

The power of balance.

HRT Symposium

August 8-10, 2019
Nashville, Tennessee

Early Bird Discount

Reserve your spot by June 28
and save \$300 or more!

Energize your practice at the compounding industry's premiere summer hormone replacement therapy event.

Designed for pharmacists and practitioners, this symposium will provide **comprehensive hormone information and options for more successful female and male patient outcomes.**

Why attend?

- The **absolute best hormone replacement therapy info** – from foundations to innovations
- **10 hours of CPE have been applied for***
- The more attendees you bring, the more you **save**
- **Complimentary food and drinks**, plus great networking
- Our exclusive **money-back guarantee**
- Bring your family for a **vacation in Music City, U.S.A.** – home to country music attractions and endless fun
- Return home armed with **practical information** you can immediately put to use in your practice

Top-notch speakers and topics:

- **Anna Cabeca, DO, FACOG, ABAARM**
HRT Essentials for Women and Men, Hot Topics in Women's Sexual Health
- **Pamela W. Smith, MD, MPH, MS** *Common Female Disorders, GI Health and Hormones, Treatment Philosophy and Patient Cases, Heart Health: The Importance of Hormone Health for Men and Women*
- **Jack Monaco, MD, FACOG, FAARM** *Hormonal Imbalance in Adrenal and Thyroid Dysfunction, Treatment Philosophy and Patient Cases, Men's Health and Hormones*
- **PCCA Clinical Compounding Pharmacists Deborah Clark, BSP Pharm, RPh, and Sara Hover, RPh, FAARM**
Compounding Options for Women's Health, Men's Health and Thyroid Disorders
- **GROUP ACTIVITY: Solving Patient Cases** *Facilitated by all of our speakers!*

** CE available only for pharmacists and technicians; CME/CNE is not being offered.*

Want to Become an HRT Specialist?

Sign up for our 8-week online course – **C4: Foundations in HRT** – which starts May 13. Complete the course, achieve a passing score, then attend the August HRT Symposium in Nashville, and you'll become an HRT Specialist, which you can then promote to your prescribers and patients!

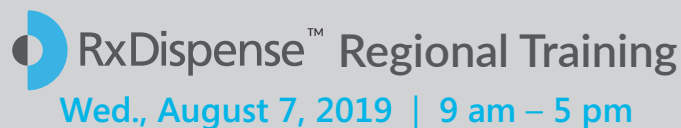
Learn more and register today at:
bit.ly/C4-HRT-0519



Event Agenda

HRT Symposium Nashville 2019

Come a Day Early!



Join us the day before the HRT Symposium to learn about this new, powerful pharmacy management software that is revolutionizing the way independent pharmacies manage and operate their pharmacy business. **(Optional – Additional \$195 Fee)**

AGENDA:

- 9:00 am Registration / Breakfast
- 10:00 am Welcome
- 10:15 am **RxDispense: Revolutionizing the Way You Run Your Pharmacy**
- 11:00 am **Explore the User Interface**
- 11:45 am **Managing Inventory**
- 1:00 pm Lunch
- 2:00 pm **Workflow, Dispensing and Patient Management**
- 3:00 pm **Billing and POS**
- 3:30 pm Break
- 3:45 pm **Services and Functionality: Escribe, Clinical Checks, SMS and Shipping**
- 4:30 pm **Roadmap: The Future of RxDispense**
- 5:00 pm Adjourn

- 3:00 pm Break/Expo
- 3:30 pm **Compounding Options for Women's Health** – Deborah Clark, BSP Pharm, RPh
- 4:30 pm **Public Affairs Regulatory Update** – Lizzie Harbin
- 5:00 pm Adjourn

Friday, August 9, 2019

- 7:30 am Registration / Breakfast
- 8:30 am **Opening Announcements**
- 9:00 am **GI Health and Hormones (CE)** – Pamela W. Smith, MD, MPH, MS
- 10:30 am Break/Expo
- 11:00 am **Hormonal Imbalance in Adrenal and Thyroid Dysfunction (CE)** – Jack Monaco, MD, FACOG, FAARM
- 12:30 pm Lunch
- 1:30 pm **Compounding for Thyroid Disorders** – Sara Hover, RPh, FAARM
- 1:45 pm **Treatment Philosophy and Patient Cases (CE)** – Pamela W. Smith, MD, MPH, MS; Jack Monaco, MD, FACOG, FAARM
- 2:45 pm **C4 Graduate Awards Announcement**
- 3:00 pm Break/Expo
- 3:30 pm **Group Activity: Solving Patient Cases (CE)** – Facilitated by All Presenters
- 5:00 pm Adjourn/C4 Graduates Photo and Certificates

