



# 2016 Annual Meeting

Marriott Gaylord Palms Hotel • Orlando, Florida  
October 5–8, 2016



## 2016 NAMS Annual Meeting Scientific Program

(As of June 21, 2016)

### *The Science and Art of Menopause Health*

#### Wednesday, October 5, 2016

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| 7:00 AM–7:00 PM | Registration Desk Open                                                                                                                                                                                                                                                                                                                         |
| 7:30 AM–8:00 AM | Pre-Meeting Symposium Registration and Continental Breakfast<br><i>(Note: Separate Registration Fee From Annual Meeting)</i>                                                                                                                                                                                                                   |
| 8:00 AM–1:00 PM | Pre-Meeting Symposium<br><i>Menopause and the Brain: Maximizing Cognitive and Psychological Well-being at Midlife</i>                                                                                                                                                                                                                          |
| 8:00 AM–8:10 AM | <b>Welcome and Introductory Remarks</b><br><br><b>Pauline M. Maki, PhD</b><br><i>Chair, 2016 Scientific Program Committee<br/>Professor of Psychiatry and Psychology<br/>Director, Women's Mental Health Research<br/>Research Director, UIC Center for Research in Women and Gender<br/>University of Illinois at Chicago<br/>Chicago, IL</i> |
| 8:10 AM–9:45 AM | <b>Part 1—Mood</b>                                                                                                                                                                                                                                                                                                                             |
| 8:10 AM–8:35 AM | <b>Natural History of Mood Changes Across the Menopause Transition</b><br><br><b>Joyce T. Bromberger, PhD</b><br><i>Professor of Epidemiology and Psychiatry<br/>University of Pittsburgh, Graduate School of Public Health<br/>Pittsburgh, PA</i>                                                                                             |
| 8:35 AM–9:00 AM | <b>Neurobiology of Mood Changes During the Menopause Transition</b><br><br><b>Claudio N. Soares, MD, PhD, FRCPC, MBA</b><br><i>Executive Lead, Canadian Biomarker Integration Network for Depression (CAN-BIND)<br/>St. Michael's Hospital, University of Toronto<br/>Toronto, ON, Canada</i>                                                  |
| 9:00 AM–9:25 AM | <b>Screening and Treatment of Depression in Menopause</b><br><br><b>Susan G. Kornstein, MD</b><br><i>Professor, Psychiatry and Obstetrics and Gynecology<br/>Executive Director, Institute for Women's Health<br/>Virginia Commonwealth University<br/>Richmond, VA</i>                                                                        |
| 9:25 AM–9:45 AM | Interactive Panel Discussion With Q&A                                                                                                                                                                                                                                                                                                          |

## Wednesday, October 5, 2016 (continued)

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| 9:45 AM–10:10 AM  | Coffee Break                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 10:10 AM–11:45 AM | <b>Part 2—Cognition</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 10:10 AM–10:35 AM | <p><b>Natural History of Cognitive Changes Across the Menopause Transition</b></p> <p><b>Pauline M. Maki, PhD</b><br/> <i>Chair, 2016 Scientific Program Committee<br/> Professor of Psychiatry and Psychology<br/> Director, Women's Mental Health Research<br/> Research Director, UIC Center for Research in Women and Gender<br/> University of Illinois at Chicago<br/> Chicago, IL</i></p>                                                                                                                                                                       |
| 10:35 AM–11:00 AM | <p><b>Neurobiology of Cognitive Changes During the Menopause Transition</b></p> <p><b>C. Neill Epperson, MD</b><br/> <i>Director, Penn Center for Women's Behavioral Wellness<br/> Professor, Department of Psychiatry and Obstetrics and Gynecology<br/> Perelman School of Medicine at the University of Pennsylvania<br/> Philadelphia, PA</i></p>                                                                                                                                                                                                                  |
| 11:00 AM–11:25 AM | <p><b>Screening and Treatment of Cognitive Complaints in Midlife</b></p> <p><b>Victor W. Henderson, MD, MS, NCMP</b><br/> <i>Professor, Departments of Health Research and Policy and Neurology and Neurological Sciences<br/> Stanford School of Medicine<br/> Stanford, CA</i></p>                                                                                                                                                                                                                                                                                   |
| 11:25 AM–11:45 AM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 11:45 AM–12:00 PM | Break and Box Lunch Distribution                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 12:00 PM–12:25 PM | <b>Part 3—Sleep</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 12:00 PM–12:25 PM | <p><b>Sleep in the Menopause Transition</b></p> <p><b>Hadine Joffe, MD, MSc</b><br/> <i>Associate Professor, Harvard Medical School<br/> Associate Professor, Brigham and Women's Hospital<br/> Director, Women's Hormone and Aging Research Program<br/> Director of Research Development, Department of Psychiatry<br/> Director, Division of Women's Mental Health<br/> Brigham and Women's Hospital<br/> Director, Psycho-Oncology Research<br/> Department of Psychosocial Oncology and Palliative Care<br/> Dana Farber Cancer Institute<br/> Boston, MA</i></p> |
| 12:25 PM–1:00 PM  | <b>Part 4—Case Presentations</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 12:25 PM–1:00 PM  | <p><b>Case Presentations With Interactive Panel Discussion and Q&amp;A</b></p> <p><b>Panelists:</b><br/> <b>C. Neill Epperson, MD</b><br/> <b>Victor W. Henderson, MD, MS, NCMP</b><br/> <b>Hadine Joffe, MD, MSc</b><br/> <b>Susan G. Kornstein, MD</b><br/> <b>Claudio N. Soares, MD, PhD, FRCPC, MBA</b></p>                                                                                                                                                                                                                                                        |

