

Faculty List (Continued)

Stephan Kopecky, MD, FACC

Board Member International Society for Cardiovascular Disease Prevention (ISCPV)
Professor of Medicine, Division of Cardiovascular Disease Mayo Clinic
Past President of the American Society for Preventive Cardiology (ASPC)
Rochester, Minnesota

Marc A. Pohl, MD, FASH

The Ray W. Gifford Endowed Chair in Hypertension
Past Head, Section of Clinical Hypertension and Nephrology
Past Director Center for Blood Pressure Disorders,
Department of Nephrology and Hypertension, Cleveland Clinic
Cleveland, Ohio

William C. Roberts, MD, MACC

Board Member International Society for Cardiovascular Disease Prevention (ISCPV)
Executive Director, Baylor Heart and Vascular Institute
Dean, A. Webb Roberts Center for Continuing Medical Education
Baylor University Medical Center
Professor, Department of Internal Medicine
Texas A&M Health Science Center, College of Medicine, Dallas Campus
Editor in Chief, The American Journal of Cardiology and the Baylor University Medical Center Proceedings
Dallas, Texas

Allan B. Schwartz, MD, FACP, FASN, FASH

Professor of Medicine Division of Nephrology and Hypertension
Drexel University College of Medicine,
Board of Directors, American Society of Hypertension
Philadelphia, Pennsylvania

Jeffery Sell, MD, FACS

Chief Cardiovascular Surgery, Sarasota Memorial Healthcare System
Sarasota, Florida

C. Michael Valentine, MD, FACC

Vice President, American College of Cardiology
Stroobants Cardiovascular Center
Lynchburg, Virginia

Nanette K. Wenger, MD, MACC, MACP, FAHA

Vice President International Society for Cardiovascular Disease Prevention (ISCPV)
Professor of Medicine,
Professor of Medicine (Emeritus), Cardiology, Emory University School of Medicine
President Society of Geriatric Cardiology 1994-1995
AHA Chair, Task Force, Heart Education for Women 1990-1999
Past Chief of Cardiology Grady Memorial Hospital
Consultant, Emory Heart & Vascular Center
Atlanta, Georgia

International Faculty

Zlatko Fras, MD, FESC, FACC

Vice President International Society for Cardiovascular Disease Prevention (ISCPV)
Professor of Medicine
Chairman Cardiology Department University of Ljubljana Medical School
President Slovenian Society of Cardiology
Chair European Congress for Cardiovascular Disease Prevention 2018
Ljubljana, Slovenia, Europe

Symposium Registration:

PHYSICIANS \$175.00
Prior to December 15, 2017, 250 dollars thereafter

Other health care professionals \$75.00

MEDICAL STUDENTS and NURSES first 50 registrants Free

Public invited free for Saturday afternoon session limited to first 50 registrants

Note: Discounted rate of 25% for previous attendees, Members of American Society of Preventive Cardiology (ASPC), International Society of Preventive Cardiology (ISPC) Association of Black Cardiologists (ABC), American College of Cardiology (ACC), and all health care professionals in Sarasota and Manatee Counties (limited to the first 100 registrants who register prior to Nov. 1, 2016)

Only confirmed attendees will be allowed in.

Optional lunch for healthcare providers :

(Free lunch for the 100 healthcare providers who register first)

☐ Yes I will attend ☐ No, I will not attend

Physicians Only Optional free dinner Symposiums:

(Dinner limited to only 100 physicians/ first registered, first served)

☐ Yes I will attend ☐ No, I will not attend

Public is invited free for Saturday afternoon session (limited to the first 50 registrants).

Make checks payable to:

**Cardiovascular Center of Sarasota Foundation
for Research and Education**

14 Annual Congress on Early Cardiovascular Disease Prevention

and mail to the address listed below.*

FOR CREDIT CARD PAYMENT CALL (941)366-9805

REGISTRATION FORM

Name: _____

Title: _____

Address: _____

City: _____

State: _____ Zip: _____

Facility: _____

Phone: _____

E-mail: _____

Name on Card _____

Card No. _____ Exp ____/____

ONLY CONFIRMED ATTENDEES WILL BE ALLOWED IN.

