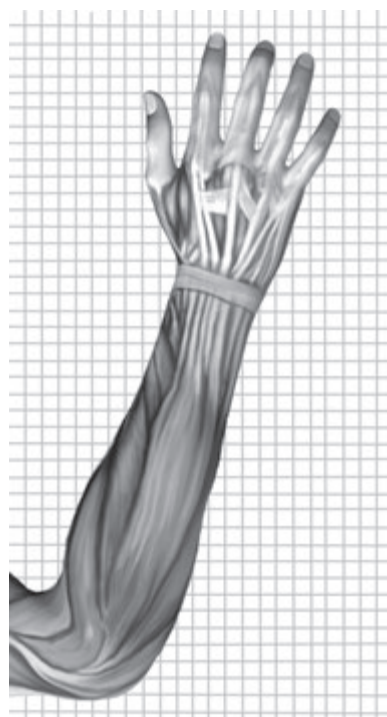


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Comprehensive Management of the Elbow, Wrist and Hand

for Successful Functional Outcomes



presented by
Edward Fiore, OTR/L, CHT, M.Ed

North American Seminars®

1-800-300-5512

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PT, OT, PTA, AT-Continuing Education Course

BOC provider #P2047 | FL OT #50-1442
AOTA Provider #4487
CA PT approval # PTNAS-2018.10

Certificates of attendance for CEU verification are
provided after successful completion of the course.

This course is 15.0 contact hours, 1.50 ceus, 15 ccu's
This course is 18 contact hours, 1.8 ceu's for therapists licensed in
Illinois, New York or the District of Columbia.

Day One	
7:30 8:00	Registration
8:00 9:00	Aspects of Hand Function (Lecture) • 5 concepts that you need to know • Distal upper extremity function, 3 jaw pinch, tip to tip pinch
9:00 10:00	Upper Extremity Anatomy Relating to Function, Clinical Concepts (Lecture) • Biomechanics of MP, PIP, and DIP phalanx carpals, forearm and elbow • Carpal Bio-mechanics • Elbow Bio-mechanics
10:00 10:15	Break
10:15 11:00	Understanding Common Injuries of the Elbow, Wrist & Hand (Lecture) • Elbow motion-injury-rehab • Hand motion-injury-rehab • Wrist motion-injury-rehab
11:00 12:00	Anatomical Landmark (Lab) • How to assess complex and common injuries of the upper extremity • Carpal bones, palpation techniques • Scapho-lunate, lunate triquetrum, common ligament injury sites • TFCC, location and understanding the structure and function • CMC, ulnar collateral joint • Medial-Lateral elbow structures, radial head
12:00 1:00	Lunch (on your own)
1:00 1:30	Provocative Testing-Applied Assessment Skills (Lab) • Assessment skills • Elbow test, TFCC test and Arthritic test
1:30 2:00	Fracture of the Hand, Carpals Healing of Fracture (Lecture) • Conservative/surgical interventions rehabilitation • Soft tissue injuries of the hand • Ligament injuries of the MP, PIP • Conservative treatment of ligament injuries of the hand and wrist
2:00 3:30	Surgical Procedures of the Wrist Injuries • Scapho-lunate ligament repair rehabilitation • TFCC repair rehabilitation • ECU sheath repair rehabilitation
3:30 3:45	Break

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Day One (continued)	
3:45 5:00	Common Elbow Injuries (Lect/Lab) • Lateral epicondylitis • Medial epicondylitis • Provocative test for common elbow injuries radial head fractures/ surgical intervention • Treatment concepts to improve outcomes • Ligament injuries of the elbow
5:00 6:00	Surgical Procedures/Case Studies

Day Two

8:00 9:00	Edema Management Strategies (Lecture) • Review of the physiology of the inflammation process • Current treatment for edema/case studies
9:00 10:00	Tendon Repair Flexor and Extensor Tendons (Lecture) • Anatomy • Evaluation • Treatment considerations • Surgical approach to tendon repairs • Review of splinting approaches for tendon repairs
10:00 10:15	Break
10:15 11:00	Neuro Anatomy (Lecture) • Review of nerve structure • Classification of nerve injuries • Conservative and surgical intervention
11:00 11:30	Lunch (on your own)
11:30 12:15	Evaluation Lab for Nerve Injuries • Provocative nerve compression test • Lab median nerve compression sites • Ulnar nerve compression sites • Radial nerve compression sites
12:15 12:45	Review of Evaluation Techniques • Practical evaluation techniques • Common pitfalls with exams
12:45 1:00	Break
1:00 2:15	Clinical Pearls and Recommended Resources • Upper extremity literature review
2:15 3:15	Case Study/Setting Your Clinical Treatment Plans
3:15 3:30	Review/Questions

