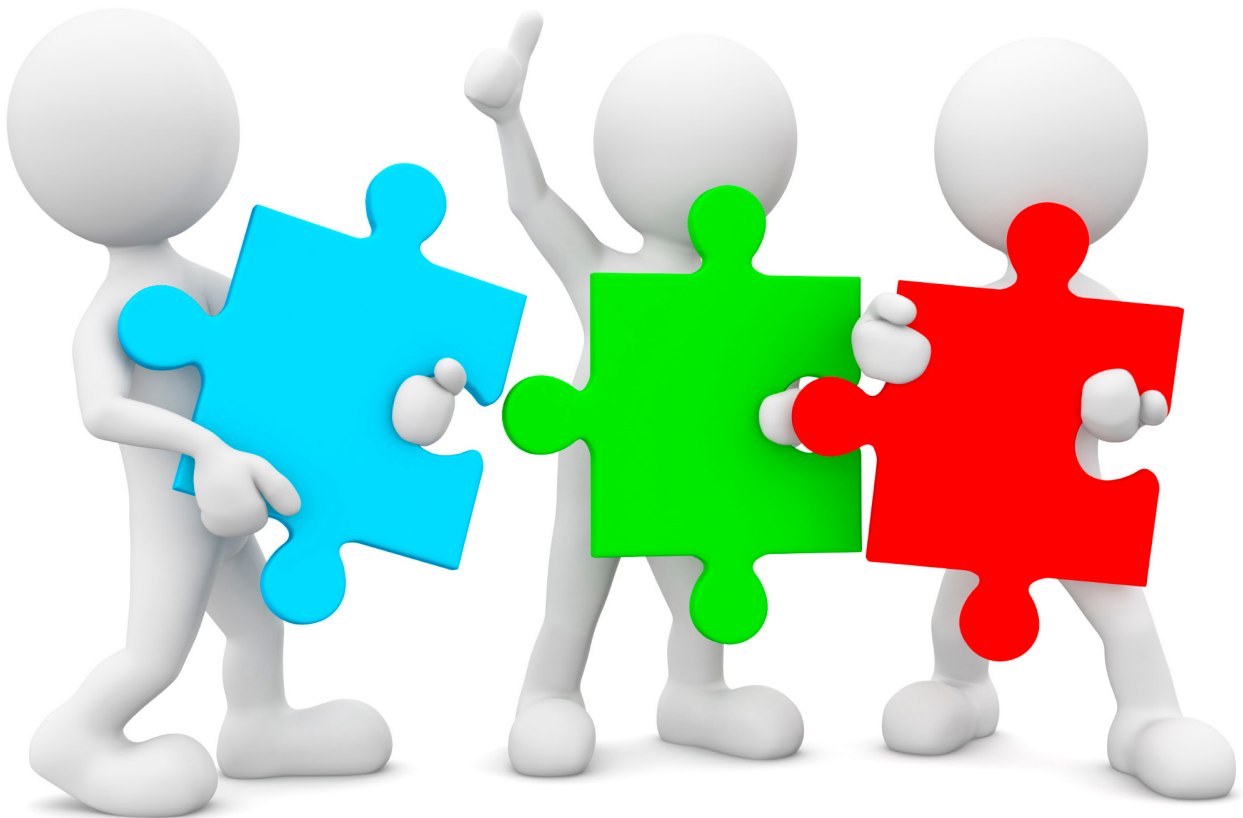


Solutions for Family Medicine

2016 Winter Scientific Seminar



Physician Program & Registration Information

**The Hilton Garden Inn
Independence, Missouri
January 21 - 24, 2016**



Presented by the
**Missouri Society of the American College
of Osteopathic Family Physicians**

CME

The Missouri Association of Osteopathic Physicians and Surgeons (MAOPS) has requested that the AOA Council on Continuing Medical Education approve this program for 29 hours of AOA Category 1-A CME credits. In addition, 26 hours of AAFP Prescribed CME credits have been submitted for approval to the AAFP Commission on Continuing Professional Development (COCPD). Approval is currently pending.

You Are Invited!



The 2016 Annual Winter Scientific Seminar, "Solutions for Family Medicine," promises to assist you to refine your skills and bring them up-to-date on the most current research and findings. Our Convention and Education Committee has worked to deliver you a well-constructed CME program that offers new evidence-based sessions, timely information and insights that you will immediately put to use in your practice. The program is designed for family physicians, advanced nurse practitioners, physician assistants and all primary care specialists. Everyone is welcome!

