



AMDA - THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE ANNUAL CONFERENCE

ORLANDO

2016

MARCH 17-20, 2016

Gaylord Palms Resort & Convention Center • Orlando, FL

REGISTRATION BROCHURE

The Premier Conference for
Post-Acute and Long-Term
Care Professionals

www.PALTCmedicine.org



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CARE MEDICINE ANNUAL CONFERENCE

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The Society for Post-Acute and Long-Term Care Medicine

AN INVITATION FROM THE PROGRAM CHAIR

Dear Colleagues,

As chair of AMDA's Annual Conference Program Planning Subcommittee, I am thrilled to invite you to participate in the premier conference for health care professionals in post-acute and long-term care (PA/LTC) settings. AMDA's 2016 Annual Conference will be held March 17-20, 2016, at the Gaylord Palms Resort and Convention Center in Orlando, FL. This year's program is truly exceptional. The program is filled with leading edge scientific updates, health policy discussions and practical skill development that will be immediately applicable to your practice in PA/LTC. You won't want to miss it!

The program begins on Thursday with the pre-conference Intensive Workshops. Enjoy the return of attendees' favorites that include the *Latest Approaches to Difficult Medical Issues in Long-Term Care* and *Billing and Coding in Long-Term Care: New Codes and Recurring Perplexities*. New sessions by popular speakers will also be provided including antimicrobial stewardship, analysis of the changing health care delivery environment in PA/LTC, improving care transitions, and comparing Alzheimer's and dementia care in the U.S. and Europe.

On Friday, we lead off with the Keynote Address: *Can We Trust the Evidence in Evidence-Based Medicine?* given by John Abramson, MD, MSc. Author of "Overdosed America: the Broken Promise of American Medicine," and lecturer in Health Care Policy at Harvard Medical School, Dr. Abramson has numerous published articles critiquing the quality of scientific evidence available to practicing physicians. He will discuss how scientific and marketing documents produced in litigation show how drug companies influence physicians prescribing practices and offer strategies to optimize patient care when access to complete, accurate and balanced evidence is limited.

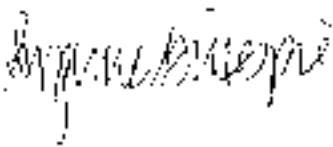
On Saturday, we begin with KellyAnn Light-McGroary, MD, a cardiologist and Clinical Assistant Professor at the University of Iowa, in our Meet the Expert breakfast session, *Heart Failure throughout the Continuum of Care: Where does Palliative Care Fit In?* This session will focus on heart failure from a population and an individual perspective as well as explore the ways in which palliative care and hospice can be integrated into a chronic disease model such as heart failure. Saturday's General Session will highlight key 2016 policy issues affecting health care in PA/LTC.

The conference concludes with a dynamic program on Sunday, beginning with the Red-Eye Rounds, followed by the Anne Marie Filkin Lecture, *Palliative Care in the Mainstream: Stepping up to the Plate*, given by Diane E. Meier, MD. The conference will close with a presentation from Dan Cohen, MSW, *More Music, Fewer Meds*, which will explore how personalized music can generate a variety of therapeutic outcomes in PA/LTC, hospice, and hospital settings.

Back by popular demand is AMDA's exhibit hall passport program. Stamp your passport, win prizes! Attendees who stop by and collect stamps from all the passport booths will be eligible to win a free registration for AMDA's 2017 Annual Conference and a complete set of AMDA Clinical Practice Guidelines. AMDA's Job Fair, which allows prospective employees to meet and network with employers in PA/LTC, will be held on Friday in the exhibit hall.

We encourage you to join us and take advantage of this exciting educational opportunity. Bring your spouse who can also sign up for the C.A.S.T. Program and explore the wonderful adventures that Orlando, FL has to offer.

We look forward to seeing you there!



Suzanne Gillespie, MD, RD, CMD
Chair, Annual Conference Program Planning Subcommittee



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GENERAL PROGRAM INFORMATION

AMDA - THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE ANNUAL CONFERENCE is the only educational and informational forum of its kind in the field of post-acute and long-term care (PA/LTC). It is filled with opportunities to enhance your knowledge and competencies in providing quality PA/LTC. Attendees are exposed to the latest clinical developments in geriatric medicine, best practices in medical direction, policy and regulatory updates, as well as practical tools to help implement new ideas and projects in your practice setting.

TARGET AUDIENCE

AMDA supports the entire interdisciplinary team and provides educational activities to be of value to the following PA/LTC professionals:

- | | |
|--------------------------------|-------------------------------|
| ■ Administrator | ■ Medical Director |
| ■ Attending Physician | ■ Nurse (DON, RN, LPN) |
| ■ Consultant Pharmacist | ■ Practitioner (APRN, PA) |
| ■ Dietitian | ■ Rehabilitation Professional |
| ■ Health Professional Trainees | |

OVERALL GOAL

The overall goal of this program is to enhance learner's knowledge and competencies in how to implement strategies and tools available to improve the delivery of quality PA/LTC medicine.

LEARNING OBJECTIVES

Each year, the annual conference planning committee works to formulate a program that provides cutting-edge, evidence-based, unbiased education relevant to the spectrum of professionals in the PA/LTC setting.

The following are global objectives that reflect the purpose of the overall program in terms of the knowledge, competencies and/or skills attendees may gain by participating in the activity. Note that due to varying needs, not all objectives will be relevant to each attendee.

Upon conclusion of participating in this educational activity, attendees should be able to:

- Analyze available data to improve process and promote quality improvement in PA/LTC.
- Apply knowledge and skills gained to enhance the effectiveness and quality of clinical practice and medical direction in PA/LTC settings.
- Discuss clinical advances and new research findings relevant to PA/LTC medicine.

- Implement Clinical Practice Guidelines (CPGs) in the PA/LTC setting.
- Utilize available data, tools, and emerging technologies to inform and individualize decisions about clinical care and/or medical direction.
- Implement strategies for effective communication with patients, families, and care teams.
- Enhance skills and abilities to collaborate with and/or lead the PA/LTC interdisciplinary team.
- Describe new perspectives on relevant aspects of fiscal issues, health care policy, risk management and AMDA policy priorities.
- Establish a network with active members of AMDA and the PA/LTC medical community.

Session-specific objectives are made available to attendees prior to the start of individual sessions. These should be taken into account when evaluating individual sessions.

SESSION HANDOUTS

No paper handouts will be provided onsite. AMDA will post speaker handouts online at www.prolibraries.com/amda approximately one month prior to the conference for you to review, download and/or print the sessions that you want to attend. **Attendees are strongly encouraged to download, or print desired handouts prior to arriving at conference. No printers will be available onsite, and wifi is not guaranteed to be available in the session rooms.**

AMDA ONLINE LIBRARY

Upon conclusion of the conference, audio and PowerPoint versions of the presentations will be accessible via AMDA's online library and will include CME and/or CMD credit. In the meantime, please visit www.prolibraries.com/amda to access AMDA's 2015 Annual Conference content from Louisville, KY, and earn CME/CMD credit. You are encouraged to take advantage of the valuable education available for purchase via AMDA's online library.

AMDA e-UNIVERSITY BOOTH

Visit AMDA's e-University booth in Orlando; the online, 24-hour source for post-acute and long-term care continuing education. Staff will be showcasing the various online educational possibilities including:

- AMDA Online Education Library
- AMDA Webinars
- Online Core Curriculum on Medical Direction: Part I

Stop by to see just how easy it can be!

SESSION HIGHLIGHTS

POSTER SESSION

The scientific posters will be located in the Gaylord Palms Convention Center in Osceola Ballroom A and can be viewed from 11:30 AM Thursday, March 17 through 7:00 PM Friday, March 18. Poster presenters will be on hand to answer questions Thursday evening from 5:00 PM – 7:00 PM. Attendees who view the posters may claim up to 1 *AMA PRA Category 1 Credit™*. The poster session will be judged to select the Howard Guterman Award for best poster, which will be presented during Saturday's General Session.

MEET THE EXPERT BREAKFAST SESSION

The Meet the Expert Breakfast session will examine the impact of heart failure from a population and an individual perspective, explore the ways in which palliative care and hospice can be integrated into a chronic disease model such as heart failure, review common symptomatic challenges often faced by advanced heart failure patients, and describe how a variety of pharmaceutical and non-pharmaceutical interventions can be employed to palliate them. The session will be held on Saturday, March 19, 6:00 AM – 7:45 AM. KellyAnn Light-McGroary, MD, is a heart failure/transplant/mechanical circulatory support cardiologist from Iowa City where she is also a Clinical Assistant Professor at the University of Iowa.

There is an additional fee of \$65 to participate and pre-registration is required. Breakfast will be provided. Breakfast will be served from 6:00 AM – 6:30 AM and the presentation will start promptly at 6:30 AM. To ensure an optimal learning experience, space is limited so be sure to sign-up as soon as possible by checking the session on the conference registration form.

IN-THE-TRENCHES ROUNDTABLE LUNCH DISCUSSION

This informal, peer-to-peer exchange with table facilitators and attendees is an effective and popular way to engage in thought-provoking conversations on a wide array of hot topics. The session will be held on Saturday, March 19, 1:00 PM – 2:00 PM. A complete list of topics will be provided online at www.PALTCmedicine.org one month prior to the conference and listed in the onsite program. Although no CME is offered for this session, it is a great opportunity to network with faculty, colleagues, peers, and mentors for

a thoughtful exchange of valuable information relative to your practice setting. No advance sign-up is required and participation is not guaranteed. Seating is provided on a first come, first served basis. Lunch can be purchased at one of the conveniently located kiosks in the convention center.

AMDA POLICY

AMDA is committed to the policy that all persons shall have equal access to all of its programs, facilities and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance, veteran status or sexual orientation. AMDA is committed to preserving the content, quality, and scientific integrity of its program. In order to preserve the program's integrity, AMDA prohibits registrants from engaging in commercial solicitation and limits any such solicitation to those individuals and entities that have registered to participate in the program as commercial exhibitors. Any registrant who engages in commercial solicitation activities as described above forfeits his or her right to participate in the program.

LEARNER ASSURANCE STATEMENT AND AMDA POLICY ON DISCLOSURE AND RESOLUTION OF CONFLICT OF INTEREST

It is AMDA's policy that all those in a position to directly control CME content, such as: planning committee, faculty, authors and staff, disclose any relationships with commercial entities upon nomination or invitation for participation. Disclosure documents and content slides are reviewed in advance for potential conflicts of interest. If conflicts are identified, they are resolved prior to program planning and/or confirmation of participation to ensure participation and/or presentation is non-biased/promotional, evidence-based, and scientifically sound. Only those participants who had no conflict of interest or who agreed to an identified resolution process prior to their participation are involved in this CME activity.



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AMERICAN BOARD OF POST-ACUTE AND LONG-TERM CARE MEDICINE (ABPLM) CERTIFIED MEDICAL DIRECTOR INFORMATION

CMD INFORMATION FROM THE ABPLM



In December 2014, the CMD Certification Program's name changed to the American Board of Post-Acute and Long-Term Care Medicine (ABPLM). Certification and recertification requirements for Certified Medical Directors (CMD) remain unchanged. The ABPLM remains an affiliate of AMDA – The Society for Post-Acute and Long-Term Care Medicine.

The name change reflects 2014 changes to the ABPLM's mission, and recognizes the increasing prominence of post-acute care in long-term care settings. The ABPLM mission statement is “to recognize and advance physician leadership and excellence in medical direction and medical care throughout the PA/LTC continuum via certification, thereby enhancing quality of care”.

ABPLM CMD education eligibility for certification or recertification requires a distinction be made between clinical and management education credits. As you assess your need for education hours, carefully choose from the mix of clinical and management hours available to meet your certification or recertification needs. The ABPLM Board of Directors reviews and designates clinical and management sessions from the AMDA annual conference. Sessions designated for management hours are identified by a CMD icon  and are applied toward management education requirements. Sessions without the CMD icon are designated as clinical hours and are applied toward clinical education requirements. Please note that sessions in any category (medical direction, clinical, models of care, or research), may be designated by the ABPLM BOD as either management or clinical credits. Let the CMD icon be your guide when determining the credit designation for each session.

For your membership affiliations and state license or other reporting, note that all hours of this conference have been accredited for *AMA PRA Category 1 Credits™*. For further information about ABPLM certification, please visit the ABPLM booth or contact the ABPLM director by phone, 410-992-3117, or email cmd@amda.com

ABPLM CMD RECEPTION

All CMDs and early arrivals who are interested in ABPLM and certification are invited to attend the CMD Reception on Wednesday, March 16 from 8:00 PM – 10:00 PM located in the Sun Ballroom C. ABPLM Board members will provide an update on activities of the Board and will be available to discuss matters of certification with you. The reception provides a relaxed atmosphere in which to visit with friends and share insights with new attendees. (Cash Bar provided.)

CMD RECOGNITION

CMDs should attend the Friday Opening General Session beginning at 8:00 AM. During the AMDA President's remarks, CMDs will be recognized for their commitment to excellence and leadership as medical directors in PA/LTC care.

CMD BOOTH

ABPLM staff will be available to answer your questions and assist with applications during the conference. The booth will be open Thursday morning through 5:00 PM on Saturday. You may drop by or sign up for individual counseling to complete an application or to discuss a plan for becoming a CMD. The booth schedule is as follows:

Thursday, March 17

7:00 AM – 1:30 PM
2:00 PM – 5:00 PM

Saturday, March 19

7:00 AM – 1:30 PM
2:00 PM – 5:00 PM

Friday, March 18

7:00 AM – 1:30 PM
2:00 PM – 5:00 PM

CREDIT STATEMENTS

ACCREDITATION STATEMENT



AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DESIGNATION STATEMENT

AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of 24.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CMD CREDIT HOURS



ABPLM

American Board of Post-Acute and Long-Term Care Medicine, Inc.

This live activity has been approved for up to 22.5 hours in management education and 18.75 hours in clinical education toward certification/recertification as an ABPLM CMD. Sessions that have been approved for management education will have the **CMD** to the right of the title. All presentations that you attend that are not annotated with the **CMD** may be claimed as clinical education toward certification/recertification.

The CMD Program is administered by the ABPLM. Each physician should claim only those credit hours that he/she actually spent in the activity. For further information, contact ABPLM at 410-992-3117 or at cmd@amda.com.

AAFP

Application for AAFP Prescribed credits has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AGS

This CME activity is endorsed by the American Geriatrics Society. Credits earned from this activity may be counted toward the AGS Geriatrics Recognition Award.

MNA (NURSING)

This activity has been submitted to Maryland Nurses Association for approval to award contact hours. Maryland Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Attendees claiming Nursing CEUs must sign in daily, next to the Registration Desk.

NAB (ADMINISTRATOR)



National Association
of Long-Term Care
Administrator Boards

This program has been submitted (but not yet approved) for Continuing Education from NAB/NCERS.

Attendees claiming Administrator CEUs must sign in daily, next to the Registration Desk.

ACPE (PHARMACY)



The Samford University McWhorter School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Program sessions which include an ACPE Program Approval Number are approved by the Samford University McWhorter School of Pharmacy. These programs are appropriate for pharmacists interested in geriatric and long-term care pharmacy. All programs are knowledge activities. To receive credit, pharmacists must attend the program, and complete program evaluations and assessments. ACPE/NABP CPE monitor ID numbers are required to receive Pharmacy CEUs.

Attendees claiming Pharmacy CEUs must sign in daily, next to the Registration Desk.

4-Day attendance is eligible for up to 24.75 CME credits and 22.5 hours of CMD Management Credit.

3-Day attendance is eligible for up to 17.75 CME credits and 15.5 hours of CMD Management Credit.

Visit
www.PALTCmedicine.org
for final determination on continuing
education credits for this conference



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AMDA FOUNDATION ACTIVITIES

AMDA FOUNDATION FUTURES PROGRAM FOR RESIDENTS AND FELLOWS

The AMDA Foundation Futures Program, co-chaired by Cari R. Levy, MD, PhD, CMD, and Heidi K. White, MD, MEd, CMD, enables residents and fellows to learn about the numerous career prospects and opportunities in post-acute and long-term care medicine (PA/LTC), including specialty areas such as research. Over 850 residents and fellows have participated in this program and for many this has marked the beginning of successful PA/LTC careers.

Participants selected for this program will receive the following benefits:

- Admission to the Futures Program on March 17, 2016.
- 3-day registration to AMDA-The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2016, March 18-20, 2016.
- AMDA membership for one year including a subscription to *JAMDA*.
- Attendance at a Welcome Reception for Futures participants and CMDs on Wednesday, March 16, recognizing the newest members of the AMDA community and certified medical directors whose dedication assures excellence in the PA/LTC field.

Interested individuals may apply online at www.amdafoundation.org. **The application deadline is November 13, 2015.** The Futures Program is proudly sponsored by a host of donors including AMDA State Chapters.

THE "WALL OF CARING" AT THE FOUNDATION BOOTH

Please visit the "Wall of Caring" at the AMDA Foundation booth. The "Wall" has been a poignant and powerful staple of AMDA's annual conference, a place where AMDA's members and friends can honor their mentors, colleagues, patients and loved ones—all while supporting the Futures Program. This inspiring and visual tribute is dedicated to those individuals whose unwavering loyalty, wisdom and grace have supported medical direction and improved PA/LTC. Contributors to the "Wall of Caring" may write messages, post photos, drawings and other memorabilia



to honor those individuals who have inspired them. After the Orlando conference, the tributes will be placed on the Foundation's public website: www.WallofCaring.org. Contributions to the "Wall" are tax-deductible and support the AMDA Foundation's Futures Program.

CELEBRATION OF CARING AT THE WALL

Our theme "Caring at the Wall" will take on many features, from Caring Canines to a silent auction of autographed books. We will also continue a member-acclaimed tradition of featured artwork from AMDA favorites. Please come by to bid on **autographed books** by featured authors on topics in caring and purchase copies of the Foundation's 7th annual "**Caring Canine Calendar**," a 12-month tribute to adorable dogs and other furry friends whose work with AMDA members at PA/LTC facilities is a labor of love.

