



159th Charter Oak Dental Meeting

# Building Excellence in Oral Health

**May 14–16, 2026**

**OFFICIAL PROGRAM GUIDE**

*Registration opens Feb. 1,  
Fees increase after Apr. 1*

*Visit [csdadentalmeeting.com](https://csdadentalmeeting.com)  
today for more information!*

**Welcoming All Dental Professionals  
to Join Us at Mohegan Sun This May!**

# Delta Dental of Connecticut offers the tools and services you need to best serve your patients.

## **Enhanced Dentist Website**

Check patient benefits, eligibility, view payments and EOBs, and more!

## **DentalXChange**

Delta Dental of Connecticut has partnered with DentalXChange for all initial credentialing and recredentialing processes, which can be completed online. This capability, developed for us with DentalXChange, simplifies this process for you.

## **In-Net Program\***

Opportunities to receive discounts and savings on various services and products for your dental office.

## **Special Health Care Needs Benefit**

We expanded our coverage for members\*\* with qualifying special health care needs to receive additional exams, cleanings, and more! Contact your dental network coordinator to learn more.

## **Wellness Perks**

We have added perks for our members! This includes discounts on mouth guards, electric toothbrushes, and more!

**[deltadentalct.com](http://deltadentalct.com)**

\* In-Net Program is available for Delta Dental of New Jersey and Delta Dental of Connecticut participating dentists.

\*\* Does not apply to Fixed Copay PPO and DeltaCare® USA



# Welcome

On behalf of the CSDA Board of Governors, Professional Development Council and CSDA staff, **it is our pleasure to welcome all dental professionals to the Connecticut State Dental Association's 159th Annual Charter Oak Dental Meeting.** We proudly continue our tradition of hosting one of the finest dental meetings in the Northeast and providing you with the opportunity to **Connect with your peers!**

This event **Supports you by bringing top speakers from their fields** to share their expertise. You are encouraged to bring your staff and take advantage of these well-known experts to help strengthen your skills as a team!

Our exhibit hall features over 100 companies. **Discover products, resources and services** along with fun activities on the floor.

We look forward to seeing you at the meeting and helping you **Advance your goals!**



Kathlene Gerrity  
Executive Director



N. Summer Lerch, DDS  
President



Maria Smith, DMD  
President-Elect



Jason Alliger, DDS  
Exhibits Chair



Kevin Norige, DMD  
Professional Development  
Council Co-Chair



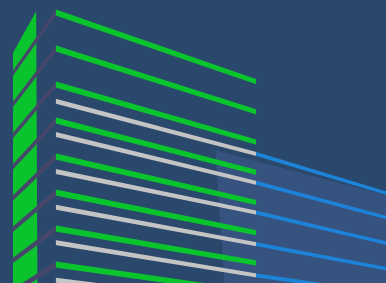
Amit Desai, DMD  
Professional Development  
Council Co-Chair

**C**ONNECT 

**S**UPPORT 

**D**ISCOVER 

**A**DVANCE 



# What's Inside

|                                  |       |
|----------------------------------|-------|
| General Information              | 6-7   |
| Schedule at-a-Glance             | 8-10  |
| Events to Look Forward To        | 5     |
| CT CE Requirements               | 12    |
| Thursday, May 14, Courses        | 14-24 |
| About Mohegan Sun                | 24    |
| Western Themed President's Party | 25    |
| Friday, May 15, Courses          | 26-37 |
| Women's Luncheon                 | 37    |
| Saturday, May 16, Courses        | 38-42 |
| Mastermind Brainstorm Session    | 43    |
| Speakers                         | 44-48 |
| Partial List of Sponsors         | 49    |
| Registration Form                | 50    |

# Ad Directory

|                                 |                    |
|---------------------------------|--------------------|
| Delta Dental of NJ and CT       | Inside Front Cover |
| Southridge Technology           | 4                  |
| Bank of America                 | 10                 |
| Archway Dental                  | 11                 |
| Integrity Systems and Solutions | Inside Back Cover  |
| Fortress Insurance Company      | Back Cover         |



## SOUTHRIDGE OFFERS

- Flexible service and pricing plans
- IT solutions tailored to the specific needs of your dental practice
- Dedicated and highly responsive customer support team 24/7/365

## LEARN MORE ABOUT US



**PROUD TO BE THE ENDORSED IT PROVIDER FOR THE CSDA**

*Call us to learn how the right IT partner can transform your practice.*

**(203) 431-8324**  
[www.southridgetech.com](http://www.southridgetech.com)



# Events To Look Forward To



## Poster Presentations



## Trivia

Back by popular demand



## Golf Tournament



## Women's Luncheon



## Best Dressed Team Swag Challenge



## Million Step Challenge



## Thursday Night Country Western Party

Wear your cowboy styles!



## Friday Reception



## Call for Creativity!

Dentists are creative by nature, and we would like to showcase your creations whether it's photographs, articles, drawings, paintings, etc. The pieces will be showcased in the exhibit hall for your peers to see! Please contact Dawn Champagne at [dchampagne@cdda.com](mailto:dchampagne@cdda.com) for further information.



## Dentibus Dental Laboratory

Full Service Laboratory



- Complete Dentures
- Duraflex RPD's
- Cast Frameworks
  - Nesbits
- Temporary crowns
  - Thermoguards
- Full Contour Zirconia
- PFM's and more

**Ask about our volume discounts**  
**774.276.0667**

email: [dentibus.dental.lab@gmail.com](mailto:dentibus.dental.lab@gmail.com)



**DURAFLEX™**  
PARTIALS

[www.dentibus-dental-my-laboratory.com](http://www.dentibus-dental-my-laboratory.com)

## Youth Leadership Training Session

Saturday, May 16  
8:30 am–12:00 pm

Speaker: Dr. Kevin Norige, DMD



**Exclusively for high school-aged children of CSDA members!** Spend half a day honing skills, with a certificate of completion awarded at the conclusion of the session.

**Register online!**

Fee: \$10 | Course Code: S3KN

# General Information

*Register by April 1st to take advantage of lower prices!*



**Online:** The best way to secure your spot is by visiting [csdadentalmeeting.com](http://csdadentalmeeting.com).



**By mail:** Complete the registration form and mail it with full payment to: CSDA, c/o Annual Meeting, 835 West Queen St, Southington, CT 06489.

To guarantee your spot and avoid higher fees, you are encouraged to **register by the early deadline of Wednesday, April 1st. After this date, fees increase** and space is more limited. Each year several courses sell out so don't risk missing out!

## Modifications/Cancellation Policy

Modifications to an existing registration will incur a \$10 processing fee per change. All requests for registration cancellations/refunds must be made in writing and received no later than Thursday, April 23rd. A \$25 cancellation fee will be applied. After this date, no refunds will be granted.

## Badges, Tickets, and Fees

All courses and events require pre-registration. Your badge will provide access to the courses via the QR code printed on the badge. **No individual tickets required for courses.** Badges are **not** mailed. Your badge will be printed on-site, all you need is your name or email confirmation.

## Course Codes

The course code noted with each description and also in the "Schedule-at-a-Glance" is used to make your selections. Please note: all courses are lecture format unless stated otherwise in the description (i.e. workshop or hands-on).

## Course Handouts

Any handouts that have been made available to us will be available on [csdadentalmeeting.com](http://csdadentalmeeting.com) by May 11th. If you wish to have them with you on-site, be sure to print

them and bring them with you. Not all courses will have handouts.

## Course Locations

On-site guides indicating meeting room locations and times will be available at the information kiosks and each room will have the appropriate signage.

## Continuing Education Credits

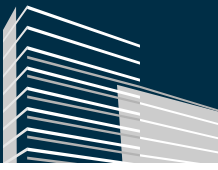
CE credit hours are noted with each course description throughout this booklet. Your badge will be scanned upon entering the course as proof of attendance. CE forms will be emailed to the address that you registered with within 30 days of the conference.

## CE Certificates

Please be sure your badge is scanned as you enter your course(s) as this will ensure you are counted as attending the session. CE certificates will be sent via email 30 days post event to the same email address you registered with.

## Registration Desk Hours

|                     |                  |
|---------------------|------------------|
| Wednesday, May 13th | 12:00 pm–6:00 pm |
| Thursday, May 14th  | 7:00 am–4:30 pm  |
| Friday, May 15th    | 7:00 am–4:30 pm  |
| Saturday, May 16th  | 7:00 am–11:30 am |



# Welcoming All Dental Professionals!

## Exhibit Hall Hours

|                    |                  |
|--------------------|------------------|
| Thursday, May 14th | 8:00 am–5:30 pm  |
| Friday, May 15th   | 8:00 am–5:30 pm  |
| Saturday, May 16th | 8:00 am–12:30 pm |

## Free Exhibits Only Pass

A special “exhibits only” pass will be available to CSDA member dentists and their staff on Thursday and Friday to access the exhibit hall. Many exhibitors offer “show-only” specials allowing you to take advantage of additional savings on top of the convenience of a “one-stop shopping” experience! No pre-registration is necessary. Please go to the on-site registration desk to take advantage of this special offer.

## Hotel Accommodations at Mohegan Sun

|                |                         |
|----------------|-------------------------|
| Room Rate      | \$179.00 (plus tax)*    |
| Group Code     | “CSDA26”                |
| Deadline       | Tuesday, April 21, 2026 |
| Check-in time  | 4:00 pm                 |
| Check-out time | 11:00 am                |

\*There is also a facility fee of \$9.95 which includes access to the fitness center and pool, in-room hard wired internet access, and in-room bottled water and coffee/tea.

You can either make your reservations by phone, 1-866-708-1340 and mentioning the group code noted above, or online at [csdadentalmeeting.com](http://csdadentalmeeting.com). A one-night deposit will be required to secure your reservation.

## Badge Policy

Anyone inside the Sky Convention Center on Thursday, May 14th, Friday, May 15th, or Saturday, May 16th, must be wearing a CSDA 2026 Annual Meeting name badge.

## Questions?

For questions regarding your registration, contact CSDA at 860-378-1800.

## ADA C.E.R.P.<sup>®</sup> | Continuing Education Recognition Program

The CSDA is proud to be a recognized ADA CERP provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The CSDA's Continuing Education programs are also accepted by the Academy of General Dentistry (AGD) for Fellowship and Mastership credit. The current term for both is 5/1/24 through 6/30/28.

## CSDA Disclaimer

The Connecticut State Dental Association and its Professional Development Council make every effort to present high caliber speakers in their respective areas of expertise. The presentations of the speakers in no way imply endorsement of any product, technique or service discussed during these courses. The CSDA, the Continuing Education Council, and the Annual Meeting Council specifically disclaim responsibility for any material presented. All courses are offered as information only.

## Photography/Video Policy

The Connecticut State Dental Association (CSDA) reserves the right to use any photograph/video taken at any courses or events during the 159th Annual Charter Oak Dental Meeting without the expressed written permission of those included within the photograph/video. The CSDA may use the photograph/video in publications or other media material produced including but not limited to: brochures, invitations, postcards, websites, etc.

