



CUMMING SCHOOL OF MEDICINE
Office of Continuing Medical Education and Professional Development

WEBINAR

ALCOHOL USE DISORDER

Psychiatric Quarterly Updates

CO-DEVELOPED WITH THE DEPARTMENT OF PSYCHIATRY, CUMMING SCHOOL OF MEDICINE

› Friday, March 8, 2019

REGISTER ONLINE
cumming.ucalgary.ca/cme

PAPERLESS CONFERENCE
Access to handouts will be available
prior to conference

A computer with internet access is
required to access the webinar.

SCHEDULE

Friday, March 8 • 1245-1645

Check the website for any program updates
cumming.ucalgary.ca/cme

COURSE OVERVIEW

This series of updates aims to provide healthcare professionals with an evidence-based overview of multiple areas within the psychiatric domain. Each half-day session aims to cover important topics such as diagnosis review and update, treatment/therapeutic use and application, and local perspectives and resources as it pertains to that sessions' focus. This course will be structured as a self-assessment program eligible for Section 3.75 MOC hours.

COURSE OBJECTIVES

At the end of this course, learners will be equipped to:

- diagnose alcohol use disorder (AUD) in patients across the lifespan
- identify medical and psychiatric co-morbidities of AUD
- describe specific concerns about AUD in the adolescent and senior populations
- describe pharmacological and non-pharmacological treatment of AUD
- discuss the advantages and disadvantages of abstinence versus harm reduction in the treatment of AUD
- identify local resources for the treatment of AUD

WHO SHOULD ATTEND

Specialist Physicians, Family Physicians, Physician Assistants, Nurse Practitioners, Registered Nurses, Psychiatric Nurses, Licensed Practical Nurses, Pharmacists, Psychologists, Social Workers, Mental Health Professionals

CREDITS

Mainpro+ Group Learning – 3.75 credits
MOC Section 3 Self-Assessment – 3.75 hours

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COURSE PROGRAM – PRELIMINARY

Friday, March 8

1245-1300	Course Knowledge Pre-test Participants complete the multiple choice pre-test. They will self-mark it during the course and will complete the same test at the end of the course.	1450-1510	SHORT SNAPPER Alcohol Use Disorder in Seniors – Remi Olaosun • summarize the differences seen in alcohol use disorder in older adults • recognize the difficulties in diagnosing alcohol use disorder in older adults • describe the management and local resources to support patients with substance abuse in later life
1300- 1350	KEYNOTE Diagnosis and Pharmacological Treatment of Alcohol Use Disorder – Henry Kranzler • recognize different screening methods to identify individuals who drink heavily and those with alcohol use disorder • recite the medications that are approved in the United States and Canada for treating alcohol use disorder • recite at least one medication that shows promising efficacy in treating alcohol use disorder but is not approved for that indication in either the United States or Canada	1510-1530	SHORT SNAPPER Non-pharmacological Treatment of Alcohol Use Disorder – Kasia Galperyn • list some motivational interventions for alcohol use disorder • explain the cognitive behavioural therapy model for alcohol use disorder • describe some Relapse Prevention approaches for alcohol use disorder
1350-1420	SHORT SNAPPER Medical and Psychiatric Co-morbidities of Alcohol Use Disorder – Monty Ghosh, Robert Tanguay • list the common medical complications from alcohol use disorder (AUD) and treatment options for these consequences • identify alcohol use in pregnancy and potential medical concerns arising from this • summarize postoperative complications and surgical risk from AUD • treat patients with concurrent depression and AUD • summarize the Choosing Wisely Guidelines	1530-1550	SHORT SNAPPER Abstinence Versus Harm Reduction – Cristina Zaganelli • describe the abstinence-based model and the historical perspective • summarize harm reduction strategies in alcohol use disorder • discuss advantages and challenges in each approach
1420-1430	Break	1550-1600	SHORT SNAPPER Local Resources for the Treatment of Alcohol Use Disorder – Cristina Zaganelli • provide an overview of local resources for treatment of alcohol use disorder • describe how to access programs and discuss the practicalities of the referral process • identify self-referred and informal services available to patients
1430-1450	SHORT SNAPPER Alcohol Use Disorder in Adolescents – Sam Chang • learning objectives TBA	1600-1645	Course Knowledge Post-test Participants complete the course post-test. The correct answers and references supporting the answers are provided for future reference.
		1645	Adjournment

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

PLANNING COMMITTEE

Thomas Raedler MD FRCPC Course Chair
Associate Professor, Department of Psychiatry, University of Calgary; Medical Director of Pharmacology Research, The Mathison Centre for Mental Health Research & Education, University of Calgary

Dawn Edwards BA Psych
Program Consultant II, Addiction and Mental Health, Professional Development & Concurrent Capability, Provincial Addiction & Mental Health, Alberta Health Services

Nady el-Guebaly MD DPsy DABAM FAPA FACP FRCPC
Professor, Department of Psychiatry, University of Calgary; Division Head, Addiction, University of Calgary; Consulting Psychiatrist, Addictions Centre, Alberta Health Services

Deb Putnam MD CCFP
Clinical Assistant Professor, University of Calgary; Family Physician, Calgary

Chris Wilkes BSc MB ChB MPhil FRCP(Edin) MRC Psych FRCP(C)
Professor, Department of Psychiatry, University of Calgary; Division Head, Child and Adolescent Mental Health & Addictions, University of Calgary; Section Chief, Child & Adolescent Community & Specialized Services, Alberta Health Services

Tuxephoni Winsor RN BN MHS
Manager, Professional Development & Concurrent Capability, Provincial Addiction & Mental Health, Alberta Health Services