Feeling hungry? Visitors to the "Wall of Caring" can purchase **Bricks of Chocolate** to enjoy while reading the many tributes on the "Wall"; proceeds will benefit Foundation programs.

AMDA FOUNDATION EXCELLENCE AWARDS

Nominate a friend, colleague, or mentor, for their dedication to excellence at www.amdafoundation.org by **November 9, 2015**.

- **2016 Medical Director of the Year** recognizes those individuals whose vision, passion, leadership, knowledge, and commitment succeed in taking patient care to exceptional levels of quality.
- **James Pattee Award for Excellence in Education** recognizes significant contributions to the education goals of AMDA.
- **William Dodd Founder's Award for Distinguished Service** recognizes significant contributions to building the strength, image, and mission of AMDA.

AMDA FOUNDATION IMPROVEMENT AWARDS



Is your facility a leader in quality improvement implementation? Submit your nomination by **November 9,**

2015 at www.amdafoundation.org.

- **AMDA Foundation Quality Improvement Award** recognizes proposed initiatives that focus on facility staff education, quality improvement programs, research on interventions and treatment, and health literacy to directly enhance the quality of care provided to patients in PA/LTC settings. One award of \$5,000 will be presented for the 2016 Quality Improvement award.
- **AMDA Foundation Quality Improvement & Health Outcome Awards (QIHO)** for "Improving the Quality of Life for Persons Living in Nursing Homes" honors three facilities for programs they have successfully implemented to improve the quality of life for their residents. Three awards of \$1,000 each are presented at the Friday General Session.

The AMDA Foundation is putting the spotlight on quality improvement and education with two sessions on the program for AMDA-The Society for Post-Acute and Long-Term Care Medicine 2016

Thursday, 8:00 AM - 11:30 AM

Improving Care Transitions: A Health Systems Approach

This session highlights four unique programs designed to improve the quality of care associated with transitions that emphasize system change that is both effective and sustainable. Standardized approaches involving care coordination, personal goal setting, patient order sets, and team based patient safety conferences and information transfer will be described. The highlighted interventions are contextualized within the ever changing environment of new payment methodologies including accountable care organizations (ACOs), bundled payment and Medicare Advantage plans.

Paul R. Katz, MD, CMD; Clay Ackerly, MD; Randi Berkowitz, MD, CMD; Steven Phillips, MD; Christina Shuh, RN-BC, BSN; Eduard E. Vasilevskis, MD, MPH

Friday, 1:30 PM - 3:00 PM

Quality Improvement Awards and Expert Panel Discussion

This session will focus on the collaborative and interdisciplinary nature of improving the quality of care and life for PA/LTC residents. It will feature presentations by the 2015 AMDA Foundation Quality Improvement (QI) award winners on topics including: *POISe-Care: A Unique Model for Rehabilitation Patients*, and *Implementation of the Prevention of Avoidable Hospitalizations for Assisted Living Facilities: A Pilot Study* as well as presentations from the winners of the 2016 Quality Improvement & Health Outcome award. These awards are centered on programs that facilities have successfully implemented to improve the quality of life for their residents. These presentations will form the basis for discussion by Paul Katz, MD, CMD, and Robert Kaplan, MD, FACP, CMD. Their discussion will serve to highlight the relationship between individual QI initiatives and larger research projects and trends that strengthen the quality of life across the PA/LTC continuum.

Paul Katz, MD, CMD; Kathleen Abrahamson, PhD, RN; Arif Nazir, MD, CMD; Robert Kaplan, MD, CMD; Phyllis Gaspar, PhD, RN; 2016 QIHO Award Winners



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EXHIBIT HALL INFORMATION

EXHIBITS

Commercial exhibits will be located in Exhibit Hall E of the Gaylord Palms Resort and Convention Center. Only registered attendees and registered guests displaying a badge are permitted in the Exhibit Hall.

EXHIBIT HOURS ARE AS FOLLOWS:

THURSDAY, MARCH 17

11:00 AM - 1:45 PM

Events Include: Hall Grand Opening, Cash Lunch

3:00 PM - 3:30 PM

Events Include: Afternoon Refreshment Break

5:00 PM - 7:00 PM

Events Include: Welcome Reception

FRIDAY, MARCH 18

7:00 AM - 8:00 AM

Events include: Continental Breakfast with Exhibitors

10:30 AM - 1:30 PM

Events include: Mid-Morning Refreshment Break, Cash Lunch, Job Fair, and announcement of prize winners

LUNCH

Cash lunch will be available in the Exhibit Hall at the AMDA Café on both Thursday and Friday from 11:30 AM - 1:30 PM. A-la-carte food items are available for purchase. A list of local restaurants and dining options will be provided onsite.

Exhibit Hall Features Not to Be Missed

PARTICIPATE IN THE 2016 EXHIBIT HALL PASSPORT GAME!

Participating companies will be featured in the Exhibit Hall Passport that will be given to attendees onsite. Attendees who stop by and collect stamps from all passport booths will be eligible to win a free registration for AMDA's 2017 Annual Conference, a complete set of AMDA Clinical Practice Guideline's (CPGs), or 3 night's complimentary stay at the Hyatt Regency Phoenix during AMDA's 2017 Annual Conference (good only for March 16-19, 2017). The prize winners will be announced on Friday just before the exhibit hall closes at 1:30 PM.

PRODUCT THEATERS

The 2016 Annual Conference will host several Product Theater sessions on Thursday, Friday, and Saturday for attendees to enjoy interactive discussions on industry products. These sessions, some of which will be located in the Exhibit Hall, will not provide CME and will require registration at the door of each Product Theater. Product Theaters will also serve refreshments and meals. For more information on the product theater topics and sponsors, please visit www.PALTCmedicine.org.

THURSDAY, MARCH 17

11:45 AM - 12:45 PM

5:15 PM - 6:15 PM

FRIDAY, MARCH 18

6:45 AM - 7:45 AM

12:15 PM - 1:15 PM

5:15 PM - 6:15 PM

SATURDAY, MARCH 19

6:45 AM - 7:45 AM

12:45 PM - 1:45 PM

JOB FAIR

Friday, March 18

10:30 AM - 1:30 PM

Are you looking for a position or a qualified employee in PA/LTC? The annual AMDA Job Fair can give your resume or open position national exposure and increase your opportunity of finding your best fit. Bring resumes and contact information to share with the onsite recruiters as well as browse the postings available across the country.

Looking for a Candidate?

Contact Jennifer Shehan at jshehan@amda.com or 410-992-3143 for information on how your open position can be seen by 1,500+ qualified applicants.



MARCH 17-20, 2016

Gaylord Palms Resort & Convention Center • Orlando, FL

(Tentative schedule as of 9/23/15)

2016 SCHEDULE AT A GLANCE

WEDNESDAY, MARCH 16

2:00 PM - 6:00 PM Registration Open
5:00 PM - 8:00 PM State Chapter Working Session
8:00 PM - 10:00 PM Foundation Futures/CMD Welcome Reception

THURSDAY, MARCH 17

6:30 AM - 5:30 PM Registration Open
7:00 AM - 8:00 AM Welcome Coffee and Continental Breakfast
7:30 AM - 5:00 PM Foundation Futures Program
8:00 AM - 11:30 AM PreConference Intensive Sessions
10:00 AM - 10:30 AM Refreshment Break
11:00 AM - 1:45 PM Exhibit Hall Grand Opening
11:30 AM - 1:00 PM House of Delegates Business Meeting
11:30 AM - 1:30 PM Cash Lunch in Exhibit Hall
11:30 AM - 7:00 PM Poster Session Open
11:45 AM - 12:45 PM Product Theater
1:30 PM - 5:00 PM Pre-Conference Intensive Sessions
3:00 PM - 3:30 PM Refreshment Break in Exhibit Hall
5:00 PM - 7:00 PM Welcome Reception in Exhibit Hall
5:15 PM - 6:15 PM Product Theater

FRIDAY, MARCH 18

6:30 AM - 5:00 PM Registration Open
6:45 AM - 7:45 AM Product Theater
7:00 AM - 8:00 AM Continental Breakfast with Exhibitors
7:00 AM - 7:00 PM Poster Session Open
8:00 AM - 10:30 AM General Session I
10:30 AM - 1:45 PM Exhibit Hall Open
10:30 AM - 11:00 AM Refreshment Break in Exhibit Hall
10:30 AM - 1:30 PM Job Fair in Exhibit Hall
11:00 AM - 12:00 PM Concurrent Education Sessions
12:00 PM - 1:15 PM Cash Lunch in Exhibit Hall
12:15 PM - 1:15 PM Product Theater
1:15 PM - 1:30 PM Refreshment Break in Exhibit Hall with Prize Drawings

1:30 PM - 3:00 PM Concurrent Education Sessions
3:00 PM - 3:30 PM Refreshment Break
3:30 PM - 5:00 PM Concurrent Education Sessions
5:15 PM - 6:15 PM Product Theater
6:30 PM - 8:00 PM State Chapter Business Meetings

SATURDAY, MARCH 19

6:00 AM - 7:45 AM Meet the Expert Breakfast Session
6:30 AM - 8:00 AM State Presidents Council Breakfast
6:45 AM - 7:45 AM Product Theater
7:00 AM - 4:00 PM Registration Open
7:00 AM - 8:00 AM Coffee Service
8:00 AM - 10:30 AM General Session II
10:30 AM - 11:00 AM Refreshment Break
11:00 AM - 12:30 PM Concurrent Education Sessions
12:30 PM - 2:00 PM Lunch On Own (AMDA Café located just outside In-the-Trenches)
12:45 PM - 1:45 PM Product Theater
1:00 PM - 2:00 PM In-the-Trenches: Peer Group Roundtable Discussions
2:30 PM - 3:30 PM Concurrent Education Sessions
3:30 PM - 4:00 PM Refreshment Break
4:00 PM - 5:30 PM Concurrent Education Sessions
4:00 PM - 6:00 PM House of Delegates Meeting
7:00 PM - 9:30 PM AMDA President's Reception

SUNDAY, MARCH 20

6:30 AM - 8:00 AM Red Eye Rounds: Medical Direction Challenges
6:30 AM - 8:00 AM Red Eye Rounds: Clinical Quandaries
7:30 AM - 8:30 AM Coffee Service
8:00 AM - 11:00 AM Registration Open
8:30 AM - 11:00 AM General Session III and Closing Remarks

2016 PROGRAM PLANNING SUB-COMMITTEE

AMDA wishes to gratefully acknowledge the Annual Conference Planning Sub-Committee for their dedication to AMDA education and the AMDA-The Society for Post-Acute and Long-Term Care Medicine—Annual Conference 2016.

Suzanne Gillespie, MD, RD, CMD
(2016 Program Chair)
Mary P. Evans, MD, CMD (Vice Chair)
Patricia Bach, PsyD, RN, MS
Seki Balogun, MBBS, CMD
Michele F. Bellantoni, MD, CMD
Erin Brooks, PA-C

Suzanne C. Cryst, RD, CSG, LD
Elizabeth Galik, PhD, CRNP
Julie Gammack, MD, CMD
George Grossberg, MD
Melinda Henderson, MD, CMD
Betty B. Lim, MD
Diane Sanders-Cepeda, DO, CMD

Verna Reynolds Sellers, MD, MPH, CMD
Philip Sloane, MD, MPH
George C. Wang, MD, PhD
Rollin M. Wright, MD, MS, MPH
Robert A. Zorowitz, MD, MBA, CMD

DISCLOSURES: According to AMDA and ACCME policies, all those in a position to control content are required to disclose any relevant financial relationships.

The following annual conference program planning committee members have financial relationships to report: **Michele F. Bellantoni, MD, CMD** - Sanofi: research grant; AHRQ: consultant; Actelion: research grant; **Mary P. Evans, MD, CMD** - Golden Living: Employee; **George Grossberg, MD** - Lundbeck, Otsuka, Takeda, Actavis/Forest, GenerTech, Novartis: Consultant; Merck, Newron: Safety Monitoring Committee; CMS: Consultant; **Melinda Henderson, MD, CMD** - United Healthcare: Employee; **Diane Sanders-Cepeda, DO, CMD** - UHG/Optum: Employee; **Robert A. Zorowitz, MD, MBA, CMD** - United Health Group: Employee and stockholder; All other sub-committee members have indicated they have no relevant financial relationships with industry to disclose.

The following AMDA Education Committee members have financial relationships to report: **Eric G. Tangalos, MD, CMD** - Astellas: Consultant; Lilly: Data Safety and Monitoring Committee; Sage: Consultant; Omnicare: P&T Committee Chair; all others members have indicated they have no relevant financial relationships with industry to disclose.

AMDA staff have indicated they have no relevant financial relationships with industry to disclose.



GENERAL SESSION HIGHLIGHTS

Friday
MARCH 18

8:00 AM – 10:30 AM

KEYNOTE ADDRESS

Can We Trust the Evidence in Evidence-Based Medicine?

John Abramson, MD



Scientific and marketing documents produced in litigation show how drug companies target physicians with skillfully designed messages, the purpose of which is to increase prescribing of their drugs. These messages are delivered through the variety of channels that physicians

find credible: peer-reviewed articles and systematic reviews, expert guidelines, continuing medical education, lectures by respected opinion leaders and local colleagues, and drug reps. Unsealed documents from Zyprexa, Risperdal, and Neurontin litigation show how credible this information can appear to even the most disciplined physicians. The current standoff about access to data regarding statins for healthy people will also be reviewed. The lecture will conclude with strategies to optimize patient care when access to complete, accurate and balanced evidence is limited.

John Abramson, MD, MSc, is a lecturer in Health Care Policy at Harvard Medical School. He was a full-time family physician for 20 years, including serving 7 years as chair of the department of family practice at Lahey Clinic in Burlington, MA. Dr. Abramson is the author of "Overdosed America: the Broken Promise of American Medicine," published in 2004. He has published articles critiquing the quality of scientific evidence available to practicing physicians including: "Are Lipid-Lowering Guidelines Evidence Based" in *Lancet*, "Can We Trust the Evidence in Evidence Based Medicine" in the *Journal of the American Board of Family Medicine*, "Clinical Trial Data is a Public Good" in the *Journal of the American Medical Association*, and "Should People at Low Risk of Cardiovascular Disease Take a Statin" in *BMJ*. Dr. Abramson has served as an expert in litigation involving Vioxx, Zyprexa, Risperdal, Neurontin, Lipitor, and other drugs; and has also served as an unpaid consultant to the FBI and U.S. Department of Justice.

Saturday
MARCH 19

8:00 AM – 10:30 AM

AMDA'S TOP POLICY ISSUES 2016

Update on top AMDA activity on policy issues including updates on the following: legislative advocacy, communications with government agencies, updates on the health care reform implementation efforts, and on proposed changes to PA/LTC facilities requirements for participation.

Karl Steinberg, MD, CMD, Chair, Public Policy Committee;
David Nace, MD, CMD, Vice Chair, Public Policy Committee

Updates on Administrative Initiatives in Post-Acute and Long-Term Care

Speaker TBD

Healthcare Reform: The Importance of Post-Acute and Long-Term Care

Speaker TBD

Sunday
MARCH 20

8:00 AM – 11:00 AM

ANNE-MARIE FILKIN LECTURE

Palliative Care in the Mainstream: Stepping up to the Plate

Diane E. Meier, MD



National and leading expert, Diane Meier, MD, will discuss the case for integrated geriatric and palliative care strategies as well as describe what works to improve quality care and reduce costs for vulnerable older adults. She will also address the questions of how to face outwards

towards future needs of our patients, their families, policy makers, payers, and health system leadership.

Dr. Meier is Director of the Center to Advance Palliative Care (CAPC), a national organization devoted to increasing the number and quality of palliative care programs in the United States. Under her leadership the number of palliative care programs in U.S. hospitals has more than tripled in the last 10 years. She is also Co-Director of the Patty and Jay Baker National Palliative Care Center; Vice-Chair for Public Policy and Professor of Geriatrics and Palliative Medicine; Catherine Gaisman Professor of Medical Ethics; and was the founder and director of the Hertzberg Palliative Care Institute, 1997-2011, all at the Icahn School of Medicine at Mount Sinai in New York City.

CLOSING KEYNOTE

More Music, Fewer Meds

Dan Cohen, MSW



Individualized music is defined as music which has been integrated into the person's life and is based on personal preference. Personalized music is proving itself as a way to generate a variety of therapeutic outcomes in long-term care, hospice, and hospital settings, including

reductions in antipsychotic use. Learn how many long-term care settings are using personalized music to improve quality of care and quality of life.

Dan Cohen, MSW, is the founding Executive Director of Music & Memory, Inc. He combines an extensive background in high tech training, corporate sales and software applications with social work, specializing in vocational rehabilitation and community service organizing. A former consultant/trainer for the U.S. Department of Education, he helped colleges, universities and communities nationwide to apply best practices in community service learning programs. Mr. Cohen also worked for the Long Island Regional Advisory Council on Higher Education coordinating the efforts of volunteer and community service programs on 17 college and university campuses serving about 200 community agencies. He earned his MSW from Adelphi University, an MA in Professional Studies from Long Island University and a BS in Psychology from Hofstra University.



AMDA

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EDUCATION PROGRAM

Education sessions have been identified by learning level to help you select the sessions that best meet your needs. Unless otherwise indicated, sessions are considered appropriate for the general audience. General Audience sessions provide review and updates as well as emerging knowledge pertinent to the various settings in PA/LTC. The following icons indicate the learning levels and topics of special interest.

CATEGORY DESIGNATIONS:

■ CLINICAL MEDICINE

■ MEDICAL DIRECTION

■ MODELS OF CARE

■ PROFESSIONAL DEVELOPMENT

■ RESEARCH

I INTRODUCTORY

An overview that covers basic concepts and information.

A ADVANCED

Cutting-edge and/or higher level information on clinical care and management.

IDT INTERDISCIPLINARY TEAM (IDT)

Indicates sessions building on the collaborative aspect of post-acute and long-term care.

P BACK BY POPULAR DEMAND

CMD CMD CREDIT HOURS

Indicates approval by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for management hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. Sessions without the CMD icon are applicable as clinical hours.

