

Clinical Updates in Psychopharmacology (Pre-Conference)
Also
**The 30th Annual Premier Conference
of the California Psychiatric Association — 2017**

October 6-8, 2017
Tenaya Lodge at Yosemite
Fish Camp, California

Earn up to 22 AMA PRA Category 1 credits™ for the Clinical Updates in Psychopharmacology Pre-conference (6) and the California Psychiatric Association 30th Annual Premier Conference 2017 (16).

California Psychiatric Association
921 11th St., STE 502
Sacramento, CA 95814
916-442-5196 Fax 916-442-6515
Email: calpsych@calpsych.org
Web site: www.calpsych.org

The California Psychiatric Association Clinical Updates in Psychopharmacology

As neuroscience gradually advances, the “backbone” of clinical practice remains psychopharmacology—and how to combine it with psychotherapeutic interventions. The only questions for psychiatrists and primary care physicians is “how to keep up.”

This conference aims to provide clinicians with the latest awareness in diagnosis and treatment for the most common disorders we manage in our practice. Organized and chaired by Professor Ira Glick from Stanford and Robert M. McCarron, DO, CPA President-elect, have arranged for internationally known “expert researchers- clinicians-teachers” from the Stanford Faculty to present on the important topics listed below.

We will have a lecture, Q&As and a panel discussion to provide “everything you need to know...”

We look forward to interacting and learning from you, to learn what is “going-on” in the firing-line of practice.

Please see the registration page for pricing regarding the Pre-conference shown below (Clinical Updates in Psychopharmacology). A discount will be offered for those choosing to attend both the Pre-conference and the 30th Annual Premier Conference.

Clinical Updates in Psychopharmacology:

7:30 AM **Registration and Breakfast opens for Pre-conference**

8:00 AM **Introductions**

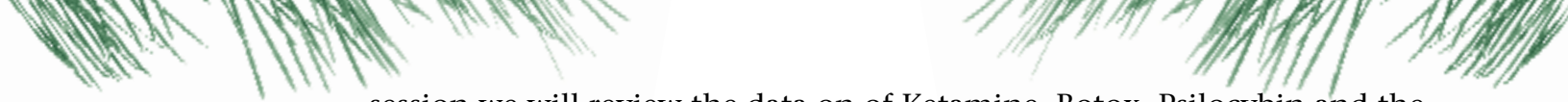
8:15-9:45 AM **Update on Child and Adolescent Psychopharmacology**
(1.5 CME) *Glen Elliott, MD*

Child and adolescent psychopharmacology still trails behind adult psychopharmacology in many ways, but progress has been made in identifying some disorders and behavioral problems that respond well to available medications and in clarifying risks and benefits of commonly used psychoactive medications such as stimulants, antidepressants, and antipsychotics. This presentation will briefly review key disorders and behavioral presentations for which medications often are used and discuss limitations of available therapeutic agents.

9:45-10:00 AM Break

10:00-11:30 AM **Depression-Novel One-time Interactions with the Potential for Long Term Benefits**
(1.5 CME) *Charles DeBattista, MD*

While most treatments for depression including psychotherapy and pharmacotherapy require long term commitments from patients, there may be treatments that may be administered once with long term benefits. In this



session we will review the data on of Ketamine, Botox, Psilocybin and theta-burst TMS in the treatment of depression

11:30-12:30 AM Lunch Provided

12:30-2:00 PM **Differential Diagnosis of Dementias and the Current Research Landscape of Major Neurocognitive Disorder Due to Alzheimer's**
(1.5 CME) *Gus Alva, MD*

Making a specific diagnosis early is critical for patients and caregivers since Major Neurocognitive Disorder due to AD is the most common dementia, it's critical for the clinician to be aware of the latest in detecting (being aware of changes in the nomenclature), tracking (via advances in biomarkers) and treating (with current available agents and those in clinical research development).

2:00-2:30 PM Break – Please visit the Exhibit Hall (snacks for registrants only)

2:30-4:00 PM **Combining Medication and Psychotherapeutic Interventions for Axis I Disorders Through the Life Cycle**
(1.5 CME) *Ira D. Glick, MD*

Both psychotherapy and psychopharmacology can lead to powerful benefits for our patients, but the combination is often superior to either alone. Here we will discuss conceptual strategies and practical techniques for combining both interventions for direct symptom control (Axis 1) and management of difficult personalities (Axis 2).