## Wednesday, October 5, 2016 (continued)

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| 1:00 PM–3:00 PM | <b>2017 Scientific Program Committee Meeting</b><br><i>Members of the 2017 Scientific Program Committee Only</i>                                                                                                                                                                                                                                                                                                                                                                               |
| 1:00 PM–2:30 PM | <b>Mentorship Program Meeting</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 2:00 PM–4:00 PM | <b>NAMS Certified Menopause Practitioner (NCMP) Competency Examination</b>                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 3:00 PM–3:50 PM | <b>NAMS Education Committee Meeting</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 4:30 PM–4:45 PM | <b>Welcome and Introductory Remarks</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 4:30 PM–4:35 PM | <b>Peter F. Schnatz, DO, FACOG, FACP, NCMP</b><br><i>NAMS President<br/>Associate Chairman and Residency Program Director<br/>Department of Obstetrics and Gynecology<br/>The Reading Hospital<br/>Reading, PA</i>                                                                                                                                                                                                                                                                             |
| 4:35 PM–4:45 PM | <b>Pauline M. Maki, PhD</b><br><i>Chair, 2016 Scientific Program Committee<br/>Professor of Psychiatry and Psychology<br/>Director, Women's Mental Health Research<br/>Research Director, UIC Center for Research in Women and Gender<br/>University of Illinois at Chicago<br/>Chicago, IL</i>                                                                                                                                                                                                |
| 4:45 PM–6:15 PM | <b>Plenary Symposium 1—Presidential Symposium</b><br><b><i>Newer, Novel, or Unique Cardiovascular Risk Factors: Is it Time to Expand Our Risk Assessment Models and How We Think About Cardiovascular Risk Indicators?</i></b>                                                                                                                                                                                                                                                                 |
|                 | <b>Peter F. Schnatz, DO, FACOG, FACP, NCMP—Moderator</b><br><i>NAMS President<br/>Associate Chairman and Residency Program Director<br/>Department of Obstetrics and Gynecology<br/>The Reading Hospital<br/>Reading, PA</i>                                                                                                                                                                                                                                                                   |
| 4:45 PM–5:05 PM | <b><i>Breast Arterial Calcifications Found on Screening Mammography and Their Association With Cardiovascular Disease</i></b><br><br><b>Peter F. Schnatz, DO, FACOG, FACP, NCMP</b><br><i>NAMS President<br/>Associate Chairman and Residency Program Director<br/>Department of Obstetrics and Gynecology<br/>The Reading Hospital<br/>Reading, PA</i>                                                                                                                                        |
| 5:05 PM–5:25 PM | <b><i>Microvascular Disease: Have We Gone as Far as We Can Go With Macrovascular Disease?</i></b><br><br><b>Howard N. Hodis, MD</b><br><i>Harry J. Bauer and Dorothy Bauer Rawlins Professor of Cardiology<br/>Professor of Medicine and Preventive Medicine<br/>Professor of Molecular Pharmacology and Toxicology<br/>Director, Atherosclerosis Research Unit<br/>Division of Cardiovascular Medicine<br/>Keck School of Medicine, University of Southern California<br/>Los Angeles, CA</i> |