C. Mark Rose, D.O.

MSACFP President-Elect & Convention and Education Committee Chair

Educational Objectives:

- Learn, review and update clinical and technical knowledge;
- Compare and relate medical knowledge and skills with those of peers and experts;
- Gain insight into the distinctive osteopathic approach to the diagnosis and treatment of illness;
- Discuss new information in the different areas of medicine and how that information will impact the care of your patients; and
- Present up to 29 hours of AOA Category 1-A CME and 26 AAFP Prescribed Credits



Solutions for Family Medicine Program and Schedule of Events

Thursday, January 21, 2016

7:00 – 8:00 a.m. Continental Breakfast

7:30 – 8:30 a.m. Wound Care: Venous Stasis Ulcers & Spider Bites
Alan Allmon, D.O.

8:30 – 9:30 a.m. Effective Diabetes Management – Control to Goal
James Bonucchi, D.O., FACE, ECNU

9:30 – 10:00 a.m. Exhibit Showcase & Refreshments

10:00 – 11:00 a.m. Women's Health: Current PAP and Other Screening Guidelines
Peter Greenspan, D.O., FACOG, FACS

11:00 – 11:30 a.m. Exhibit Showcase & Refreshments

11:30 – 12:30 p.m. DiRenna Lunch & Lecture
Sponsored by Saint Luke's Marion Bloch Neuroscience Institute
Approaches to Minimally Invasive Spine Surgery & Motion Preservation
Cheerag Upadhyaya, M.D., M.Sc.

12:30 – 1:30 p.m. Wound Care: Diabetic Foot Ulcers
Jon Mattson, D.O.

1:30 – 2:30 p.m. Integrating Telemedicine into Family Medicine
Karen Edison, M.D.

2:30 – 3:00 p.m. Exhibit Showcase & Refreshments

3:00 – 4:00 p.m. Overview of FDA Approved Drugs in 2015
Stephanie Schauner, Pharm.D.

4:00 – 5:00 p.m. Integrative Medicine Approach to Pediatric ADHD
Anna Esparham, M.D.

5:00 – 6:00 p.m. Optional Dinner and Lecture
Sponsored by Novo Nordisk

6:00 – 9:00 p.m. Osteopathic Manipulative Medicine - The Lymphatic System
Kevin Treffer, D.O., FACOFP

Friday, January 22, 2016

7:00 – 8:00 a.m. Continental Breakfast

7:30 – 8:30 a.m. **Menopause and Perimenopause - Alternative vs Traditional Treatments**
Gary Donovitz, M.D., FACOG

8:30 – 9:30 a.m. **Low Testosterone – Updates on Treatment of Male Hypogonadism**
Gary Donovitz, M.D., FACOG

9:30 – 10:30 a.m. Exhibit Showcase and Refreshments

10:30 – 11:30 a.m. **Medical Marijuana – Pros and Cons Panel Discussion:**
Kevin Presley, D.O. - Moderator
Daniel Vinson, M.D.
Brad Bradshaw, M.D., J.D., L.C.

11:30 – 12:00 p.m. Exhibitor Prize Drawings!!

12:00 – 1:00 p.m. Lunch On Your Own

1:00 – 2:00 p.m. **Diabetes – Practical Strategies for Reviewing Progress**
Sheri Stofer, R.N., CDE, PA-C

2:00 – 3:00 p.m. **Nutrition: Improve Patient Food Choices Using the 40:30:30 Method**
Adam Pruett, R.D.

3:00 – 3:15 p.m. Refreshment Break

3:15 – 4:15 p.m. **Seizure Management for Primary Care**
Suzanne Crandall, D.O.

4:15 – 5:15 p.m. **Hospital Medicine: Treatment of Pneumonia and Coordination of Care with the Primary Care Physician**
Mark Entrup, D.O.

Saturday, January 23, 2016

7:00 – 8:00 a.m. Continental Breakfast

7:30 – 8:30 a.m. **Sports Medicine: Teaching Your Patients Home Exercises for Chronic Low Back Pain**
Greg Hon, D.O.

8:30 – 9:30 a.m. **Pediatric Asthma**
Selina Gierer, D.O.