Visit
www.PALTCmedicine.org
for the latest updates to the
education program

Conference Tracks

Whether you are seeking latest clinical developments in geriatric medicine, best practices in medical direction, or policy and regulatory updates, you will find educational sessions that meet your unique professional development needs. AMDA has identified several sessions and arranged them according to conference tracks to better assist you in your onsite planning. See page 13 for a complete list of sessions that have been highlighted for the following tracks:

CLINICAL MEDICINE

HEALTH POLICY AND PRACTICE ADVANCEMENT

MEDICAL DIRECTOR

MIND, MOOD, AND BEHAVIOR CARE

QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

All sessions, including the Pre-Conference Intensive Sessions, are first-come first-served with the exception of the (1) one ticketed session.

Thursday

MARCH 17

6:30 AM - 5:30 PM

Registration Open

7:00 AM - 8:00 AM

Welcome Coffee and Continental Breakfast

7:30 AM - 5:00 PM

AMDA Foundation Futures Program

The AMDA Foundation Futures program enables residents and fellows to learn about the numerous career prospects and opportunities in PA/LTC, including specialty areas such as research. Over 850 residents and fellows have participated in this program and for many this has marked the beginning of successful PA/LTC careers.

For the past six years, donors such as AMDA state chapters, program directors of geriatric residency and fellowship programs, nursing home chains and pharmaceutical partners, and many individuals have provided critical support to fund this program. To make a donation to the Futures Program or for more information on sponsorship, please email programs@amdafoundation.org.

TRACKS	Clinical Medicine	Health Policy and Practice Advancement	Medical Director	Mind, Mood, and Behavior Care	Quality Assurance Performance Improvement
Thursday, March 17					
8:00 AM – 11:30 AM	101 Latest Approaches to Difficult Medical Issues in LTC	100 Changing Health Care Delivery Environment: In Depth Analysis of PA/LTC in the New Age of Health Care			
1:30 PM – 5:00 PM	106 Common Clinical Case Scenarios in PA/LTC	100 Changing Health Care Delivery Environment: In Depth Analysis of PA/LTC in the New Age of Health Care (Cont.)			
Friday, March 18					
11:00 AM – 12:00 PM	208 Drug-induced Parkinsonism Versus Idiopathic Parkinson's Disease	202 AMDA-SGIM-AGS Best Practice Recommendations for Transitioning Patients from SNF to the Community	207 Collaboration between the Medical Director and the Administrator	201 Antipsychotic Stewardship in LTC: Mechanics and Outcomes of a Highly Successful Program	
1:30 PM – 3:00 PM	218 Overview of the New AMDA CPGs for Pressure Ulcers	212 From Innovation to Implementation: How CMS Innovation Center-Funded Projects are Transforming NH Care	217 Palliative Care in the NH: Nationwide Survey Results about Palliative Care in the NH and How to Implement a Program in Your Facility	211 The Spectrum of Mood Disorders in LTC: Current Diagnostic and Treatment Approaches	219 Evidence-Based, Expert-Consensus Derived Clinician Order Sets for Improving the Management of Common Changes in Condition that Cause Hospitalizations among SNF Patients
3:30 PM – 5:00 PM	229 This Year in Review for LTC	222 Losing Taste for SNF Models of Care? Try the Restaurant Approach to Patient Care	227 TAG, You're It: The Top Survey TAGs and How Physicians Can Best Help Facilities Comply	221 The Role of Mobile Behavioural Support Outreach Teams in Non-Pharmacologic Management of Behavioural and Psychological Symptoms of Dementia	228 Seniors Quality Leap Initiative Pain Management QI Project: An IDT Approach
Saturday, March 19					
11:00 AM – 12:30 PM	302 An Approach to Fracture Prevention in LTC	303 Can You Double Your NH Practice While Achieving Triple Aim? Practical Tips on Starting and Growing a PA/LTC Practice in Value Based Payment Era	308 Practical Approaches to Improve the Medical Director Role in the Facility Survey Process		309 <i>Choosing Wisely®</i> to Improve Care and Lower Costs for Geriatric Patients: A Focus on AMDA's Second List
2:30 PM – 3:30 PM	316 Diabetes Pharmacotherapy in the LTC Facility: A Practical Way to Proceed		315 The Medical Director Challenge: How to Supervise, Inspire and Engage Your Medical Staff	310 PA/LTC of Older Adults with Both Dementia and Intellectual and Developmental Disabilities (I/DD)	311 CMS Proposes New Regulations for LTC Facilities: Implications for Practitioners
4:00 PM – 5:30 PM	323 Fatigue and Weight Loss in Post-Acute Care: Can this be Cachexia?	318 Data - the New Currency for Quality Improvement in Post-Acute Care: The Role for Clinical Leaders	322 Nursing Facility Litigation and Liability: A Case-Based Tutorial		317 Appropriate Use of Antipsychotics in Alberta Canada: A Successful Province-wide QI Initiative



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8:00 AM-5:00 PM

PRE-CONFERENCE ALL-DAY WORKSHOPS

100 Changing Health Care Delivery Environment: In Depth Analysis of Post-Acute/Long-Term Care in the New Age of Health Care

MODELS OF CARE **CMD** **IDT**

HEALTH POLICY AND PRACTICE ADVANCEMENT

Recent health care reform efforts from the Affordable Care Act to the recently enacted Medicare Access and CHIP Reauthorization Act (MACRA) (aka SGR repeal legislation) have dramatically changed the fee-for-service reimbursement and delivery model. AMDA members need to be aware of changes in payment structures and quality measures that will determine how care is delivered to patients in PA/LTC settings. This full day session, sponsored by the AMDA Public Policy Committee, will have various panels of experts in the field that will cover the numerous arrangements ranging from bundling to accountable care organizations (ACOs) as well as the role of Health Information Technology (HIT) and quality measures in promoting person-centered value-based care.

Charles A. Crecelius, MD, PhD, CMD (Moderator); Rod Baird, MS; Alex Bardakh, MPP; John Derr, RPh; Rajeev Kumar, MD, CMD; Dheeraj Mahajan, MD, CMD; Cheryl Phillips, MD, CMDR; Terrence A. O'Malley, MD, CMD; William Russell, MD; Michael Wasserman, MD, CMD; Kerry Weiner, MD, MPH

8:00 AM-11:30 AM

PRE-CONFERENCE INTENSIVE SESSIONS

101 Latest Approaches to Difficult Medical Issues in Long-Term Care

CLINICAL MEDICINE **P** **IDT**

CLINICAL MEDICINE

This popular session from JAMDA leadership reviews topics identified by needs assessment with up to date management recommendations. This year's topics include best practices in transitions of care; incorporating physical activity into residential care; managing hypotension in frail elders; non-pharmacological and pharmacological behavior management; reducing the progression of chronic kidney disease (CKD), and geriatric prescription and

deprescription. The audience will appreciate the concise but detailed presentations.

Barbara J. Messenger-Rapport, MD, PhD, CMD; Milta O. Little, DO, CMD; John Morley, MB, BCH; Julie Gammack, MD, CMD

102 Improving Care Transitions: A Health Systems Approach

MODELS OF CARE **CMD** **IDT**

This session highlights four unique programs designed to improve the quality of care associated with transitions that emphasize system change that is both effective and sustainable. Standardized approaches involving care coordination, personal goal setting, patient order sets, and team-based patient safety conferences and information transfer will be described. The highlighted interventions are contextualized within the ever changing environment of new payment methodologies including accountable care organizations (ACOs), bundled payment, and Medicare Advantage plans.

Paul R. Katz, MD, CMD; Clay Ackerly, MD; Randi Berkowitz, MD, CMD; Steven Phillips, MD; Christina Shuh, RN-BC, BSN; Eduard E. Vasilevskis, MD, MPH

103 Comparison of Alzheimer's and Dementia Care in the U.S. and Central and Eastern Europe: Interprofessional Perspectives and Best Practices

MODELS OF CARE **IDT**

The global costs of dementia will exceed \$700 billion dollars by 2020. There is much to be gained from a sharing of resources and professional expertise from an international perspective. This session brings together seven interprofessional academicians and practitioners from the Czech Republic, Poland, Hungary, Slovakia, Slovenia, Lithuania, and the United States to discuss best practice models in dementia care in various care environments and outline ongoing challenges and new research initiatives shared from across the Atlantic.

Cecilia Rokusek, EdD, MSc, RDN; Naushira Pandya, MD, CMD; Agnes Egervari, MD; Rasa Ruseckiene, MD; Brigita Skela Savic, PhD, MSc; Katarzyna Wieczorowska-Tobis, MD, PhD; Iva Holmerov, MD, PhD

EDUCATION PROGRAM

THURSDAY/MARCH 17

104 Implementation of Clinical Practice Guidelines: Increasing Value and Quality of Care in Post-Acute and Long-Term Care

CLINICAL MEDICINE IDT

Chronic conditions such as diabetes, chronic obstructive pulmonary disease (COPD), and heart failure are prevalent in the PA/LTC setting. This workshop will discuss the recently updated clinical practice guidelines (CPGs) developed to improve the PA/LTC management of these conditions. The workshop will focus on successful strategies for implementation of the CPGs, prevention of emergency room transfers and avoidable hospitalizations, and the use of selected performance measurement indicators designed for this care setting.

Gwendolen Buhr, MD, CMD (Moderator); Speakers from AMDA's Clinical Practice Committee TBD

10:00 AM - 10:30 AM

Refreshment Break

11:00 AM - 1:30 PM

Exhibit Hall Open with Cash Lunch

11:30 AM

Poster Session Opens

P IDT

The Scientific Posters may be viewed from 11:30 AM Thursday, March 17 through 7:00 PM Friday, March 18. Poster presenters will be on hand to answer questions on Thursday evening from 5:00 PM to 7:00 PM. Attendees who view the posters may claim up to 1 AMA PRA Category 1 Credit™.

11:30 AM - 1:00 PM

House of Delegates Business Meeting

The House of Delegates Business Meeting provides a chance for candidates to the AMDA National Board of Directors to introduce themselves to the Delegates prior to Saturday's elections. This is also when the President of the Board of Directors and the Executive Director give reports to the Delegates about the state of the association.

1:30 PM - 5:00 PM

PRE-CONFERENCE INTENSIVE SESSIONS

106 Common Clinical Case Scenarios in Post-Acute and Long-Term Care

CLINICAL MEDICINE A IDT

CLINICAL MEDICINE

This session will present case scenarios of common clinical conditions and focus on practical management tools in the PA/LTC space in keeping with current clinical practice guidelines from various specialty organizations as they pertain to the older population. The controversies regarding implementation of published recommendations in this population will be discussed.

Meenakshi Patel, MD, MMM, CMD; T.S. Dharmarajan, MD; Naushira Pandya, MD, CMD

107 The Dementia Factor in Reducing Hospital Admissions and 30-Day Readmissions

CLINICAL MEDICINE IDT

This session is based upon the White Paper being prepared by the AMDA Transitions of Care Committee on the role of dementia in increasing unnecessary hospital re-admissions and poorer outcomes for those residents. The role of the skilled nursing facility (SNF) in reducing those unnecessary hospital transfers will be discussed; the role of the emergency room in the care of those with dementia; the role of the hospitalist in addressing patients with dementia; and, how to properly prepare the resident/family for the difficult care of the demented resident will be explored. A panel of authors of the paper will discuss the difficulties of the care of the demented and recommendations to measure and improve transitions in this population.

James E. Lett, II, MD, CMD (Moderator); Ken Boockvar, MS, MD, CMD; Robert Burke, MD; H. Edward Davidson, PharmD, MPH; Kenneth Donovan, MD; James Galvin, MD; Cari Levy, MD, PhD, CMD; Susan M. Levy, MD, CMD; Wayne Saltsman, MD, PhD, CMD



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108 Fundamentals of Antimicrobial Stewardship Workshop

CLINICAL MEDICINE **CMD** **I** **IDT**

This session will present the seven core elements of antimicrobial stewardship programs in the nursing facility setting. Participants will work through a series of facilitated cases, applying the core elements. In addition, participants will be introduced to antimicrobial stewardship policies/procedures and other tools that can be implemented at their own facilities.

David Nace, MD, MPH, CMD; Nimalie Stone, MD, MS; Philip Sloane, MD, MPH; Swati Gaur MD, CMD; Laurie Archbald-Pannone, MD, MPH; Elizabeth Frentzel, MPH

109 Billing and Coding in Long-Term Care: New Codes and Recurring Perplexities

MEDICAL DIRECTION **CMD** **P**

This session will provide details about new billing codes that have recently been approved by the Centers for Medicare & Medicaid Services (CMS). Participants will learn the service and documentation requirements for these codes as well as the proper procedure for submitting claims for these services. The session will conclude with a review designed to include topics of concern raised by participants during the session of some classical billing and coding enigmas that continue to be challenging for many long-term care medicine practitioners.

Alva S. Baker, III, MD, CMDR

3:00 PM - 3:30 PM

Refreshment Break in Exhibit Hall

5:00 PM - 7:00 PM

Poster Session Presenters Question & Answer

5:00 PM - 7:00 PM

Welcome Reception in the Exhibit Hall

Friday MARCH 18

6:30 AM - 5:00 PM

Registration Open

7:00 AM - 8:00 AM

Coffee and Continental Breakfast

7:00 AM - 7:00 PM

Poster Session Open

8:00 AM-10:30 AM

200 General Session I

CMD **IDT**

OPENING OF AMDA'S 2016 ANNUAL CONFERENCE

Suzanne M. Gillespie, MD, RD, CMD, Annual Conference Planning Committee Chair; Naushira Pandya, MD, CMD, AMDA President

AWARD PRESENTATIONS

Medical Director of the Year Award

James Pattee Excellence in Education Award

William Dodd Founder's Award

AMDA FOUNDATION UPDATE AND QUALITY IMPROVEMENT AWARDS

Paul Katz, MD, CMD, AMDA Foundation Chair

AMERICAN BOARD FOR POST-ACUTE AND LONG-TERM CARE MEDICINE (ABPLM) UPDATE

Thomas Edmondson, MD, CMD, ABPLM Chair

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KEYNOTE ADDRESS

Can We Trust the Evidence in Evidence-Based Medicine?

John Abramson, MD



Scientific and marketing documents produced in litigation show how drug companies target physicians with skillfully designed messages, the purpose of which is to increase prescribing of their drugs. These messages are delivered through the variety of channels that physicians

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John Abramson, MD, MSc, is a lecturer in Health Care Policy at Harvard Medical School. He was a full-time family physician for 20 years, including serving 7 years as chair of the department of family practice at Lahey Clinic in Burlington, MA. Dr. Abramson is the author of "Overdosed America: the Broken Promise of American Medicine," published in 2004. He has published articles critiquing the quality of scientific evidence available to practicing physicians including: "Are Lipid-Lowering Guidelines Evidence-Based" in *Lancet*, "Can We Trust the Evidence in Evidence-Based Medicine" in the *Journal of the American Board of Family Medicine*, "Clinical Trial Data is a Public Good" in the *Journal of the American Medical Association*, and "Should People at Low Risk of Cardiovascular Disease Take a Statin" in *BMJ*. Dr. Abramson has served as an expert in litigation involving Vioxx, Zyprexa, Risperdal, Neurontin, Lipitor, and other drugs; and has also served as an unpaid consultant to the FBI and U.S. Department of Justice.

EDUCATION PROGRAM

FRIDAY/MARCH 18

10:30 AM - 3:45 PM

Exhibit Hall Open

10:30 AM - 11:00 AM

Refreshment Break in Exhibit Hall

10:30 AM - 1:30 PM

Job Fair in Exhibit Hall

Are you looking for a position or a qualified employee in PA/LTC? The annual AMDA Job Fair can give your resume or open position national exposure and increase your opportunity of finding your best fit. Bring resumes and contact information to share with the onsite recruiters as well as browse the postings available across the country.

11:00 AM-12:00 PM

CONCURRENT SESSIONS

201 Antipsychotic Stewardship in Long-Term Care: Mechanics and Outcomes of a Highly Successful Program

MEDICAL DIRECTION



MIND, MOOD, AND BEHAVIOR CARE

This session will review prevalence of behavioral and psychological symptoms of dementia (BPSD) in the long-term care setting, Centers for Medicare & Medicaid Services (CMS) regulatory standards pertinent to antipsychotic medication use in dementia care, and the National Partnership's goals pertinent to antipsychotic medication use. Clinical vignettes will demonstrate how cultural factors of a facility influence persistence of antipsychotic medication use, and present methods to effectively address these. Objective medication criteria will be presented to start the medication (indication), to continue the medication (effectiveness), and to discontinue the medication (goal attained, lack of response, or adverse effects). Clinical vignettes will continue to demonstrate challenges and solutions. Methods to objectively and efficiently document various behaviors and their antecedents as they pertain to the use of medication will be presented. Methods and results of an award winning quality assurance and performance improvement (QAPI) program that reduced antipsychotic medications in a very large sample from 38% to 11.6% will be presented to demonstrate how initial investment of setting up trending data system



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yields a sustained significant improvement with minimal monitoring effort. Psychiatry's role as an effective purveyor of a successful antipsychotic stewardship program will be demonstrated.

Ravindra Amin, MD; Dheeraj Mahajan, MD, CMD

202 AMDA-SGIM-AGS Best Practice Recommendations for Transitioning Patients from Skilled Nursing Facility to the Community

MODELS OF CARE **CMD** **IDT**

HEALTH POLICY AND PRACTICE ADVANCEMENT

Care transitions have become a target for reform efforts, yet, our current understanding of how to optimize care transitions remains incomplete. The skilled nursing facility (SNF) to community transition is an important transition which has been largely neglected in the care transitions discussion. With this gap in knowledge, the Society for General Internal Medicine's Geriatrics Task Force in conjunction with AMDA and AGS assembled a team of physicians from across the nation who practice in primary care, skilled nursing facilities, and in the home care environment. The purpose of this workgroup was to create best practice recommendations for optimal health care transitions from SNF to the community. Rather than preserve the pattern of silos of care in which providers do not communicate their knowledge and expectations to each other, members of this panel met with the express purpose of identifying ideal practice patterns in both the primary care and the skilled nursing facility settings. This session will present the best practice recommendations and means of implementing them in SNF and primary care provider (PCP) settings.