## Wednesday, October 5, 2016 (continued)

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| 5:25 PM–5:45 PM | <b><i>Cardiovascular Disease Risk Factors and Risk Assessment Tools: What Do We Currently Use, and Is It Time to Add Newer Risk Indicators or Change Our Approach to Risk Assessment?</i></b><br><br><b>Anita M. Kelsey, MD, FACC, FASE</b><br><i>Director, Women's Heart Program and Director, Echocardiography<br/> Saint Francis Hospital and Medical Center<br/> Associate Professor of Medicine<br/> University of Connecticut<br/> Storrs, CT</i> |
| 5:45 PM–6:15 PM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                                                                        |
| 6:15 PM–8:00 PM | <b>President's Reception</b>                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 8:00 PM–9:00 PM | <b>Educational Program for Recipients of Pfizer Medical Residents, Fellows, and DNP-in-Training Awards</b>                                                                                                                                                                                                                                                                                                                                              |

## Thursday, October 6, 2016

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| 7:00 AM–6:00 PM | <b>Registration Desk Open</b>                                                                                                                                                                                                                                                                                                           |
| 6:45 AM–8:00 AM | <b><i>Menopause</i> Editorial Board Meeting and Breakfast</b>                                                                                                                                                                                                                                                                           |
| 7:00 AM–8:00 AM | <b>Meet the Experts Breakfast Sessions</b>                                                                                                                                                                                                                                                                                              |
| 7:15 AM–8:15 AM | <b>Participant Continental Breakfast</b>                                                                                                                                                                                                                                                                                                |
| 8:15 AM–9:15 AM | <b>Keynote Address</b>                                                                                                                                                                                                                                                                                                                  |
|                 | <b><i>Introduced by</i></b><br><br><b>Pauline M. Maki, PhD</b><br><i>Chair, 2016 Scientific Program Committee<br/> Professor of Psychiatry and Psychology<br/> Director, Women's Mental Health Research<br/> Research Director, UIC Center for Research in Women and Gender<br/> University of Illinois at Chicago<br/> Chicago, IL</i> |
| 8:15 AM–9:00 AM | <b><i>The Evolution of Desire: Strategies of Human Mating</i></b><br><br><b>David M. Buss, PhD</b><br><i>Professor, Department of Psychology<br/> University of Texas, Austin<br/> Austin, TX</i>                                                                                                                                       |
| 9:00 AM–9:15 AM | <b>Speaker and Audience Discussion</b>                                                                                                                                                                                                                                                                                                  |

## Thursday, October 6, 2016 (continued)

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| 9:15 AM–10:45 AM  | <b>Plenary Symposium 2—<i>The Natural History of Menopause Symptoms</i></b>                                                                                                                                                                                                                                                        |
|                   | <p><b>Lisa Astalos Chism, DNP, APRN, NCMP, FAANP—Moderator</b><br/> <i>Clinical Director, Women's Wellness Clinic<br/> Sexual Health Counselor and Educator<br/> Karmanos Cancer Institute<br/> Adjunct Assistant Professor, Department of Surgery<br/> Wayne State University School of Medicine<br/> Detroit, MI</i></p>         |
| 9:15 AM–9:45 AM   | <p><b><i>Vasomotor and Other Symptoms of the Menopause Transition: Prevalence and Risk Factors Including Racial/Ethnic Differences</i></b></p> <p><b>Ellen B. Gold, PhD</b><br/> <i>Professor of Epidemiology, Department of Public Health Services<br/> University of California, Davis School of Medicine<br/> Davis, CA</i></p> |
| 9:45 AM–10:15 AM  | <p><b><i>Cross-Cultural Menopause Symptoms</i></b></p> <p><b>Lynnette Leidy Sievert, BSN, PhD</b><br/> <i>Professor, Department of Anthropology<br/> University of Massachusetts, Amherst<br/> Amherst, MA</i></p>                                                                                                                 |
| 10:15 AM–10:45 AM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                   |
| 10:45 AM–11:30 AM | <b>Refreshment Break</b>                                                                                                                                                                                                                                                                                                           |
| 11:30 AM–12:30 PM | <b>Plenary Symposium 3—<i>Current Controversies in the Medical Management of Ductal Carcinoma in Situ</i></b>                                                                                                                                                                                                                      |
|                   | <p><b>Stephanie S. Faubion, MD, FACP, NCMP, IF—Moderator</b><br/> <i>Director, Women's Health Clinic<br/> Assistant Professor of Medicine<br/> Division of General Internal Medicine<br/> Mayo Clinic<br/> Rochester, MN</i></p>                                                                                                   |
| 11:30 AM–11:50 AM | <p><b><i>DCIS—Surgical Treatment</i></b></p> <p><b>Monica Morrow, MD</b><br/> <i>Chief of the Breast Service<br/> Anne Burnett Windfohr Chair of Clinical Oncology<br/> Memorial Sloan Kettering Cancer Center<br/> Professor of Surgery, Weill Cornell Medical College<br/> New York, NY</i></p>                                  |
| 11:50 AM–12:10 PM | <p><b><i>DCIS—Conservative Nonsurgical Management</i></b></p> <p><b>E. Shelley Hwang, MD, MPH</b><br/> <i>Professor of Surgery and Chief of Breast Surgery<br/> Duke Cancer Institute<br/> Duke University School of Medicine<br/> Durham, NC</i></p>                                                                              |
| 12:10 PM–12:30 PM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                   |
| 12:30 PM–12:45 PM | <b>Box Lunches Distributed</b>                                                                                                                                                                                                                                                                                                     |