***Clip & Send Registration Form & Appropriate Fee to:**

International Society for Cardiovascular Disease Prevention,
14th Congress on Early Cardiovascular Disease Prevention
PO Box 48862, Sarasota, FL 34230.

May also register on line at:

www.cardiologycenter.net/pages/registration

For additional information, please call **941 366 9800**

or visit **www.cardiologycenter.net/pages/symposium**

**Travel and Discounted Hyatt Regency Hotel
Arrangements**

Please call:

ADMIRAL TRAVEL at 888 722 3401 or 941 951 1801
1284 N Palm Ave., Sarasota, FL 34236

www.admiraltravel.com

Educational Objectives:

The course is designed to present for participants:

- Review of Novel Approaches for the Early Detection and Treatment of Cardiovascular Disease in order to avert or delay a Catastrophic Cardiovascular Event
- Update on Hypertension and Cardiorenal Syndrome
- Update on Treatment Modalities for Ischemic Heart Disease In Women
- Update on Novel Approach for treatment of Dyslipidemia: PCSK9 Inhibitors
- Update on Systematic Approach to Risk Stratification And Screening
- Update on the use of Imaging Modalities: Cardiac CT for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure

14 Renowned Professors of Cardiology will be the host Faculty for this Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be case presentations to encourage discussion and audience participation

The final take-home message from this Symposium is:

**Time to Focus on Early Cardiovascular
Disease Prevention. Time to be good to your heart:
Early detection for Optimal Prevention.**

Topics:

- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of Diabetes & Obesity
- New Guidelines in Hypertension and Dyslipidemia/PCSK9 Inhibitors
- Current and Future Management of Dyslipidemia and Atherosclerosis
- Ischemic Heart Disease in Women
- Update on the current management of Deep Vein Thrombosis
- Stroke Prevention in NVA
- Update on New Guidelines for Treatment of Diabetes, Hypertension, Dyslipidemia and Heart Failure
- Sleep Disorders and Heart Disease
- Update on Cardiovascular Imaging with Emphasis on Cardiovascular Computed Tomography
- Dietary Management

Meeting Description:

This CME and CEU activity is designed for the cardiologist, internist, pharmacists primary care physicians, emergency room physicians, nurses, respiratory therapists and other health care providers who manage patients with cardiovascular disease.

Accreditation:

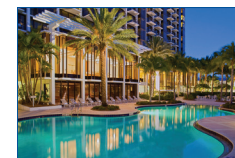
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCM) through the joint providership of the ISCPV and Florida Medical Association (FMA). The FMA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The FMA designates this live activity for a maximum of ten (10) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists: Pending approval from Florida Board of Pharmacy. Nurses: Pending approval for CEUs

Location: Hyatt Regency

1000 Boulevard of the Arts
Sarasota, FL 34236
Phone: (941) 953-1234



Hotel Accommodations:

Hyatt Regency Hotel



**The Cardiovascular Health Assessment Center at
Cardiovascular Center of Sarasota
1950 Arlington Street Suite 300
Sarasota, FL 34239 • Phone (941) 366-9800
www.cardiologycenter.net**



14th Annual National Sarasota Congress on Cardiovascular Disease Prevention: Update 2018

**Approved for 10 CME by FMA
Friday & Saturday
February 2nd-3rd, 2018**



Hyatt Regency, Sarasota, FL

Jointly Provided by:

The International Society for Cardiovascular Disease Prevention [ISCPV]
The Cardiovascular Health Assessment Center
and The Cardiovascular Center of Sarasota Foundation for Research;
and Education and The Florida Medical Association

**Celebrating 43 Years of Preventing
and Treating Heart Disease in Sarasota Florida**

In Cooperation With:

University of Minnesota, Center for Cardiovascular Disease Prevention,
Sarasota Memorial Healthcare System,
Association of Black Cardiologist (ABC)
and American College of Cardiology, Florida Chapter



**Florida
CHAPTER**

Program Director:

**Mahfouz El Shahawy, MD, MS.
FACP, FESC, FASPC, FASH, FSCCT,
FAHA, FACC, FASPC**

Program Co-Director:

Jay N. Cohn, M.D., F.A.C.C.



