

PAINCARE^{FOR} PRIMARYCARE

Register by July 29
to Save \$220!

Join us for this educational meeting for primary care Physicians, NPs, and PAs dedicated to improving care for patients presenting with pain and pain-related symptoms.

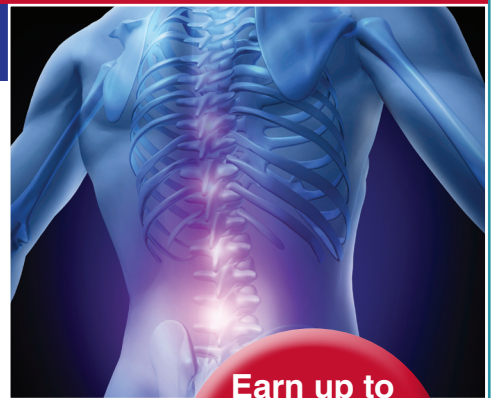
NOVEMBER 15-16, 2019

Optional, Pre-Conference Addiction and
Medical Cannabis Workshops November 14

Hilton Lake Buena Vista | Orlando, Florida

Topics include:

- **Approaches to Pain Management:**
Pharmacologic | Integrative | Interventional
- **Co-Morbidities of Pain**
- **Osteoarthritis and Low Back Pain**
- **Opioids vs Cannabis Debate**
- **Migraine and Headache Management**
- **Addiction**
- **Opioid REMS Course** *Updated for 2019*
- **The Relationship Between Sleep and Pain**
- **Unexpected Urine Test Results**
and much more!



**Earn up to
22 CME/CE
Credits**
Including
Workshop
Credit

Meeting Chair

Paul J. Christo, MD, MBA

Associate Professor, Division of Pain Management
The Johns Hopkins University School of Medicine
Baltimore, Maryland

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For more information and to register go to:

www.PCPC-cme.com

ACCREDITATION

Why You Should Attend

As a primary care physician, you treat patients in pain every day. The information presented at this meeting will provide you with an opportunity to enhance your clinical care and acquire additional skills in treating patients who present with pain and pain-related symptoms. This meeting is intended to meet the clinical and educational needs of clinicians in the primary care setting and selected specialties, such as non-pain specialists who recognize the importance and challenges associated with treating patients in pain.

Who Should Attend

The Pain Care for Primary Care meeting is intended for physicians in family practice, internal medicine, neurology, and rheumatology, as well as advanced practice nurses, and physician assistants, and pharmacists working in pain or primary care.

Educational Objectives

Upon completion of this meeting, participants will be able to:

1. Recognize the competencies and skill sets required to provide quality pain care.
2. Develop strategies for handling common and complex pain care situations.
3. Integrate best practices grounded on evidence-based guidelines and recommendations.
4. Assess changes in the care and outcomes of your patients with pain-related conditions.

Continuing Education

The Pain Care for Primary Care course will offer continuing education (CME/CE) credit for physicians and nurses. Credit will be awarded for those sessions attended and evaluated. Successful completion requires that participants register for the meeting, attend and participate, and complete an online evaluation. Participants will receive their certificates immediately after they submit their evaluations online.

Physicians



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, LLC. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

The University of Cincinnati designates this Live Activity for a maximum of 22 *AMA PRA Category 1 Credit(s)*™ (16 for the general program, including the REMS course and 6 *AMA PRA Category 1 Credit(s)*™ for completing the pre-conference workshops). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Credit

AAFP Prescribed Credits Application for CME credit has been filed with the American Academy of Family Physicians. Determinations of credit pending.

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*™ from organizations accredited by ACCME or a recognized state medical society.

Nurses

This program is accredited for a maximum of 22 contact hours (This includes a maximum of 13 contact hours for the general sessions and a maximum of 3 contact hours for each workshop (Pharmacology contact hours will be determined and will be indicated on our certificate) in partnership with Partners in Healthcare Education, LLC. Partners in Healthcare Education, LLC, is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number 031206.