We will explore the theory and practice of how to approach assessment, structure the treatment sessions, and transition between modalities. This will include a discussion of indications, results, and advantages and disadvantages of combined treatment.

4:00 PM Concluding remarks

Attendees only attending the pre-conference are welcome to join the CPA for the President's Reception as listed below. To attend the rest of the Friday schedule you must be registered for the CPA's 30th Annual Premier Conference.

The California Psychiatric Association 30th Annual Premier Conference 2017

FRIDAY, October 6, 2017

2:00 PM **Registration Opens**

4:00 PM **Exhibits Open** – *We encourage you to visit the Exhibit Room to meet with the exhibitors who sponsor your conference. Please show them how much you appreciate their support by spending time with them to learn about their products and services.*



- 
- 5:00-6:30 PM **President's Reception in Exhibit Area** - Hosted beer, wine and soft drinks
"Meet/Greet" your colleagues
- 6:30-7:30 PM **Friday Night Buffet Dinner** (please purchase tickets in advance)
- 7:30-9:30 PM **Friday Night at the Movies: JACO**
(2 CME)
Moderator, Robert Burchuk, MD (1st Jaco Pastorius performance 1976)

In this film, Metallica's Robert Trujillo talks us through the tragic story of a "young kid from Florida who turned his instrument into an absolute weapon."

SATURDAY, October 7, 2017

- 7:00 AM "Fun Run" (Participants meet at CPA registration table)
- 7:00-8:00 AM Breakfast in Exhibit Area (registrants only)
- 7:00-8:00 AM Women in Psychiatry Caucus (please pick up breakfast first)
- 7:00-8:00 AM Senior Psychiatrists Caucus (please pick up breakfast first)
- 8:00-8:15 AM **Welcome and Opening Remarks**
William Arroyo, MD, CPA President
Robert M. McCarron, DO, CPA CME Chair
- 8:15-9:15 AM **Building Wellbeing through Innovation**
(1 CME)
Anita Everett MD, DFAPA, President, American Psychiatric Association

During my term as APA president several priorities will be addressed. These include a focus on innovation in the practice of psychiatry, an invitation for us to think about our aspirations as psychiatrists and a look internally into the elements that contribute to the cause and also the remedy of professional burnout. These themes will be included in this session. Opportunity to provide input into these processes will be provided.

- 9:15-10:15 AM **Legal and Legislative Updates in Psychiatry**
(1 CME)
Randall Hagar, CPA Director of Government Relations

Will review and discuss: attempts to erode the psychotherapist patient privilege with accompanying privacy implications; attempts to restrict prescribing of psychiatric medications to select populations; new oversight provisions regarding pain medication prescribing; parity enforcement activities on the state and federal level; network adequacy improvement actions by regulators; implementation status of Laura's Law statewide and how that provides a tool for a psychiatrists practice as well as a survey of other topics and where to get more information on them.



9:15-3:15 PM
(3 CME)
(concurrent)

Early Career Mentorship and Career Planning Symposium

(pre-registration required)

We invite all Residents, Fellows, and Early Career Psychiatrists to attend and actively participate in the CPA Early Career Mentorship and Career Planning Symposium.

With a focus on residents and early career psychiatrists, this symposium aims to expose attendees to multiple topics which arise in new careers but may not have been addressed in residency, including the following:

- Career options, including private practice, academics, medical groups, and more.
- Specifics of job application requirements, preparing for board exams, maintenance of CME Credits, and financial concepts related to loan repayment, practice management, retirement preparedness, etc.
- Legal concepts related to contract negotiation, medical malpractice, and the disclosure protections for patients in relation to their psychiatric records.
- Advocacy and the importance of organized medicine and its value in shaping psychiatrically informed public policy, as well as strategies for incorporating it into your career

10:15-10:45 AM Refreshment Break in Exhibit Area

10:45-12:15 PM **The Six Neuropsychiatry Cases Every Psychiatrist Should Know**
(1.5 CME) *Sheldon Benjamin, MD*

The study of carefully evaluated neuropsychiatric cases has facilitated the elucidation of brain mechanisms of behavior. We will examine in both historical and contemporary context what has been learned from Harlow's study of Phineas Gage, Broca's study of Louis Victor Leborgne, Alzheimer's study of Auguste Deter, Luria's study of Solomon Shereshevsky, Ackerly's study of JP, and Milner and Corkin's study of Henry Gustav Molaison. As we review these six important historical cases we will set the record straight, illustrate lesser known aspects of the cases, and examine the importance of the work of each of the authors to our current understanding of disease.

