

Faculty List (Continued)

Carl J Pepine, MD, MACC, FAHA, FESC
Professor of Medicine, University of Florida
Chairman Vascular Biology Working Group
Past President American College of Cardiology
Gainesville, Florida

David Perloff, MD, FACC, FACP
Governor Florida Chapter American College of Cardiology (ACC)
Fort Lauderdale, Florida

Marc A. Pohl, MD
Consultant Staff, Department of Nephrology and Hypertension, Cleveland Clinic
Past Head, Section of Clinical Hypertension and Nephrology
Past Director Center for Blood Pressure Disorders
Glickman Urological and Kidney Institute, Cleveland Clinic
Cleveland, Ohio

Allan B. Schwartz, MD, FACP, FASN, FASH
Professor of Medicine Division of Nephrology and Hypertension
Drexel University College of Medicine,
Board of Directors, American Society of Hypertension
Philadelphia, Pennsylvania

Jeffrey Sell, MD, FACS
Chief Cardiovascular Surgery, Sarasota Memorial Healthcare System
Sarasota, Florida

Laurence Sperling, MD, FACC, FAHA
Professor of Medicine (Cardiology)
Past President of the American Society for Preventive Cardiology.
Director of Emory Heart Disease Prevention Center
Emory University School of Medicine
Professor of Global Health Hubert Department of Global Health Rollins School of Public Health at Emory University
Atlanta, Georgia.

Michael Valentine, MD, MACC
Immediate Past President American College of Cardiology
Stroobants Cardiovascular Center
Lynchburg, Virginia

Nanette K. Wenger, MD, MACC, MACP, FAHA, Program Co-Director
Vice President International Society for Cardiovascular Disease Prevention (ISCVDP)
Professor of Medicine (Emeritus), Cardiology, Emory University School of Medicine
President Society of Geriatric Cardiology 1994-1995
AHA Chair, Task Force, Heart Education for Women 1990-1999
Past Chief of Cardiology Grady Memorial Hospital
Consultant, Emory Heart & Vascular Center
Founding Consultant, Emory Women's Heart Center
Atlanta, Georgia

International Faculty

Fausto Pinto, MD, FESC, FACC, FSCAI, FASE
Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)
Dean, Faculty of Medicine - University of Lisbon
Head, Cardiology Dpt, Heart and Vascular Department, University Hospital, CHULN
Full Professor of Medicine/Cardiology, University of Lisbon, Portugal
President Elect, World Heart Federation (WHF) (2019-2020)
Past President, European Society of Cardiology (ESC)
Lisbon, Portugal

Professor Sir Magdi Yacoub, FRS, FACE
Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)
Imperial College London, Heart Science Center
Harefield, Middlesex, United Kingdom.

Congress Registration:

PHYSICIANS\$175.00
Prior to September 1, 2019 250 dollars thereafter

Other health care professionals \$75.00

ISCVDP Members & Previous Attendees..... \$100.00
(Limited to 100, Prior to Sept. 1, 2019)

MEDICAL STUDENTS and NURSES first 50 registrantsFree

Public invited free for SUNDAY MORNING session.
Space is limited, must pre-register.

Only confirmed attendees will be allowed in.

Optional lunch for healthcare providers :
(Free lunch for the 100 healthcare providers who register first)

☐ Yes I will attend ☐ No, I will not attend

Physicians Only Optional free dinner Symposiums:
(Dinner limited to only 75 physicians / first registered, first served)

☐ Yes I will attend ☐ No, I will not attend

Make checks payable to:
International Society for Cardiovascular Disease Prevention
20th Annual Congress on Early Cardiovascular Disease Prevention
and mail to the address listed below.*

FOR CREDIT CARD PAYMENT ONLINE
AT ISCVDP.org
REGISTRATION FORM

Name: _____

Title: _____

Address: _____

City: _____

State: _____ Zip: _____

Facility: _____

Phone: _____

E-mail: _____

Name on Card _____

Card No. _____ Exp ____/____

ONLY CONFIRMED ATTENDEES WILL BE ALLOWED IN.

***Clip & Send Registration Form & Appropriate Fee to:**
International Society for Cardiovascular Disease Prevention,
20th Congress on Early Cardiovascular Disease Prevention
PO Box 433, Sarasota, FL 34230.