9:30 – 9:45 a.m. Refreshment Break

9:45 – 10:45 a.m.

Missouri Bureau of Narcotics and Dangerous Drugs – Changes and Challenges

Michael Boeger, Administrator

10:45 – 11:45 a.m. **Inflammatory Bowel Disease for the Family Practitioner**
Jack Bragg, D.O., FACOI

11:45 – 2:00 p.m. Membership Meeting and Awards Luncheon

2:00 – 3:00 p.m. **Updates in Hepatitis C Treatment**
Bridget Bransteitter, D.O.

3:00 – 4:00 p.m. **Endoscopy Screenings**
Nickolas Gillette, D.O.

4:00 – 5:00 p.m. **Updates on Prevention of Childhood Obesity**
Nancy Howe, D.O., FAAP

6:00 – 8:00 p.m. The Winter Wonderland Osteopathic Celebration

Sunday, January 24, 2016

7:00 – 8:00 a.m. Continental Breakfast

7:30 – 8:30 a.m. **Vaccination and Immunizations: Addressing Patient Concerns**
Lana Hudanick, R.N., BSN

8:30 – 9:30 a.m. **Management of Emergencies in the Clinic**
Ian Fawks, D.O.

9:30 – 9:45 a.m. Refreshment Break

9:45 – 11:45 a.m. **Procedures Workshop – Splinting and Injections**
Charles Orth, D.O., FAOAO, David Dugan, D.O. & Greg Barnhill, D.O.

General Information

Dress/Attire

Dress for the Winter Scientific Seminar is casual. Remember that meeting room temperatures and personal comfort zones vary widely. It is recommended that you bring a sweater or jacket to the sessions.

Attendance Policy

To preserve the integrity of our registration process, no one will be admitted into the conference sessions, exhibit hall or other events without a name badge. If you are attending a meal function, you must have your name badge AND your meal ticket.

We Are Going Green!

Bring your laptop or tablet!

Participants may download presentations from www.msacofp.org in advance or view during the CME program. No hardcopy handouts will be available.



Registration Information & Fees

Members and Non-Members

Member and non-member fees are available. See the registration page for the fee structure. If you were/are a **paid** member of the MSACOF or another ACOFP state society during 2015 or have already paid for 2016, you are eligible for member rates. All others must pay non-member rates. Visit the MSACOF website at www.msacofp.org to verify Missouri membership. Registration fees include all lectures and access to speaker presentations for the days that you register, plus continental breakfast, sponsored lunches, refreshment breaks, the exhibit hall and the Winter Wonderland Osteopathic Celebration. Extra tickets are available to purchase for the Winter Wonderland Osteopathic Celebration.

Resident and Student Registration

Registration for residents and students is free. All CME programs are included. Refreshment breaks are included and meal tickets are provided if the meal is included with the day's activities.

Early Bird Registration Discount

**Be sure to take advantage of the EARLY BIRD rates
and save \$100!**

Early Bird rates expire on 1/7/16.

Cancellation Fees

<u>Date of Cancellation</u>	<u>Fee</u>
On or before 1/4/2016	\$100
1/5/2016 to 1/14/2016	\$175
On or after 1/15/2016	No Refunds

Questions?

If you have questions, contact us:

By Phone: 573-634-4667

By Email: Pam Cochran, CMP, at pcochran@msacofp.org

How to Register

Online: www.msacofp.org

Phone: 573-634-4667

FAX: 573-634-5635 (Please call to verify if received)

Mail: MSACOF
PO Box 105077
Jefferson City, MO 65110

Food Restrictions or Disabilities



Do you have any disabilities that require special assistance? If so, please send a brief message to pcochran@msacofp.org explaining how we may best accommodate your needs. Or you may call Pam Cochran, CMP, at 573-634-4667. Please indicate food restrictions or allergies on your registration form. We will do our best to accommodate you.

Hotel Information

The 2016 Winter Scientific Seminar will be held at:



Hilton Garden Inn
19677 E. Jackson Dr.
Independence, MO 64057
816-350-3000

Early Reservations Are Encouraged!

A block of rooms has been reserved for this program at a group rate of \$99 plus tax, per room, per night. This block will be held until January 15, 2016. After that date, the block will be released for sale to the public. The group rate will no longer apply and rooms may not be available. You may make your reservations:

- Online at www.msacofp.org and using the hotel reservation link
- Or call the hotel directly at 816-350-3000.