Diane Simpson PhD MDE CME Representative
Education Consultant, Office of Continuing Medical Education & Professional Development, University of Calgary

FACULTY

Sam Chang MD FRCPC
Clinical Assistant Professor, Department of Psychiatry, University of Calgary; Clinical Medical Director, Addictions Centre Adolescents, Alberta Health Services

Kasia Galperyn PhD RPsych CACBT-ACTCC
Addiction Centre, Foothills Medical Centre, Alberta Health Services

Monty Ghosh BSc MBT MSc MD FRCPC DM-EMDM ISAM®
Assistant Clinical Professor, Internal Medicine & Addiction Medicine, Department of General Internal Medicine, University of Alberta

Henry Kranzler MD
Director, Center for Studies of Addiction, University of Pennsylvania Perelman School of Medicine; Professor of Psychiatry, University of Pennsylvania Perelman School of Medicine

Remi Olaosun MBBS MRCPsych(UK) FRCPC
Clinical Lecturer, Department of Psychiatry, University of Calgary; Staff Psychiatrist in Geriatric Mental Health

Robert Tanguay BSc (Hons) MD FRCPC CISAM CCSAM
Clinical Lecturer, University of Calgary; Provincial Medical Lead, ODT Virtual Training Program, Alberta Health Services; Medical Director, Transitional Outpatient Pain Program for Spine; Addiction, Pain and Psychiatric Consultant, Opioid Deprescribing Program, Alberta Health Services; President Elect, Pain Society of Alberta; Alberta and NWT Regional Director, CSAM

Cristina Zaganelli MN NP
Addiction Centre, Foothills Medical Centre, Alberta Health Services; CUPS Health Centre

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using a slide prior to the speaker's presentation.

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

CFPC

MAINPRO+ GROUP LEARNING

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 3.75 Mainpro+ credits.

RCPSC ELIGIBLE CREDITS

Accredited Royal College MOC Section 1 and Section 3 credits are eligible for certified Mainpro+ credits, up to a maximum of 50 credits per five-year cycle; any additional credits are eligible as non-certified Mainpro+ credits. MOC Section 3 accredited activities can be claimed at 3 credits per hour up to the cycle maximum.

CFPC members can claim Royal College MOC Section 3 credits in the assessment category.

AACP

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP) AND CFPC

Members of the American Academy of Family Physicians are eligible to receive up to 3.75 prescribed credits for attendance at this meeting/event due to a reciprocal agreement with The College of Family Physicians of Canada.

RCPSC

MOC SECTION 3 SELF-ASSESSMENT PROGRAM

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 3.75 hours (credits are automatically calculated).

AMA-PRA CATEGORY 1 CREDIT

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. More information on the process to convert Royal College MOC credit to AMA credit at <https://www.ama-assn.org/education/earn-credit-participation-international-activities>.

Read more on the Royal College agreement with the American Medical Association at <http://www.royalcollege.ca/rcsite/cpd/providers/international-accreditation-agreements-e>.

ADDITIONAL PROGRAM INFORMATION

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

A registration refund will be made upon written request if made at least two weeks before the start of the program; however \$50 will be retained for administrative costs. No refunds will be available for cancellations made within two weeks of the start of the program and thereafter.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development,
Cumming School of Medicine,
University of Calgary, TRW Building,
3280 Hospital Drive NW,
Calgary, AB T2N 4Z6

ABOUT COURSE CONTENT

Diane Simpson, Education Consultant
Phone 403.210.8804
Email dsimpson@ucalgary.ca

ABOUT GENERAL PROGRAM INFORMATION

Dana Young, Education Coordinator
Phone 403.210.6226
Email dana.young@ucalgary.ca

ABOUT REGISTRATION

Phone 403.220.7032
Email cmereg@ucalgary.ca



REGISTRATION FORM

WEBINAR
Alcohol Use Disorder
March 8, 2019

COURSE # - 10008484-00000

PROFESSION	PHYSICIAN		OTHER HEALTH PROFESSIONAL - PLEASE SPECIFY		STUDENT/RESIDENT (FULL-TIME STUDENTS ONLY)
	☐ FAMILY PHYSICIAN		☐ SPECIALIST - PLEASE SPECIFY		☐
YEARS OF PRACTICE - PLEASE SPECIFY			COMMUNITY SIZE IN WHICH YOU PRACTICE		☐ GREATER THAN 1,000,000 INHABITANTS ☐ 15,001-999,999 INHABITANTS ☐ 0-15,000 INHABITANTS
FIRST NAME					
LAST NAME					
ADDRESS					
CITY				PROVINCE	POSTAL CODE
AREA CODE	PHONE	EXT	AREA CODE	FAX	
EMAIL					

REGISTRATION FEE

PLUS 5% GST - UCalgary GST Registration #108102864RT0001
ADD 5% TO FEE(S) BELOW TO CALCULATE TOTAL COURSE FEE

☐	\$	100.00	Physician
☐	\$	50.00	Other Health Professional
☐	\$	Free	Student / Resident (FULL-TIME STUDENTS ONLY)

PAYMENT BY

CHEQ	AMEX	VISA	MASTERCARD	M	M	Y	Y
☐	☐	☐	☐				
				EXPIRY DATE			
CARD NUMBER							
SIGNATURE							

REGISTER

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BY CONFIDENTIAL FAX

Fax 403.270.2330

For your protection, the University of Calgary does not accept and will not process credit card information provided via email or text messages

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CHEQUE MUST INCLUDE 5% GST

Cumming School of Medicine, Office of Continuing Medical Education and Professional Development, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

REGISTRATION SERVICES

Phone 403.220.7032

Email cmereg@ucalgary.ca

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call 403.220.4251 if you have questions about the collection or use of this information.

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