12:15-1:45 PM **Legislative Luncheon** - Keynote Speaker TBD

1:45-3:15 PM **Understanding Fibromyalgia and it's Disorders**
(1.5 CME) *Charles De Mesa, DO, MPH*

- Identify basic pathophysiology and treatment options for fibromyalgia
- Discuss relevant pain pathways and mechanisms related to this chronic pain syndrome
- Describe pragmatic approaches to fibromyalgia management illustrated through case based examples

3:15-4:00 PM Refreshment Break in Exhibit Area (registrants only)

4:00-5:30 PM
(1.5 CME)

Sleep Medicine and Psychiatry

Lynn Keenan, MD, FAASM

Sleep disorders and psychiatric disorders have bidirectional effects. Accurately diagnosing and treating sleep disorders can aid in the treatment of mood disorders. Sleep disorders are categorized as insomnia, hypersomnia, movement disorders, sleep related breathing disorders, circadian rhythm disorders, parasomnias and sleep disorders in other diseases. Sleep apnea in particular can exacerbate depression and anxiety, and hamper the recovery time if not adequately addressed. The varied presentations of sleep apnea, as well as the treatment options will be reviewed. Insomnia is very prominent in mood disorders, and an approach to evaluation and treatment will be outlined.

5:45-7:00 PM

PAC Reception (contribution required)

Larry Malak MD, Chair CPPAC

7:00 PM

RFM/ECP Reception

SUNDAY, October 8, 2017

7:00-8:00 AM

Breakfast in Foyer (registrants only)

7:00-8:00 AM

Resident Fellow Member Caucus (please pick up breakfast first)

7:00-8:00 AM

Psychotherapy Caucus (please pick up breakfast first)

7:00-8:00 AM

Psychiatry Residency Training Directors (please pick up breakfast first)

8:00-9:00 AM

(1 CME)

Forgetting to Remember, Remembering to Forget:

A Neuropsychiatrist Thinks About Memory

Sheldon Benjamin, MD

What if we had perfect recall? What if we had total amnesia? How do our memories change us? Dr. Benjamin will take us on a literary and scientific journey through memory, mind and brain, moving from amnesic and hypermnesic syndromes through the neuroscience of memory and learning to the role of memory in psychiatry.

9:00-10:00 AM

(1 CME)

Med/Psych Update: Responsible Opioid Prescribing

Matthew Reed, MD

Overdose deaths associated with opioid analgesics have increased substantially. In response, the CDC has published new prescribing guidelines. This interactive discussion will focus on indications for opioid analgesia, appropriate risk assessment, and prescribing best practices based on the CDC guidelines.

10:00-10:15 AM

Break in Foyer (registrants only)

10:15-12:30 PM
(2.25 CME)

**Caring for Gender Non-Conforming and Transgender Adolescents;
A Multidisciplinary Approach**

Johanna Olson-Kennedy, MD

Aydin Olson-Kennedy, MSW, ACSW

Katherine Gardner, MD, MBA

Swati Rao, MD

The last decade has seen an unprecedented number of children and youth presenting for care related to gender dysphoria at gender specific clinics and centers around the United States. There is little to no formal education about the care of these extraordinary youth incorporated into either medical school or residency curricula. In order to help mitigate gender dysphoria, many transgender youth require physical changes to their bodies in order to bring them into closer alignment with their internal gender identity. This workshop will give an overview of appropriate gender terminology, introduce the presentations of gender dysphoria across different ages, examine the impact of gender dysphoria on development, and review the available medical interventions used for phenotypic gender transition.

12:30-12:45 PM Wrap Up and Closing Remarks

HOTEL RESERVATIONS

Tenaya Lodge at Yosemite

1122 Highway 41

Fish Camp, CA 93623

Reservations may be made online by using the reservation link: <https://gc.synxis.com/rez.aspx?Hotel=474&Chain=398&arrive=10/5/2017&depart=10/8/2017&adult=1&child=0&group=3110RO>

*Guests unable to use the online reservation system can make reservations by calling (800) 635-5807, Option #1 and identify you are with the **2017 California Psychiatric Association**, or use the group code **3110RO** to receive the group rate.*

Premium guestroom rate is \$219.00 Single or Double Occupancy, per night. Hotel room rates are subject to applicable state and local taxes in effect at time of check in. Additional adults are \$15.00 per night.

The conference rate applies to 3 days before and 3 days following the conference, based on availability only. There is very limited availability for additional days. Please let the hotel know as soon as possible if you are interested in additional days, and specify that you are with the California Psychiatric Association.

