



QRC: 3500

Price

One Day : \$460 inc. GST

Two Days: \$610 inc. GST

Date

29 - 30 Apr 2019

Venue

Holiday Inn Perth City Centre

778-788 Hay Street , Perth, WA, 6000

CPD Hours

10 Hours | 45 Mins

The Enrolled Nurses' Conference - Perth 2019

An Annual Ausmed Education 2 Day Event

Need for Program

Enrolled nurses (ENs) are under pressure to extend their scope of practice and broaden their nursing knowledge. This includes being proficient and skilled in selected areas of care. In addition, the gap between evidence and practice continues to widen - weakening the effectiveness of patient outcomes. As responsibility and accountability is fundamental to the work of ENs, it is imperative that continuous updates to knowledge and skills are integrated into all aspects of patient care.

Purpose of Program

The purpose of this program is to improve patient outcomes by increasing the clinical and professional knowledge and practice of enrolled nurses.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Use information from patients about their care preferences in the development of the nursing care plan
- Critically interpret and use patient information from a range of sources to provide best practice nursing care
- Use communication as a therapeutic tool to facilitate collegial and interprofessional collaboration
- Implement and evaluate care that reflects best available nursing evidence so that safe and quality care is provided

Program Schedule

Day One

8:30 Registration for Day One

9:00

Welcome and Introduction

9:05

Karen Mason

Great Work Gets Done in Teams!

Everyone knows that teamwork is a way to get things done efficiently. A key skill of all health professionals is to regularly and constructively collaborate with others within a team. This session will take a fun look at:

- What does great teamwork look like?
- How can you help your colleagues?
- Why it's ok to ask for help yourself!

9:45

Andrew Stafford

Medications for Dementia - An Update for Enrolled Nurses

Medications are commonly used to support people living with dementia, for both cognitive symptoms and responsive behaviours. ENs have a key responsibility in ensuring the appropriate use of medications for dementia. This presentation will review the evidence regarding the appropriate use of medications in dementia care, specifically covering:

- What benefits are anticipated from the use of memory enhancing medications
- The risks and benefits of sedative medications in this situation
- Utilising processes to optimise the use of medications for dementia symptoms

10:45 Morning Tea

11:15

Karen Mason

Don't "Turn a Blind Eye" to Fluid Balance

Fluid balance need not be tedious. In fact, it should not be ignored. Understanding the ins and outs of fluid balance is essential, especially for people with chronic cardiac and respiratory conditions. This session will take a look how ENs can show clinical leadership by maintaining accurate fluid balance. Topics include:

- What chronic illnesses need particular focus on fluid balance and why?
- What medications can interact with fluid balance?
- How do you keep an accurate fluid balance record?

12:15

Denise Turner

Motivating Small Teams: Uncovering the Untold Story

Motivation is a constant issue in most workplaces. What motivates people can be very personal. If you are the clinical manager, what does it take to motivate the staff who you lead? This session looks at models of motivation and unpacks why some methods will work on one person but not on another. It includes:

- Why is motivating a team so important?
- What motivates people?
- Which model do you use and when?
- Behaviours of the leader – how important are they?

1:15 Lunch and Networking

2:15

Denise Turner

Top Tips for Being a Preceptor, Mentor, or Clinical facilitator

Within the expectation of being an EN is your ability to regularly, or even occasionally, act as a preceptor, mentor, or clinical facilitator. Developing your ability to foster professional socialisation, act as a role model, and provide direct clinical support to less experienced staff is rewarding yet also challenging. This session will:

- Explore the value of enrolled nurses as preceptors
- Discuss each of the three primary roles associated with being a preceptor
- Facilitate discussion on how to identify, motivate, and provide support to those you are mentoring

3:15 Afternoon Tea

3:45

Karen Mason

Conversation Tables - Time to Get Together to Converse About Hot Topics for Enrolled Nurses

Have you ever wondered if other enrolled nurses are having the same experiences as you? Here is your opportunity to connect more deeply with your peers. Bring your questions and comments and be ready to swap! Conversations will run for approximately 10 minutes and you will have time to connect with three groups.

4:15 Close of Day One of Conference

Day Two

9:00 Commencement of Day Two

9:00

Karen Mason

Exacerbated Asthma - Time to Act Quick

When exacerbated asthma occurs, it's time to act quickly. While asthma is commonly managed with a reliever or preventer, it can quickly turn life-threatening when exacerbated. Knowing a person's asthma action plan and escalation of care can change outcomes drastically. This session will look at the EN's role in assessing and managing an exacerbated episode. It includes:

- How is asthma commonly managed?
- What is an asthma action plan and why is it so important to know?
- How do you escalate care in an exacerbated episode?
- What can ENs do during an exacerbated asthma episode?

9:45

Liz Howse

More than Just Turning - Preventing Pressure Injuries

Reduced mobility is a common occurrence with ageing. As an older adult loses strength and the ability to move frequently, pressure injuries form in areas that are under sustained amounts of pressure. This session explains:

- What is a pressure injury?
- Who is at risk of developing a pressure injury?
- How can you reduce the risk of a pressure injury in an immobile patient?
- How do you reposition a person to reduce accumulated pressure in a certain area?
- When do you need to report a pressure injury?

10:45 Morning Tea

11:15

Professor Leon Flicker

Caring for People with Cognitive Impairment

While cognitive decline is not guaranteed to occur during the ageing process, it is presenting more frequently in older adults. This session will look at the practical management of the older adult with cognitive impairment. It includes:

- How does cognitive decline present in older adults?
- Do some conditions cause cognitive decline to present differently?
- How do you care for an older adult with cognitive decline?