# Schedule: Thursday, May 14

Course titles marked with an asterisk (\*) signify that they satisfy a mandatory CE topic for CT dental professionals. Some titles are shortened due to space limitations.

| TIME              | SPEAKER(S)                              | COURSE/EVENT NAME                                                                                       | CODE  | PRICE |
|-------------------|-----------------------------------------|---------------------------------------------------------------------------------------------------------|-------|-------|
| 9:00 am–10:00 am  | Jackie Dorst                            | Smile, Sparkle, and Shine: Infection Control*                                                           | MAND1 | \$35  |
| 10:30 am–11:30 am | Ron Albert, David Fried, Eric Whidden   | 3 Amigos on Why Service is Better than Cervesas: How Everyone Makes a Difference*                       | MAND2 | \$35  |
| 1:00 pm–2:00 pm   | Michael Ragan                           | Risk Management Strategies to Defend Dental Practices*                                                  | MAND3 | \$35  |
| 2:30 pm–3:30 pm   | Paul Ciuci                              | When Seconds Count: The Emergency Playbook Every Dental Team Needs*                                     | MAND4 | \$35  |
| 4:00 pm–5:00 pm   | Michael Dutko, Susan Tobenkin           | Beyond the Uniform: Understanding Mental Health Conditions Common Among Veterans*                       | MAND5 | \$35  |
| 8:30 am–10:00 am  | Jody Erdfarb                            | Fraud and Abuse Enforcement Update for Dentists                                                         | T1JE  | \$40  |
| 8:30 am–10:30 am  | Brian Evans                             | Implant Complications in 2026: Prevention, Detection and Resolution                                     | T1BE  | \$60  |
| 8:30 am–11:30 am  | John Gammichia                          | Holy \$&@?!, I Didn't Know You Could Do That with Composite                                             | T1JG1 | \$75  |
| 8:30 am–11:30 am  | Steven Katz                             | Doctor AND Team Strategies to Grow Your Practice One Tooth, One Quadrant and One Arch at a Time         | T1SK  | \$75  |
| 9:00 am–10:30 am  | To be announced                         | Antibiotic Stewardship                                                                                  | T1JP  | \$40  |
| 9:00 am–11:00 am  | Debbie Seidel-Bittke                    | Hygiene Mastery: Delivering Ultimate Patient Care                                                       | T1DB1 | \$50  |
| 9:00 am–11:00 am  | Dar Radfar                              | Alternative Treatments for Sleep Apnea, TMD and Pain Management Using Low Level Lasers                  | T1DR1 | \$60  |
| 9:00 am–12:00 pm  | Taha Akhtar                             | Elevating Patient Care with Digital Dentures and Implant Overdentures                                   | T1TA1 | \$75  |
| 9:00 am–12:00 pm  | Doug LoPresti<br>Colleen Atkinson       | American Heart Association Heartsaver® CPR/AED*                                                         | T1CPR | \$100 |
| 10:00 am–12:00 pm | Susan Leckowicz                         | Empowering Dental Practices: Freedom from PPOs for Enhanced Profits and Exceptional Patient Experiences | T1SL  | \$50  |
| 11:15 am–12:15 pm | Bo Nielson                              | No BS Marketing Class                                                                                   | T1BN  | \$25  |
| 11:30 am–1:30 pm  | Sandra D'Amato-Palumbo                  | Timing Is Everything: Managing Xerostomia Through Patient Education                                     | T1SP  | \$50  |
| 12:30 pm–2:00 pm  | Roberta Garceau                         | From Burnout to Bliss: Cultivating Resilience and Joy in Dentistry                                      | T1RG  | \$40  |
| 1:00 pm–2:00 pm   | Brian Alfermann, Blake Cohen, Jon Eskow | Path to Practice Ownership                                                                              | T1BOA | FREE  |
| 1:00 pm–3:00 pm   | Corey Podbielski                        | Collaborative Solutions for TMD: A Physical Therapy Perspective                                         | T1CP  | \$50  |
| 1:00 pm–4:00 pm   | John Gammichia                          | Conservative Dentistry, Thinking Outside the Box                                                        | T1JG2 | \$75  |
| 1:00 pm–4:00 pm   | David Harris                            | Healers Versus Stealers: How to Outsmart a Thief in Your Practice                                       | T1DH  | \$75  |
| 1:30 pm–2:30 pm   | Dennis Flanagan                         | Bite Force Capacity: An All-On-X Preoperative Parameter                                                 | T1DF1 | \$25  |
| 1:30 pm–3:30 pm   | Jackie Dorst                            | Infection Control: Glitter Bugs and Sterile M&M's                                                       | T1JD  | \$50  |
| 1:30 pm–3:30 pm   | Dar Radfar                              | Promoting Healing While Enhancing Practice Profitability and Adding to EBITDA                           | T1DR2 | \$60  |
| 1:30 pm–4:30 pm   | Taha Akhtar                             | From Scan to Smile: Designing Esthetic Provisional and Final Restorations Digitally                     | T1TA2 | \$75  |
| 1:30 pm–4:30 pm   | John Nadeau                             | Dental Sleep Medicine—What Every Practice Needs to Know                                                 | T1JN  | \$75  |
| 2:00 pm–4:00 pm   | Tasha Dickinson                         | Risk and Reward with AI in Dentistry: How to Use and Protect Yourself in This AI-Driven World           | T1TD  | \$50  |
| 2:00 pm–4:00 pm   | Debbie Seidel-Bittke                    | Harmony in the Op: Top Tips for Hygienists and Dentists to Work Smarter Together                        | T1DB2 | \$50  |
| 2:30 pm–4:30 pm   | Adam Daniels                            | Early Orthodontic Treatment: What's the Hype?                                                           | T1AD  | \$50  |
| 3:00 pm–4:15 pm   | David Fried                             | Workforce in Dentistry: Are There Shortages and Potential Solutions*                                    | T1DF  | \$0   |
| 6:00 pm–9:00 pm   |                                         | Thursday Night Dinner Party                                                                             | THNP  | \$60  |

ONE HOUR CE COURSES

# Schedule: Friday, May 15

| TIME              | SPEAKER(S)                                                         | COURSE/EVENT NAME                                                                                                   | CODE   | PRICE |
|-------------------|--------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------|-------|
| 8:30 am–11:30 am  | Vinay Bhide                                                        | Bone Sets the Tone: Contemporary Approaches for Hard Tissue Implant Site Development                                | F2VB1  | \$75  |
| 8:30 am–11:30 am  | David Harris                                                       | Healers Versus Stealers: How to Outsmart a Thief in Your Practice                                                   | F2DH   | \$75  |
| 8:30 am–11:30 am  | James DiMarino                                                     | Top Coding and Documentation Strategies: Maximize Reimbursement                                                     | F2JD1  | \$75  |
| 8:30 am–11:30 am  | Silky Sharma                                                       | Hands-On Advanced Instrumentation Workshop for Non-Surgical Periodontal Therapy (NSPT)                              | F2SS1  | \$75  |
| 8:30 am–11:30 am  | William Moorhead                                                   | Streamlined Success: Increasing Efficiency and Your Bottom Line                                                     | F2WM1  | \$75  |
| 8:30 am–12:30 pm  | Doug LoPresti,<br>Colleen Atkinson                                 | American Heart Association Basic Life Support BLS®/CPR*                                                             | F2CPR1 | \$100 |
| 9:00 am–11:00 am  | Cathie Collier                                                     | Know Safety, No Pain*                                                                                               | F2CC1  | \$40  |
| 9:00 am–11:00 am  | John Nadeau                                                        | Medical Billing for Dental Sleep Medicine Without Tears                                                             | F2JN   | \$60  |
| 9:00 am–11:00 am  | Neo Positivity                                                     | The Leadership Algorithm: Rewiring Your Mind to Lead, Inspire, and Elevate Others                                   | F2NP1  | \$50  |
| 9:00 am–11:00 am  | Purnima Hernandez                                                  | ASD: Designing Successful Routines for Transition of Dental Care throughout the Lifespan                            | F2PH   | \$50  |
| 9:00 am–12:00 pm  | Michael Christian                                                  | Approachable Prosthodontics: Managing Complex Treatment                                                             | F2MC   | \$60  |
| 10:00 am–11:00 am | Elias Chatah                                                       | Managing Acute and Postoperative Oral and Dental Pain*                                                              | F2EC   | \$35  |
| 10:00 am–11:30 am | Aaron Frankel, Scott Frazer,<br>Jonathan Gibney,<br>Ryan Holzinger | Navigating the Business of Dentistry: Legal, Financial and Tax Insights for Practice Success                        | F2SF   | \$40  |
| 10:00 am–12:00 pm | Susan Leckowicz                                                    | Crush the Call: Elevating New Patient Conversion Over the Phone                                                     | F2SL   | \$50  |
| 11:30 am–12:30 pm | Sarita Arteaga                                                     | Cultural Awareness: Treating diverse populations in the Dental Office*                                              | F2SA   | \$35  |
| 11:30 am–1:30 pm  | Rahul Sharma                                                       | Advanced Tax Strategies for Dental Professionals                                                                    | F2RS1  | \$50  |
| 12:00 pm–1:30 pm  |                                                                    | Celebrating Women in Dentistry Luncheon                                                                             | F2WD   | \$50  |
| 1:00 pm–4:00 pm   | James DiMarino                                                     | Stay in the Know: Recent CDT Changes and Common Insurance Administration Errors                                     | F2JD2  | \$75  |
| 1:00 pm–4:00 pm   | William Moorhead                                                   | Creating and Refining Your Office Systems: Putting Your New Tools to Work                                           | F2WM2  | \$75  |
| 1:00 pm–4:00 pm   | Vinay Bhide                                                        | Site-Specific Approaches for Treating Gingival Recession: Why We Shouldn't Paint Every Picture with the Same Brush! | F2VB2  | \$75  |
| 1:00 pm–4:00 pm   | Silky Sharma                                                       | Decoding Periodontal Classification Using a Case-Based Approach                                                     | F2SS2  | \$75  |
| 1:30 pm–3:00 pm   | Cory Roletto                                                       | Reputation Management with a Digital-Age Perspective                                                                | F2CR   | \$40  |
| 1:30 pm–3:30 pm   | Valerie Alston                                                     | Lead Like You Mean It: Build a Leadership Style That Motivates Without Burning Out                                  | F2VA   | \$50  |
| 1:30 pm–3:30 pm   | Alejandro Carrasco,<br>Aniuska Tobin                               | The Do's and Don'ts of Root Canal Therapy for General Practitioners                                                 | F2CT   | \$60  |
| 1:30 pm–4:30 pm   | Doug LoPresti,<br>Colleen Atkinson                                 | American Heart Association Heartsaver® CPR/AED*                                                                     | F2CPR2 | \$100 |
| 2:00 pm–3:00 pm   | Elias Chatah                                                       | Cannabis, Vaping and Oral Health                                                                                    | F2EC2  | \$35  |
| 2:00 pm–3:30 pm   | Neo Positivity                                                     | The Confidence Algorithm                                                                                            | F2NP2  | \$40  |
| 2:00 pm–4:00 pm   | Glenn Canares,<br>Bina Katechia                                    | Combating Burnout and Increasing Wellness in the Dental Workplace                                                   | F2CK   | \$50  |
| 2:00 pm–4:00 pm   | Rajiv Saini                                                        | Chemo Mouth: Navigating the Path of Cancer Survivorship                                                             | F2RS   | \$50  |
| 2:00 pm–4:00 pm   | Richard Huot                                                       | AI-Driven Dentistry: The New Tools Shaping the Future of Care                                                       | F2RH   | \$50  |
| 2:00 pm–4:00 pm   | Cathie Collier                                                     | Get a Grip... Instrument Selection and Advance Scaling Techniques                                                   | F2CC2  | \$50  |
| 2:30 pm–4:30 pm   | Erich Schmidt,<br>Sebastien Salzmann                               | Mechanical Implant Complications                                                                                    | F2SS   | \$50  |
| 4:00 pm–5:30 pm   |                                                                    | Reception                                                                                                           |        | \$0   |

# Schedule: Saturday, May 16

| TIME              | SPEAKER(S)                         | COURSE/EVENT NAME                                                                             | CODE  | PRICE |
|-------------------|------------------------------------|-----------------------------------------------------------------------------------------------|-------|-------|
| 8:30 am–10:30 am  | Liz Nies                           | Using the Gum Score for Case Acceptance in Hygiene-Driven Dentistry                           | S3LN  | \$50  |
| 8:30 am–11:30 am  | Arthur Volker                      | Ceramic Restorations from Start to Finish: Making the Predictable Happen                      | S3AV  | \$60  |
| 9:00 am–10:00 am  | Elias Chatah                       | Managing Diabetic Patients in the Dental Office                                               | S3EC  | \$25  |
| 9:00 am–10:30 am  | Shawniel Chamanlal                 | From Burnout to Balance: Emotional Resilience Tools for Dental Professionals Who Give It All  | S3SC  | \$40  |
| 9:00 am–10:30 am  | Tracey Joseph                      | The Future of HR: From Transactional to Transformational                                      | S3TJ  | \$40  |
| 9:00 am–11:00 am  | Valerie Alston                     | The Motivational Climate Code: 4 Strategies to Fuel Engagement, Growth, and Team Buy-In       | S3VA  | \$50  |
| 9:00 am–11:00 am  | Emilia Erardi                      | Build Value! Keys to a Practice Everyone Wants to be a Part Of!                               | S3EE  | \$50  |
| 9:00 am–11:00 am  | Rajiv Saini                        | Artificial Intelligence in Dentistry                                                          | S3RS  | \$50  |
| 9:00 am–12:00 pm  | Doug LoPresti,<br>Colleen Atkinson | American Heart Association Heartsaver® CPR/AED*                                               | S3CPR | \$100 |
| 9:30 am–11:00 am  | Rebekah Browder                    | Intraoral Scanners for Comprehensive Diagnostic, Education, Planning, and Treatment Workflows | S3RB  | \$40  |
| 9:30 am–11:30 am  | Kevin Henry                        | Real Talk About the State of Dental Assistants in 2026                                        | S3KH  | \$50  |
| 9:30 am–11:30 am  | Elinor Alon                        | The Question Mark in the Crack                                                                | S3EA  | \$60  |
| 10:00 am–12:00 pm | Ajay Dhingra                       | The Esthetic Implant Playbook: Simple Prosthetic Strategies for Stunning Results              | S3AD  | \$60  |

## Practice Financing<sup>1</sup>

- New Office Start-Ups
- Practice Sales and Purchases
- Office Expansions
- Business Debt Consolidation<sup>2</sup>
- Owner-Occupied Commercial Real Estate<sup>3</sup>
- Equipment Financing

To learn more, contact a practice specialist today.



