

Ensuring Adherence to the 2018 National Quality Standard for Violence and Aggression

Short-term management of violent & physically threatening behaviour
among adults, children & young people with a mental health problem

Monday 10 September 2018 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**



Chair and Speakers include:

Eric Baskind

*Senior Lecturer in Law, Consultant and
Expert Witness in Violence Reduction and
the Safer Use of Force*
Liverpool John Moore's University

Paul Scates

*Peer Specialist
Campaigner &
Ambassador*

Guy Cross

*Mental Health Lead
Care Quality Commission*

Supporting Organisations



**Children & Young People's
Mental Health Coalition**

BAMT BRITISH ASSOCIATION
FOR MUSIC THERAPY



**The Association of Primary
Mental Health Work
and Training (CAMHS)**



**Good
Governance
Institute**



Ensuring Adherence to the 2018 National Quality Standard for Violence and Aggression

10% card payments discount*
15% Group booking discount**

Short-term management of violent & physically threatening behaviour among adults, children & young people with a mental health problem

Monday 10 September De Vere West One Conference Centre, London

"One in six members of staff, 15%, report that they have experienced physical violence from patients, relatives or members of the public." NHS Staff Survey, NHS England 5th March 2018

"Three years after publication of the Department of Health's guidance 'Positive and Proactive Care: reducing the need for restrictive interventions', we are concerned about the great variation across the country in how often staff physically restrain patients whose behaviour they find challenging. This wide variation is present even between wards that admit the same patient group. In response to this, CQC is further strengthening its assessment of how and how often services use physical restraint; we wish to send a clear message to providers that we will be subjecting services where staff frequently resort to restrictive interventions to much tougher scrutiny." Care Quality Commission

This conference will focus on ensuring adherence to the 2018 National NICE Quality Standard on Violence and Aggression. The quality standard focuses on short-term management of violent and physically threatening behaviour among adults, children and young people with a mental health problem. It applies to settings where mental health, health and social care services are provided. This includes community settings and care received at home.

The conference will update delegates on national standards with regard to:

- Anticipating violence and aggression
- De-escalation
- Prevention interventions
- Using restrictive interventions

100% of delegates at our last conference on Violence and Aggression would recommend the conference to a colleague.

Benefits of attending - This conference will enable you to:

- Network with colleagues who are working to implement and ensure adherence to the National Quality Standard
- Improve your skills in the anticipation, de-escalation and prevention of violence and aggression
- Effectively work with people to identify triggers and early warning signs
- Proactively develop de-escalation plans and advance statements
- Ensure best practice in the use of restraint, rapid tranquillisation and seclusion
- Understand how to develop effective post incident debriefing
- Identify key strategies to reducing harm from all kinds of restraint
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

10.00 Chair's Welcome & Introduction

Eric Baskind

Senior Lecturer in Law, Consultant and Expert Witness in Violence Reduction and the Safer Use of Force
Liverpool John Moore's University

10.10 Working with people who have been violent and aggressive

Paul Scates

Peer Specialist
Campaigner & Ambassador

- understanding the root causes of violent or aggressive behaviour
- working with people to identify triggers and early warning signs
- how can we ensure a more positive supportive approach?

10.40 Violence and Aggression: The NEW National Quality Standard

Dr Arokia Antonsamy

Clinical Lead Mental Health NHS Benchmarking Network
& Consultant Psychiatrist Ministry of Defence

- anticipating violence and aggression
- de-escalation
- prevention interventions
- using restrictive interventions
- monitoring progress against the NICE Quality Standard in practice

11.10 National initiatives: CQC Update

Guy Cross

Mental Health Lead
Care Quality Commission

- changing culture and practices: CQC Update
- what are CQC looking for in terms of inspections and restrictive interventions?
- ensuring the monitoring and response to ongoing risks
- reporting from ward to board

11.40 Question and answers, followed by tea & coffee at 11.50

12.15 EXTENDED SESSION: Working with people to move the focus to prevention: developing positive behavioural support and supporting people with challenging behaviour