## Thursday, October 6, 2016 (continued)

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| <b>12:45 PM–2:15 PM</b> | <b>Plenary Symposium 4—NAMS 2016 Hormone Therapy and 2015 Nonhormonal Management Position Statements</b>                                                                                                                                                                                                                                                                                                                                                                                 |
|                         | <p><b>Chrisandra L. Shufelt, MD, MS, FACP, NCMP—Moderator</b><br/> <i>Associate Director, Barbra Streisand Women's Heart Center and Preventive and Rehabilitative Cardiac Center<br/> Director, Women's Hormone and Menopause Program<br/> Associate Professor of Medicine<br/> Cedars-Sinai Medical Center<br/> Los Angeles, CA</i></p>                                                                                                                                                 |
| <b>12:45 PM–1:15 PM</b> | <p><b>Hormone Therapy: 2016 NAMS Position Statement</b></p> <p><b>JoAnn V. Pinkerton, MD, NCMP</b><br/> <i>Executive Director, The North American Menopause Society<br/> Professor of Obstetrics and Gynecology and Division Director of Midlife Health<br/> The University of Virginia Health System<br/> Charlottesville, VA</i></p>                                                                                                                                                   |
| <b>1:15 PM–1:45 PM</b>  | <p><b>Nonhormonal Management of Menopause-Associated Vasomotor Symptoms: 2015 NAMS Position Statement</b></p> <p><b>Janet S. Carpenter, PhD, RN, FAAN</b><br/> <i>Associate Dean for Research and Scholarship and Distinguished Professor<br/> Indiana University School of Nursing<br/> Indianapolis, IN</i></p>                                                                                                                                                                        |
| <b>1:45 PM–2:15 PM</b>  | <p><b>Interactive Panel Discussion With Q&amp;A</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>2:15 PM–3:00 PM</b>  | <p><b>Refreshment Break</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>3:00 PM–4:30 PM</b>  | <b>Plenary Symposium 5—Improving Sleep and Vaginal Health in Symptomatic Midlife Women—Evidence From the MsFLASH Trials</b>                                                                                                                                                                                                                                                                                                                                                              |
|                         | <p><b>Katherine M. Newton, PhD—Moderator</b><br/> <i>Senior Investigator<br/> Group Health Research Institute<br/> Seattle, WA</i></p>                                                                                                                                                                                                                                                                                                                                                   |
| <b>3:00 PM–3:20 PM</b>  | <p><b>Effects of Telephone-Delivered CBT-I on Sleep and Mood—Do Outcomes Differ by Burden of Vasomotor Symptoms?</b></p> <p><b>Susan M. McCurry, PhD</b><br/> <i>Research Professor<br/> Department of Psychosocial and Community Health<br/> Adjunct Research Professor, Psychiatry and Behavioral Sciences<br/> Northwest Research Group on Aging<br/> University of Washington, School of Nursing<br/> Seattle, WA</i></p>                                                            |
| <b>3:20 PM–3:40 PM</b>  | <p><b>Effects of CBT-I Telephone-Based Intervention on Menopause-Related Quality of Life in Midlife Women With Vasomotor and Insomnia Symptoms</b></p> <p><b>Andrea Z. LaCroix, PhD</b><br/> <i>Professor of Epidemiology<br/> MsFLASH DCC Principal Investigator<br/> Director, Women's Health Center of Excellence<br/> Division of Epidemiology, Department of Family and Preventive Medicine<br/> University of California, San Diego, School of Medicine<br/> San Diego, CA</i></p> |

