



David Geffen
School of Medicine

THE 6th ANNUAL UCLA Diabetes Symposium



CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEFFEN SCHOOL OF MEDICINE at **UCLA**

Saturday, December 1, 2018
Loews Santa Monica Beach Hotel
Santa Monica, California

The 6th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge due to the rising prevalence, cost and risk of chronic complications and co-morbidities. Healthcare providers are required to address these concerns and in a changing landscape of therapy and technology where treatments for diabetes continue to expand. The UCLA Annual Diabetes Symposium is a one-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art patient care. Experts in the field and its associated complications will review current best practices, including updates in care, guidelines, and technology as well as address comorbidities including renal and cardiovascular disease management.

Course Objectives

At the completion of this course, participants should be able to:

- Manage patients with type 2 diabetes mellitus
- Outline treatment goals and guidelines
- Counsel patients on cardiovascular disease prevention in diabetes
- Utilize the latest technology tools to assist in the management of diabetes
- Outline care and prevention in diabetes kidney disease
- Outline care and prevention of foot care in diabetes
- Understand the impact of diabetes related distress on patient care
- Outline the basic connection between bone disease and diabetes

Target Audience

The UCLA diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.

Course Faculty

COURSE DIRECTOR

Matthew Freeby, MD

Associate Clinical Professor of Medicine
Director, Gonda Diabetes Center
Associate Director, Diabetes Clinical Programs
Division of Endocrinology, Diabetes and Hypertension
David Geffen School of Medicine at UCLA

COURSE CO-DIRECTORS

Dianne S. Cheung, MD, MPH, FACE, ECNU

Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health-South Bay
Endocrinology
David Geffen School of Medicine at UCLA

Evelyne Fleury-Milfort, NP, BC-ADM, CDE

Retired Director, Diabetes Education Program
Division of Endocrinology, Diabetes and Hypertension
Department of Medicine
David Geffen School of Medicine at UCLA

GUEST FACULTY

Andrew Ahmann, MD, MS

Professor of Medicine
Oregon Health & Science University
Director, Harold Schnitzer Diabetes Health Center

Timothy S. Bailey, MD, FACE, CPI

President & CEO, AMCR Institute
Clinical Associate Professor
University California, San Diego

William H. Polonsky, PhD, CDE

President, Behavioral Diabetes Institute
Associate Clinical Professor of Psychiatry
University California, San Diego

FACULTY-DAVID GEFEN SCHOOL OF MEDICINE AT UCLA

Arathi Arasu, MD

Assistant Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Health-South Bay
Endocrinology

Vanessa Arguello, MD

Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health - Santa Monica

Gregory A. Brent, MD

Chief, Division of Endocrinology, Diabetes and Hypertension
Department of Medicine
Professor of Medicine and Physiology

Susan S. Davis, MD

Assistant Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Diabetes Center - Santa Monica

Andrew Day, MD

Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health - Santa Clarita

Jeong-hee Ku, MD

Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health - Santa Monica

Robert K. Lee, DPM

Chief of Podiatric Surgery
Santa Monica - UCLA Medical Center

Pauline Limchaiyawat, MD, MS

Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health - Beverly Hills

Dorothy Martinez, MD

Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
Gonda Diabetes Center

Rachael Oxman, MD

Division of Endocrinology, Diabetes and Hypertension

Anjay Rastogi, MD, PhD

Professor and Clinical Chief
Division of Nephrology
Department of Medicine

Steven D. Schwartz, MD

Ahmanson Professor of Ophthalmology
Jules Stein Eye Institute
Chief, Retina Division
Professor of Ophthalmology

Albert Shieh, MD

Clinical Instructor
Division of Geriatrics and Endocrinology

Karol E. Watson, MD, PhD

Professor of Medicine/Cardiology
Co-Director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women's Heart Health Program

