INTERNAL MEDICINE FOR PRIMARY CARE: DERMATOLOGY/ENDOCRINOLOGY/RISK MANAGEMENT

San Diego, CA - Hotel del Coronado
March 5 - 7, 2027

Friday, March 5, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - **Dermatology**

Dermatitis

Discussion of the common subtypes of dermatitis; Recognition, diagnosis, and management considerations; Topics covered include atopic, contact, and seborrheic dermatitis, among others

8:30 am - 9:30 am - **Dermatology**

Papulosquamous Diseases

Diagnositic principles of skin lesions consisting of red or purple papules; Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; Discussion of how to tell one scaly rash from another

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Dermatology**

Skin Manifestations of Systemic Disease

Skin will often reflect signs of systemic diseases, be useful for diagnosis, or suffer from a complication of disease or its treatment; Diagnosis of rheumatalogic, endocrine, gastrointestinal, and psychologic conditions based on cutaneous findings

10:40 am - 11:40 am - **Endocrinology**

Type 2 Diabetes Mellitus

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

11:40 am - 12:40 pm - **Endocrinology**

Insulin Therapy for Diabetes

Treating T2DM with insulin; T1DM

12:40 pm

Session Adjourns

Saturday, March 6, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - **Endocrinology**

Disorders of Thyroid Function

Prevalence, diagnosis and treatment options of hypothyroidism and hyperthyroidism

8:30 am - 9:30 am - **Endocrinology**

Thyroid Nodules and Cancer

Diagnosis and treatment

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Dermatology**

Premalignant and Malignant Skin Tumors

Recognition of precursors of malignancies; Excisional and punch biopsies; Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors; Risk reduction education

10:40 am - 11:40 am - **Risk Management**

The Anatomy of Medical Malpractice

Identify the key elements of a malpractice claim in the practice setting; Assess the risk of malpractice in common and unusual situations; Identify risk management strategies for preventing claims

11:40 am - 12:40 pm - **Risk Management**

Risky Business: Consent and Communication

Describe the necessary elements of an informed consent process; Discover why the shared decision making process represents and opportunity rather than an obligation for the provider; Discuss the importance of early disclosure of unanticipated outcomes; Learn methods to disclose and reconcile events with patients, families and providers

12:40 pm

Session Adjourns

Sunday, March 7, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Risk Management

Medical Gaslighting: What It Is and How to Avoid It

Medical gaslighting is recognized as a serious patient safety concern. The term describes situations in which a patient's symptoms, concerns, or lived experience are minimized, dismissed, or misattributed by a clinician—often unintentionally. The impact can be significant: delays in diagnosis, erosion of trust, and preventable adverse outcomes. This discussion will explore how cognitive biases, communication breakdowns, and system pressures contribute to these experiences.

8:30 am - 9:30 am - Risk Management

AI in Medicine: Promise, Practice, and Pitfalls

Artificial Intelligence is rapidly transforming medicine, from clinical decision support and imaging to communication, documentation, and administrative work flows. AI-driven tools promise to enhance efficiency and patient outcomes, but they also introduce new challenges. This session will explore how AI works, examine its clinical, social, and operational applications, and discuss the evolving legal and patient safety implications, including risks for medical liability.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Identify cutaneous findings that serve as surrogates of internal diseases
- Detect pre-cancerous and cancerous skin lesions
- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Identify the risks of abnormal thyroid function
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Develop strategies for mitigating risky malpractice situations in practice
- Describe how informed consent and shared decision making reduces risk for the provider
- Examine the roles of cognitive biases, communication breakdowns, and system pressures in contributing to medical gaslighting experiences
- Describe strategies to incorporate AI tools to improve patient outcomes

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

ABIM CME MOC ACCREDITED

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Derm/Endo/Risk Mgmt and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 3/5/2027 to 3/7/2027. Physicians should claim only the credit commensurate with the extent of the their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation
American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 4.25 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation
American Academy of Physician Associates (AAPA)

Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation
Accreditation Council for Pharmacy Education (ACPE)

Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.