## Thursday, October 6, 2016 (continued)

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| 3:40 PM–4:00 PM | <p><b><i>Sugar and Spice—Glycogen, Estrogen, and The Vaginal Microbiota in Postmenopausal Women</i></b></p> <p><b>Caroline Mitchell, MD, MPH</b><br/> <i>Assistant Professor of Obstetrics, Gynecology, and Reproductive Biology<br/> Harvard Medical School<br/> Investigator, Vincent Center for Reproductive Biology, Massachusetts General Hospital<br/> Boston, MA</i></p>                                                                                                                                                                                                                                                                                                                 |
| 4:00 PM–4:30 PM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 4:30 PM–5:45 PM | <b>Concurrent Session 1—Presentation of Top Abstracts</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 4:30 PM–5:45 PM | <b>Concurrent Session 2—Presentation of Top Abstracts</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 4:30 PM–5:45 PM | <p><b>Concurrent Session 3—Canadian Leadership Session</b><br/> <b><i>Premature Ovarian Insufficiency Clinical Management Challenges: Turners and Breast Cancer Survivors</i></b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 4:30 PM–5:45 PM | <p><b>Marla Shapiro, C.M., MDCM, CCFP, MHSC, FRCPC, FCFP, NCMP—Moderator</b><br/> <i>Professor<br/> Department of Family and Community Medicine<br/> University of Toronto<br/> Toronto, ON, Canada</i></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                 | <p><b>Speakers:</b></p> <p><b>Wendy L. Wolfman, MD, FRCS(C), FACOG, NCMP</b><br/> <i>Professor, Obstetrics and Gynecology<br/> University of Toronto<br/> Director of Menopause Unit<br/> Mount Sinai Hospital<br/> Toronto, ON, Canada</i></p> <p><b>Kelsey E. Mills, MD, FRCSC, NCMP</b><br/> <i>Obstetrician and Gynaecologist<br/> Victoria General Hospital<br/> Vancouver Island Health Authority<br/> Victoria, BC, Canada</i></p> <p><b>Michelle R. Jacobson, MD, FRCSC, NCMP</b><br/> <i>Lecturer, Department of Obstetrics and Gynaecology<br/> University of Toronto<br/> Co-Director, Familial Ovarian Cancer Clinic<br/> Women's College Hospital<br/> Toronto, ON, Canada</i></p> |
| 6:00 PM–7:00 PM | <b>Poster Session and Wine and Cheese Reception</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 7:15 PM–8:15 PM | <p><b>Award Winners Reception</b><br/> <i>By Invitation Only</i></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## Friday, October 7, 2016

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| 7:00 AM–5:30 PM | <b>Registration Desk Open</b>              |
| 6:45 AM–7:45 AM | <b>Meet the Experts Breakfast Sessions</b> |