Thursday, August 8, 2019

- 7:30 am Registration / Breakfast
- 8:30 am **Opening Announcements**
- 9:00 am **HRT Essentials for Women and Men** – Anna Cabeca, DO, FACOG, ABAARM
- 10:30 am Break/Expo
- 11:00 am **Common Female Disorders (CE)** – Pamela W. Smith, MD, MPH, MS
- 12:30 pm Lunch/C4 Graduate Lunch
- 1:30 pm **Hot Topics in Women's Sexual Health** – Anna Cabeca, DO, FACOG, ABAARM

Saturday, August 10, 2019

- 7:30 am Registration / Breakfast
- 8:30 am **Opening Announcements**
- 8:45 am **Heart Health: The Importance of Hormone Health for Men and Women (CE)** – Pamela W. Smith, MD, MPH, MS
- 10:15 am Break/Expo
- 10:45 am **Men's Health and Hormones (CE)** – Jack Monaco, MD, FACOG, FAARM
- 12:15 pm **Compounding Options for Men's Health** – Deborah Clark, BSP Pharm, RPh
- 12:30 pm Adjourn



This continuing education activity is supported through an educational grant from PCCA. This continuing education activity is managed and accredited by Professional Education Services Group.



Featured Speakers

HRT Symposium Nashville 2019



Anna Cabeca, DO, FACOG, ABAARM, an Emory University trained gynecologist and women's health expert, was diagnosed with early menopause at age 38. Devastated, she went around the world looking for answers and healing, and found it. She is now a triple-certified menopause and hormone expert. She is internationally acclaimed for her work in gynecology and obstetrics integrative medicine, and anti-aging and regenerative medicine. Dr. Cabeca has changed the lives of thousands of women across the globe, connecting to others through humor, honesty and passion. Her book, *The Hormone Fix*, and other empowering transformation programs have helped women of all ages become their best selves again. Her successful line of all-natural products features the alkaline superfoods drink, Mighty Maca® PLUS, and the rejuvenating vulvar cream, Julva®. Recently, Dr. Cabeca was named "2018 Innovator of the Year" by Mindshare Collaborative, the premier community for health and wellness influencers and entrepreneurs. In 2017, the Age Management Medicine Group presented her with the prestigious Alan P. Mintz Award for Clinical Excellence.



Pamela W. Smith, MD, MPH, MS, spent her first 20 years of practice as an emergency room physician with the Detroit Medical Center and then the next 20 years as an Anti-Aging/Functional Medicine specialist. She is a diplomat of the Board of the American Academy of Anti-Aging Physicians and is an internationally known speaker and author on the subjects of metabolic, anti-aging and functional medicine. She has been featured on many television networks; has been interviewed in numerous consumer magazines; and has hosted two of her own radio shows. Dr. Smith is currently the Director of the Center for Personalized Medicine and the founder of The Fellowship in Anti-Aging, Regenerative, and Functional Medicine. She is also the co-director of the Master's Program in Metabolic and Nutritional Medicine at the Morsani College of Medicine, University of South Florida.



Jack Monaco, MD, FACOG, FAARM, received his medical degree from Bowman Gray School of Medicine (now Wake Forest University of Medicine) in North Carolina and is fellowship trained and board-certified in OB-GYN and anti-aging, functional and metabolic medicine. In 2008, Dr. Monaco opened the Monaco Center for Health and Healing in Connecticut where he and his trained staff helped patients to achieve a better state of wellness and avoid chronic diseases of aging through personalized programs encompassing hormone restoration and balance, nutritional support, pharmaceutical grade supplementation and nutrition. In 2015, he relocated his practice to Nashville, Tennessee, and founded the Nashville Hormone and Integrative Medicine Center where he currently practices functional medicine. He is also currently the Director of Hormone Restoration and Associate Director of Integrative Medicine at the Hypertension Institute. Dr. Monaco is an oral board examiner for the American Academy of Anti-Aging Medicine and an international lecturer on male and female hormone restoration, functional medicine and many topics related to hormonal and system dysfunction.



