

In partnership with:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH



Prehabilitation and perioperative care

Date: 3 March 2017

Venue: Royal College of Surgeons of Edinburgh

Event organiser: Dr G Danjoux | Registration fee: £200 (£150 registered trainees)



5 CPD credits CPD codes: 1105, 3100, 3J03, 3G00

A one-day conference in the highly topical area of enhanced patient preparation prior to major surgery (prehabilitation). The conference is intended for medical and allied healthcare professionals engaged in patient care before, during and after major surgery. The programme comprises a range of cutting-edge topics, delivered in a lecture-based format by international and high profile speakers from a range of specialties. There will be a free paper/poster session for trainees (and other healthcare professionals) to showcase research, audit and service improvement projects.

The learning objectives are to familiarise delegates with the latest and future developments in prehabilitation. The content is specifically designed to cover integrated cross specialty working, whilst learning from existing successful models, to enable delivery of high quality perioperative care to patients.

Programme: Friday, 3 March 2017

08:45–09:15	REGISTRATION AND REFRESHMENTS / TRADE AND POSTER VIEWING			CPD codes
09:15–09:30	>Welcome and introduction	Mike Levell-Jones – RCSEd President Professor Gerry Danjoux, James Cook University Hospital		
Session 1:	Perioperative medicine and prehabilitation (Chair: Professor Rowan Parks)			
09:30–09:55	What is perioperative medicine?	Dr Chris Snowden, POM lead RCoA	1105, 3100	
09:55–10:20	Preoperative patient behaviour change: our biggest challenge	Professor Robert Copeland, Sheffield Hallam University	3100	
10:20–10:45	PREPARE ABC: Improving patient fitness for surgery	Mr James Hernon, Norfolk and Norwich University Hospitals	3J03	
10:45–11:00	DISCUSSION/Q&A SESSION			
11:00–11:30	REFRESHMENTS, TRADE AND POSTER VIEWING			
Session 2:	Integrated care models			
11:30–11:55	Cardiac rehabilitation: improving outcomes for high-risk patients	Professor Patrick Doherty, York University	1105, 3100, 3J03, 3G00	
11:55–12:20	Comprehensive geriatric assessment: the perioperative panacea?	Dr Jugdeep Dhesi, Guy's and St Thomas' NHS Foundation Trust	1105, 3100, 3J03	
12:20–12:45	Models of the future: bridging the primary-secondary care gap	Dr Jonathan Slade, NHS England	1105, 3100, 3J03	
12:45–13:00	DISCUSSION/Q&A SESSION			
13:00–14:00	LUNCH, TRADE AND POSTER VIEWING			
Session 3:	Marginal gains and research			
14:00–15:00	Free paper session – 5 papers		3J03, 3100	
15:00–15:40	Marginal gains: lessons from the world of sports science	Dr Ken Van Someren, GSK High Performance Lab Director	3G00, 3100	
15:40–16:00	REFRESHMENTS, TRADE AND POSTER VIEWING			
Session 4:	Plenary			
16:00–16:45	Tales from McGill: Prehabilitation in Montreal	Professor Franco Carli, McGill, Montreal, Canada	3J03	
16:45–17:00	Presentation of prizes and meeting close			