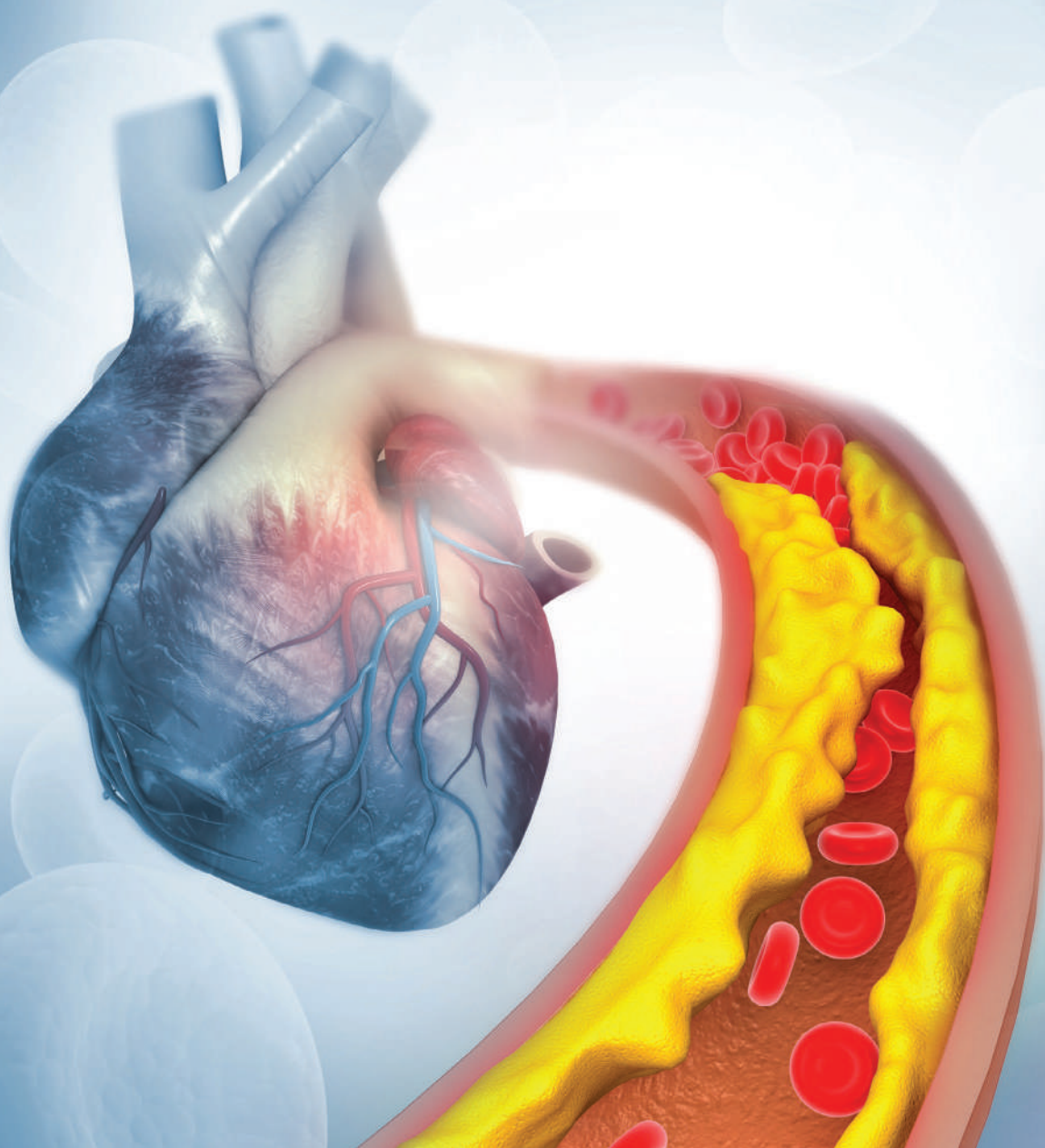


Cardiovascular Atherosclerosis: Prediction, Prevention and Management

Live Streaming Virtual Event · June 19, 2021

Visit www.scripps.org/atherosclerosiscon for conference updates

Call: (858) 678-6400 · Email: med.edu@scrippshealth.org



Course Introduction

Course Overview

Atherosclerotic cardiovascular disease is a common problem which may begin early in life and progress as a person ages. The atherosclerotic condition involves lipid deposition of the arterial wall, which involves the immune system, inflammatory mediators, and the endothelial system. Over time, if developing atherosclerosis is left untreated, it may be progressive and can result in several dangerous and life-threatening cardiovascular conditions including myocardial infarction, carotid artery disease and stroke, among others. While atherosclerosis can often be prevented through good lifestyle choices including proper diet and exercise, a number of therapeutic options are available for patients where lifestyle changes may not be enough.