Lee Lindquist, MD, MPH, MBA; Wayne Saltsman, MD, PhD, CMD

203 Serving Time: Addressing Influx of those with Criminal Histories in Long-Term Care

MEDICAL DIRECTION **CMD** **IDT**

This session will discuss ways of enhancing identification of prospective and current residents with criminal/correctional histories and provide strategies and tools to minimize the risks posed by such residents in a case-based format.

Rebecca Ferrini, MD, MPH, CMD; Robert M. Gibson, PhD, JD

204 Enhancing Leadership for Women in Post-Acute Care

MEDICAL DIRECTION **CMD** **I**

The session will discuss and practice commonly encountered challenges for women in leadership roles and strategies to develop critical leadership skills. Interactive, facilitated roundtables will develop skills in communication and work-life balance and offer attendees' opportunities to build their professional network.

Amy M. Westcott, MD, CMD; Suzanne Gillespie, MD, RD, CMD; Gwendolen Buhr, MD, MEd, CMD; Mary Evans, MD, CMD; Heidi White, MD, MPH, CMD

205 Nursing Home Policies to Address Dysphagia, Smoking, and Use of Antipsychotics in Dementia Patients

MEDICAL DIRECTION **CMD** **IDT**

This session will address several hidden dangers of dementia in the nursing home setting including smoking, dysphagia, and use of antipsychotic medications. We will discuss available assessment tools and risk stratification methods, which are especially important for cognitively impaired individuals. We will reveal and review results from nationwide surveys of nursing homes about their current practices and policies regarding these issues. We will suggest ways to balance autonomy and safety in the nursing home environment to reduce liability.

Richard Stefanacci, DO, CMD; Paula E. Lester, MD

206 Breaking Science: Presentations from Leading Researchers in Post-Acute/Long-Term Care Medicine

RESEARCH **IDT**

The session will highlight the latest scientific evidence through a series of brief oral presentations from leading researchers in the field of PA/LTC. Oral presentations will be followed by questions and dialogue between the audience and speakers.

Facilitators: Julie Gammack, MD, CMD; George C. Wang, MD, PhD; Philip Sloane, MD, MPH

EDUCATION PROGRAM

FRIDAY/MARCH 18

207 Collaboration Between the Medical Director and the Administrator

MEDICAL DIRECTION   

MEDICAL DIRECTOR

F-tag 501 stipulates that the medical director is responsible for the implementation of resident care policies and the coordination of medical care. One of the most important aspects of the role of the medical director is collaboration with the administrator. In this session, sponsored by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM), an experienced certified medical director and administrator will use a case presentation to discuss the expectations each has of the other role, describe common interests, identify potential areas of conflicts that may occur, and discuss strategies to effectively communicate with and collaborate with the administrator. Time will be reserved to address questions from the audience.

Thomas Edmondson, MD, CMD; Justin Allen, MBA, LNHA

208 Drug-Induced Parkinsonism Versus Idiopathic Parkinson's Disease

CLINICAL MEDICINE  

CLINICAL MEDICINE

This session will outline the primary symptoms of drug-induced parkinsonism as well as tardive dyskinesia, akathisia and other movement disorders. Causative agents, diagnostics and potential treatments will be discussed. We will also describe how the introduction of dopamine blocking medications might “unmask” prodromal idiopathic Parkinson disease symptoms, sometimes confounding proper diagnosis. Case presentations will provide a platform for differential diagnosis of traditional idiopathic Parkinson's disease in contrast with drug-induced parkinsonism and the respective treatment approaches for each of these disorders.

Nora Reznickova, MD; John M. Dean, MA, CCC-SLP

209 Tackling Drug Interactions in Older Adults: A Pharmacist-Physician Team Approach

CLINICAL MEDICINE 

This session will be an interactive session utilizing mini case vignettes that will exemplify areas for pharmacist-physician collaboration. The American Geriatric Society's

revised Beers Criteria will be discussed when relevant, and physiological and pharmacological reasons for the cited drug interactions will be presented in an evidence-based manner.

Naushira Pandya, MD, CMD; Manju T. Beier, PharmD, CGP

210 Determining Prognosis in Long-Term Care

CLINICAL MEDICINE 

This session will review current knowledge and commonly used methodologies to determine medical prognosis for long-term care residents. Participants will also learn how to use this data to assist in the creation of clinical care plans and how to convey this information to other members of the care team, including residents and families.

Jeffrey Nichols, MD, CMD; Anthony Lechich, MD, CMD

12:00 PM - 1:30 PM

Cash Lunch in the Exhibit Hall and Prize Drawing at 1:25 PM

1:30 PM-3:00 PM

CONCURRENT SESSIONS

211 The Spectrum of Mood Disorders in Long-Term Care: Current Diagnostic and Treatment Approaches

CLINICAL MEDICINE  

MIND, MOOD, AND BEHAVIOR CARE

This session will present the significant issues involved with mood disorders in long-term care. We will discuss the prevalence, impact, differential diagnosis and the diagnostic pearls of mood disorders in late-life. There will be a short description relative to the importance of incorporating screening tools in your treatment plan and the practical implications of using a rating scale. We will include a short review of the most commonly used rating scales in mood disorders. A brief review of the current treatment modalities including the neuromodulatory techniques which include mainly ECT (Electro-Convulsive Therapy), TMS (Transcranial Magnetic Stimulation), and VNS (Vagal Nerve Stimulation) will be presented.

George T. Grossberg, MD; Binu Chakkamparambil, MD; Jothika Manepalli, MD



212 From Innovation to Implementation: How CMS Innovation Center-Funded Projects are Transforming Nursing Home Care

MODELS OF CARE



HEALTH POLICY AND PRACTICE ADVANCEMENT

In 2012, the CMS Innovation Center, in partnership with the Medicare/Medicaid Coordination Office, funded projects in seven states to improve the quality of care for residents in nursing homes with the chief outcome measure being to reduce avoidable hospitalizations. The organizations involved partner with nursing homes to implement evidence-based interventions aimed at improving care and lowering costs. The projects now have >3 years' experience in implementing deep systems change in nursing homes. In this session, four of the project medical directors will present "lessons learned" and examples of quality improvement initiatives that have been successful in their facilities. Barriers and facilitators to change will be discussed. Attendees will gain important knowledge that they can use in implementing quality and safety initiatives in their facilities.

Charles Crecelius, MD, PhD, CMD; Clare I. Hays, MD, CMD; Arif Nazir, MD, CMD; Steve Phillips, MD, CMD

213 Assisted Living: The Next Frontier of Geriatric Care

CLINICAL MEDICINE



The session will discuss current demographics of this rising risk population and its impact on re-hospitalizations. It will also present how an integrated care model will foster partnership and innovative connections to providers in assisted living facilities, continuing-care retirement communities, hospital and home settings. Quality measures and care transitions will be reviewed within the context of the Centers for Medicare & Medicaid Services (CMS) Health Challenge Innovations Grant and how they align with the CMS Triple Aim.

Lindsay Schwartz, PhD; Kevin O'Neil, MD, CMD; Alan Kronhaus, MD; Barbara Resnick, PhD, CRNP; David C. Grabowski, PhD

214 Risk Factors for Elder Abuse: How to Prevent it in Your Facility

CLINICAL MEDICINE



There are several risk factors for elder abuse, such as mental illness, substance abuse, caregiver's perceived distress, change in the level of care needed by elder, and dementia. Dementia is the best known risk factor for elder abuse and residents with severe dementia have the highest risk for physical abuse, emotional abuse, caregiver neglect, and financial exploitation. Reasons for this are multifactorial and include resident, staff, and facility characteristics. This session will first discuss risk factors for elder abuse and then dementia as a strong independent risk factor for elder abuse and the characteristics that increase the risk. We will further discuss how to utilize existing models for dementia care such as behavior rounds to mitigate this risk. Participants will engage in interactive case based round table discussions, simulating behavior or empathy rounds, in which residents perceived to be "difficult" would be discussed by a multidisciplinary team in order to better understand case specific circumstances from the perspectives of the resident and the staff members and to create potential non-pharmacologic solutions. Participants will gain knowledge and skills on how to foster open communication among staff members in a non-punitive, non-judgmental environment, lead behavior or empathy rounds, and to include elder abuse questions in their own facilities as a way to counteract the risks of elder abuse among residents. Participants will leave with resources to enable them to develop these programs in their own facilities.

Lidia Vognar, MD; Gwendolen Buhr, MD, MEd, CMD; Sylvester Sarfraz, MD

215 Low Vision Rehabilitation for Older Adults: An Overview of Service Provision

CLINICAL MEDICINE



This session will discuss low vision and implications for care of older adults. Participants will gain knowledge of what low vision is, how conditions of aging causing low vision interfere with occupational performance, how to recognize behaviors caused by vision loss and general intervention strategies to enhance quality of life and client outcomes.

Elizabeth A. Barstow PhD, OTR/L; Sonya Braudway, OD, FAAO

EDUCATION PROGRAM

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216 Sexuality and Dementia: Successfully Navigating Clinical and Legal Pitfalls

MEDICAL DIRECTION **CMD** **IDT**

This session will explore the delicate balance between respecting resident rights and safety with respect to cognitively impaired residents (e.g., dementia, Alzheimer's disease) who are or chose to be sexually active.

Patricia Bach, PsyD, MS, RN; Alan C. Horowitz, RN, JD; Peter Jaggard, MD, CMD; Lindsey Neal, MD, CMD

217 Palliative Care in the Nursing Home: Nationwide Survey Results about Palliative Care in the Nursing Home and How to Implement a Program in Your Facility

CLINICAL MEDICINE **CMD** **IDT**

MEDICAL DIRECTOR

This session will describe steps needed to implement a palliative care program in a nursing home including common barriers and methods to overcome them. We will present pharmacologic and non-pharmacologic treatments for frequent end-of-life symptoms which can be easily administered in the nursing home. We will review both nationwide data about the use of palliative care in the nursing homes and New York state data about clinician's perceptions about palliative care in the nursing home. We will discuss ways to improve availability of palliative care and to expand it to under-served nursing home residents and patients. The session will conclude with small group discussions led by facilitators regarding key aspects of implementation.

Paula E. Lester, MD; Melissa L. Martin, MD, MPH, CMD; James Lolis, MD; James Palmer, MSW, LSCW

218 Overview of the New AMDA Clinical Practice Guidelines for Pressure Ulcers

MEDICAL DIRECTION **IDT**

CLINICAL MEDICINE

This session will review the newly released Clinical Practice Guidelines for Pressure Ulcers. Topics will include prevention, treatment, nutritional aspects of care, and risk management.

Jeffrey M. Levine, MD, CMD; Paul Takahashi, MD, CMD; Karl E. Steinberg, MD, CMD; Janet McKee, MS, RD; Arthur Stone, DPM

219 Evidence-Based, Expert-Consensus Derived Clinician Order Sets for Improving the Management of Common Changes in Condition that Cause Hospitalizations among Skilled Nursing Facility Patients

MODELS OF CARE **IDT**

QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

A substantial proportion of hospitalizations, hospital readmissions, and emergency department visits of skilled nursing facility (SNF) patients are potentially preventable. Standardized, evidence-based clinician order sets have been shown to improve care and outcomes in the hospital and intensive care unit, but have not been widely used in the SNF setting. This presentation will describe the development, refinement, and initial testing of evidence-based, expert-consensus derived clinician order sets for managing ten common acute changes in condition that are associated with hospitalizations among SNF patients. The order sets should be helpful to SNF clinicians in improving care and patients' safety as they make efforts to reduce potentially preventable hospitalizations.

Joseph G. Ouslander, MD; Jill Shutes, MSN, GNP; Barbara J. Zarowitz, PharmD, CGP; Steven M. Handler, MD, PhD, CMD



220 Quality Improvement Awards and Expert Panel Discussion

RESEARCH   

This session will focus on the collaborative and interdisciplinary nature of improving the quality of care and life for PA/LTC residents. It will feature presentations by the 2015 AMDA Foundation Quality Improvement (QI) award winners on topics including: POISe-Care: A Unique Model for Rehabilitation Patients, and Implementation of the Prevention of Avoidable Hospitalizations for Assisted Living Facilities: A Pilot Study as well as presentations from the winners of the 2016 Quality Improvement & Health Outcome award. These awards are centered on programs that facilities have successfully implemented to improve the quality of life for their residents. These presentations will form the basis for discussion by Paul Katz, MD, CMD, and Robert Kaplan, MD, FACP, CMD. Their discussion will serve to highlight the relationship between individual QI initiatives and larger research projects and trends that strengthen the quality of life across the PA/LTC continuum.

Paul Katz, MD, CMD; Kathleen Abrahamson, PhD, RN; Arif Nazir, MD, CMD; Robert Kaplan, MD, CMD; Phyllis Gaspar, PhD, RN; 2016 QIHO Award Winners

3:00 PM - 3:30 PM

Refreshment Break

3:30 PM-5:00 PM

CONCURRENT SESSIONS

221 The Role of Mobile Behavioural Support Outreach Teams in Non-Pharmacologic Management of Behavioral and Psychological Symptoms of Dementia: Experience from Community and Long-Term Care Behavioural Support System, Toronto, Canada

MODELS OF CARE  

MIND, MOOD, AND BEHAVIOR CARE

This session will present an integrated system of care to support implementation of non-pharmacologic management for persons in the community and long-term care presenting with behavioral symptoms of dementia. The session will highlight how an integrated system of mobile behavioral support teams are able to support the development and implementation of behavioral care plans with a particular focus on non-pharmacologic care strategies. In 2012, funding was provided for a Behavioral

Support System in Ontario to focus on behavioral symptoms in persons with dementia. In the Toronto region, the funding was used to support Mobile Behavioral Support Outreach Teams (BSOT) for the Community (CBSOT) and LTC (LTCBSOT) and a Transitional Behavioral Support Unit (TBSU). These teams are interdisciplinary (OT, RN, RPN, PSW, SW) and work in an integrated manner with other specialized teams in the health care system (Geriatric Psychiatry, Community Geriatric Outreach Teams). This session will showcase how a mobile interdisciplinary team focused on behavioral assessment and management can support the capacity building at the bedside in a real time manner to reduce the severity and frequency of distressing and disturbing behavioral symptoms. As part of the session, we will share the P.I.E.C.E.S framework that focuses on understanding the meaning behind the behavior to support the development and implementation of an individualized behavioral support care plan.

Andrea L. Moser, MD, MSc, CMD; Cara Macanuel, MSC OT; Rodea Casem, RN

222 Losing Taste for Skilled Nursing Facility Models of Care? Try the Restaurant Approach to Patient Care

MODELS OF CARE   

HEALTH POLICY AND PRACTICE ADVANCEMENT

The advent of value-based purchasing has amplified the significance of metrics such as patient satisfaction and experience with care. Many organizations are tying provider compensations and incentives to these metrics. Significantly, providing a high quality experience for patients is an ethical and professional responsibility of long-term care providers. Service-based industries including restaurants have decades of experiences in promoting customer satisfaction, but the majority of research and quality initiatives in skilled nursing facilities (SNFs) have taken a more clinical focus. In this interdisciplinary session, presenters will encourage the audience to think differently about how patients are served by proposing to view patients as customers. Customer interactions within a health care system will be compared to those in a restaurant using a video vignette. To highlight the potential applicability of this approach to improving clinical as well as patient satisfaction outcomes, literature on the relationship between patient satisfaction and health outcomes will be shared. Presenters will also describe the outcomes of one SNF's unique approach to promote high

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customer satisfaction. Audience will have the opportunity to participate and be provided with take home strategies and tools to improve customer satisfaction in their own facilities.

Arif Nazir, MD, CMD; Kathleen Abrahamson, PhD, RN; Kathleen Rathke, NP

223 The Impact of Infections on Transitions of Care (An AGS Sponsored Session)

CLINICAL MEDICINE **CMD** **A** **IDT**

This session will help geriatricians improve transitions of care involving patients with common infections. Presenters will give a brief presentation followed by a panel discussion with questions from the audience.

Verna R. Sellers, MD, MPH, CMD; Christopher Crnich, MD, PhD; Nancy Losben, RPh, CCP; Laura Trice, MD, CMD

224 Emotional Intelligence: An Evolving Competency for Post-Acute/Long-Term Care Leadership

PROFESSIONAL DEVELOPMENT **CMD** **IDT**

Core competencies required for successful physician/provider leadership in PA/LTC are evolving, requiring “out of the box” thinking, emotional and psychological resilience, optimal interpersonal skills, and the ability to create an engaging, unifying vision. Foremost among these is emotional intelligence (EI), the ability to perceive and express emotion, assimilate emotion in thought, understand and reason with emotion, and regulate emotion in oneself and others. Benefits of emotional intelligence germane to PA/LTC include improved communication and interdisciplinary team performance, enhanced mentoring and coaching skills, resilience in response to adversity, and effectiveness in leading change, among many others. Application of EI concepts can also be applied to clinical dimensions such as working with families, facilitation of difficult goals of care discussions, and management of care transitions. Like other skills, the concept and use of EI can be learned and honed through teaching and practice. Accordingly, this session is offered as an enjoyable, interactive EI “primer” for medical directors and other long-term care professionals. Thus, the session will incorporate didactic overview, interactive role play, and

small group experiential learning paradigms to introduce and develop skills regarding emotional intelligence in the PA/LTC environment.

Patricia Bach, PsyD, MS, RN; Daniel Bluestein, MD, MS, CMD; Cheryl Phillips, MD, CMDR

225 Power in Partnerships: Pharmacists and Medical Directors Collaborating to Improve the Delivery of Care in the Post-Acute and Long-Term Care Setting (An ASCP Sponsored Session)

CLINICAL MEDICINE **CMD** **IDT**

AMDA – The Society for Post-Acute and Long-Term Care Medicine and American Society of Consultant Pharmacists (ASCP) leadership will be talking about how the organizations have been working together on national initiatives as well as legislative activities. Additionally, there will be discussion about models of collaboration that currently exist between pharmacists and medical directors that help improve outcomes and care.

