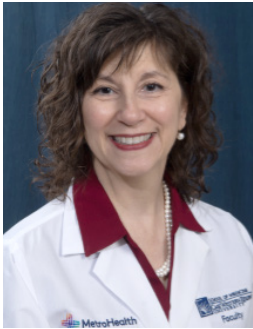


Message from the Chair...



Dear Friends,

Greetings from the MetroHealth Department of Family Medicine!

While the pandemic threw many things off track, we are delighted to reconnect with you and once again host our alumni reunion festivities! The

department and residency have grown immensely since our last reunion! We opened a new Behavioral Health Hospital, a new inpatient hospital and are currently building a new outpatient facility! The campus will look and feel very different than what you recall from your days as a resident! Our focus on the community and the ideals of training high quality, family centered Family Physicians remains as strong as ever!

We welcome you back to the place where you started your career as a Family Physician. We held our first alumni event in June 2014, and this program promises to be bigger and better! Dr Adebambo and her team have a tremendous program planned, aimed at equipping us with the skills of point of care ultrasound! And for those who are not so tech savvy (myself included!) there are additional offerings so that we literally have something for everyone!

The Spring Ball also promises to be another fun filled evening of food, entertainment and dancing! The Ball is a key fund raiser for the residency program, so please consider a donation if you aren't able to attend in person!

Thank you for joining us and I look forward to spending time with each of you!

Christine Alexander-Rager, MD

Chairman, Family Medicine
The MetroHealth System



FAMILY MEDICINE PLANNING COMMITTEE:

Adebambo, Ifeolorunbode (Bode) - Chair

Abou-Haidar, Antoinette

Danawala, Mehul

Dasarathy, Jaividhya

Forde, Wayne

Gillespie, Christopher

Kelley, Kate

Khoury, Gaby

Myers, Allison

Rajesh, Fnu

Serrano, Aslin

Senthikumar, Hemalatha

Sharma, Aishwarya (Sunny)

Tsirambidis, Julie

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CME Event

Primary Care Procedures and Updates:
Focus on Pocus



May 5-6, 2023

Hosted by:

The MetroHealth System
Department of Family Medicine
Cleveland, Ohio

PROGRAM OVERVIEW

Please join us as primary care physicians and APPs gain the skills and confidence needed to become a competent Point of Care Ultrasound (POCUS) practitioner. The course will cover the basics of POCUS and can be used as a pathway to receive ultrasound privileges and credentialing at individual institutions. The conference will cover the following aspects of POCUS that has been adapted for full spectrum family medicine training: renal, deep venous thrombosis, musculoskeletal and soft tissue.

In addition, pertinent clinical updates including self-care and health equity topics will be presented and discussed.

LEARNING OBJECTIVES

At the end of this conference, participants will be able to:

1. State the equipment needed to project an ultrasound image
2. Demonstrate the skills to utilize an ultrasound probe in the shoulder, knee, skin, gall bladder and urinary bladder.
3. Identify the indications and medications for the treatment of obesity in adults.
4. Summarize the updated guidelines for the treatment of sexually transmitted infections.
5. List strategies for health equity in the healthcare environment.
6. Identify ways to maintain wellness and selfcare.

CONTINUING MEDICAL EDUCATION

The MetroHealth System is accredited by the Ohio State Medical Association to provide continuing medical education for physicians. The MetroHealth System designates this educational activity for a maximum of 10.75 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

SPEAKERS

Keynote Speaker: Kevin Bergman, MD

Antoinette Abou Haidar, MD	Mary Ann Dzurec, Pharm D
Bode Adebambo, MD	Wayne Forde, MD
Christine Alexander-Rager, MD	Allison Myers, MD
Christina Antenucci, MD	Iridi Pavliqoti, MD
Mahdi Awwad, MD	Hemalatha Senthilkumar, MD
Shanail Berry-Lampkin, MD	Brittany Shrefler, MD
Colin Crowe, MD	Elisheva Weinberger, DO
Jaividhya Dasarathy, MD	Christopher Yohn, MD

CME PROGRAM SCHEDULE

Friday, May 5, 2023 (Day 1 - Lectures)

8:00-8:30am	Breakfast / Registration
8:30-8:40am	Welcome
8:40-9:20am	Long COVID Updates
9:20-10:00am	Practice Changing Research Updates
10:00-10:15am	Break
10:15-11:00am	Continuous Glucose Monitoring Updates on Cervical Cancer Screening STI Treatment Updates
11:00-11:20am	Obesity Treatment-Medication Updates
11:20-12:00pm	Ultrasound Knobology
12:00-1:00pm	Lunch / Self-Orientation to Probes
1:00-1:30pm	Hepatitis C Management in Primary Care
1:30-2:00pm	MAT Care of LGBTQ Patients
2:00-3:00pm	Allyship USS lecture MSK
3:00-3:15pm	Break
3:15-4:00pm	Wellness - Taking Care of Us USS lecture Abdomen
4:00-5:00pm	Keynote

Saturday, May 6, 2023 (Day 2-Workshops)

8:00-9:15am	MSK - Shoulder and Knee Joint
9:15-10:30am	Skin and DVT of Lower Extremities
10:30-10:45am	Break
10:45-12:00pm	Gallbladder, Kidney and Urinary Bladder Assessment
8:00-9:30am	IUD Insertion
9:30-10:30am	Allyship workshop
10:30-10:45am	Break
10:45-12:00pm	Wellness
1:00-3:00pm	Nexplanon Training

CONFERENCE REGISTRATION

CME EVENT - Two days, 10.75 live CME credits

May 5th-6th (Two-day registration)

Physicians \$500
Non-Physicians \$350
Residents/Fellows \$100
Medical Students \$50

May 5th (One-day registration)

Physicians \$300
Non-Physicians \$200
Residents/Fellows \$0
Medical Students \$0

May 6th (Workshops registration)

Physicians \$300
Non-Physicians \$200
Residents/Fellows \$100
Medical Students \$50



CONFERENCE LOCATION

Tinkham Veale University Center
11038 Bellflower Road
Cleveland, OH 44106

To register and for further information, please visit:
<https://www.metrohealth.org/events/family-medicine-cme-event>

Questions, please email
FamilyMedicineConf@metrohealth.org