REMS Course

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 3 hours of continuing education and pharmacology credit will be awarded on-site by NPHF upon completion of the program Assessment and Evaluation at the end of the session.

Pharmacists

This course is co-sponsored by Amedco and the University of Cincinnati. Amedco is approved by the Accreditation Council for Continuing Pharmacy Education to sponsor continuing education for pharmacists. Amedco maintains responsibility and designates 13 credit hours for completing this program, 3 credit hours for completing REMS, and up to 6 credit hours for completing the pre-conference workshops.

FACULTY/PLANNING COMMITTEE

(Subject to change. Please see website for updates)

CHAIR



Paul J. Christo, MD, MBA†

Associate Professor
Division of Pain Medicine
The Johns Hopkins University School of Medicine
Baltimore, Maryland

FACULTY



David E. J. Bazzo, MD†

Clinical Professor of Family Medicine
Director
Fitness for Duty, UC San Diego, PACE Program
Co-Director
Primary Care Core Clerkship
University of California San Diego School of Medicine
President, San Diego County Medical Society
San Diego, California



Jennifer A. Haythornthwaite, MA, PhD*

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Professor of Psychiatry and Behavioral Sciences
The Johns Hopkins University School of Medicine
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Kevin P. Hill, MD, MHS

Assistant Professor of Psychiatry
Harvard Medical School
Director of Addiction Psychiatry
Beth Israel Deaconess Medical Center
Boston, Massachusetts



Louis Kuritzky, MD†

Clinical Assistant Professor Emeritus
Family Medicine
University of Florida
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Robert M. McCarron, DO

Professor and Vice Chair of Education and Integrated Care
Residency Program Director
Co-Director, UCI / UC Davis Train New Trainers
Primary Care Psychiatry Fellowship
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University of California, Irvine School of Medicine
President, California Psychiatric Association
Irvine, California



Nathan A. Painter, PharmD

Health Sciences Associate Clinical Professor
Skaggs School of Pharmacy and Pharmaceutical Sciences
University of California San Diego School of Medicine
San Diego, California



Edwin Salsitz, MD†

Medical Director
Office-Based Opioid Therapy
Department of Psychiatry and Behavioral Sciences
Mount Sinai Beth Israel
Assistant Professor of Medicine
Mount Sinai Icahn School of Medicine
New York, New York



Michael T. Smith, PhD

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Department of Psychiatry and Behavioral Sciences
Founder, Behavioral Sleep Medicine Program
The Johns Hopkins University School of Medicine
Baltimore, Maryland



Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP†

America's Top NP Award Winner, Point of Care Network
Owner and Family Nurse Practitioner
Wright & Associates Family Healthcare, PLLC
Amherst, New Hampshire

†Indicates Planning Committee Member * Invited

PAINCARE FOR PRIMARYCARE



AGENDA (Agenda and faculty subject to change. Please check website for updates.)

Thursday, November 14, 2019

Optional Pre-Conference ADDICTION WORKSHOP

Edwin Salsitz, MD

10:00 am-1:15 pm

Optional Pre-Conference MEDICAL CANNABIS FOR PRIMARY CARE CLINICIANS: SCIENCE AND PRACTICE

Kevin P. Hill, MD

2:30 pm - 5:30 pm

See next page for additional
workshop information

General Sessions

Friday, November 15, 2019

6:45 am **Breakfast/Exhibits**

7:10 am **Independent Symposium**

7:55 am **Break/Exhibits**

8:10 am **Program Overview**

Paul Christo, MD, MBA

8:15 am **New Advances in the
Pharmacological
Treatment of Pain**

David E. J. Bazzo, MD

Nathan A. Painter, PharmD

9:00 am **Medicinal Cannabis: An
Alternative to Opioids?**

Kevin P. Hill, MD

9:45 am **Q&A/Panel Session**

10:00 am **Break/Exhibits**

10:30 am **Treating Co-morbidities of
Pain: Depression, Anxiety,
and others**

Robert M. McCarron, DO

11:15 am **The Relationship Between
Sleep and Pain**

Michael T. Smith, PhD

12:00 pm **Q&A/Panel Discussion**

12:15 pm **Lunch**

12:30 pm **Independent Symposium**

1:15 pm **Dessert Break in
Exhibit Hall**

1:45 pm **Unexplained Chronic Pain:
Differential Diagnosis and
Somatic Symptom
Disorder**