12:15 Lunch and Networking

1:15

Nick Tatnall

Loss, but Not as You Know It

Grief is a common emotion in health care. It's typically thought of as something tied to death. However, in reality, it's tied to loss. Not just the loss of life, but loss of control, independence, and connection. Physical loss is just as significant as an emotional loss. Be it the loss of sight, hearing, or mobility. This session unpacks loss and grief from a much broader perspective. It includes:

- What conditions can lead to some type of loss?
- What is loss after a physical or mental health diagnosis?
- How do you recognise when someone is grieving a physical loss?
- What tips can help ENs communicate better with someone expressing obvious grief associated with loss?

2:15

Nicholas Tatnall

Anxious Feelings - Helping People Experiencing Anxiety

Everyone experiences anxiety to some extent during their life. Anxiety is a necessity for recognising and responding to something that poses a threat to our wellbeing. However, for some people, these feelings can quickly consume their lives. This session will look further into:

- How anxiety can have both positive and negative impacts on a person's overall health
- Clinical approaches to treatment
- How to help people work through their anxiety

3:00 Afternoon Tea

3:30

Katherine McKinley

Your Career Vision - A Guide for Enrolled Nurses

Taking time for yourself and knowing what the vision of your future may look like is important. Being able to acknowledge clear goals and developing a vision can be difficult when you feel like you aren't moving in a clear direction. This session will look at tips to set goals to help you see what the future may hold. It will discuss:

- Why is it important to have a vision?
- How do you set clear goals?
- How do you avoid procrastination?
- How do you overcome a lack of confidence?

4:30 Close of Conference and Evaluations

Presenters

Karen Mason

Karen Mason qualified as a Nurse Practitioner: emergency, gaining her masters in Nurse Practitioner studies in 2008. She currently works at the Fiona Stanley Emergency Department, a role she has undertaken since the hospital opened in February, 2015. She has numerous postgraduate qualifications and is the lead author on a project with the Western Australian Department of Health, overseeing the introduction of statewide discharge information sheets for adult, paediatric, and elderly patients. She is passionate about ongoing education for nurses.

Andrew Stafford

Andrew Stafford is an academic and an accredited pharmacist with an interest in clinical geriatrics. His experience in aged care has spanned residential and community sectors, and he currently provides medication review and training services to a number of providers in Western Australia. Andrew's research interests include the development and assessment of programs that aim to optimise health care for older people, especially through the quality use of medicines. Much of Andrew's work in his role as a director of Dementia Training Australia involves developing and disseminating innovative resources that upskill the aged care workforce in this area. Through his teaching experience in Tasmanian and Western Australian universities, he is an accomplished educator, particularly within consultant pharmacy practice.

Denise Turner

Denise Turner began her nursing career in South Africa in the year 2000 as a passionate orthopaedic Registered Nurse. In 2002, her qualifications brought her to Perth, Western Australia, where she now resides. Denise developed into a clinical nurse educator, starting from a staff development nurse in the West Australian health sector, clinical nurse facilitator at higher education teaching facilities in WA, as well as the corporate sector. Denise is driven by her passion for expanding her own knowledge whilst contributing to enhancing the knowledge of others. She is always ready for the next challenge her life brings on a personal, as well as a professional, level. She is now pursuing a path of combining her passion for teaching with research studies related to the nurse educator in the hospital, training institution, and the corporate world.

Leon Flicker

Leon Flicker is the inaugural Professor of Geriatric Medicine at the University of Western Australia since 1998. He established a research unit aimed at translational issues focusing on the health needs of older people, the Western Australian Centre for Health and Ageing. He has a particular interest in the risk factors, assessment and management of the common problems of older people as well as to why some older people achieve healthy ageing. He has published over 390 peer-reviewed articles. In 2017 he was honored with an Order of Australia for his contributions to geriatric medicine and dementia prevention and care.

Nicholas Tatnall

Nick Tatnall is a Registered Nurse: mental health, currently working as a community mental health nurse in the Wheatbelt region of Australia for Western Australian Health. Nick qualified in 2004 and has extensive experience working in inpatient mental health settings as well as five years experience working as a mental health educator. The majority of Nick's clients have been adults and older adults. Nick has a degree in mental health nursing and a post graduate certificate in mental health. He believes strongly in each person's capacity for healing, growth, and recovery towards improved mental wellbeing.

Liz Howse

Liz Howse has extensive clinical practice in wound and ostomy management within primary and community care nursing. Liz has the position as Nurse Practitioner in the Advanced Wound Assessment Service in Silver Chain. The Advanced Wound Assessment Service, which involves diagnosis and management for non-healing wounds, is a new initiative for assessment. Liz has completed a masters in philosophy (nursing), a masters of nursing (nurse practitioner), and will be undertaking further research studies in the effectiveness of low-frequency ultrasonic debridement in the treatment of venous leg ulcers. Liz received the 2012 Primary & Community Care WA Nursing & Midwifery award. Liz is currently the state chairperson for Wounds Australia (WA).

Katherine McKinley

Katherine McKinley began her career in healthcare as an ED ward clerk in an Accident and Emergency Department in the UK. In 2009, she followed her parents to Australia and gained her Diploma of Enrolled Nursing in 2010, initially working in Older Adult Psychiatry then moving to the Emergency Department as an Enrolled Nurse at Fiona Stanley Hospital when it opened. This change in specialty was the catalyst she needed for further education, so she enrolled at the University of Notre Dame to do her conversion from Enrolled Nurse to Registered Nurse. She spent the next two years in fulltime education while working part-time as an Enrolled Nurse. Katherine graduated as a Registered Nurse in July 2018 where she gained a Registered Nurse position within the Emergency Department at Fiona Stanley Hospital. She is passionate about acute care, the importance of patient education, nursing education, and empowerment.

Registration form

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