Be sure to state you are with the "Osteopathic Family Physicians" to receive the convention rate. To see hotel services and amenities, please visit www.independence.stayhig.com.

General Hotel Information:

- Cancellations for hotel rooms must be made by 3:00 p.m. on the day of arrival or one night's room rate will be charged to the individual.
- Check-in time is 3:00 p.m. Check-out time is 12:00 p.m.
- All parking is outdoor self-parking.
- An indoor pool and workout facilities are available.

2016 Commercial Supporters



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General Information

MSACOFPP Membership Meeting and Awards Luncheon

11:45 a.m. - 2:00 p.m. ♦ Saturday, January 23, 2016

Don't miss this important meeting! All attendees are invited and encouraged to attend this event which includes:



Annual Report from the ACOFP and a
National Family Medicine Update

Kevin de Regnier, D.O., FACOFPP dist.
ACOFPP President

- Updates from Society President, Kevin Presley, D.O.
- Election of Society Officers and Board of Governors for 2015-2016
- 2016 Resident Scholarship Awards
- 2016 Missouri Osteopathic Family Physician of the Year
- 2016 James A. DiRenna, Sr., D.O., Appreciation and Recognition Award



2015 Family Physician of the Year
John Sparks, D.O.



Bring a Medical Student or Resident

Help the profession grow and be active! Do you know a medical student or resident or work with one in your office? Bring them to attend the seminar with you! Remember when you were in their shoes? Help them learn the importance of organized medicine, network with experienced family physicians, and feel the presence and support of the osteopathic family. **Registration is FREE!**

The Winter Wonderland Osteopathic Celebration



Saturday, January 23, 2016
6:00 - 8:00 p.m.

Join together to celebrate
our osteopathic family.
Enjoy food, fun, fellowship
& prizes!!

New this year!

*The event will feature casino games,
a trivia contest and other family
friendly activities.*



Missouri Society of the American College of Osteopathic Family Physicians

Putting the Pieces Together for You!

2015-2016 MSACOF Board of Governors



Kevin Presley, D.O.
President
Pleasant Hope, MO



C. Mark Rose, D.O.
President-Elect
Richmond, MO



W. Joshua Cox, D.O.,
FACOF
Vice President
Kansas City, MO



John Dougherty, D.O.,
FACOF
Secretary
Kansas City, MO

Henry Petry, D.O.,
FACOF
Treasurer
Joplin, MO



Justin Puckett, D.O.
Past President
Kirkville, MO



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Alan Brewer, D.O., FACOF
Michael Brown, D.O.
James DiRenna Jr., D.O., FAAFP
Nickolas Gillette, D.O.

St. Joseph, MO
Kearney, MO
Kansas City, MO
Kirkville, MO

Laura Hempstead, D.O., FACOF
Stephanie Huhn, D.O.
Elaine Joslyn, D.O., FACOF
Christopher Paynter, D.O.

Lee's Summit, MO
Jefferson City, MO
Kansas City, MO
Jefferson City, MO

2015-2016 Convention and Education Committee

Chair

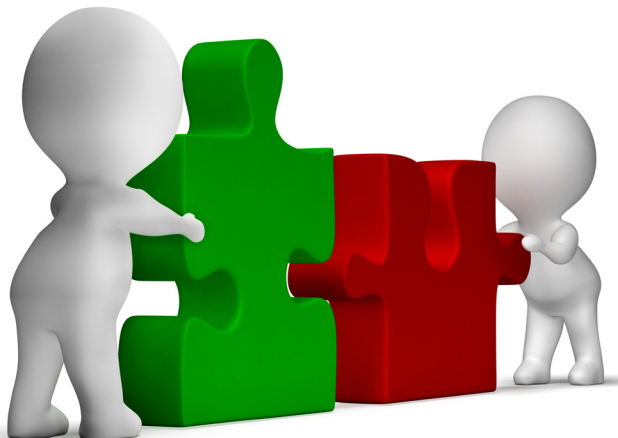
C. Mark Rose, D.O.

Richmond, MO

Committee Members

Kevin Presley, D.O.
Alan Allmon, D.O.
James Bowers, D.O.
Michael Brown, D.O.
Megan Cates, D.O.
Nickolas Gillette, D.O.
Jennifer Groner, D.O.
Ian Fawks, D.O.
Stephanie Huhn, D.O.
Christopher Paynter, D.O.
Justin Puckett, D.O.
Joseph Sheppard, D.O.
Kyle Toti, D.O.

