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Basic and Advanced Lumbar Spinal Injections

Friday, January 27 - Saturday, January 28, 2017

Science Care Lab

Phoenix, AZ

Course Chair:

Alison A. Stout, DO

Course Description:

This two-day intensive workshop, featuring basic and advanced lumbar spinal injection techniques, provides formal didactic, hands-on training and round table case discussions to provide a full understanding of the role of basic and advanced lumbar spinal injections in spine care. The workshop will progress your knowledge and skill with training utilizing cadavers for demonstration of anatomic fluoroscopic structure in correlation with the various procedures.

Experienced faculty will provide an intimate opportunity to improve knowledge regarding patient selection and technique for lumbar epidural steroid injections, facet injections, sacroiliac joint injections, transforaminal injection/selective nerve blocks, medial branch blocks and radiofrequency. In addition to learning about the techniques in doing these procedures, participants will learn some of the literature surrounding them as well as learning risks associated with and how to avoid them.

Upon completion of the course, participants will gain strategies to:

- Summarize the role of each injection in the overall care and rehabilitation of the spine patient;
- Describe contraindications to the performance of the procedure;
- Assess potential complications associated with each procedure;
- Differentiate technical parameters in the performance of each procedure;
- Demonstrate anatomy and safe radiological principles involved in each injection;
- Gain insight into the correct coding procedures for commonly used injection codes.

Disclaimer

NASS courses are created to enhance physician understanding of the complexity of performing these procedures only. The course is not designed to certify that attendees are proficient in the procedures taught in the course. NASS strongly advises participants to continue to have proctoring, mentoring and additional experience prior to treating patients.

Continuing Medical Education (CME) Information

This activity has been planned and implemented in accordance with the Essential Areas and Standards of the Accreditation Council for Continuing Medical Education (ACCME). The North American Spine Society is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality and scientific integrity of this CME activity.

NASS designates this live activity for a maximum of **13 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Medical Association has determined that physicians not licensed in the US to participate in this CME activity are eligible for **AMA PRA Category 1 Credits™**.

Agenda*

Friday, January 27

7:00-7:30 a.m.	Registration Continental Breakfast	Registration, 1 st Fl. Break Room, 1 st Fl.
7:30-7:35 a.m.	Welcome	Auditorium, 2 nd Fl.
7:35-8:10 a.m.	Fluoroscopic Anatomy and Radiation Safety	
8:10-8:40 a.m.	Risks and Complications	
8:40-9:20 a.m.	Epidural Steroid Injections - <i>Lumbar Interlaminar</i> - <i>Caudal ESI</i>	
9:20-9:35 a.m.	Break	
9:35-10:05 a.m.	Lumbar Transforaminal ESI/Selective Nerve Root Blocks	
10:05-10:30 a.m.	Group Panel Discussion <i>All Faculty</i>	
10:30-10:45 a.m.	Break	

10:45 a.m.-12:45 p.m.	Hands-on Skills Lab <i>All Faculty</i>	Bioskills Lab, 2 nd Fl.
10:45-11:45 a.m.	Needle Control and Hands-on Fluoroscopic Targets	
11:45 a.m.-12:45 p.m.	Interlaminar/Caudal Epidural Steroid Injections	

12:45-1:45 p.m.	Lunch	Break Room, 1 st Fl.
1:45-2:15 p.m.	Sacroiliac Joint Injections	
2:15-2:45 p.m.	Lumbar Medial Branch Blocks and Facet Joint injections	
2:45-3:05 p.m.	Group Panel Discussion <i>All Faculty</i>	
3:05-3:15 p.m.	Break	

3:15-5:30 p.m.	Hands-on Skills Lab <i>All Faculty</i>	Bioskills Lab, 2 nd Fl.
3:15-3:45 p.m.	Transforaminal Epidural Steroid Injections/ Selective Nerve Root Blocks L1-5	
3:45-4:15 p.m.	Transforaminal Epidural Steroid Injections/Selective Nerve Root Blocks S1	
4:15-4:30 p.m.	Break	
4:30-5:00 p.m.	Medial Branch Block Injections/Intra-articular Z-joint	
5:00-5:30 p.m.	Sacroiliac Joint Injections	

5:30 p.m. Adjourn

Saturday, January 28

7:00-7:30 a.m.	Continental Breakfast	Break Room, 1 st Fl.
7:30-7:35 a.m.	Announcements	Auditorium, 2 nd Fl.
7:35-8:20 a.m.	Lumbar RFA	
8:20-8:50 a.m.	Coding and Reimbursement	
8:50-9:20 a.m.	Group Panel Discussion <i>All Faculty</i>	
9:20-9:45 a.m.	Break	

9:45 a.m. – 12:00 p.m.	Hands-on Skills Lab <i>All Faculty</i>	Bioskills Lab, 2 nd Fl.
9:45-10:45 a.m.	Lumbar RFA	
10:45-11:45 a.m.	Open Lab	
11:45 a.m.-12:15 p.m.	Open Lab	

12:15 p.m. Course Adjourns

*Agenda subject to change