Peter Baker

Senior Lecturer
Tizard Centre, University of Kent

- understanding the context and meaning behind the behaviour
- developing supportive environments and skills
- training and educating staff in positive behavioural support
- identifications of triggers and early warning signs to inform care planning
- developing behaviour support plans and primary preventative strategies with service users
- supporting people with challenging behaviour

13.15 Extended Legal Question time and answers, followed by lunch at 13.25

14.00 EXTENDED SESSION: Violence Reduction and Physical Interventions – Policies, Techniques and Controversies

Eric Baskind

Senior Lecturer in Law, Consultant and Expert Witness in Violence Reduction and the Safer Use of Force
Liverpool John Moore's University

This extended session will bring together the various policies, legal and practical implications in the prevention and management of violence and aggression and examine various restraint techniques addressing problems delegates are facing in practice. The session will also focus on developing a restrictive intervention reduction plan and the use of least restrictive options.

15.00 Ensuring Compliance with the NICE Quality Statements on Restraint, Rapid Tranquillisation and seclusion

Speaker to be advised

- reducing the need for restrictive interventions
- how are ensuring elimination of face down restraint and seclusion practice
- ensuring effective monitoring of physical health during and after restraint
- reducing and monitoring chemical restraint and the use of over medication
- producing the annual report on use of restrictive practice in your organisation
- issues for community settings
- monitoring progress against the quality statements in practice

15.30 Question and answers, followed by tea & coffee at 15.40

16.00 Ensuring all people who experience restraint have an immediate post incident debrief

Dave Jones

Nurse Consultant for Assessment, Management and Treatment of Violence
Rampton Hospital, Nottinghamshire Healthcare NHS Foundation Trust

- changing culture and practices
- ensuring that anyone who experiences any form of restraint has an immediate post incident debrief that addresses physical harm, ongoing risks and the emotional impact of the incident
- engaging people in debrief and review
- ensuring the monitoring and response to ongoing risks
- reporting from ward to board

16.30 Implementing the framework for anticipating and reducing violence and aggression in inpatient psychiatric wards

Danny Angus

Senior Clinical Nurse & Personal Safety Service Trust Lead

Dr Panchu Xavier

Consultant Forensic Psychiatrist, Mersey Care NHS Trust

- implementing the framework recommendations in practice
- limiting the factors that can be anticipated to lead to aggression
- recommendations with regard to the use of medication and rapid tranquillisation
- improving staff training
- working in partnership with service users to understand potential triggers

17.00 Question and answers, followed by close at 17.10

10% card payments discount*
15% Group booking discount**

Violence and Aggression

Monday 10 September 2018

De Vere West One Conference Centre, London

Download

How to book **Book online via credit card and receive a 10% discount*** www.healthcareconferencesuk.co.uk Fax the booking form to 0208 181 6491 Post this form to Healthcare Conferences UK 8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box, ☐
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

> Payment

By Cheque A cheque for is enclosed

Please make Cheques Payable to: Healthcare Conferences UK Ltd.

By Invoice Please send an invoice to

Name

Organisation

Address

Postcode

PURCHASE ORDER NUMBER
(If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.

By B A C S

For Payments in £: Sort Code 40-46-22 Account No. 21553690

■ Please send your BACS remittance form as confirmation of payment

■ Your BACS Reference

By credit card Please debit my Visa/Mastercard/Switch

All sections must be completed

Cardholder's Name

Card No.

Valid From

Expiry Date

Issue No. (switch only)

You will be contacted during the processing of your booking to confirm the payment card security code. (this is the last three digits of the number printed on the back of your card)

Signature

Card billing address

Promotional Code

Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Wednesday 10 September 2018

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

**Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

Credits

CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box ☐

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box ☐

Healthcare Conferences UK reserve the right to make changes to speakers and programmes without prior notice.
©Healthcare Conferences UK Ltd 2018



Visit our website www.healthcareconferencesuk.co.uk

or tel 01932 429933

fax 0208 181 6491

