

Comprehensive Review/Test Prep



IN-PATIENT OB REVIEW

Presented by:
Rebecca Cypher MSN, PNNP
2019 AWHONN President-Elect
Nationally Respected Expert in EFM and Obstetrics

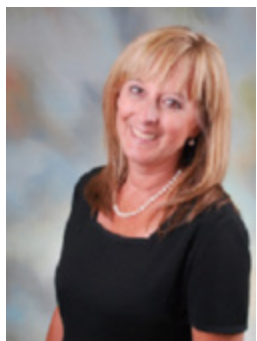
2-Day Seminar
Excellent Orientation to L&D
The Preparation for RNC Exam

*PEC has the exclusive opportunity to offer the NCC Exam option to qualified and NCC registered applicants on the third morning NCC exam registration and registration payment are separate***

WHO SHOULD ATTEND?

Labor & Delivery and LDRP Nurses
Nurses New to OB—Cross Train to L&D
Nurses Re-Certifying or Planning to take the NCC IOB RNC Exam
Optional Paper/Pencil NCC Exam On Site
Nurses Needing Certification for Magnet Hospital Status

P.O. Box 7447 Chico, California 95927-7447
800-732-2387/ WWW.PROEDCENTER.COM



REBECCA CYPHER RNC, MSN, PNNP

Perinatal Nurse Practitioner, Expert,
Author, Consultant, and Educator

Rebecca is a nationally respected leader and consultant in perinatal healthcare. She brings to the program over 30 years of active duty Air Force and civilian nursing experience. Her career has consisted of a number of diverse professional roles, including direct patient care, management, education and research. She is nationally certified in Inpatient OB and EFM. An active member of AWHONN, she is currently the 2019 President Elect. Previously she served in a variety of AWHONN positions including two terms on the Board of Directors. Rebecca joined Lisa Miller, CNM, JD, and Dr. David Miller as co-author for Mosby's Fetal Monitoring: A Multidisciplinary Approach (8th ed.), and has been a contributor to AWHONN's Fetal Monitoring Principles and Practices (5th ed). She has authored numerous book chapters and manuscripts published in a number of leading nursing and medical references. Currently, she is a reviewer for Nursing for Women's Health, on the editorial board for the Journal of Perinatal and Neonatal Nursing, and a Contributing Editor for the Legal Issues and Risk Management column. Committed to improving quality and safety in perinatal care, balanced with thoughtful insight in a simple but comprehensive teaching style, Rebecca will share a wealth of knowledge and up to date evidence, based on her extensive clinical experience and education.

WHAT PEOPLE SAY!

"Loved that the info was quick, concise and to the point"

"I wish I could download Becky's knowledge!"

She's so inspiring and genuinely wants us to be excited about OB"

"Thoroughly enjoyed this course and her approach to teaching. Helped relieve my test anxiety!"

**Would you like to bring this program to your hospital?
Call 800-732-2387 or email cindy@proedcenter.com**

CONTINUING EDUCATION CREDITS

BRN 17 Contact Hours (8.5 per day). Professional Education Center is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 14 Contact Hours (7 each day).

Meets Texas Type I criteria.

This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

CE Certificate is issued at program conclusion.

WHO SHOULD ATTEND?

- **All Labor & Delivery & LDRP Nurses**
- **Individuals required to maintain ed. hours for licensure, Magnet Status, Joint Commission Perinatal Care Certification**
- **Novice and experienced RN's starting an OB career; Nurses needing Cross-Training**
- **Nurses planning to take the Inpatient OB RNC Exam (written exam option on-site)**

Course content will have key elements to update and validate your clinical knowledge base as you prepare for the NCC certification exam. Course content will compliment NCC's Candidate Guide for Inpatient Obstetric Nursing. Due to time limitations, pre-class review of postpartum and newborn concepts is strongly recommended.

PROGRAM OBJECTIVES:

Following a comprehensive lecture, discussion, audiovisual aids, such as videos, you will be able to:

- Demonstrate knowledge of biological, physiological, psychological, and sociocultural factors that influence the pregnant family, developing fetus and impact care.
 - Identify alterations in the biological, physiological, psychological, and sociocultural status of the mother, fetus and implications for the newborn.
 - Identify patient's actual or potential problems/needs, utilizing information received from the patient, the family, appropriate records, and other health team members.
 - Develop a comprehensive plan for individualized nursing care, including diagnostic, therapeutic, and patient education components.
 - Evaluate interventions and modify the plan of care.
 - Apply current standards of practice, research findings and ethical/legal principles in providing nursing care to the normal and high risk antepartal, intrapartal, and postpartal family.
- **Taking the review course does not guarantee passing the exam.**

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, or credit voucher good for any future PEC program, no cash refunds. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