## Friday, October 7, 2016 (continued)

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| 7:00 AM–8:30 AM   | <b>Participant Continental Breakfast</b>                                                                                                                                                                                                                                                                                                                                                              |
| 7:55 AM–8:30 AM   | <b>NAMS Annual Membership Town Hall</b>                                                                                                                                                                                                                                                                                                                                                               |
| 8:30 AM–9:30 AM   | <b>NAMS/Pfizer Wulf H. Utian Endowed Lecture</b>                                                                                                                                                                                                                                                                                                                                                      |
|                   | <p><b>Introduced by</b><br/> <b>Wulf H. Utian, MD, PhD, DSc(Med)</b><br/> <i>Professor Emeritus, Case Western Reserve University School of Medicine</i><br/> <i>Honorary Past President, International Menopause Society</i><br/> <i>Chairman, Scientific Advisory Board, Rapid Medical Research</i><br/> <i>Honorary Trustee and Executive Director Emeritus, NAMS</i><br/> <i>Cleveland, OH</i></p> |
| 8:30 AM–9:15 AM   | <p><b><i>The History and Basic Science Development of Soy Isoflavonoids</i></b></p> <p><b>Kenneth D. Setchell, PhD</b><br/> <i>Director, Mass Spectrometry Lab</i><br/> <i>Cincinnati Children's Hospital Medical Center</i><br/> <i>Professor, Department of Pediatrics</i><br/> <i>University of Cincinnati College of Medicine</i><br/> <i>Cincinnati, OH</i></p>                                  |
| 9:15 AM–9:30 AM   | <b>Speaker and Audience Discussion</b>                                                                                                                                                                                                                                                                                                                                                                |
| 9:30 AM–11:00 AM  | <p><b>Plenary Symposium 6—<i>Osteoporosis</i></b><br/> <i>Supported in part by grant funding from</i><br/> <i>Merck &amp; Co., Inc.</i></p>                                                                                                                                                                                                                                                           |
|                   | <p><b>Michael McClung, MD—Moderator</b><br/> <i>Founding Director</i><br/> <i>Oregon Osteoporosis Center</i><br/> <i>Portland, OR</i></p>                                                                                                                                                                                                                                                             |
| 9:30 AM–10:00 AM  | <p><b><i>A Bone to Pick—Osteoporosis Risk Assessment</i></b></p> <p><b>Carolyn J. Crandall, MD, MS, NCMP</b><br/> <i>Professor of Medicine</i><br/> <i>David Geffen School of Medicine at University of California</i><br/> <i>Los Angeles, CA</i></p>                                                                                                                                                |
| 10:00 AM–10:30 AM | <p><b><i>The Clinical Decision Tree—Options for Treating Osteoporosis</i></b></p> <p><b>Tobias J. de Villiers, MD, FRCOG</b><br/> <i>Department of Gynaecology</i><br/> <i>Stellenbosch University</i><br/> <i>Cape Town, South Africa</i></p>                                                                                                                                                        |
| 10:30 AM–11:00 AM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                      |
| 11:00 AM–11:45 AM | <b>Refreshment Break</b>                                                                                                                                                                                                                                                                                                                                                                              |
| 11:45 AM–12:45 PM | <p><b>Plenary Symposium 7—<i>Vaginal and Vulvar Health in Midlife Women</i></b><br/> <i>Supported in part by grant funding from</i><br/> <i>EndoCeutics Inc.</i><br/> <i>Shionogi Inc.</i></p>                                                                                                                                                                                                        |
|                   | <p><b>Lauren Streicher, MD, NCMP—Moderator</b><br/> <i>Medical Director, Center for Sexual Health, Northwestern Medicine Center</i><br/> <i>Associate Clinical Professor of Obstetrics and Gynecology</i><br/> <i>Feinberg School of Medicine, Northwestern University</i><br/> <i>Chicago, IL</i></p>                                                                                                |



## Friday, October 7, 2016 (continued)

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| 11:45 AM–12:05 PM | <b><i>Genitourinary Syndrome of Menopause: Novel Term for Common Conditions</i></b><br><br><b>Risa Kagan, MD, FACOG, CCD, NCMP</b><br><i>Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences, UCSF<br/> East Bay Physicians Medical Group<br/> Berkeley, CA</i>                                                                                                                                                                                                                                                                                                                                          |
| 12:05 PM–12:25 PM | <b><i>Itchy and Scratchy: Vulvar Dermatology</i></b><br><br><b>Lynette J. Margesson, MD, FRCPC</b><br><i>Assistant Professor of Obstetrics, Gynecology, and Surgery (Dermatology)<br/> Geisel School of Medicine at Dartmouth<br/> Hanover, NH</i>                                                                                                                                                                                                                                                                                                                                                                                       |
| 12:25 PM–12:45 PM | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 12:45 PM–1:00 PM  | <b>Box Lunches Distributed</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 1:00 PM–2:00 PM   | <b>Top-Scoring Abstracts Session</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2:00 PM–3:30 PM   | <b>Plenary Symposium 8—<i>Menopause and the Brain</i></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                   | <b>Gloria Richard-Davis, MD—Moderator</b><br><i>Division Director, Reproductive Endocrinology and Infertility<br/> University of Arkansas Medical Sciences<br/> Department of Obstetrics and Gynecology<br/> Little Rock, AR</i>                                                                                                                                                                                                                                                                                                                                                                                                         |
| 2:00 PM–2:30 PM   | <b><i>Stress and Hypogonadism—A Double-Hit on Executive Function</i></b><br><br><b>C. Neill Epperson, MD</b><br><i>Director, Penn Center for Women's Behavioral Wellness<br/> Professor, Department of Psychiatry and Obstetrics and Gynecology<br/> Perelman School of Medicine at the University of Pennsylvania<br/> Philadelphia, PA</i>                                                                                                                                                                                                                                                                                             |
| 2:30 PM–3:00 PM   | <b><i>Depression in the Menopausal Transition: Role of Female Reproductive Hormones, Hot Flashes, and Sleep</i></b><br><br><b>Hadine Joffe, MD, MSc</b><br><i>Associate Professor, Harvard Medical School<br/> Associate Professor, Brigham and Women's Hospital<br/> Director, Women's Hormone and Aging Research Program<br/> Director of Research Development, Department of Psychiatry<br/> Director, Division of Women's Mental Health<br/> Brigham and Women's Hospital<br/> Director, Psycho-Oncology Research<br/> Department of Psychosocial Oncology and Palliative Care<br/> Dana Farber Cancer Institute<br/> Boston, MA</i> |
| 3:00 PM–3:30 PM   | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 3:30 PM–4:15 PM   | <b>Refreshment Break</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 4:15 PM–5:30 PM   | <b>Concurrent Session 1—Presentation of Top Abstracts</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