**Robert Malandrucolo**  
Startups & Projects



**Brian Alfermann**  
Practice Acquisitions



**BANK OF AMERICA**

<sup>1</sup>All programs subject to credit approval and loan amounts are subject to creditworthiness. Some restrictions may apply. The term, amount, interest rate and repayment schedule for your loan, and any product features, including interest rate locks, may vary depending on your creditworthiness and on the type, amount and collateral for your loan. Repayment structure, prepayment options and early payoff are all subject to product availability and credit approval. Other restrictions may apply.  
<sup>2</sup>Bank of America Practice Solutions may prohibit use of an account to pay off or pay down another Bank of America account.  
<sup>3</sup>For Owner-Occupied Commercial Real Estate loans (OCORE), terms up to 20 years and 5% occupancy are required. Real Estate financing options are subject to approval and product availability is subject to change. For SBA loans, SBA eligibility and restrictions apply. Small Business Administration (SBA) financing is subject to approval through the SBA 504 and SBA 7(a) programs. Loan terms, collateral and documentation requirements apply. Actual amortization, rate and extension of credit are subject to necessary credit approval. Bank of America credit standards and documentation requirements apply. Some restrictions may apply.  
All promotional and marketing materials are Bank of America Practice Solutions property and, as such, cannot be changed, altered or modified, orally or in writing. All questions regarding these materials should be directed or referred to a Bank of America Practice Solutions Sales Associate. Sponsorship of endorser's products and services is not an expressed opinion or approval by the Bank. Bank of America and the Bank of America logo are registered trademarks of Bank of America Corporation. Bank of America Practice Solutions is a division of Bank of America, NA.  
©2025 Bank of America Corporation | ARKQWMM4 | Rev 11/25

## Annual Golf Tournament



Save the Date!

**Saturday  
May 16, 2026**

# ***Innovate & Inspire:***

## *The CSDA Future of Dentistry Event*



**Saturday, May 16, 2026**

### **Morning**

**Student and resident poster contest** featuring judges including CSDA member dentists Dr. Wen Shi, CEO of the ADA Forsyth Institute, and Dr. Jonathan Knapp, ADA 1st District Trustee

### **Noon**

**Networking Luncheon** with CSDA leadership and poster authors

### **Afternoon**

**Grand Rounds Discussion**

**Multidisciplinary cases** presented by UConn School of Dental Medicine and several regional residency programs; explore and collaborate on innovative solutions to complex cases



# Shaping the Future of Dentistry Together



**Visit us at**

 [Archway.Dental](https://Archway.Dental)



# CE Requirements for Dental Professionals

## Requirements for CT Dentists

Licensed dentists shall earn a minimum of 25 contact hours of qualifying continuing education every two years. Of those 25 CE hours, five hours must be mandatory topics. In the list below, the first two topics are REQUIRED every two years. The remaining three hours of mandatory CE can be any of the other topics listed. The remaining 20 hours can be any combination of elective credits offered by an approved provider in areas related to the licensee's practice and reflect the professional needs of the licensee in order to meet the health care needs of the public. Internet-based, online and other distance learning opportunities are acceptable.

### Mandatory Topics

Topics marked with a ⚙ are included in this year's Annual Meeting program:

- REQUIRED: Infection Control in a Dental Setting ⚙
- REQUIRED: Prescribing Controlled Substances and Pain Management ⚙
- Cultural Competence ⚙
- Record Keeping/Risk Management ⚙
- Medical Emergencies in the Dental Office (including current training in CPR) ⚙
- Diagnostic Technology
- Mental Health Conditions Common to Veterans ⚙
- Access to Care ⚙
- HIPAA Compliance
- Sexual Assault and Domestic Abuse

## Requirements for CT Hygienists

Each licensed dental hygienist applying for license renewal shall earn a minimum of 16 hours of

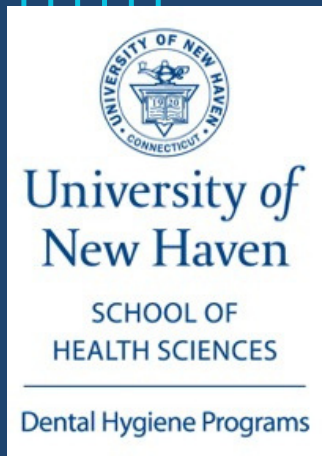
continuing education within the preceding twenty-four-month period. Dental hygienists must complete at least one hour of training or education in infection control in a dental setting and for registration periods beginning on and after October 1, 2017, one contact hour in cultural competency. The subject matter for continuing education shall reflect the professional needs of the licensee in order to meet the health care needs of the public. Continuing education activities shall provide significant theoretical or practical content directly related to clinical or scientific aspects of dental hygiene.

## Requirements for CT Dental Assistants

All dental assistants and expanded function dental assistants are required to successfully complete the Dental Assistant National Board (DANB)'s infection control examination or an infection control competency assessment administered by a dental education program, currently administered through UCONN's Infection Control Competency Assessment (ICCA) in CT that is accredited by the American Dental Association's Commission on Dental Accreditation. A dental assistant may receive not more than fifteen months of on-the-job training for purposes of preparing for the DANB infection control examination or infection control competency assessment. Upon successful completion of DANB's infection control examination or the infection control competency assessment, each dental assistant or expanded function dental assistant shall complete not less than one hour of training or education in "Infection Control in a Dental Setting" every two years.



You are encouraged to visit [www.ct.gov/dph](http://www.ct.gov/dph) to access regulations in their entirety. Please note that due to space limitations, what we have provided here is only partial information.



## Dental Hygienist Local Anesthesia Certification

### Connecticut State Dental Association Annual Meeting at Mohegan Sun

Wednesday, 5/13/26, 9:00 am–5:00 pm

### University of New Haven

Saturday, 5/23/26, 8:00 am–5:00 pm

Sunday, 5/24/26, 8:00 am – 12:00 noon

### Course Description

This course will introduce the Registered Dental Hygienist who is seeking certification in local anesthesia in the State of Connecticut to the skills necessary to safely and confidently administer local anesthesia. The clinical part of the course will consist of attendees administering local anesthesia with faculty guidance and observation. Topics addressed will include:

- Current concepts of local anesthesia
- Safe administration of pain control
- Physiology of pain management
- Anatomy and physiology
- Pharmacology of anesthetic agents
- Emergency precautions and client management
- Troubleshooting tips

### Initial Certification Credit Hours and Course Layout

Online & Self-Paced Content: 8 hours (prior to course)

In-Person Lecture: 12 hours

Hands-On Clinical: 8 hours

Total CE: 28 hours

See <https://csdadentalmeeting.com/> for fees.



For more information, please contact Marie Paulis, RDH, MSDH ([mpaulis@newhaven.edu](mailto:mpaulis@newhaven.edu)) or Gwen Grosso, RDH, MS ([ggrosso@newhaven.edu](mailto:ggrosso@newhaven.edu)).

These one-hour courses are intended to help CT dentists satisfy mandatory CE in the state of CT but are open to ALL who are interested in the topics or in taking shorter CE courses.

Please be advised: Licensing and CE requirements vary from state to state. Be sure to check with your regulatory agency to confirm qualifying CE activities and requirements. While the CSDA provides a CE Certificate of completion for courses taken during our Charter Oak Dental Meeting, we cannot guarantee their acceptance by your licensing agency.

Please see page 12 for more information on CE Requirements.

**9:00 am–10:00 am**

## **Smile, Sparkle, and Shine: Infection Control\***

Jackie Dorst, RDH

Your dental practice's Sparkle and Shine reflects the sterile and safe dental care that you provide. When instruments, equipment, and operatories "Sparkle and Shine" patients are reassured about the dental office's infection control practices.

### *Learning Objectives*

- Identify fomite surfaces in dental operator
- List 7 elements of CDC Standard Precautions
- Demonstrate how to do effective hand hygiene

**FEE: \$35 | CODE: MAND1 | 1 CEU**

For more information about all CE courses offered by the CSDA, please visit us online at [CSDA.com/professionaldevelopment](https://csdentalmeeting.com/professionaldevelopment).



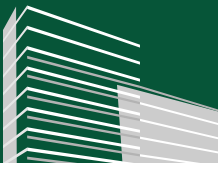
**10:30 am–11:30 am**

## **3 Amigos on Why Service is Better than Cervezas: How Everyone Makes a Difference\***

Ron Albert, DMD; David Fried, DMD;  
Eric Whidden, DDS

Each dentist will share how they have brought their vision to life in addressing challenges related to access to dental care and found meaningful ways to engage with their communities, helping to build positive attitudes and develop support systems that improve dental care for underserved populations. Their presentations will highlight how these efforts not only expand access to care but also reinvigorate their own professional passion. Attendees will be encouraged to ask questions and exchange ideas throughout the session, fostering collaboration and inspiring new ways to enhance care for our neighbors. Their stories are meant to serve as the background music that inspire each participant's own call to help others.

**FEE: \$35 | CODE: MAND2 | 1 CEU**



# Welcoming All Dental Professionals!

1:00 pm–2:00 pm

## Risk Management Strategies to Defend Dental Practices\*

Michael Ragan, DMD, JD, LLM

Fortress insureds will be eligible to receive a 5% discount for the next policy period.

Closed Fortress malpractice claims will be evaluated to identify strategies and resources that can help dentists improve patient safety, mitigate risk and improve the defensibility of medical professional liability claims.

### *Learning Objectives*

- Identify contributing factors that may challenge a provider's defense during litigation
- Outline risk mitigation strategies to improve the defensibility of potential professional liability claims
- Assess how Fortress resources may assist in streamlining risk mitigation in practice

FEE: \$35 | CODE: MAND3 | 1 CEU

2:30 pm–3:30 pm

## When Seconds Count: The Emergency Playbook Every Dental Team Needs\*

Paul Ciuci, DMD, MD, FACS

This presentation will review a step-by-step playbook for dental teams covering team roles, equipment readiness, dedicated training, and rapid action during the most time-sensitive emergencies—giving your team the confidence to respond when every second matters.

### *Learning Objectives*

- Implement a step-by-step emergency preparedness playbook tailored to the dental office
- Describe key elements of medical emergency preparedness in dentistry
- Identify the most common time-sensitive medical emergencies in the dental office

FEE: \$35 | CODE: MAND4 | 1 CEU

4:00 pm–5:00 pm

## Beyond the Uniform: Understanding Mental Health Conditions Common Among Veterans\*

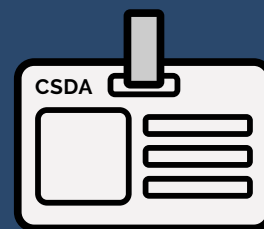
Michael Dutko; Susan Tobenkin, MSW, LCSW

An introduction to the mental health challenges most frequently seen in veterans, with a focus on how these concerns may surface during dental and healthcare encounters. Participants will learn simple, effective techniques for supportive communication and referral.

### *Learning Objectives*

- Increase awareness of mental health conditions prevalent among veterans
- Highlight how these conditions may manifest in medical/dental settings
- Offer practical strategies for effective communication and support

FEE: \$35 | CODE: MAND5 | 1 CEU



### *Where's my badge?*

Badges will NOT be mailed this year. All you need is your name or email confirmation. Printers will be available on-site for you to print your own badge and other free tickets.

# Thursday, May 14

## 8:30 am–10:00 am Fraud and Abuse Enforcement Update for Dentists

Jody Erdfarb, JD

FEE: \$40

CODE: T1JE

1.5 CEUs

Learn about the current trends in government enforcement against dental practices, including audit and investigation, and how to mitigate your risk.

### *Learning Objectives:*

- Understand the investigation and audit process and review of actual cases brought against dentists
- Discuss tips and pointers for mitigating the risks and liability to the greatest extent possible

## 8:30 am–10:30 am Implant Complications in 2026: Prevention, Detection and Resolution

Brian Evans, DDS, MS

FEE: \$60

CODE: T1BE

2 CEUs

This course will explore the full spectrum of implant complications, from biological to mechanical challenges to esthetic concerns. Attendees will gain evidence-based strategies for early detection, predictable correction, and practical prevention, supported by current data and clinical protocols.