May also register on line at:
www.iscvdp.org

For additional information, please call **941 366 9800**
or visit **www.iscvdp.org** or **www.cardiologycenter.net**

Travel and Discounted Hyatt Regency Hotel Arrangements
Please call:
ADMIRAL TRAVEL at 888 722 3401 or 941 951 1801
1284 N Palm Ave., Sarasota, FL 34236
www.admiraltravel.com

Educational Objectives:

The course is designed to present for participants:

- Review of Novel Approaches for Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Diseases in order to avert or delay a Catastrophic Cardiovascular Event
- Update on Hypertension and Cardiorenal Syndrome
- Update on Treatment Modalities for Ischemic Heart Disease In Women
- Update on Novel Approach for treatment of Dyslipidemia: PCSK9 Inhibitors
- Update on Systematic Approach to Risk Stratification And Screening
- Update on the use of Imaging Modalities for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure

20 Renowned Professors of Cardiology will be the host Faculty for this Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be case presentations to encourage discussion and audience participation

The final take-home message from this Symposium is:
Time to Focus on Early Cardiovascular Disease Prevention. Time to be good to your heart: Early detection for Optimal Prevention.

Topics:

- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of Diabetes & Obesity
- New Guidelines in Hypertension and Dyslipidemia/PCSK9 Inhibitors
- Current and Future Management of Dyslipidemia and Atherosclerosis
- Women's Heart Disease
- Update on the current management of Deep Vein Thrombosis
- Stroke Prevention in NVAf
- Update on New Guidelines for Treatment of Diabetes, Hypertension, Dyslipidemia and Heart Failure
- Sleep Disorders and Heart Disease
- Update on Cardiovascular Imaging
- Dietary Management
- Cardio Oncology and much more

Meeting Description:

This CME activity is designed for the cardiologist, internist, pharmacists primary care physicians, emergency room physicians, nurses, respiratory therapists and other health care providers who manage patients with cardiovascular disease.

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Florida Medical Association and ISCVDP. The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

The Florida Medical Association designates this live activity for a maximum of 13.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity

Location: **Hyatt Regency**
1000 Boulevard of the Arts
Sarasota, FL 34236
Phone: (941) 953-1234



Hotel Accomodations:
Hyatt Regency Hotel

The Cardiovascular Health Assessment Center at Cardiovascular Center of Sarasota
1950 Arlington Street Suite 300
Sarasota, FL 34239 • Phone (941) 366-9800
www.cardiologycenter.net



International Society for Cardiovascular Disease Prevention

20/20/20 CONGRESS



CARDIOVASCULAR CENTER OF SARASOTA FOUNDATION FOR RESEARCH AND EDUCATION

20th Annual National Sarasota Congress on Cardiovascular Disease Prevention: Update 2020

CME Accredited Program Approved for 13 CME
Hosted by 20 of the Most Renowned Professors of Cardiology, Nationally and Internationally
Friday - Sunday February 7th-9th, 2020



Hyatt Regency, Sarasota, FL
Jointly Provided by:
The International Society for Cardiovascular Disease Prevention [ISCVDP]
Sarasota Cardiovascular Health Assessment Center
and The Cardiovascular Center of Sarasota Foundation for Research; and Education and The Florida Medical Association

Celebrating 45 Years of Preventing and Treating Cardiovascular Disease in Sarasota Florida

In Cooperation With:
University of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System, Association of Black Cardiologists (ABC) and Members of the American College of Cardiology, Florida Chapter



FLORIDA CHAPTER

Program Director:
Mahfouz El Shahawy, MD, MS, FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC, FASPC

Program Co-Directors:
Jay N. Cohn, M.D., F.A.C.C.
Anthony DeMaria, MD, FACC
Nanette Wenger MD, MACC, MACP, FAHA

**FMA Accreditation PROGRAM**

For more details and registration visit www.ISCVDP.org



20/20/20 ANNUAL NATIONAL SARASOTA CARDIOLOGY CONGRESS

20th Annual National Sarasota Congress for Cardiovascular Disease Prevention
Update 2020: Time to Focus on Early Cardiovascular Disease Prevention and Optimal
Diagnosis and Management of Primary and Secondary Cardiovascular Diseases

February 7th - 9th, 2020, Hyatt Regency, Sarasota, FL

Accredited Program Approved for 13 CME

CME Accredited Program Jointly Provided by: The International Society for Cardiovascular Disease Prevention [ISCVDP],
The Cardiovascular Center of Sarasota Foundation for Research and Education, The Cardiovascular Health Assessment Center
and The Florida Medical Association (FMA)

In cooperation with University of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System,
Association of Black Cardiologists [ABC] and The American College of Cardiology Florida Chapter



FLORIDA CHAPTER

Faculty List

Mahfouz El Shahawy, MD, MS, FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC, Program Director

President International Society for Cardiovascular Disease Prevention (ISCVDP)

Fellow American Society of Preventive Cardiology

Clinical Professor of Medicine, Universities of Florida and South Florida,

Golden Doctor Diploma University of Vienna Austria 2014

Member Board of Trustee American society of Preventive Cardiology [ASPC]

Past Member Board of Trustees Association of Black Cardiologists [ABC]

Medical Director, Cardiovascular Health Assessment Center

President, Cardiovascular Center of Sarasota

Medical Director and Founder SMH Cardiovascular Disease Prevention Center 2007 - 2010
Sarasota, Florida.