Nicole J. Brandt, PharmD, MBA; Susan M. Levy, MD, CMD

226 The #thickenedliquidchallenge and How to Best Work with Your Speech Therapist to Optimize Quality of Life and Quality of Care

CLINICAL MEDICINE **IDT**

The #thickenedliquidchallenge emerged this Spring on social media, initiated by the GeriPal blog to raise awareness for patients who have swallowing difficulties. We challenge you to come to this session and take the #thickenedliquidchallenge and then stay to learn about dysphagia. From a speech therapist and medical director perspective, presenters will cover details of the swallowing mechanism, when and why to order imaging studies, potential treatments and complications of aspiration. Attendees will leave with specific, practical strategies and phrases to use when discussing complex ethical dilemmas surrounding swallowing disorders in the PA/LTC regulatory environment. Bring a few ounces of your choice of drink (or two) for your challenge!

Lindsey Neal, MD, CMD; Kevin Grunden, MS, CCC-SLP



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227 TAG, You're It: The Top Survey TAGs and How Physicians Can Best Help Facilities Comply

MEDICAL DIRECTION  

MEDICAL DIRECTOR

This session will identify the top survey TAGs over the past year and effective clinical strategies to address them. It will give practitioners and medical directors details about the specific aspects of care that get facilities cited, with actual examples of such citations. The session will cover the many things that medical practitioners and medical directors can do as part of their everyday activities to improve care and help facilities comply with regulatory requirements. It will focus on the role of clinicians as leaders of the care delivery process applying their knowledge of medicine and geriatrics to help facilities provide and demonstrate good quality care. Many specific examples will be provided, based on actual cases.

Steven Levenson, MD, CMD; Patricia Tomsko Nay, MD, CMD

228 Seniors Quality Leap Initiative Pain Management Quality Improvement Project: An Interdisciplinary Approach

CLINICAL MEDICINE   

QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

The Seniors Quality Leap Initiative (SQLI) is a collaborative established in 2011 of 12 long-term care facilities in Canada and the United States with the goals to improve quality of care and patient safety by sharing performance data and specific quality improvement (QI) initiatives. Paul Katz, MD, CMD, will begin the session with an overview of the Seniors Quality Leap Initiative. Michelle Bellantoni, MD, CMD, will present the most recent data on pain from The Report Card of Quality Measures with the facilities de-identified. All members of the collaborative have at least one quality indicator in the bottom 20% of the standard, an opportunity for all to improve quality of care to some extent. Tammy Retallic, RN, MSN, will report on the gap analysis completed at the onset of the QI project: 2/9 facilities lacked policies on pain management, 3/9 had no clinical guidelines, 6/9 excluded nursing assessments from responsibility for pain assessment, 5/9 limited training on pain assessment to orientation, 5/9 excluded goals of

care from training in pain management, 7/9 excluded cultural considerations in training, and 3/9 emphasized non-pharmacologic management of pain in staff training. Ms. Retallic will report on the QI process in which organizational leaders used their data to draft change ideas, process measures, and goals for change. She will report on barriers identified including staff attitudes, limitations resulting from electronic health record software, and the lack of educational tools. She will also describe the strategies employed to overcome these barriers. She will discuss outcome indicators related to effectiveness of change.

Michele Bellantoni, MD, CMD; Paul Katz, MD, CMD; Tammy Retallic, RN, MSN

229 This Year in Review for Long-Term Care

CLINICAL MEDICINE   

CLINICAL MEDICINE

This session presents 12-15 articles published in the past year which have the potential to impact the practice of medicine and the processes of care for frail elders in the continuum of care. All articles are chosen and critically appraised by experienced, multidisciplinary practitioners and educators. This presentation has been well-received each year and is often the host of spirited discussion.

Milta O. Little, DO, CMD; Julie Gammack, MD, CMD; John Morley, MB, BCH; Debra Bakerjian, PhD, RN, MSN, FNP

6:30 PM - 8:00 PM

State Chapter Business Meetings

Visit
www.PALTCmedicine.org
for the latest updates to the
education program

Saturday MARCH 19

6:00 AM-7:45 AM

300 Meet the Expert Breakfast Session: Heart Failure Throughout the Continuum of Care: Where Does Palliative Care Fit In?

CLINICAL MEDICINE IDT

KellyAnn Light-McGroary, MD



In this session, KellyAnn Light-McGroary, MD, will discuss the impact of heart failure from a population and an individual perspective as well as explore the ways in which palliative care and hospice can be integrated into a chronic disease model such as heart failure. She will review the common symptomatic challenges often faced by advanced heart failure patients and how a variety of pharmaceutical and non-pharmaceutical interventions can be employed to palliate them. Finally, Dr. Light-McGroary will explore the challenges that exist in having conversations about goals of care in patients with advanced heart failure and what strategies can be tried to deal with these issues.

Dr. Light-McGroary is a heart failure/transplant/mechanical circulatory support cardiologist from Iowa City where she is a Clinical Assistant Professor at the University of Iowa. She is also boarded in Palliative Care/Hospice Medicine. Her practice focuses primarily on the development of robust strategies for discussing goals of care, advanced directive and preparedness planning for patients undergoing complex cardiovascular procedures. She speaks locally and nationally in both the palliative care and the cardiology arenas about how to enhance patient engagement in medical decision making around chronic illness and how to best integrate her two fields of expertise.

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Her early experience included 10 years of cardiovascular nursing experience in New York City and Washington DC prior to pursuing medical school at Georgetown School of Medicine in Washington, DC.

There is an additional fee of \$65 to participate in this session and pre-registration is required. Breakfast will be provided and will be served from 6:00 AM - 6:30 AM. The presentation will start promptly at 6:30 AM. To ensure an optimal learning experience, space is limited so be sure to sign up as soon as possible by checking the session on the conference registration form.

6:30 AM - 8:00 AM

State President's Council Breakfast

The State President's Council Business Meeting and Breakfast includes an overview of Wednesday's working session, state delegation reports, and an update from the AMDA Foundation. The session also identifies business items to refer to the Sunday Board of Directors meeting; as well as any new business items for state chapters for the coming year.

7:00 AM - 4:00 PM

Registration Open

7:00 AM - 8:00 AM

Coffee Service

8:00 AM-10:30 AM

301 General Session II - Policy Matters

CMD IDT

Opening Remarks

Susan M. Levy, MD, CMD, AMDA President-Elect



AMDA

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AWARD PRESENTATION

Howard Guterman Best Poster Award

AMDA's Top Policy Issues 2016

Update on top AMDA activity on policy issues including updates on the following: legislative advocacy, communications with government agencies, updates on the health care reform implementation efforts, and on proposed changes to PA/LTC facilities requirements for participation.

Karl Steinberg, MD, CMD, Chair, Public Policy Committee; David Nace, MD, MPH, CMD, Vice Chair, Public Policy Committee

Updates of Administration Initiatives in Post-Acute and Long-Term Care

TBD

Health Care Reform: The Importance of Post-Acute and Long-Term Care

TBD

10:30 AM - 11:00 AM

Refreshment Break

11:00 AM-12:30 PM

CONCURRENT SESSIONS

302 An Approach to Fracture Prevention in Long-Term Care

CLINICAL MEDICINE 

CLINICAL MEDICINE

The fracture rate for adults living in long-term care (LTC) is 4-8 times that of similarly aged adults living in the community. Hip fractures are one of the most serious consequences of osteoporosis and one of the leading causes of hospitalization. Vertebral fractures have also been a concern in residents with a reported prevalence of up to 30%. Additionally, multiple vertebral fractures can be a substantial cause of pain, anxiety, depression, reduced pulmonary function and agitation. It can be difficult to identify residents at high risk of fracture, as the current fracture risk assessment tools (e.g. FRAX® WHO Fracture Risk Assessment Tool) provide 10-year fracture risk and have not been validated in LTC. Most research regarding risk assessment and pharmacological therapies

has not included those with multiple co-morbidities. In this session, presenters will provide guidance regarding recommendations for fracture prevention developed using the GRADE approach. These recommendations target the teams caring for frail older adults in LTC. The session will be divided into three lectures. The first lecture will discuss the development of the 2015 Recommendations for Fracture Prevention in LTC using the GRADE approach. The second lecture will discuss enablers, tools, challenges and barriers to the implementation of recommendations in LTC. Finally, the third lecture will present an approach and quality measures for the care of residents at high risk of fractures presenting with multiple chronic conditions.

Alexandra Papaioannou, BSN, MS, MD; Sid Feldman, MD; Paul Katz, MD, CMD

303 Can You Double Your Nursing Home Practice While Achieving Triple Aim? Practical Tips on Starting and Growing a Post-Acute/Long-Term Care Practice in a Value Based Payment Era

MODELS OF CARE 

HEALTH POLICY AND PRACTICE ADVANCEMENT

This session will begin with a brief overview of private practice trends through the last few decades, followed by a discussion on logistics of starting a business in highly regulated health care and even more so the post-acute industry. A panel discussion will share personal experiences, provide tips, and discuss challenges and opportunities faced in starting and growing a PA/LTC practice.

Dheeraj Mahajan, MD, CMD; Daniel Haimowitz, MD, CMD; Jerome Wilborn, MD; Leonard Gelman, MD, CMD; Rod Baird, MS

304 Promoting Antibiotic Stewardship in Nursing Homes: Lessons from Three Multi-Site Studies

CLINICAL MEDICINE   

Drawing from the experience of two multi-site trials of antibiotic stewardship in U.S. nursing homes and two studies in the Netherlands, this session will provide participants with practical tools by which they can better follow evidence-based principles of antibiotic prescribing and effectively implement antibiotic stewardship in geriatric practice.

Philip D. Sloane, MD, MPH; Christopher Crnich, MD, PhD; Laura van Buul, PhD; David Nace, MD, MPH, CMD

EDUCATION PROGRAM

SATURDAY/MARCH 19

305 Palliative Care: Improved Quality of Resident-Centered Care Leads to Reduced Costs

MODELS OF CARE **CMD** **IDT**

In this session, two dynamic national speakers and geriatricians will present the quality and cost benefits of implementing palliative care principles and practices in long-term care (LTC) settings. Dr. Diane Meier, Director of the National Center to Advance Palliative Care at Mount Sinai Medical Center, will explain palliative care practices and clarify the difference between palliative care and hospice. She will review best practices that increase quality of care from her own experience as a geriatrician, as well as working examples from interviews with medical directors across the country who have successfully implemented these programs in their skilled nursing facilities. Dr. Phillips, the Senior Vice-President for Public Policy and Advocacy for LeadingAge, will develop the case for palliative care's impact on improving quality, and through improving quality its ability to reduce emergency department (ED) transfers and hospitalizations. She will discuss how palliative care is responsive to current and proposed federal LTC policies, and how implementing palliative care practices positions LTC organizations in the new health care environment. Both presenters will discuss how to access palliative care tools, technical assistance and training resources. An interactive Q&A session will allow participants to discuss palliative care strategies with the speakers.

Diane Meier, MD; Cheryl Phillips, MD, CMDR

306 A Longitudinal Curriculum on Medical Directorship for Geriatrics Fellows

PROFESSIONAL DEVELOPMENT **CMD** **IDT**

The current session will present a longitudinal curriculum on PA/LTC medical direction for geriatrics fellows to raise their interest and enhance their knowledge and skills on this topic.

Stefan David, MD; Rebecca Elon, MD, MPH, CMD; Michele F. Bellantoni, MD, CMD; Matthew McNabney, MD, CMD; Fatima Sheikh, MD, MPH, CMD

307 The "Twenty-Five Percenters": Equipping the Medical Director For the Changing World of Long-Term and Post-Acute Care

PROFESSIONAL DEVELOPMENT **CMD** **A**

It has been predicted that "bundled payment" could eventually put 25 percent or more of skilled nursing facilities (SNFs) out of business. It has been suggested that the survivors will need to become medically advanced SNFs that deliver their portion of the bundle efficiently and with quality. This session will cover the basic clinical principles and practices, and related quality improvement approaches that make a facility viable in the era of managed care and bundled payment. Physicians need to be more proactive in coaching our colleagues who work in PA/LTC and provide them with effective approaches. This session will offer strategies and tools based on actual experience, such as comprehensive case reviews, training sessions with physicians and CRNPs, and the application of clinical reasoning and the care delivery process to improve clinical practices and become more attractive partners for accountable care organizations and other managed care scenarios in the future.

Steven Levenson, MD, CMD; J. Kenneth Brubaker, MD, CMD

308 Practical Approaches to Improve the Medical Director Role in the Facility Survey Process

MEDICAL DIRECTION **CMD** **IDT**

MEDICAL DIRECTOR

Successful medical directors and providers actively participate in their facility's survey in order to help make the process more authentic, practical and useful. At the same time, recent cases show that personal injury attorneys are more frequently using the 2567 to allege nursing home negligence. We assert that physician and provider involvement ahead of time during the survey can prevent inaccuracies on the 2567 that could lead to legal cases. We will teach strategies to ensure worthwhile discussion and specific ways to avoid well-meaning but occasionally unfavorable dialogue that can be written into the 2567. From an attorney, medical director and surveyor perspective, our goal is to inspire and advise medical directors to appreciate the influence and weight that their participation carries.

Lindsey Neal, MD, CMD; Alan Horowitz, JD, RN; Judy Wilhide Brandt, RN



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309 *Choosing Wisely®* to Improve Care and Lower Costs for Geriatric Patients: A Focus on AMDA's Second List

CLINICAL MEDICINE **CMD** **IDT**

QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

AMDA - The Society for Post-Acute and Long-Term Care Medicine is pleased to be participating in the ABIM Foundation's *Choosing Wisely®* campaign which is focused on encouraging health care providers and patients to think and talk about medical tests, procedure, and therapies that are overused, misused, or could potentially lead to harm or unnecessary health care spending. In 2015, AMDA released our second list of five things clinicians and patients should question. This session will briefly review the first five items and explain in detail the second five recommendations. Attendees will learn the evidence for the targeted recommendations and how to help health care providers and patients engage in conversations and make smart yet effective health care choices.

Gwendolen Buhr, MD, MEd, CMD; Robert Hogikyan, MD, MPH, CMD; Rebecca Ferrini, MD, MPH, CMD; Raza Haque, MD; Barbara Tommasulo, MD, CMD; Thomas Edmondson, MD, CMD

12:30 PM - 2:30 PM

Lunch on Own

1:00 PM-2:00 PM

ITT In-the-Trenches: Peer Group Roundtable Discussion

IDT **P**

A variety of hot topics in PA/LTC practice settings will be selected for small group discussions and will be facilitated by conference speakers. A complete list of topics will be provided online and onsite at the meeting. There is no advance sign-up to participate in the roundtable discussions. It is first come, first served. Lunch will be available for purchase. *This session does not offer CME.*

2:30 PM-3:30 PM
CONCURRENT SESSIONS

310 Post-Acute and Long-Term Care of Older Adults with Both Dementia and Intellectual and Developmental Disabilities (I/DD)

CLINICAL MEDICINE **A** **IDT**

MIND, MOOD, AND BEHAVIOR CARE

This session will discuss evidence-based recommendations for the care of persons with dementia and intellectual and developmental disabilities (I/DD) in the PA/LTC environments. Health promotion, disease prevention, and medical surveillance in this population will be reviewed. Specialized approaches and validated assessment tools will be presented for the screening, diagnosis, and management of dementia in persons with I/DD. Strategies for management of end-of-life care by multidisciplinary teams in this patient sector will be discussed.

Elizabeth Hames, DO; Kenya M. Rivas, MD

311 CMS Proposes New Regulations for Long-Term Care Facilities: Implications for Practitioners

PROFESSIONAL DEVELOPMENT **CMD** **IDT**

QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

Center for Medicare & Medicaid Services (CMS) has proposed sweeping changes to the long-term care (LTC) regulations, the first major overhaul since 1991. This session will explore the new proposals, highlighting the areas of major overhaul, particularly those that have implications for practitioners in LTC facilities. Even though the regulations will not be finalized by the time of the presentation, they present an insight into CMS's perception of the industry and steps that can be taken to improve quality care and outcomes in a patient centered delivery model. We will discuss the proposed regulations in the context of the increasing strict regulatory enforcement environment confronting LTC facilities and practitioners. Understanding the larger regulatory enforcement environment, including recent government investigations of nursing homes, will further enhance practitioners' proficiency with survey compliance and interdisciplinary collaboration.

Paula Sanders, JD

EDUCATION PROGRAM

SATURDAY/MARCH 19

312 Pressure Ulcers: Staging, Prevention, Treatment, and Managing Quality Initiatives

CLINICAL MEDICINE **I** **IDT**

This session will present a current overview of pressure ulcer care in the elderly across the continuum of care. The current nomenclature will be reviewed. Prevention and treatment modalities (offloading, dressings, surfaces) will be proposed particular to the type, location, and setting of the pressure injury. Contrasting management practices of pressure injuries will differ depending on the setting of the resident and the available expertise. For those involved in medical direction, analysis of pressure ulcer data and design of quality initiatives will be reviewed.

Scott M. Bolhack, MD, MBA, CMD

313 I Want It, and I Want It NOW!! Needs Versus "Wants" and the Demanding Resident

MEDICAL DIRECTION **CMD** **A** **IDT**

Is it a need, or a want? This session will discuss the management of residents who make excessive demands for services that exceed their legitimate care needs. The focus will be on how to better set limits, educate staff, the resident and family members, and documentation and care planning to appropriately manage needs versus "wants."

Rebecca Ferrini, MD, MPH, CMD

314 Long-Term Care in the Age of Digital Medicine

PROFESSIONAL DEVELOPMENT **CMD** **IDT**

This session will integrate state-of-the-art information regarding the need for and use of digital competence in PA/LTC manner in which this benefits the provider and stakeholders, suggestions for use in clinical settings, and hands-on experience for participants interested in becoming more savvy and skilled in the use of social media, social networks and digital medicine in their daily practice.