### *Learning Objectives:*

- Identify the most common biological, mechanical and esthetic implant complications
- Apply strategies to prevent complications through improved case selection, treatment planning, and maintenance protocols

## 8:30 am–11:30 am Holy \$&@?!, I Didn't Know You Could Do That with Composite

John Gammichia, DMD, FAGD

FEE: \$75

CODE: T1JG1

3 CEUs

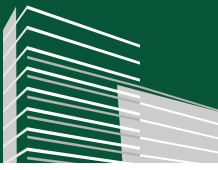
This is not your father's composite webinar. We live in a world where people break cusps and can't afford a build-up and onlay/crown. So, what do you do? Pull it?! How about an exquisite 2,3,4 or 5 cusp composite restoration?! We will start with the basic restorations and some of the current science about adhesion. Then the sky is the limit.

### *Learning Objectives:*

- Demonstrate how to "Make Fillings Fun Again"
- Discuss the science around fillings and review 10-year post op photos
- Learn the limits of today's adhesives and composites. Hint... there are none



Be sure to like and follow us @CTStateDentalAssociation for news and information on all of our events and course offerings throughout the year!



# Welcoming All Dental Professionals!

## 8:30 am–11:30 am Doctor AND Team Strategies to Grow Your Practice One Tooth, One Quadrant and One Arch at a Time

Steven Katz, DMD, MAGD, FICD

FEE: \$75

CODE: T1SK

3 CEUs

Every dental practice will grow with clarification of uniform diagnostic criteria and improved treatment acceptance skills. Improved diagnosis exposes more opportunities to recommend treatment. Combined with systematized treatment presentation skills and improved verbal skills, treatment acceptance increases and practices grow.

### *Learning Objectives:*

- Understand the most effective methods to grow a practice through improved, calibrated and uniform diagnostic criteria and increased treatment acceptance
- Understand the impact of Artificial Intelligence in diagnosis
- Introduce a “system” for communicating the benefits of treatment and how to overcome patient objections to treatment

---

## 9:00 am–10:30 am Antibiotic Stewardship

Presenter to be announced

FEE: \$40

CODE: T1JP

1.5 CEUs

More information on this course is available on our website. Please visit [csdadentalmeeting.com](http://csdadentalmeeting.com) for the latest details.

---

## 9:00 am–11:00 am Hygiene Mastery: Delivering Ultimate Patient Care

Debbie Seidel-Bittke, RDH

FEE: \$50

CODE: T1DB1

2 CEUs

Transform your hygiene team into a high-performing, patient-focused powerhouse. Discover how to optimize hygiene appointments, streamline workflow, and elevate patient care. Learn effective treatment planning, appointment sequencing, and communication strategies that boost case acceptance, and enhance patient relationships during hygiene appointments.

### *Learning Objectives:*

- Integrate mouth-body connection communication with patients
- Learn how motivational interviewing builds trust and lasting relationships
- Properly sequence gingivitis and periodontitis patient appointments

# Thursday, May 14

## 9:00 am–11:00 am **Alternative Treatments for Sleep Apnea, TMD and Pain Management Using Low Level Lasers**

Dar Radfar, DDS, Diplomate American Sleep and Breathing Academy

*FEE: \$60*

*CODE: T1DR1*

*2 CEUs*

Explore innovative, non-conventional approaches to managing sleep apnea, TMD, and pain. Learn how oral appliances, low-level laser therapy, Botox, and natural supplements can be integrated into dental practice to enhance patient outcomes and overall wellness. The session emphasizes whole-health dentistry.

### *Learning Objectives:*

- Identify innovative, non-conventional approaches for managing sleep apnea, TMD, and chronic pain
- Understand how to screen Sleep Apnea and its relevance to total health

---

## 9:00 am–12:00 pm **Elevating Patient Care with Digital Dentures and Implant Overdentures**

Taha Akhtar, DMD, MSD, CAGS

*FEE: \$75*

*CODE: T1TA1*

*3 CEUs*

This interactive lecture and hands-on workshop explores the integration of digital workflows in the fabrication and delivery of dentures and implant overdentures. Participants will learn how digital design, precise manufacturing, and modern attachment systems enhance fitness, function, and patient satisfaction.

### *Learning Objectives:*

- Understand and apply the digital denture workflow—from data acquisition and design to fabrication and delivery—to enhance clinical accuracy and efficiency
- Identify key clinical and prosthetic principles for successful implant overdenture treatment planning, attachment selection, and maintenance
- Perform step-by-step chairside procedures for attaching dentures to implant attachments while troubleshooting common clinical challenges

---

## 9:00 am–12:00 pm **American Heart Association Heartsaver® CPR/AED\***

Doug LoPresti, NREMT; Colleen Atkinson, NREMT

*FEE: \$100*

*CODE: T1CPR*

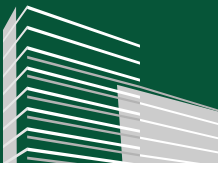
*3 CEUs*

2-year certification. Course covers Adult/Child/Infant CPR, use of AED and relieving obstructed airway for all populations.

### *Learning Objectives:*

- Learn the importance of high-quality CPR and its impact on survival
- Apply the HS concepts to the Chain of Survival and recognize the signs of someone needing CPR
- Perform high-quality CPR for adults, children and infants

This course satisfies one hour of mandatory CE in CT



# Welcoming All Dental Professionals!

## 10:00 am–12:00 pm Empowering Dental Practices: Freedom from PPOs for Enhanced Profits and Exceptional Patient Experiences

Susan Leckowicz, RDH, BS

*FEE: \$50*

*CODE: T1SL*

*2 CEUs*

Ready to stop losing profits to restrictive PPO contracts? Learn proven strategies to reduce PPO dependence, boost profitability, and elevate care. Discover how to transition—partially or fully—into an unrestricted provider model that benefits your practice, your team, and your patients.

### *Learning Objectives:*

- Learn when to drop insurance without regret—protect practice stability
- Lead a seamless transition for your team
- Keep patients scheduling confidently with financing and money conversations
- Learn to attract ideal patients with a targeted marketing plan and budget

---

## 11:15 am–12:15 pm No BS Marketing Class

Bo Nielsen

*FEE: \$25*

*CODE: T1BN*

*1 CEU*

This class provides practical tools and insights to simplify digital marketing, covering websites, social media, SEO, advertising, email, and text communication. You'll refine strategy, set clear goals, and manage partners effectively to attract new customers and strengthen existing relationships.

### *Learning Objectives:*

- Clearly state your value proposition and what sets you apart on your website
- Learn the pros and cons of Search Engine Optimization (SEO). Can you really rank #1 on Google?
- Discover strategies for managing and improving your online reputation
- Understand the importance of Customer Relationship Management (CRM) and why digital communication is essential for current customers
- Utilize your social media channels more effectively



### *What's the latest? What fun events are planned?*

Be sure to check [csdadentalmeeting.com](http://csdadentalmeeting.com) for all updates and full schedule information for each day of our meeting in May!

# Thursday, May 14

## 11:30 am–1:30 pm **Timing Is Everything: Managing Xerostomia Through Patient Education** Sandra D'Amato-Palumbo, RDH, BS, MPS, EdD

*FEE: \$50*  
*CODE: T1SP*  
*2 CEUs*

This course equips dental professionals to recognize and manage xerostomia in diverse patients. Using real-world cases, participants will integrate xerostomia assessment into preventive care and select appropriate products—saliva substitutes, stimulants, fluorides, and prescriptions—based on individual patient needs.

### *Learning Objectives:*

- Identify the common causes, risk factors, and oral manifestations of xerostomia
- Integrate xerostomia assessment and management strategies into each phase of the schedule to improve patient outcomes
- Recommend appropriate OTC and prescription products tailored to specific xerostomia presentations

---

## 12:30 pm–2:00 pm **From Burnout to Bliss: Cultivating Resilience and Joy in Dentistry** Roberta Garceau, DMD, FAGD, D-ABDSM, 500CYT

*FEE: \$40*  
*CODE: T1RG*  
*1.5 CEUs*

This interactive course demonstrates how individuals can enjoy enhanced wellness, productivity, and joy through a more holistic approach to self-awareness and self-care. Participants are invited to experience different movement, breathing, and mindfulness techniques that they can incorporate immediately!

### *Learning Objectives:*

- Recognize the link between provider wellness and patient care quality: how mental, physical, and emotional wellness can impact decision-making, patient interactions, and overall effectiveness
- Identify and implement practical self-care strategies
- Develop a personalized plan for sustaining well-being

---

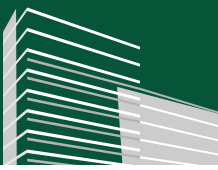
## 1:00 pm–3:00 pm **Collaborative Solutions for TMD: A Physical Therapy Perspective** Corey Podbielski, DPT

*FEE: \$50*  
*CODE: T1CP*  
*2 CEUs*

Temporomandibular disorders (TMD) often involve more than just the jaw—they can be influenced by cervical spine alignment, posture, joint disorders and muscle imbalances. This presentation introduces dental professionals to the assessment and treatment strategies physical therapists use to address TMD.

### *Learning Objectives:*

- Identify common musculoskeletal factors that contribute to TMD
- Explain evidence-based physical therapy interventions
- Describe key physical therapy assessment techniques for evaluating patients with TMD
- Recognize when to refer to a physical therapist



# Welcoming All Dental Professionals!

1:00 pm–4:00 pm

## Conservative Dentistry, Thinking Outside the Box

John Gammichia, DMD, FAGD

FEE: \$75

CODE: T1JG2

3 CEUs

So, you can do a pretty good composite filling. Great, now let's take it to the next level. Do all root canaled teeth need crowns? How about cracked teeth? What if a tooth breaks at the gumline? Let's talk.

### *Learning Objectives:*

- Learn the philosophy on how to do a complex and composite restoration
- Learn the philosophy on how to deal with cracks and post-endo teeth
- Debunk all the objectives. Yes, they can be fun and last, and yes you can be very profitable doing them

1:00 pm–4:00 pm

## Healers Versus Stealers: How to Outsmart a Thief in Your Practice

David Harris, CFE, Forensic CPA, CFF, MBA

FEE: \$75

CODE: T1DH

3 CEUs

This course will outline how busy practice owners can protect themselves against the epidemic of embezzlement that affects dentistry. David will highlight how and why embezzlers steal from dentists and will provide surefire ways that busy practice owners can protect themselves against employee theft.

This course is limited to dentists only

### *Learning Objectives:*

- Describe the weaknesses in internal controls that allow thieves to steal undetected
- Explain financial controls that will allow practice owners to quickly and effectively monitor their practices

1:30 pm–2:30 pm

## Bite Force Capacity: An All-On-X Preoperative Parameter

Dennis Flanagan, DDS MSc

FEE: \$25

CODE: T1DF1

1 CEU

There will be an explanation of the rationale for bite capacity measurement. Mechanical and clinical parameters will be discussed.

### *Learning Objectives:*

- This discussion will enable the clinician to ensure that the treatment will not fail due to the patient's ability to overload the prosthesis
- Preoperative assessment can ensure a successful outcome
- Understanding of the biomechanics of implant supported prosthesis

# Thursday, May 14

1:30 pm–3:30 pm

## Infection Control: Glitter Bugs and Sterile M&M's\*

Jackie Dorst, RDH

FEE: \$50

CODE: T1JD

2 CEUs

This course satisfies one hour of mandatory CE in CT

Jackie Dorst puts the FUN in Infection Control FUNdamentals! Her course on infection control uses interactive, hands-on activities like “glitter bugs” and “sterile M&M's” to make critical IC training engaging and memorable.

### Learning Objectives

- Differentiate between biological monitor, sterile integrator and sterile indicator
- Describe when and how to test DUWs
- Demonstrate correct sterile instrument packaging for pouches and cassettes

1:30 pm–3:30 pm

## Promoting Healing While Enhancing Practice Profitability and Adding to EBITDA

Dar Radfar, DDS, Diplomate American Sleep and Breathing Academy

FEE: \$60

CODE: T1DR2

2 CEUs

This course is designed to equip dental professionals with tools to deliver exceptional patient care while strategically growing their practice. Discover how to integrate innovative treatments that promote patient healing while driving practice growth. This session highlights strategies to enhance profitability, increase EBITDA, and expand the value of your dental practice through whole-health care solutions.