## Friday, October 7, 2016 (continued)

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|-----------------|----------------------------------------------------|
| 4:15 PM–5:30 PM | Concurrent Session 2—Presentation of Top Abstracts |
| 4:15 PM–5:30 PM | Concurrent Session 3—Mexican Leadership Session    |
| 5:45 PM–6:45 PM | Donor Cocktail Party                               |

## Saturday, October 8, 2016

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| 7:00 AM–12:30 PM | Registration Desk Open                                                                                                                                                                                                                                                                                                                               |
| 7:00 AM–8:00 AM  | Participant Continental Breakfast                                                                                                                                                                                                                                                                                                                    |
| 7:00 AM–8:00 AM  | Society Board Meeting                                                                                                                                                                                                                                                                                                                                |
| 8:00 AM–8:15 AM  | Announcement of Poster Prizes                                                                                                                                                                                                                                                                                                                        |
| 8:15 AM–9:15 AM  | <b>NAMS/Kenneth W. Kleinman Endowed Lecture</b>                                                                                                                                                                                                                                                                                                      |
|                  | <p><i>Introduced by</i></p> <p><b>JoAnn V. Pinkerton, MD, NCMP</b><br/> <i>Executive Director, The North American Menopause Society<br/> Professor of Obstetrics and Gynecology and Division Director of Midlife Health<br/> The University of Virginia Health System<br/> Charlottesville, VA</i></p>                                               |
| 8:15 AM–9:00 AM  | <p><b>Inclusion of Women in Biomedical Research</b></p> <p><b>Stacie Geller, PhD</b><br/> <i>G. William Arends Professor of Obstetrics and Gynecology<br/> Director, Center for Research on Women and Gender<br/> Director, National Center of Excellence in Women's Health<br/> University of Illinois College of Medicine<br/> Chicago, IL</i></p> |
| 9:00 AM–9:15 AM  | Speaker and Audience Discussion                                                                                                                                                                                                                                                                                                                      |
| 9:15 AM–10:15 AM | <b>Plenary Symposium 9—Nutritional Needs for the Midlife Woman</b>                                                                                                                                                                                                                                                                                   |
|                  | <p><b>Rebecca C. Thurston, PhD—Moderator</b><br/> <i>Professor of Psychiatry and Clinical and Translational Science<br/> Director, Women's Biobehavioral Health Laboratory<br/> Director, Midlife Women's Behavioral Health Clinic<br/> University of Pittsburgh<br/> Pittsburgh, PA</i></p>                                                         |
| 9:15 AM–9:35 AM  | <p><b>Alternate-Day Fasting</b></p> <p><b>Krista A. Varady, PhD</b><br/> <i>Associate Professor of Nutrition<br/> University of Illinois<br/> Champaign, IL</i></p>                                                                                                                                                                                  |