14th Annual National Sarasota Congress on Cardiovascular Disease Prevention: Update 2018

“One Ounce of Early Cardiovascular Disease Prevention is Better than Pounds of Late Cure”
To be held on Friday & Saturday, February 2nd-3rd, 2018
at Hyatt Regency, Sarasota, Florida

Approved for 10 CME by FMA

Jointly Provided by: The International Society for Cardiovascular Disease Prevention [ISCVP]; The Cardiovascular Health Assessment Center
and The Cardiovascular Center of Sarasota Foundation for Research; and Education and The Florida Medical Association
Celebrating 43 Years of Preventing and Treating Heart Disease in Sarasota, Florida

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Association of Black Cardiologist (ABC) and American College of Cardiology, Florida Chapter



FLORIDA CHAPTER

FRIDAY February 2nd, 2018, 1:15 PM to 5:30 PM

Afternoon Session

1:15 PM	Registration
1:30 PM	WELCOME: Program Director: M. El Shahawy, MD, MS, FESC, FAHA, FACC Co-Directors Professors: J. Cohn, A. DeMaria, and N. Wenger
SESSION ONE ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE PREVENTION Chairpersons: Drs. J. Cohn, M. El Shahawy and N. Wenger	
1:40 PM	Early Disease as a Guide to Future Morbid Events: Update 2018.....J. Cohn, MD
2:00 PM	Statins for the Primary Prevention of Cardiovascular Disease in the Elderly What We Know and What We Must LearnN. Wenger, MD
2:20 PM	Appropriate Use Criteria for Cardiovascular Disease Risk Assessment with Emphasis on Cardiovascular Computed Tomography (CCT).....M. El Shahawy, MD
2:40 PM	Atherosclerotic Cardiovascular Disease What Have We Learned in the Last 50 years?W. Roberts, MD
3:00 PM	Coffee Break
3:30 PM	Novel Evidence Based Approach for Early Detection of CVD in Asymptomatic Subjects: New Data From Our CenterM. El Shahawy, MD
3:50 PM	Kidneys Are The Window To The Heart.....M. Pohl, MD
4:10 PM	Panel Discussion: Moderators Drs. N. Wenger and M. El Shahawy PanelistsAll Faculty
5:00 PM	Adjourn
Optional Program:	
5:15 PM	Sleep Disorders and Cardiovascular Disease: Hypertension, Atrial Fibrillation, Heart Failure, etc A. DeMaria, MD

SATURDAY February 3rd, 2018, 8:00 AM to 12:30 PM

Morning Session

SESSION TWO ADVANCES IN THE PAST 12 MONTHS IN THE DIAGNOSIS AND MANAGEMENT OF CARDIOVASCULAR DISEASE Chairpersons: Drs. A. DeMaria, M. El Shahawy and N. Wenger	
7:45 AM	Registration
8:00 AM	WELCOME: Program Director: M. El Shahawy, MD, MS, FESC, FAHA, and FACC Chairman Sarasota County Public Hospital Board: Gregory Carter President and CEO Sarasota Memorial Hospital: David Verinder
8:20 AM	Reinventing Cardiac Rehabilitation 2018N .Wenger, MD
8:40 AM	Current Treatment of Dyslipidemia Beyond Statin: PCSK9 Inhibitor: Update 2018M. El Shahawy, MD
9:00 AM	Pre-hypertension: Is BP the Culprit.....J. Cohn, MD
9:20 AM	Hypertension is a Silent Killer K. Ferdinand, MD
9:40 AM	Integrating Advanced Lipid Testing and Cardiovascular Biomarkers in Assessment and TreatmentS. Kopecky, MD
10:00 AM	Coffee Break
10:20 AM	Cardiac CT and Calcium Score For Cardiovascular Disease Risk Assessment and Prevention...A. Agatston MD
10:40 AM	Cardiovascular Images: Echo VS Other Procedures A. DeMaria MD
11:00 AM	Valvular Heart DiseaseW. Roberts, MD
11:20 AM	Familial Hyperlipidemia..... S. Baum, MD
11:40 AM	Treatment of ACS--A Case Based Presentation (Short and Long Term).....M. Valentine, MD
12:00 NN	Statin and Cardiovascular SurgeryJ .Sell, MD
12:20 PM	Panel Discussion: ModeratorsDrs. R. Gillespie and M. El Shahawy PanelistsAll Faculty
12:30 PM	Adjourn for Lunch