Robert M McCarron, DO

2:30 pm **Unexpected Urine Drug
Test Results: What to Do?**

Edwin Salsitz, MD

3:15 pm **Q&A/Panel Discussion**

3:30 pm **Break**

3:45 pm **Interventional
Approaches: Nerve
Blocks, Injections, and
Neuromodulation for Pain**

Paul Christo, MD

4:30 pm **Pharmacogenomics in
Pain Management**

Nathan A. Painter, PharmD

5:15 pm **Diabetic Peripheral
Neuropathic Pain**

Louis Kuritzky, MD

6:00 pm **Q&A/Panel Discussion**

6:15 pm **Adjourn for Evening**

Saturday, November 16, 2019

6:45 am **Breakfast/Exhibits**

7:10 am **Independent Symposium**

7:55 am **Break/Exhibits**

8:10 am **Welcome Back**

Paul J. Christo, MD

8:15 am **Building Pathways in Pain
Management:**

**Osteoarthritis and
Chronic Low Back Pain**
Wendy L. Wright, DNP,
ANP-BC, FNP-BC, FAANP,
FAAN, FNAP

*Sponsored by the Nurse
Practitioner Healthcare
Foundation.*

9:15 am **Gabapentanoids: A Wolf in
Sheep's Clothing**

Edwin Salsitz, MD

10:00 am **Q&A/Panel Session**

10:15 am **Break/Exhibits**

10:45 am **Evidence-Based
Integrative Therapies for
Chronic Pain**

Jennifer A Haythornthwaite,
MA, PhD*

11:30 am **Migraine and Headache
Management: The Role of
CGRP Agents**

Louis Kuritzky, MD

12:15 pm **Visceral Pain
(Abdominal/Pelvic)**

Paul J. Christo, MD

1:00 pm **Q&A/Panel Discussion**

1:15 pm **Lunch**

1:30 pm **Independent Symposium**

2:15 pm **Dessert Break in Exhibit
Hall**

2:30 pm **Debate: Opioids vs
Medical Cannabis for Pain
Management**

Moderator: David E.J.
Bazzo, MD

Panel: Kevin P. Hill, MD and
Edwin Salsitz, MD

3:00 pm **Q&A/Panel Session**

3:15 pm **Pain Management and
Opioids: Balancing Risks
and Benefits
(Collaboration for REMS
Education): Part 1
(Updated in 2019)**

David E.J. Bazzo, MD;
Wendy L. Wright, DNP,
ANP-BC, FNP-BC, FAANP,
FAAN, FNAP

5:15 pm **Break**

5:30 pm **Pain Management
and Opioids: Balancing
Risks and Benefits
(Collaboration for REMS
Education): Part 2
(Updated in 2019)**

David E.J. Bazzo, MD;
Wendy L. Wright, DNP,
ANP-BC, FNP-BC, FAANP,
FAAN, FNAP

6:30 pm **Conference Adjourns**

ABOUT OUR VENUE

Hilton Orlando Lake Buena Vista Orlando, Florida

The 2019 Pain Care for Primary Care Meeting will take place at the Hilton Orlando Lake Buena Vista in Orlando, Florida, where we have arranged discount rates of **just \$179 a night** for Pain Care for Primary Care participants.

The Hilton Orlando Lake Buena Vista is conveniently located just steps from Disney Springs via Skybridge and offers complimentary shuttle transportation to all Disney Theme Parks.