INPATIENT OB COURSE: Maternal/Fetal/Neonatal

Day One

- 7:30 Check In - Continental Breakfast**
8:00 PHYSIOLOGY OF PREGNANCY: Systems Adaptation
- Cardiovascular, Hematologic & Respiratory
 - Renal, GI, & Endocrine • ECG Changes
- MATERNAL FACTORS: Affecting Fetus/Newborn**
- Disease Processes: Hypertension, Diabetes, Cardiac Blood Disorders, Acute Fatty Liver, Obesity, Thyroid Auto-immune, Rh incompatibility
 - Pregnancy Risks: Substance Abuse, Alcohol, Tobacco Domestic Violence, Environmental Prescriptive/Non-Prescriptive Drugs Abuse

12:00 Lunch

FETAL ASSESSMENT

- Fetal Utero-Placental Physiology: Oxygenation Pathway Intrinsic/Extrinsic Factors
- Non-Electronic Monitoring: Auscultation, Palpation
- Electronic Fetal Monitoring: Assessment, Signal Ambiguity, Periodic/Episodic Changes, Uterine Activity
- Acid Base Assessment: Cord gas evaluation, acoustic stim
- Antepartum Assessment: NST, BPP, dopplers, ultrasound
- Prenatal Diagnosis: Prenatal screening

4:30 Adjourn

Program Schedule Day 1&2: 7:30am - 4:30 pm
Complete Course Syllabus, Basic Continental Breakfast, 45 minute Lunch, and Afternoon Soft Drinks
(DAY 3): NCC Exam: 7:30 am Check-in w/Breakfast
Exam 8:00-11:00 AM (must have NCC approval letter)

Day Two

- 7:30 Check In - Continental Breakfast**
8:00 LABOR AND BIRTH
- Physiology of Labor
 - Labor Management: Assessment, Psychosocial
 - Stages of labor: Characteristics, Support Interventions
 - Dysfunctional labor: Maternal-Fetal Implications
 - Obstetrical Procedures: External Cephalic Version Episiotomy, Operative Vaginal Deliveries, Cesarean. VBAC, Induction of Labor, Cervical Ripening Methods
 - Non-Pharmacologic Pain Management
 - Pharmacologic Pain Management: Systemic, Neuraxial, General Anesthesia, Nursing Care

12:00 Lunch

OBSTETRIC COMPLICATIONS

- Malposition, Shoulder Dystocia, Multiple Gestations
- Umbilical Cord Problems, Cord Prolapse
- AF Disorders, Oligohydramnios, Hydramnios
- Ruptured Membranes, Preterm, Term, Prolonged
- Chorioamnionitis, Anaphylactoid Syndrome
- Placental Implantation Abnormalities, Abruption, Previa, Uterine Rupture, Hemorrhage
- Preterm Labor, Prolonged Pregnancy

4:30 Adjourn

BONUS! ADDITIONAL STUDY MATERIAL IN HANDOUT

Highlights to be briefly outlined in class as time allows:

Postpartum: Physiology, Complications, Lactation
 Newborn: Transition, Adaptation, Assessment, Intervention, Nutrition
 Professional Issues: Ethics, Research, Legal, Safety
 PLUS: Extensive Bibliography & Resources, AND Test Taking Strategies

REGISTRATION: 2019 In Patient OB Review Course

NAME _____ License# _____

☐ RN ☐ APN ☐ MW ☐ PA ☐ Other: _____

Home Address _____

City _____ State _____ Zip _____

Day Phone (____) _____ Email _____

Hospital/Clinic I work with: _____ Group Registration ☐

Practice Area: ☐ LD ☐ PP ☐ NSY ☐ AP ☐ Med. Office ☐ Education

Check Payable to: Professional Education Center (PEC)

☐ VISA ☐ MasterCard ☐ DISCOVER ☐ AMERICAN EXPRESS

Card #s _____ Exp. _____

Security Code _____

☐ I Prefer a Vegetarian lunch - Available with preregistration only

I WILL ATTEND the checked 2019 Seminar Days:

(NCC optional test day follows: Separate registration see below)

Seattle, WA ☐ 3/4 ☐ 3/5
 Reno, NV ☐ 4/15 ☐ 4/16 Charlotte, NC ☐ 10/7 ☐ 10/8
 Providence, RI ☐ 5/2 ☐ 5/3 Anaheim, CA ☐ 11/4 ☐ 11/5
 Richmond, VA ☐ 5/15 ☐ 5/16 San Antonio, TX ☐ 11/14 ☐ 11/15

PRE-PAID FEES

Both Days

One Day

Individual ☐ \$439 ☐ \$279
 Group 4** ☐ \$429 ☐ \$269 each***
 Group 8** ☐ \$419 ☐ \$259 each***

***Groups MUST BE PRE-REGISTERED TOGETHER

☐ I am taking the on site exam \$25 NR fee due PEC

Regular pricing for Early Birds. Add \$30 if within 10 days
 Within 2 days and at the door Registration: \$489/\$329
 (At door registration on 'Space Available' basis)

I want to study before the class - See website for pricing

☐ Perinatal Nursing HomeStudy w/ 21 hr CE credit

☐ Intrapartum Management Home Study w/12 CE credit

Recommended, additional study, not required.

