

A Practical Guide to Delivering Effective Discharge Planning and Practice

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Meeting the New NICE Guidance on Transition between inpatient hospital settings and community or care home settings for adults with social care needs

Wednesday 4 May May 2016 Hallam Conference Centre



Speakers include

Dr Olivier Gaillemain *Member, Guideline Development Group, NICE & Consultant Physician Salford Royal NHS Foundation Trust*

Liz Deutsch *Consultant Nurse Acute Medicine*

Supporting Organisations



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On 1st December 2015 NICE released a national guideline on the Transition between inpatient hospital settings and community or care home settings for adults with social care needs. The guideline calls for continuity of care for people being transferred from hospital...Hospitals should ensure that any pressure to make beds available does not result in unplanned and uncoordinated discharges...In addition, hospital and community teams should work together to tackle factors that could prevent a safe and timely transfer of care from hospital.

"Delays in the discharge of patients place a huge burden on the NHS. Figures from NHS England show that more than a million hospital days were lost due to delayed discharges over the past year. In September, 5,247 patients were delayed from being discharged, which is the highest figure so far in 2015. Ensuring people also receive the most appropriate services when they are discharged from hospital also has a crucial effect on a person's wellbeing. It can speed up their recovery and ensure they are not readmitted because they are not receiving the right support at home." NICE, December 2015

Professor Gillian Leng, deputy chief executive and director of health and social care for NICE, said: *"A smooth and timely transition from hospital back to their home environment – whether that's their own home or a care home – has a positive effect on a person's wellbeing and can speed up their recovery. It should also help ease the pressure on hospitals and avoid people becoming caught in the 'revolving door of care' – when they are readmitted because they're not getting the right support at home. Having a plan in place to ensure adequate services are available in the local community and are able to cope with any seasonal or other pressures is vital."* December 2015

This conference focuses on delivering effective discharge planning and practice, and meeting the recommendations from the November 2015 NICE Guideline on Transition between inpatient hospital settings and community or care home settings for adults with social care needs. Through national updates, extended sessions and practical case studies the conference will look out how you can improve process and flow and reduce delayed transfers of care through 'discharge to assess', nurse led discharge, developing the role of the discharge coordinator, rapid discharge pathways and working in partnership across organisations.

"I and my team have been placing particular focus on reducing Delayed Transfers of Care – or DTOC for short. DTOCs occur when patients are well enough to return home – or to another care setting – but find themselves in the same hospital environment longer than expected. Not surprisingly, such delays have a negative impact on patient flow, can be detrimental to recovery and stretch limited resources even further." Jon Rouse, Director General, Social Care, Local Government and Care Partnerships at Department of Health. 2015

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10.00 Chairs Introduction

Liz Deutsch

Consultant Nurse (Acute Medicine)

Currently undertaking an NIHR funded PhD Research Fellowship in Discharge Practice and Risk Assessment

10.10 Meeting the New NICE Guidelines on transition between inpatient hospital settings and community or care home settings for adults with social care needs

Dr Olivier Gaillemain

Member, Guideline Development Group, Transition between inpatient hospital settings and community or care home settings for adults with social care needs, NICE & Consultant Physician in Acute Medicine, Salford Royal NHS Foundation Trust

- improving discharge planning and practice
- implementing the NICE recommendations
- delivering a person-centred care approach to discharge practice

10.40 EXTENDED SESSION: Helping people home Working together to reduced delayed transfer of care

Sarah Mitchell

Director

Towards Excellence in Adult Social Care (TEASC)

LGA

- improving joint working on discharge between primary care, hospitals, GPs, community services and adult social services
- models of care for discharge to assess, and assess to admit
- improving patient flows within the hospital, smoothing transitions between modes of care
- giving people the training and tools to remain independent after discharge
- the impact on delayed discharge

11.20 Question and answers, followed by coffee and exhibition at 11.30

11.50 Extended Facilitated Session: Effective Discharge Planning and Discharge Protocols

"Health and social care organisations should agree clear discharge planning protocols" NICE 2015

Liz Deutsch

Consultant Nurse (Acute Medicine)

Currently undertaking an NIHR funded PhD Research Fellowship in Discharge Practice and Risk Assessment

- This interactive session will focus on
- assessment on admission
 - what's the risk?
 - developing and agreeing clear discharge protocols
 - synopsis of current research
 - follow up after discharge

13.10 Question and answers, followed by lunch and exhibition

14.00 Changing the way we work in discharge of the frail elderly and developing the role of the Discharge Coordinator

"NICE recommends that a single health or social care practitioner should be made responsible for coordinating a person's discharge" November 2015

- how do we meet the NICE recommendation that a single health or social care practitioner should be responsible for coordinating a persons discharge?
- increasing the use of 'discharge to assess'
- our experience

14.30 Developing your skills in nurse led discharge

Liz Deutsch

Consultant Nurse (Acute Medicine)

Currently undertaking an NIHR funded PhD Research Fellowship in Discharge Practice and Risk Assessment

- Nurse Led Discharge: developing and ensuring competence
- empowering nurses to become involved in nurse led discharge
- where to start with nurse led discharge
- developing local protocols and procedures
- the challenges and tips for success

15.00 Improving the discharge pathway for complex discharges Case Study: Rapid Discharge at End of Life

Speaker to be announced

- managing complex discharges in practice: the importance of having a plan and protocol
- improving the interface between primary and secondary care
- case study: rapid discharge for patients at the end of life

15.30 Question and answers, followed by tea and exhibition

16.00 Improving ward rounds to improve discharge

Dr Steve Jackson

Consultant Physician

University Hospital of Leicester NHS Trust

- building discharge planning into the ward round process
- developing effective ward round practice and process: the impact on discharge
- building reliability into ward round processes
- efficiency and quality gains to be made by improving the ward round process
- experiences from Leicester

16.30 Working with social services to deliver 7 day discharge

Representative

Northumbria NHS Foundation Trust

- ensuring a whole systems approach to 7 day working
- social care workers in hospital preventing admission
- how we are supporting our local NHS Trust to move to a 7 day service including a social work service based in the hospital 7 days a week

17.00 Question and answers, followed by close

Effective Discharge Planning and Practice

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For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

Hallam Conference Centre, 44 Hallam Street, London W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date

Wednesday 4th May 2016

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.
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The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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