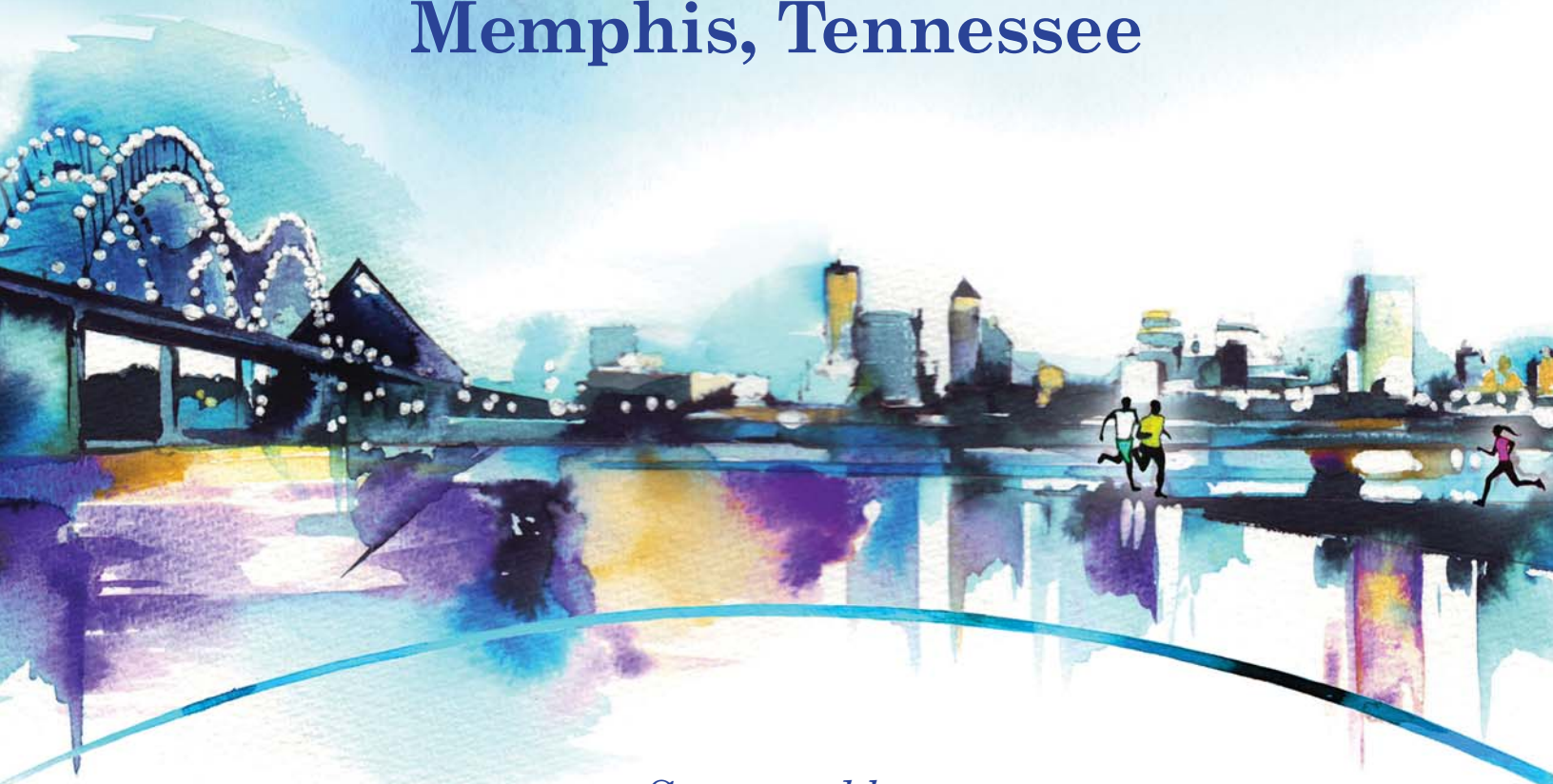


PRIMARY CARE ISSUES IN WOMEN'S HEALTH

THE HOLIDAY INN – UNIVERSITY OF MEMPHIS

August 11-12, 2017
Memphis, Tennessee



Sponsored by

**Methodist Le Bonheur Healthcare
Memphis, Tennessee**

Register online at:
www.methodistmd.org

Course Description

The Primary Care Issues in Women's Health conference is designed as an update and review on issues specifically related to the management of women's health. Evidence-based lectures will be delivered by academically and clinically oriented faculty and will provide valuable information and insight into situations commonly presented to the primary care physician.

