

Six Months Masters Course in

COSMETIC GYNECOLOGY & SEXOLOGY





About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills

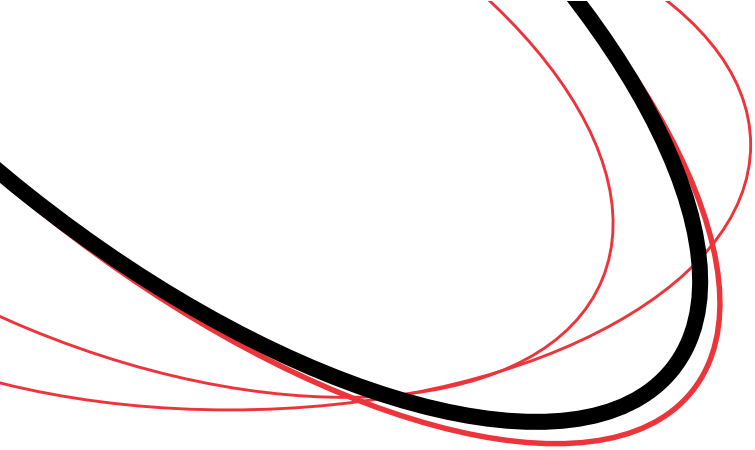
MHPro is committed to a competency-based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro



Course Introduction

The Cosmetic Gynecology & Sexology course is a comprehensive program designed to equip medical professionals with advanced knowledge and practical skills in aesthetic and functional gynecology, sexual health, and reproductive wellness. Covering both non-surgical and surgical techniques, this course provides insights into female intimate health, rejuvenation procedures, sexual dysfunction management and menopause care. Participants will gain expertise in energy-based devices, injectables, regenerative therapies, laser applications, and surgical interventions, empowering them to enhance women's well-being with confidence



Learning Objectives:

- **By the end of this course, participants will:**
- Understand female anatomy, physiology of sexual response, and the role of cosmetic gynecology
- Learn non-surgical and surgical procedures for vulvar and vaginal rejuvenation
- Gain expertise in sexual dysfunctions, menopause care, and transgender health
- Understand the latest developments in laser-based treatments, PRP, fillers, and biostimulants
- Learn surgical techniques such as labiaplasty, vaginoplasty, perineoplasty, and hymenoplasty
- Develop counseling skills for managing sexual dysfunction, preconception care, and post-surgical care
- Learn how to set up and manage a Cosmetic Gynecology Clinic

Learning Outcomes:

- **Upon successful completion, participants will:**
- Be proficient in non-invasive and surgical aesthetic gynecology techniques
- Develop expertise in diagnosing and treating female sexual dysfunction
- Gain hands-on knowledge of lasers, fillers, PRP, and hormonal therapies
- Be able to counsel and manage women's sexual health concerns across different life stages
- Receive an accredited certification, enhancing their professional credibility and career opportunities

Who should take up this course?

Gynecologists & Obstetricians, Urologists & Andrologists, Dermatologists & Aesthetic Practitioners, Plastic Surgeons, Endocrinologists & Sexual Health Experts, General Practitioners & Family Physicians and Medical Professionals interested in enhancing their knowledge and skills in Cosmetic Gynecology & Sexology

Program Director



Dr. S S Vasani

Uro-Andrologist
Medical Director & CEO, Ankur Healthcare
Bengaluru, India

Course Director



Dr. Padmini Prasad

Obstetrician Gynaecologist
& Sexual Health Consultant, Ramamani Nursing Home
Bengaluru, India



Dr. Ma Esperanza Anna Lyn D. Tubban

Owner & Medical Director,
Belliva Skin & Gyne Aesthetic Clinic,
Olongapo, Philippines



Curriculum

Course Title: Cosmetic Gynecology & Sexology

Module:

Introduction

Chapter:

- Anatomy and Functions of Female Intimate Area - Skingyne
- Physiology of the Sexual Response Cycle
- An Overview of Cosmetic Gynecology
- Cosmetic Procedures In Gynecology
- Sexuality & Sexual Health
- Female Sexual Response Cycle

Vulva

- "Female Intimate Aesthetic: Vulva Rejuvenation Depigmentation - How to Lighten Skin in Intimate Areas?"
- Vulva Rejuvenation: Vulvar Dermal Fillers & Skin Tightening/Lift /Volume
- Vulva Rejuvenation: Hair Removal Procedures & Lasers and Light
- Skin Conditions : Pathologic Vs Aesthetic
- Vulval Benign Disorder to Cosmesis

Vagina

- "Female Intimate Aesthetic Vagina Rejuvenation:
 - Tightening Introitus / Canal
 - Moisture
 - Sexual Rehabilitation
 - Hormonal Changes
 - Energy Based Devices"
- "O Shot / Gspot Amplification
 - Prp / Prf
 - Exosomes
 - Growth Factors
 - Hyaluronic Acid
 - Biostimulant"
- Sex And Pelvic Floor
- Pelvic Organ Prolapse

Curriculum

Course Title: Women's Reproductive & Sexual Health

Module:

Vagina - Sexual Dysfunction

Chapter:

- Vaginal Rejuvenation - Addressing women intimate health
- Genito-pelvic Pain/Penetration Disorder (GPPPD) - Female Sexual Dysfunction
- Transgender Health
- Non Consummation of Marriage & Vaginismus
- Female Sexual Dysfunction
- Counselling in Sexual Dysfunction
- Female Cancer and Sexual Dysfunction
- Female Hypoactive Sexual Desire Disorder
- HIV & Women's Health
- Management of a Case of Sexual Assault
- Depression in Women
- Preconception Care - Medication History - Setting Things Right

Menopause

- Menopause and Sexuality
- Menopausal Transition
- Menopause
- Nutrition in Menopause
- Botox in Gynecology
- Fillers in Aesthetic Gynecology
- Laser in Cosmetic Gynecology

Cosmetic Gynecology recent developments

- Laser for SUI
- GU Syndrome in Menopause
- Regeneration of Vulvovaginal Tissue with Laser

Curriculum

Course Title: Women's Reproductive & Sexual Health

Module:

Cosmetic Gynecology recent developments

Chapter:

- Sexual Shots
- Women at Different Ages. Changes throughout the Life Cycle
- Setting up a Cosmetic Gynaecology Clinic
- The Sexmed Therapy Guideline

PART II - Surgical

Surgical Management Part 1

- Labiaplasty & Clitoral Unhooding
- Vaginoplasty & Perineoplasty

Surgical Management Part 2

- Surgical Aesthetics: An Insight
- Surgical Management of Vaginal Laxity
- Labiaplasty
- Types of Labiaplasty
- Hymenoplasty
- Clitoral Surgery
- "Cauterization of Genital Warts
 - Hpv Screening /Guides
 - Papsmears /Sti Workups"

Certificate Sample