Pleasant Hope, MO
Sedalia, MO
Brookfield, MO
Kearney, MO
Columbia, MO
Kirkville, MO
Lee's Summit, MO
Springfield, MO
Jefferson City, MO
Jefferson City, MO
Kirkville, MO
Neosho, MO
St. Louis, MO



2016 Winter Scientific Seminar

Registration Form

The Hilton Garden Inn
19677 E. Jackson Dr.
Independence, MO 64057
816-350-3000

Missouri Society
of the
American College of
Osteopathic Family Physicians



Please use a separate form for each registrant

First/Last Name _____

Degree(s): _____

Nickname for Name Badge (if different): _____

Mailing Address: _____ Is this: Home Business

City/State/Zip: _____

Phone: _____

E-mail: _____

Please list any food restrictions or allergies:

Physician Registration

Fees are separated into Member and Non-Member fees. If you were/are a PAID member of the MSACFP or another state society of the ACOFP during 2015 or have paid for 2016, you are eligible for member fees. Other state society ACOFP members must provide proof of membership. You may renew your membership for 2016 using this form. Others must pay non-member fees.

Resident and Student Registration

Registration for residents and students is FREE. This includes all CME lectures, refreshment breaks, the exhibit hall, and any sponsored meals.

Cancellation Policy & Fees

Date of Cancellation	Fee
On or before 1/4/2015	\$100
1/5/2015 to 1/11/2015	\$175
On or after 1/12/2015	No Refunds

How to Register

By Mail:

MSACFP
PO Box 105077
Jefferson City, MO 65110

or

Register online at
www.msacfp.org

By Phone: 573-634-4667

By Fax: 573-634-5635

Registration Fees

Early Bird rates are strictly applied

Early Bird Rates: On or Before 1/7/16

Regular Rates: On or After 1/8/16

Fees include all lectures, and tickets to meals as described in the agenda, including the Winter Wonderland Celebration. If you wish to bring your spouse or guest(s) to the Winter Wonderland Osteopathic Celebration, you may purchase additional tickets.

MEMBERS : (Missouri ACOFP & Other State ACOFP Members)

	Early Bird	Regular	Total
☐ FULL Seminar			
☐ Approved Life Member			
☐ Three Days			
☐ Two Days			
☐ Student or Resident			
Winter Wonderland Tickets			
☐ Renew your MSACFP Membership for 2016? You will be sent a separate receipt for your dues payment.			

NON-MEMBERS:

☐ FULL Seminar			
☐ Three Days			
☐ Two Days			

TOTAL AMOUNT DUE

Will you be attending the dinner on Thursday, January 21, 2016 sponsored by Novo Nordisk? ☐ YES ☐ NO

Will you be attending the Winter Wonderland Osteopathic Celebration on Saturday, January 23? ☐ YES ☐ NO

Payment Method

☐ Check to MSACFP ☐ Master Card ☐ Visa ☐ Discover

Card # _____

Exp. Date _____ CVC Code: (3 digits on the back) _____

Name on Card: _____

Billing Address for Credit Card:

Authorized Signature: _____

Date: _____

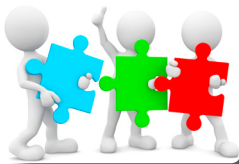


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Osteopathic Family Physicians
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Jefferson City, MO 65110

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"Solutions for Family Medicine"



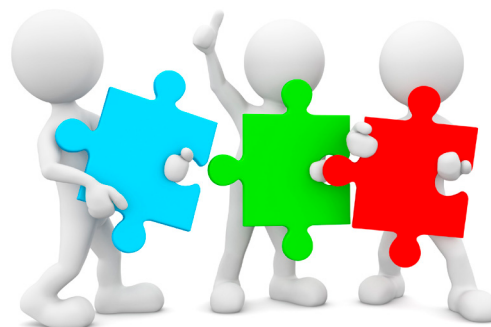
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Osteopathic Family Physicians**

Invites you to the

**2016 Winter Scientific Seminar
"Solutions for Family Medicine"**



**www.msacofp.org
573-634-4667**



January 21 - 24, 2016

The Hilton Garden Inn

Independence, Missouri