

**SAVE
THE DATE**

14TH ANNUAL UC DAVIS

**UC DAVIS
HEALTH**

SPINE CARE CONFERENCE

**Friday - Saturday
April 26-27, 2019**

Hilton Arden West - Sacramento, CA

HIGHLIGHTS

- Multidisciplinary conference taught by UC Davis faculty in PM&R, Pain Management, Neurological Surgery and Orthopaedic Surgery.
- Hands-on training in physical therapy, acupuncture, orthotics, ergonomics and physical examinations.
- Treatment options for patients with diverse spinal disorders and conditions.
- Diagnose and conservatively manage cervical and lumbar pain.
- Discuss pain control strategies including changes to improve quality of life.



Click below to be added to our mailing list and to learn more about the conference.

**VISIT OUR
WEBPAGE**

Approval pending for continuing medical education credits.
Continuing Education Credit for Physical Therapy offered.

Scholarships for UC Davis affiliates and discounted rates for all trainees available.
Please contact Conference and Event Services at events@ucdavis.edu.
Visit our website at <http://ces.ucdavis.edu/spinecare>.



Tentative Program

Friday, April 26, 2019

7:00 AM	Registration, Continental Breakfast
7:50	Welcome and Course Objectives Eric Klineberg, MD, and Chris Shin, MD
8:00	Clinical Assessment and Treatment of Cervical Disorders Carol Vandenakker-Albanese, MD
8:30	Clinical Assessment and Treatment of Lumbar Disorders Chris Shin, MD
9:00	Questions and Answers
9:20	Break and Visit with Exhibitors
9:30	Pain and Current Guidelines for Opioid Prescribing Scott Fishman, MD
*10:00	Pain Management: Non-surgical Interventional Approaches Paul Kreis, MD
*10:30	Use of Neuromodulation to Manage Pain TBD
*11:00	Integrative Medicine Approaches to Chronic Pain Ian Koebner, PhD
*11:30	TBD
12:00 PM	Questions and Answers
12:30 PM	Lunch and Visit with Exhibitors
1:30	Osteoporosis Management for the Primary Care Provider Prasanth N. Surampudi, MD
2:00	Preparing the Complex Medical Patient for Surgery Huong Bach, MD
2:30	Questions and Answers
2:50	Break and Visit with Exhibitors
3:10	Case Vignettes and Panel Discussions Moderator: Eric Klineberg, MD Panelists: Julius Ebinu, MD, Yashar Javidan, MD, Rolando Roberto, MD, Kee Kim, MD, Samir Sheth, MD, Carol Vandenakker-Albanese, MD, Chris Shin, MD
3:15	Pediatric Spine: Scoliosis Management Rolando Roberto, MD
3:45	Degenerative Cervical Spine: Radiculopathy and Myelopathy Kee Kim, MD
4:15	Lumbar Degenerative Spondylolisthesis Julius Ebinu, MD
4:45	Adult Spinal Deformity Yashar Javidan, MD
5:15	Questions and Answers
5:30	Adjourn

Saturday, April 27, 2019

7:15 AM	Continental Breakfast, Registration and Visit Exhibits
8:00	Acupuncture in the Management of Spine Pain Holly Zhao, MD, PhD
9:00	Cervical & Lumbar Spine Physical Therapy Sean Sumner, MPT, Casey Maynard, MPT
10:00	Traction/Ergonomics/Back Class Sean Sumner, MPT, Casey Maynard, MPT
10:30	Break
11:00	Small Group Hands-on Workshops (choose one) 1. Physical Exam: Cervical and Lumbar Spine Chris Shin, MD, Charles De Mesa, DO 2. Physical Therapy Techniques Sean Sumner, PT, Casey Maynard, PT 3. Move More and Work: Sit-Stand Workstations Kelly Barry, PT
12:00 PM	4. Braces Rachel White, CPO Small Group Hands-on Workshops (choose one; repeat from 11:00 AM)
1:00 PM	Adjourn.

* Lectures marked with an asterisk (*) qualify for recognized content for California Business and Professions Code (Section 2190.5) which requires physicians and surgeons to obtain 12 hours of continuing education in the subject of pain management and palliative care.