Patricia Bach, PsyD, MS, RN; Lindsey Neal, MD, CMD

315 The Medical Director Challenge: How to Supervise, Inspire and Engage Your Medical Staff

MEDICAL DIRECTION **CMD** **IDT**

MEDICAL DIRECTOR

One of the most difficult aspects of being a medical director is the supervision and engagement of the medical staff at the skilled nursing facility. The challenges can range from influencing the most basic behavior, like visiting patients on time to more complex aspects of supervision such as decreases in unnecessary variances in care. In this session, experienced certified medical directors and members of the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) will explore the responsibilities and opportunities the medical director has in influencing the delivery of medical care. We will cover various strategies to facilitate state of the art medical care such as bylaws, recruitment strategies, education, the quality assurance and performance improvement (QAPI) process as well as transparency in outcomes and care delivery.

Sabine von Preyss-Friedman, MD, CMD; Robert Kaplan, MD, CMD

316 Diabetes Pharmacotherapy in the Long-Term Care Facility: A Practical Way to Proceed

CLINICAL MEDICINE **A** **IDT**

CLINICAL MEDICINE

This session will provide an overview of the evidence which guides relaxed blood glucose and hemoglobin A1c goals for the older adult resident in long-term care, as well as a practical approach to difficult clinical scenarios in the management of the diabetic resident. This session will use an interactive case-based format.

Amie Taggart Blaszczyk, PharmD, CGP; Hennie Garza, MS, RPh; Liam M. Fry, MD, CMD



3:30 PM - 4:00 PM

Refreshment Break

4:00 PM-5:30 PM

CONCURRENT SESSIONS

317 Appropriate Use of Antipsychotics in Alberta Canada: A Successful Province-Wide Quality Improvement Initiative

CLINICAL MEDICINE **CMD** **IDT**

QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

This session will describe a provincial quality improvement initiative undertaken in Alberta, Canada aimed at supporting care teams in 170 LTC homes to implement a guideline on the appropriate use of antipsychotic medications and to implement non-pharmacologic approaches to care of those with behaviors associated with dementia. The key performance indicator for the initiative was the RAI-MDS 2.0 Quality Indicator for the Appropriate Use of Antipsychotics. In 2012, the provincial average on this indicator was 26.8%. By Q4 2014-15 the provincial average had decreased to 21.1%. The key intervention to achieve this success was intentional monthly antipsychotic medication reviews and care planning to enhance the use of non-pharmacologic approaches, and engaging front-line teams in Innovation Collaboratives. A comprehensive plan to ensure sustainability of the achievements has been accepted by key stakeholders at the unit, home, organization and provincial levels. Plans to move this approach to other sectors of the continuum are underway.

Douglas Faulder, MD; Mollie Cole, RN, MSN

318 Data - the New Currency for Quality Improvement in Post-Acute Care: The Role for Clinical Leaders

PROFESSIONAL DEVELOPMENT **CMD** **A** **IDT**

HEALTH POLICY AND PRACTICE ADVANCEMENT

Post-acute care is truly on the leading edge of significant transformational change. Driven by rapid growth in Medicare expenditures, the expansion of alternative payment models (ACOs, bundled payments and managed care), and the shift across health care away from volume-based services to population health – post-acute care clinical leaders need to be guiding, rather than reacting. Post-acute care clinical leaders, (medical directors, attending physicians, nurse practitioners, physician assistants, directors of nursing,

consultant pharmacists and therapists) need to understand the key data that will be used to leverage these changes. This session will provide an overview to the legislative and market forces driving this change, address critical ways data are being used to determine settings of care, resource use, and measure outcomes, and will focus on how post-acute care clinical leaders can work to position nursing homes, and home health within health care systems, optimize patient outcomes, and help achieve the triple aim goal of better care, better quality and improved efficiency across the continuum.

Cheryl Phillips, MD, CMDR; Deborah Robin, MD; Barbara Gage, PhD

319 Advance Care Planning: Pitfalls, Innovative Solutions, like POLST and Achieving the Triple Aim

MODELS OF CARE **CMD** **IDT**

This session will review the positive outcomes of an effective advance care planning program across the long-term care continuum that leverages innovative and nationally recognized tools and resources. Participants will be able to employ new practical skills to improve their end-of-life discussions and documentation on Physician Orders for Life Sustaining Treatment (POLST) orders in the short-term, and apply the multidimensional approach needed to ensure effectiveness and sustainability of a POLST paradigm program in the PA/LTC setting.

Patricia Bomba, MD; Katie Orem, MPH; Diane Kane, MD, CMD

320 An Interdisciplinary Approach to Medical Student Education in the Post-Acute/Long-Term Care Setting

PROFESSIONAL DEVELOPMENT **CMD** **IDT**

The session will begin with an introduction by the moderator and presentation of “Teaching Tools for Medical Student Education in the PA/LTC”. The first speaker will describe four tools used to facilitate medical student education: The Geriatrics Rotation Checklist, Goals of Care Mini-CEX, The Medication Reconciliation Worksheet, and Choosing Wisely for Geriatrics and Palliative care. In part 2, titled “Introduction to the Interdisciplinary Approach to Geriatric Care”, two models of medical student education in the long-term care setting will be presented. The first is, “Long-Term Care Facility: An Interdisciplinary Approach, and while the second is, “Interprofessional Team Rounds at Tietz Nursing Home”. The final speaker will describe “The

Post-Acute/Long-Term Care Setting as a Clerkship Site” and detail a model for medical student education during a required geriatrics clerkship.

Claudene George, MD, RPh; Roy Goldberg, MD, CMD; Rubina Malik, MD, MS

321 Rational Deprescribing

CLINICAL MEDICINE IDT

This session will equip participants to identify polypharmacy, consider non-pharmacologic treatment options, potentially inappropriate medications, medication interactions, the aging body (declining renal and hepatic function), patient prognosis and time to benefit, patient and family preferences, cost, and the unique regulatory and interdisciplinary team care environment of long-term care. We will then arm participants with a rational approach to deprescribing.

Ariel Cole, MD, CMD; John Fleming, MD, CMD; Wendy Ethridge, PharmD, CPh; Alan Obringer, RPh, CPh

322 Nursing Facility Litigation and Liability: A Case-Based Tutorial

MEDICAL DIRECTION CMD I IDT

MEDICAL DIRECTOR

This session will present an overview of the tort process as it relates to claims of negligence and other common causes of action involving nursing facilities, including their residents, attending physicians, medical directors and staff. The presenters draw from many years of experience as expert witnesses in nursing facility litigation. Common areas of liability leading to litigation in nursing facilities will be explored in detail, including newer developments impacting liability such as the proliferation of electronic records in the nursing facility. Common pitfalls in the litigation process seen from the perspective of the presenters will be discussed. Cases from the presenter's files will be presented to illustrate opportunities for those working in nursing facilities to reduce the exposure to common sources of liability in their facilities and long-term care practices. There will be time provided for interactive Q&A regarding issues pertinent to audience members' facilities.

Randall D. Huss, MD, CMD; David Smith, MD, CMD

323 Fatigue and Weight Loss in Post-Acute Care: Can this be Cachexia?

CLINICAL MEDICINE IDT

CLINICAL MEDICINE

Skilled nursing facility rehab centers are accepting patients with advanced illness where the patient and family have little understanding of the big picture. Patients with advanced illness and cachexia usually have anorexia, low energy, and may neither tolerate nor benefit from standard rehab techniques, and are reluctant to tell their families they “just want to rest”. The transition from chronic illness into cachexia frequently results in family/patient distress and rehab staff/patient distress, and conflicts around eating and physical activity. This session will review the symptoms, physiology, and diagnostic criteria of cachexia (focusing on cardiac and pulmonary) and provide strategies to understand the patient's goals and values, and then demonstrate how to elicit goals and values. Presenters will model a family meeting (with audience volunteers and audience participation) where the patient is encouraged to share their goals and values with their family (and rehab team), and how to assist the family and the patient in understanding cachexia.

James Judge, MD; Heather Cox, MD, CMD; Grace Cordts, MD, MPH, CMD

4:00 PM - 6:00 PM

AMDA House of Delegates Meeting

The House of Delegates meeting provides the forum to debate, develop, and pass policy recommendations and resolutions for the association. This is also when the elections are held for the AMDA National Board of Directors.

Only registered delegates from each state chapter can actively participate in the meeting. All other attendees may attend the meeting as observers. To check if you are a registered delegate, please contact your state chapter president or contact AMDA at statechapters@amda.com.

7:00 PM - 9:30 PM

AMDA President's Reception



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM CARE MEDICINE ANNUAL CONFERENCE

Sunday MARCH 20

6:30 AM-8:00 AM

400 Red Eye Rounds: Medical Direction Challenges

MEDICAL DIRECTION **CMD** **P**

This breakfast panel is an opportunity for attendees to engage leaders in medical direction in a dialogue on best practices. The focus of this panel is on the management aspect of medical direction.

Dallas Nelson, MD, CMD (Moderator); Alva S. Baker, MD, CMDR; Jeffery Burl, MD, CMD; Rebecca Ferrini, MD, MPH, CMD; Robert Kaplan, MD, CMD

401 Red Eye Rounds: Clinical Quandaries

CLINICAL MEDICINE **P**

This breakfast panel is an opportunity for attendees to engage leaders in medical direction in a dialogue on best practices. The focus of this panel is on geriatric clinical care and management from a clinical perspective.

J. Kenneth Brubaker, MD, CMD (Moderator); Timothy Gieseke, MD, CMD; Heidi White, MD, MPH, CMD; Peter Winn, MD, CMD; David Nace, MD, MPH, CMD

7:30 AM - 8:30 AM

Coffee Service

8:00 AM - 11:00 AM

Registration Open

8:30 AM-11:00 AM

D32 General Session III

CMD **IDT**

ANNE-MARIE FILKIN LECTURE

Palliative Care in the Mainstream: Stepping up to the Plate

Diane E. Meier, MD



National and leading expert, Diane Meier, MD, will discuss the case for integrated geriatric and palliative care strategies as well as describe what works to improve quality care and reduce costs for vulnerable older adults. She will also address the questions of how to face outwards

towards future needs of our patients, their families, policy makers, payers and health system leadership.

Dr. Meier is Director of the Center to Advance Palliative Care (CAPC), a national organization devoted to increasing the number and quality of palliative care programs in the United States. Under her leadership, the number of palliative care programs in U.S. hospitals has more than tripled in the last 10 years. She is also Co-Director of the Patty and Jay Baker National Palliative Care Center; Vice-Chair for Public Policy and Professor of Geriatrics and Palliative Medicine; Catherine Gaisman Professor of Medical Ethics; and was the founder and Director of the Hertzberg Palliative Care Institute, 1997-2011, all at the Icahn School of Medicine at Mount Sinai in New York City.

CLOSING KEYNOTE

More Music, Fewer Meds

Dan Cohen, MSW

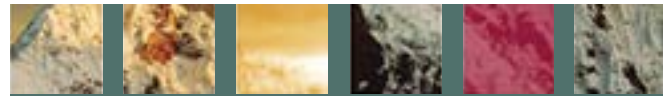


Individualized music is defined as music which has been integrated into the person's life and is based on personal preference. Personalized music is proving itself as a way to generate a variety of therapeutic outcomes in long-term care, hospice, and hospital settings, including reductions in antipsychotic use. Learn how many long-term care settings are using personalized music to improve quality of care and quality of life.

Dan Cohen, MSW, is the founding Executive Director of Music & Memory, Inc. He combines an extensive background in high tech training, corporate sales and software applications with social work, specializing in vocational rehabilitation and community service organizing. A former consultant/trainer for the U.S. Department of Education, he helped colleges, universities and communities nationwide to apply best practices in community service learning programs. Mr. Cohen also worked for the Long Island Regional Advisory Council on Higher Education, coordinating the efforts of volunteer and community service programs on 17 college and university campuses serving about 200 community agencies. He earned his MSW from Adelphi University, an MA in Professional Studies from Long Island University and a BS in Psychology from Hofstra University.

CLOSING REMARKS

Suzanne M. Gillespie, MD, RD, CMD, Annual Conference Planning Committee Chair



SAVE THE DATE

2016 Advanced Curriculum on Medical Direction in Long-Term Care

September 30-October 2, 2016
Westin Arlington Gateway, Arlington, VA

This course is specifically geared to the needs of experienced health care practitioners who provide management and clinical care services in the post-acute/long-term care environment.

Take the next step in your career - attend this course to get practical insights and tools with implications for immediate implementation upon return home, while earning continuing education credits (including Certified Medical Director credit hours) and networking with peers and instructors.

Registration opens mid-April 2016

For more information, visit

www.amda.com/education/advanced/index.cfm





AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM
CARE MEDICINE ANNUAL CONFERENCE

HOTEL AND TRAVEL INFORMATION

HOTEL INFORMATION

All education sessions and exhibits will be held at the Gaylord Palms Resort and Convention Center at 6000 W. Osceola Parkway, Kissimmee, FL 34746. The headquarter hotel is conveniently attached to the Convention Center. AMDA has a limited number of rooms available in the group block, so make your reservation early to ensure availability.

Please note that AMDA is financially responsible for all hotel rooms reserved in our group block. Any rooms not sold are still billed to AMDA in the form of attrition. We ask for your support in booking only the hotel outlined below to ensure we fill the room block and can continue to offer discounts to our attendees. We ask that you reserve hotel rooms realistically and cancel any un-needed rooms with as much notice as possible.

Take advantage of the AMDA BEST VALUE Rate by booking your room at Gaylord Palms Resort prior to registering to receive a \$50 discount on your registration!

GAYLORD PALMS RESORT AND CONVENTION CENTER

6000 W. Osceola Parkway

Kissimmee, FL 34746

Hotel and Reservations Phone: 407-586-0000

Website: www.gaylordhotels.com/gaylord-palms

Room Rate: \$229 Single/Double Occupancy (plus taxes)

Room rates are inclusive of the daily resort fee. Amenities include: wired and wireless high-speed internet access, fitness center access, designated complimentary in-room beverages, local shuttle service, daily newspaper, and local and toll free 800 telephone calls (20 minutes per call). Each additional person to a room is \$20. Children twelve (12) years and under are free when occupying the same room as their parents.

The room rate listed is subject to state and local taxes. Rooms may be available at the group rate three days prior to the meeting and three days post meeting based on hotel availability. Guest rooms are available with one king bed or two double beds. Check in is 3:00 PM and check out is 11:00 AM. The hotel will make every attempt to accommodate early arrivals and late departures.

RESERVATIONS

To make your reservation:

- Call Gaylord Palms Resort reservation line at 407-586-0000, and mention that you are with AMDA.

All reservations require a credit card at time of booking. We encourage you to make your travel plans early to secure your stay at The Gaylord Palms Resort. All reservations must be made by **Saturday, February 13, 2016**. Any remaining rooms being held for AMDA will be released after that date. The hotel will not guarantee room availability or the discounted group rate after **February 13, 2016**. Make your reservations now to ensure availability. Should you need assistance with housing, please contact Jennifer Shehan at 410-992-3143 or jshehan@amda.com.

PARKING

Parking at Gaylord Palms Resort is \$20 per day for overnight self-parking and \$27 per day for overnight valet parking.

CHANGES AND CANCELLATIONS

Please note that any changes or cancellations of a room reservation is your responsibility. Please review the cancellation policy with the hotel prior to making your reservation. It is your responsibility to understand the policy and you are accountable for any fees that may be incurred.

Also note that if you received a discount rate on your registration for staying in the AMDA Group Block and later change your reservation to a hotel outside of the group block, you will be charged for the difference in registration fees based on the date that you registered.

DISCOUNTED ORLANDO AREA THEME PARK TICKETS

Hello Florida! offers exclusive theme park and attraction tickets specifically to AMDA's 2016 Annual Conference attendees and their families; Walt Disney World, Universal Studios, Sea World, and much more. Come in early or stay late and enjoy the many exciting attractions Orlando has to offer.

Visit the AMDA conference website at www.PALTCmedicine.org for details, information, ticket pricing, and to order your tickets. Orders must be placed no later than midnight ET on March 1, 2016.

TRAVEL INFORMATION

AIRPORTS

Gaylord Palms Resort is a 25 minute ride from the Orlando International Airport (MCO).

SHUTTLE SERVICE

AMDA has partnered with Mears Transportation to extend a \$4.00 discount off ROUND TRIP shuttle service to/from the Gaylord Palms Resort. Upon your arrival at the Orlando International Airport, please proceed to one of the Mears Motor Shuttle ticket counters and present your coupon or your reservation number to the Mears counter attendant. Reservations are recommended. Visit www.PALTCmedicine.org for more information and to print the discount coupon.

TAXIS

Taxis are readily available and easily accessible from the airport. The approximate cost is \$50-\$75 one way.

CAR RENTALS



AMDA has negotiated special arrangements with Hertz Corporation to provide discounted car rentals during your stay.

For reservations, call Hertz at 800-654-2240 and reference CV# 03YJ0016. You may also contact your travel agent or book online at www.hertz.com.

Hertz also has a desk onsite at the Gaylord Palms Resort.

GET THE MOST OUT OF AMDA'S 2016 ANNUAL CONFERENCE BY BEING PREPARED

PLAN AHEAD...

- Dress in layers. You may find you are going from too much air conditioning to hot crowded rooms and hallways. Temperatures can vary from one extreme to the other.
- Wear comfortable shoes and bring at least one other pair to change into. Walking around the hotel and convention center will take its toll on your feet.
- Pack plenty of business cards to share with the people you meet and to enter drawings in the Exhibit Hall.
- Arrive early if possible and take time to orient yourself to Gaylord Palms Resort. Get to know the conference locations, seminar rooms, restrooms, local eating establishments.
- Plan your conference days ahead of time choosing the sessions you most want to participate in and utilize the Conference Scheduler on AMDA's website, www.PALTCmedicine.org.
- Be sure to register in advance for any ticketed sessions as they will sell out.
- Read up on industry news and updates to understand what's affecting those working in post-acute & long-term care.
- One month prior to the conference, download the session handouts by visiting, www.prolibraries.com/amda.
- Don't forget to visit the Exhibit Hall to participate in the Exhibit Hall Passport Program. Fill your passport and enter for a chance to win a conference registration for AMDA-The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2017 plus other prizes! See page 8 for more details.