To make your reservation call 1-800-782-4414 and mention group code PCP. Discount expires October 14, but we urge you to make your arrangements before that date as our room block will sell out.



22 CME/CE Credits Available Including Workshop Credit

REGISTER
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Optional Pre-Conference Workshops November 14, 2019

Pain Care for Primary Care will offer optional (pre-registration required) Addiction and Medical Cannabis Workshops on November 14, 2019 at the Hilton Buena Vista in Orlando. These workshops are open to Pain Care for Primary Care attendees only.

Limited space available. First come. First served!

Each workshop offers 3 CME/CE Credits.

ADDICTION WORKSHOP Directed by Edwin Salsitz, MD

Primary care clinicians can play a significant role in the prevention, diagnosis, and treatment of substance use disorders. The Addiction Workshop will address the burden of medical disease as it is related to addictive use of tobacco, alcohol, prescription medications, and illicit drugs such as heroin, fentanyl, and cocaine.

10:00 - 10:45 AM

**The Neurobiology of Addiction:
Understanding Addiction from
the Inside Out**

10:45 - 11:30 AM

**Treatment of Substance Use
Disorders**

11:30 - 11:45 AM

Break

11:45 AM - 12:30 PM

**Special Populations: Pregnant,
Adolescents and Elderly
Addicted Populations**

12:30 - 1:15 PM

**Interesting Case Presentations
with Discussion and Q&A**

1:15 PM

Adjournment

MEDICAL CANNABIS FOR PRIMARY CARE CLINICIANS: SCIENCE AND PRACTICE WORKSHOP

Directed by Kevin P. Hill, MD, MHS

(The last 10-15 minutes of each session will be used for Q & A)

2:30 - 3:30 PM

**The Unbiased Truth: The
Science of Cannabis in the
Context of Changing Policy**

3:30 - 4:30 PM

**Benefits and Risks of Medical
Cannabis and Cannabidiol
(CBD)**

4:30 - 5:30 PM

**Medical Cannabis: Practical
Considerations for Primary
Care Clinicians and Hospitals**

5:30 PM

Adjournment

Opioid REMS Course November 16, 2019

Pain Management and Opioids: Balancing Risks and Benefits: Updated for 2019

**(This Opioid REMS Course will be
presented as part of Pain Care for
Primary Care general sessions)**

Sponsored by the Nurse Practitioner Healthcare Foundation, this thoroughly revised and updated curriculum addresses: nature and pathophysiology of pain; assessing patients in pain; creating a pain treatment plan; initiating opioid therapy; managing patients on opioid analgesics; educating patients and caregivers; and understanding opioid use disorder. This program meets most states' requirements for opioid education and is fully compliant with the Opioid Analgesic Risk Evaluation and Mitigation Strategy (REMS) education requirement issued by the FDA in September, 2018.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 3 hours of continuing education and pharmacology credit will be awarded on-site by NPHF upon completion of the program Assessment and Evaluation at the end of the session.

Register for Pain Care for Primary Care

PRICING				
	Until July 29	July 30 - August 26	August 27 - October 14	After October 14
MD / DO / PhD	\$375	\$395	\$495	\$595
NP / PA / RN / Allied Health	\$275	\$295	\$395	\$495
Resident / Fellow	\$195	\$195	\$195	\$195
Addiction Workshop	\$99	\$115	\$135	\$165
Medical Cannabis Workshop	\$99	\$115	\$135	\$165

Attend with a Colleague and Save! See Website for Details

Online: www.PCPC-CME.com

By Email: PCPC@globalacademycme.com

A refund less a \$50 administrative fee as follows: You may cancel your registration using our online registration system prior to October 14, 2019. After October 14 at 11:59 PM no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system or receive a credit in the amount you paid less a \$50 administrative fee (plus an additional \$20 fee for workshop) to be applied to your registration for next year's conference. Refunds will not be issued to no-shows.