Target Audience

This conference is intended to enhance knowledge and improve competency for OB/GYN, family practice, internal medicine physicians, nurse practitioners, and other health care professionals who are involved in diagnosing, treating and preventing diseases in the female patient.

Educational Objectives

Upon completion of this conference attendees should be able to:

- Describe urological concerns commonly seen in the female patient.
- Describe risk factors, symptoms and treatment options for Venous Reflux Disease.
- Describe gender differences in diagnosis, management, and treatment of heart disease.
- Review current screening guidelines for breast disease.
- Define chronic pelvic pain, discuss epidemiology, differential diagnosis, evaluation and treatment options.
- Review incidence and prevalence of Sexually Transmitted Infections, appropriate laboratory testing and CDC guidelines.
- Discuss diagnosis and treatment options for depression and anxiety.
- Assess the various issues involved with a menopausal patient.
- Review updated guidelines for pap smears and describe medical management of the patient at risk for gynecologic cancer.
- Recognize the relationship between cancer and excessive weight gain.
- Review recent diabetes management recommendations, discuss available diabetes treatment options, and develop optimal patient-oriented diabetes treatment decisions in primary care.

Course Director

Melrose I. Blackett, M.D., FACOG, Clinical Instructor, Department of Obstetrics and Gynecology, University of Tennessee Health Science Center; Active Staff, Methodist Healthcare, Memphis, Tennessee

Course Faculty

A. Ben Abdu, M.D., FACOG, Director, Minimally Invasive GYN Surgery; Assistant Professor Department of OB/GYN, University of Tennessee Health Science Center, Memphis, Tennessee

Kishore K. Arcot, M.D., FACC, F.S.C.A.I, F.S.V.M., RPVI, Active Staff, Methodist Healthcare; Private Practice, Memphis Cardiology and Vein Center, Memphis, Tennessee

Valerie L. Augustus, M.D., Private Practice, Christian Psychiatric Services, Memphis, Tennessee

Jennifer Boals, M.D., Associate Professor, Department of Radiology, University of Tennessee Health Science Center; Medical Director of Imaging, Margaret West Comprehensive Breast Center; Active Staff, Methodist Healthcare, Memphis, Tennessee

Ravi D. Chauhan, M.D., FACS, Active Staff, Methodist Healthcare; Private Practice, Conrad Pearson Clinic, Memphis, Tennessee

Jeffrey Gilbert, M.D., Medical Director STI's, BioReference Laboratories, Elmwood Park, New Jersey

Frank W. Ling, M.D, FACOG, Clinical Professor, Departments of Obstetrics and Gynecology, Vanderbilt University School of Medicine and Meharry Medical College; Active Staff, Methodist Healthcare, Memphis, Tennessee

Joseph T. Santoso, M.D., FACOG, Director and Professor, Division of Gynecologic Oncology, Department of Obstetrics & Gynecology, University of Tennessee Health Science Center, Memphis, Tennessee

Lisa S. Usdan, M.D., FACE, Assistant Professor of Medicine, Division of Endocrinology, University of Tennessee Health Science Center; Active Staff, Methodist Le Bonheur Healthcare, Memphis, Tennessee

Lisa J. Young, M.D., Active Staff, Methodist Healthcare; Private Practice, Sutherland Cardiology Clinic, Memphis, Tennessee

Faculty Disclosure

As a provider accredited by ACCME, Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Accreditation

Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit

Methodist Le Bonheur Healthcare designates this live activity for a maximum of 11 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM

FRIDAY, AUGUST 11, 2017

- 7:30 a.m. Registration and Continental Breakfast
7:55 a.m. Welcome and Opening Remarks. Melrose I. Blackett, M.D.
8:00 a.m. **Urology Concerns** Ravi Chauhan, M.D.
9:00 a.m. **Venous Reflux Disease**. Kishore Arcot, M.D.
10:15 a.m. Break
10:30 a.m. **Chronic Pelvic Pain**. A. Ben Abdu, M.D.
11:30 a.m. Lunch
12:15 p.m. **Breast Disease Update**. Jennifer Boals, M.D.
1:15 p.m. **Sexually Transmitted Infections**. Jeffrey Gilbert, M.D.
2:15 p.m. Break
2:30 p.m. **Heart Disease in Women** Lisa Young, M.D.
3:30 p.m. **Diagnosis and Treatment of Depression and Anxiety**. Valerie Augustus, M.D.
4:30 p.m. Adjourn

