



THE LOUIS ARMSTRONG CENTER
FOR MUSIC AND MEDICINE
PRESENTS:



**Trauma Theory & Treatment:
Somatosensorial Implications of Resilience**

Monday, May 7th, 2018

COURSE DESCRIPTION

This single day event will provide a unique forum, highlighting the cutting edge intersection of music therapy with other psychotherapeutic modalities in the treatment of emotional trauma. Professionals will come together to share innovative clinical work, to elucidate theory, practice, and research explicating current directions in the treatment of emotional trauma and related pathologies.

LEARNING OBJECTIVES

After attending this conference, attendees will demonstrate the ability to:

- Describe current findings on neurologic, psychological, and physical response to traumatic experiences, and how they regulate emotional and behavioral responses.
- Explain the role of the therapeutic relationship in protecting and restoring safety and regulation.
- Explain current designs of psychotherapy treatment studies and outcomes, and the clinical implications of treatments in the area of trauma and dissociation.
- Strategize methods of implementing music therapy as part of dedicated treatment for the sequelae of emotional trauma.
- Integrate current medical, creative arts therapies, and biopsychosocial research in the development of best practices for Music Therapy and Music & Medicine in trauma treatment.
- Identify converging strategies, overlap, and team-based treatment.
- Identify how issues of safety, shame, trust, cultural differences, core beliefs, and boundaries can be resolved by trauma informed care.

TARGET AUDIENCE

Physicians, Nurses, Psychologists, Social Workers, Music Therapists, Chaplains, Counselors, Creative Arts Therapists, Other Healthcare Professionals PT, OT, Child Life Specialists, Fellows, Residents, and Medical Students.

CONFERENCE LOCATION

Mount Sinai Downtown Union Square, 2nd Fl. Conference Center
10 Union Square East, (between 14th & 15th Streets), NYC
Secure parking in building
Subways: 4, 5, 6, N, R, L, W & Q trains to Union Square

NEARBY ACCOMMODATIONS

Leo House (212) 929-1010
Seafarers & International House (212) 677-4800
Gramercy Park Hotel (212) 475-4320

REGISTRATION

Pre-register by mail or telephone by May 1, 2018 to ensure participation. Registration also available on site May 7th 2018
For more info: 212-420-2704 or email: info@musicandmedicine.org

Mail completed form below to:
The Louis Armstrong Center for Music and Medicine
Mount Sinai Beth Israel
First Avenue at 16th Street, 6S-21
New York, NY 10003

Registration Form

**Trauma Theory & Treatment:
Somatosensorial Implications of Resilience
Monday, May 7th, 2018**

First Name _____
Last Name _____
Address _____
Email _____
City State Zip _____
Affiliation _____

Advanced Registration

Check appropriate category

☐ \$150 Full conference, professional

☐ \$100 Full conference, student

On-Site -Registration

Check appropriate category

☐ \$175 Full conference, professional

☐ \$125 Full conference, student

Online registration is available at:

<https://mssm.cloud-cme.com/>

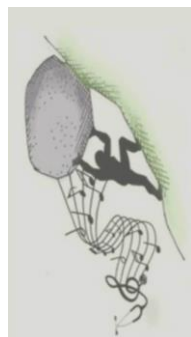
Please make checks payable to:

**The Louis Armstrong Center
for Music and Medicine**



CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by **April 25, 2018**. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.



**Trauma Theory & Treatment:
Somatosensorial Implications of Resilience
Monday, May 7th, 2018**

*The Louis Armstrong Center for Music and Medicine
Mount Sinai Downtown Union Square, 10 Union Square East, New York, NY 10003*

*****7:45 – 8:15 AM REGISTRATION & BREAKFAST*****

8:15 – 8:25 AM Welcome & Introduction

Joanne V. Loewy DA, LCAT, MT-BC

Director, LACMM

John Mondanaro MA, LCAT, MT-BC, CCLS

Clinical Director, Colloquium Co-chair, LACMM

Andrew Rossetti MMT, LCAT, MT-BC

Coordinator, Music Therapy, Radiation Oncology

Colloquium Co-chair, LACMM

8:25 – 9:25 AM Keynote

The Science, Culture, and Power of Musical Taste

Stephen Porges PhD

Distinguished University Scientist, Kinsey Institute

Indiana University Bloomington, Illinois, Research Professor

Dept. of Psychiatry UNC, Chapel Hill, NC

Auditorium

9:30 – 10:15 AM Concurrent Sessions

How Current Neuroscience Research Challenges and Informs

Music Therapists Engaged in Trauma Treatment

Gene Ann Behrens PhD, MT-BC

Director of Music Therapy, Elizabethtown College

Mount Joy, PA

Auditorium

All Roads Lead To Where We Stand:

A Veteran Case Study

Kristen Stewart MA, MT-BC, LCAT, SEP

Veteran Affairs – Hudson Valley Healthcare System

Montrose, NY

Conference Room 1

Weaving Words and Music: Healing from Trauma for People with
Serious Mental Illness

Gillian Langdon Stephens MA, MT-BC, LCAT

Faye Margolis, PhD, Kristina Muenzenmaier, MD

Bronx Psychiatric Center, Bronx, NY

Conference Room 2

10:20 – 11:05 AM Concurrent Sessions

Cognitive, Emotional, and Physical Impact of

Traumatic Brain Injury (TBI)