Jay N. Cohn, MD, FACC, FAHA, Program Co-Director

Vice President International Society for Cardiovascular Disease Prevention (ISCVDP)

Professor of Medicine,

Director, Rasmussen Center for Cardiovascular Disease Prevention

University of Minnesota Medical School,

Cardiovascular Division, Minneapolis, MN

President American Society of Hypertension, 1990-1992

President International Society of Hypertension, 1996-1998

President Heart Failure Society of America, 1995-1998

President International Society of Cardiovascular Pharmacotherapy, 2008-2010

Minneapolis, Minnesota

Matthew Budoff, MD, FACC

Professor of Medicine, UCLA

Endowed Chair of preventive Cardiology

Program director ,Division of Cardiology

Los Angeles Biomedical Research Institute

Los Angeles, California

Anthony DeMaria, MD, FACC, Program Co-Director

Vice President International Society for Cardiovascular Disease Prevention (ISCVDP)

Professor of Medicine, Division of Cardiovascular Disease, U.C. San Diego, CA

President American College of Cardiology 1989-1990

Editor in Chief of American Journal of Cardiology 2002-2014

San Diego, California

Andrew E. Epstein, MD, FAHA, FACC, FHRS

Professor of Medicine

Electrophysiology Section, Cardiovascular Division

University of Pennsylvania

Philadelphia, PA

Chief, Cardiology Section

Crescenz VA Medical Center

Philadelphia, PA

Keith C. Ferdinand, MD, FACC, FAHA, FASH, FNLA

Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)

Past Chairman Board of Directors Association of Black Cardiologist (ABC)

Professor of Medicine Tulane University

New Orleans, Louisiana.

John M. Fontaine, MD, MBA, FHRS, FACC

Professor and Director Arrhythmia Services

Drexel University College of Medicine

President Association of Black Cardiologists (ABC)

Philadelphia, Pennsylvania

Thomas Kelly, MD, FACS

Secretary/Treasurer International Society for Cardiovascular Disease Prevention (ISCVDP)

Cardiovascular Surgeon

Sarasota Memorial Hospital

Sarasota, Florida

Stephan Kopecky, MD, FACC

Asst. Secretary International Society for Cardiovascular Disease Prevention (ISCVDP)

Professor of Medicine, Division of Cardiovascular Disease Mayo Clinic

Past President of the American Society for Preventive Cardiology (ASPC)

Rochester, Minnesota

Elizabeth O. Ofili, MD, FACC

Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)

Professor of Medicine (Cardiology), Morehouse School of Medicine

President Elect ABC Board of Trustees

Past President, Association of Black Cardiologists

Atlanta, Georgia

FRIDAY February 7th, 2020, 1:00 PM to 5:00 PM

Pre-Congress Symposia

1:00 PM -
5:00 PM

Pre-Congress Optional Symposia on Current 2020 Guidelines
Directed Treatments for Diabetes, Hypertension, Dyslipidemia,
Obesity, Novel Oral Anticoagulants, Peripheral Arterial Disease,
Pulmonary Hypertension, Heart Failure, Women's Heart Disease
and much more. Space is Limited. 1st Congress Registrants,
1st Served **(This is not part of the regular CME Program)**

5:30 PM -
7:00 PM

Reception with Faculty and Exhibitors for Congress Registrants .
by invitation, RSVP Required.

SATURDAY February 8th , 2020, 7:00 AM to 12:30 PM

Morning Session

6-7:00 AM Optional Breakfast Symposia, TBA

SESSION ONE

Advances in the Past 12 Months in
Cardiovascular Disease Prevention

Chairpersons: Drs. J. Cohn, A. DeMaria
M. El Shahawy and C. Pepine

7:00 AM
7:30 AM

Registration

WELCOME: Program Director:

M. El Shahawy, MD, MS, FESC, FAHA,FASPC, FACC

Gregory Carter, Past Chairman Sarasota County Public

Hospital Board

David Verinder, President and CEO, SMH Healthcare System

Co-Directors Professors: J. Cohn. A. DeMaria, and N. Wenger

8:00 AM

"Slowing Cardiovascular Disease Progression:

A 21st Century Approach to Prevention"J. Cohn, MD

8:20 AM

Diabetes and Cardiovascular Risk ReductionK. Ferdinand, MD

8:40 AM

A Community Model for Reducing Myocardial Infarction:

The San Diego Model A. DeMaria, MD

9:00 AM

Transforming Cardiac Rehabilitation: 2020..... N. Wenger, MD

9:20 AM

ECG Pearls.....A. Epstein, MD

9:40 AM

Coffee Break

10:10 AM

Stroke Prevention and Nonvalvular A FibD. Perloff, MD

10:30 AM

Cardiac CT in 2020.....M. Budoff, MD

10:50 AM

Cardio Renal SyndromeM. Pohl, MD

11:10 AM

Current Diagnosis and Management of Peripheral Arterial

DiseaseM. El Shahawy, MD

11:30 AM

Panel Discussion: Moderators: .Drs. M. El Shahawy,

A. DeMaria, F. Pinto

Panelists..... All Faculty

12:30 PM

Optional Lunch Symposia, TBA

SATURDAY February 8th , 2020, 2:00 PM to 6:30 PM

Afternoon Session

SESSION TWO

Advances in the Past 12 Months in
Cardiovascular Disease Prevention

Chairpersons: M. El Shahawy, A. DeMaria, T. Kelly,
and N. Wenger

2:00 PM

Heart Disease in Women: Understanding the Journey
..... N. Wenger, MD

2:20 PM

New Cardiovascular Therapies in Diabetes
..... M. Budoff, MD

2:40 PM

Management of the Silent Killer: Familial Hypercholesterolemia
..... S. Kopecky, MD

3:00 PM

Current Diagnosis and Management of Dyslipidemia
Beyond Statin and PCSK9M. El Shahawy, MD

3:20 PM

Evolving Concepts in Hypertension, Implications of Three
Guideline Recommendations in Three YearsC. Pepine, MD

3:40 PM

Risk Assessment Tools for Primary Cardiovascular
Disease PreventionL. Sperling, MD

4:00 PM

Coffee Break

4:30 PM

Application of Myocardial Strain Measurements to Predict
Cardiac Dysfunction A. DeMaria, MD

4:50 PM

Update on Oral Anticoagulants
.....D. Perloff, MD

5:10 PM

Cardiac Surgery Update 2020: TAVR and Mitral Clips
..... J. Sell, MD

5:30 PM

Panel Discussion: Moderators: Drs. T. Kelly, K Ferdinand,
A. DeMaria and Z. Fras

Panelists..... All Faculty

6:30PM

Optional Dinner Symposia, TBA

SUNDAY February 9th, 2020, 7:15 AM to 1:30 PM

Morning Session

PUBLIC IS INVITED FREE TO ATTEND THIS SESSION

6-7:00 AM

Optional Breakfast Symposia, TBA

SESSION THREE

Advances in the Past 12 Months in
Cardiovascular Disease Prevention

Chairpersons: Drs. M. El Shahawy, M. Yacoub and N. Wenger

7:15 AM

Registration

7:45 AM

WELCOME: Program Director:

M. El Shahawy, MD, MS, FESC, FAHA,FASPC, FACC

8:00 AM

"Blood Pressure and Cholesterol: Are They the Targets
for Therapy?"J. Cohn, MD

8:20 AM

Can Artificial Intelligence Improve Cardiovascular Prevention
and Patient Care?E. Ofili, MD

8:40 AM

Present Concepts and Recent Advances in Resistant
Hypertension..... K. Ferdinand, MD

9:00 AM

Remote Monitoring of Cardiac patients: Arrhythmias
and Heart Failure.....A. Epstein, MD

9:20 AM

The 2019 ACC/AHA Afib Guidelines- What Has Changed?
What About Prevention? M. Valentine, MD

9:40 AM

Statin Intolerance: Is It Real? What Are the Treatment
Options? S. Kopecky, MD

10:00 AM

Coffee Break

10:30 AM

Ischemic Heart Disease in WomenC. Pepine, MD

10:50 AM

The Genetics of Atrial Fibrillation, Risk Factors and
Novel Therapies.....J. Fontaine, MD

11:10 AM

Expert Consensus Decision Pathway DM and CVD
.....L. Sperling, MD

11:30 AM

Hypertension Guidelines for 2020: Controversies
..... A. Schwartz, MD

11:50 AM

The Expanding Role of Implantable Monitoring Devices
for Cardiac Prevention..... M. Yacoub, MD

12:10 PM

Obesity Even Without Comorbidities is a Disease:
Novel Data From Our Center.....M. El Shahawy, MD

12:30 PM

Panel Discussion: Moderators: Drs. M El Shahawy, T. Kelly,
M. Valentine, M. Yacoub

Panelists..... All Faculty

1:30 PM

Concluding Remarks and Adjourn