About the Educator

Edward Fiore, OTR/L, CHT, M.Ed, CET, is a Certified Hand Therapist with over 20 years of experience in all areas of rehabilitation, with specialization in orthopedic management. Treatment specialization includes overuse syndromes, nerve compression, splint fabrication, tendon repairs and fractures of the upper extremity. The instructor also has specialized training with ergonomic job-site analysis. Mr. Fiore currently works for a private corporation and resides outside Charlotte, NC. He holds a Masters Degree in Education, with specialization in education technology. Mr. Fiore has lectured on management of common hand injuries, nerve compression and overuse syndromes. Over the past several years, he has instructed therapists on upper extremity evaluation and treatment. Mr. Fiore has had the distinct privilege of presenting at the Joint Session for American Society of Hand Therapists and the American Society for Surgery of the Hand. He has also presented to the Florida Hand Society at several annual meetings.

Recommended Orthopedic Resource
The Interactive Shoulder Algorithm™ new version 3.0 home study and reference tool provides clinicians with a step-by-step process to effectively evaluate the shoulder complex for orthopedic dysfunction. Twenty-nine tests for shoulder evaluation are clearly defined through digital video, 3D animation and biomechanical motion. George Davies, DPT, MED, PT, SCS, ATC, LAT, CSCS, FAPTA, provides narration and technique demonstration in each video. Each test segment detailed in the software covers critical pathways, position of the patient, position of the clinician, position of the clinician's hand, direction of movement of body part, tissues implicated, indications of a positive test and amount of force to be applied. Basic anatomy of the shoulder is also explored. 1.05 CEU's, 10.5 hours can be obtained from the submission of the enclosed post test. This software is guaranteed to meet your satisfaction. Requires Windows XP, Vista, Windows 7 or Mac OSX, CDROM drive, 128 MB RAM, 15MB hard drive space.

Why You Should Attend This Course

This unique intermediate level course has been designed by an instructor that has worked closely with fellowship trained hand surgeons. This course will provide the medical professional with information needed to effectively evaluate and treat conditions of the elbow, hand and wrist through advanced clinical algorithmic solving. This course offers an in-depth look into the fascinating anatomy of the upper extremity. Specific complex case studies were selected to review treatment options of the elbow, wrist and hand and will be followed by in-depth discussion of the various rehabilitation approaches. This course will also provide information that will improve outcomes by providing information on how to build a cutting-edge upper extremity therapy program. Topics that will be discussed include: soft tissue injuries, flexor and extensor tendon repair and rehabilitation, edema management, scar remodeling, the stiff hand, fractures, splinting concepts and arthritis. Surgical considerations and techniques will be presented to assist the clinician with the development of a thorough treatment program. Special attention is provided to “clinical pearls,” tips for the clinician in managing complex wrist and hand disorders. This course has been designed for the therapist to immediately apply the information in the clinical setting. This course is applicable for PT, PTA, OT, ATC.

Course Objectives

Upon completion of this course, participants will be able to:

- Describe detailed aspects of the anatomy and biomechanics of the elbow, wrist and hand.
- Describe the correlation between the functional anatomy of the upper body and current surgical procedures to develop comprehensive therapeutic rehabilitation programs.
- Describe carpal and phalanx fractures and understand treatment of both conservative and surgical intervention.
- Identify the 3 phases of healing tissue and describe how clinical protocols are predicated on the stages of tissue healing.
- Perform a thorough examination of the distal upper extremity, integrating biomechanical assessment with clinical problem solving.
- Develop assessment techniques and treatment strategies of the elbow, wrist and hand to include soft tissue injuries, fractures, flexor and extensor tendon injuries, nerve compression and common arthritic problems.

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Registration Form

Fiore 17

Comprehensive Management of the Elbow, Wrist and Hand
Send tuition to: North American Seminars, Inc.
2000 Mallory Lane Suite 130-67 Franklin, TN 37067
1-800-300-5512 Fax 1-800-310-5920 www.healthclick.com

Name	Profession		
Home			
Address			
City	State	Zip	
Credit Card			
Exp.date	CW	Phone	
e-mail			
Location of attendance			

All this information is required in order to process a registration

All cancellations must be submitted with written notice and received 14 days prior to the course date. Refunds and transfers minus the deposit fee of \$75.00 are provided until 14 business days prior to the course date. No refunds or transfers will be issued if notice is received after 14 days prior to the course date. North American Seminars, Inc. reserves the right to cancel any course and will not be responsible for any charges incurred by the registrant due to cancellation. A full course tuition refund will be issued if NAS cancels the course. NAS reserves the right to change a course date, location or instructor. No refund will be issued if course is in progress and is interrupted by an Act of War or God or issue beyond our control. NAS, Inc. will not be responsible for any participant expenses other than a course tuition refund for course cancellations.