EASY COURSE REGISTRATION:

On-line @ www.proedcenter.com

Call Today With Any Major Credit Card

800-732-2387 9am-3:30pm M-F (PST)

24 Hour Registration: FAX 530-343-3575

OR

Mail This Course Registration To:

Professional Education Center

P.O. Box 7447 Chico, CA 95927-7447

*The NCC InPatient OB exam is separate from and has no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurse's seeking certification, thus PEC has established the option for PEC IPOB course attendees to sit the NCC exam. NCC sends an admission email following receipt/approval of exam application, which must be printed off and brought to the test site. Contact NCC if you have applied and have not received your email. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam.

Registration for the onsite NCC exam following attendance at the course is separate with NCC, (\$275) we suggest registering using the tab on the Home Page of our website. Please note there is a \$25 NR test administration fee due PEC for the onsite exam.



Professional Education Center

P.O. Box 7447

Chico, California 95927-7447

INPATIENT OB COURSE

#1 Choice for OB Nurses

**THIS CLASS HAS
WHAT YOU NEED TO..**

- **Update or Establish your practice**
- **Prepare for the RNC Exam!**
- **Obtain or Maintain Magnet Status!**

PLEASE POST - THANK YOU!

RNC NCC EXAM INFORMATION CONTACT-DETAILS:

***NCC Exam registration is separate (\$275) from course registration and must be completed at least 21 days prior to exam date. NCC Registration Instructions Inside: use the tab on the proedcenter.com website**

CONTINUING EDUCATION CREDITS: 17 Hours BRN Credits. (Includes 4 Hours Pharmacology)

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, This course approved for 17 (8.5 per day) Contact Hours. Florida FBN #2219 approved for a total of 14 (7 per day) Contact Hours. Meets Texas Type I provider criteria. This course is designed to meet Board of Nursing CE requirements in all 50 states. **Neither program planners nor presenters have any commercial conflict of interest.**

2019 SEMINAR LOCATION & LODGING

PEC has arranged a limited number of rooms at a preferred rate at hotel seminar site (or near host site) when possible.

Call, (use code if stated) or use the direct website link (on our website) to make a reservation.

Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

SEATTLE, WA - MARCH 4-5 (6)

SEMINAR & LODGING SITE:

DoubleTree Seattle AP Southcenter
16500 Southcenter Pkwy, Seattle, WA 98188
Phone: (206) 575-8220 PEC room block rate \$169
Comp AP shuttle and guest room wi-fi

RENO, NV - APRIL 15-16 (17)

SEMINAR & LODGING SITE:

Whitney Peak Resort
255 N Virginia St, Reno, NV 89501
Phone: (775) 398-5400 PEC room block rate \$114/\$134
Resort treatment at hotel pricing! Non smoking

PROVIDENCE, RI - MAY 2-3 (4)

SEMINAR & LODGING SITE:

Radisson Providence Airport
2081 Post Rd, Warwick, RI 02886
Phone: (401) 739-3000 PEC room block rate \$125

RICHMOND, VA - MAY 15-16 (17)

HOST: Henrico Doctor's Hospital

SEMINAR SITE: 1602 Skipwith Rd, Richmond 23229

LODGING: Embassy Suites 2925 Emerywood Pkwy,
Richmond, VA 23294 Phone: (804) 672-8585
PEC room block rate \$145

CHARLOTTE, NC - OCTOBER 7-8 (9)

HOST: Atrium Health

SEMINAR SITE: Carolinas HealthCare NE: Hamrick
Theatre: 200 Medical Park Drive, Concord NC 28025

LODGING: Holiday Inn & Suites
2491 Wonder Drive Northeast, Kannapolis, NC 28083
Phone: (704) 743-1080 PEC \$129

ANAHEIM, CA - NOVEMBER 4-5 (6)

SEMINAR & LODGING SITE:

Embassy Suites Anaheim South
11767 Harbor Blvd, Garden Grove, CA 92840
Phone: (714) 539-3300 PEC-IOB \$149/169

SAN ANTONIO, TX - NOVEMBER 14-15 (16)

HOST: University Health System

SEMINAR SITE: University Hospital: 4502 Medical Dr,
San Antonio, TX 78229

LODGING: Homewood Suites SA Northwest 4323 Spectrum 1,
San Antonio, TX 78230 Phone: (210) 696-5400 PEC-IOB \$110