RESERVATIONS MUST BE MADE PRIOR TO September 4, 2017

CHECK-IN - 4:00 P.M.

CHECK-OUT - 11:00 AM

Reservations must be guaranteed with one night's advance deposit by credit card or personal check at the time reservation is made. Unconfirmed reservations are subject to cancellation. All individual guestrooms must be cancelled at least seven (7) days more prior to arrival. All early departures, no shows and late arrivals will be charged the contracted nightly rate for each night the reserved room is not occupied by the individual. All reductions to guest's length of stay must be received 48 hours or more prior to arrival, or the guest will be required to pay for the full original length of stay.



FACULTY

Gus Alva, MD, DFAPA, Medical Director, ATP Clinical Research Assistant Professor, Department of Psychiatry and Neuroscience, UC Riverside

Sheldon Benjamin, MD, Interim Chair of Psychiatry, Director of Neuropsychiatry, Professor of Psychiatry and Neurology, University of Massachusetts Medical School

Rob Burchuk, MD, Managed Care Medical Director, Los Angeles County Department of Mental Health, Past President, SCPS (2009-10)

Charles DeBattista, MD, Professor of Psychiatry and Behavioral Sciences, Stanford University School of Medicine

Charles De Mesa, DO, MPH, Assistant Professor, Director, Pain Medicine Fellowship, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine, University of California, Davis

Glen R. Elliott, MD, PhD, Emeritus Professor of Psychiatry, UCSF or Clinical Professor (Affiliated), Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Chief Psychiatrist and Medical Director, Children's Health Council

CONFERENCE COMMITTEE

Robert M. McCarron, DO, CPA CME Chair & CPA President Elect

Steven Chan, MD, NCPS

Yvonne Ferguson, MD, MPH, CPA Newsletter Chair

Larry Malak, MD, CPA PAC Chair

Bruce Milin, MD, NCPS

Timothy Murphy, MD, CPA Immediate Past President

CPA STAFF

Lila Schmall, CPA Executive Director

Randall Hagar, CPA Government Affairs Director

Anita Everett MD, DFAPA, President, American Psychiatric Association

Katherine Gardner, MD, MBA, Medical Director, Gender Health Center, Hormone Clinic

Ira D. Glick, MD, Professor Emeritus of Psychiatry, Stanford University School of Medicine

Randall Hagar, California Psychiatric Association, Director of Government Affairs

Lynn Keenan, MD, FAASM, Clinical Professor of Medicine, UCSF Fresno, Sleep Medicine Fellowship Program Director

Aydin Olson-Kennedy, MSW, ACSW, Executive Director, Los Angeles Gender Center

Johanna Olson-Kennedy, MD, Medical Director, Center for Transyouth Health and Development, Children's Hospital Los Angeles

Swati Rao, MD (Board Certified in Family Medicine and Psychiatry), Volunteer Physician at Gender Health Center's Hormone Clinic in partnership with UC Davis Student Run Free Clinics

Matthew Reed, MD, MSPH, Director of Education, Train New Trainer Primary Care Psychiatry Fellowship, UC Davis Department of Psychiatry

David Safani, MD, OCPS

Mary Ann Schaepper, MD, SCPS Assembly Rep.

Shannon Suo, MD, CCPS

Maria Tiamson-Kassab, MD, SDPS

Ronald Thurston, MD, SCPS

Barbara Yates Weissman, MD, Area 6 Assembly Dep. Rep.

Vanessa Smith, CPA Associate Executive Director

Julie Morris, CPA Administrative Assistant



REGISTRATION

California Psychiatric Association
Pre-Conference-Clinical Updates in Psychopharmacology &
The 30th Annual Premier Conference – 2017
Tenaya Lodge, CA
October 6-8, 2017

Full Name _____ Degree _____

Mailing Address _____ City/State/Zip _____

Phone _____ Specialty _____ Email _____

(Email address required. Confirmation of registration will be sent via email.)

How did you hear about this conference ? _____

Friday Pre-Conference Only

Non-members	\$230	Resident Members	\$100 (will be refunded upon completion)
CPA/APA Members	\$180	Medical Students	\$100

Annual Conference Only

Non-members	\$455	Resident Members	\$100 (will be refunded upon completion)
CPA/APA Members	\$360	Medical Students	\$100

Attendance at both Pre-Conference & Annual Conference

Non-members	\$595	Resident Members	\$200 (will be refunded upon completion)
CPA/APA Members	\$495	Medical Students	\$100

Yes _____ No _____ Attending the Early Career Mentorship and Career Planning Symposium

Tickets for the Legislative Luncheon are included in your registration fee. However, all other tickets for yourself and family or friends must be ordered below and included with your payment.