SATURDAY, AUGUST 12, 2017

- Moderator: Melrose I. Blackett, M.D.
7:30 a.m. Continental Breakfast
8:00 a.m. **Menopause: Facts and Fiction** Frank Ling, M.D.
9:00 a.m. **Gynecologic Updates in Primary Care**. Joseph Santoso, M.D.
10:00 a.m. Break
10:15 a.m. **Obesity and Cancer**. Joseph Santoso, M.D.
11:15 a.m. **Diabetes Update for the Primary Care Provider**. Lisa Usdan, M.D.
12:30 p.m. Adjourn

Program Registration

PRIMARY CARE ISSUES IN WOMEN'S HEALTH

August 11-12, 2017

Name: _____ Degree _____

Address: _____

City, State, Zip: _____

Phone: () _____ Fax: () _____

Specialty: _____

Email: _____

☐ I give my permission to CME to send educational activity announcements via e-mail.

The registration fee is \$295.00 for attendees.

Register online at www.methodistmd.org or

You may mail, fax or telephone your completed registration form and tuition to:

Continuing Medical Education

Methodist Le Bonheur Healthcare

251 S. Claybrook, #512 • Memphis, TN 38104

Telephone: (901) 516-8933 • FAX: (901) 516-8811

Method of Payment:

☐ Check for \$ _____ enclosed (payable to **Methodist Le Bonheur Healthcare**)

Credit Card: Charge \$ _____ to my:

☐ American Express ☐ Discover ☐

MasterCard ☐ VISA

Credit Card #: _____ **CSC #: _____

Exp. Date: _____ Card Holder's Name: _____

(PLEASE PRINT)

Signature: _____

(CARD HOLDER SIGNATURE)

Statement Address: _____

City, State, Zip: _____

** The card security code (CSC) is usually a 3 - or 4 - digit number, which is not part of the credit card number. The CSC is typically printed on the back of a credit card (usually in the signature field). CSC is known by different names with the different card associations. CSC is known to Visa as the Card Verification Code (CVV2); to MasterCard as the Card Validation Code (CVC2); and finally to American Express as the Card Identification Number (CID).

Visit our website: www.methodistmd.org

Registration Fee

The registration fee is \$295.00 and includes course material, continental breakfasts, breaks, and lunch for participants only. Written confirmation of your registration will be sent upon receipt of payment. Full refund will be given for cancellation notice in writing before **July 28, 2017**. Cancellations after that date will be assessed an administrative charge. No refunds will be given after **August 3, 2017**. Checks should be made payable to **Methodist Le Bonheur Healthcare**. American Express, Discover, MasterCard and VISA payment is accepted. For further information call **901-516-8933**. Please note that Methodist Le Bonheur Healthcare reserves the right to alter program titles, speakers, or sessions if circumstances so dictate or the right to cancel or reschedule this seminar due to an insufficient number of registrants.

Going Green

Conference materials will be available electronically on **August 9, 2017**. After registering for the conference you will be given a link and password to access the materials. Feel free to download and print prior to the conference.

Conference Site

The Holiday Inn Hotel at the University of Memphis is centrally located in the heart of Memphis and easily accessible to downtown, the airport, and shopping. This all-suite hotel features a beautifully decorated atrium, Medallion Restaurant, Central Grill, Medallion Lounge, fitness center, and specialty gift shop. For more information visit www.holiday-inn.com/mem-uofm.

Hotel Information

Rooms at the Holiday Inn – University of Memphis, 3700 Central Avenue, Memphis, Tennessee, are being offered at \$119.00. All rooms are subject to applicable taxes. To make room reservations participants should contact the Holiday Inn directly at **901-678-8200**. Please advise that you are with **METHODIST LE BONHEUR HEALTHCARE – WOMEN'S HEALTH PROGRAM**. Reservations must be received by **July 17, 2017**. **Check-In/Check-Out:** The hotel check-in is after 3:00p.m CST, and checkout time is before 12:00 noon CST. **Reservation Guarantee:** Rooms are to be guaranteed for late arrival by attendee by individual credit card. No show reservations or reservations canceled after 6PM on day of scheduled arrival will be assessed a fee equal to one night's room and tax.



Continuing Medical Education
251 S. Claybrook, Suite 512
Memphis, TN 38104

Non-Profit Org.
U S POSTAGE
PAID
Memphis, TN
Permit No. 264

Memphis Attractions

Please visit www.memphistravel.com for a list of attractions and details.