Deborah Clark, BSPHarm, RPh, is a full-time Clinical Compounding Pharmacist for PCCA. She is a graduate of the University of North Carolina at Chapel Hill Eschelman School of Pharmacy and currently is licensed to practice in the state of North Carolina. Before joining the PCCA team, she worked in two independent hybrid pharmacies in Charlotte, managing compounding operations. She also helped open and manage a compounding-only pharmacy. Deborah's compounding experience includes hospice, HRT, veterinary, pain, wound care, sterile and pediatric. She also has a certification in medication therapy management. Her areas of interest include women's health, nutrition and pediatrics. She currently lives and works in the Charlotte, North Carolina area.



Sara Hover, RPh, FAARM, has been a compounding pharmacist for 20 years and joined the PCCA Clinical Services team in June 2013. Before joining PCCA, she was the owner/pharmacist of Creative Compounds in Prosper, Texas, an independent compounding-only pharmacy that focused on women's health and nutrition. In addition to her expertise in HRT, Sara possesses a vast knowledge of homeopathics, herbal and vitamin supplements. Sara obtained her Bachelor of Science degree from The University of Texas at Austin in 1994. She is a lifetime member of The University of Texas College of Pharmacy Alumni Association.

REGISTRATION FORM: (Please fill out form completely.)

HRT SYMPOSIUM

August 8-10, 2019 | Nashville, Tennessee

ONLINE REGISTRATION IS AVAILABLE AT: <http://bit.ly/HRT-Nashville-19>

Early Bird for Pharmacy Staff: Register by June 28 and save \$300! Plus, get multiple attendee discounts.

SYMPOSIUM FEES:

USD
Pharmacy Staff \$1,295.00* ~~\$1,595.00~~ ea
Medical Practitioners \$995.00* ~~\$1,295.00~~ ea

Includes educational materials, MP3 audio recording of the event, breakfasts, lunches and snacks.

PCCA Member # _____ Pharmacy Name _____
☐ Pharmacist
☐ Technician
☐ Other: _____

Name of Attendee _____ Credentials _____ Email Address _____

Will you be attending the optional Wed., August 7 RxDispense Regional Training? (\$195.00): ☐ Yes ☐ No

Medical Practitioner _____ Credentials _____

Practice Name _____ Address _____

City _____ State _____ Zip _____ Email Address _____

Phone _____ Fax _____

For additional registrations, please make copies of this form.

PAYMENT METHOD

Charge \$ _____ **to my** ☐ MasterCard ☐ Visa ☐ AE

Card No.: _____ Exp. Date: _____

Billing Address: _____

City: _____ State: _____ Zip/Postal Code: _____

Cardholder's Name: _____

Signature: _____

Updated Billing and Cancellation Policy: Effective November 1, 2018, all PCCA educational event registrations will be billed immediately to your preferred credit card; billing to member accounts is no longer available. Full refunds available through July 31, 2019, one week before the event begins. No refunds will be provided after July 31 for event cancellations or no-shows.

HOTEL ACCOMMODATIONS & TRAVEL ARRANGEMENTS

Sheraton Grand Nashville

623 Union St., Nashville, TN 37219 • 615.259.2000

PCCA RATE: \$231.00 per night **HOTEL CUTOFF:** July 16, 2019

BOOK NOW: <http://bit.ly/HRT-Nashville-19-Hotel>

After the hotel cut-off date, rooms and rates will be based on availability. To get the best rate, don't delay!

MEMBER MULTIPLE ATTENDEE REGISTRATION DISCOUNTS*

2 ATTENDEES = 10% DISCOUNT (\$1,165.50 EA)

3 ATTENDEES = 15% DISCOUNT (\$1,100.75 EA)

4 ATTENDEES = 20% DISCOUNT (\$1,036 EA)

5+ ATTENDEES = 25% DISCOUNT (\$971.25 EA)

** Multiple attendee discounts apply only to pharmacy staff. Discounts are not allowed for medical practitioners.*

EXPLORE NASHVILLE

Creativity is the heart and soul of Music City and

there's never a shortage of inspiring things to do. From music, culture and the arts to food, sports and shopping, there is an "only in Nashville" experience waiting for you!

Get hooked on hot chicken, check out the Parthenon, experience all the honky tonks on Broadway, visit the Grand Ole Opry and the Country Music Hall of Fame, and so much more.

Check out these websites for all the details: visitmusiccity.com, nashville.com, opry.com



MAIL TO: 9901 S. Wilcrest Drive, Houston, TX 77099

FAX TO: 281.933.6016

RESERVATION DEADLINE: August 2, 2019

For information, call 1.800.331.2498. If you do not receive your confirmation via email within one week, please call to confirm receipt of registration.