## Saturday, October 8, 2016 (continued)

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| 9:35 AM–9:55 AM   | <b>Vitamin D and Calcium in Midlife Women</b><br><br><b>JoAnn E. Manson, MD, DrPH, NCMP</b><br><i>Chief, Division of Preventive Medicine<br/> Brigham and Women's Hospital<br/> Professor of Medicine and the Michael and Lee Bell Professor of Women's Health<br/> Harvard Medical School<br/> Boston, MA</i>                                                                                                                                             |
| 9:55 AM–10:15 AM  | <b>Interactive Panel Discussion With Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                                                                           |
| 10:15 AM–10:30 AM | <b>Refreshment Break</b>                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 10:30 AM–12:00 PM | <b>Plenary Symposium 10—Pharmacologic Agents for Hypoactive Sexual Desire Disorder—Are We Evening the Score?</b><br><br><b>Marla Shapiro, C.M., MDCM, CCFP, MHSC, FRCPC, FCFP, NCMP—Moderator</b><br><i>Professor<br/> Department of Family and Community Medicine<br/> University of Toronto<br/> Toronto, ON, Canada</i>                                                                                                                                 |
| 10:30 AM–11:00 AM | <b>Data and Women's Preferences Should Inform the Treatment of Hypoactive Sexual Desire Disorder—The Case for Pharmacologic Agents</b><br><br><b>Sheryl A. Kingsberg, PhD</b><br><i>Chief, Division of Behavioral Medicine<br/> University Hospitals Case Medical Center<br/> MacDonald Women's Hospital<br/> Professor, Departments of Reproductive Biology and Psychiatry<br/> Case Western Reserve University School of Medicine<br/> Cleveland, OH</i> |
| 11:00 AM–11:30 AM | <b>Medical Treatment of Female Libido Problems—The Case Against Pharmacologic Agents</b><br><br><b>Jonathan D. Huber, MD, MSc, FRCSC</b><br><i>Research Collaborator<br/> University of Ottawa Optimal Sexuality Research Team<br/> Ottawa, ON, Canada</i>                                                                                                                                                                                                 |
| 11:30 AM–12:00 PM | <b>Panel and Audience Discussion</b>                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 12:00 PM–1:00 PM  | <b>Plenary Symposium 11—Top Things You Should Know This Year</b><br><br><b>Pauline M. Maki, PhD—Moderator</b><br><i>Chair, 2016 Scientific Program Committee<br/> Professor of Psychiatry and Psychology<br/> Director, Women's Mental Health Research<br/> Research Director, UIC Center for Research in Women and Gender<br/> University of Illinois at Chicago<br/> Chicago, IL</i>                                                                     |
|                   | <b>Panelists:</b><br><br><b>Lisa Astalos Chism, DNP, APRN, NCMP, FAANP</b><br><i>Clinical Director, Women's Wellness Clinic<br/> Sexual Health Counselor and Educator<br/> Karmanos Cancer Institute<br/> Adjunct Assistant Professor, Department of Surgery<br/> Wayne State University School of Medicine<br/> Detroit, MI</i>                                                                                                                           |

## Saturday, October 8, 2016 (continued)

### **Panelists: (continued)**

#### **Steven R. Goldstein, MD, FACOG, CCD, NCMP**

*Professor of Obstetrics and Gynecology  
Director of Gynecologic Ultrasound  
Co-Director Bone Densitometry and Body Composition  
New York University School of Medicine  
New York, NY*

#### **Michael McClung, MD**

*Founding Director  
Oregon Osteoporosis Center  
Portland, OR*

#### **Lila E. Nachtigall, MD, NCMP**

*Professor of Obstetrics and Gynecology  
New York University School of Medicine  
New York, NY*

#### **Wen Shen, MD, MPH, FACOG**

*Assistant Professor of Gynecology and Obstetrics  
Johns Hopkins University School of Medicine  
Baltimore, MD*

#### **Cynthia A. Stuenkel, MD, NCMP**

*Clinical Professor of Medicine  
University of California, San Diego  
La Jolla, CA*

#### **Rebecca C. Thurston, PhD**

*Professor of Psychiatry and Clinical and Translational Science  
Director, Women's Biobehavioral Health Laboratory  
Director, Midlife Women's Behavioral Health Clinic  
University of Pittsburgh  
Pittsburgh, PA*

**1:00 PM–2:00 PM**

**Closing Program for Recipients of Pfizer Medical Residents, Fellows, and DNPs-in-Training Awards**