### Learning Objectives:

- Understand strategies to enhance profitability and increase EBITDA in dental practice
- Explore whole-health care solutions that expand practice value and long-term growth
- Treatment plan alternative treatments seamlessly to help grow any practice

1:30 pm–4:30 pm

## From Scan to Smile: Designing Esthetic Provisional and Final Restorations Digitally

Taha Akhtar, DMD, MSD, CAGS

FEE: \$75

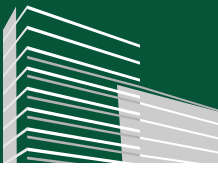
CODE: T1TA2

3 CEUs

Discover how digital dentistry enhances implant restorations in the esthetic zone. This lecture and hands-on program cover digital design principles, soft-tissue management, 3D-printed provisional shells for fabricating esthetic implant crowns that achieve precise fit, natural contours, and predictable esthetic outcomes

### Learning Objectives:

- Learn digital planning and design concepts for implant restorations in the esthetic zone using intraoral scanning, CAD/CAM, and smile design tools
- Develop the skills to fabricate and customize 3D-printed provisional shells for esthetic implant crowns, optimizing contour and emergence profile
- Apply evidence-based techniques for soft-tissue management, previsualization, and delivery of esthetic implant restorations from digital workflow to outcome



# Welcoming All Dental Professionals!

## 1:30 pm–4:30 pm **Dental Sleep Medicine—What Every Practice Needs to Know and Clinical Protocols for Success**

John Nadeau

*FEE: \$75*  
*CODE: T1JN*  
*3 CEUs*

ONE in FOUR adult dental patients suffer from sleep apnea. This course provides dentists and teams the essential knowledge and step-by-step clinical protocols to identify these patients and take them through successful treatment with an oral appliance.

*Learning Objectives:*

- Describe Sleep Apnea (OSA) and understand both dental and medical signs and symptoms
- Understand the OSA diagnostic process and define AHI
- Define and discuss the clinical records needed for a sleep apnea case
- Define the various oral appliance types available for treatment

---

## 2:00 pm–4:00 pm **Risk and Reward with AI in Dentistry: How to Use and Protect Yourself in This AI-Driven World**

Tasha Dickinson, MBA

*FEE: \$50*  
*CODE: T1TD*  
*2 CEUs*

Explore the risks and rewards of AI in dentistry. Learn how to protect your practice from cyber threats, adopt proven AI tools, and implement smart, secure strategies to save time, strengthen systems, and confidently navigate today's AI-driven world.

*Learning Objectives:*

- Learn the key cybersecurity threats that modern dental practices face
- Leverage AI for practice growth
- Implement effective AI security measures

---

## 2:00 pm–4:00 pm **Harmony in the Op: Top Tips for Hygienists and Dentists to Work Smarter Together**

Debbie Seidel-Bittke, RDH

*FEE: \$50*  
*CODE: T1DB2*  
*2 CEUs*

Discover strategies that will streamline hygiene appointments, strengthen team collaboration, and reduce stress. Create a smooth-running, patient-focused hygiene department that elevates patient care, boosts efficiency, increases patient satisfaction, and drives overall practice productivity.

*Learning Objectives:*

- Develop a collaborative approach to enhance patient communication
- Master time management to foster a positive work environment
- Create effective communication strategies that elevate patient care
- Develop effective hygiene patient-doctor exams

# Thursday, May 14

2:30 pm–4:30 pm

## Early Orthodontic Treatment: What's the Hype?

Adam Daniels, DDS

FEE: \$50

CODE: T1AD

2 CEUs

Dr. Daniels will focus on what to look for in young children in your dental chair that might benefit from early orthodontic intervention. He will expand your mind on what is possible beyond what you might have learned previously—showing you real-life patients and the benefits that can be achieved when dental concerns are addressed early. See case after case of kids that have had real life results.

### *Learning Objectives:*

- Learn how young and old adults can still benefit from treatment if the age window is missed
- Learn about growth and development, airway benefits, and non-extraction philosophy

3:00 pm–4:15 pm

## Workforce in Dentistry: Are There Shortages and Potential Solutions\*

David Fried, DMD

FEE: \$0

CODE: T1DF

1 CEU

This course will give you an understanding of the present workforce shortages and options for the future to ensure our ability to provide care for our patients. The intention of the course is to bring information to dentists and generate discussions and ideas to help shape future legislative or educational initiatives. Access to care is being affected.

This course satisfies one mandatory CE credit for CT



## Reserve your Room at Mohegan Sun

Our event will be held entirely in Mohegan Sun's Sky Convention Center, located at 1 Mohegan Sun Boulevard, Uncasville, CT.

For information on parking and other details, please visit [mohegansun.com](http://mohegansun.com).

To learn more about reserving your room, pricing, and more, see page 7 of this guide.



JOIN US FOR A  
**WESTERN PARTY!**

RELAX OR DANCE WHILE  
ENJOYING DELICIOUS  
FOOD, A SPECIALTY  
COCKTAIL, WINE, OR  
BEER!



Don't miss DJ and CSDA  
member Dr. C.E. Peck  
sponsored by Archway Dental!



TICKETS  
\$60



**Connecticut State  
Dental Association**

## 8:30 am–11:30 am Bone Sets the Tone: Contemporary Approaches for Hard Tissue Implant Site Development

Vinay Bhide, DDS, MSc, FRCDC

FEE: \$75

CODE: F2VB1

3 CEUs

Numerous techniques and biomaterials exist for predictable bone regeneration and favorable ridge contours to facilitate implant placement. This lecture will review biology, rationale, and various techniques used for bone regeneration. Biomaterials properties and selection will especially be emphasized.

### *Learning Objectives:*

- Evaluate diagnostic methods and risk factors for deficient hard tissue at the implant site
- Compare and contrast various contemporary surgical techniques for both horizontal and vertical ridge augmentation
- Integrate an evidence-based, site-specific treatment plan for predictable hard tissue development into practice

## 8:30 am–11:30 am Healers Versus Stealers: How to Outsmart a Thief in Your Practice

David Harris, CFE, Forensic CPA, CFF, MBA

FEE: \$75

CODE: F2DH

3 CEUs

This course will outline how busy practice owners can protect themselves against the epidemic of embezzlement that affects dentistry. David will highlight how and why embezzlers steal from dentists and will provide surefire ways that busy practice owners can protect themselves against employee theft.

This course is limited to dentists only

### *Learning Objectives:*

- Describe the weaknesses in internal controls that allow thieves to steal undetected
- Explain financial controls that will allow practice owners to monitor their practices

## 8:30 am–11:30 am Top Coding and Documentation Strategies: Maximize Your Insurance Reimbursement

James DiMarino, DMD, MEd, CDC, FACD

FEE: \$75

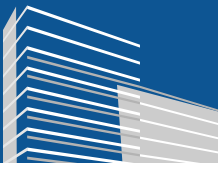
CODE: F2JD1

3 CEUs

This course is designed to equip dental professionals with practical strategies to enhance coding accuracy, optimize reimbursement, and drive practice profitability. Participants will learn to identify and avoid the most common coding errors that lead to denials and lost revenue.

### *Learning Objectives:*

- Learn the most common coding errors and how to avoid them
- Gain an understanding of coding and reporting strategies to maximize legitimate reimbursement
- Learn how to involve the entire dental team in the process of growing your bottom line



# Welcoming All Dental Professionals!

## 8:30 am–11:30 am Hands-On Advanced Instrumentation Workshop for Non-Surgical Periodontal Therapy (NSPT)

Silky Sharma, RDH, Ed.D

*FEE: \$75*

*CODE: F2SS1*

*3 CEUs*

A hands-on course designed for dental providers to refine advanced instrumentation skills. Learn about new instruments, refresh your techniques, prevent burnishing, and achieve effective and safe calculus removal for optimal clinical outcomes.

### *Learning Objectives:*

- Review the components of a comprehensive periodontal assessment and dental anatomy related to periodontal instrumentation for NSPT
- Identify designs and various features of advanced instruments and perform hands-on adaptation on a typodont
- Apply hands-on instrumentation techniques while evaluating instrument design and usage

---

## 8:30 am–11:30 am Streamlined Success: Increasing Efficiency and Your Bottom Line

William Moorhead, DMD

*FEE: \$75*

*CODE: F2WM1*

*3 CEUs*

Whether it's increasing practice production, improving team culture, or enjoying more time away from the office that you seek, Dr. Moorhead's proven Streamlined Success method provides the systems, strategies and blueprint to drive your success to new levels.

### *Learning Objectives:*

- Explore key business systems, including how to deal with and avoid system failure
- Identify LEAN manufacturing principles that simplify complex procedures, room setups
- Learn how to simplify the creation of standard operating procedures



**Celebrating Women in Dentistry Luncheon**  
**Friday, May 15, 2026 | 12:00 pm–1:30 PM**

See ad on page 37 for  
more information!

# Friday, May 15

## 8:30 am–12:30 pm American Heart Association Basic Life Support BLS®/CPR\*

Doug LoPresti, NREMT; Colleen Atkinson, NREMT

FEE: \$100

CODE: F2CPR1

4 CEUs

This course satisfies one hour of mandatory CE in CT

American Heart Association BLS CPR/AED Course. Certification is for two years. Course covers Adult/Child/Infant CPR/AED/Relieving Obstructed Airway.

### *Learning Objectives:*

- Understand and demonstrate the importance of high-quality BLS CPR and its impact on survival
- Understand the steps of the Chain of Survival and applying the BLS concepts
- Perform high-quality CPR for adults, children and infants.

## 9:00 am–11:00 am Know Safety, No Pain\*

Cathie Collier, RDH

FEE: \$40

CODE: F2CC1

2 CEUs

This course satisfies one hour of mandatory CE in CT

This course fulfills the requirements for annual OSHA training in CT and covers current regulations, policies and practices for OSHA, Infection Control and Bloodborne Pathogens for the Dental Healthcare provider.

### *Learning Objectives:*

- Distinguish areas and procedures of potential risk and injury in the workplace
- Develop strategies and utilize protective measures to reduce the risk of injury and disease transmission
- Design and implement policies and procedures required for employees and patient health and safety in the workplace

## 9:00 am–11:00 am Medical Billing for Dental Sleep Medicine Without Tears

John Nadeau

FEE: \$60

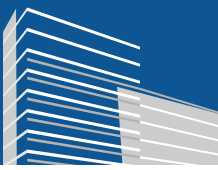
CODE: F2JN

2 CEUs

The #1 concern of dentists, patients and your referring physicians is being able to bill medical insurance for sleep apnea appliances. This course will provide clarity for dental practices wanting to be paid predictably and consistently for sleep services.

### *Learning Objectives:*

- List the procedures that are medically billable for a sleep apnea case and the necessary prerequisites that must be in place to get paid
- Understand Medicare's role in dental sleep medicine and the steps needed for billing (or opting out)
- Describe and understand options for in-network vs. out-of-network vs. fee-for-service and the pros and cons of each



# Welcoming All Dental Professionals!

## 9:00 am–11:00 am **The Leadership Algorithm: Rewiring Your Mind to Lead, Inspire, and Elevate Others**

Neo Positivity

*FEE: \$50*

*CODE: F2NP1*

*2 CEUs*

Effective leadership starts with mindset. This course shows how to inspire teams, build a culture of value and fulfillment, and reduce turnover. Walk away with strategies to retain top talent, boost leadership, and create a thriving workplace.

*Learning Objectives:*

- Implement strategies that prioritize daily employee satisfaction over temporary rewards, reducing turnover
- Utilize mindset techniques to improve teamwork, morale, and client interactions for lasting success
- Develop a mindset that inspires confidence, fosters trust, and drives team success

---

## 9:00 am–11:00 am **ASD: Designing Successful Routines for Transition of Dental Care throughout the Lifespan**

Purnima Hernandez, DDS

*FEE: \$50*

*CODE: F2PH*

*2 CEUs*

Children with ASD often have extreme difficulty with accepting simple oral care procedures. This is a huge barrier in transition of care as they age. This presentation will discuss developing simple routines that will be helpful throughout their lifespan.

*Learning Objectives:*

- Discuss the importance of dental routines to help with transition of care
- Understand the role of the parent and providers in preparing the child for the dental encounter
- List strategies on how to prepare an individual for a successful dental visit

---

## 9:00 am–12:00 pm **Approachable Prosthodontics: Managing Complex Treatment**

Michael Christian, DDS, FACP

*FEE: \$60*

*CODE: F2MC*

*3 CEUs*

Prosthodontics are part of everyday dentistry and can be both easy and complex. This presentation will take a closer look at how some treatments become more complicated and help to formulate a method for diagnosis, treatment planning, and execution.

*Learning Objectives:*

- Identify complex versus straightforward treatment scenarios
- Formulate a repeatable method to help diagnosis, treatment plan, and execution of prosthodontic cases
- Identify when complications may arise and have several tools to help manage their treatment

# Friday, May 15

## 10:00 am–11:00 am Managing Acute and Postoperative Oral and Dental Pain\*

Elias Chatah, DMD, PharmB, MS

FEE: \$35

CODE: F2EC

1 CEUs

This course satisfies one hour of mandatory CE in CT

This presentation will discuss the various analgesics used in modern dental practice, their mechanisms of action, indications, contraindications and side effects.