Over the past several years there has been a substantial increase of clinical trials specifically dedicated to the management and treatment of atherosclerosis and underlying risk factors. These studies have generated comprehensive data on a large number of randomized patients and have led to new indications for medical therapies. Clinicians need to be familiar with these evolving clinical diagnoses and novel therapeutic options for their patients. The Scripps Cardiovascular Atherosclerosis conference is designed to offer a comprehensive summary of these new treatment options as well as to promote clinical awareness regarding prudent lifestyle and dietary choices to improve patient outcomes.

Educational Objectives

After attending this live internet activity, participants should be able to:

- Identify cardiac risk factors and estimation of patients' clinical risk.
- Explain mechanism and indication of PCSK9 inhibitors and omega 3 fish oil.
- Summarize mechanism and indication of SGL2 inhibitors as well as GLP1 agonists' mechanisms of action and cite indications for use.
- Describe the cardiovascular benefits associated with diet and exercise modifications.
- Assess cardiac CT scoring and utility of coronary CTA.
- Illustrate polygenetic risk scoring in primary prevention of atherosclerotic cardiovascular disease.

Target Audience

- Cardiologists
- Endocrinologists
- Internists
- General Practitioners
- Nurses, Nurse Practitioners, Physician Assistants

Accreditation and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live internet activity for a maximum of 5.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 5.25 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

Commercial Support

This course is supported, in part, by educational grants from industry, in accordance with ACCME Accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity should any grant money be received.

Faculty

Course Directors

David P. Cork, MD

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Conference Faculty

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Ionis Pharmaceuticals
Professor of Medicine/Cardiology
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Poulina Q. Uddin, MD

Director, Scripps Women's Heart Center
General and Invasive Cardiology
Integrative and Holistic Medicine
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Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/atherosclerosiseme.

Visit www.scripps.org/atherosclerosiseme for conference updates

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Conference Agenda

Saturday, June 19, 2021

7 a.m. Virtual Event Opens & View Exhibits

7:15 a.m. **Non-CME Lecture
LP(a)—A Novel Biomarker with Great
Clinical Promise**
Sotirios Tsimikas, MD

7:50 a.m. **Welcome and Introductions**
*David P. Cork, MD and
Christopher J. Suhr, MD*

8 a.m. **New Concepts in Dyslipidemia:
Dispelling 10 Common Health “Truths”
About Lipids and Risk Assessment**
Douglas W. Triffon, MD

8:30 a.m. **Influence of Elevated Triglycerides
on Atherosclerosis and Non-Statins
Therapies—Review of Data: Omega 3,
Bempedoic Acid, Niacin, Ezetimibe,
PCSK9 Inhibitors**
David P. Cork, MD

9 a.m. **Evaluation of Subclinical Coronary
Atherosclerosis, Coronary CTA and
Coronary Calcium Score**
Jorge A. Gonzalez, MD

9:30 a.m. **Panel Discussion/Q&A**

9:45 a.m. Break & View Exhibits

10:05 a.m. **Exercise and Cardiovascular Risk**
Christopher J. Suhr, MD

10:35 a.m. **Cardiovascular Prevention in Women**
Poulina Q. Uddin, MD

11:05 a.m. **Optimizing Dietary Pattern in Patients
with Cardiovascular Disease**
Sandeep R. Mehta, MD

11:45 a.m. **Panel Discussion/Q&A**

Noon Break & View Exhibits

12:15 p.m. **Cardiometabolic Disease and Novel
Therapies: SGLT2 Inhibitors and GLP1
Agonists**
Daniel Einhorn, MD

12:45 p.m. **Update on Inflammation and Novel
Biomarkers for Atherosclerosis**
Douglas W. Triffon, MD

1:15 p.m. **The Utility of Polygenic Risk Scores in
Primary Prevention of Atherosclerotic
Cardiovascular Disease**
Amitabh C. Pandey, MD

1:45 p.m. **Panel Discussion/Q&A**

2 p.m. Adjourn

Please note: All times listed are Pacific Standard Time (PST)

Virtual Conference Details

All registered participants will receive an email with a link to confirm participation in the virtual conference prior to the activity.

Conference Fees & Registration

Space is limited, so register early!

Included: Course tuition, live stream, course materials, virtual exhibit access, mobile conference app, and course recordings

Register Online

www.scripps.org/atherosclerosiscme

Rates	Thru May 5	May 6–Jun 11	After Jun 11
Physician (MD, DO, MBBS)	\$75	\$100	\$125
RN, NP, PA, Other	\$50	\$75	\$100
Fellows, Residents, Students	\$25	\$50	\$75
Scripps Rate	\$25	\$25	\$50

Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$25 processing fee, if your cancellation is received in writing no later than **Friday, June 11, 2021**. Attendee substitutions will not be permitted. After June 11, 2021, under no circumstances will refunds, credits, or substitutions be granted. Failure to log-in to the live virtual broadcast will result in complete forfeiture of conference registration fees. Virtual conference participation is limited to the paid registrant only. Log-in information is unique and cannot be shared.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided.