

23rd Annual Summer Conference on

OBSTETRICS & GYNECOLOGY

*Including topics on: Ultrasound, Breast Lumps, Teen Sexuality,
Ovarian Cancer, Maternal Mortality, and much more...*

SONESTA RESORT HILTON HEAD ISLAND
Hilton Head Island, South Carolina

AUGUST 3-6, 2016

SPONSORED BY



**A Non-Profit Corporation for
Continuing Medical & Nursing Education**



"I love Symposia Medicus conferences. The staff is always friendly and helpful, the topics are generally high yield, and the schedule is favorable to also enjoy the location."

- Nicole Saint Clair, MD

"Symposia Medicus conferences provide the best of both worlds - education that is relevant in environments that are relaxing and beautiful."

- Nora Hardy, CNM

"Symposia Medicus continues to be the leader in continuing education for OB/GYN, with so many options for locations, excellent speakers, and topics."

- Barry Goldsmith, MD

Register On-Line...

**for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Our **23rd Annual Summer Conference on Obstetrics & Gynecology** has been designed for physicians, certified nurse midwives, nurse practitioners, physician assistants, nurses, and other healthcare professionals who face ever-increasing challenges in the clinical diagnoses, treatment options, and new technologies involved in caring for the female patient. The goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **23rd Annual Summer Conference on Obstetrics & Gynecology** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Hilton Head Island.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Assess risks and management strategies associated with the short cervix
- Identify which patients should have a *BRCA1* and *BRCA2* test to screen for familial ovarian cancer
- Diagnose and manage fetal growth restriction
- Implement motivational methods of incorporating exercise into the daily routine of the menopausal woman
- Recognize ways that simulation-based training can be used to impact patient care

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

At the conclusion of participating in this conference, participants are entitled to a certificate of credit. Successful completion of this activity will be determined by the submission of an attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of **18 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG

The American College of Obstetricians and Gynecologists has assigned 18 cognate credits to this program.

AAFP

This Live activity, 23rd Annual Summer Conference on Obstetrics & Gynecology, with a beginning date of 08/03/2016, has been reviewed and is acceptable for up to 18.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

Physician Assistants

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 18 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 1.5 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

SMALLER GROUP BREAKOUT SESSIONS

Smaller group sessions will be held Friday afternoon. These breakout sessions are organized to provide an opportunity for **greater participant/faculty interaction**, and will give you an opportunity to participate in discussions on subjects relating to your particular area of interest. **Please indicate your breakout session topic choice on the conference registration form in this brochure.** Space is limited so please reserve early.

EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org.

TOURS / GROUND TRANSPORTATION

Additional information regarding tours, hotel, location, and ground transportation will be sent to registrants.

CONFERENCE FACULTY

Julie Arafah, MSN, RN

Senior Simulation Specialist
Center for Advanced Pediatric &
Perinatal Education
Stanford Medicine/Lucile Packard
Children's Hospital
Stanford University
Palo Alto, California

Eugene Chang, MD

Associate Professor, Maternal Fetal Medicine
Fellowship Director &
Director of Medical Education
Medical University of South Carolina
Charleston, South Carolina

James (Jef) E. Ferguson II, MD, MBA Conference Co-Chair

W. Norman Thornton, Jr. Professor & Chair
Department of Obstetrics & Gynecology
University of Virginia School of Medicine
Charlottesville, Virginia

James V. Fiorica, MD

Clinical Professor of Obstetrics & Gynecology
Florida State Medical College
Director, Gynecologic Oncology
Sarasota Memorial Hospital
Sarasota, Florida

Eva Martin, MD

Conference Co-Chair

North & South Central Health Districts
Medical Director, Women's Health
Bibb & Laurens Counties Health Departments
Macon & Dublin, Georgia

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, everyone who is in a position to control content (including planners, reviewers, speakers, moderators, Symposia Medicus Staff, Board of Trustees, and Planning Committee members), were asked to disclose all relevant financial relationships with any commercial interest. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and it will also be verbally disclosed on-site.

CONFERENCE SCHEDULE

Wednesday, August 3

- 7:00am Registration & Check-in
During Continental Breakfast
- 8:00 **Welcome & Introduction**
James V. Fiorica, MD
- 8:15 **New Guidelines & Management for HPV & Cervical Cancer Screening** (Rx = 25 minutes)
James V. Fiorica, MD
- 9:00 **Simulation-Based Training: Are You Ready?**
Julie Arafah, MSN, RN
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Fetal Growth Restriction: Diagnosis & Management**
Eugene Chang, MD
- 11:15 **Evaluation of Breast Lumps & Diagnosis of Breast Cancer** (Rx = 25 minutes)
James V. Fiorica, MD
- Noon **Obstetric Complications & Periodontal Disease**
Jef Ferguson II, MD, MBA
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-7:00 Group Reception
(Faculty, Participants, and Guests)

Thursday, August 4

- 7:30am Continental Breakfast
- 8:00 **Management of Abnormal Uterine Bleeding** (Rx = 10 minutes)
James V. Fiorica, MD
- 8:45 **Hemorrhage Drills: Think Fast, Act Faster**
Julie Arafah, MSN, RN
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Update on Vaginitis & STD's** (Rx = 20 minutes)
Eva Martin, MD
- 11:00 **Genetic Screening in Obstetrics: Current Considerations**
Jef Ferguson II, MD, MBA
- 11:45 **Health Benefits of Exercise During Menopause**
Eva Martin, MD
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, August 5

- 3:00pm **Smaller Group Breakouts – Session One**
 - A. **Case Studies in Hypertensive Disorders in Pregnancy**
Eugene Chang, MD
 - B. **Health-Disparities in Lesbian & Male-to-Female Transgender Care**
Eva Martin, MD
 - C. **Impending Doom: Obstetric Emergency Case Studies**
Julie Arafah, MSN, RN
 - D. **Controversies in Hormone Therapy**
James V. Fiorica, MD
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two**
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

Saturday, August 6

- 7:30am Continental Breakfast
- 8:00 **The Short Cervix: Risks & Management Strategies**
Eugene Chang, MD
- 8:45 **Thrombophilia & Maternal Mortality: What Every Clinician Needs to Know** (Rx = 10 minutes)
Jef Ferguson II, MD, MBA
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Risks & Consequences of Teen Sexuality**
Eva Martin, MD
- 11:00 **Case Studies in OB Ultrasound: Preventing Future Emergencies**
Eugene Chang, MD
- 11:45 **"Why Doesn't Somebody Do Something?": Intimate Partner Violence & the Practitioner**
Jef Ferguson II, MD, MBA
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions

CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

You can register and receive conference lodging group rates by reserving the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

For additional conference or lodging information, call Symposia Medicus at (925) 969-1789, or visit our website at www.symposiamedicus.org.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by May 25, 2016</i>	REGULAR <i>If postmarked after May 25, 2016</i>
Physicians	\$640	\$740
Residents, Nurses, PAs, & All Others	\$540	\$640

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Wednesday, Thursday, and Saturday mornings, and break refreshments for conference registrants. Tuition also includes group reception for faculty, registrants, and their guests.
- Conference registration will be confirmed via email and **more information on travel, hotel, and activities will be emailed and also available on our website**
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information

AIR TRAVEL INFORMATION

We recommend you fly into Savannah/Hilton Head International Airport (SAV), which is an approximate 48 mile drive to the Sonesta Resort Hilton Head Island. The closest airport is the Hilton Head Island Airport (HHH), which is an approximate 7 mile drive to the hotel; however, flights are usually more expensive. Information on ground transportation will be sent to registrants and available online at our website.

Symposia Medicus has arranged for discount fares with Delta and United airlines for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

Airlines to Savannah (Conference Discounts):

Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert NMLF9 in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines flights, please book online at www.ual.com and insert ZVGQ589086 into the e-certificate code box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

Airline to Hilton Head Island (No Conference Discounts):

US Airways Express	(800) 428-4322	www.usairways.com
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CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS	800-331-1600	AWD #B766625
Budget	800-772-3773	BCD #U076767

CONFERENCE LODGING INFORMATION

Conference group rates have been arranged at the Sonesta Resort Hilton Head Island. **Rooms at our group rates are limited and on a first come, first served basis. PLEASE RESERVE EARLY** as rooms may sell out and/or room rates may increase. **If you wish to extend your stay**, group rates may be available three days before and three days after the conference.

Two nights' deposit (room rate only) must accompany your reservation. The balance of your lodging, hotel fees as stated below, and all incidental charges are due to the hotel. The hotel accepts most major credit cards.

Room Type/View	Group Rates (Single/Double)	Description
Standard Room <i>View of the resort grounds</i>	\$315/night	All guest rooms are approximately 450 sq. feet and include a king bed with queen pull-out sofa, OR two queen beds. Each room includes a balcony or patio, wired & wireless internet access, 48 inch TV, iHome docking station, mini-fridge, Keurig coffee maker, AC, hairdryer, iron with ironing board, safe, and work desk.
Garden View <i>View of the tropical gardens, pool, or lagoon</i>	\$355/night	
Ocean Horizon View (Limited availability, reserve early) <i>View of the pool or lagoon, along with a partial view of the ocean</i>	\$375/night	
By booking your lodging with Symposia Medicus, the Resort Fee charge of \$20.00 per room, per night is discounted to \$15.00. The Resort Fee includes <i>(subject to change)</i> upgraded in-room high-speed internet, in-room coffee, paper, local calls, use of health club, pool, beach access & towels, and self-parking.		

TERMS & CONDITIONS

Hotel Policies

- Above conference group rates are per room, per night and **do not** include the following *(subject to change)*:
 - 10% State & Local Taxes
 - \$1 Destination Fee (discounted from \$2)
 - \$15 Resort Fee (discounted from \$20)
- Maximum guestroom occupancy is five, regardless of age
- Mandatory additional adult charge (19 years & over) is \$15 per person, per night
- Children 18 years & under are complimentary – not to exceed stated maximum occupancy
- **Bed Type Requests:** You can select one or two beds; however, requests cannot be guaranteed until check-in
- Rollaway beds are available for \$25 per night (subject to availability and change)
- Cribs are available on a complimentary basis (subject to availability and change)
- **Check-in time is 4:00pm and check-out time is noon.** A late check-out can only be confirmed on the date of departure by the front office. Additional charges may apply for late check outs and are based upon availability.
- **Early Departure Fee:** If a guest needs to depart early, they must notify the hotel 12 hours in advance in order to not be charged for that day.
- **Credit/Debit Card Policy:** Upon check-in, the hotel requires a credit card to place a hold for the room, tax, resort, and destination fees, and estimated incidentals (\$25 per night) for your entire stay. The same policy will apply with debit cards; however, the amount will be immediately deducted from your account and any extra funds will not be released back into your account for approximately 10 business days, depending on your financial institution.
- **Parking:** Self-parking is complimentary for conference guests. Valet parking is available at a rate of \$10.00 per day.

Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is emailed/postmarked after **June 29, 2016**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made **in writing to Symposia Medicus** and you will receive a full refund if emailed/postmarked by **June 1, 2016**. Between **June 2, 2016** and **June 29, 2016**, one night's deposit is forfeited. After **June 29, 2016**, no hotel refunds can be made.
- **All cancellations must be emailed to registrar@symposiamedicus.org OR mailed to Symposia Medicus. If mailed, it must be postmarked by the dates stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Experience South Carolina, with its “lowcountry” hospitality, year-round inviting temperatures, and casually elegant setting. **Hilton Head Island**, located at the southernmost tip of the state, directly along the Atlantic Ocean, offers a unique blend of recreational, environmental, and cultural amenities – including twelve miles of white sand beaches, world class golf, award-winning dining, and great shopping, all set in a nature-conscious, picturesque environment.

Sonesta Resort Hilton Head Island sits on 11 acres of beautifully landscaped beachfront grounds and **features a spectacular swimming pool, on-site bicycle rentals, and is convenient to world-class golf and tennis.**

Near the **Sonesta Resort Hilton Head Island** is the **Van Der Meer Tennis Center** and the **Shipyard Golf Courses (27 holes)**, both of which are enjoyed year-round in the pleasant South Carolina coastal climate. Nearby are **water sports, restaurants, boutique and outlet shopping, art galleries, and luxurious day spas.**

Whatever your pleasure, you'll be sure to find it in Hilton Head Island, at our **23rd Annual Summer Conference on Obstetrics & Gynecology.**

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available 6-8 months prior to the conference.

2015 CALENDAR OF FUTURE CONFERENCES

1360	21st Annual Conference on Women's Health: Care of Women Over 50	Guanacaste, Costa Rica	Nov 18-21
1362	21st Annual Conference on Challenges in Gynecology	New York City, New York	Dec 18-19

2016 CALENDAR OF FUTURE CONFERENCES

1364	23rd Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Kauai, Hawaii	Feb 10-13
1365	20th Annual Winter Conference on Clinical Issues in OB/GYN	Cancun, Mexico	Feb 17-20
1369	23rd Annual Spring Conference on Women's Health	St. Maarten, Caribbean	Mar 9-12
1374	3rd Annual Spring Conference on Integrative Medicine in Women's Health	Hilton Head Island, South Carolina	May 11-14
1380	Hot Topics in Pediatric Emergencies	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 15-22
1376	17th Annual Summer Conference on Women's Health	Big Sky, Montana	July 20-23
1381	21st Annual Summer Conference on Emergencies & Challenges in Primary Care	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 29-Aug 5
1384	17th Annual Fall Conference on Integrative Medicine in Women's Health	Sedona, Arizona	Sep 14-17
1385	27th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 26-28
1388	Current Issues in Women's Health	Italy & Greek Isles Cruise (<i>Celebrity Cruises – Reflection</i>)	Sep 30-Oct 10
1389	34th Annual Fall Conference on Obstetrics	Grand Cayman, Cayman Islands	Oct 19-22
1391	24th Annual Fall Conference on Issues in Women's Health	Cancun, Mexico	Oct 26-29
1393	Challenges in Obstetrics & Gynecology	Caribbean Cruise (<i>Celebrity Cruises – Reflection</i>)	Nov 12-19
1396	22nd Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 16-19
1398	22nd Annual Conference on Challenges in Gynecology	New York City, New York	Dec 16-17

CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
399 Taylor Blvd., Suite 201
Pleasant Hill, CA 94523-2287
Phone: (925) 969-1789

SYMPOSIA MEDICUS
23rd Annual Summer Conference on
OBSTETRICS & GYNECOLOGY
SONESTA RESORT HILTON HEAD ISLAND
Hilton Head Island, South Carolina
AUGUST 3-6, 2016

PLEASE PRINT LEGIBLY: (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
First Last

Registrant Email Address (required): _____

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____
(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: (_____) Home: (_____)

Cell: (_____) Fax: (_____)

Professional
Specialty: _____

The session materials will be available for download on our website approximately two weeks before the conference.

If you prefer a hard copy of the session materials please check here ☐

FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):

Session One: ___ A ___ B ___ C ___ D Session Two: ___ A ___ B ___ C ___ D

#1382

LODGING RESERVATIONS

Please reserve accommodations at the Sonesta Resort Hilton Head Island for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
Month Day Year Month Day Year

✓	TYPE OF ROOM	GROUP RATES (Single/Double)
	Standard Room	\$315/night
	Garden View	\$355/night
	Ocean Horizon View (Limited availability, reserve early)	\$375/night

• Conference group rates are per room, per night and **do not** include the following (subject to change):

- 10% State & Local Taxes
- \$1 Destination Fee (discounted from \$2)
- \$15 Resort Fee (discounted from \$20)

• Maximum guestroom occupancy is five, regardless of age.

• Children 18 years & under are complimentary – not to exceed stated maximum occupancy

- Mandatory additional adult charge (19 years & over) is \$15 per person, per night
- Rollaway beds are available for \$25 per night (subject to availability and change)

Preferred Bed Type (cannot guarantee): One Bed _____ Two Beds _____

Names of Room Occupants (and ages, if children) _____

Please circle names of the room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY (Balance of hotel charges will be due to hotel)	ADDITIONAL LODGING DEPOSIT (If you wish to include an additional amount for lodging, please state here)	TOTAL
\$ _____	\$ _____	\$ _____	\$ _____

Payment Type (Please Check One): _____ Check (Please Enclose)



Cardholder Name: _____ Signature: _____

Billing Address: _____
(if different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # (on front or back of card)
_____	____/____	_____

By registering, you agree to the Terms & Conditions as stated in this brochure.
Please note that all information contained in this brochure is subject to change without notice.

ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.