SATURDAY February 3rd, 2018, 1:30 PM to 5:30 PM

Afternoon Session

GENERAL PUBLIC IS INVITED TO ATTEND THIS SESSION

SESSION THREE ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE Chairpersons: Drs. M. El Shahawy, N. Wenger and J. Cohn	
1:30 PM	Registration
1:45 PM	WELCOME: Program Director: M. El Shahawy, MD, MS, FESC, FAHA, FACC Co-Directors Professors: J. Cohn, and N. Wenger
2:00 PM	Primary vs. Secondary Prevention of Cardiovascular DiseaseJ. Cohn, MD
2:20 PM	Women's Heart DiseaseN. Wenger, MD
2:40 PM	DiabetesK Ferdinand, MD
3:00 PM	Cardio ObesityM. El Shahawy, MD
3:20 PM	Coffee Break
3:40 PM	Dietary Guidelines for Optimal Management of Cardiovascular Disease Prevention and TreatmentA. Agatston, MD
4:00 PM	What is Primary “Essential” Hypertension BP Target?A. Schwartz, MD
4:20 PM	Resistant Hypertension.....M. Pohl, MD
4:40 PM	Atrial Fibrillation and Current ManagementS. Kopecky, MD
5:00 PM	Diagnostic and Prognostic Value of Coronary Calcium ScoreM. El Shahawy, MD
5:20 PM	Cardiovascular Disease Assessment; European Prospective.....Z. Fras, MD
5:40 PM	Panel Discussion: Moderators Drs. A. DeMaria and M. El Shahawy PanelistsAll Faculty
6:00 PM	Concluding Remarks and Adjourn

Faculty List

Mahfouz El Shahawy, MD, MS, FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC,

Program Director

President International Society for Cardiovascular Disease Prevention (ISCVP)

Fellow American Society of Preventive Cardiology

Clinical Professor of Medicine, Universities of Florida and South Florida,

Golden Doctor Diploma University of Vienna Austria 2014

Member Board of Trustee American Society of Preventive Cardiology [ASPC]

Member Board of Trustees Association of Black Cardiologists [ABC]

Medical Director, Cardiovascular Health Assessment Center

President, Cardiovascular Center of Sarasota

Medical Director and Founder SMH Cardiovascular Disease Prevention Center 2007 - 2010

Sarasota, Florida

Jay N. Cohn, MD, FACC, FAHA

Program Co-Director

Vice President International Society for Cardiovascular Disease Prevention (ISCVP)

Professor of Medicine, Director,

Rasmussen Center for Cardiovascular Disease Prevention

University of Minnesota Medical School, Cardiovascular Division,

President American Society of Hypertension, 1990-1992

President International Society of Hypertension, 1996-1998

President Heart Failure Society of America, 1995-1998

President International Society of Cardiovascular Pharmacotherapy, 2008-2010

Minneapolis, Minnesota

Arthur Agatston, MD, FSCCT, FACC

Professor of Medicine University of Miami School of Medicine

Medical Director Wellness and Prevention at Baptist Health South Florida

Miami, Florida

Seth Baum, MD, FASPC, FACC, FACPM, FAHA, FLA

President American Society Preventive Cardiology

Secretary Treasurer FH Foundation

Boca Raton, Florida

Anthony DeMaria, MD, FACC

Vice President International Society for Cardiovascular Disease Prevention (ISCVP)

Professor of Medicine, Division of Cardiovascular Disease, U.C. San Diego, CA

President American College of Cardiology 1989-1990

Editor in Chief of American Journal of Cardiology 2002-2014

San Diego, California

Keith Ferdinand, MD, FACC, FAHA

Board Member International Society for Cardiovascular Disease Prevention (ISCVP)

Professor of Medicine,

Past Chairman Board of Directors Association of Black Cardiologist (ABC)

Professor of Medicine Tulane University

New Orleans, Louisiana

Robert Gillespie, MD, FACC, FASE, FASNC

Director of Nuclear Imaging, Sharp Rees/Stealy Medical Group

Immediate Past Chairman of the Board, Association of Black

Cardiologists, ABC

San Diego, CA