SYMPOSIUM PLANNING COMMITTEE

Dianne S. Cheung, MD, MPH, FACE, ECNU

Evelyne Fleury-Milfort, NP, BC-ADM, CDE

Matthew Freeby, MD

Program Schedule

Saturday, December 1, 2018

7:00 Registration/Continental Breakfast/Exhibits

7:50 Introduction and Welcome
Matthew Freeby, MD and Gregory A. Brent, MD

Management of Diabetes and Related Disorders: Session I

Moderators: *Susan S. Davis, MD and Vanessa Arguello, MD*

8:00 Diabetes and Cardiovascular Disease
Karol E. Watson, MD, PhD

8:40 Type 2 Diabetes Mellitus Treatments: 2018 Update
Andrew Ahmann, MD, MS

9:35 Type 2 Diabetes Cases: What Do You Recommend?
Rachael Oxman, MD

10:05 Break and Exhibits

Management of Diabetes and Related Disorders: Session II

Moderators: *Dianne S. Cheung, MD, MPH, FACE, ECNU and
Aarthi Arasu, MD*

10:25 A Practical Approach to Continuous Glucose Monitoring
Timothy S. Bailey, MD, FACE, CPI

11:00 Diabetes Treatment Goals: Making Sense of the Guidelines
Matthew Freeby, MD

11:25 Addressing Diabetes Related Distress
William H. Polonsky, PhD, CDE

12:00 Lunch and Exhibits

Management of Diabetes and Related Disorders: Session III

Moderators: Andrew Day, MD and Pauline Limchaiyawat, MD, MS

- 1:00 **Diabetes & the Eye: What Primary Care Physicians
Need to Know**
Steven D. Schwartz, MD
- 1:40 **Diabetes Kidney Disease: Prevention and Treatment**
Anjay Rastogi, MD, PhD
- 2:20 **Break and Exhibits**

Management of Diabetes and Related Disorders: Session IV

Moderators: Dorothy Martinez, MD and Jeong-hee Ku, MD

- 2:40 **Diabetes and the Foot: A Podiatrist's Perspective**
Robert K. Lee, DPM
- 3:20 **Diabetes and Osteoporosis: Making the Connection**
Albert Shieh, MD
- 4:00 **Closing Remarks**
- 4:05 **Adjourn**

General Information

Conference Location

Loews Santa Monica Beach Hotel
1700 Ocean Avenue
Santa Monica, CA 90401
310-458-6700

Hotel Accommodations

There is a very limited number of hotel rooms available at a discounted rate of \$379, first come, first served basis. The special rate is available 2 days pre and post conference, based on availability. Please call Jess Reichert, Revenue Manager, directly at 310-576-3151 to book a room. Please note that this is not a room block. No other rooms will be made available at the discounted rate once the limit has been reached.

Parking

Valet parking is \$12.00

Fees

Physicians: \$175.00
Allied Health Professionals
and Students: \$150.00

Refunds

A service charge of \$75 will be withheld from all refunds (full refund if course is canceled or rescheduled). Requests must be in writing and received by November 1, 2018. You may fax your refund request to 310-794-2624.

Enrollment

Online

Go to www.cme.ucla.edu/courses to enroll online using your American Express, Discover, MasterCard or Visa. Click on 6th Annual UCLA Diabetes Symposium.

By Mail

Enroll by mail using the attached form. Mail to the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024.

By Phone

Use your American Express, Discover, MasterCard or Visa to enroll over the phone. Call 310-794-2620.

By Fax

Enroll by fax with your American Express, Discover, MasterCard or Visa by sending the completed enrollment form with credit card information and authorizing signature. Fax to 310-794-2624.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.

Registration (Please Print)

Course Title and Number		Registration Fee
6th Annual UCLA Diabetes Symposium M189-17		
Physicians: \$175.00		
Allied Health Professionals and Students: \$150.00		
Tuition includes registration, syllabus, continental breakfast, lunch and coffee breaks.	TOTAL	

Last four digits of your Social Security Number

Name (First/Middle/Last) ☐ Male ☐ Female

Degree Specialty

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David Geffen School of Medicine at UCLA
Diabetes Symposium
10920 Wilshire Blvd., Suite 1060
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Register today!

Enroll now by mail, fax, phone or online.

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