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Course #	Course Title	
Webinar Date		
Name	Discipline	
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E-mail Address for Confirmation (will not be shared or sold)		

Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.

Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

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WEBINAR

#7464 Innovative Exercises for the 'Homebound' Patient

Instructor: Patrick A. Tino, PT, DPT

Audience: Physical Therapists, Occupational
Therapists, and Assistants

Delivery Options:
Live Webinar or Self-Study Options

SUMMARY: The purpose of this NEW 2-hour webinar is to provide the attendee with a variety of home-based exercises for the home-bound patient. The home health setting is unique in that the clinician must learn to adjust and adapt the HEP to the setting and the patient. The course will review essential exercise principles such as open-chain, closed-chain, gravity-reduced, against-gravity, RPE-based, as well as others. Additionally, outcome measures such as 6MWT, TUG, 5-times STS, 30-sec STS, BBS, DGI, FES, etc. will be interwoven into treatment session. And lastly, attendees will be presented with four very different case-studies and watch and listen while the instructor develops and delivers individualized 'task-specific and function-based' interventions. The course will showcase how the treating therapist can apply "task-specific, function-based" exercise program. Learn home programs that take place in the kitchen, living room, bedroom, and bathroom, in the garage and outside on patios and in yards. These exercises apply to patients with orthopedic problems, neurologic problems, cardiovascular problems, and Oncologic problems. The material presented will be within the parameters of the Conditions of participation (CoP) under Centers of Medicare and Medicaid Services (CMS). Course instruction method includes lecture, demonstration, videos, and question/answers.

PRESENTER: Patrick A. Tino, PT, DPT first earned his AAS in Liberal Arts and Physical Therapist Assistant studies in 1993 from SUNY Broome College in Binghamton, NY. He's gone on to earn a Bachelors in Biological Sciences from Barry University in Miami, Florida in 1996 and Masters and Doctorate degrees in Physical Therapy from Nova Southeastern University in Ft. Lauderdale, Florida in 1998 and 2010 respectively. Patrick's home health experience dates back to 1993 during the "Fee for Service" days and moves through the "Perspective Payment System" PPS days and continues presently to the "Patient-Driven Groupings Model" PDGM system. He has successfully navigated the tumultuous landscape at every turn during the past 27 years practicing in 4 states. He has delivered lectures on the topic of home health therapy to numerous students over his career. He lives in Tampa Bay, Florida with his wife, 3 children, 2 dogs. *Financial*— Received a teaching honorarium Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

- 1) Identify and describe the timeframes for the various payment systems in Home Health.
- 2) Summarize to your students, patients, and insurance company reviewers what is "medically necessary" and "reasonable and justified" to support the provisions of therapy services within the home under the conditions of participation "CoPs"
- 3) Choose relevant and specific tests and measures that examine and evaluate "functional level" of a patient in the home setting.
- 4) Design several different types of home programs that include "task-specific, ADL-related functional movements where the patient is integrating and addressing the all-important OASIS data-points of: transferring, ambulating, toileting, dressing, showering, and eating.
- 5) Critically and objectively analyze and appraise the all-important social dynamic between the patient and in-home caregiver(s)/family members when determining plan of care and writing goals as a measure of achieving a good functional outcome.

FORMAT: This is a 3 contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.



Motivations Inc. is an AOTA Approved Provider of professional development. Course Approval ID# 3361. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures..

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Time Increment	Topic	Instructional Method
8-8:10	Instructor Background	Lecture
8:10-8:15	Review of Learner Outcomes	Lecture
8:15-8:30	Home Health Admin	Lecture, Image
8:30-8:45	Exercise Principles	Lecture, Image, video
8:45-9:00	Case Study #1 (Ortho)	Lecture, image, video, interactive discussion
9:00-9:15	Case Study #2 (Neuro)	Lecture, Image, video, interactive discussion
9:15-9:30	Case Study #3 (Cardiac)	Lecture, Image, Videos, interactive discussion
9:30-9:45	Case Study #4 (Ortho)	Lecture, Image, Videos, interactive discussion
9:45-10:00	Q & A, Adjourn	Chat, Discussion

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.

For course dates, times and registration, please visit: www.motivationsceu.com