### *Learning Objectives:*

- Describe pain management options in modern dental practice
- Apply the principles of pain management to different population groups

## 10:00 am–11:30 am Navigating the Business of Dentistry: Legal, Financial and Tax Insights for Practice Success

Aaron Frankel, JD; Scott Frazer; Jonathan Gibney;  
Ryan Holzinger, CPA, CHBC, MSA, MST

FEE: \$40

CODE: F2SF

1.5 CEUs

You provide expert attention to your patients. Your practice deserves the same. Learn legal housekeeping tips to keep your practice in order, understand key terms in your employment agreement, get updates on current market trends, and considerations for sellers.

### *Learning Objectives:*

- Understand what to look for from a legal perspective
- Participants will have an overview of the practice acquisition framework
- Understand what you need to do to keep your patient records safe

## 10:00 am–12:00 pm Crush the Call: Elevating New Patient Conversion Over the Phone

Susan Leckowicz, RDH, BS

FEE: \$50

CODE: F2SL

2 CEUs

Join this dynamic course for dentists and teams to master new patient phone communication. Learn to make lasting first impressions, handle calls with confidence, and boost new-patient conversions. Turn every phone interaction into a powerful tool for new patient growth.

### *Learning Objectives:*

- Transform every patient's interaction into a value-driven conversation that makes care essential, not optional
- Ensure seamless handoffs so every team member supports patient decisions with confidence
- Master communication by identifying patient styles, using reflective listening, and addressing concerns early



# Welcoming All Dental Professionals!

## 11:30 am–12:30 pm Cultural Awareness in Treating Diverse Populations in the Dental Office\* Sarita Arteaga, DMD, MAGD

*FEE:* \$35  
*CODE:* F2SA  
*1 CEU*

This course satisfies one hour of mandatory CE in CT

Explore how cultural beliefs, communication styles, and social factors influence patient care. This session provides a review of the relationship between health disparities and cultural awareness while enhancing cross-cultural communication and allows the provider to deliver more inclusive, patient-centered care.

### *Learning Objectives:*

- Recognize how cultural beliefs and values influence oral health attitudes, pain perception, and treatment decisions
- Identify barriers to effective communication in cross-cultural patient interactions
- Incorporate cultural awareness principles into daily clinical practice

---

## 11:30 am–1:30 pm Advanced Tax Strategies for Dental Professionals Rahul Sharma

*FEE:* \$50  
*CODE:* F2RS1  
*2 CEUs*

Discover IRS-compliant tax strategies tailored for dentists. Learn to optimize your practice structure, retirement plans, and real estate to reduce taxes and boost cash flow. This session delivers practical, actionable steps to help you keep more of what you earn.

### *Learning Objectives:*

- Implement advanced, IRS-compliant tax strategies tailored to dental practices
- Design effective entity and retirement plan structures to maximize deductions and minimize taxes
- Integrate real estate ownership and reimbursement strategies into a comprehensive, year-round tax savings plan

---

## 1:00 pm–4:00 pm Stay in the Know: Recent CDT Changes and Common Insurance Administration Errors James DiMarino, DMD, MSED, CDC, FACD

*FEE:* \$75  
*CODE:* F2JD2  
*3 CEUs*

Learn the recent updates to the CDT code set that will impact your practice the most, including the new 2026 CDT code changes! Discuss common coding errors that cost you time and money.

### *Learning Objectives:*

- Learn the recent updates to the CDT code set that will impact your practice the most
- Discuss common coding errors that cost you time and money
- Find out how to increase your revenue by coding and documenting correctly

# Friday, May 15

## 1:00 pm–4:00 pm **Creating and Refining Your Office Systems: Putting Your New Tools to Work**

William Moorhead, DMD

*FEE: \$75*

*CODE: F2WM2*

*3 CEUs*

This presentation is a hands-on workshop to help teams quickly implement system check lists and protocols in their office. Tired of seeing the same mistakes and dropping balls in your dental office week after week? Bring your laptops to the session to learn how to implement system checklists and protocols to error proof your office.

### *Learning Objectives:*

- Explore productivity hacks for scheduling, treatment planning, organizing complex treatment
- Learn time management and discipline techniques to take your practice to the next level
- Improve treatment planning and case presentation skills (including photography techniques)

## 1:00 pm–4:00 pm **Site-Specific Approaches for Treating Gingival Recession: Why We Shouldn't Paint Every Picture with the Same Brush!**

Vinay Bhide, DDS, MSc, FRCDC

*FEE: \$75*

*CODE: F2VB2*

*3 CEUs*

Periodontal plastic surgery, especially for gingival recession, is a popular, successful subject in Periodontology. Different areas of the mouth require site-specific approaches and techniques, integrating evidence and clinical cases to ensure optimal surgical outcomes for mucogingival defects.

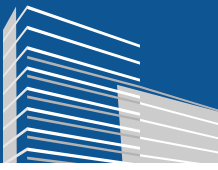
### *Learning Objectives:*

- Differentiate between the various gingival recession classifications and their clinical implications for treatment planning
- Evaluate the unique site-specific considerations (e.g., anatomy, keratinized tissue) that dictate the selection of a surgical technique
- Formulate an evidence-based treatment plan for root coverage by matching the optimal surgical approach to the defect characteristics



### ***What's the latest? What fun events are planned?***

Be sure to check [csdadentalmeeting.com](http://csdadentalmeeting.com) for all updates and full schedule information for each day of our meeting in May!



# Welcoming All Dental Professionals!

## 1:00 pm–4:00 pm **Decoding Periodontal Classification Using a Case-Based Approach**

Silky Sharma, RDH, Ed.D.

*FEE: \$75*

*CODE: F2SS2*

*3 CEUs*

This course uses a case-based approach to simplify and strengthen the application of periodontal classification in everyday practice. Participants will gain practical strategies for accurate diagnosis and treatment planning, elevating the quality of periodontal programs within private practice settings.

### *Learning Objectives:*

- Define the key components of the 2017 periodontal classification system and explain the nuances of different classifications and their application for treatment planning
- Develop skills in extracting relevant case information, assessing risk factors, and discussing strategies to identify periodontal classification based on individual patient scenarios
- Apply case-based learning by analyzing, interpreting, and treatment planning diverse periodontal cases

---

## 1:30 pm–3:00 pm **Reputation Management with a Digital-Age Perspective**

Cory Roletto, MBA

*FEE: \$40*

*CODE: F2CR*

*1.5 CEUs*

Master the technology and internal systems needed to effectively manage your practice's reputation across major review platforms, while learning proven best practices for patient engagement that strengthen your competitive position.

### *Learning Objectives:*

- Recognize how prospective patients use reviews to select dental providers
- Understand how reputation management improves your online visibility
- Apply evidence-based strategies for responding to both positive and negative reviews in ways that maintain professional standards



### *Curious about which companies you will see in May?*

For a current list of companies, please visit our annual meeting website ([csdadentalmeeting.com](http://csdadentalmeeting.com)).



# Friday, May 15

## 1:30 pm–3:30 pm **Lead Like You Mean It: Build a Leadership Style That Motivates Without Burning Out**

Valerie Alston, MA., CMPC

FEE: \$50

CODE: F2VA

2 CEUs

This session helps leaders identify their core values, strengths, and beliefs to build an authentic leadership style. You'll explore the impact your leadership has on others and yourself and leave with a philosophy and strategies to apply real-world challenges.

*Learning Objectives:*

- Discover Authentic Leadership and how it impacts yourself, workers and your practice
- Identify core values and strengths to develop a leadership philosophy
- Apply leadership philosophy to real world leadership challenges

---

## 1:30 pm–3:30 pm **The Do's and Don'ts of Root Canal Therapy for General Practitioners**

Alejandro Carrasco, DDS, MSc, MDS; Aniuska Tobin, DDS, MDS

FEE: \$60

CODE: F2CT

2 CEUs

This course provides practical, evidence-based guidelines to improve endodontic success in everyday practice. It highlights key clinical principles, common pitfalls, and step-by-step best practices—from diagnosis to restoration—to help clinicians achieve predictable, long-term results and know when to refer complex cases.

*Learning Objectives:*

- Improve success rates in everyday endodontic practice
- Identify common errors and how to avoid them
- Recognize when to refer to a specialist and why

---

## 1:30 pm–4:30 pm **American Heart Association Heartsaver® CPR/AED\***

Doug LoPresti, NREMT; Colleen Atkinson, NREMT

FEE: \$100

CODE: F2CPR2

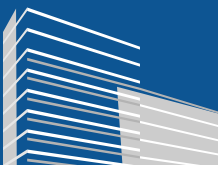
3 CEUs

2-year certification. Course covers Adult/Child/Infant CPR, use of AED and relieving obstructed airway for all populations.

*Learning Objectives:*

- Learn the importance of high-quality CPR and its impact on survival
- Apply the HS concepts to the Chain of Survival and recognize the signs of someone needing CPR
- Perform high-quality CPR for adults, children and infants

This course satisfies one hour of mandatory CE in CT



# Welcoming All Dental Professionals!

## 2:00 pm–3:00 pm Cannabis, Vaping and Oral Health

Elias Chatah, DMD, PharmB, MS

FEE: \$35

CODE: F2EC2

1 CEU

This presentation will cover cannabis and vaping, and their impact on oral health. In addition, we will discuss the management of patients using cannabis products in dental practice.

### *Learning Objectives:*

- Discuss cannabis pharmacology and health effects
- Describe the medicinal use of cannabinoids
- Describe the symptoms of cannabis use disorder, intoxication and withdrawal
- Describe the health implications of E-cigarettes or Vaping Use-Associated Lung Injury (EVALI)

---

## 2:00 pm–3:30 pm The Confidence Algorithm

Neo Positivity

FEE: \$40

CODE: F2NP2

1.5 CEU

Confidence is a skill you can train. This course shows how to rewire self-doubt into lasting belief, strengthening mindset, and influence. You'll discover a system to boost sales, deepen relationships, and lead with confidence in any situation.

### *Learning Objectives:*

- Examine how your confidence impacts coworkers, leadership, and even your family, fostering a culture of trust, motivation, and high performance
- Learn how to strengthen your mental muscle by rewiring brain algorithms, replacing self-doubt with unshakable belief through mindset training and mental exercises
- Explore techniques that elevate your presence, communication, and decision-making, leading to increased influence, stronger relationships, and higher sales

---

## 2:00 pm–4:00 pm Combating Burnout and Increasing Wellness in the Dental Workplace

Glenn Canares, DDS MSD; Bina Katechia, BDS, MSc

FEE: \$50

CODE: F2CK

2 CEUs

As dentists, we know firsthand that caring for patients is both fulfilling and challenging. Join us to discover practical, research backed strategies to spot burnout, boost resilience, and foster wellness while empowering you to thrive in today's dental workplace.

### *Learning Objectives:*

- Identify common signs of burnout in dental workplaces
- Apply practical strategies to enhance personal and team wellness
- Identify strategies to create a supportive workplace culture that promotes resilience and collaboration

# Friday, May 15

## 2:00 pm–4:00 pm **Chemo Mouth: Navigating the Path of Cancer Survivorship**

Rajiv Saini, BDS, MDS, MS

*FEE: \$50*

*CODE: F2RS*

*2 CEUs*

Understand and manage the complex oral side effects caused by cancer treatments. This course equips dental professionals with evidence-based strategies to support healing, reduce discomfort, and enhance oral health outcomes during and after chemotherapy or radiation therapy.

### *Learning Objectives:*

- Identify the most observed oral complications caused by cancer therapies and recognize how these symptoms negatively impact patient comfort and oral function
  - Explain the underlying biological processes that contribute to oral mucositis, dry mouth, and infection during chemotherapy and radiation-based cancer treatment
  - Formulate personalized, evidence-based strategies for managing oral side effects and improving overall quality of life in patients undergoing cancer therapy
- 

## 2:00 pm–4:00 pm **AI-Driven Dentistry: The New Tools Shaping the Future of Care**

Richard Huot, DDS

*FEE: \$50*

*CODE: F2RH*

*2 CEUs*

This lecture will explore what AI really means. We will discuss how AI will affect us, including in the 3D world. Participants will have a better idea how AI will affect their future practices and when to engage AI.