Teresa Ashman PhD, ABPP

Adjunct Associate Professor, NYULMC

Research Scientist University of Delaware, New York, NY

Auditorium

Perspectives on Music Psychotherapy as Prophylaxis and
Treatment for Trauma Experienced by Cancer Patients

Andrew Rossetti MMT, LCAT, MT-BC

Conference Room 1

Trauma-Informed Critical Caring:

Authentic Healing Presence and Early Life Adversity

Mary Coughlin MS, NNP, RNC-E

Caring Essentials Collaborative, LLC, Boston, MA

Conference Room 2

11:10 AM – 12:30 PM Expert Panel

Salient Aspects of Music Psychotherapy Practices in Treating

Trauma: GIM, Bodywork & Priestley- Case Exploration

Frank Bosco MA, LCAT, LMT, MT-BC, SEP, RPP

Director, Sound Health Collective, New York, NY

Barbara Hesser MA, LCAT, MT-BC

Director, New York University MA MT Program New York, NY

Benedikte Scheiby MA, MMed, LCAT, CMT, MBSR

Institute for Analytical Music Therapy, New York, NY

Moderator: Joanne V. Loewy DA, LCAT, MT-BC

Auditorium

*****12:30 – 1:15 PM LUNCH*****

1:15 – 1:25 PM Welcome & Introduction

Stephen Porges PhD Colloquium Co-Chair

Stephan Quentzel MD Medical Director

The Louis Armstrong Center for Music & Medicine

Mount Sinai Beth Israel, New York, NY

Auditorium

1:25 – 2:15 PM Keynote

Traumatic Attachment and Co-regulation:

The Neurobiology of Relationship

Janina Fisher PhD

Clinical Psychologist and Instructor at the Trauma Center

Brookline, MA Assistant Director Sensorimotor Psychotherapy

Institute Bloomington, CO

Auditorium

2:20 – 3:05 PM Concurrent Sessions

The Bonny Method of Guided Imagery and Music (GIM):

Considerations for Trauma and Resilience

Jim Borling MM, MT-BC

Fellow, Association for Music and Imagery

Radford College, Roanoke, VA

Auditorium

The Military, Moral Injury, and Music Therapy

Torrey Gimpel, MM, MA, MT-BC

Margret Murphy Center for Children, Auburn, ME

Conference Room 1

Caring for the Caregiver – Utilizing Preventative Strategies in
Creative Arts Therapies in the Workplace

Gabrielle Bouissou MT-BC Music Therapy Fellow

Joanne Loewy DA, LCAT, MT-BC

Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm

Mount Sinai Beth Israel

Conference Room 2

*****3:05 – 3:20 PM COFFEE BREAK*****

3:20 – 4:05 PM Concurrent Sessions

Disasters, Mental Health, and the Example of Ebola:

More Marathon, Less Sprint

Craig Katz MD

Clinical Professor of Psychiatry, Medical Education, and Global

Health and System Design

Icahn School of Medicine, Mount Sinai, New York, NY

Auditorium

Facing Traumatic Loss in Pediatrics

John Mondanaro MA, LCAT, MT-BC, CCLS

Stephanie Omens MA, LCAT, RDT, CCLS

Senior Child Life Specialist,

Hackensack University Medical Center, Hackensack, NJ

Conference Room 1

Planting the Seeds of Post-Traumatic Growth in Therapy

Lisa Ferentz LCSW-C, DAPA

Director, The Ferentz Institute, Baltimore, MD

Conference Room 2

4:10 – 4:55 PM

Ring the Bells That Still Can Ring:

A Musical Journey Through Trauma Towards Wholeness

David Abbott MA, MT-BC

LifeSong Music Therapy, New York, NY

Auditorium

4:55 – 5:15 PM Closing Comments

John F. Mondanaro MA, LCAT, MT-BC, CCLS

Stephen Porges PhD

Andrew Rossetti MMT, LCAT, MT-BC

CONFERENCE CO-CHAIRS

John Mondanaro Co-Chair, MA, LCAT, MT-BC, CCLS

Stephen Porges Co-Chair, PhD

Andrew Rossetti Co-Chair, MMT, LCAT, MT-BC

SCIENTIFIC COMMITTEE

Marie Grippo MA,

Joanne Loewy DA, LCAT, MT-BC

John Mondanaro MA, LCAT, MT-BC, CCLS

Stephen Porges, PhD,

Stephan Quentzel MD, JD

Andrew Rossetti MMT, LCAT, MT-BC

Mari Umpierre PhD, LCSW

ACCREDITATION STATEMENT

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (AACME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflicts of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of course materials. Detailed disclosure will be made in the activity handout materials and print out is available at the CME desk during the conference.

CMTE CREDITS AVAILABLE FOR MUSIC THERAPISTS

The Louis Armstrong Center for Music and Medicine is approved by the Certification Board of Music Therapists (CBMT) to award 8 Continuing Music Therapy Education Credits. The Louis Armstrong Center for Music and Medicine #P-111, maintains responsibility for program quality and adherence to CBMT policies and criteria.

LCAT HOURS FOR CREATIVE ARTS THERAPISTS

Louis Armstrong Center for Music & Medicine at Mount Sinai-Beth Israel is recognized by the New York State Education Department's State Board for Mental Health Practitioners to award 8 hours as an approved provider of continuing education for licensed creative arts therapists. #CAT-0061.

Colloquium emblem by Kaitlin Pelkey