

Learn to Diagnose Malnutrition

Cleveland Clinic Malnutrition Workshops

2017 Dates:

March 31

May 9

Nov. 3

Cleveland Clinic Multidisciplinary Simulation Center

- Hands-on stations for nutrition-focused physical assessment of macronutrient/micronutrient deficiencies and fluid accumulation
- Opportunity to learn and apply Academy/ASPEN adult malnutrition guidelines in a simulated setting with trained actors and observers
- Immediate, personalized feedback from Cleveland Clinic advanced practice registered dietitians
- Approved for 8 CEUs by the Commission on Dietetic Registration

For more information contact:

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Afternoon Advanced Practice Workshops:

Building Crucial Skills in Clinical Nutrition

PEDIATRIC TRACK

SESSION 1: Implementing the Nutrition Focused Physical Assessment in Pediatric Patients



PRESENTER: Bette Klein, MS, RD, CSP, LD
Advanced Practice Pediatric Dietitian, Pediatric Nutrition Support, Cleveland Clinic Children's.

LENGTH: 2 hours; 2 CPEs offered through Commission on Dietetic Registration

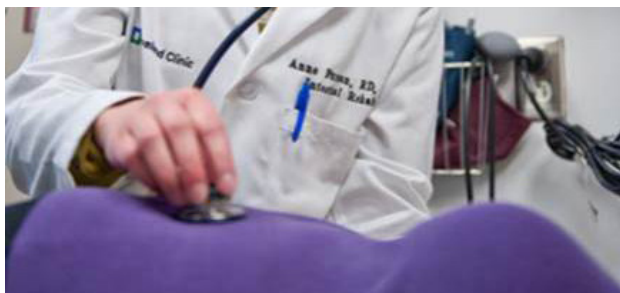
TIME: 1–3 p.m., March 31, May 9, Nov. 3

Hospital-based pediatric malnutrition is a critical concern. This session will help learners who work with pediatric patients to navigate the pediatric malnutrition diagnostic criteria, including the nutrition-focused physical exam (NFPE) techniques that are specific to this population. After completion of this didactic and hands-on workshop, learners will be able to:

1. Name three indicators used to identify malnutrition in the pediatric population.
2. Explain why Z-scores are used in identifying the severity of malnutrition.
3. Demonstrate hands-on skills used in completing the NFPE on a pediatric patient.
4. Apply new skills and knowledge to real life scenarios, including documentation in the electronic medical record.

ADULT TRACK

SESSION 1: Abdominal Examination 101



PRESENTERS: Arlene Escuro, MS, RD, LD, CNSC, Advanced Practice Dietitian, Nutrition Therapy; Mary Rath, RD, LD, CNSC, Advanced Practice Dietitian, Nutrition Support Team and Christy Hummell, RD, LD, CNSC, Advanced Practice Dietitian, Nutrition Support Team.

LENGTH: 2 hours; 2 CPEs offered through Commission on Dietetic Registration

TIME: 1–3 p.m., March 31, May 9, Nov. 3

Why should dietitians learn how to perform an abdominal exam? Abdominal Exam 101 will answer why mastery of this skill advances the practice of the RDN and improves patient care. Learners will receive instruction on the four techniques used in abdominal assessment, as well as how to appropriately read abdominal radiographs. During the second hour of the session, clinicians will be able to practice the abdominal exam in a supportive environment with immediate feedback from the instructors. After completing the didactic and hands-on workshop, learners will be able to:

1. Review and name anatomical landmarks of the abdomen.
2. Understand basic techniques for organizing and conducting the abdominal exam.
3. Perform the four techniques of the abdominal exam.
4. Review abdominal radiographs to identify ileus, bowel obstruction and feeding tube placement.

SESSION 2: The INs and OUTs of Inserting Small Bowel Feeding Tubes



PRESENTER: Dorothy Emery, NST, RN, Hilary Vilem, NST, RN, Richard Benjamin, NST, RN

LENGTH: 2 hours; 2 CPEs offered through Commission on Dietetic Registration

TIME: 3–5 p.m., March 31, May 9, Nov. 3

Dietitians are uniquely positioned to increase their contribution to the interdisciplinary team by learning how to place small bowel feeding tubes. Learners in this session will utilize Cortrak 2TM imaging guidance to determine correct insertion of small bowel feeding tubes. Techniques for successful insertion and bridling will also be explained, as well as a brief overall of the blind placement method. After completing the didactic and hands-on workshop, learners will be able to:

1. Name three indications for small bowel enteral feeding.
2. Determine three factors that predispose a patient to aspiration pneumonia.
3. Apply knowledge and skills to practice placement of a small bowel feeding tube in a simulated setting using a mannequin.
4. Identify two securement methods for naso-enteric tubes.