### *Learning Objectives:*

- Understand the 2D and 3D diagnostic capabilities of AI
  - Recognize the strengths and weaknesses of AI systems
  - Learn about the future capabilities of a fully integrated AI system in your office
- 

## 2:00 pm–4:00 pm **Get a Grip ... Instrument Selection and Advance Scaling Techniques**

Cathie Collier, RDH

*FEE: \$50*

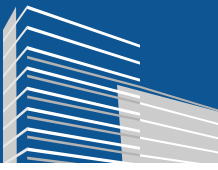
*CODE: F2CC2*

*2 CEUs*

This hands-on session provides dental hygienists with an overall view of new instrument designs, proper selection, and introduces fulcrum techniques that enhance treatment outcomes, increases patient comfort, promotes time efficiency and ergonomic balance.

### *Learning Objectives:*

- Understand the correlation between ergonomics and instrument selection and adaption
- Identify and select instruments that will functionally adapt to tooth surfaces
- Identify conditions where to utilize advance fulcrum techniques



# Welcoming All Dental Professionals!

## 2:30 pm–4:30 pm Mechanical Implant Complications

Erich Schmidt, DMD; Sebastien Salzmann, DDS

*FEE: \$50*

*CODE: F2SS*

*2 CEUs*

We will be covering mechanical complications associated with dental implants and how to address them. Complications include prosthetic fracture, abutment fracture, prosthetic screw loosening, and implant fracture. This lecture will cover incidence, prevention and solutions for mechanical complications.

### *Learning Objectives:*

- Identify mechanical complications associated with dental implants
- Learn how to address the various mechanical complications associated with dental implants
- Understand how to avoid some of the common failures around the mechanics of dental implants

## Celebrating Women in Dentistry Let's Do Lunch!

Friday, May 15, 2026  
12:00PM - 1:30PM

## Inviting women and all who support us!



- Increase knowledge base
- Encourage social connection
- Explore new opportunities to thrive in an ever-changing environment
- Share laughs & have fun!

**\$50**



**Connecticut State  
Dental Association**

# Saturday, May 16

## 8:30 am–10:30 am Using the Gum Score for Case Acceptance in Hygiene-Driven Dentistry Liz Nies, RDH

*FEE: \$50*  
*CODE: S3LN*  
*2 CEUs*

Most patients have bleeding gums and think it's normal. Use the gum score to get their attention. For patients to make informed decisions about their oral health, we keep the messaging simple. When we engage patients in their own numbers, they more readily accept treatment and even get excited about it.

### *Learning Objectives:*

- Identify the benefits and limitations of antimicrobials with oxidative and oxygenating reactions for biofilm management
- Recognize patient candidates who can benefit from Rx Tray therapy and the appropriate tray treatment protocol
- Compare patient results with a simple number that helps patients understand the importance of treatment

---

## 8:30 am–11:30 am Ceramic Restorations from Start to Finish: Making the Predictable Happen Arthur Volker, DDS, MSc, MEd

*FEE: \$60*  
*CODE: S3AV*  
*3 CEUs*

The world of dental ceramics can be difficult to navigate. Dr. Volker takes the attendees from treatment planning and sequencing to cementation and maintenance in this comprehensive course. Attendees will participate in a hands-on preparation, impression, fabrication and cementation of an indirect ceramic restoration.

### *Learning Objectives:*

- Bonding and/or cementation techniques and materials
- Treatment sequencing and planning procedures and protocols
- Retraction and hemostasis techniques and materials

---

## 9:00 am–10:00 am Managing Diabetic Patients in the Dental Office Elias Chatah, DMD, PharmB, MS

*FEE: \$25*  
*CODE: S3EC*  
*1 CEUs*

The presentation will cover diabetes mellitus diagnostic tests, hemoglobin A1c (HbA1c), hypoglycemia, hyperglycemia, diabetes and susceptibility to infections, and oral manifestations of poorly controlled diabetes, short-term NSAID use in T2DM and drug interactions.

### *Learning Objectives:*

- Describe the different types of diabetes mellitus
- Discuss the pathophysiology of susceptibility of diabetics to infections
- Discuss the impact of blood glucose fluctuations on dental treatment
- Discuss drug interactions of importance in diabetic patients



# Welcoming All Dental Professionals!

## 9:00 am–10:30 am From Burnout to Balance: Emotional Resilience Tools for Dental Professionals Who Give It All

Shawniel Chamanlal, LCSW

FEE: \$40  
CODE: S3SC  
1.5 CEUs

Dental professionals face unique emotional demands—balancing precision, performance, and compassion fatigue. This interactive session provides holistic strategies to manage stress, regulate the nervous system, and cultivate sustainable rhythms of rest, joy, and alignment, supporting both professional and personal well-being.

### *Learning Objectives:*

- Learn to identify the early signs of burnout and compassion fatigue specific to dental professionals
- Explain the connection between stress, emotional well-being, and physical performance
- Design a personalized routine that supports sustainable emotional wellness and professional longevity

---

## 9:00 am–10:30 am The Future of HR: From Transactional to Transformational

Tracey Joseph, MBA

FEE: \$40  
CODE: S3TJ  
1.5 CEUs

As organizations evolve through digital acceleration and shifting workforce expectations, HR must transcend administration to drive transformation. This session helps leaders build agile, inclusive, and people-centered cultures, where data shapes strategy and human connection drives lasting success. Whether leading a small practice or managing a multi-site team, attendees will leave with actionable strategies to strengthen culture, align values, and elevate patient care through empowered teams.

### *Learning Objectives:*

- Recognize how transformational HR principles apply to dental practices
- Identify strategies to enhance team engagement and compliance simultaneously
- Implement people-centered systems that improve both staff retention and patient satisfaction



Be sure to like and follow us @CTStateDentalAssociation for news and information on all of our events and course offerings throughout the year!

# Saturday, May 16

## 9:00 am–11:00 am The Motivational Climate Code: 4 Strategies to Fuel Engagement, Growth, and Team Buy-In

Valerie Alston, MA, CMPC

FEE: \$50  
CODE: S3VA  
2 CEUs

Learn the 3 psychological needs that drive motivation and how your leadership behaviors impact them. Walk away with 5 practical strategies to boost engagement, build trust, and create a culture where your team is motivated, resilient, and bought in.

### *Learning Objectives:*

- Explore how to get your own needs met to have more clarity, energy, and impact
  - Learn everyday leadership behaviors that support or sabotage these strategies
  - Demonstrate how to apply these 5 strategies to real world leadership challenges
- 

## 9:00 am–11:00 am Build Value Now! The Keys to a Practice Everyone Wants to be a Part Of!

Emilia Erardi, FAADOM

FEE: \$50  
CODE: S3EE  
2 CEUs

What do people value? Our patients, and our team value similar things! In this discourse we will go over how we build a team and patient base who build, share, appreciate, and create value!

### *Learning Objectives:*

- Create a stable team culture that drives growth
  - Create a patient experience that is driven by value, not in network status
  - Have a growth plan for the business, with objectives clearly mapped out
- 

## 9:00 am–11:00 am Artificial Intelligence in Dentistry

Rajiv Saini, BDS, MDS, MS

FEE: \$50  
CODE: S3RS  
2 CEUs

Explore how artificial intelligence is transforming dental research and innovation. This course introduces AI tools for diagnostics, literature synthesis, and predictive analytics, helping clinicians and researchers integrate technology into evidence-based workflows.

### *Learning Objectives:*

- Define core artificial intelligence concepts and describe their growing applications within dental diagnostics, clinical research, and academic literature review
- Demonstrate how AI-based platforms can streamline research workflows, enhance clinical accuracy, and assist in identifying patterns relevant to treatment planning
- Evaluate the ethical challenges and responsibilities involved in applying artificial intelligence technologies



# Welcoming All Dental Professionals!

## 9:00 am–12:00 pm American Heart Association Heartsaver® CPR/AED\*

Doug LoPresti, NREMT; Colleen Atkinson, NREMT

FEE: \$100

CODE: S3CPR

3 CEUs

This course satisfies one hour of mandatory CE in CT

2-year certification. Course covers Adult/Child/Infant CPR, use of AED and relieving obstructed airway for all populations.

### *Learning Objectives:*

- Learn the importance of high-quality CPR and its impact on survival
- Apply the HS concepts to the Chain of Survival and recognize the signs of someone needing CPR
- Perform high-quality CPR for adults, children and infants

## 9:30 am–11:00 am Intraoral Scanners for Comprehensive Diagnostic, Education, Planning, and Treatment Workflows

Rebekah Browder, DDS

FEE: \$40

CODE: S3RB

1.5 CEUs

This course will provide a comprehensive overview of intraoral scanning, including its applications in patient education, diagnostic support, and effective communication with the dental laboratory. We will also explore how intraoral scanning integrates with AI technologies such as Overjet, its role in non-invasive, conservative treatments like Curodont, and the associated clinical workflows.

### *Learning Objectives:*

- Understand how valuable a tool the intraoral scanner can be in accurately diagnosing, increasing treatment acceptance, and broadening the treatment offerings to increase ROI

## 9:30 am–11:30 am Real Talk About the State of Dental Assistants in 2026

Kevin Henry, MA

FEE: \$50

CODE: S3KH

2 CEUs

In this candid, interactive session, dental assistants will explore the challenges and opportunities shaping their profession in 2026. This course invites assistants to share their real-world experiences, frustrations, and triumphs in the field, while engaging with peers to find solutions.

### *Learning Objectives:*

- Analyze current challenges and emerging opportunities
- Apply strategies for career advancement and job satisfaction
- Engage collaboratively to build professional support networks

# Saturday, May 16

## 9:30 am–11:30 am The Question Mark in the Crack

Elinor Alon, DMD

FEE: \$60

CODE: S3EA

2 CEUs

This presentation will review the challenges in the diagnosis of cracked/fractured teeth and will discuss possible treatment options based on the relevant prognostic factors. Accurate clinical evaluation, including 3D imaging, should be the foundation of our assessment of cracked teeth, mainly to avoid over diagnosis of such a condition.

### *Learning Objectives:*

- List the challenges in the diagnosis of cracked/fractured teeth
- List the possible differential diagnosis for a cracked tooth
- Discuss possible treatment options for cracked/fractured teeth based on the relevant prognostic factors

## 10:00 am–12:00 pm The Esthetic Implant Playbook: Simple Prosthetic Strategies for Stunning Results

Ajay Dhingra, BDS MSD FACP

FEE: \$60

CODE: S3AD

2 CEUs

This comprehensive presentation offers a roadmap for achieving predictable and esthetic outcomes with esthetic zone implants. It focuses on case planning, provisional restoration, tissue molding, and managing potential complications using an angled screw channel and pink porcelain for successful practice integration.

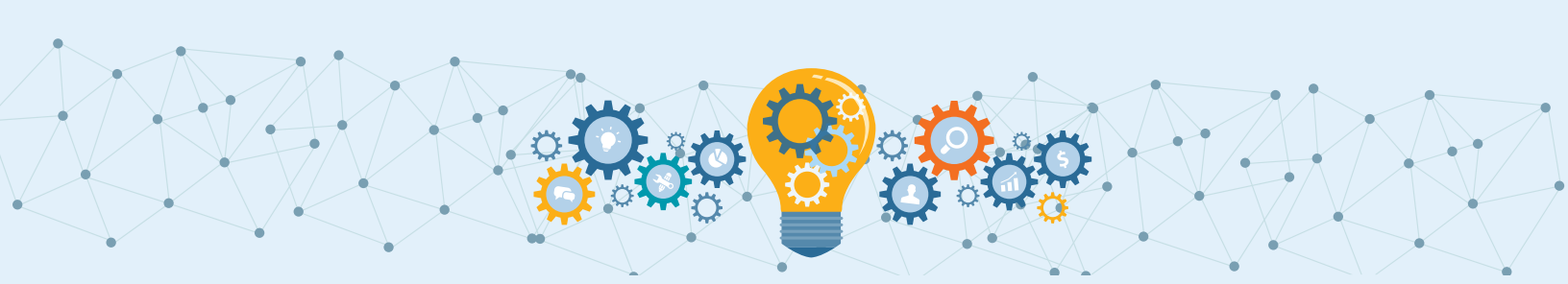
### *Learning Objectives:*

- Master the Prosthetic Workflow: Develop a systematic approach to case selection and comprehensive treatment planning
- Optimize Soft Tissue Esthetics: Implement effective provisional restoration and tissue molding techniques
- Manage Complications: Identify and apply practical strategies for managing basic esthetic complications and correctly assess occlusion considerations for long-term stability and beautiful outcomes



### *What's the latest? What fun events are planned?*

Be sure to check [csdadentalmeeting.com](http://csdadentalmeeting.com) for all updates and full schedule information for each day of our meeting in May!



