegle Auditorium
Park Nicollet Clinic & Specialty Center – St. Louis Park
3800 Park Nicollet Blvd., 7th Floor North
Minneapolis, MN 55416

Register online today!

Web

parknicollet.com/cme/diabetes

Phone

952-993-3531
1-888-786-3119

Mail

Continuing Medical Education
Mailstop 61N06B
3800 Park Nicollet Blvd.
Minneapolis, MN 55416

Fax

952-993-3033

Email

cme@parknicollet.com

Thank you! You will receive registration confirmation.

Because our facilities are not equipped for infants and children, we ask you to make arrangements for child care.

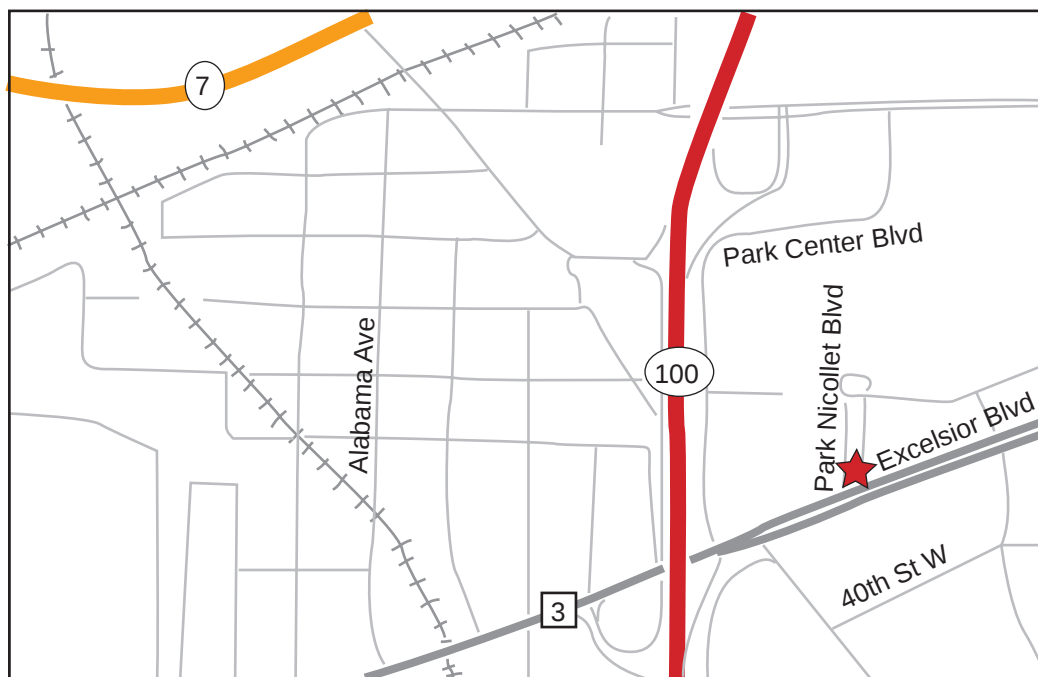
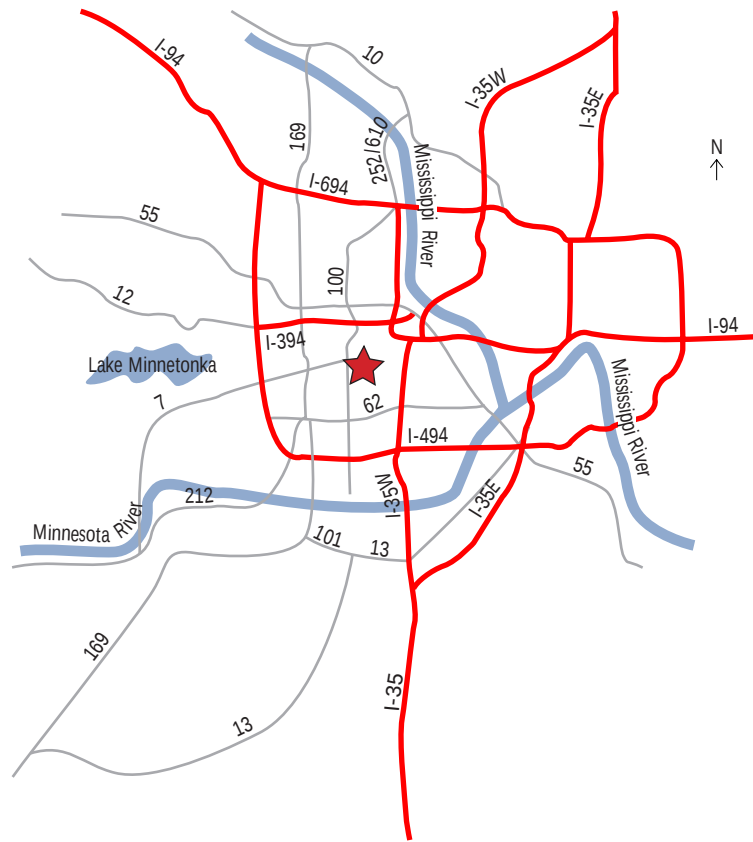


Park Nicollet
International Diabetes Center

HealthPartners®

Park Nicollet Clinic & Specialty Center

3800 Park Nicollet Boulevard
St. Louis Park, MN 55416
952-993-3123 (General Information)



Hwy. 100 to Excelsior Blvd.; east to Park Nicollet Blvd. (across from Miracle Mile Shopping Center). Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free. or, Hwy 169 to Excelsior Blvd.; east about three miles to Park Nicollet Blvd. Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free.

Park Nicollet Clinic & Specialty Center