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM
CARE MEDICINE ANNUAL CONFERENCE

C.A.S.T. PROGRAM

AMDA'S SPOUSE/GUEST PROGRAM

AMDA is pleased to again present the Companion and Spouse Travelers (C.A.S.T) Program for those traveling to Florida with their spouse or sponsor. Enjoy this opportunity to explore the Orlando area with great guides and even better company. Each year, C.A.S.T. members return to enjoy the camaraderie of C.A.S.T. members they have met the years before. Join in the fun and sign up for the C.A.S.T. Program today.

The C.A.S.T. Program is open to all spouses and guests of AMDA – The Society for Post-Acute and Long-Term Care Medicine 2016 attendees, over the age of 18. Following the attendee registration model, there are two levels of C.A.S.T. registration; 4-Day Registration or 3-Day Registration. Don't hesitate, register today!

C.A.S.T. Registration Fees	Regular	Onsite
4-Day	\$195	\$270
3-Day	\$165	\$240

4-Day C.A.S.T. Registration fee includes:

- Access to the C.A.S.T. Lounge and all activities within:
 - The C.A.S.T. Lounge is the meeting place for all tours to depart from.
 - Sign-up for activities within the Lounge with other C.A.S.T. members.
- Access to the Exhibit Hall for the Welcome Reception on Thursday evening and Friday afternoon for the prize raffle, including refreshment breaks.
- Access to education sessions; Thursday through Sunday. Please note that while C.A.S.T. members may sit in on education sessions, they will not receive any education materials and are ineligible for education credits.
- Tours around the Orlando area on Thursday, Friday, and Saturday; including eligibility to register for the Premium Tour on Thursday.
- Access to the President's Reception on Saturday evening.

3-Day C.A.S.T. Registration includes:

All of the above *except* for the Thursday tour and Thursday education sessions.

Pre-registration for C.A.S.T. members ends February 26, 2016. Those wishing to register after February 26 may do so onsite at the AMDA Registration Desk but note some of the tours may be sold out at that time. C.A.S.T. members must be at least 18 years old.

C.A.S.T. PROGRAM HIGHLIGHTS

ACTIVITIES IN THE C.A.S.T. LOUNGE

The C.A.S.T. Lounge is your exclusive hub for all C.A.S.T. activities, as well as a lounge to mingle and relax. The Lounge features plenty of space to meet with friends, a memo board for C.A.S.T. members to leave notes and updates, and morning beverage service.

CONTACTING PAST C.A.S.T. MEMBERS

Many past participants of the C.A.S.T. program have mentioned that they love seeing other C.A.S.T. members year after year but would like to contact them in advance of the conference to see if they are also attending and to make plans on activities. If you are a past C.A.S.T. member, contact AMDA with your request to contact another past C.A.S.T. member and we will facilitate that exchange.

ORLANDO AREA TOURS

Be whisked around town to enjoy the sights and sounds of Orlando and the surrounding area. AMDA has updated the daily optional tours for C.A.S.T. members. Each day, Thursday through Saturday, one special daily tour is offered. Tours will depart and return to the Gaylord Palms Resort. AMDA has partnered with Hello Florida!, a local tour company, to provide high quality tours and transportation. Register early to secure your seat! AMDA will make every effort to accommodate onsite registrants but cannot guarantee tour availability.



Bok Tower Gardens, Orlando

C.A.S.T. PROGRAM AGENDA

Thursday, March 17

8:00 AM – 10:00 AM

**BEVERAGE SERVICE IN THE C.A.S.T. LOUNGE
(COFFEE AND TEA ONLY)**

For those taking part in the education sessions, the pre-conference sessions begin at 8:00 AM. Refer to page 12 for a listing of Thursday's sessions.

9:00 AM – 2:30 PM

THURSDAY'S DAILY TOUR - WINTER PARK CULTURAL TOUR

Downtown Winter Park's charm is magnified in its details: hidden gardens and side streets that are home to unique stores and festive parades that make the seasons. The morning starts with a scenic boat tour cruising through three of the city's lakes which border the area's most prestigious homes. This relaxing, narrated, one-hour, 12 mile cruise through the lakes and canals is really the only way to see the true beauty of Winter Park.

Your next stop is the Charles Hosmer Morse Museum of American Art. The Morse Museum houses the most comprehensive collection of the works of Louis Comfort Tiffany found anywhere, a major collection of American art pottery, and the fine collections of late-19th and early-20th century American paintings, graphics and the decorative arts.

We complete this tour with free time for shopping in the heart of Winter Park on Park Avenue. Bordered by a shady park that plays host to concerts and art festivals, Park Avenue is home to one-of-a-kind boutiques and well-known shops, as well as world-renowned art collections in the area's museums. Sidewalk cafes offer an opportunity to sit and relax while grabbing a bite to eat.

This tour, included in the 4-Day C.A.S.T. registration fee, includes the scenic boat ride, admission to the Morse Museum, and free time to shop or have lunch along Park Avenue. Lunch is not included in the cost of the tour but can be purchased on your own.

8:30 AM – 2:45 PM

PREMIUM TOUR OPTION - DISNEY'S KEYS TO THE KINGDOM BACKSTAGE TOUR

This year AMDA is offering C.A.S.T. 4-Day registrants the option on Thursday to participate in an optional *premium* tour. Disney's Keys to the Kingdom tour highlights the fascinating history of Walt Disney World Resort and provides backstage access to secret areas of the Magic Kingdom Theme Park. This approximately 4.5-hour guided walking tour explores the stories behind the remarkable creation and growth of the Magic Kingdom Park. Hear the intriguing story of Walt Disney and learn how his innovative ideas, revolutionary visions, creative philosophies and amazing accomplishments brought the theme park to life. This tour includes stops at backstage facilities and a variety of favorite attractions.

One unforgettable highlight is a trip below Magic Kingdom into the service tunnels known as the "Utilidors". This is one urban legend that is absolutely, and almost unbelievably, true; the guest accessible areas of Magic Kingdom are actually on the second floor of a massive structure. The first floor – the "Utilidors" – allows Disney Cast Members, deliveries and even trash to be unknowingly transported below guests' feet as they wait in line for their favorite attraction.

This premium tour incurs an additional fee of \$110 as well as a 4-Day C.A.S.T. registration is required. Park admission is not required on this exclusive tour. Please note, no additional time will be allowed in the park for activities such as lunch reservations, character lunch, shopping, parade viewing, etc. A short lunch break will be accommodated for guests to purchase food from concessions (not included in tour admission). If additional time in the park is desired, an admission ticket must be purchased in advance.

5:00 PM – 7:00 PM

WELCOME RECEPTION IN THE EXHIBIT HALL

Join your spouse/sponsor and enjoy a walk through the Exhibit Hall together during the conference's official Welcome Reception.



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM CARE MEDICINE ANNUAL CONFERENCE

C.A.S.T. PROGRAM

AMDA'S SPOUSE/GUEST PROGRAM

Friday, March 18

8:00 AM – 10:00 AM

**BEVERAGE SERVICE IN THE C.A.S.T. LOUNGE
(COFFEE AND TEA ONLY)**

For those taking part in the education sessions, the General Session begins at 8:00 AM. Refer to page 16 for a listing of Friday's sessions.

11:30 AM – 4:30 PM

FRIDAY'S DAILY TOUR - HISTORIC BOK GARDENS TOUR

The Historic Bok Sanctuary is one of Florida's most famous landmarks. Its historic bell tower is the visual centerpiece of a magnificent garden and houses one of the world's great carillons. Each day at 1:00 pm a carillon concert fills the air. Enjoy your lunch while listening to the beautiful bell tones of the carillon.

The meandering Bok Sanctuary Garden Walk is one of the greatest achievements of famed landscape architect Frederick Law Olmsted, Jr.. Tranquil resting places, shady recesses, picturesque vistas and expansive splashes of color create a contemplative setting for our personal renewal and enjoyment. The acres of ferns, palms, oaks and pines create a year-round backdrop of 1,000 shades of green for the seasonal bursts of azaleas, camellias and magnolia blooms that form an ever-changing work of art.

Continue your self-guided walk of the grounds through Pinewood Estate. A taste of elegance awaits you with French, Italian and Spanish antiques from the 17th – 19th century within this 1930s Mediterranean-style mansion.

This tour, included in your C.A.S.T. registration fee, includes admission to Historic Bok Sanctuary, carillon concert and box lunch, leisure time and self-guided tour in Garden Walk and Pinewood Estate. Box lunch includes sandwich or salad, cookie, and beverage. Participants will indicate their lunch preference when they register.

12:00 PM – 1:45 PM

PRIZE DRAWINGS IN EXHIBIT HALL

Join your spouse for cash lunch in the Exhibit Hall. Prize drawings will highlight the final exposition period.

6:30 PM – 8:00 PM

STATE CHAPTER RECEPTIONS/MEETINGS

Saturday, March 19

8:00 AM – 10:00 AM

**BEVERAGE SERVICE IN THE C.A.S.T. LOUNGE
(COFFEE AND TEA ONLY)**

For those taking part in the education sessions, the General Session begins at 8:00 AM. Refer to page 25 for a listing of Saturday's sessions.

9:00 AM – 1:30 PM

SATURDAY'S DAILY TOUR - AIRBOAT AND WILDLIFE PARK TOUR

Enjoy a close look at alligators and exotic wild life as you glide through 4,200 acres of untouched nature preserve on an airboat ride. The swamp is free of any development and is 100% pure Florida wilderness. After your rides, you can have your picture taken while holding a baby alligator. A portion of the funds generated from photos then support the Florida Panther Society continuing the preservation of Florida's nature and wildlife.

The Wildlife Park gives guests the opportunity to watch, touch and even feed some of Florida's native land dwelling animals, as well as various species of tropical birds. Get up-close to gators from the viewing dock in the gator pond! The Wildlife Park is also home to several beautiful exotic species including zebra, Watasi water buffalo, emu and zebu. A day in this park offers an amazing array of wild life including bald eagles, deer, boars, turkeys, alligators and more.

This tour, included in your C.A.S.T. registration fee, includes narrated airboat excursion on Cypress Lake, admission to the nature park, and gator demo. Lunch is not included in the cost of the tour. A concession stand at the park is available for food purchased on your own.

7:00 PM – 9:30 PM

PRESIDENT'S RECEPTION

Sunday, March 20

7:00 AM – 9:00 AM

**BEVERAGE SERVICE IN THE C.A.S.T. LOUNGE
(COFFEE AND TEA ONLY)**

8:30 AM – 11:00 AM

GENERAL SESSION

Join your spouse for the conference's inspiring and uplifting presentations closing out AMDA – The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2016.

ONLINE EDUCATION

e-University
PROVIDED BY



The Society for Post-Acute and Long-Term Care Medicine

YOUR ONLINE SOURCE FOR PA/LTC CONTINUING EDUCATION

- Access hours of CME/CMD credits through AMDA's Online Library
- Online Core Curriculum on Medical Direction in Long-Term Care, Part I
- **Hot-button** live webinar topics

FOR MORE INFORMATION, PLEASE VISIT
www.amda.com/cmedirect



The Society for Post-Acute and Long-Term Care Medicine

CORE CURRICULUM ON MEDICAL DIRECTION IN LONG-TERM CARE



PART I – ONLINE
January 4 – February 29, 2016
or
April 11 – June 6, 2016

REGISTER NOW AT
www.amda.com/cmedirect/core-part-1

PART II – LIVE
July 28 – 31, 2016
Indianapolis, IN
or
November 10 – 13, 2016
La Jolla, CA

REGISTER NOW AT
www.amda.com/education



The Society for Post-Acute and Long-Term Care Medicine

Improve the Quality Post-Acute and Long-Term Care Facilities Provide with a Certified Medical Director



Certified Medical Directors (CMD) use their training, education, and knowledge to positively influence quality of care in US post-acute and long-term care settings. Encourage your medical director to become a CMD by participating in the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) Certification Program. CMDs are trained in the functions and skills of medical directors including an intensive course focusing on 20 critical areas of medical direction management.



ABPLM

American Board of Post-Acute and Long-Term Care Medicine, Inc.

Contact the ABPLM to learn about improving quality of care through certification.
e-mail - cmd@amda.com, call - 410-992-3117, web - www.abplm.org

Now's the BEST TIME to join AMDA –



**Up to \$330 in savings on
AMDA's 2016 Annual Conference –
*More than the cost of a 1-year membership!***

AMDA's Annual Conference is the premier conference for all working in post-acute and long-term care! Join now for membership savings, and to register under the **Best Value Rate.**

It's simple, visit
www.amda.com/membership
to join or renew now!

**PLUS – AMDA members now
attend webinars for FREE.**

Who We Are

AMDA – The Society for Post-Acute and Long-Term Care Medicine provides medical directors, physicians, nurse practitioners, physician assistants, and other members of the care team with cutting-edge education, advocacy, resources and tools, news, networking, & continuing education credits.



The Society for Post-Acute and Long-Term Care Medicine

www.amda.com



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM CARE MEDICINE ANNUAL CONFERENCE

REGISTRATION INFORMATION

AMDA offers two registration levels for the conference — 4-Day Registration and 3-Day Registration.

The **4-DAY REGISTRATION** is our most popular. Registration includes:

- Thursday's Pre-Conference Intensive Sessions (morning and afternoon)
- Education sessions on Friday, Saturday and Sunday
- Electronic access to session handouts via AMDA's Online Library
- Access to the Exhibit Hall and social functions including refreshment breaks
- Welcome Reception on Thursday
- President's Reception on Saturday

The **3-DAY REGISTRATION** includes:

All of the above *except* the Thursday Pre-Conference Intensive Sessions.

PRE-CONFERENCE INTENSIVE SESSIONS

The pre-conference sessions offer in-depth review of subject matter, discussions, and interaction with faculty. To attend the Thursday pre-conference sessions, you must register under the 4-Day Registration rate. Your badge will reflect your registration type. To determine whether you wish to attend the pre-conference sessions, please review the full descriptions beginning on page 12.

TICKETED SESSION

All of the education sessions are available on a first-come, first-served basis and are included in your registration fee, with the exception of the following ticketed session which requires pre-registration, and will incur an additional fee:

- Saturday's Meet the Expert breakfast session, Heart Failure Throughout the Continuum of Care: Where Does Palliative Care Fit In?; 6:00 AM – 7:45 AM. This breakfast session is ticketed and incurs an **additional fee of \$65**. *This session is optional.*

Pre-registration for AMDA – The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2016, closes on February 26, at 5:00 PM ET. All those wishing to register after February 26, can do so onsite at the Gaylord Palms Resort and Convention Center beginning Wednesday, March 16.

AMDA'S BEST VALUE RATE REGISTRATION

AMDA has contracted room blocks at The Gaylord Palms Resort for this conference. Attendees supporting AMDA by booking their hotel reservation at The Gaylord Palms are eligible to register under the discounted Best Value Rate. To receive the Best Value Rate, you must book your room reservation **prior to** registering for AMDA's Annual Conference. *The Best Value Rate is a thank-you to those who have helped AMDA fill its room block commitments. It is not meant to be seen as a penalty to those who reserve rooms outside of the room block.*

The Best Value Rate is in effect through January 20, 2016, or until AMDA's room block is sold-out; *whichever comes first*. For those attendees staying at another hotel, or who book at the conference hotel after January 20, the Regular Registration Fee applies through the end of the pre-registration period (February 26, 2016).

Those who register under the Best Value Rate but do not have a reservation in AMDA's room block at the Gaylord Palms Resort will be invoiced for the difference between the Best Value Rate and the Regular registration rate; a difference of \$50.

JOIN AMDA TO TAKE ADVANTAGE OF THE MEMBER REGISTRATION RATE

If you are not currently an AMDA Member, visit www.amda.com/membership to become a member before registering. You can then take advantage of the lower member registration rate as well as receive all the benefits of AMDA membership from now until December 31, 2016.

4-Day Fees Thursday, March 17 - Sunday, March 20 Includes Thursday pre-conference education sessions	Best Value Rate Received by 1/20/2016. This fee is only available to those who have already booked their room at The Gaylord Palms Resort. Once AMDA's room block is sold out, the Best Value Rate will no longer be available.	Regular Fee Received by 2/26/2016 5:00 PM ET	OnSite Fee at the AMDA Desk at Convention Center
AMDA Member	\$535	\$585	\$685
Non Member	\$865	\$915	\$995
Geriatric Fellow *	\$350*	\$375*	\$450*
3-Day Fees Friday, March 18 - Sunday, March 20 Does not include Thursday education sessions	Best Value Rate Received by 1/20/2016. This fee is only available to those who have already booked their room at The Gaylord Palms Resort. Once AMDA's room block is sold out, the Best Value Rate will no longer be available.	Regular Fee Received by 2/26/2016 5:00 PM ET	OnSite Fee at the AMDA Desk at Convention Center
AMDA Member	\$425	\$475	\$575
Non Member	\$755	\$805	\$905
Geriatric Fellow *	\$275*	\$300*	\$375*

*To qualify for the Geriatric Fellow registration rate, registration forms must be accompanied by fellowship verification. Forms and verification/letter can be faxed or mailed to the AMDA office or emailed to registration@amda.com. Registration cannot be completed online if registering under the Geriatric Fellow fee category. Call 410-992-3116 with any questions.

BRING YOUR INTERDISCIPLINARY TEAM (IDT)

Save \$50 per registration when three people of different disciplines from the same facility register together. For example, a facility's medical director, physician assistant and director of nursing are all attending the conference. Each person fills out a registration form and then all three forms are sent in together indicating, in the appropriate area of the registration form, that all three are from one facility. Each of the three registrants is then eligible for a \$50 discount, for a total savings of \$150. **All three registration forms must be submitted together.** Forms can be faxed or mailed to the AMDA office or emailed to registration@amda.com. Registration cannot be completed online if registering with the Interdisciplinary Team discount. Discounts are not valid on previously purchased registrations. If you have questions regarding the IDT discount, call 410-992-3116.

STATE CHAPTER SUPPORT STAFF

Support staff of AMDA's State Chapters receive a discounted registration rate for AMDA – The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2016. Please contact the AMDA Registrar at registration@amda.com, or by calling 410-992-3116, to obtain your registration form.