Please include the number of tickets needed in the space provided.

_____ # of Tickets for Friday Night Buffet \$50.00 each

_____ # of **Guest tickets** for Legislative Luncheon \$45.00 each

_____ Late Registration Charge of \$25 **after September 14, 2017**

_____ Cancellation Fee of \$120 **after September 14, 2017**

_____ **PAC Donor Reception. \$20 Minimum**

_____ Or contribute online at <http://www.calpsych.org/#!cppac-fund/ccrl>

_____ # of **Guest tickets** for PAC reception \$30

_____ Charge for Printed Syllabus \$45.00, PDF included with registration fee.

_____ **SPONSOR A RESIDENT/MEDICAL STUDENT**

Register and pay online at www.calpsych.org under "Conferences"

Or Please make checks payable to California Psychiatric Association or charge your VISA or MasterCard by calling CPA at 800-772-4271 or by filling in the information needed below and return this form to:

California Psychiatric Association, 921 11th Street, Suite 502, Sacramento, CA 95814
916-442-5196 1-800-772-4271 FAX: 916-442-6525

Check Enclosed for Total Amount of \$ _____

Please Charge My: _____ VISA _____ MasterCard - Card # _____ Expiration Date: _____

Quick-Look Conference Time Schedule

We encourage you to visit the Exhibit Room to meet with the exhibitors who sponsor your conference. Please show them how much you appreciate their support by spending time with them to learn about their products and services.

The California Psychiatric Association Clinical Updates in Psychopharmacology

FRIDAY SCHEDULE

(October 6, 2017)

7:30 AM	Registration and Breakfast opens for Pre-conference
8:00 AM	Introductions
8:15-9:45 AM (1.5 CME)	Update on Child and Adolescent Psychopharmacology <i>Glen Elliott, MD</i>
9:45-10:00 AM	Break
10:00-11:30 AM (1.5 CME)	Depression-Novel One-time Interactions with the Potential for Long Term Benefits <i>Charles DeBattista, MD</i>
11:30-12:30 AM	Lunch Provided
12:30-2:00 PM (1.5 CME)	Differential Diagnosis of Dementias and the Current Research Landscape of Major Neurocognitive Disorder Due to Alzheimer's <i>Gus Alva, MD</i>
2:00-2:30 PM	Break-Please visit the Exhibit Hall (snacks for registrants only)
2:30-4:00 PM (1.5 CME)	Combining Medication and Psychotherapeutic Interventions for Axis I Disorders Through the Life Cycle <i>Ira D. Glick, MD</i>
4:00 PM	Concluding remarks

Attendees only attending the pre-conference are welcome to join the CPA for the President's Reception as listed below. To attend the rest of the Friday schedule you must be registered for the CPA's 30th Annual Premier Conference.

The California Psychiatric Association 30th Annual Premier Conference 2017

2:00 PM	Registration Opens
4:00 PM	Exhibits Open
5:00-6:30 PM	President's Reception in Exhibit Area - Hosted beer, wine and soft drinks, "Meet/Greet" your colleagues
6:30-7:30 PM	Friday Night Buffet Dinner (please purchase tickets in advance)
7:30-9:30 PM (2 CME)	Friday Night at the Movies: JACO Moderator, <i>Robert Burchuk, MD</i>

SATURDAY SCHEDULE

7:00 AM	"Fun Run" (Participants meet at CPA registration table)
7:00-8:00 AM	Breakfast in Exhibit Area (registrants only)
7:00-8:00 AM	Women in Psychiatry Caucus (please pick up breakfast first)
7:00-8:00 AM	Senior Psychiatrists Caucus (please pick up breakfast first)
8:00-8:15 AM	Welcome and Opening Remarks <i>William Arroyo, MD, CPA President</i> <i>Robert M. McCarron, DO, CPA CME Chair</i>