***New at the 2026 Charter Oak Dental Meeting!***

## ***Put the Power of a Mastermind Brainstorm Session to Work for You***

More than a century ago, Napoleon Hill described the incredible focus of a Mastermind group, which consists of two or more people combining their knowledge and effort in a spirit of perfect harmony to attain a definite specific goal. Most of us as dentists operate in silos that never allow the formation of a Mastermind—a mind greater than the sum of its parts. We all have things to contribute to solving the common problems and frustrations we experience in delivering quality dental services. For the first time, the CSDA Annual Session will provide the opportunity to experience the success potential of mastermind groups.

### **The Format**

Eight participants at four round tables will brainstorm two of the following topics (chosen by the group) for a half hour each over a box lunch. The overall Mastermind Brainstorm Session will be moderated by Dr. Steve Hinchey.

*Space is limited, and will be allocated on a first come, first served basis!*

**Thursday, May 14 and Friday, May 15 in the Exhibit Hall**

12:30 pm–1:30 pm

Moderator: Dr. Steve Hinchey

Fee: \$25



### **The Topics**

- A. Assembling your best team
- B. Best-ever marketing tips for NPs
- C. Improving your bottom line—it's not only about increasing gross production
- D. Improving engagement of your team members
- E. What new tech actually improves your bottom line
- F. Using AI to improve patient care outcomes
- G. What do you do when that “key” person leaves
- H. How to go fee for service without losing your entire patient base



# Our Speakers



**Taha  
Akhtar**  
DMD  
Hudson, MA



**Vinay  
Bhide**  
DDS, MSc, FRCDC  
Thornhill, Ontario



**Ron  
Albert**  
DMD  
Manchester, CT



**Glen  
Canares**  
DDS  
Baltimore, MD



**Elinor  
Alon**  
DMD  
Cheshire, CT



**Alejandro  
Carrasco**  
DDS, MSc, MDS  
Farmington, CT



**Valerie  
Alston**  
MA, CMPC  
Pinehurst, NC



**Shawniel  
Chamanlal**  
LCSW  
Plantsville, CT



**Sarita  
Arteaga**  
DMD, MA, FACD, MAGD  
Farmington, CT



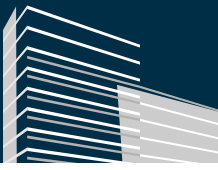
**Elias  
Chatah, Jr.**  
DMD, PharmB, MS  
Farmington, CT



**Colleen  
Atkinson**  
NREMT  
Old Lyme, CT



**Michael  
Christian**  
DMD, FACP  
Simsbury, CT



# Welcoming All Dental Professionals!



**Paul  
Ciuci**  
DMD, MD, FACS  
Milford, CT



**James  
DiMarino**  
DMD, MSED, CDC, FACD  
Belmont NC



**Cathie  
Collier**  
RDH  
Stratford, CT



**Jackie  
Dorst**  
RDH  
Fernandina Beach, FL



**Sandra  
D'Amato-Palumbo**  
RDH, BS, MPS, EdD  
Cheshire, CT



**Michael  
Dutko**  
MA, LPC, LADC  
Watertown, CT



**Adam  
Daniels**  
Vernon, CT



**Emilia  
Erardi**  
FAADOM  
Lyman, SC



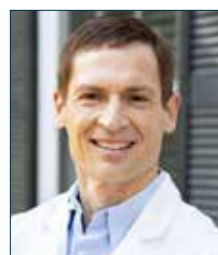
**Ajay  
Dhingra**  
BDS MSD FACP  
West Hartford, CT



**Jody  
Erdfarb**  
JD  
Stamford, CT



**Tasha  
Dickinson**  
MBA  
St. Albans, VT



**Brian  
Evans**  
DDS, MS  
Hamden, CT

# Our Speakers



**Aaron Frankel**  
JD  
West Hartford, CT



**Jonathan Gibney**  
Brookfield, CT



**Scott Frazer**  
Suffield, CT



**David Harris**  
CFE, Forensic CPA, CFF, MBA  
Halifax, Nova Scotia



**David Fried**  
DMD  
Wallingford, CT



**Kevin Henry**  
MA  
Longmont, CO



**Dennis Flanagan**  
DDS, MSc  
Mystic, CT



**Purnima Hernandez**  
DDS  
Fair Lawn, NJ



**John Gammichia**  
DMD, FAGD  
Apopka, FL



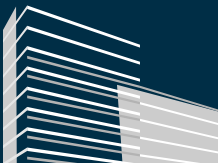
**Ryan Holzinger**  
CPA, CHBC, MSA, MST  
Cranston, RI



**Roberta Garceau**  
DMD, FAGD, D-ABDSM  
Windsor, CT



**Richard Huot**  
DDS  
Vero Beach, FL



# Welcoming All Dental Professionals!



**Tracey Joseph**  
MBA  
Naugatuck, CT



**John Nadeau**  
Gorham, ME



**Steven Katz**  
DMD, MAGD, FICD  
Jericho, NY



**Bo Nielson**  
Jersey City, NJ



**Bina Katechia**  
BDS, MSc  
Farmington, CT



**Liz Nies**  
Victor, MT



**Susan Leckowicz**  
RDH, BS  
Newington, CT



**Corey Podbielski**  
DPT  
Northford, CT



**Doug LoPresti**  
NREMT  
Old Lyme, CT



**Neo Positivity**  
Riverview, FL



**William Moorhead**  
DMD  
Flemingsburg, KY



**Dar Radfar**  
DDS  
Calabasas, CA

# Our Speakers



**Cory  
Roletto**  
MBA  
Hillsboro, Oregon



**Rahul  
Sharma**  
MBA, CPA  
Windsor, CT



**Rajiv  
Saini**  
BDS, MDS, MS  
Katy, TX



**Silky  
Sharma**  
RDH, Ed.D.  
Deerfield, IL



**Michael  
Ragan**  
DMD, JD, LLM  
Miami, FL



**Aniuska  
Tobin**  
DDS, MDS  
Farmington, CT



**Sebastien  
Salzmann**  
DDS  
Pittsfield, MA



**Susan  
Tobenkin**  
MSW, LCSW  
Hamden, CT



**Erich  
Schmidt**  
DMD  
East Longmeadow, MA



**Arther  
Volker**  
DDS, MSc, MEd  
Sunnyside, NY



**Debbie  
Seidel-Bittke**  
RDH  
Surprise, AZ



**Eric  
Whidden**  
DDS  
Colchester, CT

## A Very Special Thank-You

A very special thank-you to Drs. Amit Desai and Kevin Norige, co-chairs, and all the CSDA volunteers who serve on the Professional Development Council. We couldn't execute the Charter Oak Dental Meeting without you!

Jason Alliger, DDS  
Douglas Callis, DDS  
Thomas Calnon, DDS  
Julia Clapis, DDS  
Ethan Cope, DMD  
Amit Desai, DMD  
Ajay Dhingra, BDS  
Sharon Efron, RDH  
Dennis Flanagan, DDS  
Andrea Gallant, RDH  
William Introcaso, DMD  
Bina Katechia, BDS  
Izaz Khan, DDS

Michael Levinson, DDS  
Julia Marrandino, DDS  
Peter Mullen, DDS  
Kevin Norige, DMD  
Sandy Palumbo, RDH  
Jared Percyz, DDS  
Lawrence Ryan, DDS  
Sejal Thacker, DDS  
Thomas Thibault, DMD  
Coreen Thompson, Office  
Manager  
Michael Ungerleider, DMD

# THANK YOU!

## Thank You to Our Sponsors



# Registration Form

One registrant per form (duplicate this form for additional registrants) • Register online at [csdadentalmeeting.com](http://csdadentalmeeting.com)

Full name \_\_\_\_\_

☐ DMD ☐ DDS ☐ Specialty \_\_\_\_\_

(if applicable): ADA # \_\_\_\_\_ AGD # \_\_\_\_\_

Office name \_\_\_\_\_

Mailing address \_\_\_\_\_

(Where your registration materials will be mailed to. No PO boxes, please.)

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

## Registration fee rates

|                                                       | Early  | After April 1 |
|-------------------------------------------------------|--------|---------------|
| <input type="checkbox"/> Dentist 1st year CSDA Member | no fee | \$65          |
| <input type="checkbox"/> Dental Resident/Student*     | no fee | \$20          |
| <input type="checkbox"/> CSDA Retired Life Member     | no fee | \$40          |
| <input type="checkbox"/> CSDA Member Dentist          | \$80   | \$100         |
| <input type="checkbox"/> ADA Member Dentist           | \$100  | \$120         |
| <input type="checkbox"/> Non-ADA Member Dentist       | \$150  | \$175         |
| <input type="checkbox"/> Hygienist                    | \$45   | \$65          |
| <input type="checkbox"/> Dental Assistant             | \$45   | \$65          |
| <input type="checkbox"/> Dental Office Staff          | \$45   | \$65          |
| <input type="checkbox"/> Lab Owner/Tech               | \$45   | \$65          |
| <input type="checkbox"/> Guest/Spouse                 | \$45   | \$65          |

Guest/Spouse of \_\_\_\_\_

Please be sure to provide an email address to receive a confirmation and other important information.

\*A copy of your student ID or a letter from a department head verifying your status must accompany your registration.

## Thursday, May 14th

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

☐ I would like to purchase a gourmet lunch for Thursday (\$25): ☐ Italian ☐ Chicken ☐ Turkey ☐ Portabella

☐ Please register me for the Western themed party on Thursday Night (\$60 per person)

## Friday, May 15th

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

☐ I would like to purchase a gourmet lunch for Friday (\$25): ☐ Italian ☐ Chicken ☐ Turkey ☐ Portabella

## Saturday, May 16th

Course code \_\_\_\_\_ Speaker's last name \_\_\_\_\_ Course Fee \$ \_\_\_\_\_

## Payment information

Total due (including registration fee)

\$ \_\_\_\_\_

Please note: The CSDA reserves the right to verify registration type. If necessary, you will be contacted to address any discrepancies.

☐ Check payable to CSDA enclosed or ☐ MasterCard ☐ Visa ☐ American Express

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ / \_\_\_\_\_

CVV \_\_\_\_\_ Billing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_

Mail completed form and payment to: CSDA c/o Annual Meeting, 835 West Queen St., Southington, CT 06489

For questions, contact the CSDA at 860.378.1800.

Register at [csdadentalmeeting.com](http://csdadentalmeeting.com)

# KEEPING TECHNOLOGY OUT OF YOUR WAY.

Helping dental practices keep their technology running smoothly for **almost 30 years.**

At Integrity, we are more than IT support; we are your trusted advisor. Our focus is simple: align technology with your practice's goals so it solves problems, supports growth, and never gets in the way of patient care. We take a strategic, hands-on approach to managing your IT, ensuring your team has the guidance, tools, and expertise needed to keep your practice running smoothly.



## THE INTEGRITY DIFFERENCE

**Deliver What We Say • Attention to Detail • Responsive, Accountable... and We're Nice!**

## OUR PROVEN PROCESS

We've built a repeatable framework to ensure your technology is always working for you:

We **understand** your needs, wants, and pain points, determine mutual fit, and clarify what success looks like.

We **develop** right-fit solutions, set priorities, craft a plan, and provide guidance so you can make confident decisions.

We **deploy** the Integrity team, implement solutions, and ensure smooth, stable operations.

We **support** your practice by combining trusted toolsets, thoughtful guidance, and a readiness to respond – so you feel secure, supported, and confident in every step forward.

Scan here  
for a free  
IT Health  
Assessment.



**(866) 446-8797 | [integrityss.com](http://integrityss.com) | [sales@integrityss.com](mailto:sales@integrityss.com)**



Connecticut State Dental Association  
835 West Queen Street  
Southington, CT 06489

PRSRT STD  
U.S. Postage  
**PAID**  
Hartford, CT  
Permit No.1907

 facebook.com/CTStateDentalAssociation

 @CTStateDentalAssociation

 @CTStateDentalAssociation



Dr. Aaron Mangum of  
Lake District Family Dentistry in Alexandria, LA

## YOUR PARTNER in Practice Protection

### Owned and operated by dentists.

Fortress professional liability coverage is designed with a deep knowledge of dentistry and includes valuable patient safety and risk management resources created to help you navigate day-to-day practice issues.

**FORTRESS**  
PROTECTION FOR DENTISTRY

\*The language contained in each policy of insurance establishes the specific terms and conditions of insurance, and will supersede any statements contained herein. 2025 Fortress Insurance Company. All rights reserved.

### Contact your Fortress Agent

Brenda Jewell-Swartz  
Jewell Professional Insurance  
860-232-5800 | [jewellpro.com](http://jewellpro.com)



ENDORSED BY  
THE CONNECTICUT STATE  
DENTAL ASSOCIATION

**GET YOUR QUICK QUOTE TODAY!**

[dds4dds.com](http://dds4dds.com)