

OBJECTIVES:

At the completion of this program, the participant should be able to:

1. Identify rationale for maternal early warning criteria.
2. Recognize the parameters for the Modified Maternal Early Warning Trigger tool.
3. Identify essential interventions to mitigate sepsis related morbidity and mortality.
4. Review common responses to transformational change.
5. Describe leadership tools that reduce resistance to change.
6. Apply strategies for improving clinician engagement and commitment to the AIM Bundle: Safely Reducing the C-section.
7. Identify trends in sleep related fatalities.
8. Discuss case studies that illustrate dilemmas in promoting safe sleep.
9. Explain ways that nurses can help reduce infant mortality related to SIDS/SUIDS.
10. Differentiate between “Baby Blues” and a Perinatal Mood Disorder.
11. Review the common Perinatal Mood Disorder diagnoses.
12. Discuss the effects of Perinatal Mood Disorder.
13. Identify key assessment components of Perinatal Mood Disorder.
14. List the treatment options for Perinatal Mood Disorder.
15. Review how to incorporate Perinatal Mood Disorder into discharge planning for the patient.
16. Identify the role resilience plays in making changes to clinical practice.
17. Discuss how to embrace rejection and thrive on failure.

Come network with us!

Please join the AWHONN leadership team on Monday, October 15, at 7 p.m. for a networking and social hour of hors d'oeuvres at Court Avenue Brewery, 309 Court Ave., Des Moines, IA 50309.

Promoting the Health of Women and Newborns



October 16, 2018

GET THE LATEST UPDATES ON
EVIDENCE BASED PRACTICE

Blank Children's Hospital
Education and Research Center
Virginia Thompson Auditorium
1415 Woodland Ave. | Des Moines



IOWA SECTION

PURPOSE:

To enable the learner to use evidence based practice to improve outcomes for women and children in the clinic, home care and hospital settings.

CONTINUING EDUCATION:

IBON Provider #31, UnityPoint Health – Des Moines awards 6 contact hours for full attendance.

REGISTRATION:

Registration is online only.

Visit blankchildrens.org/classes and click on the “Medical Conferences” category.

Registration closes Monday, October 1.

*Refunds will not be available after October 1.

COST:

\$55 – AWHONN and NANN Members

\$70 – Non-AWHONN and Non-NANN Members

\$35 – Nursing Students and Retired Nurses

\$80 – After September 25 and on-site

CONFERENCE T-SHIRT:

Attendees will have the option to purchase an Iowa AWHONN shirt for \$15. Shirts will be available for pickup at the conference. Deadline to order a shirt is September 14.

Please enter your size when registering.

• **Sizes Available:** Small - 2XL

Diaper Drive!

Last year we were able to donate 2710 diapers to the Des Moines Area Religious Council to help our newborns in Iowa. Let's try to beat that number! Bring a pack of diapers or donation.

SPEAKERS:

KEYNOTE SPEAKER

Emily Drake, RN, PhD, FAAN is an Associate Professor at the University of Virginia. She has more than 25 years of experience that includes practice as a staff nurse, clinical specialist, educator and administrator. She is the author of several book chapters and publications in journals such as the Journal of Nursing Scholarship, JOGNN, Journal of Perinatal Education, Pediatrics, and Neonatal Network. She is the immediate past president of the National Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN).

Sue Garpiel, RN, MSN, C-EFM is director of Perinatal Clinical Practice, Trinity Health, Livonia, MI. She leads perinatal safety and quality efforts to transform care across the continuum to ensure optimal population health outcomes are achieved.

Stephen K. Hunter, MD, PhD is Professor and Vice Chair of Obstetrics, UIHC; Director: Division of Maternal-Fetal Medicine, UIHC; Associate Director: Iowa Statewide Perinatal Care Program, IDPH.

Jenna Zalk Berendzen, ARNP is a Family Nurse Practitioner, specializing in Women's Health at UnityPoint Health – Allen Hospital, Waterloo, IA.

ACCOMMODATIONS:

Rooms are available for the night of Monday, October 15. Last Day to book at reduced rate is September 24.

Des Moines Marriott Downtown

700 Grand Ave., Des Moines, IA (515) 245-5500
\$129/night for standard guestroom.
Group Code: Iowa AWHONN

Hampton Inn & Suites Des Moines Downtown

120 SW Water St., Des Moines, IA (515) 244-1650
\$134/night for one king bed or two queen beds.
Group Code: AWHONN 2018 UnityPoint

AGENDA:

7:30 a.m.	Registration and Breakfast (Vendors may be available)
8 a.m.	Welcome and Announcements
8:15 a.m.	Maternal Early Warning Signs <i>Sue Garpiel, RN, MSN, C-EFM</i>
9:15 a.m.	Vendor Exhibits
9:45 a.m.	Preventing PCS Implementation <i>Sue Garpiel, RN, MSN, C-EFM</i>
10:45 a.m.	Break
11 a.m.	Obstetrical Issues in Iowa: Concerning Trends <i>Stephen K. Hunter, MD, PhD</i>
12 p.m.	Lunch/Vendors
1 p.m.	Safe Sleep <i>Emily Drake, RN, PhD, FAAN</i>
2 p.m.	Break
2:15 p.m.	Beyond the Baby Blues: An Overview of Perinatal Mood and Anxiety Disorders <i>Jenna Zalk Berendzen, ARNP</i>
3:15 p.m.	Be Brave <i>Emily Drake, RN, PhD, FAAN</i>
4:15 p.m.	Evaluations and Door Prizes
4:30 p.m.	Adjourn

Door prizes given throughout the day including registration to the 2019 National AWHONN Conference!

MORE INFORMATION:

Contact Sarah Copple at sarah.copple@unitypoint.org or (515) 241-6885.