REGISTER USING ONE OF THE THREE METHODS BELOW:

REGISTER ONLINE using American Express, Discover, MasterCard or Visa and get immediate confirmation. When registering online, click the login tab on the left side of the registration page to enter your AMDA username and password to receive the member pricing; OR

FAX the registration form with credit card payment to 410-740-4572; OR

MAIL the registration form with check (payable to AMDA) to AMDA Registrar, 11000 Broken Land Parkway, Suite 400, Columbia, MD 21044.

All confirmations and conference updates will be sent to you via email.

The pre-registration period closes February 26, at 5:00 PM ET. Onsite registration will begin March 16, at the Gaylord Palms Resort and Convention Center in Orlando. Send questions regarding registration to registration@amda.com; or call 410-992-3116, 9:00 AM – 4:00 PM ET.



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM
CARE MEDICINE ANNUAL CONFERENCE

REGISTRATION INFORMATION

REGISTRATION CANCELLATION POLICY

Cancellations received by March 4, 2016, will receive a full refund minus a \$75 administrative fee (\$50 for C.A.S.T. cancellations). Cancellation notices must be in writing and sent to the AMDA Registrar:

VIA E-MAIL to registration@amda.com, or

FAXED to 410-740-4572, or

MAILED to AMDA Registrar, 11000 Broken Land Parkway, Suite 400, Columbia, MD 21044

Fees will be refunded the same way they were paid to

AMDA. Please allow up to four weeks for delivery of refund if payment was made by check. **Cancellations received after March 4, 2016 will result in the forfeiture of all registration fees.** No-Shows will also forfeit all registration fees. Partial or full fees that have been forfeited cannot be applied to subsequent meetings. Cancellation of all travel arrangements is the responsibility of the registrant. Violators of AMDA's anti-solicitation policy will forfeit all registration fees and the right to continued participation in the program.

Substitutions are welcome at any time with notification to the Registrar.



CONFERENCE REGISTRATION FORM



MARCH 17-20, 2016

Gaylord Palms Resort & Convention Center • Orlando, FL

AMDA – The Society for Post-Acute and Long-Term Care Medicine • Annual Conference 2016 • Orlando, FL

Please Print Legibly – All confirmations and updates will be sent via email to the address provided below.

NAME _____ MD DO NP PA OTHER (SPECIFY) _____

AMDA MEMBER # _____ TITLE (ie: MEDICAL DIRECTOR, DON) _____ LICENSE # _____

BADGE NAME (NICKNAME) _____ FACILITY NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

EMAIL _____ OFFICE PHONE _____

_____ Please check here if your membership record should be updated with the contact information provided above.

4-Day Fees Thursday, March 17 - Sunday, March 20, 2016 (Includes the Thursday education sessions/CME) PLEASE CIRCLE THE APPROPRIATE FEE	Best Value Rate Received through January 20, 2016 This fee is only available to those who have already booked their room at the Gaylord Palms Resort. Once AMDA's room block is sold out, the Best Value Rate will no longer be available.	Regular Fee Received through 2/26/2016 5:00 PM ET	OnSite Fee at AMDA Desk at Convention Center
AMDA Member	\$535	\$585	\$685
Non Member	\$865	\$915	\$995
Geriatric Fellow *	\$350*	\$375*	\$450*
To register for the ticketed session, see page 2.			
3-Day Fees Friday, March 18 - Sunday, March 20, 2016 (Does not include the Thursday education sessions/CME) PLEASE CIRCLE THE APPROPRIATE FEE	Best Value Rate Received through January 20, 2016 This fee is only available to those who have already booked their room at the Gaylord Palms Resort. Once AMDA's room block is sold out, the Best Value Rate will no longer be available.	Regular Fee Received through 2/26/2016 5:00 PM ET	OnSite Fee at AMDA Desk at Convention Center
AMDA Member	\$425	\$475	\$575
Non Member	\$755	\$805	\$905
Geriatric Fellow *	\$275*	\$300*	\$375*
To register for the ticketed session, see page 2.			

**To qualify for the Geriatric Fellow registration rate, registration forms must be accompanied by fellowship verification. Forms and verification/letter can be faxed or mailed to the AMDA office or emailed to registration@amda.com. Registration cannot be completed online if registering under the Geriatric Fellow fee category. Call 410-992-3116 with any questions.*

OnSite Emergency Contact Information:

In case of emergency, person to be called _____

Phone number including area code _____ Relationship to you _____

Special Needs: To ensure AMDA's ability to best serve you, please provide a description of your needs.

The President's Reception on Saturday evening is included in your registration fees. For AMDA's planning purposes, please indicate whether you will be able to attend: _____ Yes, I will attend _____ No, I am unable to attend

How did you learn of this conference? Please check all that apply:

_____ Social Media (Twitter, Facebook) _____ Fax _____ Word of Mouth _____ Phone Message
_____ Direct Mailing/Brochure _____ E-mail _____ Advertisement; list publication _____

Please complete the back of this form. Both pages need to be completed and returned to AMDA office to register for this meeting.



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM
CARE MEDICINE ANNUAL CONFERENCE

Page 2 Name: _____ (Page 1 must accompany Page 2 when submitting)

Please answer the following:

- ☐ Check here if this is your first time attending AMDA's annual conference.
- ☐ Check here if you use Twitter. If so, please enter your Twitter handle: @_____
- ☐ Check here that you have read the following Photo Release: *Any attendee of the AMDA annual conference gives AMDA the absolute right and permission to publish, copyright and use pictures which may include attendees in whole or in part, composite or retouched in character or form.*

Ticketed Session:

- ☐ Check here if you wish to register for Saturday's **Meet the Expert breakfast session; "Heart Failure throughout the Continuum of Care: Where Does Palliative Care Fit in?"** There is an additional fee of \$65 to attend this optional session. Breakfast is at 6:00 AM; the presentation begins at 6:30 AM.

Interdisciplinary Team Discount — Register three members of the interdisciplinary team **from one facility** and receive a discount of \$50 per registration, for a total of \$150 savings. Please complete a registration form for each of the three people attending. All three forms must be submitted together. *Registration cannot be completed online if registering under the IDT Team Discount. See page 43 for full details.* The following three people from **the same** facility are registering:

- ☐ Name _____ Self _____ Discipline _____ (I.E. Medical Director, NP, PA, Administrator, DON, Consultant Pharmacist, Attending Physician, etc.)
- ☐ Name _____ Discipline _____
- ☐ Name _____ Discipline _____

Registration Payment: To register at the **Best Value Rate**, you must include your Gaylord Palms reservation confirmation number here: _____

Registration Fee \$ _____

Ticketed Session Fee \$ _____

IDT Discount (See Above) \$ _____

Total Fees Enclosed \$ _____

Payment must accompany form. Pre-registration closes 2/26/2016, at 5:00 PM ET. (AMDA Tax ID: #52-1950426)

CHECK ENCLOSED (MADE PAYABLE TO AMDA) CK # _____ OR ☐ AMERICAN EXPRESS ☐ DISCOVER ☐ MASTERCARD ☐ VISA

CREDIT CARD# _____

EXP. DATE _____ CREDIT CARD SECURITY CODE NUMBER** _____ (CODE IS REQUIRED FOR PROCESSING CARD)

NAME ON CARD (PLEASE PRINT) _____

BILLING ADDRESS _____

SIGNATURE _____

____ Please check here to indicate you have reviewed the cancellation policy on page 44.

Your signature authorizes AMDA to charge your credit card for the total amount above. If your registration fees are totaled incorrectly, AMDA will make the necessary adjustments and charge your credit card accordingly.

If paying by credit card, you may fax this form to **410-740-4572**. If paying by check, please mail check with registration form to
AMDA Registrar, 11000 Broken Land Parkway, Suite 400, Columbia, MD 21044. Questions? Call 800-876-2632


MARCH 17-20, 2016

Gaylord Palms Resort & Convention Center • Orlando, FL

Companion and Spouse Travelers – AMDA Spouse/Guest Program
March 17 - 20, 2016 • Gaylord Palms Resort and Convention Center • Orlando, FL

To register for the Companions and Spouse Travelers (C.A.S.T.) Program, you must be accompanying a registered attendee or speaker of this conference. **C.A.S.T. member registrations must be received by February 26, 2016.** Those wishing to register after February 26 may do so onsite at the AMDA Registration Desk but note some of the activities may not be available to late registrants. *C.A.S.T. members must be at least 18 years old to participate.*

C.A.S.T. Information (Please Print):

NAME

I AM THE SPOUSE/GUEST OF

E-MAIL - (All communications of the AMDA C.A.S.T. Program will be sent via email. Your email address will only be used to send information regarding this program).

MAILING ADDRESS

CITY, STATE, ZIP

PHONE NUMBER

Onsite Emergency Contact Information:

IN CASE OF EMERGENCY CALL: NAME OF PERSON TO BE CALLED

PHONE NUMBER (Including Area Code)

RELATIONSHIP TO YOU

Special Needs: To ensure AMDA's ability to best serve you, please provide a description of your needs.

AMDA – The Society for PA/LTC Medicine 2016 offers C.A.S.T. members the choice of a 4-Day Registration or a 3-Day Registration. Please review the registration fee options below and circle the appropriate fee. Thursday's tour and education sessions are available only to those who are registered for the C.A.S.T. 4-Day Registration. The C.A.S.T. Lounge, Exhibit Hall and Scientific Posters open Thursday at 11:30 AM for all C.A.S.T. members.

C.A.S.T. Registration Fees (Companion and Spouse Travelers) Please circle appropriate fee	Regular Received by February 26, 2016	Onsite
4-Day Thursday - Sunday March 17 - 20, 2016	\$195	\$270
3-Day Friday - Sunday March 18 - 20, 2016	\$165	\$240

Please check here:

- ☐ This is my first time attending AMDA's annual conference.
- ☐ I have read the following Photo Release. *Any attendee of AMDA PA/LTC Medicine 2016, gives AMDA the absolute right and permission to publish, copyright and use pictures which may include participants in whole or in part, composite or retouched in character or form.*

Please complete the back of this form. Both pages must be returned to the AMDA office to register for this program.



AMDA

THE SOCIETY FOR POST-ACUTE & LONG-TERM CARE MEDICINE ANNUAL CONFERENCE

Page 2 Name: _____ (Page 1 must accompany Page 2 when submitting)

Registration for AMDA's C.A.S.T. Program includes:

- ☐ Exhibit Hall Reception and prize drawing
- ☐ President's Reception
- ☐ Education sessions (no CME or educational materials).
- ☐ All daily activities in the C.A.S.T. Lounge, and
- ☐ Daily tour

All activities are provided for C.A.S.T. members' enjoyment; participation is optional.

Please **check all** the activities you wish to participate in. We will need this information to confirm tours and events. Tour details can be found on page 37 of the brochure.

Thursday, March 17 4-Day C.A.S.T. registration required to participate in the Thursday education sessions / tour

- ☐ Education Sessions 8:00 AM – 5:00 PM
- ☐ Winter Park Cultural Tour 9:00 AM – 2:30 PM *This tour includes time for lunch on your own.*
- ☐ **Premium Tour Option:** Disney's Keys to the Kingdom Backstage Tours 8:30 AM – 2:45 PM *This tour incurs an additional fee of \$110 and a 4-Day registration is required. Time for lunch on your own.*
- ☐ No activities this day

Friday, March 18

- ☐ Education Sessions 8:00 AM – 5:00 PM
- ☐ Historic Bok Garden Tour 11:30 AM – 4:30 PM *This tour includes a box lunch. Check box lunch choice:*
 - ☐ Tropical Salad
 - ☐ Turkey and Swiss Sandwich
 - ☐ Vegetarian Wrap
- ☐ No activities this day

Saturday, March 19

- ☐ Education Sessions 8:00 AM – 5:30 PM
- ☐ Airboat And Wildlife Park Tour 9:00 AM – 1:30 PM *Concession stand available to purchase your own meal.*
- ☐ President's Reception 7:00 PM – 9:30 PM
- ☐ No activities this day

Sunday, March 20

- ☐ Closing General Session 8:30 AM – 11:00 AM

Payment must accompany your form. Checks are to be made payable to AMDA. AMDA Tax ID 52-1950426

Registration Fee \$ _____ Optional Premium Tour Fee \$ _____

CHECK ENCLOSED CK # _____ OR ☐ AMERICAN EXPRESS ☐ DISCOVER ☐ MASTERCARD ☐ VISA

CREDIT CARD# _____

EXP. DATE _____ CREDIT CARD SECURITY CODE NUMBER* (CODE IS REQUIRED FOR PROCESSING CARD)

NAME ON CARD (PLEASE PRINT) _____

BILLING ADDRESS ASSOCIATED WITH CARD _____

SIGNATURE _____

☐ I have read the cancellation policy. **Please Note:** "No Shows" for tours will not be eligible for refunds.

If paying by credit card, please **FAX** this form to **410-740-4572**. If paying by check, please **MAIL** form with check to:
AMDA Registrar, 11000 Broken Land Parkway, Suite 400, Columbia, MD 21044.

Questions? Call 410-992-3130.

The following is a list of questions most frequently asked of AMDA staff members regarding the annual conference. First time attendees may find this section especially helpful.

What do my fees cover?

The **4-Day Registration** fee includes:

- Thursday's Pre-Conference Intensive Sessions (morning and afternoon)
- Education sessions on Friday, Saturday and Sunday
- Electronic access to all the handouts via AMDA's Online Library
- Access to the Exhibit Hall and social functions including refreshment breaks
- Welcome Reception on Thursday
- President's Reception on Saturday

The **3-Day Registration** fee includes all of the above **except** the Thursday pre-conference sessions. The Thursday preconference sessions offer in-depth review of subject matter, discussions and interaction with faculty.

To attend the Thursday pre-conference sessions, you must register under the 4-Day Registration fee. Please note, your name badge will reflect your registration type.

If you have registered under the 3-Day Registration and would like to "upgrade" your registration to the 4-Day fee you can do so by contacting the AMDA Registrar at 410-992-3116 or by email to registration@amda.com. The difference in fees is \$110.

Can I register under the 3-Day Registration but attend Thursday, Friday and Saturday?

The 3-Day Registration covers Friday, Saturday and Sunday. You are ineligible to attend the Thursday pre-conference sessions with a "3-Day" badge.

Where are the education sessions held?

All of the education sessions will take place at the Gaylord Palms Resort & Convention Center in Orlando, FL. The Convention Center address is 6000 West Osceola Parkway, Kissimmee, FL 34746 and the phone number is 407-585-0000.

How many CME credits will I earn?

- 4-Day Registration - up to 24.75 CME credits / 22.5 CMD management credits
- 3-Day Registration - up to 17.75 CME credits / 15.5 CMD management credits

To maximize credits, you will want to attend the educational sessions during all the time periods available, including the scientific poster session, Red Eye Rounds and the Meet the Expert breakfast session. To see the complete list of available credits visit www.PALTCmedicine.org.

Do I need to register for each individual education session?

Seating in on a first-come, first-served basis for all sessions except one: Saturday morning's Meet The Expert Breakfast session which is ticketed, requires pre-registration and incurs an additional fee. If you wish to attend the Meet The Expert Breakfast session you must indicated such on your registration form in the appropriate section.

How do I choose the sessions I want to attend?

Before arriving in Orlando, review the session line-up on www.PALTCmedicine.org, and select the sessions that are of interest to you. All education sessions have been given a designated learning level to help you choose the sessions that best suit your needs. If you are a nurse, administrator, or pharmacist, you will want to pay particular attention to the sessions coded for the interdisciplinary team (IDT). You are also encouraged to use the Conference Scheduler on the website to help build your schedule prior to arrival.

If you did not pre-register for the ticketed session when you registered but now have decided you want to attend this session, please contact the AMDA Registrar at 410-992-3116 or by email to registration@amda.com.

How do I get a copy of the session handouts?

One month prior to the start of the conference, AMDA will begin posting the session handouts on the conference web site, www.prolibraries.com/amda for you to print out or download prior to the meeting.

Can spouses/guests attend the AMDA education sessions?

Registered spouses/guests (C.A.S.T. members) can sit in on the education session. CME credit will not be provided. Spouses/guests wishing to earn credits must register as a full paying attendee.

Where are the exhibits?

AMDA's Exhibit Hall will be located in the Gaylord Palms Resort & Convention Center in the Exhibit Hall E. All registered attendees and registered guests displaying a badge may enter the hall. Due to liability issues, no children under the age of 18 will be admitted.

Exhibits are open:

- Thursday from 11:00 AM - 1:45 PM, 2:45 PM - 3:45 PM & 4:45 PM - 7:00 PM
- Friday from 7:00 AM - 8:00 PM, 10:00 AM - 1:30 PM

Please note the Exhibit Hall hours have changed from past conferences. Do not wait until Friday afternoon to visit the Exhibit Hall!

How can I receive emergency messages while in attendance?

We recommend you keep your cell phone or pager handy. AMDA staff will make every effort to reach you. If you can not be located, a bulletin board will be posted in the Gaylord Palms Resort & Convention Center near the AMDA Registration Desk on which messages can be posted and retrieved.

When will my certificate of attendance arrive after the conference?

In your onsite registration materials, you will receive a 2-ply form to track your education session attendance. Before leaving the conference, you will complete the form and turn in the yellow copy to AMDA staff at the AMDA Registration Desk in the convention center. You will retain the white copy of this form for your records. **This is your certificate of attendance.** You will not receive any further certificate from AMDA. AMDA will keep the yellow copy on file and attach the credits earned to your individual record in our database.



The Society for Post-Acute and Long-Term Care Medicine

11000 Broken Land Parkway, Suite 400
Columbia, MD 21044
800-876-2632

www.PALTCmedicine.org

RETURN SERVICE REQUESTED

Printer to add
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AMDA – THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE ANNUAL CONFERENCE

ORLANDO

2016

MARCH 17-20, 2016

Gaylord Palms Resort & Convention Center • Orlando, FL

AMDA's Annual Conference is the only educational forum of its kind in the field of post-acute (PA) and long-term care (LTC). It is filled with opportunities to enhance your knowledge and competencies in providing quality PA/LTC. Attendees are exposed to the latest clinical developments in geriatric medicine, best practices in medical direction, policy/regulatory updates, as well as practical tools to help implement new ideas in your practice setting.



The Society for Post-Acute and Long-Term Care Medicine