8:15-9:15 AM (1 CME)	Building Wellbeing through Innovation <i>Anita Everett MD, DFAPA, President, American Psychiatric Association</i>
9:15-10:15 AM (1 CME)	Legal and Legislative Updates in Psychiatry <i>Randall Hagar</i>
9:15-3:15 PM (3 CME)	Early Career Mentorship and Career Planning Symposium (pre-registration required)
10:15-10:45 AM	Refreshment Break in Exhibit Area
10:45-12:15 PM (1.5 CME)	The Six Neuropsychiatry Cases Every Psychiatrist Should Know <i>Sheldon Benjamin, MD</i>
12:15-1:45 PM	LEGISLATIVE LUNCHEON
1:45-3:15 PM (1.5 CME)	Understanding Fibromyalgia and it's Disorders <i>Charles De Mesa, DO, MPH</i>
3:15-4:00 PM	Refreshment Break in Exhibit Area (registrants only)
4:00-5:30 PM (1.5 CME)	Sleep Medicine and Psychiatry <i>Lynn Keenan, MD, FAASM</i>
5:45-7:00 PM	PAC Reception (contribution required) <i>Larry Malak MD, Chair CPPAC</i>
7:00 PM	RFM/ECP Reception

SUNDAY SCHEDULE

7:00-8:00 AM	Breakfast in Foyer (registrants only)
7:00-8:00 AM	Resident Fellow Member Caucus (please pick up breakfast first)
7:00-8:00 AM	Psychotherapy Caucus (please pick up breakfast first)
7:00-8:00 AM	Psychiatry Residency Training Directors (please pick up breakfast first)
8:00-9:00 AM (1 CME)	Forgetting to Remember, Remembering to Forget: A Neuropsychiatrist Thinks About Memory <i>Sheldon Benjamin, MD</i>
9:00-10:00 AM (1 CME)	Med/Psych Update: Responsible Opioid Prescribing <i>Matthew Reed, MD</i>
10:00-10:15 AM	Break in Foyer (registrants only)
10:15-12:30 Noon (2.25 CME)	Caring for Gender Non-Conforming and Transgender Adolescents; A Multidisciplinary Approach <i>Johanna Olson-Kennedy, MD</i> <i>Aydin Olson-Kennedy, MSW, ACSW</i> <i>Katherine Gardner, MD, MBA</i> <i>Swati Rao, MD</i>
12:15-12:45 PM	Wrap Up and Closing Remarks

Earn up to 22 AMA PRA Category 1 credits™ for the Clinical Updates in Psychopharmacology pre-conference (6) and the California Psychiatric Association 30th Annual Premier Conference 2017 (16).

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the California Psychiatric Association. The APA is accredited by the ACCME to provide continuing medical education for physicians."

Clinical Updates in Psychopharmacology (Pre-Conference)

The APA designates this live activity for a maximum of 6 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California Psychiatric Association 30th Annual Premier Conference 2017

The APA designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





California Psychiatric Association
921 11th Street, Suite 502
Sacramento, CA 95814



HOW TO GET THERE

Fly to Fresno Air Terminal. Fresno Airport is located just 55 miles south of the Tenaya Lodge. From the airport you can reach the hotel by cab, town car or rental car. Rental cars are available at the Fresno Airport.

Drive Your Car down from the Bay Area:

HIGHWAY 101 SOUTH to HIGHWAY 92 EAST, across the San Mateo Bridge

HIGHWAY 92 EAST to HIGHWAY 580 EAST

HIGHWAY 580 EAST, which transitions into ROUTE 205 EAST

HIGHWAY 205 EAST to HIGHWAY 120 EAST

HIGHWAY 120 EAST to HIGHWAY 99 SOUTH

HIGHWAY 99 SOUTH to Merced

In Merced, take HIGHWAY 140 EAST to Mariposa (Yosemite Exit)

Upon entering Mariposa, make a sharp right turn onto HIGHWAY 49 SOUTH

HIGHWAY 49 SOUTH to Oakhurst

At the junction OF HIGHWAY 41 and HIGHWAY 49 turn left onto HIGHWAY 41 NORTH

Continue North to Tenaya Lodge approximately 12 miles.

Total Driving Time - 3 ½ H

Drive Your Car up from Los Angeles:

INTERSTATE 5 NORTH towards Bakersfield

INTERSTATE 5 and HIGHWAY 99 junction, continue on

HIGHWAY 99 NORTH to Fresno

Exit on HIGHWAY 41 NORTH to Oakhurst traveling approximately 48 miles

Continue NORTH to Tenaya Lodge traveling approximately 12 miles

Total Driving Time - 4 ½ hours



Caution: If using a mapping website for driving directions, do not take Worman Road or Miami Mountain Road. These roads are rural, unpaved roads made for four wheel drive and recreational vehicles only.